



Community characteristics & orientation

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Instructions

Research the community you are most interested in exploring using links from the UN Sustainable Goals website (<https://www.un.org/sustainabledevelopment/>) and others. In your exhaustive research, answer the following.

Community characteristics		
Community life-cycle (current state)		
Where is your community in its life-cycle?	What you need to focus on:	Special needs
<input type="checkbox"/> Just forming Need basic tools to connect, but not sure from there	Research and/or discuss the potential of some basic tools with members, explore what ideas it might give them, and see what they might bring in with them.	
<input checked="" type="checkbox"/> Self-designing Information stage, but with a strong sense of what it wants to accomplish	Contribute ideas to the design. Analyze systematically the implications of their community design for technology, infrastructure, and technology skills.	Project idea: Fit body is derived by fit mind. For overall healthy life; peace of mind is at a top priority. The concept of good health is not limited to absence of disease or illness; it is the main source of energy which keeps us moving ahead no matter what. It is the prime asset in everyone's life. The goal #3 is very crucial and I want to create a personal space that allows them to open up and share their deepest or darkest fears and where they can heal from them.
<input type="checkbox"/> Growing & restless Ready to add new functionality to its tool configuration	Try to make this a community reflection and self-design event. Does their restlessness suggest a major change, such as a transition to a new platform?	
<input type="checkbox"/> Stable and adapting Just needing some new tools	How much disruption will the community tolerate? How will the new tools be integrated into or affect existing practices?	
Constitution		
Diversity: How diverse is the community?		
Topic	Your notes	



What are the different types of members and what are their levels of participation?	<ul style="list-style-type: none"> Mainly Adults - Any adult that is part of the community who might feeling stressed, depressed or low. Students (graduate and post-graduate) Employees
How spread apart is it in terms of location and time zones?	This will be accessible by all people in the community, the location and time zone does not matter.
What language(s) do members speak?	The community members can be from different countries with different languages but the majority people know English so it will be used.
What other cultural or other diversity aspects may affect your technology choices?	<p>Main barriers:</p> <ul style="list-style-type: none"> Language (User must know the English language) Better internet connectivity (if the connectivity is too low then user might not be able to connect to anyone) In technology, I will be exploring the wordpress website builder and its plugins first time.

Openness: How connected to the outside world is your community?

Topic		Your notes
How much do you want to control the boundaries of your community? Does your community need	<input type="checkbox"/> To be private/secure <input type="checkbox"/> Open boundaries <input checked="" type="checkbox"/> Both private & public spaces	<p>Each person of the community can have access to the site if they have any concerns related to mental health.</p> <p>At the same time, they can also keep their details private if they want. (For ex. If they chat randomly with someone, they can chat anonymously)</p> <p>They can even continue using site as a guest.</p>
How does your community need to interact with other communities? Do you need common tools for sharing and learning with them?		Interacting with other community can be possible by connecting via phone/email if it is provided. Secure conversation can also be done with any person of the community.

Technology aspirations

Technology savvy, tolerance, & constraints: What are your community's technology interests and skills and patience thereof? What are the constraints imposed by technology factors?

Topic	Your notes
How interested is your community in technology?	Interest of the community should be more as this is for their betterment and to recognize their goals and self.
What is their capacity for learning new tools?	Willingness to know yourself by exploring new tool is an admissible capacity.
What is the range of skills? If their interests and/or skills are diverse, could it cause conflict or distraction?	This will be the user friendly platform. Navigation from one page to another would be easy if user knows English language. It is presumed that user is having a basic level skill in accessing technology.



How tolerant are members of the adoption of a wide variety of tools?	All the members will have comparatively less tolerance to access the site easily as it is simple and easy to access.
How many technological boundaries are they willing to cross, e.g. sign in to more than one web-based tool, learn to use new tools, or give up old favorites? This helps you understand what level of integration you need.	There will not be any extra milestone a user has to cross to learn this technology. It would be easy to use so they should be eager to learn something new for the self-improvement. This will be an interesting tool as many features are combined together.
What are your members' technology constraints (e.g., bandwidth, operating systems, etc.)?	There will not be any major constraints related to accessing the platform apart from Network connectivity and language. Other constraint might be the verification of people who post or give information in this portal correctly or not.
How much time are members able to be online and from where (office, home, field)? Some people have limited online time, or are able to be online only in specific locations. Others are always on. Very diverse situations can affect participation	Members of community can have access to the platform from any place and at any time being the good connectivity. The users who are interested to overcome any mental health issues might spend more time in using the platform.

