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### **Academic Profiles:**

https://www.scopus.com/authid/detail.uri?authorld=35800399200

https://scholar.google.co.in/citations?user=90krGBwAAAAJ&hl=en





### **Professional Guidance**

1. Ph.D. Neurosciences: Awarded - 02

2. M.Sc. Neurosciences: Awarded - 04

3. B.Sc. (H) Neurosciences: Awarded – 19(2018), 20(2019), 18(2020), 23(2021), 24(2022)

## Professional Experience

- April 2022 Ongoing as Chief Scientific Officer, GloNeuro, Sector 107, Noida, India (including Apr 23 – Ongoing as Consultant Neuroscientist, Shiksha Infotech, Bangalore, India; & Jun 2022 – Dec 2022 as Consultant Neuroscientist, REM42 Technologies, Bangalore, India)
- 2. September 2017 March 2022 as **Assistant Professor (Grade III)**, Amity Institute of Neuropsychology and Neurosciences (AINN), Amity University UP, Noida, India.
- January 2016 August 2017 as SERB National Post-Doctoral Fellow and Research Associate, CSIR -Centre for Cellular and Molecular Biology (CCMB), Hyderabad, India.
- 4. July 2009 December 2015 as ICMR/ NIN-Senior Research Fellow and Research Associate, National Institute of Nutrition (NIN), Hyderabad, India.
  - (including 6 months as **IBRO APRC Research Exchange Fellow / UNSW Visiting Fellow** at University of New South Wales, Sydney, Australia, and 4 months as **Young Investigator Fellow** & **Ricerca Assegnista** (**Research Fellow**) at Università degli Studi di Verona, Verona, Italy, and
- 5. March 2009 August 2009 as Lecturer at Int. Inst. of Technology and Management (IITM), Hyderabad, India.
- September 2007 February 2009 as Junior Research Fellow (CSIR), Dept of Neurophysiology, National Institute of Mental Health And Neuro Sciences (NIMHANS), Hosur Road, Bangalore, India.
- 7. June 2006 July 2007 as **BCIL Research Assistant & Trainee** under Biotech Industrial Training Program of DBT, Government of India & Biotech Consortium India Ltd. (BCIL) at Virchow Biotech, Hyderabad, India.

### Education

- 1. **Doctor of Philosophy (Biochemistry)**, Year: 2015, ICMR NIN and Osmania University, Hyderabad.
- 2. Master of Science (Neuroscience), Year: 2006, School of Studies in Neuroscience, Jiwaji University, Gwalior.
- 3. Bachelor of Science (Major- Zoology), Year: 2002, School of Life Sciences, IGNO University, New Delhi.

### Awards/ Fellowships & Travel Grants

- ALBA-CHS Travel Award from Chica & Heinz Schaller Foundation (CHS) at 2024 FENS Forum, Vienna, Austria [25<sup>th</sup> – 29<sup>th</sup> June, 2024].
- Organized IBRO-APRC Associate School on Advances in Neurodegenerative Disorders and Therapeutics at Amity Institute of Neuropsychology and Neurosciences, Amity University UP, India [27<sup>th</sup> September – 01<sup>st</sup> October 2021].
- 3. **Korean Society of Lipid and Atherosclerosis ICoLA Grant** to attend 10th International Congress on Lipid Metabolism & Atherosclerosis (ICoLA2021) at Seoul, Korea [10<sup>th</sup> 11<sup>th</sup> September 2021].
- 4. **ALBA-FKNE-yIBRO Diversity Grant** at FENS VIRTUAL FORUM 2020 [11th 15th July 2020]
- IBRO-APRC Travel & Short Stay Grant 2020 at MONASH University, Kuala Lumpur, Malaysia [January 2021]
- MSBMB-ASEAN YSN Rapid Oral Award in recognition for outstanding oral presentation at 27<sup>th</sup> Federation of Asian and Oceanian Biochemistry & Molecular Biology (FAOBMB) conference at Kuala Lumpur, Malaysia [19<sup>th</sup> – 22<sup>nd</sup> August 2019].
- 7. UNESCO Travel Grant for presentation at 27<sup>th</sup> FAOBMB and 44<sup>th</sup> Malaysian Society for Biochemistry & Molecular Biology (MSBMB) conference at Kuala Lumpur, Malaysia [19<sup>th</sup> 22<sup>nd</sup> August 2019].
- 8. Japan Neuroscience Society (JNS) Travel Award to attend the International Exchange Meeting for Young Researchers, 42<sup>nd</sup> Annual Meeting of the Japan Neuroscience Society (Neuro2019) and 62<sup>nd</sup> Annual Meeting of the Japan Society of Neurochemistry at Niigata, Japan [23<sup>rd</sup> 28<sup>th</sup> July 2019].
- 9. **Korean Society of Lipid and Atherosclerosis Travel Award** to attend 6<sup>th</sup> International Congress on Lipid Metabolism & Atherosclerosis (ICoLA2017) at Seoul, Korea [08<sup>th</sup> 09<sup>th</sup> September 2017]. *Not availed*.
- 10. **IBRO International Travel Grant 2016 (January June)** to attend the **3<sup>rd</sup> International Congress Hidden Hunger** (CHH17) at Stuttgart, Germany [20<sup>th</sup> 22<sup>nd</sup> March 2017].
- 11. **ISN-JNC Fellowship** and **Travel grant** to attend **1**<sup>st</sup> **ISN-JNC Flagship School** at Alpbach, Austria. Funded by International Society for Neurochemistry (ISN) [12<sup>th</sup> 18<sup>th</sup> September 2016].
- 12. SfN / IBRO International Travel Grant to attend Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2015' at Chicago, USA [17<sup>th</sup> 21<sup>st</sup> October 2015].
- 13. IBRO 9<sup>th</sup> World Congress Symposium Speaker Award to participate (as speaker) in 9<sup>th</sup> IBRO World Congress of Neuroscience at Rio de Janeiro, Brazil [7<sup>th</sup> 11<sup>th</sup> July 2015].
- 14. IBRO APRC fellowship and Travel Grant for 1st IBRO/APRC Chandigarh Neuroscience School: Basic & Research Concepts of Depression & Cognitive Dysfunction at Panjab University, Chandigarh, India [03<sup>rd</sup>–

- 08th November 2014]. Not availed.
- 15. Best Poster Award at the 2014 ACPS Symposium: Game Changers in Perinatal Science by The Australian Centre for Perinatal Science at University of New South Wales, Sydney, Australia [20th August 2014].
- 16. JNS-IAN Travel Award to attend the International Exchange Meeting for Young Researchers and 37<sup>th</sup> Annual Meeting of the Japan Neuroscience Society (Neuroscience2014) at Yokohama, Japan [10<sup>th</sup> 13<sup>th</sup> September 2014].
- 17. **IBRO fellowship** and **Travel Grant** for **IBRO Advanced School of Neuroethology** at Hokkaido University, Sapporo, Japan [24<sup>th</sup> 28<sup>th</sup> July 2014].
- 18. **IBRO International Travel Grant 2014 (January June)** to attend the **Annual Meeting of Australasian Neuroscience Society** (ANS 2014) at Adelaide, Australia [28<sup>th</sup> 31<sup>st</sup> January 2014].
- 19. IBRO APRC Exchange Fellowship 2013 at University of New South Wales, Australia [Apr-Sept 2014]
- 20. **DBT Travel Support**/ **Grant** for International Conference to attend **Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2013'** at San Diego, USA [9<sup>th</sup> 13<sup>th</sup> November 2013].
- 21. Science and Engineering Board (SERB) DST Financial Grant for International Scientific Event to participate in Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2013' at San Diego, USA [9th 13th November 2013]. *Not availed.*
- 22. **IBRO Kemali Foundation Travel Support** for **3rd IBRO-Kemali College** at Cortona, Italy [25<sup>th</sup> 31<sup>st</sup> August 2013].
- 23. Travel award from Federation of Asian Oceanian Neuroscience Societies (FAONS) for 33<sup>rd</sup>

