

## **ADOBO SAUCE and/or SEASONING (see also CHILES, CHIPOTLE)**

**Flavor:** salty/sour/hot

**Volume:** moderate–loud

**What it is:** seasoning or sauce made from some or all of the following:

**(ground) chiles** / cayenne + cumin + **garlic** + herbs (e.g., oregano) + onion + **(black) pepper** + salt + turmeric + vinegar

avocado

beans, e.g., black

*burritos*

*Caribbean cuisines [+ cumin + garlic + orange juice + oregano]*

cauliflower

cheese, e.g., cheddar

**CHILES, e.g., CHIPOTLE, or**

chili powder

*enchiladas*

*Filipino cuisine [+ annatto seeds + coconut milk + garlic]*

*guacamole*

*Latin American cuisines*

lemon

**lime**

*marinades*

*Mexican cuisine [+ chipotle chiles + cinnamon + garlic + orange juice + oregano]*

orange, e.g., juice

polenta

\*\*\*\*\* DEMO - [www.ebook-converter.com](http://www.ebook-converter.com)\*\*\*\*\*