

# Cross Country – WCAC Meet @ Panorama West

17-Oct-19

60s, sunny

Nice

## Varsity Girls

Van Meter	46	1A top 20
ACGC	61	2A #11
Earlham	65	1A #13
Panorama	76	2A #8
Madrid	97	
Pleasantville	171	
Des Moines Christian	178	
Woodward-Granger	248	
West Central Valley	248	
<b>Ogden</b>	<b>NTS</b>	
Interstate 35	NTS	
Woodward Academy	NTS	

## Varsity Boys

Des Moines Christian	45	2A #2
Madrid	49	1A #3
Earlham	72	1A #1
<b>Ogden</b>	<b>109</b>	<b>1A #15</b>
ACGC	132	2A top 20
Van Meter	173	
Woodward-Granger	206	
Interstate 35	259	
West Central Valley	262	
Panorama	267	
Pleasantville	282	
Woodward Academy	NTS	

Name	Place	Time	Medalist
Amber Braniff, 11	28	23:45	
Kayden Spencer, 9	34	24:27	
Torrie Wisecup, 11	56	25:31	
April McGriff, 11	76	27:44	
Birdgit Mayse, 9	DNS		

98 runners

Name	Place	Time	Medalist
Garrett Buxton, 12	6	17:25	1 <sup>st</sup> Team
Stephen Flynn, 11	12	17:51	2 <sup>nd</sup> Team
Landon Smith, 12	20	18:35	
Parker Trusler, 9	33	19:19	PR
Jordan King, 9	41	19:35	
Payton Van Sickle, 9	50	19:52	PR
Linden Seeger, 10	52	19:58	
Jacob Samuelson, 11	65	20:35	
Josiah Korpi, 12	82	21:07	PR
Matthew Sego, 9	83	21:09	
Braydon Doty, 9	92	21:53	PR
Trey Minnihan, 11	102	22:33	
Levi Russo, 9	107	22:59	
Lane Longhorn, 9	141	26:43	PR

155 runners

**Scoring Avg** -  
**Total Team Avg** **25:21**

**Scoring Avg** **18:33**  
**Total Team Avg** **20:41**

Junior High Girls	
Van Meter	53
Earlham	77
ACGC	82
Des Moines Christian	125
Madrid	128
Pleasantville	135
West Central Valley	136
<b>Ogden</b>	<b>168</b>
Woodward-Granger	203
Interstate 35	NTS
Panorama	NTS

Name	Place	Time	Medalist
Dakota Tromblay, 8	8	15:09	*
Addy Trusler, 7	34	17:05	
Isabelle McCloud, 8	49	18:06	
Marinza Roosa, 8	50	18:07	
Meredith Kruse, 7	66	27:50	
	67 runners		
Laurell Schlenker, 7	DNS		

**Scoring Avg**                      **19:15**  
**Total Team Avg**                **19:15**

Junior High Boys	
ACGC	45
Madrid	60
Earlham	87
Des Moines Christian	95
Van Meter	124
West Central Valley	147
<b>Ogden</b>	<b>158</b>
Panorama	224
Interstate 35	225
Woodward-Granger	246
Pleasantville	NTS

Name	Place	Time	Medalist
Sage Seeger, 8	16	14:15	
Annon Wolf, 8	17	14:18	
Brady Van Sickle, 7	32	15:02	
Cael Dozier, 7	53	16:05	
Caden Lerdal, 7	55	16:11	
Brock Crosman, 7	60	16:40	PR
Willis Frey, 7	61	16:49	
Ryker Kruse, 7	70	17:31	
Vandon Roosa, 7	78	19:06	
August Schroeder, 7	79	19:08	
Jacob Thomsen, 7	81	19:20	
Drew Hammer, 7	89	25:58	

89 runners

Jude Benbow, 7                DNS  
Gavin Palmer, 8                DNS

**Scoring Avg**                      **15:10**  
**Total Team Avg**                **17:31**