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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>VR Yoga</title>
  <link rel="stylesheet" href="styles.css">
  <style>
    body { font-family: Arial, sans-serif; margin: 0; padding: 0; }
    header { background: #c7a8f5; display: flex; justify-content: space-between; padding:
15px; }
    .logo { font-size: 20px; font-weight: bold; color: white; }
    nav a { color: white; text-decoration: none; margin: 0 10px; }
    .hero { display: flex; align-items: center; justify-content: space-between; padding: 50px;
}
    .hero-text { max-width: 50%; }
    .hero img { width: 40%; }
    .buttons { margin-top: 20px; }
    .buttons a { display: inline-block; padding: 10px 20px; border: 2px solid #a57de9; color:
#a57de9; text-decoration: none; border-radius: 20px; margin-right: 10px; }
    footer { background: #c7a8f5; color: white; display: flex; justify-content: space-between;
padding: 15px; position: fixed; bottom: 0; width: 100%; }
  </style>
</head>
<body>
  <header>
    <div class="logo">VR Yoga</div>
    <nav>
      <a href="#">Home</a>
      <a href="#">About us</a>
      <a href="#">Classes</a>
      <a href="#">Log in</a>
      <a href="#">Sign Up</a>
    </nav>
  </header>
  <main>
    <section class="hero">
      <div class="hero-text">
        <p>Immerse yourself in serene environments, connect with expert instructors, and
unlock your potential—all from home.</p>
        <h3>Ready to Transform Your Mind and Body?</h3>
        <div class="buttons">
          <a href="#">Join Now</a>
          <a href="#">Discover</a>
        </div>
      </div>
      
    </section>
  </main>
</body>
</html>

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</main>
<footer>
  <span>Join Now</span>
  <span>Contact | Blog</span>
</footer>
</body>
</html>
```

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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Yoga Types</title>
  <link rel="stylesheet" href="styles.css">
  <style>
    body { font-family: Arial, sans-serif; margin: 0; padding: 0; }
    header { background: #c7a8f5; display: flex; justify-content: space-between; padding:
15px; }
    .logo { font-size: 20px; font-weight: bold; color: white; }
    nav a { color: white; text-decoration: none; margin: 0 10px; }
    main { padding: 50px; text-align: center; }
    .yoga-types { display: grid; grid-template-columns: repeat(3, 1fr); gap: 30px; padding:
20px; }
    .yoga-type { text-align: center; }
    .yoga-type img { width: 80px; }
    .yoga-type h3 { color: #a57de9; }
    footer { background: #c7a8f5; color: white; display: flex; justify-content: space-between;
padding: 15px; position: fixed; bottom: 0; width: 100%; }
  </style>
</head>
<body>
  <header>
    <div class="logo">VR Yoga</div>
    <nav>
      <a href="#">Home</a>
      <a href="#">About us</a>
      <a href="#">Classes</a>
      <a href="#">Log in</a>
      <a href="#">Sign Up</a>
    </nav>
  </header>
  <main>
    <h2>Yoga comes in a variety of forms to suit everyone.</h2>
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<div class="yoga-types">
  <div class="yoga-type">
    
    <h3>Yin Yoga</h3>
    <p>Stretching and relaxation, promoting flexibility, tension release, and a sense of
inner calm.</p>
  </div>
  <div class="yoga-type">
    
    <h3>Bikram Yoga</h3>
    <p>Series of 26 postures and two breathing exercises, performed in a heated
room.</p>
  </div>
  <div class="yoga-type">
    
    <h3>Kundalini Yoga</h3>
    <p>Stretching and relaxation, promoting flexibility, tension release, and a sense of
inner calm.</p>
  </div>
  <div class="yoga-type">
    
    <h3>Ashtanga Yoga</h3>
    <p>Specific sequence of postures linked with breath, promoting strength, flexibility,
and focus.</p>
  </div>
  <div class="yoga-type">
    
    <h3>Hatha Yoga</h3>
    <p>Gentle and balanced practice that combines physical postures and
breath-work between the body and mind.</p>
  </div>
  <div class="yoga-type">
    
    <h3>Vinyasa Yoga</h3>
    <p>Stretching and relaxation, promoting flexibility, tension release, and a sense of
inner calm.</p>
  </div>
</div>
</main>
<footer>
  <span>Join Now</span>
  <span>Contact | Blog</span>
</footer>
</body>
</html>
```