  Annual Meeting of the Australian Neuroscience Society (ANS 2013) at Melbourne, Australia [3<sup>rd</sup> 6<sup>th</sup>

  February 2013].
- 24. **IBRO-APRC fellowship** and **Travel Grant** for **Advanced School on Brain Imaging** at the Monash Biomedical Imaging Research Centre, Clayton, Australia [30<sup>th</sup> January 1<sup>st</sup> February 2013].
- 25. Awarded Reduced registration fee slot to attend the ISDN 2012 conference "19th Biennial Meeting of the International Society for Developmental Neuroscience", Mumbai, India [11th 14th January 2012].
- 26. **IBRO Special Travel Grant** for 8<sup>th</sup> **IBRO World Congress of Neuroscience** at Florence, Italy [14<sup>th</sup> July 18<sup>th</sup> July 2011].
- 27. **IBRO Young Investigator Visiting Program fellowship** [June 2011 July 2011].
- 28. **ISN CAEN Financial Support 2011** to visit University of Verona, Italy from Committee for Aid and Education in Neurochemistry (CAEN) of the **International Society for Neurochemistry (ISN)** [April 2011 August 2011].
- 29. **Senior Research Fellowship (ICMR National Task Force on Ageing)** at National Institute of Nutrition (NIN), Indian Council of Medical Research (ICMR), Hyderabad, India. [13<sup>th</sup> July 2009 26<sup>th</sup> December 2012].
- 30. **Junior Research Fellowship (CSIR GATE)** at National Institute of Mental Health And Neuro Sciences (NIMHANS), Bangalore, India. [01<sup>st</sup> September 2007 28<sup>th</sup> February 2009].
- 31. National Level Graduate Aptitude Test in Engineering GATE 2007 [93.22 Percentile Life Sciences].
- 32. Best Research Proposal prize at 1st UAE- IBRO Neuroscience School, Al Ain, UAE.
- 33. Best Presentation of the session Award at 1st UAE- IBRO Neuroscience School, Al Ain, UAE.

- 34. UAE- IBRO fellowship and Travel award to attend 1st UAE- IBRO Neuroscience School, Al Ain, UAE. [Jan 24th- 31st, 2007].
- 35. **IBRO- APRC fellowship** for **Neuroscience Orientation Summer Program** at Tehran, Iran. [Sept 2<sup>nd</sup> -21<sup>st</sup>, 2006].
- 36. IBRO- APRC special fellowship & Travel award to attend 6<sup>th</sup> IBRO- Associate School of Neuroscience at Tehran, Iran. [Aug 26<sup>th</sup> -30<sup>th</sup>, 2006].
- 37. **Two years DBT Studentship** in **M. Sc. Neuroscience** from Department of Biotechnology (DBT), Govt. of India. [July 2004- June 2006].

### Research Interests

Neurobiology of Aging and Obesity, Sleep Neurobiology and Technology, Spinal Cord Injury,

Epilepsy, Neurodegeneration, Micronutrient deficiency, Early life stress

### Membership in Scientific Societies

- 1. International Brain Research Organisation (IBRO) Member and Alumni.
- 2. International Society for Developmental Neuroscience (ISDN) Member.
- 3. International Behavioural Neuroscience Society (IBNS) Member [3735] since May 2007.
- 4. International Society for Neurochemistry (ISN) Member.
- 5. Indian Academy of Neurosciences (IAN) Life Member.
- 6. Society for Biological Chemists (India) Life Member since Nov 2017.
- 7. Society for Neurochemistry, India (SNCI) Life Member since 2019.
- 8. Nutrition Society of India (NSI) Life Member.
- 9. The American Physiological Society (APS) Graduate Student Member.
- 10. Japan Neuroscience Society (JNS) Associate Member.
- 11. European Molecular and Cellular Cognition Society (EMCCS) Student Member.
- 12. The Molecular and Cellular Cognition Society (MCCS) Regular Member since Jan 2015.
- 13. European Behavioural Pharmacology Society (EBPS) Student Member.
- 14. International Society to Advance Alzheimer's Research and Treatment (ISTAART) Professional Membership

#### Reviewer / Member of Editorial Board:

- 1. Journal of Alzheimer's Disease Associate Editor
- 2. Scientific Reports Editorial Board Member
- 3. BioMedical Engineering OnLine Associate Editor
- 4. Current Alzheimers Research Thematic Issue Editor
- 5. WikiJournal of Medicine Associate Editor
- 6. Frontiers in Aging Neuroscience Guest Associate Editor
- 7. Current Topics in Medicinal Chemistry Thematic Issue Editor
- 8. Brain Sciences Special Issue Editor
- 9. Journal of Biological Regulators and Homeostatic Agents Special Issue Editor

- 10. Frontiers in Psychology Handling Editor
- 11. Reviewer in the International Peer-reviewed Journals The Lancet; Cellular and Molecular Life Sciences; Frontiers in Pharmacology; Frontiers in Neuroscience; Frontiers in Nutrition; Frontiers in Aging Neuroscience; Frontiers in Psychiatry; Medical Hypotheses; Neuroscience; BioMed Research International; Health Promotion International; Heliyon; Biochimie; Epilepsy & Behaviour; Science of the Total Environment; International Journal of Molecular Sciences; Neuropsychiatric Disease and Treatment; Nutrients; Alzheimer's & Dementia: The Journal of the Alzheimer's Association; Healthcare; Carbon Letters; Children; PLoS One; Frontiers in Neurology; Journal of Ethnopharmacology; Sensors; Journal of Inflammation Research; Journal of Clinical Medicine; ACS Omega; Current Medical Imaging; Biomedicines; Journal of Personalized Medicine; Medicina; Diagnostics; Environmental Science and Pollution Research; Acta Psychologica; Journal of Imaging; Ageing Research Reviews; Nutritional Neuroscience; Science Progress; Artificial Intelligence in the Life Sciences; Open Veterinary Journal; Appetite; Signal Transduction and Targeted Therapy; Journal Of Exposure Science And Environmental Epidemiology (Nature); Brain Research Bulletin; BioMedical Engineering OnLine; Nature and Science of Sleep; Neuropharmacology; Archives of Medical Research; Toxicology and Environmental Health Sciences; BMC Neuroscience; Science Advances; Molecular Neurobiology; Cell Biochemistry and Biophysics; Clinical Epidemiology; Phytomedicine Plus; Data in Brief; Clinical Epigenetics; Gastrointestinal Disorders; Metabolites; Brain and Behavior; Brazilian Journal of Pharmaceutical Sciences; Aspects of Molecular Medicine; Diseases; Journal of Pharmacy and Pharmacology; Metabolic Brain Disease; Scientific Reports; Physiology & Behavior; Naunyn-Schmiedeberg's Archives of Pharmacology; Neurology International; Lasers in Medical Science; BMC Complementary Medicine and Therapies; Cardiovascular Innovations and Applications; Probiotics and Antimicrobial Proteins; Journal of Alzheimer's Disease; Archives of Gerontology and Geriatrics; Journal of Molecular Neuroscience; Current Oncology; Journal of Neuroinflammation; Molecular Brain; Lipids in Health and Disease; International Journal for Quality in Health Care; Journal of Neuroimmune Pharmacology.

