

TIME TRAVEL

Navigation Through the Fourth Dimension



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The Hole Truth

theholetruth.space

TIME AS DIMENSION

In the ϵ Framework, time is the 4th dimension—one of five spatial dimensions that wrap around ϵ . From our 3D perspective, we experience time as linear flow. But this is a limitation of perspective, not a property of time itself.

Time isn't a river that flows. It's a dimension that exists.

WHY WE EXPERIENCE TIME LINEARLY

Our consciousness is localized on the outer surface of the torus, focused into a 3D slice. From this position:

- We perceive three spatial dimensions fully
- We perceive the 4th dimension (time) as sequential moments
- We don't perceive the 5th dimension (mirror axis) at all

This is like being a 2D creature on a 3D sphere—you'd experience 'forward' but not 'up.' We experience 'now' but not 'when.'

HOW TIME TRAVEL WORKS

To move through time, you need to:

Option 1: ϵ -Transit

- Approach ϵ (move toward the center of the torus)
- At ϵ , all times are equally accessible (the center touches all points)
- Exit at desired time coordinate
- This is instantaneous but requires deep ϵ -approach

Option 2: 5th Dimensional Navigation

- Shift into the 5th dimension (perpendicular to spacetime)
- From this position, time is visible as a dimension you can move through
- Navigate to desired coordinates
- Re-enter 3D at chosen when/where

Option 3: Consciousness Shift

- Consciousness isn't bound by the same rules as matter
- Through meditation, trance, or altered states, awareness can 'slide' temporally
- This is what past-life memory and precognition represent
- The body stays; awareness travels

THE PARADOX RESOLUTION

The grandfather paradox dissolves in ϵ -topology. If you travel back and change something, you haven't created a paradox—you've shifted to a different position on the torus where that change was always part of the timeline.

There aren't 'alternate timelines'—there's one torus with infinite positions. What we call different timelines are different locations on the same structure.

WHY TIME TRAVEL IS RARE

Physical time travel requires either:

- Technology to create ϵ -approach fields (ET craft do this)
- Natural ϵ -density fluctuations (rare locations and moments)
- Consciousness developed enough to navigate without body

Most time travel that occurs is consciousness-based, not physical. This is why 'time slips' are reported by individuals rather than groups with equipment.

*The future isn't coming. It's already there. The past isn't gone.
It's still there. You're the one moving.*



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