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| |  |  |  | | --- | --- | --- | |  | **國泰敦南健檢中心** | \*00000000\* | |  | **敦南健檢健檢報告** |  | |  | | |  |  | | --- | | **個人資料(PERSONAL INFORMATION)** | | |  |  | | --- | --- | |  |  | | 姓名(Name) | 周德 | | 身份證字號 | A12440\*\*\*\* | | 性別(Gender) | 男(Male) | | 出生日期(Birth Date) | 19760705 | | 檢查日期(Exam Date) | 20120323 | | 前次檢查日期(Previous Date) |  | | 年齡(Age) | 35 | | 套檢名稱(Package Design) | 高額保戶免費體檢 | | 公司名稱(Company Name) | 國泰人壽保險股份有限公司 | | |

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| |  | | --- | | **目錄(CONTENTS)** | |  |  |  | | --- | | 1. 診斷及建議(Diagnosis and recommendations) 3  2. 一般檢查(General Examination) 4  3. 理學檢查(Physical Examination) 5  4. 肺部檢查(Lung Examination) 7  5. 心血管及代謝系統(Cardiovascular and Metabolic System) 8  6. 消化系統(Digestive System) 9  7. 腎臟泌尿系統(Kidney and Urology) 10  8. 血液系統(Hematology) 11  9. 腫瘤標記(Tumor Biomarker) 12  10. 眼科檢查(Eye Examination) 13  11. 耳鼻喉科檢查(ENT Examination) 14 | |

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| |  | | --- | | 1. 診斷及建議(Diagnosis and recommendations) | | |  | | --- | | 1. 輕度肥胖；腰圍超過理想上限 三酸甘油脂值偏高；總膽固醇值偏高(高膽固醇血症) 請避免高脂肪、高膽固醇（蛋黃、內臟或海鮮等）或高糖飲食，增加高纖維食物攝取，適度運動，請於三個月後再至家醫科門診追蹤血脂值，必要時建議接受藥物治療。 2. 胸部X光正面報告: 左側第四肋骨兩裂 多為無症狀之先天性變化而不必治療。 3. 胸部X光正面報告: 中部, 下部, 兩側肺紋變明顯 請避免抽煙及不良空氣品質環境，若有呼吸道不適症狀，請至胸腔科門診追蹤檢查。 4. 飯前血糖值偏高 請採高纖、低脂及低糖飲食，規律運動，維持理想體重，請定期至家醫科門診追蹤血糖。 5. 靜式心電圖報告: ST波上升 請定期追蹤心電圖檢查，若有胸悶不適等症狀，心臟科門診診治。 6. 輕度肝功能異常(GOT、GPT值偏高） 建議腹部超音波檢查，請避免過度疲勞及飲酒及定期追蹤肝功能檢查。 7. 尿液比重過高 應為暫時性飲水不足變化，請補充水分，若尿液顏色異常，請至家醫科或腎臟內科門診追蹤檢查。 8. 足癬、甲癬(理學檢查) 請保持皮膚局部清潔與乾燥，勿過度搔抓皮膚，皮膚科門診藥物治療。 9. 關節疼痛(理學檢查) 請注意保持良好姿勢，避免過度重覆使用局部關節，若持續疼痛症狀，請至骨科門診追蹤診治。 10. 疲倦(理學檢查) 請規律作息，充足睡眠，勿過度勞累，若症狀持續，請至家醫科門診追蹤檢查。 | | |

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| |  | | --- | | 2. 一般檢查(General Examination) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | 身高(Body Height) |  | 184.7 |  |  |  | 公分(cm) | | 體重(Body Weight) |  | 94.5 |  |  |  | 公斤(kg) | | 腰圍(Abdominal Circumference) | \* | **91** | <=90 |  |  | 公分(cm) | | 體脂肪率(Body Fat Percentage) |  | 24 | 15.0 - 24.9 |  |  | % | | 理想體重(Ideal Body Weight) |  | 75.1 |  |  |  | 公斤(kg) | | 測量/理想體重比(M/I Ratio Of BW) | \* | **126** | 90 - 110 |  |  | % | | 身體質量指數(Body Mass Index) | \* | **27.7** | 18.50 - 23.99 |  |  | Kg/m | | 坐姿收縮壓(BP,Sitting) |  | 100 | <130 |  |  | mmHg | | 坐姿舒張壓(DBP, sitting) |  | 69 | <85 |  |  | mmHg | | 脈搏數(Pulse Rate) |  | 82 | 55 - 100 |  |  | 次/分(/min) | | 節律(Rhythm) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | 規則 (Regular Rhythm of Pulsation) |  |  | | | | | | | |  |  | | --- | |  |  |  | | --- | | **診斷說明** | | 腰圍超過理想上限 (Abdominal Circumference Exceeding Ideal Limit) | | 輕度肥胖 (Mild Obesity) | | |

