2019 IHSAA CROSS COUNTRY Stat Book



May 2, 2018

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89th Year for IHSAA State Cross Country

Notice to Coaches, Media & the Public: This fall the IHSAA celebrates its 89th year of administering a State Cross Country Championship. Not counted in the first 88 years are the eight meets from 1922 through 1929 that were a "open" invitational administered by and held at the University of Iowa. The IHSAA State Championship is one of the nation's longest continuous running state championship meet. This book, in part, pays tribute to the athletes, coaches and schools who have figured so prominently in that history.

With the help of our digital print/production specialist Tim Latta our Stat Books have been re-formatted. We continue to work on making it the best possible publication of its kind. If you, the reader, finds an error or knows of an omission in this book, please contact Bud Legg (bleag@iahsaa.org).

IHSAA MISSION & PURPOSE MISSION

"The lowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete."

PURPOSE

"To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools and communities throughout the state."

STATE CROSS COUNTRY MEET HAS A RICH HISTORY

Time Line

- 1922 University of lowa hosts high school invitational meet inviting teams from surrounding states 1930 IHSAA conducts its own State Meet - it was an invitational meet; schools charged 25 cents per runner. Teams could enter up to 4 athletes but only their top 3 were scored, Race distance was 1.9 miles. With growth and interest starting, the meet is divided into two classes based on enrollment 1936 1937 State Meet conducted in three classes; teams could enter 3, 4, or 5 runners and counting their top 3 counting team scoring 1946 Teams could enter 4 or 5 runners with their top 3 counting in team scoring 1947 Excessive rain caused fewer teams and changed State Meet to individuals only – no team champions 1948 Four class meet begins 1951 Race distance is 1.8 miles 1957 Five class meet begins 1964 With increasing interest, the meet moves to six classes 1967 Race distance is increased to 2.0 miles 1969 Meet expands to a record seven classes 1970 Teams can run up to 5 runners with their top 4 counting toward the team's total 1976 District qualifying meets for the State begin for teams and individuals: four classes contested 1979 Inaugural Joint State Meet held with the Iowa Girls High School Athletic Union at Veenker Golf Course on the campus of Iowa State University. 1981 District and State Meets return to 3 classes for boys and girls; State Meet attracts over 6,000 fans 1987 Race distance moves to 5,000 meters 1988 Teams allowed to enter 5, 6 or 7 athletes with their top 5 finishers being scored for team honors 1993 Joint State Meet moved to Lakeside Golf Course in Kennedy Park north of Fort Dodge Four-class State Qualifying Meets inaugurated with 15 teams in each class qualifying for the State Meet 2003 2007 Displaced team scoring started for State Qualifying and State Meets
- 2011 First in the nation Wheelchair competition added Trophies awarded to top three teams in each class
- 2014 85th year for IHSAA Cross Country State Meet; 49th for the IGHSAU - both among the "oldest" in the US Medal winners in each class increased to 15

Cross Country has enjoyed a prominent place in the history of the IHSAA. From a meager growth of 25-30 schools participating in an invitational state meet run by the University of Iowa from 1922-29. In the decades that followed steady interest and growth occurred.

From the early years through 1975 schools could enter the IHSAA State Meet by simply registering a team or an athlete by paying a fee (usually 25 cents per runner, maximum of \$1.50 per team). In 1966 the fee was dropped and schools only had to register in advance. In 1976, the IHSAA created a District Meet (now called State Qualifying Meet) format for schools to qualify teams and individuals to the State Championships.

It is a sport that has multiple measures of success - the stopwatch; weekly, season and personal improvement to name a few. The measures are valid for individuals and teams. It takes hard work and discipline to climb the ladder of success and because all on the team for the most part go through the same regime, it is a bonding sport that brings out the best in competitors. They won't all be champions or maybe varsity runners but they will personify a human characteristic that sometimes is lacking in society and that is contributing to a common cause.

SIGNIFICANT CHANGES

From stop watches and judges picking place performances to television monitoring (1979) for place disputes and computer chip timing and scoring in 2004, the State Meet now functions with few delays. Individual results and team scoring are posted to the IHSAA and IGHSAU websites minutes after the race is declared official. Displaced scoring for teams was started with the 2007 season replacing the traditional order of finish points of all runners.

The length of the individual race has varied over the years. The University of Iowa meets, 1922-29 and the first five IHSAA Championships, 1930-1934, were each 2 miles in length. From 1935 through 1950, the distance was 1.9 miles and from 1951 through 1966 the distance was 1.8 miles. In 1967, the two-mile course was set and it stayed at that length through 1986. Starting with the 1987 season and continuing to present day, the distance of the race has been 5,000 meters. Similarly, the girls had changes, with early meets - 1965 being 1.25 miles, increasing

to 1.8 in 1967 and 2 miles in 1970. In 2002 the distance was extended to 4,000 meters, and in 2015 they joined the boys at 5,000 meters.

STATE MEET VENUES

Several golf courses around the state as well as specialized cross country courses are used by the state's teams. Since facilities vary in terms of layout, the IHSAA does not keep a state record list of times, but does keep a list of the top times run in state competitions.

In the previous 86-year history of the State Meet, 22 member schools have hosted the event. Some of the challenging courses that included several hills were Waveland Golf Course in Des Moines; Marshalltown Legion Golf Course; and the "south" course at Veenker Golf Course in Ames.

Iowa schools and communities who have hosted the State Meet follow:

1930-40	. University of Iowa, campus course
1941-42	Drake University, Waveland Golf Course
1943-49	University of Iowa, campus course
1950-59	Ames, Veenker Golf Course, "South Course"
1960	University of Iowa, South Finkbine Golf Course
1961-64	Drake University, Waveland Golf Course
1965-66	Des Moines, East, Grandview Golf Course
1967-72	Marshalltown, American Legion Golf Course
1973	. Grinnell College, campus course
1974	. Ames, Veenker Golf Course
	. Cedar Falls, Pheasant Ridge Golf Course
1976	. Waterloo, South Hills Golf Course
1977-78	. Cedar Rapids, Noelridge Park
1979-1992	Ames, Veenker Golf Course, "North Course"
1993-present	Fort Dodge, Lakeside Golf Course, Kennedy Park

THE NUMBERS

Nearly 500 boys including 15 teams in each of four classes (and similar numbers for girls) now strive to become "The Legends of the Fall." Athletes from nearly 73 percent of the state's schools qualify for the Coed State Meet, complete with medal ceremonies. It has attracted over 6,000 fans since the early 1980s. It is generally considered the largest of its kind in America in terms of the number of competitors and fans.

Two-hundred and sixty-seven athletes from 152 schools have won individual titles in the first 88 years of the meet (1930-2015). Fifty-six of those athletes have been multiple state champions in cross country and 82 have gone on to win state track titles in high school. One hundred and twenty-three schools have won at least one team title with 71 taking home the championship hardware at least twice.

Over the past five years in Iowa nearly 5,200 boys and 4,500 girls annually compete in cross country.

Notable Boys' Teams, Individuals, Coaches

Because of the distances involved the sport generates a special breed of athlete. It is lonely work sometimes and the rewards are, for the most part, internal. Only one runner in the history of the sport – Mark Johnson of Mason City has won four State Titles (1969-72).

Eight other athletes won the State Meet three times and 45 won twice. To repeat is an honor worth savoring. The three-time State Champions follow and are listed chronologically.

Three-time champions: 1938-40 Ray (Berl) Edmundson, Thornburg; 1950-52 Garold Ryan, Underwood; 1954-56 Homer Lattimer, LeClaire; 1955-57 Deryl King, West Des Moines; 1957-59 John Raveling, Saydel; 1965-67 Doug Smith, Sioux City Central; 1967-69 Rick Rourke, Villisca; and 2005-07 Isaac Wendland, Charles City.

Fifteen schools led by Decorah's 15 championships have captured five or more team titles. Marion follows with 10, while Iowa City, City High has nine. Two schools with eight championships are now closed – Iowa City University High and Sioux City Central. Regina, Iowa City has won eight titles, all since 1993.

A total of 172 coaches have directed teams to State Championships with six of the top seven leaders being deceased or retired. The late Marion Coach Les Hipple direct nine teams to titles, while Waukon's Harlan Heidelbauer and Decorah's George Kjome each coached seven. Cascade's Robert Davidshofer has six and is only active coach among the top seven.

Since 1980, the IHSAA has printed this State Meet Stat Book for Cross Country. It is available each year on line by going to the IHSAA web site (www.iahsaa.org) and clicking on cross country and scrolling to the current Stat Book.

TEAM CHAMPIONS - YEAR-BY-YEAR Champion Places Year Pts 1922 20 1923 10 Shellsburg 3-?-? 21 1924 28 1925 28 1926 Fort Madison 5-6-16 27 27 1927 Iowa City, University High......5-6-16 1928 Keokuk 1-4-11 16 Muscatine 1-4-9 1929 14 State Championships Conducted Under the Auspices of the IHSAA Started in 1930 1930 17 Ottumwa 4-6-13 1931 23 1932 15 1933 33 1934 12 Oskaloosa 2-3-4 1935 9 1936 16 Α Iowa City, University High 4-18-21 В 43 1937 Α 18 Iowa City, University High......2-4-8 В 14 С 14 Α 1938 Oskaloosa 2-5-11 18 В 20 Thornburg 1-5-10 С 16 Knoxville 1-2-9 12 1939 Α В Williamsburg 5-15-16 36 C Martinsburg 2-25-27 54 1940 Α 14 В Iowa City, University High......1-2-4 7 LeClaire......2-3-4 C 9 1941 Α 12 В Iowa City, University High 1-2-6 9 С 15 Note: Classes B & C ran together and were scored together; University High was 1-2-4 among Class B; Minburn placed 1-2-3 among Class C 1942 Α Des Moines, East...... 1-4-5 10 В Iowa City, University High...... 1-2-4 1943 Α 6 Iowa City, University High2-3-5 В 10 C 1944 Α 14 Iowa City, University High 1-2-3 В 6

C

1945	Α	Des Moines, North		16
	В	Marion	2-3-4	9
	С	Mechanicsville	1-2-3	6
1946	Α	Des Moines, North	3-5-15	23
	В	Marion		8
	Ċ	Mechanicsville		9
1947	Dι	ue to weather – One combined Individual Race wa	s run but no team scoring was l	kept
1948	AA	Council Bluffs, Abraham Lincoln	1-3-5	9
	Α	Cedar Rapids, Roosevelt		8
	В	Marion		10
	С	Napier		9
1949	AA	Des Moines, East	1-3-5	9
	В	Marion		6
	С	Ollie		7
1950	AA	Des Moines, North	3-6-7	16
	Α	Des Moines, Tech		11
	В	(Tie) Monroe		14
	_	and Marion		14
	С	Fremont		12
1951	AA	Davenport	6-7-8	21
	A	(Tie) Cedar Rapids, Roosevelt		12
	, ,	and Charles City		12
	В	Marion		16
	Č	Stanley		13
1952	AA	Des Moines, North	1-3-8	12
	A	Marion		10
	В	Eldora		7
	Č	Underwood		13
1953	AA	Des Moines, North	1-6-10	17
	A	Marion		9
	В	Eldora		6
	Ċ	Underwood		11
1954	AA	Des Moines, Tech	2-8-11	21
	Α	Marion		10
	В	Eldora		10
	C	Underwood		11
1955	AA	Des Moines, Tech	1-9-15	25
	A	Valley, West Des Moines		9
	В	LeClaire		8
	Č	Elliott		23
1956	AA	Des Moines, Tech	7-8-10	25
. 556	A	Clarinda		9
	В	LeClaire		7
	C	Sheffield		15
1957	AAA	Sioux City, Central	1-5-6	12
.001	AA	Oskaloosa		14
	A	Decorah		15
	В	Saydel		22
	C	Menlo		14
	_			

1958	AAA	Sioux City, Central	2-3-16	21
	AA	Decorah	1-2-8	11
	Α	Marion	3-6-11	20
	В	Sheffield	3-4-7	14
	С	LuVerne		16
1959	AAA	Des Moines, Tech	2-3-6	11
1939		· · · · · · · · · · · · · · · · · · ·		15
	AA	Decorah		
	A	South Page, College Springs		22
	B C	Underwood LuVerne		17 8
	O	Lavono	1 2 0	
1960	AAA	Des Moines, Tech		13
	AA	Marshalltown		19
	Α	Winterset	1-4-7	12
	В	South Page, College Springs	1-6-11	18
	С	LuVerne	1-2-9	12
1961	AAA	Sioux City, Central	1-2-7	10
1001	AA	Marshalltown		g
	A	West Sioux, Hawarden		6
	В	Odebolt-Arthur		20
	C	Klemme		6
	-			
1962	AAA	Des Moines, Tech		8
	AA	Valley, West Des Moines	1-4-10	15
	Α	Clarinda	2-8-12	22
	В	(Tie) Odebolt-Arthur	3-6-18	27
		and Sheffield-Chapin		27
	С	LuVerne		12
1000		O'r O'r Or start	4.7.0	4.0
1963	AAA	Sioux City, Central		16
	AA	Grinnell-Newburg		34
	A	Clarinda		10
	В	Anita		15
	С	Sheffield-Chapin	3-4-7	14
1964	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-4-5	10
	AA	Decorah		27
	Α	Odebolt-Arthur	2-4-10	16
	В	Anita	1-2-12	15
	C	Miles		20
			4.0.0	
1965	AAAA	Sioux City, Central		6
	AAA	Marshalltown		6
	AA	Red Oak		22
	Α	Aquin, Cascade		29
	В	Madrid		19
	С	Charles City, Immaculate Conception	1-9-11	21
1966	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown		17
	AA	(tie) Red Oak		24
	, , , ,	and Decorah		24
	Α	Aquin, Cascade		19
	В	Farragut		32
	C	Lincoln Central, Gruver		30
	C	LITICOTT CETTE AI, GTUVET	2-0-20	30
1967	AAAA	Sioux City, Central		8
	AAA	Ames		15
	AA	Red Oak		7
	Δ	Decorah	2-4-26	32

	B C	Pekin, Packwood(tie) North Winneshiek, Decorah	6-10-14	17 30
		and Cedar Valley, Somers	7-11-12	30
1968	AAAA	Des Moines, Lincoln	4-5-20	29
	AAA	Ames		11
	AA	Urbandale		13
	Α	Decorah	1-2-5	8
	В	Pekin, Packwood	4-8-10	22
	С	Miles	1-3-6	10
1969	AAAA	Cedar Falls	4-9-26	39
	AAA	Columbus Catholic, Waterloo	1-3-12	16
	AA	Ankeny	2-6-11	19
	Α	Chariton	6-7-18	31
	В	Central Lyon, Rock Rapids	3-7-9	19
	С	Beaman-Conrad	2-3-13	18
	D	Miles	2-3-12	17
1970	AAAA	Waterloo, West		46
	AAA	Des Moines, Hoover	3-9-10-15	37
	AA	Urbandale	5-8-9-11	33
	Α	Osage	9-14-15-32	70
	В	Aquinas, Fort Madison		33
	С	BGM, Brooklyn	4-6-16-20	46
	D	Garnavillo	9-11-15-17	52
1971	AAAA	Davenport, Central	2-15-21-24	62
	AAA	Columbus Catholic, Waterloo	1-3-9-10	23
	AA	Indianola		39
	Α	Sheldon		55
	В	Aquinas, Fort Madison		33
	С	Johnston		42
	D	Notre Dame, Cresco	6-8-9-14	37
1972	AAAA	Mason City	1-5-6-8	20
	AAA	Columbus Catholic, Waterloo	1-3-5-7	16
	AA	Indianola	1-2-9-10	22
	Α	Decorah		41
	В	Johnston		56
	С	Tri-County, Thornburg		59
	D	Garnavillo	5-7-8-16	36
1973	AAAA	Mason City		54
	AAA	Ames		45
	AA	Lewis Central		38
	Α	Western Christian, Hull		40
	В	Johnston		32
	C	Milford		66
	D	(Tie) Garnavillo and Dike		75 75
4074				40
1974	AAAA	Marshalltown		48
	AAA	Dowling Catholic, West Des Moines		39
	AA	Assumption, Davenport		56
	A	Decorah		58 46
	В	Shenandoah		46
	C	Dike		60
	D	Sanborn	4-5-13-40	62
1975	AAAA	Marshalltown		55
	AAA	Ames		33
	AA	Waverly-Shell Rock	5-9-10-13	37

	A	Shenandoah	43
	В	Tipton	26
	C	Aquin, Cascade2-10-34-40	86
	D	Odebolt-Arthur 6-11-12-34	63
1976	AA	Clinton	60
	Α	Decorah 8-10-16-19	53
	В	Unity Christian, Orange City 5-6-9-24	44
	С	Bancroft, St. John's	21
1977	AA	Des Moines, Hoover 1-15-16-36	68
	Α	Decorah2-8-23-34	67
	В	Unity Christian, Orange City	39
	С	Bancroft, St. John's	41
1978	AA	Muscatine	40
	Α	Decorah 6-11-19-20	56
	В	Aguinas, Fort Madison8-12-13-14	47
	С	Garnavillo	51
		Joint IHSAA-IGHSAU State Championships Started in 1979	
4070			40
1979	AA	Clinton	48
	A	Centerville	103
	В	Newman Catholic, Mason City	46
	С	Aquinas, Fort Madison	39
1980	AA	Waverly-Shell Rock 8-12-23-51	94
	Α	Knoxville	63
	В	Kee, Lansing3-4-5-19	31
	С	Cardinal Stritch, Keokuk2-4-15-41	62
1981	3-A	Clinton1-21-2739	88
	2-A	Sheldon1-4-19-28	52
	1-A	Kee, Lansing	45
1982	3-A	Clinton	45
	2-A	Western Christian, Hull 1-5-15-48	69
	1-A	Kee, Lansing 4-12-14-22	52
1983	3-A	Ames4-9-1619	48
	2-A	Cascade 5-12-14-58	89
	1-A	Unity Christian, Orange City 13-16-22-24	75
1984	3-A	Clinton4-13-15-16	48
	2-A	Eagle Grove 6-20-26-43	95
	1-A	Northern University High, Cedar Falls 1-7-17-35	60
1985	3-A	Dowling Catholic, West Des Moines	62
	2-A	Cascade3-13-20-25	61
	1-A	Northern University High, Cedar Falls	98
1986	3-A	Clinton1-10-16-19	46
	2-A	Cascade 9-10-14-18	51
	1-A	Woodbine 6-17-18-40	81
1987	3-A	Dubuque, Senior	64
	2-A	Eagle Grove 10-11-12-13	46
	1-A	Woodbine 5-9-22-31	62
1988	3-A	lowa City, West	115
	2-A	Shenandoah1-17-20-21-33	92
	1-A	Kee, Lansing	87
		<u> </u>	

1989	3-A	Ames	100
	2-A	Shenandoah	51
	1-A	Kee, Lansing 3-12-15-16-19	65
1990	3-A	Muscatine1-7-22-27-40	97
1000	2-A	Decorah	57
	1-A	Jesup	96
		3000p 3 11 11 27 30	00
1991	3-A	Iowa City, City High 5-8-16-18-37	84
	2-A	Shenandoah4-7-11-20-31	73
	1-A	Williamsburg	102
4000	2. 4	Janua City, City, Llimb	70
1992	3-A 2-A	lowa City, City High	73 84
		Decorah	
	1-A	St. Albert, Council Bluffs	56
1993	3-A	lowa City, City High5-6-9-12-13	45
	2-A	Waukon4-5-14-17-19	59
	1-A	Regina, Iowa City2-3-6-25-36	72
		3 4, 2 4 2 3	
1994	3-A	lowa City, City High7-12-21-23-24	87
	2-A	Humboldt	93
	1-A	Denver 1-2-9-26-29	67
1995	3-A	Dubuque, Senior1-2-3-20-28	54
	2-A	Waukon2-4-12-17-20	55
	1-A	Iowa Mennonite School, Kalona 9-13-20-22-31	95
1996	3-A	Iowa City, City High4-11-12-18-25 70	
1330	2-A	Waukon2-3-5-9-10	29
	1-A	Calamus-Wheatland	108
	. 7.	Oddina Wiloddaia	100
1997	3-A	Iowa City, City High11-16-19-20-23	89
	2-A	Waukon 6-9-14-17-28	74
	1-A	Regina, Iowa City	48
4000	0. 4	D. I O '	00
1998	3-A	Dubuque, Senior	93
	2-A	Waukon	98 98
	1-A	Regina, Iowa City8-10-21-23-36	90
1999	3-A	lowa City, City	69
1000	2-A	Waukon	124
	1-A	West Sioux, Hawarden4-12-17-18-41	92
2000	3-A	lowa City, City	90
	2-A	Central Clinton, DeWitt	69
	1-A	Wapsie Valley, Fairbank	107
0004	0. 4	Dan Mainean Danasaudh	400
2001	3-A	Des Moines, Roosevelt	102 111
	2-A	Central Clinton, DeWitt	
	1-A	Bennett-Durant	111
2002	3-A	Des Moines, Roosevelt4-6-7-13-21	51
	2-A	Waukon	124
	1-A	Nodaway Valley 13-16-26-31-38	124
2003	4-A	Des Moines, Roosevelt1-2-4-16-22	45
	3-A	Wahlert, Dubuque	143
	2-A	Western Christian, Hull	85
	1-A	Regina, Iowa City19-20-32-36-47	154

2004	4-A	Cedar Falls	8-9-10-31-33	91
	3-A	Wahlert, Dubuque		72
	2-A	Regina, Iowa City		136
	1-A	Wapsie Valley, Fairbank		180
		1		
2005	4-A	Cedar Falls	6-8-12-34-39	99
	3-A	Mount Vernon-Lisbon	8-10-17-24-25	84
	2-A	Western Christian, Hull		179
	1-A	Wapsie Valley, Fairbank		104
2006	4-A	Pleasant Valley	2-7-15-18-32	74
	3-A	Xavier, Cedar Rapids	3-11-15-17-67	113
	2-A	South Winneshiek, Calmar		203
	1-A	Regina, Iowa City		171
		- 9 - 24 - 24 - 2 9		
Startii	ng in 2007, d	isplacement scoring was used for teams. The following totals	are the displaced	scores
	,	but not necessarily the overall finish of the runners in the n		
		•		
2007	4-A	Pleasant Valley	1-5-9-26-42	83
	3-A	Xavier, Cedar Rapids		69
	2-A	Monticello		100
	1-A	Regina, Iowa City		55
		· · · · · · · · · · · · · · · · · · ·		
2008	4-A	Pleasant Valley	4-6-12-23-31	76
	3-A	Algona		88
	2-A	Spirit Lake		55
	1-A	South Winneshiek, Calmar		103
2009	4-A	Burlington	1-6-22-23-54	106
	3-A	Pella		95
	2-A	Spirit Lake		60
	1-A	lowa Mennonite School, Kalona		71
2010	4-A	Prairie, Cedar Rapids	5-6-16-17-21	65
	3-A	Wahlert, Dubuque		118
	2-A	Regina, Iowa City		106
	1-A	Northern University High, Cedar Falls		107
		, ,		
2011	4-A	Dowling Catholic, WDM	3-6-12-18-31	70
	3-A	Pella		85
	2-A	Monticello	5-12-15-17-24	73
	1-A	St. Albert, Council Bluffs	4-11-15-23-25	78
2012	4-A	Dowling Catholic, WDM	1-6-8-18-27	60
	3-A	Decorah	5-10-11-12-24	62
	2-A	Monticello	3-8-10-13-18	52
	1-A	St. Albert, Council Bluffs	1-5-9-25-28	68
2013	4-A	Prairie, Cedar Rapids	4-7-8-11-51	81
	3-A	Boone	1-2-16-18-32	69
	2-A	Monticello		63
	1-A	Denver	1-10-15-22-41	89
2014	4-A	Linn-Mar, Marion		85
	3-A	Gilbert		73
	2-A	East Marshall, LeGrand	4-11-14-17-38	84
	1-A	Bellevue	2-7-16-17-38	80
2015	4-A	Dowling Catholic		69
	3-A	Mount Vernon-Lisbon	2-9-10-14-15	50
	2-A	Garner-Hayfield-Ventura	2-4-10-20-23	59
	1-A	Nodaway Valley	3-12-13-16-17	61