#### 12. International Books Editor –

- a. Academic Press, Elsevier. Title: The Potential of Intermittent Fasting in Age-related Diseases and Precision Anti-aging Therapeutics. ISBN: 9780443300608. Editors: Abhishek Kumar Singh, Jitendra Kumar Sinha, Raviraja Seetharam (TBP May 2025)
- b. CRC Press, Taylor and Francis: Title: The Biology of Neurological Disorders. ISBN: 9781032813431. Editors: Jitendra Kumar Sinha, Shampa Ghosh (Ongoing; TBP September 2025);
- c. Academic Press, Elsevier. Title: Advancements in Neuropsychology and Neuroscience: Understanding the Complexities of the Brain. ISBN: 9780443365447. Editors: Jitendra Kumar Sinha, Shampa Ghosh (Ongoing; TBP March 2026)

#### **Journal Publications**

- Sethi P, Ghosh S, Singh KK, Han SS, Bhaskar R, Sinha JK\*. Nanoparticle-Based Therapeutics for Glioblastoma Multiforme Treatment. *Advanced Therapeutics*, 2025; 2400546. <a href="https://doi.org/10.1002/adtp.202400546">https://doi.org/10.1002/adtp.202400546</a> \*Corresponding author. ISSN: 2366-3987, Impact Factor: 3.7
- Nagayach A, Bhaskar R, Ghosh S, Abomughaid MM, Han SS, Singh KK, Almutary AG, Jha NK, Dhivyadharshni M, Chaudhary K, Atteri S, Chauhan A, Sinha JK\*. Interplay between circadian rhythm, aging, and neurodegenerative disorder. *Open Biology* (Accepted), 2025. <a href="https://doi.org/10.1098/rsob.240161">https://doi.org/10.1098/rsob.240161</a>
   \*Corresponding author. ISSN: 2046-2441, Impact Factor: 4.5
- Ghosh S, Narayanan KB, Singh KK, Sinha JK\*. Prevalence of Alcohol and Tobacco Use and Mental Health Correlates Among Male Coal Miners in West Bengal. *Indian Journal of Medical Research* (Accepted) 2025. <a href="https://doi.org/10.25259/IJMR-1691-2024">https://doi.org/10.25259/IJMR-1691-2024</a> \*Corresponding author. ISSN: 0971-5916, Impact Factor: 2.7
- 4. Singh SR, Bhaskar R, Ghosh S, Yarlagadda B, Singh KK, Verma P, Sengupta S, Mladenov M, Hadzi-Petrushev N, Stojchevski R, **Sinha JK**\*, Avtanski D. Exploring the Genetic Orchestra of Cancer: The Interplay Between Oncogenes and Tumor Suppressor Genes. *Cancers*, 2025; 17(7), 1082. <a href="https://doi.org/10.3390/cancers17071082">https://doi.org/10.3390/cancers17071082</a> \*Corresponding author. ISSN: 2072-6694, **Impact Factor: 4.5**
- Stojchevski R, Sutanto EA, Sutanto R, Hadzi-Petrushev N, Mladenov M, Singh SR, Sinha JK, Ghosh S, Yarlagadda B, Singh KK, Verma P, Sengupta S, Bhaskar R & Avtanski D. Translational Advances in Oncogene and Tumor-Suppressor Gene Research. *Cancers*, 2025; 17(6), 1008. https://doi.org/10.3390/cancers17061008 ISSN: 2072-6694, Impact Factor: 4.5
- Ghosh S, Bhaskar R, Singh KK, Sinha JK\*. Immunotherapy challenges and potential role of unclassified antibodies in complex autoimmune encephalitis. *J Neuroimmunol*. 2025: 578555. <a href="https://doi.org/10.1016/j.jneuroim.2025.578555">https://doi.org/10.1016/j.jneuroim.2025.578555</a> \*Corresponding author. ISSN: 1872-8421, Impact Factor: 2.9
- Sharma H, Narayanan KB, Ghosh S, Singh KK, Rehan P, Amist AD, Bhaskar R, Sinha JK\*. Nanotherapeutics for Meningitis: Enhancing Drug Delivery Across the Blood-Brain Barrier. *Biomimetics*. 10(1):25, 2025. <a href="https://doi.org/10.3390/biomimetics10010025">https://doi.org/10.3390/biomimetics10010025</a> \*Corresponding author. ISSN: 2313-7673, Impact Factor: 3.4
- Ghosh S, Bhaskar R, Ghosh S, Sinha JK\*. Promoting quality mental healthcare across India: The potential of the QualityRights programme. *Indian Journal of Medical Research*; 160(2): 76-178, 2024. <a href="https://doi.org/10.25259/ijmr\_1466\_23">https://doi.org/10.25259/ijmr\_1466\_23</a> [PMID: 39513211]. \*Corresponding author. ISSN: 0971-5916, Impact Factor: 4.2
- 9. Singh KK, Ghosh S, Bhola A, Verma P, Amist AD, Sharma H, Sachdeva P, **Sinha JK**\*. Sleep and Immune System Crosstalk: Implications for Inflammatory Homeostasis and Disease Pathogenesis. *Annals of Neurosciences*. 2024;0(0). <a href="https://doi.org/10.1177/09727531241275347">https://doi.org/10.1177/09727531241275347</a> *Ahead of Print* \*Corresponding author. ISSN: 0972-7531, **Impact Factor: 1.8**
- Sinha JK\*, Jorwal K, Singh KK, Han SS, Bhaskar R, Ghosh S. The Potential of Mitochondrial Therapeutics in the Treatment of Oxidative Stress and Inflammation in Aging. *Mol Neurobiol.*; 2024; <a href="https://doi.org/10.1007/s12035-024-04474-0">https://doi.org/10.1007/s12035-024-04474-0</a> [PMID: 39230868] \*Corresponding author. ISSN: 0893-7648, Impact Factor: 4.6