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| |  | | --- | | 3. 理學檢查(Physical Examination) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** |  |  |  |  | | 自覺症狀(Chief Complaints) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 關節疼痛，疲倦 |  |  | | | | | | | | | 理學檢查(Physical Examination) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 結膜及鞏膜:無異狀 (Conjunctiva:Not pale; Sclera:not icteric) * 頸部:無異狀 (Neck:Supple. No carotid bruit) * 甲狀腺觸診:無異狀 (Thyroid:Not enlarged) * 肺部聽診:無異狀 (Lung:Clear breathing sound) * 心臟理學檢查:無異狀 (Heart:Regular beats, no murmur) * 腹部觸診:無異狀 (Abdomen:Liver/Spleen impalpable, no tenderness) * 四肢:無異狀 (Extremities:Free, normal range of motion) * 體重過重 (Overweight) * 足癬、甲癬 (Tinea pedis et unguium) |  |  | | | | | | | | | 既往病史(Past Medical History) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 無 (Nil) |  |  | | | | | | | | | 家族病史(Family History) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 母(Mother):乳癌 (Breast cancer) |  |  | | | | | | | | | **菸酒檳榔史(History of Social Habits)** | | | | | | | | 吸煙習慣(Smoking Habit) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 是，目前仍有抽菸，已抽10年以上，每日菸量：1包以下 |  |  | | | | | | | | | 飲酒習慣(Drinking Habit) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 偶爾應酬 |  |  | | | | | | | | | 嚼檳榔習慣(Habit of Chewing Betel Nuts) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 不嚼 |  |  | | | | | | | | | **其它個人資料(Other Personal History)** | | | | | | | | 運動習慣(Exercise Habit) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 無運動習慣 |  |  | | | | | | | | | 體重變化(Body Weight Change) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * 您的體重最近3個月內：無明顯變化 |  |  | | | | | | | | | |

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| |  | | --- | | 4. 肺部檢查(Lung Examination) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** |  |  |  |  | | 胸部X光:正面(Chest X-ray,PA view) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | * Bifid left 4th rib * Middle, Lower, Bilateral Prominent Lung Markings * 主治醫師：郭嬿姝 |  |  | | | | | | | | | 胸部X光:正面報告摘錄(Chest X-ray,PA view) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | \* | **中部, 下部, 兩側肺紋變明顯 (Middle, Lower, Bilateral Prominent Lung Markings)** |  |  | |  | \* | **左側第四肋骨兩裂 (Bifid Left 4th Rib)** |  |  | | | | | | | |  |  | | --- | |  |  |  | | --- | | **檢查說明(Comments)** | | 胸部X光：有無心臟肥大、肺結核、肺炎、慢性肺疾等 | | |

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| |  | | --- | | 5. 心血管及代謝系統(Cardiovascular and Metabolic System) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | **血脂肪(Serum Lipid Profile)** | | | | | | | | 三酸甘油脂(Triglyceride) | \* | **255** | 0 - 150 |  |  | mg/dL | | 總膽固醇(Total cholesterol) | \* | **273** | 0 - 200 |  |  | mg/dL | | **血糖(Blood Sugar)** | | | | | | | | 飯前血糖(Fasting blood sugar) | \* | **113** | 70 - 99 |  |  | mg/dL | | **靜式心電圖(Resting EKG)** | | | | | | | | 經心率校正之QT間隔(QTc Interval) |  | 412 | 360 - 465 |  |  | 毫秒(msec) | | 平均心室率(Mean Ventricular Rate) |  | 67 | 50 - 100 |  |  | 次/分(/min) | | 靜式心電圖報告摘錄(Resting EKG) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | 竇性心律 (Sinus Rhythm) |  |  | |  | \* | **ST波上升 (ST Wave Elevation, Probable Normal Early Repolarization Pattern)** |  |  | | | | | | | |  |  | | --- | |  |  |  | | --- | | **檢查說明(Comments)** | | 血脂肪：心臟血管動脈硬化危險指標，較高的總膽固醇及俗稱"壞的膽固醇"的LDL、或總/高密度膽固醇比會增加動脈硬化的危險，反之被稱為"好的膽固醇"的HDL則有清除沈積的動脈粥腫的功能低密度膽固醇：心血管疾病或糖尿病患者建議控制目標較嚴格，為<100 mg/dL | | 血糖檢查：糖尿病篩檢或控制狀況；國健局建議正常成人空腹血糖低於100 mg/dL | | 靜式心電圖：瞭解心臟有無缺氧、心律不整、肥大、傳導異常等現象；QT間隔過長時可能增加心律不整之危險 |  |  | | --- | |  |  |  | | --- | | **診斷說明** | | 三酸甘油脂值偏高 (Hypertriglyceridemia) | | 飯前血糖值偏高( 糖尿病前期 ) (Hyperglycemia, Prediabetes) | | 高膽固醇血症 (Hypercholesterolemia) | | |