2016	4-A		WDM		100
	3-A	Mount Vernon-List	on	7-16-17-21-25	86
	2-A	Mid-Prairie, Wellm	an	11-12-14-26-35	98
	1-A	Nodaway Valley		1-5-8-9-13	36
2017	4-A	Pleasant Valley		3-9-11-18-20	61
	3-A				75
	2-A		:/Central Lyon		79
	1-A				56
2018	4-A	Dowling Catholic	WDM	4-7-15-17-29	72
2010	3-A				64
	2-A				72
	1-A				63
		IHSAA STATE	CHAMPIONSHIP TEAMS - Alphab	etical	
A1		<u> </u>			4
			2008		
			1967, 68, 73, 75, 83, 89		
			1963, 64		
Ankeny			1969		1
Aguin, Ca	ascade		1965, 66, 75		3
			1970, 71, 78, 79		
			1974		
Panaroft	St John's		1976, 77		2
			1976, 77		
			2014		
			2001		
			1970		
Boone			2013		1
Burlingto	n		2009		1
Calamus	-Wheatland	1	1996		1
			1980		
			1983, 85, 86		
			1969, 2004, 05		
			1948, 51		
			1967 1979		
			2000, 2001		
	•	•	1969		
			1969		
			1965		
Clarence			1937		1
Clarinda.			1956, 62, 63		3
Clinton			1976, 79, 81, 82, 84, 86		6
Columbu	s Catholic,	Waterloo	1969, 71, 72		3
			1948		
Davenno	rt Central		1951, 71		2
			1957, 58, 59, 64, 66, 67, 68, 72, 74,		
			1994, 2013		
			1937, 41, 42, 43, 49		
			1970, 77		
Des Moir	nes, Lincolr	າ	1968		1
Des Moir	nes, North.		1944, 45, 46, 50, 52, 53		6
Des Moin	nes, Roose	velt	2001, 02, 03		3
			1950, 54, 55, 56, 59, 60, 62		

Dike	1973, 74	2
	1974, 85, 2011, 12, 15, 16, 18	
	1987, 95, 98	
Dubuque, Seriioi	1907, 95, 96	
Fools Crovs	1984, 87	2
Fact Marchall La Crand	2014	∠
	1952, 53, 54	
EIIIOTT	1955	1
	40.40	
	1949	
	1966	
Fremont	1950	1
	1970, 72, 73, 78	
•	2015	
•	2017	
	2014, 17, 18	
Grinnell	1963	1
Humboldt	1994	1
Indianola	1971, 72	2
Iowa City, City High	1923, 1991, 92, 93, 94, 96, 97, 99, 2000	9
	1936, 37, 38, 40, 41, 42, 43, 44	
	1988	
	1995, 2009	
Jesup	1990	1
	1971, 72, 73	
001113(011	107 1, 72, 70	
Kee Lansing	1980, 81, 82, 88, 89	5
	1961	
	1939, 80	
TATIOA VIII C	1000, 00	
l eClaire	1940, 55, 56	3
	1973	
	1966	
	2014	
Luverne	1958, 59, 60, 62	4
Manadai al	4005 0040	0
	1965, 2018	
	1945, 46, 48, 49, 50, 51, 52, 53, 54, 58	
	1960, 61, 64, 65, 66, 74, 75	
	1939	
,	1972, 73	
	1943, 44, 45, 46	
	1957	
· · · · · · · · · · · · · · · · · · ·	2016	
	1964, 68, 69	
	1973	
Minburn	1941	1
	1950	
Monticello	2007, 11, 12, 13	4
	2005, 15, 16	
	1930, 34, 78, 90	
Napier	1948	1
	1979	
	2002, 15, 16, 17	
,		-

North Winneshiek Decorah	1967	1
	1984, 85, 2010	
	1971	
, , , , , , , , , , , , , , , , , , , ,		
Odebolt-Arthur	1961, 62, 64, 75	4
	1949	
	1970	
Oskaloosa	1935, 36, 38, 57	4
	1931, 32, 33, 40	
Pekin, Packwood	1967, 68	2
Pella	2009, 11	2
Pleasant Valley	2006, 07, 08, 17	4
Prairie, Cedar Rapids	2010, 13	2
·		
Red Oak	1965, 66, 67	3
Regina, Iowa City	1993, 97, 98, 2003, 04, 06, 07, 10	8
,		
Sanborn	1974	1
Saydel	1957	1
Sheffield-Chapin	1956, 58, 62, 63	4
Sheldon	1971, 81	2
Shenandoah	1974, 75, 88, 89, 91	5
Sioux City, Central	1957, 58, 61, 63, 64, 65, 66, 67	8
	1959, 60	
	2006, 08	
	2008, 09	
	1992, 2011, 12	
	1951	
,		
Tipton	1975	1
•		
Tri-County, Thornburg	1938, 72	2
Underwood	1952, 53, 54, 59	4
Unity Christian, Orange City	1976, 77, 83	3
	1968, 70	
Valley, West Des Moines	1955, 62	2
Wahlert, Dubuque	2003, 04, 10	3
Wapsie Valley, Fairbank	2000, 04, 05	3
Waterloo, West	1970	1
Waukon	1993, 95, 96, 97, 98, 99, 2002	7
Waverly-Shell Rock	1975, 80	2
West Sioux, Hawarden	1961, 99	2
Western Christian, Hull	1973, 82, 2003, 05	4
	1939, 91	
	1960	
Woodbine	1986, 87	2
Xavier, Cedar Rapids	2006, 07	2

CHAMPIONSHIP TEAM RUNNERS IN IHSAA STATE MEET

(Runners who scored for champions listed in order of finish)

Note: Information listed by year is the actual year the meet was run. Example 1931 is the date of the meet run in the 1931-32 school year.

1930		Muscatine (John Garnes-Bob McElroy-John Wilson)
1931		Ottumwa (John Schmidt-Richard Beebe-Harold Kisinger)
1932		Ottumwa (Richard Beebe-John Schmidt-Harold Kisinger)
1933		Ottumwa (John Schmidt-John Beebe-Clifford Gardner)
1934		Muscatine (Bernard Berger-Gerald Wyman-Clark Brown)
1935		Oskaloosa (Ray Davis-Glenn Lee-Eugene Henson)
1936	A B	Oskaloosa (Neal Hamilton-Wayne Allgood-Glenn Sparks) Iowa City, University High (Edwin Myers-Charles Robbins-Donald Spencer)
1937	A B C	Des Moines, East (Carl Gustafson-Ben Huckins-Walter Hansen) lowa City, University High (Donald Spencer-Don Welt-Berdell Hager) Clarence (Dale Winey-Leroy Preuss-Ed Winey)
1938	A B C	Oskaloosa (Stanley McCarger-Rex Lee-Warren McCaulley) Iowa City, University High (Lynn Frazier- Don Welt-Van Martin) Thornburg (Raymond (Berl) Edmundson-Kenneth Geyer-Richard Rogers)
1939	A B C	Knoxville (Harold Goebel-Howard Goebel-Bill Hanna) Williamsburg (Charles Fetzer-Robert Mahan-Owen Jones) Martinsburg (Ralph Zepp-Willis Knaack-Gary Hollingsworth)
1940	A B C	Ottumwa (Danny Smith-Charles Sedore-Joe Lord) Iowa City, University High (Lynn Frazier-Fred Zollar-Frank Zollar) LeClaire (Kenneth McFate-Lewis Randolph-Russell Jaynes)
1941	A B C	Des Moines, East (Ben Mills-Charles Harban-Martin Grandquist) lowa City, University High (Fred Zollar-Frank Zollar-Ed Smith) Minburn (Bill Jackson-Daryl Thompson-Gene Waters)
1942	A B	Des Moines, East (Martin Grandquist-William Chappell-Vance Walters) Iowa City, University High (Edward Smith-Robert Hartsock-Richard Terrell)
1943	A B C	Des Moines, East (Vance Walters-Harold Williams-Wesley Redhead) lowa City, University High (Richard Terrell-Robert Hartsock-Francis Harney) Mechanicsville (Don Gemberling-Calvin-Robinson-Casper Robinson)
1944	A B C	Des Moines, North (Jack Copeland-Mac Baty-Elvin Kirkpatrick) lowa City, University High (Richard Terrell-Stanley Murray-Robert Hartsock) Mechanicsville (Calvin Robinson-Don Gemberling-Casper Robinson)
1945	A B C	Des Moines, North (Tom Moore-John Kemble-Mac Baty) Marion (Russell Benedict-Raymond Peterson-Neil Woods) Mechanicsville (Calvin Robinson-Casper Robinson-Len Svoboda)
1946	A B C	Des Moines, North (Tom Moore-Leland Graves-Millard Lee Kerr) Marion (Raymond Petersen-Eugene Hastings-Neil Woods) Mechanicsville (Vernon Svoboda-Len Svoboda-Howard Nicoll)

1947	In lieu	of inclement weather, one combined individual race was run but no team scores in classes were kept
1948	AA A B C	Council Bluffs, Abraham Lincoln (Charles Whitaker-Galen Hassen-Bernard Lainson) Cedar Rapids, Roosevelt (Ocie Trimble-Stan Petrick-Richard Wise) Marion (Allen Mally-Jack Edmunds-Don Dean) Napier (Arthur Trumbower-Phillip Anderson-Darrell Erickson)
1949	AA A	Des Moines, East (Don Murray-Eugene Hart-Richard Larson) Fairfield (Larry Manary-Wayne Davis-James Hilleary)
	B C	Marion (Richard Hotz-Allen Mally-Jack Edmunds) Ollie (Neal Bottger-Eugene Kessell-Charles Searcy)
1950	AA A	Des Moines, North (Larry Graves-Jay LaVine-Dean Gates) Des Moines, Tech (Tom Burch-Ben Prewitt-Jerry Greenwell)
	В	TIE - Monroe (Dick Rupert-Harold Wagner-Harold Boyer) and
	С	Marion (Richard Hotz-Jack Edmunds-John Kassler) Fremont (Paul Roquet-Paul Abernathey-Lawrence Schmitz)
1951	AA A	Davenport (Loren Wulf-Ira Dunsworth-Dick Kerr) TIE - Cedar Rapids, Roosevelt (Eldon Hasley-George Johnson-Dave Anderson) and
	^	Charles City (Bill Fleuher-Roy Bever-Stanley Tolliver)
	В	Marion (Gerald Walker-Ernie Gates-Eugene Gonsales)
	С	Stanley (Burton Moore-Tommy Doyle-Dewey Geary)
1952	AA	Des Moines, North (Caesar Smith-Dan Marin-Oscar Maldonado)
	Α	Marion (Gerald Walker-Leo Corporon-Eugene Gonsales)
	B C	Eldora (Jerry Crosser-Clyde Callahan-Jerry Cleveland) Underwood (Garold Ryan-George Lee-Paul Ryan)
	O	Chachwood (Carola Nyah George Ede Faar Nyah)
1953	AA	Des Moines, North (Caesar Smith-Oscar Maldonado-Jerry Hawkins)
	A B	Marion (Gerald Walker-Leo Corporan-Bob Fernow) Eldora (Dan Munson-Kenny Brock-Art Berg)
	C	Underwood (Paul Ryan-George Lee-Ed Turk)
1954	AA	Des Moines, Tech (Brian Travis-Jim Black-Jim Jones)
1334	A	Marion (Dick Jacobs-Ron Franklin-Vince Holt)
	В	Eldora (Ken Brock-Art Berg-Dan Munson)
	С	Underwood (George Lee-Paul Ryan-Bob Hough)
1955	AA	Des Moines, Tech (Brian Travis-Fred Keller-Dale McDaniel)
	Α	Valley, WDM (Deryl King-Gary Crow-Jon Ingraham)
	B C	LeClaire (Homer Lattimer-Tom Tilton-Jimmy Bremmer) Elliott (Lyle Shires-Dale Elwood-Jerry Thompson)
	O	Elliott (Lyle Shilles-Dale Liwood-Serry Thompson)
1956	AA	Des Moines, Tech (Fred Keller-Jim Bell-Dave Murray)
	A B	Clarinda (John Woolson-Ken Hughes-Jerry Carlson) LeClaire (Homer Lattimer-Tom Tilton-Jim Bremmer)
	C	Sheffield (Bill Eno-Don Wearda-Marv Corporon)
1957	AAA	Sioux City, Central (Tom Rivers-Dave Pettit-Bob Carley)
	AA	Oskaloosa (Konrad Billhardt-Ivan Ancell-John Quarton)
	Α	Decorah (Ron Olson-Wayne Benzing-Paul Estrem)
	B C	Saydel (John Raveling-Bob Lowe-Jack Kyle) Menlo (Raymond Miller-Brian Stemm-Tom Adamson)
	C	Mone (Naymona Millor Bharrotenini Totti Adamson)
1958	AAA	Sioux City, Central (Eugene Rave-Dave Pettit-John Peters)
	AA A	Decorah (Ron Olson-Wayne Benzing-Don Roney) Marion (Dick Stickney-Don Grant-Robert McDowell)
	В	Sheffield (Bill Taylor-Marvin Corporon-Dennis Blankenship)
	С	LuVerne (Earl Hanselman-Kenny Wilhelm-Charles Weber)

1959	AAA AA A B C	Des Moines, Tech (David Brown-Gregary Leaper-Richard Helm) Decorah (Ron Olson-Don Roney-Gary Hall) South Page, College Springs (Joe Henderson-Norman Johnston-Jim Ripley) Underwood (Ron Hough-Kenneth Cahrs-Larry Barganquast) LuVerne (Earl Hanselman-Paul Gilligan-John Schade)
1960	AAA AA A B C	Des Moines, Tech (Richard Helm-David Lee-Bruce Adair) Marshalltown (John Readout-Bill Perry-George Bell) Winterset (Tom Good-Dennis Cline-Steven Cline) South Page, College Springs (Joe Henderson-Roger Hamm-Dennis McMillen) LuVerne (John Schade-Paul Gilligan-Bernard Schade)
1961	AAA AA A B C	Sioux City, Central (Don Rivers-Jim Wilson-Dennis Thomsen) Marshalltown (John Readout-Steve Brintnall-Merrill Moore) West Sioux, Hawarden (Ed Eneboe-Tim White-Rodney Vellinga) Odebolt-Arthur (Dennis Anderson-Larry Johnson-Dennis Dinges) Klemme (Art Hoffman-Jerry Murray-Bill McCollaugh)
1962	AAA AA A B	Des Moines, Tech (David Lee-Darryl Green-Bruce Adair) Valley, West Des Moines (Ron Griffith-Roger Hansen-Pat Redden) Clarinda (Merlin Lewis-Curtis Meier-Ronald Taylor) (TIE) Odebolt-Arthur (Dennis Dinges-Larry Johnson-Ben Buehler) and Sheffield-Chapin (Lester Corporon-Ron Zickefoose-John LaRoque) LuVerne (Bernard Schade-George Hanselman-Ray Welter)
1963	AAA AA A B C	Sioux City, Central (Dave Compton-Steve Gerkin-Ed Jensen) Grinnell-Newburg (Ed Humphrey-Gary Lawson-Dennis Palmer) Clarinda (Ronald Taylor-Galen Lininger-John Scrivner) Anita (Dennis Reed-Tom Denny-Larry Ruggles) Sheffield-Chapin (Charles Schmalbeck-Bill Loeffelhardt-Les Corporon)
1964	AAAA AAA AA A B C	Sioux City, Central (Dave Compton-Steve Gerkin-Doug Smith) Marshalltown (Ken Gallagher-Ted Fulk-Jack Koerber) Decorah (Greg Gilbertson-John Sheridan-Tom Sheridan) Odebolt-Arthur (Tom Halboth-Steve Thayer-Don Anderson) Anita (Tom Denny-Larry Ruggles-Brad Reed) Miles (Gorden Hansen-Charles Bales-George Ackerman)
1965	AAAA AAA AA A B C	Sioux City, Central (Doug Smith-Steve Gerkin-John Samore) Marshalltown (Joe Rohach-Ted Fulk-Duane Berger) Red Oak (Paul Fish-Don Jenkins-Steve Bowman) Aquin, Cascade (Calvin Coohey-Daniel Manternach-Mark Ressler) Madrid (Dick Jensen-Danny Woodlund-Kenny Woodlund) Charles City, Immaculate Conception (Joseph Byrne-Pat Regan-Steve Kuhn)
1966	AAAA AAA AA A B C	Sioux City, Central (Doug Smith-Greg Coons-Ken Bern) Marshalltown (Joe Rohach-Ted Fulk-Steve Beatty) (TIE) Red Oak (Bob Wilson-Paul Werts-Lynn Ellis) and Decorah (Mark Aschim-David Morstad-Arvi Rebasso) Cascade, Aquin (Calvin Coohey-Dan Manternach-John Althoff) Farragut (Bernie Hughes-George Hughes-Tom Shull) Lincoln Central, Gruver (Mike Origer-Mike Nichols-Torval Eide)
1967	AAAA AAA AA A B C	Sioux City, Central (Doug Smith-Rich Wilson-Steve Koson) Ames (Greg Dengler-Dave Powell-Chuck Maurer) Red Oak (Bob Wilson-Lynn Ellis-Paul Werts) Decorah (Mark Aschim-Dennis Ellingson-Arvi Rebasso) Pekin, Packwood (Larry Greiner-Vern Wonderlich-Randy Lowenberg) (TIE) North Winneshiek (Mark Quandahl-Norbert Lovstuen-Harold Rosendahl) Cedar Valley, Somers (John Turner-Bob Carlson-Paul Welter)

1968	AAAA AAA AA A B C	Des Moines, Lincoln (John McDonald-Steve Nordenson-Phil Valgarino) Ames (Dave Powell-Hugh Collins-Tom Montag) Urbandale (Tom Kielty-Ron Keller-Dave Meshek) Decorah (Mark Aschim-Dennis Ellingson-Jim Ziegelmaier) Pekin, Packwood (Randy Lowenberg-Joe Adam-Vern Wonderlich) Miles (Mike Cassaday-Steve Seamer-Pat Cassaday)
1969	AAAA AAA	Cedar Falls (Dan Alderman-Mike Wilson-Mike Hankins) Columbus Catholic, Waterloo (Dave Krantz-Mark Borich-Mike Burke)
	AA	Ankeny (Lee Schreurs-Mark Trusty-Dan Marquardt)
	Α	Chariton (Gary Mason-Greg Lewis-Mike Patterson)
	В	Central Lyon, Rock Rapids (Stan Timmer-Roy Lubbers-Doug Dunn)
	C D	Beaman-Conrad (Bob Schleisman-Brad Stevens-David Juchems) Miles (Steve Seamer-Pat Cassady-Gary Wilcke)
	_	The contract of the contract o
1970	AAAA	Waterloo, West (Ron Peters-Larry Carter-Chip Meier-Dave Narveson)
	AAA AA	Des Moines, Hoover (Bob Hughes-Frank Willborne-Rich Hall-Tom Howland) Urbandale (Mark Davis-Dave Steffen-Larry Moore-Bruce Bornman)
	AA	Osage (Lawrence Indra-Loran Erdman-Pete Indra-Kevin Hanson)
	В	Aquinas, Fort Madison (Charley Rump-Bill Wagner-Randy Bohl-Kurt Rump)
	С	BGM, Brooklyn (Ron Longnecker-Dave Bazyn-Garland Roth-Don Longnecker)
	D	Garnavillo (Gary Werger-Alan Werger-Rick Allyn-Russ Tindell)
1971	AAAA	Davenport, Central (Gregg Newell-Frosty Borland-Tim Cornish-Mark Olson)
	AAA	Columbus Catholic, Waterloo (Bob Connell-Mike Powers-Dave Riley-Dale Hansen)
	AA	Indianola (Mike Burns-Jeff Allsup-Sean McGuire-John Essick)
	A B	Sheldon (Rex Madsen-Dan Castle-Jeff Hesebeck-Pat Cappes) Aquinas, Fort Madison (Charles Rump-Bill Wagner-Dennis Beach-Mike Huffman)
	C	Johnston (John Trier-Darrell Cox-Ron Gomis-Dan Heithoff)
	D	Notre Dame, Cresco (Jeff Fraser-Stan Potter-Bill Ferrie-Mark Montague)
1972	AAAA	Mason City (Mark Johnson-Dave Runge-John Dunn-Barry Brandt)
	AAA	Columbus Catholic, Waterloo (Dale Hansen-Mike Duncan-Phil Schaffer-Dave Schmidt)
	AA	Indianola (Mark Bishop-Mike Burns-Shawn McGuire-Jeff Allsup)
	A	Decorah (Mike Nelson-Jeff Seim-Fred Schultz-Mike Sloan)
	B C	Johnston (John Trier-Ron Gomis-Darrell Cox-Steve Wickner) Tri-County, Thornburg (Dave Briggs-Chuck Moore-Den Green-Jeff Goldsmith)
	D	Garnavillo (Gary Werger-Bob Rodenberg-Lon Kuehl-Russ Tindell)
1973	AAAA	Mason City (Barry Brandt-John Dunn-Mike Jones-Mark Young)
1973	AAA	Ames (Mark Grover-Greg Prestemon-Dick Bailey-Dean Dass)
	AA	Lewis Central (Boyd Nansel-Ed Croson-Don Wood-Andy Everson)
	Α	
		Western Christian, Hull (Randy Grevengoed-Bernie Haan-Carl DeJong-Evan Blom)
	В	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener)
	B C	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener) Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles)
	В	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener)
107/	B C D	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener) Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles) (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy)
1974	B C D	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener) Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles) (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy) Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek)
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1974 1975	AAAA AAA AAA AAA AAA AAA AAAA AAAA AAAAA	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener) Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles) (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy) Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek) Dowling Catholic, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione) Assumption, Davenport (Gene McGivern-Dave Nix-Tony Valainis-Steve High) Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams) Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Warnemunde) Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel) Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer) Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina)
	AAAA AAA AAA AAA	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener) Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles) (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy) Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek) Dowling Catholic, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione) Assumption, Davenport (Gene McGivern-Dave Nix-Tony Valainis-Steve High) Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams) Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Warnemunde) Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel) Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer) Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina) Ames (Jon Mathiason-Chuck Gratto-John Aurand-Mitch Delaney)
	AAAA AAA AAA AAA AAA AAA AAAA AAAA AAAAA	Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener) Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles) (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy) Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek) Dowling Catholic, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione) Assumption, Davenport (Gene McGivern-Dave Nix-Tony Valainis-Steve High) Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams) Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Warnemunde) Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel) Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer) Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina)

