

LUNCH
MENU

J A B E

dine and bar
w/ new japanese essence

JAPANESE TIDBITS

- Gyoza w/ Meat or Vegan** ^{1,4} 4.5
grilled & steamed dumplings
Gegrillte & gedämpfte Teigtaschen
- Edamame** (vegan) ^{1,4} 3.9
Japanese soybeans w/ yukari
Japanische Bohnen mit Yukari
- Japanese Straw Fries** (vegan) ^{1,4} 4.5
w/ yukari shiso salt seasoning
Mit Yukari Shiso Salz gewürzt
- Karaage** ^{1,4,5} 4.5
Japanese fried chicken
Knuspriges japanisches Hähnchen
- Truffle Salad** (vegan) ^{1,4} 5.5
w/ spinach, truffle & saikyo miso dressing
Mit Spinat, Trüffel & Saikyo Miso Dressing
- Jagaimo Salad** (vegetarian) ⁵ 3.9
Japanese potato salad
Japanischer Kartoffelsalat

UDON NOODLES

- Kitsune Udon Soup** (vegan) ^{1,4} 8.5
w/ Kitsune tofu, vegetables & herbs
Mit Kitsune Tofu, Gemüse & Kräuter
- Sesam Udon** (cold) ^{1,3,4,5} 8.3
w/ minced pork, sesame chili sauce,
pepper bell & spring onion
Mit Schweinehackfleisch, Sesam-Chili-Sauce, Paprika & Frühlingszwiebeln

TO THE MAINS

Your Upgrade:

- + 1 € Cup of sencha green tea
- + 2 € Japanese Miso Soup ⁴
(single: 3.9)

BOWLS

- Yakiniku Bowl** ^{1,3,4,5} 8.9
Japanese beef bowl w/ sprout, carrot, daikon,
cucumber, onsen egg, spinach & rice
Japanische Rindfleisch-Bowl mit Kohl, Karotte, Daikon, Gurke, pochiertes Ei, Spinat & Reis
- Teriyaki Don Bowl** ^{1,4} 8.5
Japanese chicken bowl w/ pepper bell,
eggplant, spring onion & rice
Japanische Hähnchen-Bowl mit Paprika, Aubergine, Frühlingszwiebeln & Reis
- Takahiro Sea Food Bowl** ^{1,3,4,5} 10.9
salmon, octopus, fried prawn, avocado,
cucumber-kimchi, salad, sesame & rice
Lachs, Oktopus, Garnele, Avocado, Gurken-Kimchi, Sesam & Reis
- Flamed Salmon Truffle Bowl** ⁵ 12.9
flamed salmon, truffle, avocado, cucumber-
kimchi, chili mayo sauce & rice
Flambierter Lachs, Trüffel, Gurken-Kimchi, Chili Mayo Sauce & Reis
- Okinawa Taco-Rice Bowl** (vegetarian) ^{1,4,5} 8.9
soy meat, avocado, onsen egg,
taco, baby spinach, tomato salad & rice
Sojafleisch, Avocado, Tortilla Chips, pochiertes Ei, Reis, Babyspinat & Tomatensalat
- Avocado Kimchi Bowl** (vegan) ^{1,3,4} 8.5
avocado, cucumber-kimchi, soy meat, tomato,
roasted sesame, nori, soy ponzu & rice
Avocado, Sojafleisch, Gurken-Kimchi, gerösteter Sesam, Tomaten, Nori, Limetten-Sojasauce & Reis
- Karaage Curry Bowl** ^{1,4,5} 8.9
Japanese crispy chicken w/ japanese
curry sauce, vegetables & rice
Knuspriges Hähnchen n. japanischer Art, mit japanischer Curry Sauce, Gemüse & Reis

1 Gluten / gluten 2 Erdnüsse / peanuts 3 Sesam / sesame

4 Soja / soy 5 Milcheiweiß / milk protein

LUNCH
SUSHI

J A B E

dine and bar
w/ new japanese essence

J A B E S P E C I A L R O L L S

- Veggie Crispy Roll** ^{1,3,4,5} 8 pcs 7.5
tempura roll w/ avocado,
tomatosalat, tamago & rice
*Tempura Roll mit Avocado,
Tomatensalat, Tamago & Reis*
- Vegan Hokkaido Roll** ^{3,4,6} 8 pcs 7.5
pumpkin, cucumber-kimchi, edamame,
avocado, miso sauce & teriyaki sauce
*Kürbis, Gurken-Kimchi, Edamame,
Avocado, Miso Sauce & Teriyaki Sauce*
- Spicy Tuna Roll** ^{1,3,4,5} 8 pcs 8.9
spicy tuna w/ cucumber, chives,
pepper & miso sauce
*Scharfer Thunfisch, Gurken, Schnittlauch,
Paprika & Miso sauce*
- JABE Salmon Tatar Roll** ^{3,4,6} 8 pcs 8.5
w/ avocado, cucumber, salmon tatar,
lemon soy sauce & sesame sauce
*Mit Avocado, Gurke, Lachs-Tatar,
Zitronen-Soja Sauce & Sesam Sauce*
- Tokio Roll** ^{1,3,4} 8 pcs 8.9
in a salmon coat w/ cucumber,
sesame sauce & teriyaki sauce
*Im Lachsmantel mit Gurke, Sesam Sauce
& Teriyaki Sauce Crispy Salmon stripes*
- Kyoto Roll** ^{1,3,4} 8 pcs 8.9
crispy tuna roll w/ avocado, sesame,
cocktail sauce & unagi sauce
*Knusprige Thunfisch Roll mit Avocado,
Sesam, Cocktail Sauce & Unagi Sauce*

N I G I R I

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|----------------------------------------------------------|---------------------------------------------------|
| Sake 2 pcs 3
salmon
<i>Lachs</i> | Ebi 2 pcs 3
shrimps
<i>Garnele</i> |
| Maguro 2 pcs 4
tuna
<i>Thunfisch</i> | Tamago 2 pcs 3
omelet
<i>Omelett</i> |
| Hamachi 2 pcs 3.5
yellowtail
<i>Makrele</i> | |

M A K I

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|------------------------------------------------------------------|--------------------------------------------------------|
| Kappa 6 pcs 3.4
cucumber
<i>Gurke</i> | Tekka 6 pcs 4.5
tuna
<i>Thunfisch</i> |
| Avocado 6 pcs 4
avocado
<i>Avocado</i> | Sake 6 pcs 4
salmon
<i>Lachs</i> |
| Shinko 6 pcs 4
radish
<i>Rettich</i> | Hamachi 6 pcs 4
yellowtail
<i>Makrele</i> |
| Campio 6 pcs 4
dried gourd
<i>Kürbis getrocknet</i> | Ebi 6 pcs 4
shrimps
<i>Garnele</i> |

S U S H I S E T

- Sushi Set Nigiri** 10.9
nigiri: 2 x sake, 2 x maguro, 1 x ebi
1 x yellowtail, 1 x tamago
- Sushi Set Maki** 8.5
maki: 6 x kappa, 6 x avocado,
3 x tekka, 3 x sake
- Sushi Set Maki Veggie** 7.9
maki: 6 x kappa, 6 x avocado,
3 x shinko, 3 x campio
- Sashimi Moriawase** 9 pcs 13
sashimi: salmon, tuna, yellowtail,
tamago & avocado
- Sushi Set Mixed** 9.5
nigiri: 1 x sake, 1 x ebi, 1 x maguro
maki: 6 x kappa, 6 x sake
- Sushi Set JABE Salmon** 9.5
maki: 6 x sake maki
nigiri: 2 x sake nigiri
4 x sake tatar inside-out