- Nagayach A, Bhaskar R, Ghosh S, Singh KK, Han SS, Sinha JK\*. Advancing the Understanding of Diabetic Encephalopathy through Unravelling Pathogenesis and Exploring Future Treatment Perspectives. *Ageing Res Rev.*;102450, 2024; <a href="https://doi.org/10.1016/j.arr.2024.102450">https://doi.org/10.1016/j.arr.2024.102450</a> \*Corresponding author. ISSN: 1568-1637, Impact Factor: 12.5
- 12. Sethi P, Bhaskar R, Singh KK, Gupta S, Han SS, Avinash D, Abomughaid MMA, Koul A, Rani B, Ghosh S, Jha NK, Sinha JK\*. Exploring Advancements in Early Detection of Alzheimer's Disease with Molecular Assays and Animal Models. *Ageing Res Rev.*; 100: 102411, 2024; <a href="https://doi.org/10.1016/j.arr.2024.102411">https://doi.org/10.1016/j.arr.2024.102411</a> [PMID: 38986845] \*Corresponding author. ISSN: 1568-1637, Impact Factor: 12.5
- Ghosh S, Bhaskar R, Mishra R, Babu MA, Abomughaid MMA, Jha NK, Sinha JK\*. Neurological Insights into Brain-Targeted Cancer Therapy and Bioinspired Microrobots. *Drug Discovery Today*. 29(9): 104105, 2024; <a href="https://doi.org/10.1016/j.drudis.2024.104105">https://doi.org/10.1016/j.drudis.2024.104105</a> [PMID: 39029869] \*Corresponding author. ISSN: 1359-6446, Impact Factor: 6.5
- 14. Ghosh S, **Sinha JK**\*. Challenges and Solutions for Better Management of Side Effects in Geriatric Oncology. *Cureus*; 16(5): e59941. <a href="https://doi.org/10.7759/cureus.59941">https://doi.org/10.7759/cureus.59941</a> [PMID: 38854254] \*Corresponding author. ISSN: 2168-8184, **Impact Factor: 1.2**
- 15. Vashisth K#, Sinha JK#, Jha NK, Singh MP, Singh KK, Narayanan KB, Ghosh S. Neuropharmacological Insights into Type 3 Diabetes: Molecular Mechanisms, Therapeutic Advances, and Future Directions. *J Biol Regul Homeost Agents*; 38(5): 3645-3655, 2024. <a href="https://doi.org/10.23812/j.biol.regul.homeost.agents.20243805.288">https://doi.org/10.23812/j.biol.regul.homeost.agents.20243805.288</a> \*Equal First author. ISSN: 0393-974X, Impact Factor: 3.2
- 16. Sachdeva P, Narayanan KB, Sinha JK\*, Gupta S, Ghosh S, Singh KK, Bhaskar R, Almutary AG, Zothantluanga JH, Kotta KK, Nelson VK, Paiva-Santos AC, Abomughaid MM, Kamal M, Iqbal D, ALHarbi MH, ALMutairi AA, Dewanjee S, Nuli MV, Vippamakula S, Jha SK, Ojha S, Jha NK. Recent Advances in Drug Delivery Systems Targeting Insulin Signalling for the Treatment of Alzheimer's Disease. *J Alzheimers Dis.*; 98(4): 1169-1179, 2024; <a href="https://doi.org/10.3233/JAD-231181">https://doi.org/10.3233/JAD-231181</a> [PMID: 38607755] \*Corresponding author. ISSN: 1387-2877, Impact Factor: 4
- 17. Vashisth K, Sharma S, Ghosh S, Babu MA, Ghosh S, Iqbal D, Kamal M, Almutary AG, Jha SK, Ojha S, Bhaskar R, Jha NK, Sinha JK\*. Immunotherapy in Alzheimer's Disease: Current Status and Future Directions. J Alzheimers Dis.; 2024; <a href="https://doi.org/10.3233/JAD-230603">https://doi.org/10.3233/JAD-230603</a> \*Corresponding author. ISSN: 1387-2877, Impact Factor: 4
- 18. Ghosh S, **Sinha JK**\*. Enhancing Patient-Centric Approaches and Regulatory Measures in Valproate Use. *Oeios*.; 2024; https://doi.org/10.32388/UPFAR0 \*Corresponding author. ISSN: 2632-3834
- 19. Sinha JK, Trisal A, Ghosh S, Gupta S, Singh KK, Han SS, Mahapatra M, Abomughaid MM, Abomughayedh AM, Almutary AG, Iqbal D, Bhaskar R, Mishra PC, Jha SK, Jha NK, Singh AK. Psychedelics for Alzheimer's Disease-Related Dementia: Unveiling Therapeutic Possibilities and Pathways. *Ageing Res Rev.*; 96: 102211, 2024; https://doi.org/10.1016/j.arr.2024.102211 [PMID: 38307424] ISSN: 1568-1637, Impact Factor: 13.1
- 20. Ghosh S, Dhungel S, Shaikh MF, **Sinha JK**\*. Editorial: World Digestive Health Day: Investigating the link between Neurodegenerative Disease and Gut Microbiota. *Front. Aging Neurosci.*; 15: 1351855, 2024.

- https://doi.org/10.3389/fnagi.2023.1351855 [PMID: 38249716] \*Corresponding author. ISSN: 1663-4365, Impact Factor: 4.8
- 21. Ghosh S, Raghunath M, Sinha JK\*. Navigating the Commonality of Healthcare Failures: COVID-19 and Conflict Zones. *Cureus*; 15(12): e50668, 2023. <a href="https://doi.org/10.7759/cureus.50668">https://doi.org/10.7759/cureus.50668</a> [PMID: 38229812] \*Corresponding author. ISSN: 2168-8184, Impact Factor: 1.2
- 22. Ghosh S, Ghosh S, Sharma H, Bhaskar R, Han SS, Sinha JK\*. Harnessing the Power of Biological Macromolecules in Hydrogels for Controlled Drug Release in the Central Nervous System: A Review. *Int J Biol Macromol.*; 254(1): 127708, 2024. <a href="https://doi.org/10.1016/j.ijbiomac.2023.127708">https://doi.org/10.1016/j.ijbiomac.2023.127708</a> [PMID: 37923043] \*Corresponding author. ISSN: 0141-8130, Impact Factor: 8.2
- 23. Bano S, Raza MA, Ghosh S, Pandit NS, Srivastava S, Azam M, Dey SK, Han SS, **Sinha JK**\*, Ruwali M. Emerging Therapeutic Targets in Molecular Neuropharmacology for Alzheimer's Disease. *J Biol Regul Homeost Agents*; 37(11): 5769-5784, 2023. <a href="https://doi.org/10.23812/j.biol.regul.homeost.agents.20233711.553">https://doi.org/10.23812/j.biol.regul.homeost.agents.20233711.553</a>\*Corresponding author. ISSN: 0393-974X, **Impact Factor: 3.2**
- Ghosh S, Sinha JK, Raghunath M, Han SS, Bhaskar R. Accountability and protection for health care in conflict zones. *The Lancet*; 402(10412):1524-25, 2023. <a href="https://doi.org/10.1016/S0140-6736(23)01693-8">https://doi.org/10.1016/S0140-6736(23)01693-8</a>
   [PMID: 37898526] ISSN: 0140-6736, Impact Factor: 168.9
- 25. Ghosh S, **Sinha JK**\*, Ghosh S, Sharma H, Bhaskar R, Narayanan KB. A Comprehensive Review of Emerging Trends and Innovative Therapies in Epilepsy Management. *Brain Sciences*. 2023; 13(9):1305. <a href="https://doi.org/10.3390/brainsci13091305">https://doi.org/10.3390/brainsci13091305</a> [PMID: 37759906] \*Corresponding author. ISSN: 2076-3425, Impact Factor: 3.9
- 26. Ghosh S, Vashisth K, Ghosh S, Han SS, Bhaskar R, Sinha JK\*. From sleep to cancer to neurodegenerative disease: the crucial role of Hsp70 in maintaining cellular homeostasis and potential therapeutic implications. *J Biomol Struct Dyn*; 0(0): 1-12, 2023. <a href="https://doi.org/10.1080/07391102.2023.2252509">https://doi.org/10.1080/07391102.2023.2252509</a> [PMID: 37643058]
  \*Corresponding author. ISSN: 0739-1102, Impact Factor: 4.4
- 27. **Sinha JK**, Ghosh S, Ghosh S, Bhaskar R, Han SS. Improving Therapeutic Approaches to Insomnia: The Need for Objective Sleep Data. *Lancet Healthy Longev.*; 2023; 4(9), e459. <a href="https://doi.org/10.1016/S2666-7568(23)00158-7">https://doi.org/10.1016/S2666-7568(23)00158-7</a> [PMID: 37659428] ISSN: 2666-7568, **Impact Factor: 13.1**
- 28. Ghosh S<sup>#</sup>, **Sinha JK**<sup>#\*</sup>, Ghosh S, Vashisth K, Han SS, Bhaskar R. Microplastics as an Emerging Threat to the Global Environment and Human Health. *Sustainability*; 2023; 15(14): 10821. \*Equal contribution, \*Corresponding author. <a href="https://doi.org/10.3390/su151410821">https://doi.org/10.3390/su151410821</a> ISSN: 2071-1050, **Impact Factor: 3.9**
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- 25. Ghosh S, Aziz A, Namgyal D, **Sinha JK**\* (2023). Electromyography. In: Shackelford, T.K. (eds) *Encyclopedia of Sexual Psychology and Behavior*. Pp 1-4. ISBN: 978-3-031-08956-5 (Print). <a href="https://doi.org/10.1007/978-3-031-08956-5">https://doi.org/10.1007/978-3-031-08956-5</a> 167-1 Springer Nature Switzerland AG. \*Corresponding author.
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- Ghosh S, Sharma H, Swain U, Mishra PK, Gaur P, Sinha JK\*. (2022) Ganglion. *Encyclopedia of Animal Cognition and Behavior*. Living Reference Work. pp 2866–2871. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7\_1772">https://doi.org/10.1007/978-3-319-55065-7\_1772</a> New York, Springer Nature Switzerland AG. \*Corresponding author.
- Ghosh S, Verma M, Singh AK, Sinha JK\*. (2022) Medulla Oblongata. Encyclopedia of Animal Cognition and Behavior. Living Reference Work. pp 4161–4170. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7">https://doi.org/10.1007/978-3-319-55065-7</a>\_1784 New York, Springer Nature Switzerland AG. \*Corresponding author.
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- Sinha JK, Aziz A, Ghosh S, Raghunath M. (2022) Maternal Behavior. Encyclopedia of Animal Cognition and Behavior. Living Reference Work. pp 4120–4125 Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7">https://doi.org/10.1007/978-3-319-55065-7</a> 1345 New York, Springer Nature Switzerland AG.
- Sinha JK, Durgvanshi S, Ghosh S. (2022) Attention-Deficit Hyperactivity Disorder. *Encyclopedia of Animal Cognition and Behavior*. Living Reference Work. pp 551–556. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7">https://doi.org/10.1007/978-3-319-55065-7</a> 1057 New York, Springer Nature Switzerland AG.
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- 39. **Sinha JK**, Aziz A, Ghosh S. (2022) Homunculus. *Encyclopedia of Animal Cognition and Behavior*. Living Reference Work. pp 3218–3221. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). https://doi.org/10.1007/978-3-319-55065-7 1427 New York, Springer Nature Switzerland AG.
- 40. **Sinha JK**, Ghosh S. (2022) Open field test. *Encyclopedia of Animal Cognition and Behavior*. Living Reference Work. pp 4799–4800. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7">https://doi.org/10.1007/978-3-319-55065-7</a> 764 New York, Springer Nature Switzerland AG.
- 41. **Sinha JK**, Khan T, Ghosh S. (2022) Paternal behaviour. *Encyclopedia of Animal Cognition and Behavior*. Living Reference Work. pp 5080–5084. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7\_1383">https://doi.org/10.1007/978-3-319-55065-7\_1383</a> New York, Springer Nature Switzerland AG.
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- 44. Ghosh S, Raghunath M, **Sinha JK**\*. (2022) Fetus. *Encyclopedia of Animal Cognition and Behavior*. Living Reference Work. pp 2716–2721. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7\_62">https://doi.org/10.1007/978-3-319-55065-7\_62</a> New York, Springer Nature Switzerland AG. \*Corresponding author.
- 45. Ghosh S, Sinha JK\*. (2022) Intron. Encyclopedia of Animal Cognition and Behavior. Living Reference Work.

