B.FAST LUNCH DINNER EVENING

|     | B.FAST   | LUNCH  | DINNER   | EVENING                        |
|-----|--|--|--|--------------------------------|
| Mon | SANDWICH, POHA & SEV,<br>VADA PAV, MASALA OATS,<br>SPROUTS,FRUITS                            | RAJMA DAL, ALOO<br>MUTTER/ALOO SHIMLA,<br>RICE,ROTI,SALAD,ROASTED<br>PAPAD,DAHI    | KADHAI PANEER/EGG CURRY,<br>MOONG + MALKA DAL, RICE,<br>MUGHLAI PARATHA, SALAD,<br>FRUIT CUSTARD | COFFEE, PANEER<br>BREAD PAKODA |
| TUE | MASALA CORN, BESAN<br>CHILA, CHOCOS, FRUITS  | MUTTER PANEER,<br>MOONG+MALKA DAL,<br>BOONDI RAITA,SALAD,RICE,<br>ROTI             | AMRITSARI CHOLLE,KADDU<br>MASALA/ALOO TAMATAR,<br>AJWAIN PURI, ROTI, JEERA<br>RICE, SALAD, KHEER | TEA, BHELPURI                  |
| WED | VADA, SAMBHAR WITH 2<br>CHUTNEY: COCONUT &<br>TOMATO, KALA CHANA,<br>FRUIT OATS              | BHINDI MASALA, RICE, ROTI,<br>DAL TADKA CHANA, SALAD,<br>DAHI                      | PANEER BUTTER MASALA/<br>CHICKEN CURRY, DAL MIX,<br>RICE,ROOMALI ROTI,SALAD,<br>SWEET            | TEA, VEG<br>SANDWICH           |
| тни | PANEER PARATHA,DAHI,<br>CHATNEY, CORNFLAKES,<br>SPROUTS, FRUIT                               | KADHI PAKORA , JEERA<br>ALOO, DAL,ROTI,FRIED<br>PAPAD, NIMBU PANI                  | PAV BHAJI, DAL MAKHNI,<br>PEAS PULAO, ROTI, SWEET<br>SEVIEN, MASALA CORN,<br>SALAD               | COFFEE, PANEER<br>BREAD PAKODA |
| FRI | BREAD PAKODA, OMELETTE,<br>SUJI KA HALWA, NAMKEEN<br>SEWAIYAN, SPROUTS,<br>CORNFLAKES,FRUITS | SOYA CHILLI, DAL , RICE,<br>ROTI, SALAD, LASSI,<br>FRYUMS                          | MANCHURIAN, FRIED RICE,<br>DAL MOONG + MALKA, ROTI,<br>SWEET, SALAD                              | TEA, BHELPURI                  |
| SAT | ALOO PYAAZ PARATHA, PICKLE,<br>MINT CHATNEY & DAHI, MUESLI                                   | PANEER/EGG BHURJI, KALI<br>MASOOR DAL, RICE, ROTI ,<br>SALAD, PINEAPPLE RAITA      | ALOO DUM, DAL ARHAR,<br>JEERA RICE,ROTI,SALAD,<br>MASALA PAPAD                                   | TEA, VEG<br>SANDWICH           |
| SUN | DOSA, SAMBHAR WITH 2<br>CHUTNEY: COCONUT &<br>TOMATO, BOILED EGGS,<br>CHOCOS,SPROUTS         | PINDI CHOLE, ALOO<br>CHOKHA, BHATURA,<br>KULCHE, RICE, ROTI, SALAD,<br>DAHI BHALLA | VEG / EGG / CHICKEN BIRYANI,<br>KALA CHANA SUBZI, TOMATO<br>PYAAZ RAITA, ROTI                    | TEA, MASALA<br>ALOO, BREAD     |

<sup>\*</sup> Butter , Brown Bread , White Bread, Milk, Tea , Coffee, Bournvita , Jam will be served in Breakfast everyday.

TENTATIVE MESS MENU SUBJECTED TO AVAILABILITY OF RAW MATERIAL