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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>VR Yoga</title>
  <link rel="stylesheet" href="styles.css">
  <style>
    body {
      font-family: Arial, sans-serif;
      margin: 0;
      padding: 0;
      text-align: center;
    }
    header {
      background: #C5A3E0;
      padding: 15px;
      display: flex;
      justify-content: space-between;
      align-items: center;
    }
    .logo {
      font-size: 24px;
      font-weight: bold;
    }
    nav a {
      margin: 0 10px;
      text-decoration: none;
      color: black;
      font-size: 18px;
    }
    .about {
      padding: 50px;
    }
    .about h1 {
      font-size: 36px;
      font-weight: bold;
    }
    .about p {
      font-size: 18px;
      max-width: 600px;
      margin: 0 auto 20px;
    }
    button {
      background: #C5A3E0;
      border: none;
      padding: 10px 20px;
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        font-size: 18px;
        cursor: pointer;
        border-radius: 5px;
    }
    footer {
        background: #C5A3E0;
        padding: 15px;
        margin-top: 50px;
    }
</style>
</head>
<body>
    <header>
        <div class="logo">VR Yoga</div>
        <nav>
            <a href="#">Home</a>
            <a href="#">About us</a>
            <a href="#">Classes</a>
            <a href="#">Log in</a>
            <a href="#">Sign Up</a>
        </nav>
    </header>

    <section class="about">
        <h1>About Us</h1>
        <p>Embark on a journey of transformation...</p>
        <button>Join Now</button>
    </section>

    <footer>
        <p>Join Now | Contact | Blog</p>
    </footer>
</body>
</html>

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<!DOCTYPE html>
<html lang="en">
<head>
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <title>VR Yoga - Classes</title>
    <style>
        body {

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    font-family: Arial, sans-serif;
    margin: 0;
    padding: 0;
}
.header, .footer {
    background: #C6A9E1;
    color: white;
    text-align: center;
    padding: 15px;
}
.nav {
    text-align: right;
    padding: 10px 20px;
}
.nav a {
    color: black;
    text-decoration: none;
    margin: 0 10px;
    font-weight: bold;
}
.container {
    text-align: center;
    padding: 40px 20px;
}
.classes {
    display: flex;
    justify-content: center;
    gap: 20px;
    flex-wrap: wrap;
}
.class-card {
    text-align: center;
    width: 30%;
}
.class-card img {
    width: 100%;
    border-radius: 50%;
}
.footer-links {
    display: flex;
    justify-content: space-between;
    padding: 10px 20px;
}
</style>
</head>
<body>
<div class="header">
    <h1>VR Yoga</h1>

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<div class="nav">
  <a href="#">Home</a> | <a href="#">About us</a> | <a href="#">Classes</a> | <a
href="#">Log in</a> | <a href="#">Sign Up</a>
</div>
</div>
<div class="container">
  <h2>Classes</h2>
  <p>Our yoga classes offer a sanctuary for individuals of all levels to explore the ancient
practice of yoga.</p>
  <h3>Our Classes</h3>
  <div class="classes">
    <div class="class-card">
      
      <h4>Solid Base In Motion</h4>
      <p>Nullam pulvinar felis at metus malesuada nec convallis.</p>
      <a href="#">Explore Now →</a>
    </div>
    <div class="class-card">
      
      <h4>Yoga For Health</h4>
      <p>Nullam pulvinar felis at metus malesuada nec.</p>
      <a href="#">Explore Now →</a>
    </div>
    <div class="class-card">
      