- pp 3673–3676. Editors: Jennifer Vonk, Todd Shackelford. ISBN: 978-3-319-55064-0 (Print). <a href="https://doi.org/10.1007/978-3-319-55065-7\_70">https://doi.org/10.1007/978-3-319-55065-7\_70</a> New York, Springer Nature Switzerland AG. \*Corresponding author.
- 46. Tripathi MK, Sinha J, Srivastava SK, Kumar D. (2019) Bioinformatics in Skin Cancer: A System Biology Approach to Understanding the Molecular Mechanisms and It's Regulations. Skin Aging & Cancer. Editors: Dwivedi A, Agarwal N, Ray L, Tripathi AK. ISBN: 978-981-13-2540-3 (Print). <a href="https://doi.org/10.1007/978-981-13-2541-0">https://doi.org/10.1007/978-981-13-2541-0</a> 10 Singapore, Springer Nature Switzerland AG.

### Conference Publications in Peer-Reviewed Journals

- Sinha JK, Ghosh S, Singh KK, Singh MP, Raghunath M. Exploring Therapeutic Potentials and Pathways of Psychedelics in Alzheimer's Disease-Related Dementia. *Alzheimers Dement.* 2024;20(S6):e084413. https://doi.org/10.1002/alz.084413 ISSN: 1552-5279 Impact factor: 14
- Ghosh S, Singh KK, Amist AD, Sinha JK. Exploring Novel Molecular Targets for Alzheimer's Disease in Neuropharmacology. *Alzheimers Dement*. 2024;20(S6):e085882. <a href="https://doi.org/10.1002/alz.085882">https://doi.org/10.1002/alz.085882</a> ISSN: 1552-5279 Impact factor: 14
- 3. Ghosh S, Singh KK, Jha S, Raghunath M, **Sinha JK**. Interconnected dynamics of 'obesageing': Intricate relationship between obesity and ageing processes. *Alzheimers Dement*. **2024**;20(s1):e085889. <a href="https://doi.org/10.1002/alz.085889">https://doi.org/10.1002/alz.085889</a> ISSN: 1552-5279 **Impact factor: 14**
- 4. Bhaskar R, Singh KK, Ghosh S, Mahapatra M, **Sinha JK**. Exploring homeostasis restoration as a potential therapeutic avenue for addressing obesity and sleep disorders. *Alzheimers Dement.* **2024**;20(s1):e088259. <a href="https://doi.org/10.1002/alz.088259">https://doi.org/10.1002/alz.088259</a> ISSN: 1552-5279 **Impact factor: 14**
- 5. **Sinha JK**, Singh KK, Verma P, Amist AD, Singh MP, Ghosh S. The role of sleep in the immune system and its effects on inflammatory homeostasis and disease initiation. *Journal of Sleep Research*; 33(S1): e14291, **2024**. <a href="https://doi.org/10.1111/jsr.14291">https://doi.org/10.1111/jsr.14291</a> ISSN: 0962-1105 **Impact factor: 3.4**
- Sinha JK\*, Durgvanshi S, Verma M, Ghosh S. Investigation of SLC6A9 and SLC5A1 as a promising therapeutic target for obesity and diabetes using in silico characterization, 3D structure prediction and molecular docking analysis. *Alzheimer's Dement*; 19 (S1): e064229, 2023. <a href="https://doi.org/10.1002/alz.064229">https://doi.org/10.1002/alz.064229</a> ISSN: 1552-5279 Impact factor: 14
- Sinha JK, Ghosh S, Raghunath M. Concomitant high oxidative stress and poor antioxidant enzyme activity
  with DNA damage may underlie obesity and reduced longevity in WNIN/Ob obese rats. *Journal of Neurological Sciences*; 429: 118615, 2021. <a href="https://doi.org/10.1016/j.jns.2021.118615">https://doi.org/10.1016/j.jns.2021.118615</a> ISSN: 0022-510X
  Impact factor: 4.4
- 8. **Sinha JK**. Targeting epilepsy with novel therapeutic entities to investigate the biochemical and molecular mechanisms. *Clinical Neurophysiology*; 132(8): e67-68, **2021**. <a href="https://doi.org/10.1016/j.clinph.2021.02.128">https://doi.org/10.1016/j.clinph.2021.02.128</a> ISSN: 1388-2457 **Impact factor: 4.861**
- Sinha JK, Ghosh S, Raghunath M. DNA damage in brain may lead to cognitive dysfunctions and reduced longevity in WNIN/Ob obese rats. *Alzheimer's Dement*; 17(s12): e57963, 2021. https://doi.org/10.1002/alz.057963 ISSN: 1552-5279 Impact factor: 14
- 10. Ghosh S, Sinha JK, Raghunath M. Maternal vitamin B12 deficiency is associated with increased oxidative