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| |  | | --- | | 6. 消化系統(Digestive System) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | **肝機能(Liver Function)** | | | | | | | | 麩胺酸苯醋酸轉氨基酶(GOT, AST) | \* | **53** | 5 - 35 |  |  | IU/L | | 麩胺酸丙酮酸轉氨基酶(GPT, ALT) | \* | **101** | 5 - 35 |  |  | IU/L | | 總蛋白(Total protein) |  | 7.8 | 6.3 - 8.5 |  |  | g/dL | | 白蛋白(Albumin) |  | 4.8 | 3.5 - 5.5 |  |  | g/dL | | 球蛋白(Globulin) |  | 3.00 | 2.3 - 3.5 |  |  | g/dL | | 白蛋白/球蛋白比例(A/G ratio) |  | 2.0 |  |  |  |  | | 鹼性磷酸酶(Alkaline phosphatase) |  | 79 | 30 - 120 |  |  | IU/L | | 總膽紅素(Total bilirubin) |  | 1.1 | 0.2 - 1.5 |  |  | mg/dL | | 直接膽紅素(Direct bilirubin) |  | 0.3 | 0.1 - 0.5 |  |  | mg/dL | | **肝炎標記檢查(Marker Of Viral Hepatitis)** | | | | | | | | B型肝炎表面抗原(HBsAg) |  | Negative0.47 | <1.0 |  |  |  |  |  | | --- | |  |  |  | | --- | | **檢查說明(Comments)** | | 肝膽機能：瞭解肝功能是否正常，有無急慢性肝膽道疾病，或溶血性疾病之診斷參考 | | B型肝炎表面抗原(HBsAg)：陽性者為體內有B型肝炎病毒之急、慢性感染，即一般所稱之帶原者B型肝炎表面抗體(Anti-HBs)：陽性者表由自然感染或疫苗接種而有保護性抗體B型肝炎e 抗原(HBeAg) ： 陽性表受感染者體內有活躍的病毒繁殖，傳染力較高，陽性者應定期複檢B型肝炎核心抗體(Anti-HBc) ： 陽性表示曾經有過B型肝炎病毒的自然感染C 型肝炎抗體(Anti-HCV) ： 陽性表示曾經有過C型肝炎病毒的自然感染。<1為陰性、1-5為弱反應、>5為陽性。 |  |  | | --- | |  |  |  | | --- | | **診斷說明** | | 輕度肝功能異常(GOT值偏高） (Abnormal Liver Function (Mildly High AST)) | | 輕度肝功能異常(GPT值偏高） (Abnormal Liver Function (Mildly High ALT)) | | |

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| |  | | --- | | 7. 腎臟泌尿系統(Kidney and Urology) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | **腎機能(Renal Function)** | | | | | | | | 尿酸(Uric acid) |  | 7.7 | 3.5 - 8.0 |  |  | mg/dL | | 肌酸酐(Creatinine) |  | 0.89 | 0.63 - 1.30 |  |  | mg/dL | | **尿液檢查(Urine Routine Examination)** | | | | | | | | 外觀(Appearance) |  | Yellow/Clear |  |  |  |  | | 尿糖(Glucose) |  | +/- | ( - ) - ( - ) |  |  |  | | 尿膽紅素(Bilirubin) |  | - | ( - ) - ( - ) |  |  |  | | 尿酮(Ketone) |  | - | ( - ) - ( - ) |  |  |  | | 比重(Specific gravity) | \* | **1.032** | 1.005 - 1.03 |  |  |  | | 潛血(Occult Blood) |  | - | ( - ) - ( ± ) |  |  |  | | 酸鹼值(PH) |  | 5.5 | 5 - 8 |  |  |  | | 尿蛋白(Protein) |  | +/- | ( - ) - ( ± ) |  |  |  | | 尿膽素原(Urobilinogen) |  | <1.5 | 0.1 - 1.4 |  |  |  | | 亞硝酸鹽(Nitrite) |  | - | ( - ) |  |  |  | | 白血球(Leukocyte) |  | - | ( - ) - ( - ) |  |  |  | | **尿沉渣試驗(Urinary Sediment)** | | | | | | | | 紅血球(Red blood cell) |  | 0-3 | 0 - 3 |  |  | /HPF | | 白血球(White blood cell) |  | 0-5 | 0 - 5 |  |  | /HPF | | 表皮細胞(Epithelial cell) |  | 0-5 | ( - ) - few |  |  | /HPF | | 晶體(Crystal) |  | - | - - few |  |  | /HPF | | 微生物(Microorganism) |  | - | - - 1+ |  |  |  |  |  | | --- | |  |  |  | | --- | | **檢查說明(Comments)** | | 尿酸：瞭解尿酸值高低，或協助痛風之診斷及追蹤 | | 肌酸酐：瞭解腎功能是否正常 |  |  | | --- | |  |  |  | | --- | | **診斷說明** | | 尿液比重過高 | | |