	B C D	Tipton (Brett Eggert-Joe Pelzer-Tom Weih-Ed Pelser) Aquin, Cascade (Pat Hayes-Jerry Decker-Phil Kauder-Jim Trumm) Odebolt-Arthur (Nate Kitterman-Randy Lundberg-Brad Gehrke-John Simpson)
1976	AA A B C	Clinton (Paul Rickerl-Mike Schall-Mike Holle-Bob Emmons) Decorah (Dave Averill-Lyle Klotzbach-Derek Loeb-Randy Fitzgerald) Unity Christian, Orange City (Greg Kuiper-Stanton Visser-Dan Kroeze-Dan Kuiper) Bancroft, St John's (Larry Hellman-Al Brandenburg-Tony Marlow-Ron Studer)
1977	AA A B C	Des Moines, Hoover (Mike Diment-Marty Wiedemann-Dale Jankovitz-Tim Hall) Decorah (Randy Fitzgerald-Lyle Klotzbach-Tom Hasvold-Eric Henrikson) Unity Christian, Orange City (Stanton Visser-Dan Kroege-Mark Pluim-Dan Kuiper) Bancroft, St John's (Larry Hellman-Al Brandenburg-Ron Studer-Mark Bradley)
1978	AA A B C	Muscatine (Jeff Fick-Chris Ales-Tony Shellabarger-Mike Allbee) Decorah (Dave Averill-Brian Tjelta-Jon Estren-Tom Hasvold) Aquinas, Fort Madison (Jim McGee-Steve Welding-Randy Biemhorst-Bob McGee) Garnavillo (Brian Brase-Tom Berns-Art Gomez-Tracy Werges)
1979	AA A B C	Clinton (Jeff Jacobs-Shawn Spooner-Lorne Burgess-Rob Ebensberger) Centerville (Henry Moritz-Randy Felkner-Dwayne Johnson-Bill Weideman) Newman Catholic, Mason City (Mike Karamitros-John Cahalan-Chuck Knapp-Dan Cahalan) Aquinas, Fort Madison (Jim McGee-Bob McGee-Glenn Steffensmeier-Steve Welding)
1980	AA A B C	Waverly-Shell Rock (Tom Cornish-Dan Huston-Joel Alexander-Mike Zrostlik) Knoxville (T.K. Wignall-Rick Kaster-Stacy Washington-Mike Ritter) Kee, Lansing (Mike Hawes-Brian Hawes-Shawn Connor-Keith Moore) Cardinal Stritch, Keokuk (Dan Schreck-Andrew Harsch-Jeff Bohnet-Mark Inman)
1981	3-A 2-A 1-A	Clinton (Jeff Jacobs-Jon Menges-Loran Storts-Tom Bentley) Sheldon (Bill Kerkeart-Steve Drenkow-Steve Tolk-Scott Engelhart) Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Keith Moore)
1982	3-A 2-A 1-A	Clinton (Loran Storts-Mike Asmus-Jon Menges-Jim Jungjohann) Western Christian (Mike Grevengoed-Mike Kooistra-Greg Vandekamp-Morry Horstmann) Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Bill Wilkins)
1983	3-A 2-A 1-A	Ames (Jeff Burris-Dave Voss-Jim Thomas-Scott Whigham) Cascade (Kyle Kauder-Phil Decker-Brian Annis-Dave Hoffmann) Unity Christian, Orange City (Henry Byl-Dennis Dokter-Randy Rowenhorst-Marlin Schoenhoven)
1984	3-A 2-A 1-A	Clinton (Jim Jungjohann-Mike Walker-Brad Wall-Russell Johnson) Eagle Grove (Tim Coltvet-Mark Sampson-Jeff Pickering-Rick Coltvet) Northern Univ. High, Cedar Falls (Trent Timson-Steve Budlong-Kyle Christianson-Per Ove Berg)
1985	3-A 2-A 1-A	Dowling Catholic, WDM (John Schuster-Steve Schweizer-Kev Miller-Doug Biorger) Cascade (Doug Hunt-Phil Lindauer-Kevin Kearney-Matt Nauman) No. Univ. High, Cedar Falls Trent Timson-Kyle Christianson-Jon Klinkowitz-Jackson Lounsberry)
1986	3-A 2-A 1-A	Clinton (Brad Wall-Dave Ladehoff-Craig Andresen-Brian Wall) Cascade (Steve Kremer-Doug Hunt-Kevin Kearney-Pat Henneberry) Woodbine (Rich Barry-Rex Baxter-Jason Barry-Bill Stephany)
1987	3-A 2-A 1-A	Dubuque, Senior (Tory Tepp-Eric Walsh-Greg Hughes-Joe Marshall) Eagle Grove (Mark Sampson-Chris Tofteberg-Pat Wieth-Rick Coltvet) Woodbine (Jason Barry-Rex Baxter-Scott Tucker-Bill Stephany)
1988	3-A 2-A 1-A	Iowa City, West (Dean Colony-Brian Mildenstein-Sean Boyle-Damian Savarino-Todd Lane) Shenandoah (Brian Hornbuckle-Mike Falk-Jason Armstrong-Andy Campbell-Pat McDermott) Kee, Lansing (Max Flack-Jesse Delaney-Mike Mitchell-Andy Wagner-Paul Manning)

1989	3-A 2-A 1-A	Ames (Damon Hawn-Brian Campbell-Guy Willey-Steve Beaudry-Jon Ramsey) Shenandoah (Chris Willeman-Jason Armstrong-Pat McDermott-Andy Campbell-Brian Hornbuckle) Kee, Lansing (Jesse Delaney-Andy Wagner-Max Flack-Paul Manning-Eric Van Brocklin)
1990	3-A 2-A 1-A	Muscatine (Jonathan Estabrook-Ryan Willits-Ahren Gross-Chad Hanna-Steve Leach) Decorah (Brent McGrew-Chris Olson-Niels Anderson-Tobin Laursen-David Tollefson) Jesup (Chad Weber-Darin Kite-Matt Jones-Clint Even-Matt Erpelding)
1991	3-A 2-A 1-A	Iowa City, City High (Dave Novotny-Erik Frank-Steve Kurth-Josh Briggs-Mike Robinson) Shenandoah-Essex (Chris Willeman-Aaron Widger-Neil Shull-Brian Lee-Mick Sederburg) Williamsburg (Brad Dubbels-Shane Sandersfeld-Tony Folkmann-Brian Fetzer-Tyson Greiner)
1992	3-A 2-A 1-A	lowa City, City High (Erik Frank-Steve Kurth-Jason Keese-Nile Heefner-Sam Argall) Decorah (Brent McGrew-Lynnferd Begay-Greg Suhr-Matt Svenson-Terry Hageman) St. Albert, Council Bluffs (Corey Stock-Phil Hasenkamp-Shawn Jones-Danny Stock-Jason Smith)
1993	3-A 2-A 1-A	Iowa City, City High (Steve Kurth-Mike Robinson-Sam Argall-Ryan Slebos-A.J. Johnson) Waukon (Adam Kolsrud-Mike Cunningham-Kevin Egan-Chris Hoisington-Joey Zimmerli) Regina, Iowa City (T.J. Craig-Brett Jondle-Brian Donohoe-Marty Mozena-Matt Bielicke)
1994	3-A 2-A 1-A	Iowa City, City High (Ross Conklin-Jesse Ammerman-Ryan Slebos-Tim Ocheltree-John McMurray) Humboldt (Jon Lindaman-Chris Taylor-Mike Staver-Michael Carlson-Trent Biederman) Denver (Josh Illian-Clint Coberly-Aaron Homan-Jeff Brettman-Dave Hansen)
1995	3-A 2-A 1-A	Dubuque, Senior (Rob Brock-Trent Corey-David Repass-Nate Smith-Christian Borgwardt) Waukon (Nick Nordheim-Chris Hoisington-Mike Cunningham-Abe Regan-Brad Peter) Iowa Mennonite School, Kalona (J.J. Roetlin-Brian Miller-Randy Ho-Joel Beachy-David Huerta)
1996	3-A 2-A 1-A	Iowa City, City High (Mark McPherson-John Hensley-T.J. Elbert-Luke Young-Jacob Smith) Waukon (Nick Nordheim-Mike Cunningham-Chris Hoisington-Brad Peter-Abe Regan) Calamus-Wheatland (Tait Steines-Josh Maxwell-Kerry Burzlaff-Camden Bousselot-Jeff Leinen)
1997	3-A 2-A 1-A	Iowa City, City High (Bob Moreno-John Farlinger-David Rogers-John Hensley-Eric Mittman) Waukon (Justin Larson-Eddie Frick-Steve Winters-Joe Johnson-Chris Beardmore) Regina, Iowa City (Justin Kron-Cam Messier-Tony Bothell-Matt McCue-Jason Figg)
1998	3-A 2-A 1-A	Dubuque, Senior (Tim Orris-Christian Borgwardt-Jim Rang-Chris Coffey-Tyler Borgwardt) Waukon (Eddie Frick-Cody Kammeyer-Kirk Deal-Ben Stamper-Josh Tweedy) Regina, Iowa City (Cam Messier-Tony Bothell-Masashi Shiokawa-Matt McCue-Spencer Kathol)
1999	3-A 2-A 1-A	Iowa City, City High (Eric Mittman-Bob Moreno-Paul Kresowik-Quincy Ely-Cate-Jeff Spence) Waukon (Eddie Frick-Kirk Deal-Ben Stamper-Cody Kammeyer-Justin Lyons) West Sioux, Hawarden (Jerod Bruget-Dan Huitink-Ryan Koopmans-Derek Bockelman-Greg Schouten)
2000	3-A 2-A 1-A	Iowa City, City High (Jeremy Mims-Jon Lamb-Quincy Ely-Cate-Mark Kresowik-Bo Rydze) Central Clinton (Matt Niemann-Shawn Dunnegan-Kevin Hansen-Tyler Mueller-Mitch Hansen) Wapsie Valley (Andrew Westendorf-Ryan Cox-Josh Moen-Keith Brunscheon-Mike Leehey)
2001	3-A 2-A 1-A	Des Moines, Roosevelt (Andy Johnson-Austin Williamson-Dave Deng-Thom Waters-Pat Tonka) Central Clinton, DeWitt (Tyler Mueller-Shawn Dunnegan-Mitch Hanson-Zach Betz-Ben Hall) Bennett-Durant (Justin Buesing-Kaylon Spengler-Chad August-Adam Price-Jack Flack)
2002	3-A 2-A 1-A	Des Moines, Roosevelt (Austin Williamson-Kiel Uhl-Jon Thomas-Yawusa Kinda-Jeremiah Donga) Waukon (Junior Swart-Andy Schon-Tom Cunningham-Eric Osterhaus-Corbett Grimstad) Nodaway Valley (Mark Holan-Micah Holan-Heath Brown-Lance Queck-Alan Miller)
2003	4-A 3-A 2-A 1-A	Des Moines, Roosevelt (Jon Thomas-Kiel Uhl-Austin Williamson-Thom Walters-Jeremiah Donga) Wahlert, Dubuque (Ryan Dolan-John Page-Brian Koch-Matt Ross-Andrew Weber) Western Christian, Hull (Brett Kroeze, Derek Kraayenbrink-Zach Van Ginkel-Aaron Teerink-Darin Keizer) Regina, Iowa City (Tom Ries-Matt Larew-Michael Sinkey-John Dwyer-Chase Wombacher)

2004	4-A 3-A	Cedar Falls (Brian Chenoweth-Steve Arntson-Dan Chenoweth-Jason Mitchell-Cyrus Moussavi) Wahlert, Dubuque (Ryan Dolan-Scott Breitfelder-Jacob Bahl-Tyler Meyer-Brian Koch)
	2-A 1-A	Regina, Iowa City (Robert Ingram-Michael Sinkey-John Dwyer-Jeff Ross-Tom Ries) Wapsie Valley, Fairbank (Corey Happel-Chris Moen-Ethan Conner-Kory Heineman-Lee Schneider)
2005	4-A	Cedar Falls (Steve Arntson-Jason Mitchell-Alex Mark-Patrick Davis-Jason Knox)
	3-A 2-A	Mount Vernon-Lisbon (Jake Vozenilek-Eyasu Russell-Keegan Kuhn-Fitsum Russell-Aaron Schmidt)
	1-A	Western Christian, Hull (Dalton Lems-Zach VanGinkel-Jon Bierma-Darin Keizer-Josh Van Grouw) Wapsie Valley, Fairbank (Keith Ryan- Kory Heineman-Corey Happel-Ethan Conner-John Schmitz)
2006	4-A	Pleasant Valley (Devin Allbaugh-Blake Irwin-Jordan Lang-Charlie Paul-Mike Hemming)
	3-A	Xavier, Cedar Rapids (Aaron May-Bryan Washburn-Ryan Knapp-Dan McDermott-Phil Anton)
	2-A 1-A	South Winneshiek, Calmar (Sam Hogenson-Ian Lienau-Adam Hageman-Brett Losen-Mike Schwan) Regina, Iowa City (Bob Ingram-Jeff Ross-Nick Synan-Shawn Sexton-Bryan McGivern)
2007	4-A	Pleasant Valley (Devin Allbaugh-Charlie Paul-Austin O'Brien-Blake Irwin-Jacob Barker)
	3-A	Xavier, Cedar Rapids (Aaron May-Dan McDermott-Brennan McAllister-Austin Steil-Phil Anton)
	2-A	Monticello (Nate Dotterweich-Jud Schneider-Tim Peters-Devin Spensley-Jamie Cooper)
	1-A	Regina, Iowa City (Nick Synan-Jeff Ross-Shawn Sexton-Daniel Bonthius-Grant Luense)
2008	4-A	Pleasant Valley (Austin O'Brien-Zach Bozman-Matt Rubins-Tyler Meseke-Cody Doughan)
	3-A	Algona (Chad Rutledge-Ryan McMahon-Mitchell Davis-Kyle Walker-Alex Kenne)
	2-A 1-A	Spirit Lake (Alec Baldwin-Keith Byers-Tyler Gustafson-Jesse Baldwin-Mitchell O'Neill) South Winneshiek, Calmar (Brett Losen-John Ameling-Ian Lienau-Easton Kuboushek-Tim Baldwin)
2009	4-A	Burlington (Marshall Moyer-JT McCarthy-Kaleb Sterler-Ben Witt-Josh Minard)
	3-A 2-A	Pella (Zach Buchheit-Jon Klein-Zach Wittenberg-Nathan Buchheit-Jon Verhoef) Spirit Lake (Alec Baldwin-Will Norris-Brandon Griffin-Mitchell O'Neill-Keith Byers)
	1-A	Iowa Mennonite School, Kalona (Bill Spencer-Truman Shetler-Seth Miller-Ben Wyse-Drew Powell)
2010	4-A	Prairie, Cedar Rapids (Matt Stocker-Kyle Stocker-Jordan Burns-Justin Burns-Jacob Aune)
	3-A	Wahlert, Dubuque (Brien Nugent-Mike Lieb-Peter Herber-Danny May-Buddy Franson)
	2-A	Regina, Iowa City (Brennan Bogert-David Crompton-Liam Hartley-Matt Edeker-Alex Kumor)
	1-A	No. Univ. High, Cedar Falls (Terry Nielsen-Trai O'Connell-Brandon Culmore-Riley Garcia-Tad Klenske)
2011	4-A	Dowling Catholic, WDM (Cole Decker-Jason Thomas-Jeff DeRocher-Brian Wahlig-Spencer Clark)
	3-A	Pella (Zach Buchheit-Evan Jones-Alex Ropes-Wade Pingel-Tukker Bogaard) Monticello (Michael Melchert-Ben Ahlrichs-JJ Frawley-Tiler Streets-Dallas Lumpa)
	2-A 1-A	St. Albert, Council Bluffs (Josh Sindelar-George Doll-Scott Theulen-Pat Martin-Gus Doll)
2242		
2012	4-A 3-A	Dowling Catholic, WDM (Jason Thomas-Jeff DeRocher-Spencer Clark-Lukas Steffensmeier-Brian Wahlig) Decorah (Kyle Hosting-Patrick Larson-Ethan Pankow-Thomas Knobbe-Isaac Marquardt)
	2-A	Monticello (Michael Melchert-Nick Meyers-JJ Frawley-Dallas Lumpa-Tiler Streets)
	1-A	St. Albert, Council Bluffs (Josh Sindelar-Scott Theulen-Evan Siegrist-Adam Christensen-Gus Doll)
2013	4-A	Prairie, Cedar Rapids (Jake Moore, Isaiah Vlasek, Mitch Pritts, Tysen VanDraska, Zack Fiser)
	3-A	Boone (Chandler Austin, Albert Meier, Jacob Running Horse, Killian Toro, Jordan Murray)
	2-A 1-A	Monticello (Michael Melchert, Ben Ahlrichs, Jordon Loes, Matt Manternach, Anthony Kinley)
	I-A	Denver (Kyle Kehoe, Tanner Johnson, Curren Matthias, Nick Sabelka, Greg Schneider)
2014	4-A	Linn-Mar, Marion (Daniel Murphy, Michael Mather, Ryan Murphy, Bryan Fogarty, Jay Halverson)
	3-A 2-A	Gilbert (Thomas Pollard, Wesley Greder, Bradley Richard, Owen Whitham, Will Greder)
	2-A 1-A	East Marshall (Caleb Benzing, Sam Benzing, Josh Benzing, Nick Meling, Brady Fritz) Bellevue (Andrew Meyer, Andrew Segalla, Aaron Beckley, Josh Sieverding, Jake Till)
2015	4-A	Dowling Catholic, WDM (Ryan Schweizer, Matthew Carmody Matt Frazier, Jack Fink, Skyler Riesberg)
	3-A 2-A	Mount Vernon-Lisbon (Reid Smock, Chase McLaughlin, Jack Young, Thatcher Krob, Liam Conroy) Garner-Hayfield-Ventura (Chase Smith, Reece Smith, Logan Dalbeck, Ray Cataldo, Derek Brown)
	1-A	Nodaway Valley (Shane Breheny, Brayten Funke, Brycen Wallace, Nathan Venteicher, Skyler Rawlings)
		3,7

2016 Dowling Catholic, WDM (Matthew Carmody, Matt Fraizer, Jack Fink, Kevin Conner, Sam Hall) 4A ЗА Mount Vernon-Lisbon (Thatcher Krob, Garrett Herring, Chase McLaughlin, Liam Conroy, Zach Krogmann) 2A Mid-Prairie, Wellman (Peyton Miller, Zach Pettit, Floyd Evan, Marshall Teets, Quinn Schmidt)) 1A Nodaway Valley (Shane Breheny, Brycen Wallace, Brayten Funke, Skyler Rawlings, Tyler Breheny) 2017 4A Pleasant Valley (Konnor Sommer, Anthony Pena, Gavin Smith, Ian Kaffenberger, Parker Huhn) ЗА Gilbert (Rees Tyler, Nathan Patel, John Ockey, Zane Miller, Jason Taylor) 2A George-Little Rock/Cent'l Lyon (Gable Sieperda, Joe Anderson, Blake Johnson, Josh Haken, Taeron Olson) 1A Nodaway Valley (Brycen Wallace, Skyler Rawlings, Joshua Baudler, Tyler Breheny, Ben Breheny) 2018 4A Dowling Catholic (Sam Hall, Zach Fry, Kevin Conner, Cole Schroeder, Mike Gipple) ЗА Gilbert (Rees Tyler, Nathan Patel, John Ockey, Griffin Ruba, Ethan Mesenbrink) 2A Tipton (Caleb Schumaker, Ben Ellis, Trent Pelzer, Landen Hill, Andrew Olseen) 1A Madrid (Sean McDermott, Jason Renze, Gabe Soda, Clay Pehl, Landen Klatt)

INDIVIDUAL CHAMPIONS - YEAR-BY-YEAR

Notes: Some year's times and first names were not available. *Information listed by year is the actual year.*Example 1931 is the date of the meet run in the 1931-32 school year

		Example 1931 is the date of the meet run in the 1931-32 school year	
			2 miles
1922		Gerald Vincent, Ottumwa	NT
1923		Gerald Vincent, Ottumwa	NT
1924		Ralph Cozine, Iowa City, University High	NT
1925		Ralph Cozine, Iowa City, University High	NT
1926		Ralph Cozine, Iowa City, University High	NT
1927		Van Epps, Iowa City, University High	NT
1928		John Garnes, Muscatine	
1929		John Garnes, Muscatine	
		First Official IHSAA Meet in 1930	4.0 miles
4020		(Aio) John Cornes & Dob McClroy, Mysocratine	1.9 miles
1930		(tie) John Garnes & Bob McElroy, Muscatine	
1931		Warren King, Muscatine	
1932		Matthew Bolsem, Oskaloosa	
1933		Dale Wood, Mechanicsville	
1934		John Beebe, Ottumwa	
1935		Vernon (Mike) Evans, Des Moines, East	
1936	_	Vernon (Mike) Evans, Des Moines, East	
1937	A	Carl Gustafson, Des Moines, East	
	В	Marvin Davis, Lamont	
	С	Paul Hammill, LeClaire	NT
1938	Α	Vernon Matsen, Ames	11:19.3
	В	George Vacik, West Branch	
	С	Raymond (Berl) Edmundson, Thornburg	
		3	
1939	Α	Harold Goebel, Knoxville	10:29.8
	В	Richard Wilson, Adel	
	С	Raymond (Berl) Edmundson, Thornburg	
1940	Α	Louis Loper, Council Bluffs, Abraham Lincoln	10:35.2
	В	Lynn Frazier, Iowa City, University High	
	С	Raymond (Berl) Edmundson, Thornburg	
1941	Α	William McLennon, Dubuque	11:17.2
	В	Fred Zollar, Iowa City, University High	11:37.6
	С	William Jackson, Minburn	12:06.7
1942	Α	Martin Grandquist, Des Moines, East	
	В	Edward Smith, Iowa City, University High	12:54.0
	С	No Race Contested	

1943	Α	Vance Walters, Des Moines, East	11:13.5
	В	John Oxley, Marion	11:26.7
	С	Don Gemberling, Mechanicsville	11:38.4
1944	А	Paul Sloan, Des Moines, East	10:58.0
	В	Richard Terrell, Iowa City, University High	
	С	Calvin Robinson, Mechanicsville	
1945	Α	Paul Sloan, Des Moines, East	10:26.4
	В	Richard Terrell, Iowa City, University High	11:19.5
	С	Calvin Robinson, Mechanicsville	
1946	А	Jack Davis, Iowa City	10:32 7
	В	Raymond Petersen, Marion	
	Č	Jack O'Meara, Delmar	
1947	А	Jack Davis, Iowa City	NT
	В	Not contested due to weather	
	C	Not contested due to weather	
1948	AA	Charles Whitaker, Council Bluffs, Abraham Lincoln	10:51.4
	Α	Ocie Trimble, Cedar Rapids, Roosevelt	
	В	Dick McConnell, Nevada	
	C	Bill Lamp, Charlotte	
1949	AA	Don Murray, Des Moines, East	10:44.0
	Α	Larry Manary, Fairfield	
	В	Richard Hotz, Marion	
	С	Neal Bottger, Ollie	
1950	AA	Don Murray, Des Moines, East	10:05.7
	Α	Tom Burch, Des Moines, Tech	10:26.9
	В	Dick Rupert, Monroe	10:13.0
	С	Garold Ryan, Underwood	10:43.5
			<u>1.8 miles</u>
1951	AA	John Aller, Dowling Catholic, Des Moines	9:46.2
	Α	Bill Fleuher, Charles City	10:39.6
	В	Garold Ryan, Underwood	9:50.1
	С	Burton Moore, Stanley	10:41.2
1952	AA	Caesar Smith, Des Moines, North	9:27.5
	Α	Jerry Walker, Marion	10:04.0
	В	Jerry Crosser, Eldora	11:49.8
	С	Garold Ryan, Underwood	10:06.5
1953	AA	Caesar Smith, Des Moines, North	
	Α	Jerry Walker, Marion	
	В	Dan Munson, Eldora	10:29.6
	С	Paul Ryan, Underwood	10:16.7
1954	AA	Bruce Trimble, Cedar Rapids, Roosevelt	
	Α	Dick Jacobs, Marion	
	В	Homer Lattimer, LeClaire	10:13.2
	С	Delos Swanson, Sheffield	9:56.9
1955	AA	Brian Travis, Des Moines, Tech	
	Α	Deryl King, West Des Moines	
	В	Homer Lattimer, LeClaire	
	С	Bob Hough, Underwood	10:02.2

1956	AA	Harry Olson, Decorah	
	Α	Deryl King, West Des Moines	9:48.2
	В	Homer Lattimer, LeClaire	9:35.5
	С	Bill Eno, Sheffield	10:10.9
1957	AAA	Tom Rivers, Sioux City, Central	
	AA	Jessie Fitch, Council Bluffs, Abraham Lincoln	
	Α	Deryl King, West Des Moines	9:32.5
	В	John Raveling, Saydel	10:03.0
	С	Richard Beaver, Cedar	10:05.1
1958	AAA	Ralph Trimble, Cedar Rapids, Jefferson	
	AA	Ron Olson, Decorah	
	Α	John Raveling, Saydel	
	В	Arvene Bradley, Hedrick	
	С	Loren Jasper, Fremont	9:49.1
1959	AAA	Clark Betts, Des Moines, East	
	AA	Ron Olson, Decorah	
	Α	John Raveling, Saydel	
	В	Ron Hough, Underwood	9:51.3
	С	Earl Hanselman, LuVerne	9:55.9
1960	AAA	Don Rivers, Sioux City, Central	
	AA	Larry Ancell, Oskaloosa	9:06.5
	Α	Tom Good, Winterset	9:44.5
	В	Joe Henderson, South Page, College Springs	9:08.6
	С	John Schade, LuVerne	10:41.5
1961	AAA	Don Rivers, Sioux City, Central	
	AA	John Readout, Marshalltown	
	Α	Ed Eneboe, West Sioux, Hawarden	
	В	Obie Thompson, Lamoni	9:40.7
	С	Art Hoffman, Klemme	10:13.9
1962	AAA	David Lee, Des Moines, Tech	
	AA	Ron Griffith, Valley, West Des Moines	
	Α	Curtis LaBond, Ankeny	
	В	Dennis Reed, Anita	
	С	Bernard Schade, LuVerne	9:44.0
1963	AAA	Dave Compton, Sioux City, Central	
	AA	Ron Griffith, Valley, West Des Moines	
	Α	Curtis LaBond, Ankeny	
	В	Dan Bolin, South Page, College Springs	
	С	John Parker, Bayard	9:46.1
1964	AAAA	Dave Compton, Sioux City, Central	
	AAA	Ken Gallagher, Marshalltown	
	AA	James Bowerman, Sheldon	
	Α	Don Greiner, Pekin, Packwood	9:33.3
	В	Tom Denny, Anita	
	С	Larry Sellers, Russell	9:51.5
1965	AAAA	Doug Smith, Sioux City, Central	8:51.8
	AAA	Joe Rohach, Marshalltown	
	AA	Paul Fish, Red Oak	9:25.1
	Α	Daryl Rockey, Urbandale	9:31.1
	В	Richard Jensen, Madrid	
	С	Joseph Byrne, Charles City, Immaculate Conception	9:56.2