- stress and DNA damage in brain regions of C57BL/6 mouse offspring. *Clinical Neurophysiology*; 132(8): e122, 2021. <a href="https://doi.org/10.1016/j.clinph.2021.02.300">https://doi.org/10.1016/j.clinph.2021.02.300</a> ISSN: 1388-2457 Impact factor: 4.861
- 11. **Sinha JK**, Ghosh S, Raghunath M. Understanding the neurobiology of premature aging and dementia in a unique animal model, the WNIN/Ob obese rat. *Alzheimer's Dement*; 16(s12): e12278, **2020**. <a href="https://doi.org/10.1002/alz.12278">https://doi.org/10.1002/alz.12278</a> ISSN: 1552-5279 **Impact factor: 14**
- 12. **Sinha JK**, Giridharan NV, Raghunath M. Can systemic and central IGF1 and BDNF levels play a role in decreasing the longevity of WNIN obese mutant rats? *Int J Dev Neurosci*; 30(8): 648-649, **2012**. <a href="https://doi.org/10.1016/j.ijdevneu.2012.03.253">https://doi.org/10.1016/j.ijdevneu.2012.03.253</a> ISSN: 1873-474X **Impact factor: 2.54**
- 13. **Sinha JK**, Ray B, Sharma S, Roy TS. Age changes in the human abducens nerve: A morphometric study. *Physiol Pharmacol*; Supplement 1:36, **2006**.

### Popular Articles

- Ghosh S, Sinha JK\*. Neurology Commentary: Epilepsy With Generalized Tonic-Clonic Seizures Alone: Electroclinical Features and Prognostic Patterns. Elsevier Practice Update; Available at https://www.practiceupdate.com/c/159034/1/7/ 2023.
- Aziz A, Ghosh S, Shaikh MF, Sinha JK\*. Role of nutrition in combating stress-related neuronal complications during the COVID-19 pandemic. Association of Pharmaceutical Teachers of India (APTI) Women's Forum Newsletter; 10(12): 15-20, 2020.
- 3. Patel SF, Sinha JK, Khan S. IBRO School: A budding experience. Newslet Ibn Sina Acad; 7(1)24: 11-13, 2007.

### Brief Description of Ph.D. Work

Thesis Title: Accelerated ageing / reduced longevity of WNIN/Ob obese rats: Role of altered neurochemical profile, oxidative damage and trophic support in the brain. Wistar of the National Institute of Nutrition obese (WNIN/Ob) is a unique rat strain isolated and established at NIN, Hyderabad, India, from its existing stock of Wistar rat colony (WNIN). This animal model exhibits all traits of metabolic syndrome and has a remarkably reduced lifespan (1.5 years as compared to 3 years in parental WNIN rats), *albeit*, the factors associated with premature ageing is not well understood. Various studies on the WNIN/Ob obese rats have already established it as a suitable model of obesity and metabolic syndrome. The purpose of my study was to establish these rats as an animal model of accelerated ageing / reduced longevity. Considering that available literature shows (i) the association of altered neurochemical profile, oxidative damage and decreased trophic support with normal ageing and (ii) WNIN/Ob rats show reduced lifespan, we wanted to check if these factors underlie the premature ageing observed in this animal model. Therefore, we hypothesised that altered neurochemical profile, oxidative damage and decreased trophic support underlie the accelerated ageing / reduced longevity in WNIN/Ob rats.

Our studies including survival analysis demonstrate WNIN/Ob obese rats to be a useful model for decreased longevity. Various changes seen during normal ageing in control WNIN rats around 15 months of age appeared in the WNIN/Ob obese rats at a much younger age of 3-6 months, confirming accelerated ageing in them. We observed the factors that underlie normal ageing such as neuronal loss and astrogliosis, altered

neurochemical profile and decreased brain metabolism, increased oxidative and glucocorticoid stress and decreased neurotrophic support, at a much younger age in WNIN/Ob obese rats. This implicates that various factors that underlie normal ageing are also associated with reduced longevity in WNIN/Ob obese rats.

### Responsibilities Undertaken

- 1. Senior Research Coordinator (September 2017 March 2022)
- 2. Mentor for B.Sc. (H) students (20 in 2017, 18 in 2018, 17 in 2019)
- 3. Institutional Faculty Coordinator Mission Impossible (2017 March 2022)
- 4. Institutional Drive Engine Mission Outcome (2017 March 2022)
- 5. Class Representative Coordinator (2017 March 2022)
- 6. Convocation Coordinator (2017)
- 7. Faculty Coordinator Amity Youth Festival (2018, 2019)
- 8. Faculty Coordinator Ethical and Social Responsibility (HVCO) (2017)
- 9. Faculty Coordinator Programme Review and Outcome Assessment Committee (PROAC) (2017,18)
- 10. Examination Center Superintendent Term-End Exams (2020)
- 11. Examination Dy. Center Superintendent Term-End Exams (2018 19)
- 12. NTCC Coordinator & Board Member All semesters of B.Sc. (H) and M.Sc. Neurosciences (2017 2022)
- 13. Board Member Admissions Interview; Parents Interaction
- 14. Board of Studies (B.Sc. & M.Sc.) Member (2018 March 2022)
- 15. Institutional Faculty Coordinator Sports (2017 March 2022)
- 16. Institutional NAAC Coordinator (2017,18)

#### Invited Talks/ Oral Presentations

- Sinha JK. Brain Awareness: Understanding Epilepsy A Neurological Disorder, Not a Supernatural Phenomenon. Invited Expert Speaker at Two Days Expert Talk Session (28th - 29th January 2025) organized under the Prime Minister School for Rising India (PM SHRI) Initiative for the academic session 2024-25, at Udaipur, India. 29th January 2025.
- 2. **Sinha JK**. Unlocking the code: Decipering the Molecular secrets of Brain Disorders. Invited Guest Lecture at *RUSA sponsored One Day National Webinar, Biofacet 2024 on "Recent Trends in Neurological Research"*, at Mumbai, India. 24<sup>th</sup> August 2024.
- 3. **Sinha JK**. Deciphering Brain Mechanisms in Obesity: Insights from an Animal Model. Invited Plenary Lecture at *IBRO-APRC Neuroscience School Nepal on Psychophysiology of Neurological Disorders Genomics and Non-Genomics Perception*, at Kathmandu, Nepal. 24<sup>th</sup> April 8<sup>th</sup> May 2024.
- 4. **Sinha JK**. Good sleep hygiene can alter cognition and pain perception. Invited Lecture at *IBRO-APRC School* on *Understanding pathophysiology of Pain and cognition using animal experiments*, at Hyderabad, Telangana, India. 12<sup>th</sup> 16<sup>th</sup> December 2022.
- 5. **Sinha JK**. Preventive Strategies of Obesity in Children with Developmental Disabilities. Invited Lecture at Society for Neurochemistry India (SNCI) Virtual meeting on Cognitive and Neurodevelopmental