      <h4>Stoop & Extend</h4>
      <p>Convalis lacus commodous blandit neque.</p>
      <a href="#">Explore Now →</a>
    </div>
  </div>
</div>
</div>
<div class="footer">
  <div class="footer-links">
    <span>Join Now</span>
    <span><a href="#">Contact</a> | <a href="#">Blog</a></span>
  </div>
</div>
</body>
</html>
```

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<!DOCTYPE html>
<html lang="en">
<head>
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```
<meta charset="UTF-8">
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<title>VR Yoga - Blog</title>
<style>
  body {
    font-family: Arial, sans-serif;
    margin: 0;
    padding: 0;
  }
  .header, .footer {
    background: #C6A9E1;
    color: white;
    text-align: center;
    padding: 15px;
  }
  .nav {
    text-align: right;
    padding: 10px 20px;
  }
  .nav a {
    color: black;
    text-decoration: none;
    margin: 0 10px;
    font-weight: bold;
  }
  .container {
    padding: 40px 20px;
    text-align: center;
  }
  .content {
    max-width: 800px;
    margin: auto;
    text-align: left;
  }
  .footer-links {
    display: flex;
    justify-content: space-between;
    padding: 10px 20px;
  }
</style>
</head>
<body>
  <div class="header">
    <h1>VR Yoga</h1>
    <div class="nav">
      <a href="#">Home</a> | <a href="#">About us</a> | <a href="#">Classes</a> | <a
href="#">Log in</a> | <a href="#">Sign Up</a>
    </div>
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</div>
<div class="container">
  <h2>Blog</h2>
  <div class="content">
    <h3>Experience Yoga Like Never Before: A Virtual Reality Revolution</h3>
    <p>Yoga has always been a journey of self-discovery, balance, and inner peace. But what if you could take your practice to the next level—without leaving your home? Welcome to the world of Virtual Reality Yoga Studios, where technology meets tranquility.</p>
    <p>Imagine stepping into a serene forest, a quiet beach, or a mountaintop retreat, guided by expert instructors in real-time. With VR, you can immerse yourself in stunning environments while perfecting your poses, breathing, and mindfulness techniques. Whether you're a beginner or an experienced yogi, these personalized classes adapt to your needs, helping you grow both physically and mentally.</p>
    <p>No more crowded studios or commuting—just pure focus on your well-being. Ready to transform your practice? Dive into the virtual world and find your balance like never before.</p>
    <p>Start your journey today and redefine yoga for the modern era!</p>
  </div>
</div>
<div class="footer">
  <div class="footer-links">
    <span>Join Now</span>
    <span><a href="#">Contact</a> | <a href="#">Blog</a></span>
  </div>
</div>
</body>
</html>

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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Contact Us</title>
  <style>
    body {
      font-family: Arial, sans-serif;
      margin: 0;
      padding: 0;
      text-align: center;
    }
    .header, .footer {
      background: #cbb3f3;
      padding: 20px;
    }
  </style>

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.nav {
  display: flex;
  justify-content: center;
  gap: 20px;
}
.nav a {
  text-decoration: none;
  color: black;
  font-weight: bold;
}
.container {
  padding: 40px;
}
form {
  max-width: 500px;
  margin: auto;
  text-align: left;
}
input, textarea {
  width: 100%;
  padding: 10px;
  margin: 10px 0;
  border: 1px solid #cbb3f3;
  border-radius: 5px;
}
button {
  background: #cbb3f3;
  padding: 10px 20px;
  border: none;
  cursor: pointer;
  border-radius: 5px;
  font-weight: bold;
}
</style>
</head>
<body>
<div class="header">
  <h2>VR Yoga</h2>
  <div class="nav">
    <a href="#">Home</a>
    <a href="#">About us</a>
    <a href="#">Classes</a>
    <a href="#">Log in</a>
    <a href="#">Sign Up</a>
  </div>
</div>
<div class="container">
  <h1>Contact Us</h1>

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<p><strong>Please Get In Touch With Us!</strong></p>
<form>
  <label>Your Name *</label>
  <input type="text" required>
  <label>Your Email Address *</label>
  <input type="email" required>
  <label>Topic *</label>
  <input type="text" required>
  <label>Your Message *</label>
  <textarea rows="4" required></textarea>
  <button type="submit">SEND</button>
</form>
</div>
<div class="footer">
  <div class="nav">
    <a href="#">Join Now</a>
    <a href="#">Contact</a>
    <a href="#">Blog</a>
  </div>
</div>
</body>
</html>

<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Log in - VR Yoga</title>
  <style>
    body {
      font-family: Arial, sans-serif;
      margin: 0;
      padding: 0;
      text-align: center;
      background-color: #f9f9f9;
    }
    .header, .footer {
      background-color: #c8b2f4;
      padding: 15px;
    }
    .nav {
      text-align: right;
      padding-right: 20px;
    }
  </style>
</head>
<body>
  <div class="header">
    <h1>VR Yoga</h1>
    <h2>Log in</h2>
  </div>
  <div class="form">
    <input type="text" value="Email Address" />
    <input type="password" value="Password" />
    <input type="button" value="Log In" />
  </div>
  <div class="nav">
    <a href="#">Home</a>
    <a href="#">About</a>
    <a href="#">Contact</a>
    <a href="#">Log In</a>
  </div>
  <div class="footer">
    <p>© 2023 VR Yoga. All rights reserved.</p>
  </div>
</body>
</html>