1966	AAAA	Doug Smith, Sioux City, Central	
	AAA	Joe Rohach, Marshalltown	9:13.6
	AA	Dan Sanders, Humboldt	
	Α	Calvin Coohey, Aquin, Cascade	9:43.2
	В	Bernie Hughes, Farragut	9:42.8
	С	Doug Beck, Preston	
			2 miles
1967	AAAA	Doug Smith, Sioux City, Central	9:52.1
	AAA	Chuck Schneider, Columbus Catholic, Waterloo	
	AA	Bob Wilson, Red Oak	
	A	Dan Sanders, Humboldt	
	В	Rick O'Rourke, Villisca	
	С	Mike Cassaday, Miles	10:36.1
1060	AAAA	Tom Carrizales, Dec Maines, Tech	10.04 5
1900		Tom Carrizales, Des Moines, Tech	
	AAA	Dave Krantz, Columbus Catholic, Waterloo	
	AA	Tom Kielty, Urbandale	
	A	Mark Aschim, Decorah	
	В	Rick O'Rourke, Villisca	
	С	Mike Cassaday, Miles	10:18.6
1969	AAAA	Mark Johnson, Mason City	10:00 0
	AAA	Dave Krantz, Columbus Catholic, Waterloo	
	AA	Dennis Schultz, West Delaware, Manchester	
	A	Chuck Cassell, Bishop Garrigan, Algona	
	В	Steve Sundell, Odebolt-Arthur	
	C	Rick O'Rourke, Villisca	
	D	Curt Hoegh, Elk Horn-Kimballton	
	D	Curt Hoegri, Elk Horri-Kimbalitori	10.13.0
1970	AAAA	Mark Johnson, Mason City	9:53.3
	AAA	Tom Schoberg, Bishop Heelan, Sioux City	
	AA	Paul Hanson, Indianola	
	Α	Dave Bell, Eagle Grove	
	В	Charley Rump, Aquinas, Fort Madison	
	Ċ	Mark Skahill, Villisca	
	Ď	Art Milliken, Hedrick	
1971	AAAA	Mark Johnson, Mason City	9:33.9
	AAA	Bob Connell, Columbus, Waterloo	
	AA	Larry Moore, Urbandale	10:14.9
	Α	David Bell, Eagle Grove	9:53.0
	В	Steve MacTaggart, Starmont, Strawberry Point	10:14.1
	С	Mark Skahill, Villisca	10:21.3
	D	Phil Coppess, Oxford Junction	
4070		M. I. I. I. M. O'r	2 42 2
1972	AAAA	Mark Johnson, Mason City	
	AAA	Dale Hansen, Columbus Catholic, Waterloo	
	AA	Mark Bishop, Indianola	
	Α	Leo Meade, Mount Pleasant	
	В	Steve MacTaggart, Starmont, Strawberry Point	
	С	Brian Tindall, Pleasantville	
	D	Mike Arey, Preston	10:28.9
1072	A A A A	lim Ficken, Davennert Central	0.40.0
19/3	AAAA AAA	Jim Eicken, Davenport, Central	
	AA	Boyd Nansel, Lewis Central	
	AA	Randy Wilson, Knoxville	
	В	Mike Cregeen, Clarinda	
	C		
	D	Doug Grave, Boyden-Hull	40.4-0
	1.7	INICIA LIGUIGA LACINOUGO LIVOUGO	10.179

1974	AAAA	Jim Eicken, Davenport, Central	
	AAA	Joe Burke, Columbus Catholic, Waterloo	9:30.5
	AA	Mark Bishop, Indianola	9:46.1
	Α	Steve Ostwinkle, Algona	9:55.7
	В	Dan Owen, Adel-DeSoto	10:04.0
	С	Joe Strohman, English Valleys, North English	10:09.5
	D	Mark Hughes, Delwood, Elwood	
1975	AAAA	Rich Fuller, Davenport, Central	9:29.0
	AAA	Randy Jackson, Iowa City, City High	
	AA	Gene McGivern, Assumption, Davenport	
	Α	Blair Renfro, Shenandoah	
	В	Brett Eggert, Tipton	
	Č	Jim Hansen, Dike	
	D	Dwayne Camarigg, Sanborn	
		5 wayno danangg, danborn	
1976	AA	Jim McCauley, Bishop Heelan, Sioux City	9.44 0
.0.0	A	Rick McKean, Missouri Valley	
	В	Jim Hansen, Dike	
	C	Larry Hellman, Bancroft, St. John's	
	C	Larry Heimian, Bandron, St. John's	10.30.0
1977	AA	Mike Diment, Des Moines, Hoover	10:05.2
1911	A		
	В	Jim Zinnel, Algona	
	C	Jon Betz, North Polk, Alleman	
	C	Tom Peacher, Cardinal Stritch, Keokuk	10.29.6
4070	Λ Λ	Kirk Anderson Mason City	0.50.0
1978	AA	Kirk Anderson, Mason City	
	A	Wally Duffy, Shenandoah	
	В	Steve Greiner, Pekin, Packwood	
	С	Tom Peacher, Cardinal Stritch, Keokuk	10:07.0
		The First IUSAA IGUSAII Joint State Championships Was in 1070	
		The First IHSAA-IGHSAU Joint State Championships Was in 1979	
1070	۸۸		0:46.7
1979	AA	Bill Thiesen, Dowling Catholic, West Des Moines	
1979	Α	Bill Thiesen, Dowling Catholic, West Des Moines	9:36.0
1979	A B	Bill Thiesen, Dowling Catholic, West Des Moines	9:36.0 10:02.5
1979	Α	Bill Thiesen, Dowling Catholic, West Des Moines	9:36.0 10:02.5
	A B C	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk	9:36.0 10:02.5 10:11.2
1979 1980	A B C	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines	9:36.0 10:02.5 10:11.2 9:36.0
	A B C AA A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0
	A B C AA A B	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6
	A B C AA A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6
1980	A B C AA A B C	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0
	A B C AA A B C	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0
1980	A B C AA A B C	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:33.0
1980	A B C AA A B C	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:33.0
1980 1981	A B C AA A B C 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:33.0 9:48.8 10:08.7
1980	A B C AA A B C 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City.	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7
1980 1981	A B C AA A B C 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7
1980 1981	A B C AA A B C 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City.	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7
1980 1981 1982	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City. Mike Grevengoed, Western Christian, Hull David Juhl, Dike	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 10:08.2
1980 1981	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2
1980 1981 1982	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2
1980 1981 1982	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2
1980 1981 1982 1983	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull Trent Timson, Northern University High, Cedar Falls	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:38.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2
1980 1981 1982	A B C AA A B C 3-A 1-A 3-A 2-A 1-A 3-A 3-A 3-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull Trent Timson, Northern University High, Cedar Falls Mike Holms, Valley, West Des Moines	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2 9:42.6 9:48.7
1980 1981 1982 1983	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A 3-A 2-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City. Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull Trent Timson, Northern University High, Cedar Falls Mike Holms, Valley, West Des Moines Paul Bunnell, Central Lee, Argyle	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2 9:48.7 9:42.6
1980 1981 1982 1983	A B C AA A B C 3-A 1-A 3-A 2-A 1-A 3-A 3-A 3-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull Trent Timson, Northern University High, Cedar Falls Mike Holms, Valley, West Des Moines	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2 9:48.7 9:42.6
1980 1981 1982 1983	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A 3-A 2-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City. Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull Trent Timson, Northern University High, Cedar Falls Mike Holms, Valley, West Des Moines Paul Bunnell, Central Lee, Argyle	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2 9:42.6 9:48.7 9:52.6
1980 1981 1982 1983	A B C AA A B C 3-A 2-A 1-A 3-A 2-A 1-A 3-A 2-A	Bill Thiesen, Dowling Catholic, West Des Moines Tim Wilson, Osceola, Clarke Mike Martin, Sac City Dan Schreck, Cardinal Stritch, Keokuk Bill Thiesen, Dowling, West Des Moines Tim Wilson, Clarke, Osceola Danny Bauer, English Valleys, North English Marty Gingerich, Iowa Mennonite School, Kalona Jeff Jacobs, Clinton Bill Kerkeart, Sheldon Brian Hawes, Kee, Lansing Bob Soule, Bishop Heelan, Sioux City. Mike Grevengoed, Western Christian, Hull David Juhl, Dike Jerry Anderson, Valley, West Des Moines Mike Kooistra, Western Christian, Hull Trent Timson, Northern University High, Cedar Falls Mike Holms, Valley, West Des Moines Paul Bunnell, Central Lee, Argyle	9:36.0 10:02.5 10:11.2 9:36.0 9:40.0 10:09.6 9:33.0 9:48.8 10:08.7 9:40.8 9:57.6 10:08.2 9:42.6 9:42.6 9:47.4 10:04.2 9:54.6

	1-A	Jeff Hammons, Iowa Valley, Marengo	9:47.4
1986	3-A	Brad Wall, Clinton	9:57.2
	2-A	Mark Brown, Grinnell	10:13.1
	1-A	Dan Krall, West Branch	10:07.5
1987	3-A	Dave Ladehoff, Clinton	5,000 meters
1901	3-A 2-A		
	1-A	Greg Brower, Red Oak Dan Krall, West Branch	
1988	3-A	Kurt Lightner, Des Moines, East	
	2-A	Stacey Detar, Albia	
	1-A	Mark Hammons, Iowa Valley, Marengo	16:14.0
1989	3-A	Dean Colony, Iowa City, West	16:01.9
	2-A	Jeremy Carter, Sheldon	
	1-A	Denny Halligan, West Sioux, Hawarden	
1990	3-A	Jonathan Estabrook, Muscatine	
	2-A	Jeff Joiner, Waukon	
	1-A	Andy Goodman, West Marshall, State Center	16:46.0
1991	3-A	Simeon Wright, Dubuque, Senior	16:15.0
	2-A	Brent McGrew, Decorah	16:36.7
	1-A	Bill Blay, Griswold	16:35.6
1992	3-A	Simeon Wright, Dubuque, Senior	
	2-A	Brent McGrew, Decorah	
	1-A	Bill Blay, Griswold	16:16.2
1993	3-A	Jason Carpenter, Dubuque, Senior	
	2-A	Gary Flugum, Forest City	
	1-A	Marty Dalton, Tri-Center, Neola	15:57.2
1994	3-A	Rob Brock, Dubuque, Senior	15:34.8
	2-A	Jesse Sand, Cedar Rapids, Regis	
	1-A	Chris Schaefer, Lincoln, Stanwood/Clarence-Lowden	15:56.9
1995	3-A	Rob Brock, Dubuque, Senior	
	2-A	Dan Reis, Turkey Valley, Jackson Junction	
	1-A	Scott Stanley, Malvern	16:10.0
1996	3-A	Trent Corey, Dubuque, Senior	15:14.0
	2-A	Dan Reis, Turkey Valley, Jackson Junction	15:45.0
	1-A	Tait Steines, Calamus-Wheatland	16:02.0
1997	3-A	Chris Francois, Davenport, North	
	2-A	Nick Herman, Ballard, Huxley	
	1-A	Ryan Pence, Eldora-New Providence	15:56.0
1998	3-A	Chris Francois, Davenport, North	
	2-A	Joe Hughes, South Tama County, Tama	
	1-A	Adam Sundall, Bishop Garrigan, Algona	15:58.0
1999	3-A	Grant Shadden, Marshalltown	
	2-A	Dan Van Engen, Unity Christian, Orange City	
	1-A	Nick Rubel, Marquette, Bellevue	16:13.0
2000	3-A	Ben Glaser, Dowling Catholic, West Des Moines	
	2-A	Maion Hailillon, Eaule Glove	10.04.0

	1-A	Dan Van Engen, Unity Christian, Orange City	15:46.0
2001	3-A	Dan Taylor, Fort Dodge	15:25.0
	2-A	Dylan Davis, A-D-M, Adel	15:49.0
	1-A	Jon Ries, Turkey Valley, Jackson Junction	
2002	3-A	Ryan McCurnin, Mason City	15:21.0
	2-A	Dylan Davis, A-D-M, Adel	15:47.0
	1-A	Aaron Hamilton, Eagle Grove	
2003	4-A	Jon Thomas, Des Moines, Roosevelt	15:18.0
	3-A	Ben Grant, Epworth, Western Dubuque	15:29.0
	2-A	Jacob Berns, MFL, MarMac	16:15.0
	1-A	Eric Sink, Corning	15:57.0
2004	4-A	Kiel Uhl, Des Moines, Roosevelt	
	3-A	Ryan Dolan, Wahlert, Dubuque	
	2-A	Dan Mayer, West Central Valley, Stuart	
	1-A	Tim McKenna, NUH, Cedar Falls	16:50.0
2005	4-A	Stephen Dak, Marshalltown	
	3-A	Isaac Wendland, Charles City	
	2-A	Dan Mayer, West Central Valley, Stuart	
	1-A	Nathan Petesch, Marquette Catholic, Bellevue	16:36.0
2006	4-A	Stephen Dak, Marshalltown	
	3-A	Isaac Wendland, Charles City	
	2-A	Nate Dotterweich, Monticello	
	1-A	Nick Gallagher, Bedford	16:04.0
2007	4-A	Devin Allbaugh, Pleasant Valley	
	3-A	Isaac Wendland, Charles City	
	2-A	Nate Dotterweich, Monticello	
	1-A	Aaron Vosberg, Prairie Valley, Gowrie	15:56.0
2008	4-A	J.T. McCarthy, Burlington	
	3-A	Evan Selsor, Winterset	
	2-A	Eric Thien, Tipton	
	1-A	Drew Sikkema, Prince of Peace, Clinton	15:58.0
2009	4-A	Marshall Moyer, Burlington	
	3-A	Brogan Austin, Boone	
	2-A 1-A	Garret Ehlers, OA-BCIGBill Spencer, Iowa Mennonite School, Kalona	
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2010	4-A	Kevin Lewis, Ottumwa	
	3-A	Johnny Fuller, Glenwood	
	2-A	Alex Baldwin, Spirit Lake	
	1-A	Bill Spencer, Iowa Mennonite School, Kalona	15:54.0
2011	4-A	Ben Anderson, Valley, West Des Moines	
	3-A	Zach Buchheit, Pella	
	2-A	Keith Byers, Spirit Lake	
	1-A	Levi Storjohann, BCLUW, Conrad	
	WC	Jordan Houdeshell, Linn-Mar, Marion	17:04.0
2012	4-A	Jason Thomas, Dowling Catholic, WDM	
	3-A	Chandler Austin, Boone	
	2-A	Will Norris, Spirit Lake	
	1-A	Josh Sindelar, St. Albert, Council Bluff	
	WC	Jordan Houdeshell, Linn-Mar, Marion	18:26.0

2013	4-A	Josh Evans, Linn-Mar, Marion	15:19.4
	3-A	Chandler Austin, Boone	15:05.6
	2-A	Michael Melchert, Monticello	
	1-A	Kyle Kehoe, Denver	
2014	4-A	Daniel Soto, Valley, West Des Moines	15:24.2
	3-A	Thomas Pollard, Gilbert	
	2-A	Eric Lenz, Tipton	
	1-A	Peyton Twedt, West Fork, Sheffield	
2015	4-A	Ryan Schweizer, Dowling Catholic, WDM	15:45.3
	3-A	Logan Murray, Mount Pleasant	
	2-A	C.J. May, Aplington-Parkersburg	
	1-A	Andrew Stumbo, Ogden	
2016	4-A	Patrick Bose, Johnston	15:37.2
	3-A	Jeremy Fopma, Marion	16:02.6
	2-A	Andrew Stumbo, Ogden	15:53.6
	1-A	Riley Bauer, North Union	
2017	4A	Tim Sindt, Ankeny	15:23.7
	3A	Myles Bach, Center Point-Urbana	
	2A	Gable Sieperda, George-Little Rock/Central Lyon	15.18.6
	1A	Riley Bauer, North Union	
2018	4A	Tim Sindt, Ankeny	15:36.0
	3A	Cody Mertens, Mount Pleasant	16:03.1
	2A	Reece Smith, Garner-Hayfield-Ventura	16:00.7
	1A	Sean McDermott, Madrid	16:16.4

ALPHABETICAL LIST OF PAST INDIVIDUAL CHAMPIONS

Allbaugh, Devin	Dowling, Des Moines 1951 Oskaloosa 1960 Valley, West Des Moines 2011 Valley, West Des Moines 1983 Mason City 1978 Preston 1972 Decorah 1968
Austin, Chandler (2)	
Austin, Chandler (2)	Bootie 2012, 13
Bach, Myles	Spirit Lake 2010 English Valleys, North English 1980 North Union 2016, 17 Cedar 1957 Preston 1966 Ottumwa 1934 Eagle Grove 1970, 71 MFL, MarMac 2003 Des Moines, East 1959
Betz, Jon Bishop, Mark (2) Blay, Bill (2)	Indianola 1972, 74 Griswold 1991, 92
Bolin, Dan	
Bolsem, Matthew	Oskaloosa 1932
Bose, Patrick	Johnston 2016

Bottger, Neal	Ollie 1949
Bowerman, James	
Bradley, Arvene	
Brock, Rob (2)	
Brower, Greg	
Brown, Mark	
Buchheit, Zach	
Bunnell, Paul	
Burch, Tom	
Burke, Joe	
Byers, Keith	
Byrne, Joseph	Charles City, Immaculate Conception 1965
Camarigg, Dwayne	Sapharn 1075
Carpenter, Jason	
Carrizales, Tom	
Carter, Jeremy	
Cassell, Chuck	
Cassaday, Mike (2)	
Colony, Dean	
Compton, Dave (2)	
Connell, Bob	
Coohey, Calvin	Aquin, Cascade 1966
Coppess, Phil	Oxford Junction 1971
Corey, Trent	
Cregeen, Mike	
Crosser, Jerry	
•	
Dak, Stephen (2)	Marshalltown 2005, 2006
Dalton, Marty	Tri-Center, Neola 1993
Davis, Dylan (2)	
Davis, Jack (2)	
Davis, Marvin	
Denny, Tom	
Detar, Stacey	
Diment, Mike	
Dolan, Ryan	
Dotterweich, Nate (2)	
Duffy, Wally	
Dully, Wally	Shehanddan 1976
Edmundson, Raymond (Berl) (3)	Thornburg 1938, 39, 40
Eggert, Brett	
Ehlers, Garret	
Eicken, Jim (2)	
Eneboe, Ed	
Eno, Bill	
Estabrook, Jonathan	
Evans, Josh	
Evans, Vernon (Mike) (2)	
Evans, vernon (wike) (2)	Des Mollies, East 1935, 30
Fish, Paul	Red Oak 1965
Fitch, Jessie	
Fleuher, Bill	
Flugum, Gary	
Fopma, Jeremy	
Francois, Chris (2)	
Frazier, Lynn	
Fuller, Johnny	
Fuller, Rich	
1 MIIO1, 1 MOIT	Davenport, Ochilar 1910
Gallagher, Ken	Marshalltown 1964
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Collegher Nick	Padford 2006
Gallagher, Nick	
Garnes, John	
Gemberling, Don	
Gingerich, Marty	
Glaser, Ben	
Goebel, Harold	
Good, Tom	. Winterset 1960
Goodman, Andy	. West Marshall, State Center 1990
Grandquist, Martin	
Grant, Ben	
Grave, Doug	
Greiner, Don	
Greiner, Steve	
Grevengoed, Mike	
Griffith, Ron (2)	
Grover, Mark	
Gustafson, Carl	. Des Moines, East 1937
Halligan, Denny	. West Sioux, Hawarden 1989
Hamilton, Aaron (2)	
Hammill, Paul	-
Hammons, Jeff	
Hammons, Mark	
Hansen, Dale	
Hanselman, Earl	
Hansen, Jim (2)	
Hanson, Paul	
Hawes, Brian	
Hellman, Larry	. Bancroft, St John 1976
Henderson, Joe	. South Page, College Springs 1960
Heppler, Dwaine	. Sheldon 1985
Herman, Nick	
Hoegh, Curt	
Hoffman, Art	
Holms, Mike (2)	
Hotz, Richard	
Hough, Bob	
Hough, Ron	
Hughes, Bernie	
Hughes, Joe	
Hughes, Mark (2)	
1 lugites, wark (2)	. Delwood, Elwood 1973, 74
Jackson, William (Bill)	. Minburn 1941
Jackson, Randy	
Jacobs, Dick	
Jacobs, Jeff	
Jasper, Loren	
Jensen, Richard	
Johnson, Mark (4)	
Joiner, Jeff	
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Juhl, David	. Dike 1962
Kehoe, Kyle	. Denver 2013
Kerkeart, Bill	
Kielty, Tom	
King, Warren	
King, Deryl (3)	
Krall Dan (2)	
Krall, Dan (2)	
Krantz, Dave (2)	. Columbus, vvaterioo 1968, 69

LaBond, Curtis (2)	Ankeny 1962, 63
Ladehoff, Dave	Clinton 1987
Lamp, Bill	Charlotte 1948
Lattimer, Homer (3)	LeClaire 1954, 55, 56
Lee, David	Des Moines, Tech 1962
Lenz, Eric	
Lewis, Kevin	Ottumwa 2010
Lightner, Kurt	Des Moines, East 1988
Loper, Louis	Council Bluffs, Abraham Lincoln 1940
Ludeen, John	Vinton 1936
MarTarrad Otal (0)	Ota 1 Ota- Law Brist 4074 70
MacTaggart, Steve (2)	
Manary, Larry	
Martin, Mike	
Matsen, Vernon	
May, C.J	
Mayer, Dan (2)	
McCarthy, J.T	
McCauley, Jim	
McConnell, Dick	
McCurnin, Ryan	
McDermott, Sean	
McElroy, Bob	
McGivern, Gene	
McGrew, Brent (2)	
McKean, Rick	
McKenna, Tim	
McLennon, William	
Meade, Leo	
Melchert, Michael	Monticello 2013
Mertens, Cody	
Milliken, Art	Hedrick 1970
Moore, Burton	Stanley 1951
Moore, Larry	Urbandale 1971
Moyer, Marshall	
Munson, Dan	Eldora 1953
Murray, Don (2)	Des Moines, East 1949, 50
Murray, Logan	Mount Pleasant 2015
Nancal Royd	Lowis Control 1072
Nansel, Boyd	
Norris, Will	Spirit Lake 2012
Olson, Harry	Decorab 1956
Olson, Ron (2)	
O'Meara, Jack	
Ostwinkle, Steve	
O'Rourke, Rick (3)	
Owen, Dan	
Oxley, John	
Oxiey, John	Manon 1943
Parker, John	Bayard 1963
Peacher, Tom (2)	
Pence, Ryan	
Petersen, Raymond	
Petesch, Nathan	
Pollard, Thomas	
Raveling, John (3)	Saydel 1957, 58, 59
Readout, John	
Reed, Dennis	
Reis, Dan (2)	Turkey Valley, Jackson Jct 1995, 96