- Disorders at Shillong, India. 30th October 1st November 2021.
- 6. **Sinha JK**. Is obesity a brain disease: Lessons from animal models. Invited Lecture at *IBRO-APRC Associate* School on Animal Models of Neurobiology Research: Models to Molecules, at Amarkantak, India. 20<sup>th</sup> 24<sup>th</sup> September 2021.
- 7. **Sinha JK**. Food addiction: a piece of obesity jigsaw. Invited Lecture at *IBRO-APRC Associate School on Neurobiology of Addiction*, at Chandigarh, India. 23<sup>rd</sup> 28<sup>th</sup> August 2021.
- 8. **Sinha JK**. Understanding the neurobiology of obesity. Invited Special Lecture at *IBRO-APRC School of Neuroscience on Understanding of Neuroscience and Spectrum of Neurogenetic Disorders*, Kathmandu, Nepal.  $20^{th} 25^{th}$  August 2021.
- 9. **Sinha JK**. Targeting epilepsy with novel therapeutic entities to investigate the biochemical and molecular mechanisms. Oral Presentation at 7th Asian-Oceanian Congress on Clinical Neurophysiology (AOCCN), Kuala Lumpur, Malaysia, 30<sup>th</sup> January 1<sup>st</sup> February 2021.
- 10. **Sinha JK**. Understanding the neurobiology of premature aging in a unique animal model, the WNIN/Ob obese rat. Invited Talk at *International Conference on Frontiers in Neuroscience and Neurochemistry: Dynamic Challenges and Approaches* and 33<sup>rd</sup> annual meeting of Society for Neurochemistry, India (SNCI). Jamia Hamdard, New Delhi. 10<sup>th</sup> 12<sup>th</sup> October 2019.
- 11. **Sinha JK**. Weakened neurotrophic support and aberrant levels of neurometabolites in the brain underlie reduced lifespan of WNIN/Ob obese rats. Oral Presentation at 27<sup>th</sup> Federation of Asian and Oceanian Biochemist & Molecular Biologist (FAOBMB) and 44<sup>th</sup> Malaysian Society for Biochemistry & Molecular Biology (MSBMB) conference, Kuala Lumpur, Malaysia. 19<sup>th</sup> 22<sup>nd</sup> August 2019.
- 12. **Sinha JK**. DNA damage with concomitant high oxidative stress and poor antioxidant enzyme activity underlie obesity and accelerated aging in WNIN/Ob obese rats. Oral Presentation at 42<sup>nd</sup> Annual Meeting of the Japan Neuroscience Society and 62<sup>nd</sup> Annual Meeting of the Japan Society of Neurochemistry, Niigata, Japan. 23<sup>rd</sup> 28<sup>th</sup> July 2019.
- 13. **Sinha JK**. Untangling the neurobiology of obesity. Invited Lecture at *IBRO-APRC School of Neuroscience*, Amarkantak, India. 03<sup>rd</sup> 09<sup>th</sup> March 2019.
- 14. **Sinha JK**. Models of obesity. Technical Lecture at *IBRO-APRC School of Neuroscience*, Amarkantak, India.  $03^{\text{rd}} 09^{\text{th}}$  March 2019.
- 15. Sinha JK, Ghosh S, Raghunath M. Early onset degenerative changes in the brain of WNIN/Ob obese rats: Probable role in premature ageing. Oral Presentation at 47<sup>th</sup> Annual National Conference of Nutrition Society of India, Hyderabad, India. 09<sup>th</sup> – 10<sup>th</sup> October 2015. [Young Scientist's Award (Junior) Presentation – Experimental Nutrition]
- 16. **Sinha JK**, Ghosh S, Raghunath M. Probable role of degenerative changes in the brain of WNIN/Ob obese rats, a model of premature ageing. Oral Presentation at *International Conference on Biochemistry, Nutrition and Pharmacy in human welfare 2015*, Hyderabad, India. 03<sup>rd</sup> 05<sup>th</sup> September 2015.
- 17. **Sinha JK**. Oxidative stress links obesity and brain ageing in health and disease. *The 9<sup>th</sup> IBRO World Congress of Neuroscience*, Rio de Janeiro, Brazil. 07<sup>th</sup> 11<sup>th</sup> July 2015.
- 18. Sinha JK. Reduced longevity in WNIN obese rats. Oral Presentation at IBRO Kemali College RNA and the

- Etiology of Brain Disease, Neuroscience School of Advanced Studies, Cortona, Italy. 25th 31st August 2013.
- Sinha JK. Involvement of DNA damage and astrocytic infiltration in reduced longevity of WNIN obese rats.
   Oral Presentation at Wellcome Trust/DBT India Alliance sponsored Science and Communication Workshop (SciComm 2013), Hyderabad, India. 20<sup>th</sup> – 22<sup>nd</sup> March 2013
- 20. Sinha JK, Giridharan NV, Raghunath M. Reduced hypothalamic BDNF levels in WNIN obese mutant rats. In session III: Trophic factors, Neuromediators and Receptors (10<sup>th</sup> June). Moderators: Prof. R. Pellitteri, Prof. G. Panzica. Oral Presentation at XXI Convegno Nazionale del Gruppo Italiano Per Lo Studio Della Neuromorfologia (GISN), San Benedetto del Tronto, Italy. 9<sup>th</sup> 10<sup>th</sup> June 2011.
- 21. **Sinha JK.** HiLearning A new concept for probable mechanism of learning at neuronal level. In research proposal competition. Oral Presentation at *1st UAE- IBRO Neuroscience School- Fundamentals of Basic and Clinical Neurosciences* UAE University, Al Ain, UAE. 24<sup>th</sup> 31<sup>st</sup> Jan 2007.

### **Poster Presentations**

- 1. **Sinha JK**, Ghosh S, Raghunath M. Establishing an animal model to study the neurobiology of obesity and ageing. 48<sup>th</sup> Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2018' at San Diego, USA [03<sup>rd</sup> 07<sup>th</sup> November 2018].
- 2. **Sinha JK**, Ghosh S, Raghunath M. Maternal vitamin B12 deficiency is associated with poor learning and memory and increased oxidative stress in brain of mouse offspring. 3<sup>rd</sup> International Congress Hidden Hunger (CHH17) at Stuttgart, Germany [20<sup>th</sup> 22<sup>nd</sup> March 2017].
- Sinha JK, Ghosh S, Tiwari V, Patel AB, Giridharan NV, Raghunath M. Altered levels of neurotrophic factors and neurochemical profile in the brain as the probable causes of decreased longevity of WNIN obese rats. 30<sup>th</sup> Annual Meeting of the Society for Neurochemistry India (SNCI 2016) at Hyderabad, India [9<sup>th</sup> – 11<sup>th</sup> December 2016].
- 4. **Sinha JK**, Ghosh S, Raghunath M. Maternal vitamin B12 deficiency is associated with poor learning and memory in the brain of mouse offspring. 1<sup>st</sup> ISN-JNC Flagship School at Alpbach, Austria. [12<sup>th</sup> 18<sup>th</sup> September 2016].
- 5. **Sinha JK**, Ghosh S, Raghunath M. Establishing an animal model to study the neurobiology of obesity and ageing. 45<sup>th</sup> Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2015' at Chicago, USA [17<sup>th</sup> 21<sup>st</sup> October 2015].
- 6. **Sinha JK**, Ghosh S, Swain U, Raghunath M. Oxidative stress induced DNA damage and compromised antioxidant enzyme activity links obesity and accelerated aging in WNIN/Ob obese rats. 37<sup>th</sup> Annual Meeting of the Japan Neuroscience Society (Neuroscience 2014) at Yokohama, Japan [10<sup>th</sup> 13<sup>th</sup> September 2014].
- 7. Maniam J, Antoniadis C, **Sinha JK**, Youngson NA, Morris MJ. Are hippocampal gene expression changes induced by early life stress mediated by DNA methylation? Australian Centre for Perinatal Symposium Game Changers in Perinatal Science at UNSW, Sydney, Australia. [20th August 2014].
- 8. **Sinha JK**, Ghosh S, Swain U, Raghunath M. Brain DNA damage may cause reduced longevity in WNIN obese rats. 11<sup>th</sup> International Congress of Neuroethology and 36<sup>th</sup> Annual Meeting of the Japanese Society for

