<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8">

<meta name="viewport" content="width=device-width, initial-scale=1.0">

<title>Media Elements Example</title>

<style>

body {

font-family: Arial, sans-serif;

background-color: #f4f4f9;

margin: 0;

display: flex;

flex-direction: column;

align-items: center;

}

header, footer {

width: 100%;

background-color: #333;

color: white;

padding: 10px 0;

text-align: center;

}

nav a {

margin: 0 15px;

color: white;

text-decoration: none;

}

nav a:hover {

text-decoration: underline;

}

main {

width: 80%;

margin-top: 20px;

}

.media-section {

margin-bottom: 20px;

}

.media-section h2 {

margin-bottom: 10px;

}

footer {

margin-top: 20px;

}

</style>

</head>

<body>

<header>

<nav>

<a href="#home">Home</a>

<a href="#about">About</a>

<a href="#contact">Contact</a>

</nav>

</header>

<main>

<section class="media-section">

<h2>Audio Player</h2>

<p>Enjoy listening to this audio track:</p>

<audio controls>

<source src="path/to/your-audio-file.mp3" type="audio/mpeg">

Your browser does not support the audio element.

</audio>

</section>

<section class="media-section">

<h2>Video Player</h2>

<p>Watch this interesting video:</p>

<video width="640" height="360" controls>

<source src="path/to/your-video-file.mp4" type="video/mp4">

Your browser does not support the video tag.

</video>

</section>

</main>

<footer>

<p>Contact us at: <a href="mailto:info@example.com">info@example.com</a></p>

<p>Phone: (123) 456-7890</p>

</footer>

</body>

</html>