Reis, Jon	
Renfro, Blair	Shenandoah 1975
Rivers, Don (2)	Sioux City, Central 1960, 61
Rivers, Tom	Sioux City, Central 1957
Robinson, Calvin (2)	
Rockey, Daryl	
Rohach, Joe (2)	
Rubel, Nick	
Rump, Charley	
Rupert, Dick	
Ryan, Garold (3)	
Ryan, Paul	Underwood 1953
Sand, Jesse	Cedar Rapids, Regis 1994
Sanders, Dan (2)	Humboldt 1966, 67
Schade, Bernard	
Schade, John	
Schaefer, Chris	
Schneider, Chuck	
Schoberg, Tom	
Schreck, Dave	
Schultz, Dennis	
Schweizer, Ryan	
Sellers, Larry	
Selsor, Evan	Winterset 2008
Sieperda, Gable	George-Little Rock/Centr5al Lyon 2017
Shadden. Grant	Marshalltown 1999
Sikkema, Drew	
Sindelar, Josh	
Sindt, Tim (2)	
Sink, Eric	
Skahill, Mark (2)	
Sloan, Paul (2)	
Smith, Edward	
Smith, Caesar (2)	
Smith, Doug (3)	Sioux City, Central 1965, 66, 67
Smith, Reece	Garner-Hayfield-Ventura 2018
Soto, Daniel	Valley, West Des Moines 2014
Soule, Bob	
Spencer, Bill (2)	
Stanley, Scott	
Steines, Tait	
Storjohann, Levi	
Strohman, Joe	
Stumbo, Andrew (2)	
Sundall, Adam	
Sundell, Steve	Odebolt-Arthur 1969
Swanson, Delos	Sheffield 1954
Taylor, Dan	Fort Dodge 2001
Terrell, Richard (2)	
Thiesen, Bill (2)	
Thomas, Jason	
Thomas, Jon	
Thompson, Obie	
Timson, Trent (2)	
Tindall, Brian	
Travis, Brian	Des Moines, Tech 1955
Trimble, Bruce	
Trimble, Ocie	
Trimble, Ralph	
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Twedt, Peyton	West Fork, Sheffield 2014
Uhl, Kiel	Des Moines Roosevelt 2004
Vacik, George Van Engen, Dan (2) Vosberg, Aaron	Unity Christian, Orange City 1999, 2000
Walker, Gerald (Jerry) (2) Wall, Brad Walters, Vance Wendland, Isaac (3) Whitaker, Charles Wilson, Bob Wilson, Randy Wilson, Richard Wilson, Tim (2) Wood, Dale Wright, Simeon (2)	Clinton 1986 Des Moines, East 1943 Charles City 2005, 2006, 2007 Council Bluffs, Abraham Lincoln 1948 Red Oak 1967 Knoxville 1973 Adel 1939 Clarke, Osceola 1979, 80 Mechanicsville 1933
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Achenbach, Gary	Boone 2013
Altena, Alden	Western Christian, Hull 1973
Altfillisch, John (2)	Clarinda 1962, 63
Arens, Jerry	Cresco, Notre Dame 1971
Augustine, Mike (5)	
Becker, Jerry (2)	
Becker, Troy (2)	
Belby, Erik (4)	
Bergan, Bill	
Bjorkgren, Paul (2)	Underwood 1953, 54
Bottorff, Gary (5)	Kee, Lansing 19809, 81, 82, 88, 89
Boughton, Jim (3)	
Bouma, Glenn (2)	
Boyle, George (4)	
Brechler, Paul	Iowa City, University High 1942
Brown, Bob (5)	
Brown, David	Lincoln Central, Gruver 1966
Brown, Steve (3)	Des Moines, Roosevelt 2001, 02, 03
Brown, Victor	Napier 1948
Buelt, Ron	Cardinal Stritch, Keokuk 1980
Burmeister, Darrell (4)	
Carpenter, Dr. M.F. (3)	
Caviness, D.W.	
Chew, Fee	Council Bluffs, Abraham Lincoln 1948
Clefisch, Dale	Sheldon 1981
Coberly, Curt	
Collinge, Cole	Cedar Falls 1969
Conway, Scott (2)	South Winneshiek, Calmar 2006, 08 (co-coach)
Cretzmeyer, F.X. (3)	Des Moines, North 1944, 45, 46

Cutler, Douglas (2)	Pella 2009, 11
Davidshofer, Robert (6)	
Day, Jesse	Davenport 1951
Dean, Ken (5)	Marshalltown 1960, 61, 64, 65, 66
Dennison, Steve	Calamus-Wheatland 1996
DeVault, Dale (4)	Eldora 1952, 53, 54; BCL, Conrad 1969
Dollar, Ambrose	
Dotson, Dick	
Dunsworth, Ira	
Eidahl, Davis (3)	Anita 1963: Pekin Packwood 1967, 68
Ehlinger, I.A	
Elslager, Vern	
Evelzizer, Dennis	
Exline, Dan	Menio 1957
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Fiedler, Curt	
Fiedler, Lori	
Fiete, James	
Fitzgerald, Mike (5)	
Fitzpatrick, Jim	
Freeze, Jim	Tri-County, Thornburg 1972
Geery, Henry	Saydel 1957
Gemberling, D.C. (2)	Mechanicsville 1943, 44
Gingerich, Marty	
Goodell, Tom	
Graves, Ray (5)	
Grothus, Kelly	
Grounds, rieny	ii Maana 210
Halligan, Steve	West Sioux, Hawarden 1999
Halligan, SteveHeidelbauer Harlan (7)	
Heidelbauer, Harlan (7)	Waukon 1993, 95, 96, 97, 98, 99, 2002
Heidelbauer, Harlan (7) Heinitz, Tim (2)	Waukon 1993, 95, 96, 97, 98, 99, 2002 Spirit Lake 2008, 09
Heidelbauer, Harlan (7) Heinitz, Tim (2) Henningsen, Roger (3)	Waukon 1993, 95, 96, 97, 98, 99, 2002 Spirit Lake 2008, 09 Odebolt-Arthur 1961, 62, 64
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Heidelbauer, Harlan (7) Heinitz, Tim (2) Henningsen, Roger (3) Hetrick, Jim (2) Hipple, Les (9)	Waukon 1993, 95, 96, 97, 98, 99, 2002 Spirit Lake 2008, 09 Odebolt-Arthur 1961, 62, 64 Central Clinton, DeWitt 2000, 2001 Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54
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Heidelbauer, Harlan (7) Heinitz, Tim (2) Henningsen, Roger (3) Hetrick, Jim (2) Hipple, Les (9) Hofman, Jim Holsclaw, Bill (6) Horton, Tom (3) Hospers, Eugene Hostetler, Mark (2) Hummel, Phil (2) Hunn, Leonard Hyke, Charles (2) Ives, Tim (5) Jankovitz, Robert Johanson, Roger Johnson, Doug Johnson, Doug Joslin, Doug (2) Juhl, Richard (2) Karpan, Tom (2) Karpan, Tom (2) Kauder, Andrew (2) Kearney, Kevin (2) Kellenberger, Bill	Waukon 1993, 95, 96, 97, 98, 99, 2002 Spirit Lake 2008, 09 Odebolt-Arthur 1961, 62, 64 Central Clinton, DeWitt 2000, 2001 Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54 Burlington 2009 Clinton 1976, 79, 81, 82, 84, 86 Wahlert, Dubuque 2003, 04, 10 Western Christian, Hull 1982 Iowa Mennonite, Kalona 1995; Mid-Prairie 2016 Woodbine 1986, 87 Muscatine 1930 LeClaire 1955, 56 Dowling Catholic, WDM 2011, 12, 15, 16, 18 Des Moines, Hoover 1977 Bellevue 2015 Mount Vernon-Lisbon 2005 Anita 1964 Marshalltown 1974, 75 Dike 1973, 74 Valley, West Des Moines 1955, 62 Xavier, Cedar Rapids 2006, 07 South Winneshiek, Calmar 2006, 08 (co-coach) Assumption, Davenport 1974
Heidelbauer, Harlan (7). Heinitz, Tim (2) Henningsen, Roger (3) Hetrick, Jim (2) Hipple, Les (9) Hofman, Jim Holsclaw, Bill (6) Horton, Tom (3) Hospers, Eugene Hostetler, Mark (2) Hummel, Phil (2) Hunn, Leonard Hyke, Charles (2) Ives, Tim (5) Jankovitz, Robert Johanson, Roger Johnson, Roger Johnson, Doug Joslin, Doug (2) Juhl, Richard (2) Karpan, Tom (2) Kauder, Andrew (2) Kearney, Kevin (2)	Waukon 1993, 95, 96, 97, 98, 99, 2002 Spirit Lake 2008, 09 Odebolt-Arthur 1961, 62, 64 Central Clinton, DeWitt 2000, 2001 Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54 Burlington 2009 Clinton 1976, 79, 81, 82, 84, 86 Wahlert, Dubuque 2003, 04, 10 Western Christian, Hull 1982 Iowa Mennonite, Kalona 1995; Mid-Prairie 2016 Woodbine 1986, 87 Muscatine 1930 LeClaire 1955, 56 Dowling Catholic, WDM 2011, 12, 15, 16, 18 Des Moines, Hoover 1977 Bellevue 2015 Mount Vernon-Lisbon 2005 Anita 1964 Marshalltown 1974, 75 Dike 1973, 74 Valley, West Des Moines 1955, 62 Xavier, Cedar Rapids 2006, 07 South Winneshiek, Calmar 2006, 08 (co-coach) Assumption, Davenport 1974 Decorah 1957, 58, 59, 64, 66, 67, 68

Kroeze, Dan (2)	Western Christian, Hull 2003, 05
Kruger, Arlen (2)	
Kruse, Bill	
Kurth, E.A	
Landas, Darryl (2)	Decorah 1990, 92
Larsen, Buck	
Lee, Robert (5)	
Lindaman, Rich	
Linder, Dave	
Long, Dave (4)	Sheffield-Chapin 1962, 63; Mason City 1972, 73
Lyle, Jim (3)	
Manship, Truman	Charles City 1951
Maresh, Steve (2)	Iowa City, City High 1997, 99
Masche, Robert	
Matthaidess, Troy	Wapsie Valley 2005
McClure, Robert	·
McCord, Jim	Centerville 1979
McCormick, Eugene	
McGaffin, Charles	Winterset 1960
McVicker, Doug	
Millikin, Harlan (2)	
Mitts, Ron (3)	
Morris, Mary	
Morrison, Dick	
Mortimer, Randall	
Murtle, Rodney	
•	
Neill, Craig	Lewis Central, Council Bluffs 1973
Nelson, Irving	Mechanicsville 1946
Newell, Don	Ottumwa 1940
Niggemeyer, Eric	East Marshall, LeGrand 2014
Noll, Don	
Norris, Bill (2)	Ollie 1949; Oskaloosa 1957
Obermiller, Ray (6)	
Ormston, Bill	Ankeny 1969
Palmer, Gayle (2)	
Peterson, Duane	
Peterson, Roger	
Phelan, Steve (2)	
Pollitt, Richard	
Provorse, Bob (2)	
Prussman, Noel	Muscatine 1990
Rannals, Al	
Ray, David	
Reifenrath, Darrell	
Reingardt, Will	
Reis, Mike	
Rogers, Mel	Underwood 1959
Caballa Candy	Denver 2012
Sabelka. Sandy	
Sage, Dave (2)	
Salberg, Chris	
Sauser, Dan (4)	
Schafer, Roy	
Schippers, John	
Schroeder, Don	iviuscaline 1970

Schwarz, Bill (2)	
Shadle, Fred	
Shaffer, Clayton (2)	
Shorey, John	
Short, Jeff	
Silvey, Chuck (6)	
Sinram, Mike	
Skay, Jayme (3)	
Sletten, John (4)	
Snell, Leland	
Stanton, Walt (3)	
Stidolph, Robert	
Stolze, Greg	
Stoppels, Paul	
Stults, Greg	
Swails, Sara	
Swart, Kory (2)	
Swope, Chad (3)	Regina, Iowa City 2006, 07, 10
Tassell, Dennis	Cedar Valley, Somers 1967
Thomas, Aaron (3)	Gilbert 2014, 17, 18
Tuttle, Vaughn	Stanley 1951
VandenBerg, Rich	
VanderLinden, Bob	
Vogelgesang, Dave	Tipton 1975
Walsh, Eric	
Wedemeyer, Ross	
Wehrkamp, Glen (2)	
Weidman, Bob (2)	
Werling, Ron (2)	
Wessels, Wayne (2)	
Whitmore, Tom	
Wickett, Bryce (4)	
Williams, A.L. (Bud) (5)	
Wolfe, Don	Cedar Rapids, Roosevelt 1948

SCHOOLS BOASTING IHSAA INDIVIDUAL STATE CHAMPIONS

ADM, Adel	3	Fairfield	1
Albia	1	Farragut	1
Algona	2	Forest City	1
Ames	2	Fremont	1
Anita	2		
Ankeny	4	Garner-Hayfield-Ventura	1
Aplington-Parkersburg	1	George-Little Rock/Central Lyon	
Aquin, Cascade		Gilbert	
Aquinas, Fort Madison		Glenwood	
Assumption, Davenport		Grinnell	
1 / 1		Griswold	
Ballard, Huxley	1		
Bayard		Hedrick	2
BCLUW, Conrad		Humboldt	
Bedford			
Bishop Garrigan, Algona		Immaculate Conception, Charles City	1
Bishop Heelan, Sioux City		Indianola	3
Boone		Iowa City, City High	
Boyden-Hull		Iowa City, West	
Burlington		Iowa Mennonite School, Kalona	
Builington	∠		
Calamus-Wheatland	4	lowa Valley, MarengoJohnston	
Cardinal Stritch, Keokuk		Johnston	1
		Kan Landan	
Cedar Falls		Kee, Lansing	
Cedar Rapids, Jefferson		Klemme	
Cedar Rapids, Regis		Knoxville	2
Cedar Rapids, Roosevelt			
Center Point-Urbana		Lamoni	
Central Lee, Argyle		Lamont	
Cedar Valley, Somers		LeClaire	
Charles City		Lewis Central	
Charlotte		Linn-Mar, Marion	
Clarke, Osceola		LuVerne	3
Clarinda			
Clinton		Madrid	
Columbus Catholic, Waterloo	6	Malvern	1
Corning	1	Marion	6
Council Bluffs, Abraham Lincoln	3	Marquette, Bellevue	2
		Marshalltown	7
Davenport, Central	3	Mason City	6
Davenport, North	1	Mechanicsville	3
Decorah	6	MFL, MarMac	1
Delmar	1	Miles	2
Delwood, Elwood	2	Minburn	
Denver		Missouri Valley	
Des Moines, East		Monroe	
Des Moines, Hoover		Monticello	
Des Moines, North		Mount Pleasant	_
Des Moines Roosevelt		Muscatine	
Des Moines, Tech		Widocatii io	2
Dike		Nevada	1
Dowling Catholic, DM/West Des Moines		Northern University High, Cedar Falls	
Dubuque, Senior			
Dubuque, Seriioi	/	North Polk, Alleman North Union	
Foglo Crovo	1	NOTHI UTIOTI	2
Eagle Grove		OA BOIC	4
Eldora		OA-BCIG	
Elk Horn-Kimballton		Odebolt-Arthur	
English Valleys, North English		Ollie	
Epworth, Western Dubuque	1	Ogden	2

Oskaloosa 1	Starmont, Strawberry Point	2
Ottumwa	St. Albert, Council Bluffs	
Oxford Junction1	St. John's, Bancroft	1
Pekin 2	Thornburg	3
Pella 1	Tipton	3
Pleasant Valley 1	Tri-Center, Neola	1
Pleasantville 1	Turkey Valley, Jackson Jct	2
Preston 1		
Prince of Peace, Clinton 1	Underwood	6
	Unity Christian, Orange City	2
Red Oak 3	Urbandale	3
Russell 1		
	Valley, West Des Moines1	0
Sac City 1	Villisca	
Sanborn1	Vinton	1
Saydel 3		
Sheffield2	West Branch	3
Sheldon 4	West Central Valley, Stuart	2
Shenandoah2	West Delaware, Manchester	1
Sioux City, Central 8	West Fork, Sheffield	1
South Page, College Springs2	West Sioux, Hawarden	2
South Tama County, Tama1	Western Christian, Hull	2
Spirit Lake	Wahlert, Dubuque	
Stanley 1	Winterset	
Stanwood, Lincoln/Clarence-Lowden 1		

TEAM RUNNER-UP YEAR BY YEAR * Runner-up even though two teams tied for first

1922 1923		Fort Dodge Ottumwa		С	Thornburg
1924 1925 1926 1927		Cedar Rapids, Washington Iowa City, University High Ottumwa Knoxville	1940	В	Fort Madison Williamsburg Thornburg
1928 1929	ISA	Muscatine Des Moines, East A State Meet in 1930	1941	В	Knoxville No Team No Team
1930 1931 1932		Maquoketa Muscatine Muscatine	1942		Cedar Rapids, Franklin (Tie) Redfield; Iowa Falls
1933 1934 1935		Cedar Rapids, Grant (Tie) Ottumwa & Des Moines East Ottumwa	1943	В	Keokuk None None
1936	A B	Ottumwa Janesville (Finchford Cons.)	1944	В	Des Moines, East Washington Zearing
1937	A B C	Ames Vinton LeClaire	1945	A B	Des Moines, East Iowa City, University High Dayton
1938	A B C	Ottumwa Vinton Buffalo Center	1946	В	Iowa City Nevada Delmar
1939	A B	Ottumwa Adel	1947	No tea	m scores kept in classes

1948	A B	Des Moines, East Iowa City Nevada Charlotte	1960	AA A B	Sioux City, Central Oskaloosa West Des Moines Underwood (T) Linn-Mar; So. Hamilton, Randall
1949	A B	Des Moines, North Cedar Rapids, Roosevelt *Iowa City, University High None	1961	AAA AA A	Des Moines, Tech Decorah Clarinda Linn-Mar, Marion
1950	A B	Des Moines, East Cedar Rapids, Roosevelt Iowa City, University Ollie	1962	C AAA AA	LuVerne Sioux City, Central Marshalltown
1951	A B	(T) DM, Dowling; DM, North *Cedar Rapids, McKinley Grinnell		B C	.,
1952	C ΔΔ	(T) Fremont; Oxford Cedar Falls	1963	AA	Dubuque Oskaloosa Red Oak
1932	A B C	Grinnell Garner Stanley		В	Odebolt-Arthur Bayard
4050		•	1964		Des Moines, Tech
1953		Des Moines, East Grinnell			Ames Red Oak
		Osage			West Sioux, Hawarden
	С	Stanley			Alta
1954	۸۸	Des Moines, North		С	Bayard
1334	A		1965	AAAA	Davenport, West
		LeClaire		AAA	Sioux City, East
	С	Sheffield			Grinnell
1955	ΔΔ	Des Moines, Lincoln			West Sioux, Hawarden Fredericksburg
1000		Grinnell			Elwood
	В	Mount Vernon			
	С	Gibson	1966		Des Moines, Tech
1956	AA	Des Moines, Lincoln			Ames *Nevada
	Α	West Des Moines		В	West Sioux, Hawarden
	В	Griswold			Madrid
	С	Grand Junction		D	Bellevue
1957	AAA	(T) DM, East; DM, Roosevelt	1967	AAAA	Des Moines, Tech
		Des Moines, North			Columbus Catholic, Waterloo
	A B	Cedar Falls Sheffield			Eagle Grove Aquin, Cascade
		South Page, College Springs			Prairie, Gowrie
		Tourist age, comage opininge			*Miles
1958		Cedar Rapids, Jefferson	4000		Decreed West
	AA A	Cedar Falls Odebolt-Arthur	1968		Davenport, West Des Moines, Hoover
	В	Eldon			Eagle Grove
	С	Gowrie		Α	Prairie, Cedar Rapids
1959		Sioux City, Central		_	Beaman-Conrad
	AA A	Oskaloosa Clarinda		С	Elk Horn-Kimballton
	В	Sheffield	1969	AAAA	Davenport, West
	С	Agency			Des Moines, Hoover

				С	North Winneshiek, Decorah
	AA A B	West Delaware, Manchester (T) Prairie, CR; Eagle Grove Odebolt-Arthur	1977	2-A	Muscatine Clarke, Osceola
	C D	Montezuma Pocahontas Catholic			Cascade Cardinal Stritch, Keokuk
1970	AAA	Cedar Falls Sioux City, East	1978	Α	Columbus Catholic, Waterloo Cascade
	AA	Indianola Indianola Vinton, Washington			Newman Catholic, Mason City Bancroft, St. John's
		Aquin, Cascade Villisca Hedrick	1979	2-A 1-A B	Pella Christian
1971	AAAA	(T) Mason City; Dowling Catholic, WDM			Cardinal Stritch, Keokuk
		(T) Sioux City, East; Bishop Heelan, Sioux City Grinnell	1980		(T) Clinton; Oelwein Glenwood Belle Plaine
	A B	Eagle Grove North Fayette, West Union		C	Cresco, Notre Dame
	D	Villisca Garnavillo	1981	2-A	Waverly-Shell Rock Knoxville BGM, Brooklyn
1972	AAA	Marshalltown Ames Assumption, Davenport	1982		Ames Sheldon
	A B	Western Christian, Hull Tipton			Gilbert
1973	D	Aquinas, Fort Madison MarMac, McGregor Davenport, West	1983	2-A	Clinton Grinnell No. University High, Cedar Falls
1973	AAA	(T) Columbus Catholic, Waterloo; Dowling Catholic, WDM	1984	2-A	Marshalltown Glenwood
	AA A B	Marion Knoxville Tipton	1985		Unity Christian, Orange City Clinton
	C D	Thornburg *MarMac, McGregor	.000	2-A	Eagle Grove Unity Christian, Orange City
1974	AAA	Davenport, Central Ames	1986	2-A	Dubuque, Senior Clear Lake
	Α	Charles City Algona Tipton	1987		Brooklyn, BGM Indianola
		Unity Christian, Orange City Goldfield		2-A	Cascade Eldora-New Providence
1975	AAA	Waterloo, West Dowling Catholic, WDM	1988	2-A	Clinton Centerville
	AA A B	Boone Decorah West Sioux, Hawarden	1989		South Hamilton, Jewell Muscatine
		Unity Christian, Orange City Clinton, St. Mary's	. 300	2-A	Waukon Belmond
1976	1-A	Marshalltown (T) Centerville; Cherokee	1990	2-A	Des Moines, East Waukon
	В	Lake City		1-A	No. University High, Cedar Falls

1991	2-A	Iowa City, West St. Albert, Co. Bluffs Clinton, Mater Dei	2006		Regina, Iowa City Marshalltown
1992		Dubuque, Senior	2000		Wahlert Catholic, Dubuque
1002	2-A	Waukon Calamus-Wheatland			Monticello Griswold
1993	2-A	Dubuque, Senior Western Christian, Hull Gilbert	2007	3-A 2-A	Des Moines, Roosevelt Pella Wilton South Winneshiek, Calmar
1994	2-A	Wahlert, Dubuque Waukon Eagle Grove	2008	4-A 3-A	Iowa City, City High Pella PCM, Monroe
1995	2-A	Cedar Falls Humboldt		1-A	Iowa Mennonite School, Kalona
1996		Woodbine Cedar Falls	2009	3-A	Prairie, Cedar Rapids Boone South Winneshiek, Calmar
1330	2-A	Nevada Iowa Mennonite School, Kalona		1-A	BCLUW, Conrad
1997		Dubuque, Senior Unity Christian	2010	3-A	Dowling Catholic, WDM Knoxville Spirit Lake
	1-A	Eldora-New Providence		1-A	Central, Elkader
1998	2-A	lowa City, City High Webster City Collins-Maxwell-Baxter	2011	3-A 2-A	Cedar Falls Decorah Gilbert West Lyon
1999	2-A	Marshalltown Unity Christian, Orange City	2012		Pleasant Valley
2000		Dike-New Hartford Des Moines, Roosevelt		2-A	Pella North Polk Denver
2000	2-A	Waukon Regina, Iowa City	2013		Johnston
2001	3-A 2-A	Iowa City, City High Mount Vernon-Lisbon		2-A	Charles City Gilbert West Fork, Sheffield
	1-A	Wapsie Valley	2014	4-A	Prairie, Cedar Rapids
2002	2-A	Valley, West Des Moines Monticello Marquette Catholic, Bellevue		2-A	Mount Vernon-Lisbon Monticello West Fork, Sheffield
2003	3-A 2-A	Iowa City, City High Mount Vernon-Lisbon Nodaway Valley Midland, Wyoming	2015	3-A 2-A	Cedar Falls Grinnell Unity Christian, Orange City Pekin
2004	3-A 2-A	Des Moines, Roosevelt Mount Vernon-Lisbon Western Christian, Hull Central, Elkader	2016	3-A 2-A	Pleasant Valley Grinnell Unity Christian, Orange City Pekin
2005	3-A	Cedar Rapids, Kennedy Wahlert Catholic, Dubuque Clarinda	2017		Dubuque, Hempstead Dallas Center-Grimes