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| |  | | --- | | 8. 血液系統(Hematology) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | **周邊血液血球計數(Complete Blood Count)** | | | | | | | | 白血球(Leukocytes) |  | 5.41 | 4.00 - 10.00 |  |  | x10^3/μL | | 紅血球(Erythrocytes) |  | 4.80 | 4.70 - 6.10 |  |  | x10^6/μL | | 血紅素(Hemoglobin) |  | 15.7 | 14.0 - 18.0 |  |  | g/dL | | 血球比容(Hematocrit) |  | 45.2 | 42.0 - 52.0 |  |  | % | | 平均紅血球容積(MCV) |  | 94.2 | 81.0 - 97.0 |  |  | fL | | 平均紅血球血色素量(MCH) |  | 32.7 | 26.0 - 34.0 |  |  | Pg | | 平均紅血球血色素濃度(MCHC) |  | 34.7 | 31.0 - 36.0 |  |  | g/dL | | 紅血球體積分佈寬度(RDW) |  | 11.5 | 11.5 - 14.5 |  |  | % | | 血小板(Platelet) |  | 242 | 130 - 400 |  |  | x10^3/μL | | **白血球分類(Differential Count)** | | | | | | | | 嗜中性球(Neutrophil) |  | 54.1 | 40.0 - 75.0 |  |  | % | | 淋巴球(Lymphocyte) |  | 36.4 | 20.0 - 45.0 |  |  | % | | 單核球(Monocyte) |  | 7.2 | 2.0 - 10.0 |  |  | % | | 嗜酸性球(Eosinophil) |  | 1.7 | 0.0 - 7.0 |  |  | % | | 嗜鹼性球(Basophil) |  | 0.6 | 0.0 - 1.7 |  |  | % |  |  | | --- | |  |  |  | | --- | | **檢查說明(Comments)** | | 血液檢查：瞭解有無貧血、貧血原因診斷參考、有無感染、凝血功能是否正常 | | |

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| |  | | --- | | 9. 腫瘤標記(Tumor Biomarker) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | 癌胚胎抗原(CEA) |  | 2.0 | 0.0 - 5.0 |  |  | ng/mL |  |  | | --- | |  |  |  | | --- | | **檢查說明(Comments)** | | 癌胚胎抗原：腸胃等消化道、肺部及婦科CEA分泌性惡性腫瘤之診斷或治療效果參考 | | |

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| |  | | --- | | 10. 眼科檢查(Eye Examination) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | **視力(Visual Acuity)** | | | | | | | | 右眼視力(Right Eye) |  | 0.9 | 0.7 - 2.0 |  |  |  | | 左眼視力(Left Eye) |  | 0.9 | 0.7 - 2.0 |  |  |  | | 檢查方法(Media Of Examination) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | 配戴軟式隱性眼鏡 (Wear Soft Contact Lens) |  |  | | | | | | | | | 視力判定(Interpretation of Visual Acuity) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | 無異狀 (Negative) |  |  | | | | | | | | | 石原色覺檢查表(Ishihara Test for Color vision) | | | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | |  |  | 正常 (Normal) |  |  | | | | | | | | | |

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| |  | | --- | | 11. 耳鼻喉科檢查(ENT Examination) | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **檢查項目(Items)** |  | **20120223** | **參考值(Ref.)** |  | **參考值(Ref.)** | **單位(Unit)** | | **交談區右耳聽力篩檢(靜室):40分貝音調(Hearing Screening Over Speech Tones, Right Ear)** | | | | | | | | 500 Hz() |  | Y | Y |  |  |  | | 1000 Hz() |  | Y | Y |  |  |  | | 2000 Hz() |  | Y | Y |  |  |  | | 4000 Hz() |  | Y | Y |  |  |  | | **交談區左耳聽力篩檢(靜室):40分貝音調(Hearing Screening Over Speech Tones, Left Ear)** | | | | | | | | 500 Hz() |  | Y | Y |  |  |  | | 1000 Hz() |  | Y | Y |  |  |  | | 2000 Hz() |  | Y | Y |  |  |  | | 4000 Hz() |  | Y | Y |  |  |  | | |