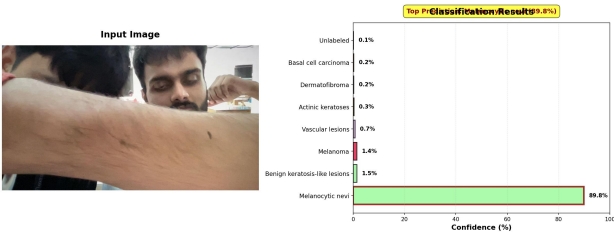


Patient Information

Name: saurav
Age: 22 Gender: Male
Location: Bashettihalli, Karnataka, India



Diagnosis Summary

Condition: Melanocytic nevi Confidence: 89.8% Risk: Low Risk
Common moles - Monitor for changes

Medical Insights (AI)

Disclaimer

The information below is for educational purposes only and is not a substitute for a professional medical evaluation. AI-generated predictions should never replace an in person examination by a qualified healthcare provider. If you have concerns about any skin lesion, please schedule an appointment with a dermatologist or your primary care physician.

Condition Overview

Melanocytic nevi (commonly referred to as *moles*) are benign growths of melanocytes, the pigment producing cells in the skin.

- Typical appearance: round or oval, well defined borders, uniform color ranging from flesh tone to dark brown.
- Common locations: arms, legs, trunk, and occasionally the face.

- Incidence: most people develop several nevi during childhood and adolescence; the number typically stabilizes in adulthood.
- Risk: while most nevi are harmless, certain features (irregular borders, color variation, diameter >6 mm, rapid change) may indicate malignant transformation into melanoma.

Important Precautions

- Self monitoring
- Use the *ABCDE* rule (Asymmetry, Border, Color, Diameter, Evolution) to screen for concerning changes.
- Check for new symptoms such as itching, bleeding, or ulceration.
- Regular skin checks
- Perform a full body skin examination at least once a year, or more frequently if you have multiple nevi or a family history of skin cancer.
- Sun protection
- Wear broad spectrum SPF 30+ sunscreen, protective clothing, and wide brimmed hats whenever outdoors.
- Avoid peak UV hours (10 a.m.-4 p.m.) and seek shade when possible.
- Professional evaluation
- If any mole changes in size, shape, color, or sensation, or if you notice new lesions, seek prompt dermatologic assessment.
- A dermatologist may perform a dermoscopic exam or biopsy to confirm the diagnosis.
- Document changes
- Keep a photo log of existing moles; this can help track subtle changes over time.

Remember:

- The AI prediction indicates a low risk for melanoma, but it is not definitive.
- Only a licensed healthcare provider can provide a reliable diagnosis and appropriate treatment plan.
- If you experience any anxiety or uncertainty, consider a professional skin evaluation for peace of mind.