- 2-A Mid-Prairie, Wellman1-A Bellevue
- 4-A Dubuque, Hempstead 2018
 - 3-A Clear Creek-Amana 2-A Bellevue

 - 1-A Calamus-Wheatland

IHSAA TEAM RUNNERS-UP - Alphabetical

A 1.1	4000
	1939
	1959
	1974
	1964
	1937, 64, 66, 72, 74, 82
Aquin, Cascade	1967, 70
Aquinas, Fort Madison	1972
Assumption, Davenport	1972
Banaroft St. John	1978
	1962, 63, 64
	1962, 63, 64
	2009
	1980
	1966, 2017, 18
	1989
	1981, 86
	1971
	1975, 2009
Buffalo Center	1938
Calamus Wheatland	1992, 2018
	1977, 79
	1977, 78, 87
	1952, 57, 58, 70, 95, 96, 2011, 15,
	1942
Cedar Rapids, Grant	193
Cedar Rapids, Jefferson	1958
Cedar Rapids, Kennedy	2005
	1951 1
	1949, 50
	1976, 88
	2004, 10
	1974, 2013
	1948 1
	1976
	1959, 61, 2005
	1977
Clear Creek-Amana	2018
Clear Lake	1986
Clinton	1980, 83, 85, 88
Clinton, St. Mary's; Mater Dei	1975, 91
	1998
	1967, 73, 78
	1980
	2017
	1974
	1965, 68, 69, 73
Dayton	1945 1

Decorah	1961.	, 75, 2011	. 3
Denver	2012		. 1
Des Moines, East	1934.	, 44, 45, 48, 50, 53, 57, 90	. 8
		, 69	
		, 56	
		, 51, 54, 57	
· · · · · · · · · · · · · · · · · · ·		, 2000, 04, 07	
		, 64, 66, 67	
		, 71, 73, 75, 2010	
		, 18	
Dubuque. Senior	1963	, 86, 92, 93, 97	.5
		, 55, 52, 55, 51,	
Fagle Grove	1967	, 68, 69, 71, 85, 94	6
		97	
		, 01	
Liwood	1505		
Fradericksburg	1065		1
FUIT Madisulf	1940		. !
Garnavillo	1071		1
		, 93, 2011, 13	
		, 84	
		50 50 55 00 05 74 00 0045 40	
Grinnell	1951,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10
Grinnell	1951,		10
GrinnellGriswold	1951, 1956,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16 , 2006	10 . 2
Grinnell Griswold Hedrick	1951, 1956, 1970	, 52, 53, 55, 62, 65, 71, 83, 2015, 16 , 2006	10 .2 .1
Grinnell Griswold Hedrick	1951, 1956, 1970	, 52, 53, 55, 62, 65, 71, 83, 2015, 16 , 2006	10 .2 .1
Grinnell Griswold Hedrick Humboldt	1951, 1956, 1970	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola	1951, 1956, 1970 1995	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1
Grinnell	1951, 1956, 1970 1995 1970, 1946,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	.1 .1 .1 .2
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High	1951, 1956, 1970, 1995 1946, 1945,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	.1 .1 .1 .2
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West	1951, 1956, 1970, 1995, 1946, 1945, 1991	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls	1951, 1956, 1970, 1995 1946, 1945, 1991, 1942	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls	1951, 1956, 1970, 1995 1946, 1945, 1991, 1942	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona	1951, 1956, 1970, 1995, 1946, 1945, 1991, 1992, 1996,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated)	1951, 1956, 1970, 1995 1946, 1945, 1991, 1996, 1936	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated)	1951, 1956, 1970, 1995 1946, 1945, 1991, 1996, 1936	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1 .2
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston	1951, 1956, 1970, 1970, 1946, 1945, 1942, 1996, 1936, 2013	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1 .2 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing	1951,1956,1970,1946,1942,1936,1936,2013	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1 .2
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk	1951,1956,1970,1970,1946,1945,1996,1936,1979,1979,1943	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1 .2 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk	1951,1956,1970,1970,1946,1945,1996,1936,1979,1979,1943	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1 .2 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville	1951,1956,1970,1970,1946,1945,1996,1936,20131979,1943,1941,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 .2 .1 .1 .2 .5 .3 .1 .1 .1 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City	1951,1956,1970,1970,1945,1991,1996,2013,1979,1979,1979,1979,1979,1979,1979,1979,1979,1979,1979,1979,1979,1976	, 52, 53, 55, 62, 65, 71, 83, 2015, 16 , 2006 , 87 , 48, 98, 2001, 03, 08 , 49, 50 , 2008	10 .2 .1 .1 .2 .5 .3 .1 .1 .2 .1 .1 .1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire	1951,1956,1970,1945,1942,1936,2013,1943,1943,1943,1943,1976,1976,1976,1976,1976,1976,1976,1976,1937,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion	1951,1956,1970,1970,1946,1945,1936,20131979,1943,1976,1976,1976,1960,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 . 2 . 1 1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion	1951,1956,1970,1970,1946,1945,1936,20131979,1943,1976,1976,1976,1960,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 . 2 . 1 1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa City, West Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion LuVerne	1951,1956,1970,1970,1946,1942,1936,20131979,1941,1976,1960,1961	, 52, 53, 55, 62, 65, 71, 83, 2015, 16 , 2006 , 87 , 48, 98, 2001, 03, 08 , 49, 50 , 2008 , 73, 81, 2010	10 . 1 . 1 . 2 . 5 . 3 . 1 . 1 . 1 . 1 . 1 . 1 . 1 . 1 . 1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa Falls Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion LuVerne Madrid	1951,1956,1970,1946,1942,1936,1979,1943,1979,1941,1960,1961,1966	, 52, 53, 55, 62, 65, 71, 83, 2015, 16 , 2006 , 87 , 48, 98, 2001, 03, 08 , 49, 50 , 2008 , 73, 81, 2010	10 . 2 . 1 . 1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion LuVerne. Madrid Maquoketa	1951,1956,1970,1970,1946,1945,1996,1936,1979,1943,1960,1966,1966,1966,1966,1930	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 . 2 . 1 . 1 . 2 . 5 . 3 . 1 2 1 . 1 1 1 1 1 1 1 1 1 1 1 1
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion LuVerne Madrid Maquoketa Marion	1951,1956,1970,1970,1946,1945,1996,1936,1979,1960,1961,1966,1961,1966,1961,1966,1973,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16, 2006, 387, 48, 98, 2001, 03, 08, 49, 50, 2008, 2008, 54, 61, 2016, 2	10
Grinnell Griswold Hedrick Humboldt Indianola Iowa City; Iowa City, City High Iowa City, University High Iowa Falls Iowa Mennonite, Kalona Janesville (Finchford Consolidated) Johnston Kee, Lansing Keokuk Knoxville Lake City LeClaire Linn-Mar, Marion LuVerne Madrid Maquoketa Marion Mar-Mac, McGregor	1951,1956,1970,1970,1946,1945,1996,1936,1979,1960,1961,1966,1961,1963,1961,1963,1973,1973,1973,1973,1972,	, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10 2 .1 .1 .2 .5 .3 .1 .1 .1 .1 .1 .1 .1 .2 .2 .1 .1 .2 .2

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	1962, 72, 76, 84, 99, 2006
	1971
	2017
	2003
Miles	1967 1
Montezuma	1969 1
Monticello	2002, 06, 14
Mount Vernon	1955
	2001, 03, 04, 14
	1931, 32, 77, 79, 89
	1001, 62, 77, 70, 60
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	1940, 48, 60, 90
	2003
	1971
	1976
	2012
NUH, Cedar Falls	1983, 90
Odebolt-Arthur	1958, 63, 69
Oelwein	1980 1
Ollie	1950
Osage	1953
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	1951
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	2007, 08, 12
	1979 1
	2012, 16
	1969 1
Prairie, Cedar Rapids	2009, 14
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	1959, 60, 62
	1988
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	1957
	2007, 2009
	2010
	1991 1
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Underwood	1960, 62
	1974, 75, 84, 85, 97, 99, 2015, 16
The state of the s	
Valley West Des Moines	1954, 56, 60, 2002
	1954, 30, 60, 2002
	1970, 71
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Wahlert, [Dubu	que1994, 2005, 06	3
Wapsie V	'alley,	Fairbank2001	1
Washingt	on	1944	1
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Waukon		1989, 90, 92, 94, 2	0005
Waverly-S	Shell	Rock1981	
Webster (City	1998	1
		, Manchester19691969	
		effield2013, 14	
		ood2011	
		awarden1964, 65, 66, 75	
		ian, Hull1972, 73, 2004	
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Woodbiile	J		1
Zearing		1944	1
20amig		1977	1
		INDIVIDUAL BUNNEDE UD	VEAD DV VEAD
		INDIVIDUAL RUNNERS-UP -	
		Note: Some years only the winning	g time was recorded
			2 Miles
1922		Shipman, Fort Dodge	
1923		Wallace Elliott, Iowa City	
1924		McBaine, Fort Dodge	
1925		Smith, Cedar Rapids, Grant	
1926		Thomas Kelly, Parnell	
1927		Ralph Cozine, Iowa City, University High	
1928		Milo Wilson, Des Moines, East	
1929		George Holmes, Des Moines, East	
1323		(First Official IHSAA Me	not 1030)
1930		John Garnes & Roh McElroy Muscatine (tied 1-2)	11:00.5
1930		Clarence Tesch, Grafton	
1931		•	NT
1932			NT
1934		Frank Silver, Des Moines, East	
1934		Frank Sliver, Des Molnes, East	IN1
			4.0 Miles
4005		De De la Calabasa	1.9 Miles
1935		Ray Davis, Oskaloosa	
1000			NT
1936	Α	Neal Hamilton, Oskaloosa	
	В	Edwin Meyers, Iowa City, University High	N1
1937	Α	Laurence Inman, Oelwein	
	В	Donald Spencer, Iowa City, University High	
	С	Dale Winey, Clarence	NT
1938	Α	Stanley McCargar, Oskaloosa	
	В	Charles Wright, Monticello	
	С	Walter Maytag, Laurel	NT
1939	Α	Howard Goebel, Knoxville	
	В	Charles Fetzer, Williamsburg	
	С	Ralph Zepp, Martinsburg	NT
1940	Α	Albert Slater, Fort Madison	
	В	Fred Zollar, Iowa City, University High	NT
	С	Kenneth McFate, LeClaire	
		•	
1941	Α	Louis Loper, Council Bluffs, Abraham Lincoln	11:19.4
	В		11:58.5

	С	Daryl Thompson, Minburn	NT
1942	Α	Howard Cole, Cedar Rapids, Franklin	NT
	В	Bob Hartsock, Iowa City, University High	
1943	А	Harold Williams, Des Moines, East	NT
1343	В	Richard Terrell, Iowa City University High	
	C	Kelvin Robinson, Mechanicsville	
1944	۸	Lauranaa Smith, Ottumura	10.51.5
1944	A B	Lawrence Smith, OttumwaStanley Murray, Iowa City, University High	
	C	Smith Oakes, Zearing	
	Ū		
1945	Α	Keith Sanford, Cedar Rapids, Franklin	
	В	Russell Benedict, Marion	
	С	Casper Robinson, Mechanicsville	NT
1946	Α	Bob Hoak, Des Moines, Roosevelt	NT
	В	Eugene Hastings, Marion	NT
	С	Vernon Svoboda, Mechanicsville	NT
1947		One race run for all classes due to weather - no runner-up reported	
1948	AA	George Sullivan, Des Moines, East	NT.
	Α	Stan Petrick, Cedar Rapids, Roosevelt	
	В	Allen Mally, Marion	
	С	Arthur Trumbower, Napier	
1949	AA	John Williams, Cedar Rapids, Franklin	NT
1040	A	Donald Jones, Cedar Rapids, Roosevelt	
	В	Allen Mally, Marion	
	C	Eugene Kessell, Ollie	
			2 Mile
1950	AA	Galen Hassen, Council Bluffs, Abraham Lincoln	
	Α	Charles Bauserman, Cedar Rapids, Roosevelt	
	В	Richard Hotz, Marion	
	С	Roger Runkle, Ollie	NT
			1.8 Miles
1951	AA	Carl Zimmerman, Waterloo, West	
	A	Roy Bever, Charles City	
	В	Gerald Walker, Marion	
	С	Harold Crowe, Fremont	10:43.1
1952	AA	John Aller, Dowling Catholic, DM	NT
	Α	Charles DeLong, Grinnell	
	В	Clyde Callahan, Eldora	
	С	Ronny DeMuth, Stanley	
1953	AA	Ray Phares, Des Moines, Tech	NT
	Α	Charles DeLong, Grinnell	
	В	Kenny Brack, Eldora	NT
	С	George Lee, Underwood	NT
1954	AA	Brian Travis, Des Moines, Tech	9.41 5
	A	Jim Hollis, West Des Moines	
	В	Kenny Brock, Eldora	
	С	George Lee, Underwood	
1955	AA	Jim McFadden, Des Moines, North	9:.38.0
1333	AA	JIII WIGEAGOEH DES WOHES NOTH	9.380

	Α	Laverne Latcham, Grinnell	
	В	Gary Haltmeyer, Postville	9:58.0
	С	Tommy Sentman, Ollie	
1956	AA	Tom Rivers, Sioux City, Central	
	Α	John Woolson, Clarinda	
	В	Tom Tilton, LeClaire	
	С	Tommy Sentman, Ollie	NT
1957	AAAA	Ralph Trimble, Cedar Rapids, Jefferson	
	AA	Konrad Billhardt, Oskaloosa	
	Α	Ronnie Olson, Decorah	
	В	Don Storjohann, Underwood	
	С	Raymond Miller, Menlo	10:33.0
1958	AAA	Eugene Rave, Sioux City, Central	
	AA	Wayne Benzing, Decorah	
	A	Bill Lynn, West Des Moines	
	B C	Jim Batterson, EldonRobert Powers, Norwalk	
1959	AAA AA	David Brown, Des Moines, TechRich Corso, Iowa City High	
		Larry Kramer, Belmond	
	A B		
	C	Bill Taylor, Sheffield-Chapin Paul Gilligan, LuVerne	
1960	AAA	Richard Helm, Des Moines, Tech	NT
.000	AA	Don Bergan, Columbus Catholic, Waterloo	
	A	Roger McCay, Creston	
	В	Bill Taylor, Sheffield-Chapin	
	C	Paul Gilligan, LuVerne	
1961	AAA	Jim Wilson, Sioux City, Central	9:19.7
	AA	Don Bergan, Columbus Catholic, Waterloo	
	Α	Tim White, West Sioux, Hawarden	
	В	Danny Achenbach, Fremont-Mills, Tabor	
	Č	Jerry Murray, Klemme	
1962	AAA	Kenny Messer, Des Moines, Roosevelt	NT
	AA	Don Bergan, Columbus Catholic, Waterloo	
	Α	Merlin Lewis, Clarinda	
	В	Paul Wright, Iowa City, University High	
	Č	Bob Coons, Linn-Mar, Marion	
1963	AAA	Ken Gallagher, Marshalltown	NT
	AA	Rollie Kitt, Kuemper Catholic, Carroll	
	Α	Ronald Taylor, Clarinda	
	В	Dennis Reed, Anita	
	С	Bruce Penney, Preston	
1964	AAAA	Steve Gerkin, Sioux City, Central	9:19.1
	AAA	Rollie Kitt, Kuemper, Carroll	9:23.0
	AA	Galen Lininger, Clarinda	NT
	Α	Tom Halboth, Odebolt-Arthur	NT
	В	Larry Ruggles, Anita	
	С	Gorden Hansen, Miles	
1965	AAAA	Steve Gerkin, Sioux City, Central	
	AAA	Ted Fulk, Marshalltown	
	AA	Stan Visser, Western Christian, Hull	9:26.0

	Α	Keith Allen, Cardinal, Eldon	
	В	Larry Ruggles, Anita	9:39.0
	С	Larry Sellers, Russell	
1966	AAAA	Greg Coons, Sioux City, Central	
	AAA	Denny McGuire, Columbus Catholic, Waterloo	
	AA	Dean Twedt, Nevada	9:11.9
	Α	Larry Bockelman, West Sioux, Hawarden	9:46.5
	В	Jerry Lundquist, Sutherland	9:45.9
	С	Mike Origer, Lincoln Central, Gruver	
			2 Miles
1967	AAAA	Lynn Lee, Mason City	
	AAA	Greg Dengler, Ames	
	AA	Lynn Ellis, Red Oak	
	Α	Mark Aschim, Decorah	10:19.8
	В	Larry Greiner, Pekin, Packwood	10:34.8
	С	Greg Wood, Meservey-Thornton	10:59.5
1968	AAAA	Arnold DeAnda, Davenport, Central	
	AAA	Dave Powell, Ames	10:00.8
	AA	Bob Stauffer, Eagle Grove	10:19.0
	Α	Dennis Ellingson, Decorah	10:15.9
	В	Roger Villers, Montezuma	10:29.6
	С	Curt Hoegh, Elk Horn-Kimballton	10:20.2
1969	AAAA	Pat Yochum, Dowling Catholic, Des Moines	
	AAA	Rich Twedt, Des Moines, Hoover	
	AA	Lee Schreurs, Ankeny	
	Α	Bob Stauffer, Eagle Grove	10:08.5
	В	Tim Williamson, Grundy Center	10:20.6
	С	Bob Schlieseman, BCL, Conrad	10:36.9
	D	Steve Seamer, Miles	10:14.2
1970	AAAA	Gene Bluedorn, Davenport, West	10:03.2
	AAA	Don Akin, Sioux City, East	10:05.1
	AA	Dave Hanson, Grinnell	10:27.8
	Α	Chuck Cassel, Bishop Garrigan, Algona	
	В	Tim Williamson, Grundy Center	
	С	Wayne Hammitt, Woodbine	10:52.6
	D	Dennis Capps, Hedrick	
1971	AAAA	Gregg Newell, Davenport, Central	9:46.4
	AAA	Tom Schoberg, Bishop Heelan, Sioux City	
	AA	Dave Hanson, Grinnell	
	Α	Rex Madsen, Sheldon	
	В	Charles Rump, Aquinas, Fort Madison	
	С	Don Longnecker, BGM, Brooklyn	
	D	Dan Gingerich, MarMac, McGregor	
1972	AAAA	Jeff Myers, Davenport, West	10:01.9
	AAA	Shane Dooley, Des Moines, Hoover	
	AA	Mike Burns, Indianola	
	Α	Craig Hoden, Linn-Mar, Marion	
	В	Brian Kenyon, Bishop Garrigan, Algona	
	C	Chuck Baker, Dike	
	D	Mark Hughes, Elwood	
1973	AAAA	Edward Moreno, Davenport, Central	9·51 N
.010	AAA	Ed Newell, Sioux City, North	
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	AA	Mark Bishop, Indianola	
	Α	Mark Adamson, Cherokee, Washington	10:00.0
	В	Ron Gomis, Johnston	
	С	Dan Stice, Aquinas, Fort Madison	10:42.0
	D	Wade Pestka, Oxford Junction	10:33.0
1974	AAAA	David Korir, Cedar Rapids, Washington	9:40.0
	AAA	Mike Duncan, Columbus Catholic, Waterloo	
	AA	Gene McGivern, Assumption, Davenport	
	A	Tim Holton, Cherokee, Washington	
	В	Blair Renfro, Shenandoah	
	Č	Pat Hayes, Aquin, Cascade	
	D	Pete Stevenson, Meriden-Cleghorn	
1975	AAAA	Jamie Hutcheson, Marshalltown	9:44.0
	AAA	Jon Mathiason, Ames	
	AA	Ed Croson, Lewis Central	
	A	Kevin Ubbelohde, Clear Lake	
	В	Joe Pelser, Tipton	
	C	Pat Hayes, Aquin, Cascade	
	D	Tom Ries, Clinton, St. Mary's	
1976	AA	Jamie Hutcheson, Marshalltown	9:45.0
1370	A	Tim Holton, Cherokee, Washington	
	В	Jon Betz, North Polk, Alleman	
	C	Tom Peacher, Cardinal Stritch, Keokuk	
1977	AA	Jim McCauley, Bishop Heelan, Sioux City	NT
1311	A	Randy Fitzgerald, Decorah	
	В	Steve Greiner, Pekin, Packwood	
	C	Tim Henricksen, Lincoln Central, Gruver	
1978	AA	Matt Trimble, Iowa City, City High	NT
1370	A	Tim Mueting, Denison	
	В	Dan Kroeze, Unity Christian, Orange City	
	C		
	C	Tim Henricksen, Lincoln Central, Gruver	IN I
1979	AA	Jeff Jacobs, Clinton	9:49.0
	Α	Bill Kerkaert, Sheldon	9:46.0
	В	Mike Karamitros, Newman Catholic, Mason City	10:05.0
	С	Roger Tiarks, Treynor	
1980	AA	Jeff Jacobs, Clinton	9:36.0
	Α	Bill Kerkaert, Sheldon	9:46.0
	В	Randy Canaan, Maurice-Orange City	
	С	Dan Schreck, Cardinal Stritch, Keokuk	
1981	3-A	Mike Lee, Council Bluffs, Abraham Lincoln	9:48.4
	2-A	Mike Grevengoed, Western Christian, Hull	9:51.8
	1-A	Shawn Connor, Kee, Lansing	10:15.3
1982	3-A	Mike Lee, Council Bluffs, Abraham Lincoln	9:46.4
	2-A	Chris Shehan, Red Oak	10:00.6
	1-A	Lonnie Minor, BGM, Brooklyn	
1983	3-A	Mark Block, Fort Dodge	9:45.3
	2-A	Tom Penningroth, Tipton	9:50.7
	1-A	Brian Hawes, Kee, Lansing	
1984	3-A	Jeff Burris, Ames	9:55.3
	2-A	Dan Hostager, Audubon	

	1-A	Paul Barnhart, Gehlen Catholic, LeMars	10:11.5
1985	3-A	Jason Maxson, Cedar Rapids, Washington	10:04.1
	2-A	Dave Halferty, Chariton	
	1-A	Paul Barnhart, Gehlen Catholic, LeMars	
1986	3-A	Tory Tepp, Dubuque, Senior	Q·5Q 6
1300	2-A	Dwaine Heppler, Sheldon	
	1-A	Kent Keith, Cedar Valley, Farnhamville	
		,	
			5,000 Meters
1987	3-A	Jason Maxson, Cedar Rapids, Washington	
	2-A	Matt Lindaman, Humboldt	
	1-A	Shawn Lansing, Holy Cross, Leo	16:12.0
1988	3-A	Brian Runyan, Indianola	16:06.4
	2-A	Brian Hornbuckle, Shenandoah	
	1-A	Lance Elliott, Montezuma	
	. , ,		
1989	3-A	Doug Birk, Sioux City, East	
	2-A	Andy Kauder, Cascade, Western Dubuque	
	1-A	Mike Penningroth, Tipton	16:19.3
1990	3-A	Albert Hayton, Clinton	16:33.0
	2-A	Brent McGrew, Decorah	
	1-A	Nathan Smith, East Union, Afton	
1991	3-A	Roba Bati, Iowa City, West	16:19.9
1991	2-A	Daron DeJong, MOC-Floyd Valley	
	1-A	Chris Stone, Clinton, Mater Dei	
	I-A	Chirs Storie, Chirton, Mater Dei	10.34.7
1992	3-A	Ambo Bati, Iowa City, West	
	2-A	Daron DeJong, MOC-Floyd Valley	16:15.2
	1-A	Corey Stock, St. Albert, Council Bluffs	16:24.8
1993	3-A	Sam Burkett, Urbandale	15:36.9
	2-A	Jesse Sand, Cedar Rapids, Regis	
	1-A	Dan Reis, Turkey Valley, Jackson Junction	
1994	3-A	Charley Kelly, Marshalltown	
	2-A	Mike Stults, Knoxville	
	1-A	Tavis Cummings, Van Buren, Keosauqua	16:01.3
1995	3-A	Trent Corey, Dubuque, Senior	15:44.0
	2-A	Peter Hollatz, Centerville	
	1-A	Jason Probasco, Woodbine	16:17.0
1996	3-A	Shaun Allen, Fort Madison	15:41.0
	2-A	Peter Hollatz, Centerville	
	1-A	David Baldwin, Jesup	
1997	3-A	Shaun Allen, Fort Madison	15·16 N
. 551	2-A	Matt Cook, Monticello	
	1-A	Adam Sundall, Bishop Garrigan, Algona	
	1-74	Adam Sundan, Dishop Samgan, Algona	15.59.0
1998	3-A	Grant Shadden, Marshalltown	
	2-A	Dan Van Engen, Unity Christian, Orange City	
	1-A	Tad Stolley, Woodbine	16:07.0
1999	3-A	Trent Graham, Des Moines, Roosevelt	
	2-A	Robby Weber, Perry	15:52.0

