$$E(\tilde{\theta}) = E(\tilde{\tau}_2 + \bar{Y})$$

$$= E(\tilde{\tau}_2) + E(\bar{Y})$$

$$= \tau_2 + \mu \quad \text{since unbiased}$$

$$Var(\tilde{\theta}) = Var(\tilde{\tau}_2 + \bar{Y})$$

$$= Var(\bar{Y}_2 - \bar{Y} + \bar{Y})$$

$$= Var(\bar{Y}_2)$$

$$= \frac{\sigma^2}{4}$$

So,

$$d = \frac{\hat{\theta} - 30}{se(\tilde{\theta})}$$
$$= \frac{25.25 - 30}{2.939/\sqrt{4}}$$
$$= -3.232392$$

$$E(\tilde{\theta}) = E(\tilde{\tau}_1) - 2E(\tilde{\tau}_2) + E(\tilde{\tau}_3)$$

= $\tau_1 - 2\tau_2 + \tau_3$ since unbiased

and,

$$Var(\tilde{\theta}) = Var(\tilde{\tau}_1 - 2\tilde{\tau}_2 + \tilde{\tau}_3)$$

$$= Var(\tilde{\tau}_1) + 4Var(\tilde{\tau}_2) + Var(\tilde{\tau}_3)$$

$$= \frac{\sigma^2}{4} + \sigma^2 + \frac{\sigma^2}{4}$$

$$= \frac{3}{2}\sigma^2$$

So,

$$d = \frac{\hat{\tau}_1 - 2\hat{\tau}_2 + \hat{\tau}_3 - 0}{\frac{3}{2}\hat{\sigma}^2}$$
$$= 2\frac{4.25 - 2 \times 6.5 - (4.25 + 6.5)}{3 \times 2.939}$$