```

```

.nav a {
  text-decoration: none;
  color: black;
  margin: 0 10px;
  font-weight: bold;
}
.container {
  width: 50%;
  margin: 50px auto;
  background: white;
  padding: 40px;
  border-radius: 10px;
  box-shadow: 0 0 10px rgba(0, 0, 0, 0.1);
}
.input-field {
  width: 100%;
  padding: 10px;
  margin: 10px 0;
  border: 1px solid #c8b2f4;
  border-radius: 20px;
}
.login-btn {
  background-color: #c8b2f4;
  color: white;
  border: none;
  padding: 15px;
  width: 100%;
  border-radius: 20px;
  cursor: pointer;
  font-size: 16px;
}
.footer {
  position: fixed;
  bottom: 0;
  width: 100%;
}
</style>
</head>
<body>
<div class="header">
  <h2 style="display: inline;">VR Yoga</h2>
  <div class="nav">
    <a href="#">Home</a>
    <a href="#">About us</a>
    <a href="#">Classes</a>
    <a href="#">Log in</a>
    <a href="#">Sign Up</a>
  </div>

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</div>

<div class="container">
  <h1>Log in</h1>
  <form>
    <input type="text" class="input-field" placeholder="Email address or username"
required>
    <input type="password" class="input-field" placeholder="Password" required>
    <button type="submit" class="login-btn">LOG IN</button>
  </form>
</div>

<div class="footer">
  <a href="#">Join Now</a> | <a href="#">Contact</a> | <a href="#">Blog</a>
</div>
</body>
</html>

```

```

<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Sign Up - VR Yoga</title>
  <style>
    body {
      font-family: Arial, sans-serif;
      margin: 0;
      padding: 0;
      background-color: #fff;
      text-align: center;
    }
    .header, .footer {
      background-color: #C3A2E0;
      padding: 15px;
      color: white;
      font-size: 18px;
    }
    .header a, .footer a {
      color: white;
      text-decoration: none;
      margin: 0 10px;
    }
    .container {

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```
    max-width: 400px;
    margin: 50px auto;
    padding: 20px;
}
h1 {
    font-size: 32px;
}
input {
    width: 100%;
    padding: 10px;
    margin: 10px 0;
    border: 1px solid #ccc;
    border-radius: 5px;
}
.btn {
    width: 100%;
    padding: 12px;
    background-color: #1A4599;
    color: white;
    border: none;
    cursor: pointer;
    border-radius: 5px;
    font-size: 16px;
}
.google-btn {
    width: 100%;
    padding: 12px;
    background-color: white;
    border: 1px solid #ccc;
    cursor: pointer;
    border-radius: 5px;
    font-size: 16px;
    margin-top: 10px;
}
.google-btn img {
    width: 20px;
    vertical-align: middle;
    margin-right: 10px;
}
.login-link {
    margin-top: 15px;
    font-size: 14px;
}
.login-link a {
    color: #1A4599;
    text-decoration: none;
}
</style>
```

```
</head>
<body>

  <div class="header">
    <span>VR Yoga</span>
    <span style="float: right;">
      <a href="#">Home</a> | <a href="#">About us</a> | <a href="#">Classes</a> | <a
href="#">Log in</a> | <a href="#">Sign Up</a>
    </span>
  </div>

  <div class="container">
    <h1>Sign Up</h1>
    <form>
      <input type="text" placeholder="Enter your name" required>
      <input type="email" placeholder="Enter your email" required>
      <input type="password" placeholder="Create a password" required>
      <input type="password" placeholder="Repeat a password" required>
      <button class="btn">Create account</button>
      <button class="google-btn"> Sign up with
Google</button>
    </form>
    <div class="login-link">Already have an account? <a href="#">Log in</a></div>
  </div>

  <div class="footer">
    <span>Join Now</span>
    <span style="float: right;"><a href="#">Contact</a> | <a href="#">Blog</a></span>
  </div>

</body>
</html>
```