	1-A	Justin Pieper, Aquinas, Fort Madison	16:15.0
2000	3-A	Chris Jones, Iowa City West	15:39.0
	2-A	Dylan Davis, ADM, Adel	
	1-A	Jason Flogel, Marquette Catholic, Bellevue	
		3, 4, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,	
2001	3-A	Andy Johnson, Des Moines, Roosevelt	15:46.0
	2-A	Chris Legore, Mount Vernon-Lisbon	15:59.0
	1-A	Adam Bohach, South Winneshiek, Calmar	16:14.0
2002	3-A	Joe Morgan, Clinton	15:27.0
	2-A	Brett Adams, Assumption, Davenport	
	1-A	Dan Mayer, West Central Valley, Stuart	
2003	4-A	Kiel Uhl, Des Moines, Roosevelt	15:19.0
	3-A	Nick Murphy, Bishop Heelan, Sioux City	
	2-A	Dan Mayer, West Central Valley, Stuart	
	1-A	Tim McKenna, Northern University High, Cedar Falls	
2004	4-A	Jon Thomas, Des Moines, Roosevelt	15:34.0
	3-A	Tony Fischels, Webster City	
	2-A	Danny Owens, Clarinda	
	1-A	Nate Petesch, Marquette Catholic, Bellevue	
2005	4-A	Jordan Anderson, Mason City	15:58.0
2000	3-A	Tyler Meyer, Wahlert, Dubuque	
	2-A	Dalton Lems, Western Christian, Hull	
	1-A	Cody Dreyer, Central, Elkader	
2000	4 1	Davin Allhaush Dlagaget Valley	40.00.0
2006	4-A 3-A	Devin Allbaugh, Pleasant Valley	
		Brian Koch, Wahlert, Dubuque	
	2-A 1-A	Brian Gesink, Sioux Center Dana Schmidt, Grundy Center	
	1-74	Dana Schmidt, Grundy Genter	
2007	4-A	Obsa Taddese, Iowa City, West	15:40.0
	3-A	Aaron May, Xavier, Cedar Rapids	15:50.0
	2-A	Casey Robertson, Columbus Community, Columbus Junction	15:51.0
	1-A	Josh Mellman, Rockwell-Swaledale/SCMT	16:07.0
2008	4-A	Marshall Moyer, Burlington	15:27.0
	3-A	Chad Rutledge, Algona	
	2-A	Brett Castek, Osage	
	1-A	Jamie Meek, Griswold	
2009	4-A	Tyler Meseke, Pleasant Valley	15:52 0
	3-A	Conner Smock, Mount Vernon-Lisbon	
	2-A	Alec Baldwin, Spirit Lake	
	1-A	Dan McDonald, BCLUW, Conrad	
2010	4-A	Marshall Moyer, Burlington	15:25 0
_0.0	3-A	Ryan McMahon, Algona	
	2-A	Keith Byers, Spirit Lake	
	1-A	Taylor Huseman, Manson Northwest Webster	
2011	4-A	Josh Evans, Linn-Mar, Marion	15:10.0
2011	4-A 3-A	Conner Smock, Mount Vernon-Lisbon	
	2-A	Will Norris, Spirit Lake	
	2-A 1-A	Cade Cleaveland, Riverside, Oakland	
2012	4-A	Dylan Eigenberger, Dubuque, Senior	
	3-A	Albert Meier, Boone	15:35.0

	2-A 1-A	Thomas Pollard, Gilbert
2013	4-A 3-A 2-A 1-A	Spencer Clark, Dowling Catholic, WDM
2014	4-A 3-A 2-A 1-A	Ryan Schweizer, Dowling Catholic, WDM15:27.1Josh Yeager, Center Point-Urbana16:09.4Chase Smith, Garner-Hayfield-Ventura16:18.7Ryan Izer, Turkey Valley, Jackson Junction16:24.8
2015	4-A 3-A 2-A 1-A	Tysen VanDraska, Prairie, Cedar Rapids
2016	4-A 3-A 2-A 1-A	Sam Schillinger, Cedar Falls15:43.0Myles Bach, Marion16:14.5Reece Smith, Garner-Hayfield-Ventura16:02.2Jerry Jorgenson, Treynor16:32.2
2017	4-A 3-A 2-A 1-A	Matthew Carmody, Dowling Catholic, WDM.15:24.6Jeremy Fopma, Marion.15:54.8Reece Smith, Garner-Hayfield-Ventura.16:03.9Sean McDermott, Madrid.16:20.6
2018	4-A 3-A 2-A 1-A	Jack Pendergast, Prairie, Cedar Rapids15:41.7Quinton Orr, Humboldt16:10.0Joe Anderson, George-Little Rock/Central Lyon16:22.2Joshua Baudler, Nodaway Valley16:19.8

INDIVIDUAL IHSAA RUNNERS-UP - Alphabetically

Achenbach, Danny	. Fremont-Mills 1961
Adams, Brett	. Assumption, Davenport 2002
Adamson, Mark	. Cherokee, Washington 1973
Akin, Don	. Sioux City, East 1970
Allbaugh, Devin	
Allen, Keith	
Allen, Shaun (2)	
Aller, John	
Anderson, Jordan	
Anderson, Joe	
Aschim, Mark	
Bach, Myles	. Marion 2016
Baker, Chuck	. Dike 1972
Baldwin, Alec	. Spirit Lake 2009
Baldwin, David	. Jesup 1996
Barnhart, Paul (2)	. Gehlen Catholic, LeMars 1984, 85
Bati, Ambo	. Iowa City, West 1992
Bati, Roba	lowa City, West 1991
Batterson, Jim	. Eldon 1958
Baudler, Joshua	. Nodaway Valley 2018
Bauserman, Charles	. Cedar Rapids, Roosevelt 1950
Beebe, Richard	. Ottumwa 1932
Benedict, Russell	
Benzing, Wayne	

(-)	
Bergan, Don (3)	Columbus, Waterloo 1960, 61, 62
Betz, Jon	North Polk, Alleman 1976
Bever, Roy	
Billhardt, Konrad	
Birk, Doug	
Bishop, Mark	
Block, Mark	
Bluedorn, Gene	Davenport, West 1970
Bockelman, Larry	
Bohach, Adam	
Brack, Kenny (2)	
Brown, David	
Burkett, Sam	
Burns, Mike	Indianola 1972
Burris, Jeff	Ames 1984
Byers, Keith	
Dyoro, Noteria	Opini Lake 2010
	FI.1 4050
Callahan, Clyde	
Canaan, Randy	Maurice-Orange City 1980
Capps, Dennis	Hedrick 1970
Carmody, Matthew	
Cassell, Chuck	
Castek, Brett	
Clark, Spencer	
Cleaveland, Cade	Riverside, Oakland 2011
Cole, Howard	Cedar Rapids, Franklin 1942
Connor, Shawn	
Cook, Matt	
Coons, Bob	
Coons, Greg	
Corey, Trent	Dubuque, Senior 1995
Corso, Rich	Iowa City 1959
Crew, John	
Croson, Ed	
Crowe, Harold	
Cummings, Tavis	Van Buren, Keosauqua 1994
Davis, Dylan	ADM, Adel 2000
Davis, Ray	
DeAnda, Arnold	
DeJong, Daron (2)	
DeLong, Charles (2)	
DeMuth, Ronny	Stanley 1952
Dengler, Greg	Ames 1967
Dooley, Shane	
Dreyer, Cody	
Duncan, Mike	Columbus, waterioo 1974
Eigenberger, Dylan	Dubuque, Senior 2012
Ellingson, Dennis	
Elliott, Lance	
Ellis, Lynn	
· ·	
Evans, Josh	Litti-ivial, ivialion 2011
Fetzer, Charles	Williamsburg 1939
Fischels, Tony	Webster City 2004
Fitzgerald, Randy	
Flogel, Jason	
Fopma, Jeremy	
Fulk, Ted	Marshalltown 1965

Gallagher, Ken	
Gerkin, Steve (2)	
Gesink, Brian	
Gilligan, Paul (2)	
Gingerich, Dan	
Goebel, Howard	
Gomis, Ron	
Graham, Trent	
Greiner, Larry	
Greiner, Steve	
Grevengoed, Mike	Western Christian, Hull 1981
Halboth, Tom	Odebolt-Arthur 1964
Halferty, Dave	
Haltmeyer, Gary	
Hamilton, Neal	
Hammitt, Wayne	
Hansen, Gorden	
Hanson, Dave (2)	
Hartsock, Bob	
Hassen, Galen	
Hastings, Eugene	
• •	
Hawes, Brian	
Hayes, Pat (2)	
Hayton, Albert	
Helm, Richard	
Henricksen, Tim (2)	
Heppler, Dwaine	
Hoak, Bob	
Hoden, Craig	
Hoegh, Curt	
Hollatz, Peter (2)	
Hollis, Jim	
Holton, Tim (2)	
Hornbuckle, Brian	
Hostager, Dan	
Hotz, Richard	
Hughes, Mark	
Huseman, Taylor	
Hutcheson, Jamie (2)	Marshalltown 1975, 76
Inman, Laurence	Oelwein 1937
Izer, Ryan	
Jacobs, Jeff (2)	
Johnson, Andy	· · · · · · · · · · · · · · · · · · ·
Jones, Chris	
Jones, Donald	Cedar Rapids, Roosevelt 1949
Jorgenson, Jerry	Treynor 2016
Karamitros, Mike	Newman Catholic Mason City 1979
Kauder, Andy	
Keith, Kent	
Kelly, Charley	
Kenyon, Brian	
Kerkaert, Bill (2)	
Kessell, Eugene	
Kitt, Rollie (2)	
Koch, Brian	
Korir, David	
Kramer, Larry	Demona 1909

Kroeze, Dan	Unity Christian, Orange City 1978
Lansing, Shawn	Holy Cross. Leo 1987
Latcham, Laverne	
Lee, George (2)	
Lee, Lynn	
Lee, Mike (2)	
Legore, Chris	
Lems, Dalton	
Lewis, Merlin	
Lindaman, Matt	
Lininger, Galen	
Longnecker, Don	
Loper, Louis	
Lundquist, Jerry	
Lynn, Bill	West Des Moines 1958
Madsen, Rex	
Mally, Allen (2)	
Mathiason, Jon	
Maxson, Jason (2)	
May, Aaron	
Mayer, Dan (2)	West Central Valley, Stuart 2002, 03
Maytag, Walter	Laurel 1938
McCargar, Stanley	Oskaloosa 1938
McCauley, Jim	Bishop Heelan, Sioux City 1977
McCay, Roger	
McDermott, Sean	
McDonald, Donald	BCLUW, Conrad 2009
McFadden, Jim	
McFate, Kenneth	
McGivern, Gene	
McGrew, Brent	
McGuire, Denny	
McKenna, Tim	
McMahon, Ryan	Algona 2010
Meek, Jaime	
Meier, Albert (2)	
Mellman, Josh	, -
Messer Kenny	
Messer, Kenny	
Meyer, Andrew	
Meyer, Tyler	
Miller, Raymond	
Minor, Lonnie	
Moreno, Edward	
Morgan, Joe	
Moyer, Marshall (2)	
Mueting, Tim	
Murphy, Nick	
Murray, Jerry	
Murray, Stanley	
Myers, Edwin	
Myers, Jeff	Davenport, West 1972
Newell, Ed	Sioux City, North 1973
Newell, Gregg	
Norris, Will	
Oakes, Smith	Zearing 1944

Olson, Ronnie	Decorab 1957
Origer, Mike	
Orput, J.J	
Orr, Quinton	
Owens, Danny	Clarinda 2004
Peacher, Tom	Cardinal Stritch, Kookuk 1976
Pelzer, Joe	•
Pendergast, Jack	
Penney, Bruce	
Pestka, Wade	
Petesch, Nate	
Petrick, Stan	
Penningroth, Mike	
Penningroth, Tom	
Phares, Ray	
Pieper, Justin	
Pollard, Thomas (2)	
Powell, Dave	Ames 1968
Powers, Robert	Norwalk 1958
Probasco, Jason	Woodbine 1995
Rave, Eugene	
Reed, Dennis	
Reis, Dan	
Renfro, Blair	
Ries, Tom	
Rivers, Tom	
Robertson, Casey	
Robinson, Calvin	Mechanicsville 1943
Robinson, Casper	Mechanicsville 1945
Ruggles, Larry (2)	Anita 1964, 65
Rump, Charles	Aquinas, Fort Madison 1971
Runkle, Roger	Ollie 1950
Runyan, Brian	Indianola 1988
Rutledge, Chad	Algona 2008
-	
Sand, Jesse	
Sanford, Keith	
Schillinger, Sam	
Schliesman, Bob	
Schmidt, Dana	•
Schmidt, John	
Schoberg, Tom	
Schreck, Dan	
Schreurs, Lee	
Schweizer, Ryan	Dowling Catholic, WDM 2014
Seamer, Steve	Miles 1969
Sellers, Larry	Russell 1965
Sentman, Tommy (2)	Ollie 1955, 56
Shadden, Grant	
Shehan, Chris	Red Oak 1982
Silver, Frank	
Slater, Albert	
Smith, Chase (2)	
Smith, Reece (2)	
Smith, Lawrence	
Smith, Nathan	
Smock, Conner (2)	
Spencer, Donald	
Stauffer, Bob (2)	

Stevenson, Pete	Meriden-Cleghorn 1974
Stice, Dan	Aguinas, Fort Madison 1973
Stock, Corey	
Stone, Chris	
Stolley, Tad	
Storjohann, Don	
Stults, Mike	
Sullivan, George	
Sundall, Adam	Bishop Garrigan, Algona 1997
Svoboda, Vernon	
•	
Taddese. Obsa	Iowa City West 2007
Taylor, Bill (2)	•
Taylor, Ronald	
Tepp, Tory	
Terrill, Richard	
Tesch, Clarence	Grafton 1931
Thomas, Jon	Des Moines, Roosevelt 2004
Thompson, Daryl	
Tiarks, Roger	
Tilton, Tom	
Travis, Brian	
Trimble, Matt	
Trimble, Ralph	Cedar Rapids, Jefferson 1957
Trumbower, Arthur	Napier 1948
Twedt, Dean	Nevada 1966
Twedt, Peyton	
Twedt, Rich	
r wood, raiori	Des Monies, Floover 1909
Uhhalahda Kayin	Clear Lake 1975
Ubbelohde, Kevin	
Ubbelohde, KevinUhl, Kiel	
Uhl, Kiel	Des Moines, Roosevelt 2003
Uhl, Kiel VanDraska, Tysen	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015
Uhl, Kiel VanDraska, Tysen Van Engen, Dan	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998
Uhl, Kiel VanDraska, Tysen	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998
Uhl, Kiel VanDraska, Tysen Van Engen, Dan	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968
Uhl, Kiel VanDraska, Tysen Van Engen, Dan Villers, Roger	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968
Uhl, Kiel VanDraska, Tysen Van Engen, Dan Villers, Roger Visser, Stan	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965
Uhl, Kiel VanDraska, Tysen Van Engen, Dan Villers, Roger Visser, Stan Walker, Gerald	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951
Uhl, Kiel VanDraska, Tysen	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938
Uhl, Kiel	Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014 Dowling Catholic, Des Moines 1969
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014 Dowling Catholic, Des Moines 1969
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014 Dowling Catholic, Des Moines 1969 Martinsburg 1939
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014 Dowling Catholic, Des Moines 1969 Martinsburg 1939 Waterloo, West 1951
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014 Dowling Catholic, Des Moines 1969 Martinsburg 1939 Waterloo, West 1951 Iowa City, University High 1940
Uhl, Kiel	Des Moines, Roosevelt 2003 Prairie, Cedar Rapids 2015 Unity Christian, Orange City 1998 Montezuma 1968 Western Christian, Hull 1965 Marion 1951 Perry 1999 West Sioux, Hawarden 1961 Des Moines East 1943 Cedar Rapids, Franklin 1949 Grundy Center 1969, 70 Sioux City, Central 1961 Clarence 1937 Meservey-Thornton 1967 Clarinda 1956 Monticello 1938 Iowa City, University High 1962 Center Point-Urbana 2014 Dowling Catholic, Des Moines 1969 Martinsburg 1939 Waterloo, West 1951 Iowa City, University High 1940

SCHOOLS BOASTING IHSAA INDIVIDUAL RUNNER-UP

A-D-M, Adel		Dubuque, Senior	
Algona	2	Dowling Catholic, WDM	1
Ames	4		
Anita	3	Eagle Grove	2
Ankeny	1	East Union, Afton	1
Aquin, Cascade	2	Eldon	
Aquinas, Fort Madison		Eldora	
Assumption, Davenport		Elk Horn-Kimballton	
Audubon		Elwood	
7.000001		Liwoda	
BCL, Conrad	1	Fort Dodge	1
BCLUW, Conrad	1	Fort Madison	3
Bellevue		Fremont	
Belmond		Fremont-Mills, Tabor	1
BGM, Brooklyn	2	,	
Bishop Garrigan, Algona		Garner-Hayfield-Ventura	4
Bishop Heelan, Sioux City		Gehlen Catholic, LeMars	
Boone		George-Little Rock/Central Lyon	
Burlington		Gilbert	
Bullington	∠	Grafton	
Cardinal, Eldon	1	Grinnell	
Cardinal Stritch, Keokuk		Griswold	
Carlisle		Grundy Center	3
Cascade (Western Dubuque)			
Cedar Falls		Hedrick	
Cedar Rapids, Franklin		Holy Cross, Leo	
Cedar Rapids, Jefferson		Humboldt	2
Cedar Rapids, Regis			
Cedar Rapids, Roosevelt		Indianola	
Cedar Rapids, Washington	3	Iowa City, City High	2
Cedar Valley, Somers	1	Iowa City, University High	7
Center Point-Urbana	1	Iowa City, West	3
Centerville	2	·	
Central Elkader	1	Jesup	1
Chariton	1	Johnston	1
Charles City	1		
Cherokee		Kee, Lansing	2
Clarence		Klemme	
Clarinda		Knoxville	
Clear Lake		Kuemper, Carroll	
Clinton		radifipor, darron	
Clinton, St. Mary's; Mater Dei		Laurel	1
Columbus Community, Columbus Jct		LeClaire	
Columbus, Waterloo		Lewis Central	
Council Bluffs, Abraham Lincoln		Lincoln Central, Gruver	
Creston		Lincom Central, Gruver Linn-Mar, Marion	
Crestori		LuVerne	
Davenport, Central	3	Luverne	∠
Davenport, West		Madrid	1
Decorah	_	Manson Northwest Webster	
Denison		Marion	
Des Moines, East		MarMac, MacGregor	
Des Moines, Hoover		Marquette Catholic, Bellevue	
Des Moines, North		Marshalltown	
Des Moines, Roosevelt		Martinsburg	
Des Moines, Tech		Mason City	
Dike		Maurice-Orange City	
Dike-New Hartford		Mechanicsville	3
Dowling Catholic Des Moines & WDM	4	Menlo	1

Meriden-Cleghorn 1	Sheldon
Meservey-Thornton1	Shenandoah2
Miles	Sioux Center
Minburn 1	Sioux City, Central
MOC-Floyd Valley1	Sioux City, East
Montezuma 2	Sioux City, North
Monticello	South Winneshiek, Calmar
Mount Vernon-Lisbon	Spirit Lake
Muscatine1	Stanley
	Sutherland
Napier1	
Nevada1	Tipton
Newman Catholic, Mason City 1	Treynor2
Nodaway Valley 1	Turkey Valley, Jackson Junction2
North Polk, Alleman 1	
Norwalk 1	Underwood
NUH, Cedar Falls1	Unity Christian, Orange City2
	Urbandale
Odebolt-Arthur1	
Oelwein 1	Valley, WDM & West Des Moines2
Ollie 4	Van Buren, Keosauqua
Osage1	•
Oskaloosa 4	Wahlert, Dubuque2
Ottumwa 3	West Central Valley, Stuart2
Oxford Junction1	West Fork, Sheffield (see Rockwell-Swaledale-SCMT)
	West Sioux, Hawarden
Pekin, Packwood 2	Western Christian, Hull
Perry1	Williamsburg
Pleasant Valley 2	Woodbine
Postville1	
Prairie, Cedar Rapids2	Xavier, Cedar Rapids
Preston1	
Red Oak 2	Zearing
Riverside, Oakland1	-
Rockwell-Swaledale/SCMT (West Fork)1	
Russell1	
St. Albert, Council Bluffs 1	
Sheffield-Chapin	

Individuals Champions, Runner-up from Same School, Same Year * Denotes won the team championship

<u>Year</u>	Class/Champion	Runner-up	School
1926	Van Epps	Ralph Cozine	lowa City, University High
	Start of Mee	ets under the Auspices of the	IHSAA
1930	John Garnes & Bob McElroy tied f	or first and second	Muscatine*
1940	B -Lynn Frazier	Fred Zollar	Iowa City, University High*
1941	B -Fred Zollar	Frank Zollar	Iowa City, University High*
	C-William (Bill) Jackson	Daryl Thompson	Minburn*
1942	B -Edward Smith	Bob Hartsock	Iowa City, University High*
1943	A-Vance Walters	Harold Williams	Des Moines, East*
	C-Don Gemberling	Kelvin Robinson	Mechanicsville*
1944	B -Richard Terrell	Stanley Murray	Iowa City, University High*
1945	C-Kelvin Robinson	Casper Robinson	Mechanicsville*
1946	B -Raymond Peterson	Eugene Hastings	Marion*
1948	A-Ocie Trimble	Stan Petrick	Cedar Rapids, Roosevelt*
1949	B -Richard Hotz	Allen Mally	Marion*
	C-Neal Bottger	Eugene Kessell	Ollie*

1951 1952 1953 1956 1958 1959	A-Bill Fleuher B-Jerry Crosser B-Dan Munson C-Paul Ryan B-Homer Lattimer AA-Ron Olson C-Earl Hanselman	Roy Bever Clyde Callahan Kenny Brock George Lee Tom Tilton Wayne Benzing Paul Gilligan	Charles City* Eldora* Eldora* Underwood* LeClaire* Decorah* LuVerne*
1960 1961 1964 1965 1966 1967 1968	C-John Schade AAA-Don Rivers A-Ed Eneboe C-Art Hoffman AAAA-Dave Compton B-Tom Denny AAAA-Doug Smith AAA-Joe Rohach AAA-Doug Smith AA-Bob Wilson A-Mark Aschim	Paul Gilligan Jim Wilson Tim White Jerry Murray Steve Gerkin Larry Ruggles Steve Gerkin Ted Fulk Greg Coons Lynn Ellis Dennis Ellingson	LuVerne* Sioux City, Central* West Sioux, Hawarden* Klemme* Sioux City, Central* Anita* Sioux City, Central* Marshalltown* Sioux City, Central* Red Oak* Decorah*
1970 1972 1973 1974 1975	D-Art Milliken AA-Mark Bishop AAAA-Jim Eicken AAA-Joe Burke B-Brett Eggert	Dennis Capps Mike Burns Edward Moreno Mike Duncan John Pelser	Hedrick Indianola* Davenport, Central Columbus Catholic, Waterloo Tipton*
1981	1A -Brian Hawes	Shawn Connor	Kee, Lansing*
1995	3A -Rob Brock	Trent Corey	Dubuque, Senior*
2003 2004 2008	4A -John Thomas 4A -Kiel Uhl 4A -J.T. McCarthy	Kiel Uhl John Thomas Marshall Moyer	Des Moines, Roosevelt* Des Moines, Roosevelt Burlington
2010 2011 2012 2013 2016	2A-Alex Baldwin 2A-Keith Byers 3A-Chandler Austin 3A-Chandler Austin 3A-Jeremy Fopma	Keith Byers Will Norris Albert Meier Albert Meier Myles Bach	Spirit Lake Spirit Lake Boone Boone* Marion