Community orientation

Relevance to community: Use the range from 0 (no relevance) to 5 (high relevance) to determine what matters most to the community. Look at these from the perspectives of the different types of members (under "constitution"). Also discuss the "value-added" to each member group

0	1	2	3	4	5	Orientations	Variants	Key activities/your notes
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Meetings Many communities place a great emphasis on regular meetings where members engage in shared activities for a specific time. Meetings, and the visible participation of members, assert the community's existence	<input checked="" type="checkbox"/> Face-to-face/blended <input checked="" type="checkbox"/> Online synchronous <input checked="" type="checkbox"/> Online asynchronous	People from community can have one to one as well as group discussions/meetings according to their interest and availability.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Open-ended conversation Some communities maintain ongoing conversations as their primary vehicles for learning. Open-ended conversations are common when a community is co-located and people keep the	<input type="checkbox"/> Single-stream discussions <input checked="" type="checkbox"/> Multi-topic conversations <input checked="" type="checkbox"/> Distributed conversations	There will be a feature for group discussion or one to one discussion.



						conversation going as they "bump" into each other.		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Projects In some communities' members want to focus on particular topics, go deep, and collaborate on projects to solve problems or produce useful artifacts. Learning is not just a matter of sharing knowledge or discussing issues. Members need to do things together in order to develop their practice. Projects usually involve a subgroup within the community	<input checked="" type="checkbox"/> Practice groups <input type="checkbox"/> Project teams <input type="checkbox"/> Instruction	There can be a particular group in which people of community can discuss on one topic or can do any activity if they decide.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Content Some communities are primarily interested in creating, sharing, and providing access to documents, tools, and other content. Valuable and well-organized content is a useful resource for members	<input type="checkbox"/> Library <input type="checkbox"/> Structured self-publish <input checked="" type="checkbox"/> Open self-publish <input type="checkbox"/> Content integration	People can share the useful content if they want or post motivational videos as well.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Access to expertise Some communities create value by providing focused and timely access to expertise in the community's domain, whether internally or externally. Communities with this orientation focus on answering questions, fulfilling requests for advice, or engaging in collaborative, just-in-time problem solving	<input checked="" type="checkbox"/> Questions & requests <input checked="" type="checkbox"/> Access to experts <input checked="" type="checkbox"/> Shared problem solving <input type="checkbox"/> Knowledge validation <input type="checkbox"/> Apprenticeship & mentoring	People who are suffering from severe mental health problems can talk to expertise whenever possible. (This is included in future scope)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Relationships Some communities focus on relationship building among members as the basis for both ongoing learning and being available to each other. This orientation emphasizes the interpersonal aspect of learning together. Communities with this orientation place a high value on knowing each other personally, emphasizing networking, trust building, and mutual discovery	<input checked="" type="checkbox"/> Connecting <input checked="" type="checkbox"/> Knowing about people <input checked="" type="checkbox"/> Interacting informally	People from the community can build the bond with other people/stranger by connecting and talking to them.



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Individual participation Learning together happens in the context of a group, but it is realized in the experience of individuals. People bring different backgrounds, communication styles, and aspirations to their participation in a community. People have different levels of commitment, they take on different roles, and they use tools differently	<input type="checkbox"/> Levels of participation <input type="checkbox"/> Personalization <input checked="" type="checkbox"/> Individual development <input type="checkbox"/> Multi-membership	Community people can create a self-short term goals to achieve and work upon it. People can also speak/read daily affirmations which is one of the feature.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Community cultivation Some communities are happy with loose self-organization and unplanned evolution, while others thrive on attention to community cultivation. They have a need to reflect on the effectiveness and health of the community to make things better, joined with a willingness to work on it	<input type="checkbox"/> Democratic governance <input type="checkbox"/> Strong core group <input type="checkbox"/> Internal coordination <input type="checkbox"/> External facilitation	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Service context In some cases, serving a specific context becomes central to the community's identity and the ways it operates. They may live inside an organization, whose charter their practice needs to serve. They may have a mission to provide learning resources to the world or to recruit members widely. Or they may seek interactions with other communities whose domain complements their own	<input type="checkbox"/> Organization as context <input type="checkbox"/> Cross-organizational <input type="checkbox"/> Other related communities <input checked="" type="checkbox"/> Public mission	As this platform will be used by anyone who is suffering from mental issues. It will be useful to the people who has bad day.

Scratchpad (other interesting insights, questions/answers, etc.)

The ultimate goal of this project is to lessen the stress of the people who really are depressed and have no further direction. People can work upon it by discussion, by creating goals, by seeing motivational videos, by doing an activity and random talk with anyone and grow out from the situation together.