STATE MEET RECORDS & BEST PERFORMANCES

(Since 1930 sanctioning by the IHSAA)

SCHOOLS WITH THE MOST STATE CHAMPIONSHIP TEAMS

Decorah	Waukon
Marion	
Iowa City, City High9	
Iowa City, University High*8	
Regina, Iowa City8	
Sioux City, Central*8	
Des Moines, Tech*7	
Dowling Catholic, WDM7	
Marshalltown7	

^{*} School no longer in existence

SCHOOLS WITH THE MOST CONSECUTIVE STATE CHAMPIONSHIP TEAMS

Marion (9)	.1945, 46, 48	, 49, 50,	51, 52,	53, 54 (Note	- 1947	meet called	off due to weather)
Iowa City, University (5)	.1940, 41, 42	, 43, 44					·
Sioux City, Central (5)	.1963, 64, 65	, 66, 67					
Waukon (5)	.1995, 96, 97	, 98, 99					
Mechanicsville (4)	.1943, 44, 45	, 46					
Iowa City, City High (4)	.1991, 92, 93	, 94					

INDIVIDUALS FINISHING FIRST OR SECOND FOUR CONSECUTIVE YEARS

Mark Johnson, Mason City (1969-72) 1st 1969, 70, 71, 72
Dan Mayer, West Central Valley, Stuart (2002-05) 2nd 2002, 03; 1st 2004, 05
Pre-IHSAA Meets: Ralph Cozine, Iowa City, University High First 1924, 1925, 1926; Second 1927

WINNERS OF THREE OR FOUR IHSAA INDIVIDUAL TITLES, 1930-2014

Mark Johnson, Mason City (1969-72)4	John Raveling, Saydel (1957-59)3
Ray (Berl) Edmundson, Thornburg (1938-40)3	Garold Ryan, Underwood (1950-52)3
Deryl King, West Des Moines (1955-57)3	Doug Smith, Sioux City, Central (1965-67)3
Homer Lattimer, LeClaire (1954-56)3	Isaac Wendland, Charles City (2005-07)3
Rick O'Rourke, Villisca (1967-69)3	• • • • • • • • • • • • • • • • • • • •

TWO-TIME IHSAA INDIVIDUAL CHAMPIONS

Chandler Austin	Boone 2012, 13	Brent McGrewDecorah 1991, 92
Riley Bauer	North Union 2016, 17	Steve McTaggartStarmont 1971, 72
	Eagle Grove 1970, 71	Don Murray Des Moines, East 1949, 50
	Indianola 1972, 74	Ron OlsonDecorah 1958, 59
Bill Blay	Griswold 1991, 92	Tom PeacherCardinal Stritch, Keokuk 1977, 78
	Dubuque, Senior 1994, 95	Dan ReisTurkey Valley, Jackson Jct. 1995, 96
	Miles 1967, 68	Don RiversSioux City, Central 1960, 61
Dave Compton	Sioux City, Central 1963, 64	Calvin RobinsonMechanicsville 1944, 45
Stephen Dak	Marshalltown 2005, 06	Joe Rohach Marshalltown 1965, 66
	ADM, Adel 2001, 02	Dan SandersHumboldt 1966, 67
Jack Davis	Iowa City, City 1946, 47	Tim SindtAnkeny 2017, 18
Nate Dotterweich	Monticello 2006, 07	Mark Skahill Villisca 1970, 71
Jim Eicken	Davenport Central 1973, 74	Paul Sloan Des Moines, East 1944, 45
Vernon (Mike) Evans	Des Moines, East 1935, 36	Caesar SmithDes Moines, North 1952, 53
Chris Francois	Davenport North 1997, 98	Bill Spencerlowa Mennonite School, Kalona, 2009, 10
Ron Griffith	West Des Moines 1962, 63	Andrew StumboOgden 2015, 16
Jim Hansen	Dike 1975, 76	Richard TerrellIowa City, University 1944, 45
Mike Holms	Valley, WDM 1984, 85	Bill ThiesenDowling Catholic, WDM 1979, 80
Mark Hughes	Delwood, Elwood 1973, 74	Trent TimsonNUH, Cedar Falls 1983, 84
	West Branch 1986, 87	Dan Van Engen Unity Christian, Org. City 1999, 2000
Dave Krantz	Columbus, Waterloo 1968, 69	Jerry WalkerMarion 1952, 53
Curtis LaBond	Ankeny 1962, 63	Tim WilsonClarke, Osceola 1979, 80
Dan MayerWes	t Central Valley, Stuart 2004, 05	Simeon Wright Dubuque, Senior 1991, 92

RUNNERS ON THREE OR FOUR STATE CHAMPION TEAMS, 1930-2017

4 - Doug Smith, Sioux City Central 1964-67	3 - John Trier, Johnston
3 - Richard Terrell, Iowa City, Univ. High 1942-44	3 - Ron Gomis, Johnston
3 - Casper Robinson, Mechanicsville 1943-45	3 - Steve Kurth, Iowa City, City High1991-93
3 - Jack Edmunds, Marion 1948-50	3 - Eddie Frick, Waukon1997-99
3 - Gerald Walker, Marion1951-53	3 - Austin Williamson, DM, Roosevelt2001-03
3 - Ron Olson, Decorah	3 - Michael Melcher, Monticello2011-13
3 - Steve Gerkin, Sioux City, Central 1963-95	3 - Ben Ahlrichs, Monticello2011-13
3 - Ted Fulk, Marshalltown1964-66	3 – Brycen Wallace, Nodaway Valley2015-17
3 - Mark Aschim, Decorah	3 – Skyler Rawlings, Nodaway Valley2015-17

COACHES WHO HAVE WON THE MOST STATE TEAM TITLES

Les Hipple, Marion	Ray Graves, Shenandoah	5 5 4 4 4 4 4 4
Des Moines, East	Marion 6 Marshalltown 6 Mason City 6 Underwood 6 Iowa City, University High 5 Villisca 5	5

Champions Running for Champions

Since 1930 a total of 302 teams that have won State Championships (counting ties). 115 times the individual champion has run on the championship squad, with the last 16 being 2018 – Sean McDermott, Madrid; 2017 – Gable Sieperda, George-Little Rock/Central Lyon; 2015 – Ryan Schweizer, Dowling Catholic, WDM; 2014 - Thomas Pollard, Gilbert; 2013 - Boone's Chandler Austin; Monticello's Michael Melchert; 2012 - Josh Sindelar, St. Albert, Council Bluffs; Jason Thomas, Dowling Catholic; 2011 - Zach Buchheit (Pella); 2009 - Marshall Moyer (Burlington), Bill Spencer (Iowa Mennonite School, Kalona), 2007 - Devin Allbaugh (Pleasant Valley),Nate Dotterweich (Monticello), 2004 - Ryan Dolan (Wahlert, Dubuque); 2003 - Jon Thomas, (Des Moines, Roosevelt); and 1996 - Tait Steines, (Calamus-Wheatland).

Thirty-seven times the team champion has featured the top two individual finishers. However, only six times since scoring four or more runners (1970) has this occurred -- Indianola in 1972 with Mark Bishop and Mike Burns; Tipton in 1975 with Brett Eggert and John Pelser; Kee, Lansing in 1981 with Brian Hawes and Shawn Connor; Dubuque, Senior in 1995 with Rob Brock and Trent Corey; Des Moines, Roosevelt in 2003 Jon Thomas and Kiel Uhl; and Boone's Chandler Austin and Albert Meier (2012 & 2013). The double by Austin and Meier in back-to-back years was the first time since scoring four or more runners.

COMBINED TEAM TITLE & RUNNER-UP FINISHES SINCE 1930

School	<u>Titles</u>	Runners-up	<u>Total</u>
Decorah	15	3	18
Iowa City, City	9	5	14
Des Moines, East	5	8	
Marshalltown	7	6	13
Dowling Catholic, WDM			
Waukon			
Ames	6	5	11
Cedar Falls	3	8	11
Des Moines, Tech	7	4	11
Iowa City, University High	8	3	11
Marion	10	1	11
Sioux City, Central			
Unity Christian, Orange			
Regina, Iowa City			

Best State Meet Times Recorded Over 5,000 Meters (3.1 miles)

	Jason Thomas, Dowling Catholic, WDM, 2012 (15:28.0 in 2011)
	Ben Anderson, Valley, WDM 2011(15:19.0 in 2012)
	Thomas Pollard, Gilbert, 2014 (15:20.2 in 2013)
	Stephen Dak, Marshalltown, 2006 (15:32.0 in 2005)
	Chris Francois, Davenport, North 1997 (15:31.0 in 1998)
	Grant Shadden, Marshalltown 1999 (15:32.0 in 1998)
	Chandler Austin, Boone, 2013 (15:24.0 in 2012; 15:32.9 in 2011
	Dylan Eigenberger, Dubuque, Senior, 2012
15:07.0	Caleb Drake, Pleasant Valley, 2012 (15:30.0 in 2011)
	Zach Buchheit, Pella 2011 (15:34.0 in 2010)
15:10.0	Josh Evans, Linn-Mar, Marion 2011 (15:19.4, '13 & 15:22.0, '12)
15:13.0	Brook Price, Iowa City, City High, 2012 (15:28.0 in 2011)
15:14.0	Trent Corey, Dubuque, Senior 1996
15:16.0	Shaun Allen, Fort Madison 1997
15:17.0	Isaac Jensen, Iowa City, West 2012 (15:33.0 in 2011)
15:17.0	Trent Graham, Des Moines, Roosevelt, 1999
15:18.0	Jeff DeRocher, Dowling Catholic, WDM 2012
15:18.0	John Thomas, Des Moines, Roosevelt, 2003 (15:34 in '04)
15:18.2	Michael Melchert, Monticello, 2013
15:18.6	Gable Sieperda, George-Little Rock/Central Lyon, 2017
	Kiel Uhl, Des Moines, Roosevelt, 2003 (15:26 in 2004)
15:19.4	
15:20.0	Kevin Lewis, Ottumwa, 2010
15:21.0	Spencer Clark, Dowling Catholic, WDM 2012 (15:30.5 in 2013)
15:21.0	Cole Decker, Dowling Catholic, WDM 2011 (15:34.0 in 2010)
15:21.0	
15:21.0	
15:22.0	
15:23.0	Joe Welter, North Scott, Eldridge 1997
15:23.7	
15:24.2	Daniel Soto, Valley, West Des Moines, 2014 (15:30.7, 2013)
	Matthew Carmody, Dowling Catholic, WDM, 2017
15:25.0	Will Norris, Spirit Lake 2012
	Marshall Moyer, Burlington, 2010 (15:27.0 in 2008)
15:25.0	
15:25.0	
15:25.0	
15:25.7	
15:26.0	
15:26.0	
15:27.0	
15:27.0	
	Ryan Schweizer, Dowling Catholic, WDM, 2014
15:28.0	
15:28.0	
15:28.0	
	Ben Grant, Epworth, Western Dubuque, 2003
15:29.0	
15:29.0	
15:29.0	
15:29.0	
15:30.0	
15:30.0	
15:31.0	IXVali McMallott. Aldotta. 2010
15:31.0 15:32.0	
15:32.0	Adam Streicher, Cedar Falls 2011
15:32.0 15:32.5	Adam Streicher, Cedar Falls 2011 Conner Smock, Mt. Vernon-Lisbon (15:35.0 in 2009)
15:32.0 15:32.5 15:33.0	Adam Streicher, Cedar Falls 2011 Conner Smock, Mt. Vernon-Lisbon (15:35.0 in 2009) Jordan Schulze, Indianola 2011
15:32.0 15:32.5	Adam Streicher, Cedar Falls 2011 Conner Smock, Mt. Vernon-Lisbon (15:35.0 in 2009) Jordan Schulze, Indianola 2011 Austin Williamson, DM, Roosevelt, 2003

15:34.7	Jake Moore, Prairie, Cedar Rapids 2013)
	Rob Brock, Dubuque, Senior 1994 (15:36.0 in 1995)
15:34.8	·
15:35.0	Albert Meier, Boone 2012

Note: Except for the 15:25.7 by Simeon Wright, the above performances were run at Lakeside Golf Course in Fort Dodge. Wright's time was at Veenker Golf Course in Ames.

Top 10 State Meet Times Recorded Over the Two-Mile Distance

9:28.0	Jim Eicken, Davenport, Central 1974
	Rich Fuller, Davenport, Central 1975
	Randy Jackson, Iowa City, City High 1975
	Joe Burke, Columbus, Waterloo 1974
9:33.0	Jeff Jacobs, Clinton 1981
9:33.3	Mike Duncan, Columbus, Waterloo 1974
9:33.9	Mark Johnson, Mason City 1971
9:35.0	Jon Mathiason, Ames 1975
9:36.0	Tim Wilson, Clarke, Osceola 1979
9:36.0	Bill Thiesen, Dowling Catholic, WDM 1980

TOP WINNING TEAM POINT TOTALS - SCORING 5 RUNNERS (15 is perfect)

- 29 Waukon, 1996
- 36 Nodaway Valley, 2016
- 45 Des Moines, Roosevelt, 2003
- 45 Iowa City, City High 1993
- 48 Regina, Iowa City 1997

Top Winning Performance - Scoring 4 Runners (10 is perfect)

- 16 Columbus, Waterloo 1972
- 20 Mason City, 1972
- 21 Bancroft, St. John's 1976
- 23 Columbus, Waterloo 1971

Top Winning Performance - Scoring 3 Runners (6 is perfect)

Des Moines, East 1943
Mechanicsville 1943
Iowa City, University High 1944
Marion 1945, 1949
Eldora 1953
West Sioux, Hawarden 1961
Klemme 1961
Sioux City, Central 1964, 1965, 1966

STATE QUALIFYING TEAMS FROM DISTRICT TO STATE MEET

(District qualifying started in 1976; State Meet was an "open" competition prior to 1976)

* school no longer open

Team	Years Qualified for State
ACGC (Adair-Casey Guthrie Center (2)	
Adel-DeSoto (3)	
ADM, Adel (7)	
Albia (5)	
	. 1976, 77, 79, 80, 90, 91, 92, 2007, 08, 09, 13, 14
Alta (1)	
Alta/Aurelia (4)	
Ames (36)	. 1976, 77, 78, 79, 80, 81, 82, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96,
	97, 98, 99, 2001, 02, 03, 04, 06, 07, 08, 10, 11, 12, 13, 14, 17, 18
Anamosa (2)	
Andrew (3)	
	1982, 83, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04,
Ankeny Centennial (1)	05, 06, 07, 08, 09, 10, 11, 16, 17, 18
Aplington-Parkersburg (3)	
	1976, 77, 78, 79, 80, 81, 82, 83, 97, 98, 99
Ar-We-Va, Westside (2)	
	1989, 90, 94, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 07
	. 1977, 79, 80, 84, 94, 95, 96, 97, 98, 2002, 03, 05, 06, 07, 18
Audubon (1)	
Audubon-Éxira (1)	
, ,	
Ballard (11)	. 1993, 88, 93, 94, 95, 96, 97, 2010, 11, 12, 14
* Bancroft St. John's (6)	. 1976, 77, 78, 79, 80, 85
* Battle Creek-Ida Grove (1)	2008
BCLUW, Conrad (10)	2003, 04, 06, 07, 08, 09, 10, 11, 12, 18
Bellevue (6)	
Belle Plaine (5)	
Belmond (4)	
Belmond-Klemme (4)	
Bettendorf (25)	1981, 86, 2000, 06
BGM Brooklyn (17)	04, 05, 06, 07, 09, 13, 14 1980, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97
Bishop Garrigan, Algona (4)	. 1984. 2002. 03. 13
	. 1976, 79, 81, 82, 84, 88, 92, 93, 94, 98, 99, 2003, 05, 06, 2010, 11, 12,
, , , ,	14, 16
* Blakesburg (1)	
Bondurant-Farrar (1)	
Boone (8)	
Boyer Valley (3)	
Burlington (5)	2008, 09, 10, 11, 12
0-1	4004 00 04 00 07 00 00 0040 47 40
	1991, 92, 94, 96, 97, 98, 99, 2016, 17, 18
CAL-Dows, Latimer (1)	
* Cardinal Stritch, Keokuk (5)	
Cardinal, Eldon (2)	
Carlisle (4)	
	. 1976, 77, 78, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 80, 2003
	1983, 84, 85, 86, 87, 88, 90, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02,
,	03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 18
Cedar Rapids, Jefferson (4)	1984, 85, 86, 2000
Cedar Rapids, Kennedy (14)	1976, 79, 90, 91, 92, 95, 96, 2001, 03, 04, 05, 06, 17, 18
* Cedar Rapids, LaSalle-Regis (1)	
	1977, 81, 82, 87, 98, 2006, 07, 08, 09, 10, 11, 16, 17, 18
* Cedar Valley, Farnhamville (3)	1980, 83, 84

	2042 42 44 47
Center Point-Urbana (4)	
Centerville (7)	
	1982, 84, 92, 93, 97, 98, 99, 2000, 01, 03, 04, 07, 08, 09, 10
Central, Elkader (9)	
Chariton (6)	
Charles City (10)	1982, 97, 2005, 06, 07, 09, 11, 12, 13, 14
Cherokee, Washington (4)	1976, 1992, 2002, 03
Clarinda (8)	1986, 1995, 2001, 02, 03, 04, 05, 06
Clarke, Osceola (4)	
Clear Creek-Amana (4)	
Clear Lake (4)	
	1976, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89
Co. Bluffs, Abraham Lincoln (8)	
Co. Bluffs, Thomas Jefferson (1)	
Colfax-Mingo (1)	
Collins-Maxwell-Baxter (7)	
Colo-Nesco (1)	
Columbus, Columbus Jct (3)	1985, 2003, 04, 05
Columbus Catholic, Waterloo (5)	1976, 78, 79, 2002, 04
Coon Rapids (1)	1985
Coon Rapids-Bayard (2)	
Corning (4)	
Creston (5)	1985 86 87 88 2013
Crestwood, Cresco (4)	
Crestwood, Cresco (4)	1970, 77, 02, 03
Dallas Cantar Crimas (0)	2000 40 42 44 45 40 47 40
Dallas Center-Grimes (8)	
Danville (5)	
Danville/New London. (3)	
Davenport Central (8)	
Davenport West (3)	
Davis County, Bloomfield (5)	1981, 86, 2014, 15, 18
Decorah (35)	1976, 77, 78, 79, 80, 81, 82, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97, 99,
,	2001, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18 1976, 77, 78, 79, 80, 81, 82, 86
Denison (8)	
DEI 118011 (01	1976. 77. 78. 79. 80. 81. 82. 86
Denison-Schleswig (4)	1976, 77, 78, 79, 80, 81, 82, 86 1995, 96, 2000, 03
Denison-Schleswig (4)	1976, 77, 78, 79, 80, 81, 82, 86 1995, 96, 2000, 03
Denison-Schleswig (4)	1995, 96, 2000, 03
Denison-Schleswig (4) Denver (10)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13) * Des Moines, Technical (1) Dike (9)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979 1977, 78, 79, 80, 82, 83, 84, 85, 86
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13) * Des Moines, Technical (1) Dike (9) Dike-New Hartford (12)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979 1977, 78, 79, 80, 82, 83, 84, 85, 86 1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13) * Des Moines, Technical (1) Dike (9) Dike-New Hartford (12) Don Bosco, Gilbertville (1)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979 1977, 78, 79, 80, 82, 83, 84, 85, 86 1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12 1982
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13) * Des Moines, Technical (1) Dike (9) Dike-New Hartford (12) Don Bosco, Gilbertville (1)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979 1977, 78, 79, 80, 82, 83, 84, 85, 86 1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12 1982 1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05,
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13) * Des Moines, Technical (1) Dike (9) Dike-New Hartford (12) Don Bosco, Gilbertville (1) Dowling Catholic, WDM (27)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979 1977, 78, 79, 80, 82, 83, 84, 85, 86 1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12 1982 1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05, 09, 10, 11, 12, 14, 15, 16, 17, 18
Denison-Schleswig (4) Denver (10) Denver-Tripoli (2) Des Moines Christian (3) Des Moines, East (7) Des Moines, Hoover (11) Des Moines, Lincoln (3) Des Moines, Roosevelt (13) * Des Moines, Technical (1) Dike (9) Dike-New Hartford (12) Don Bosco, Gilbertville (1) Dowling Catholic, WDM (27)	1995, 96, 2000, 03 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18 2010, 11 1998, 2017, 18 1977, 88, 89, 90, 91, 92, 97 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 1978, 80, 2004 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 1979 1977, 78, 79, 80, 82, 83, 84, 85, 86 1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12 1982 1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05, 09, 10, 11, 12, 14, 15, 16, 17, 18 1978, 79, 88, 89, 90, 93, 94, 2014, 15, 16, 17, 18
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Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14. 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14. 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14. 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01,
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14. 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 18
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 18 1984, 85, 2006, 07, 08, 09, 12
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 18 1984, 85, 2006, 07, 08, 09, 12 1995, 96, 97, 98, 99, 2007, 08, 15
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1997, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1990, 2010, 11, 12 2014 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 18 1984, 85, 2006, 07, 08, 09, 12 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97,
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 97, 98, 2000, 02, 03, 04, 11, 13, 15, 17, 18 1984, 85, 2006, 07, 08, 09, 12 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07, 08, 09
Wapello (7)	08, 09, 10, 11, 13, 16, 18 2004, 09, 10, 11, 13, 14, 15 1999, 2000, 01, 03, 04, 05, 06 1998 1977, 82, 83, 92, 98, 99, 2000, 07, 12 1979, 81, 83 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16 1976 1977, 80, 81, 82, 85 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 1985, 86 1997, 98 1985 2013, 14, 16 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 97, 98, 2000, 02, 03, 04, 11, 13, 15, 17, 18 1984, 85, 2006, 07, 08, 09, 12 1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07, 08, 09
Wapello (7)	08, 09, 10, 11, 13, 16, 182004, 09, 10, 11, 13, 14, 151999, 2000, 01, 03, 04, 05, 0619981977, 82, 83, 92, 98, 99, 2000, 07, 121979, 81, 83, 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 181979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 1619761977, 80, 81, 82, 851990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 111985, 861997, 981997, 98199720141976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 061977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 161976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 181984, 85, 2006, 07, 08, 09, 121995, 96, 97, 98, 99, 2007, 08, 151982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07, 08, 091995, 96, 97, 98, 99, 2007, 08, 151982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07, 08, 092006, 07, 12, 15, 17, 18

TEAM STATE QUALIFIERS FROM DISTRICT QUALIFYING MEETS SINCE 1976

Most State Qualifying Teams

Ames - 36 Eagle Grove - 29 Bettendorf - 25 Decorah - 35 Iowa City, City - 29 Pekin - 25

Cedar Falls - 33 Western Christian - 29 Wahlert Catholic, Dubuque - 25 Unity Christian - 33 Wankeny - 28 Waukon -24

Valley, West Des Moines - 32

Dubuque Senior - 31

St. Albert, Council Bluffs - 28

Dowling Catholic, WDM - 27

Indianola- 23

Marshalltown – 30 Gilbert; Gilbert-United - 26 Shenandoah; Shen/Essex - 23

Tipton - 26 Williamsburg – 24

Longest Consecutive State Qualifying Streaks (bold currently active)

25 - Cedar Falls (1992-2016)
22 - Ankeny (1990-2011)

22 - Monticello (1997-2018)
20 - Regina, lowa City (1993-2012)

17 - Waukon (1989-2005)

16 - Pleasant Valley (2003-18)

15 - B-G-M, Brooklyn (1993-2007)

15 - Eagle Grove (1993-2007)

18 - Marshalltown (1991-2008) 17 January City City Light (1990-2005)

17 - Iowa City, City High (1989-2005)
15 - Valley, West Des Moines (2004-18)

Boys & Girls Team Winning Team Titles in the Same Year

1967 - Somers1991 - Iowa City, City High2006 - Xavier, Cedar Rapids1970 - B-G-M, Brooklyn1992 - Iowa City, City High2010 - Wahlert, Dubuque1976 - Decorah1993 - Iowa City, City High2011 - Dowling Catholic, WDM

1983 - Cascade 1993 - Waukon 2012 - Decorah

1985 - Cascade 1999 - Iowa City, City High

Most: 4 by Iowa City, City High; 2 by Decorah; 2 by Cascade