- Comparative Physiology and Biochemistry (2014 ICN / JSCPB) at Sapporo, Japan. [28<sup>th</sup> July 01<sup>st</sup> August 2014].
- Sinha JK, Ghosh S, Raghunath M. Oxidative stress links obesity and brain ageing in health and disease. 34<sup>th</sup>
   Annual Meeting of Australasian Neuroscience Society (ANS 2014) at Adelaide, Australia [9<sup>th</sup> 10<sup>th</sup> January 2014].
- Sinha JK, Ghosh S, Swain U, Raghunath M. Increased DNA damage in brain results in reduced longevity in WNIN/Ob obese rats. Indo-Taiwan Joint Interdisciplinary Neuroscience Symposium - 2014 at Hyderabad, India [9<sup>th</sup> – 10<sup>th</sup> January 2014].
- 11. **Sinha JK**, Ghosh S, Swain U, Raghunath M. Increased DNA damage in brain is associated with reduced longevity in a novel obese rat model. Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2013' at San Diego, USA [9<sup>th</sup> 13<sup>th</sup> November 2013].
- 12. Ghosh S, **Sinha JK**, Rajan WD, Kumar KP, Chakravarty S, Kumar A, Raghunath M. Vitamin B12 deficiency in early life leads to neural and behavioral changes in mice during adulthood. Annual Meeting of Society for Neuroscience (SfN) 'Neuroscience 2013' at San Diego, USA [9<sup>th</sup> 13<sup>th</sup> November 2013].
- 13. **Sinha JK**, Ghosh S, Tiwari V, Patel AB, Giridharan NV, Raghunath M. Altered levels of neurotrophic factors and neurochemical profile in the brain as the probable causes of decreased longevity of WNIN obese rats. 33<sup>rd</sup> Annual Meeting of the Australian Neuroscience Society (ANS 2013) at Melbourne, Australia [3<sup>rd</sup> 6<sup>th</sup> February 2013].
- 14. Ghosh S, Sinha JK, Swain U, Raghunath M. Premature accumulation of DNA damage in the brain of WNIN obese rats as a possible cause of their reduced longevity. Annual Meeting of the Australian Neuroscience Society (ANS 2013) at Melbourne, Australia [3<sup>rd</sup> 6<sup>th</sup> February 2013].
- 15. Sinha JK, Giridharan NV, Raghunath M. Can systemic and central IGF1 and BDNF levels play a role in decreasing the longevity of WNIN obese mutant rats? 19th Biennial Meeting of the International Society for Developmental Neuroscience Neurodevelopment and Neurological diseases at Mumbai, India [11th 14th January 2012].
- 16. **Sinha JK**, Giridharan NV, Raghunath M. Impaired BDNF signaling in hypothalamus may underlie accelerated ageing in WNIN obese mutant rats. 8<sup>th</sup> World Congress of IBRO at Florence, Italy [14<sup>th</sup> 18<sup>th</sup> July 2011].
- 17. **Sinha JK**, Roy B, Sharma S, Roy TS. Age changes in adult human abducens nerve. III<sup>rd</sup> NBRC International Conference at Manesar, India. [13<sup>th</sup> -15<sup>th</sup> December 2007]
- 18. **Sinha JK**, Roy B, Sharma S, Roy TS. Age changes in the human abducens nerve: A morphometric study. 6<sup>th</sup> IBRO Associate School of Neuroscience at Tehran, Iran. [26<sup>th</sup> -30<sup>th</sup> August 2006].

### Schools / Workshops / Conferences Attended

- 17<sup>th</sup> 21<sup>st</sup> June 2019. Title "One Week Workshop on Yoga for Health" Venue: Amity University UP, Noida, India.
- 2. 02<sup>nd</sup> 03<sup>rd</sup> November 2017. Title "**National Seminar on Non-Communicable Diseases**" Venue: Amity University UP, Noida, India.

- 20<sup>th</sup> 22<sup>nd</sup> March 2017. Title "3<sup>rd</sup> International Congress Hidden Hunger (CHH17)" Venue: Mövenpick Hotel Stuttgart, Stuttgart, Germany.
- 4. 03<sup>rd</sup> 05<sup>th</sup> March 2017. Title: "6<sup>th</sup> Meeting of Asian Forum for Chromatin and Chromosome Biology" Venue: Centre for Cellular and Molecular Biology (CCMB), Hyderabad, India.
- 5. 09<sup>th</sup> 11<sup>th</sup> December 2016. Title: "National Conference on Recent Trends in Neurological and Psychiatric Research" Venue: Centre for Cellular and Molecular Biology (CCMB), Hyderabad, India.
- 12<sup>th</sup> 16<sup>th</sup> December 2016. Title: "Workshop on Modern Molecular Techniques to study Neurological and Psychiatric Disorders" Venue: CCMB, Hyderabad, India.
- 12<sup>th</sup> 18<sup>th</sup> September 2016. Title: "1<sup>st</sup> ISN-JNC Flagship School" Venue: Congress Centrum Alpbach, Alpbach, Austria.
- 8. 5<sup>th</sup> 6<sup>th</sup> May 2016. Title: "Symposium on Next Generation Sequencing" Venue: Centre for Cellular and Molecular Biology (CCMB), Hyderabad, India.
- 17<sup>th</sup> 21<sup>st</sup> October 2015. Title: "45<sup>th</sup> Annual Meeting of Society for Neuroscience (SfN) Neuroscience 2015" Venue: McCormick Convention Center, Chicago, USA.
- 10. 09<sup>th</sup> 10<sup>th</sup> October 2015. Title: "47<sup>th</sup> Annual National Conference of Nutrition Society of India" Venue: National Institute of Nutrition, Hyderabad, India.
- 11. 03<sup>rd</sup> -05<sup>th</sup> September 2015. Title: "International Conference on Biochemistry, Nutrition and Pharmacy in human welfare (ICBNP) 2015" Venue: Osmania University, Hyderabad, India.
- 12.  $07^{th} 11^{th}$  July 2015, Title: "9th IBRO World Congress of Neuroscience" Venue: Rio de Janeiro, Brazil.
- 13. 10<sup>th</sup> 13<sup>th</sup> September 2014, "International Exchange Meeting for Young Researchers" and "37<sup>th</sup> Annual Meeting of the Japan Neuroscience Society (Neuroscience 2014)" Venue: Pacifico Yokohama, Yokohama, Japan.
- 14. 28th July 01st August 2014, "11th International Congress of Neuroethology" and "36th Annual Meeting of the Japanese Society for Comparative Physiology and Biochemistry (2014 ICN / JSCPB)" Venue: Sapporo Convention Center, Sapporo, Japan.
- 15. 24<sup>th</sup> 28<sup>th</sup> July 2014, "IBRO/APRC Advanced School of Neuroethology" Venue: Hokkaido University, Sapporo, Japan
- 16. 17<sup>th</sup> 18<sup>th</sup> May 2014, **"Kioloa Neuroscience Colloquium 2014"** funded by SfN Sydney Chapter and Australian Neuroscience Society. Venue: ANU Coastal Campus, Kioloa, Australia.
- 17. 9<sup>th</sup> 10<sup>th</sup> January 2014, Title: "Indo-Taiwan Joint Interdisciplinary Neuroscience Symposium 2014" Venue: Hyderabad Central University, Gachibowli, India.
- 18. 9th 13th November 2013. Title: "43rd Annual Meeting of Society for Neuroscience (SfN) Neuroscience 2013" Venue: San Diego Convention Center, San Diego, USA.
- 19. 25<sup>th</sup> 31<sup>st</sup> August 2013, Title: "3<sup>rd</sup> IBRO-Kemali College: RNA and the Etiology of Brain Diseases" funded by IBRO School of Excellence Committee and IBRO-Kemali Foundation. Venue: Neuroscience School of Advanced Studies (NSAS), Cortona, Italy.
- 20. 20<sup>th</sup> 22<sup>nd</sup> March 2013, Wellcome Trust/DBT India Alliance sponsored "Science and Communication Workshop (SciComm 2013)" at Hyderabad, India.

- 21. 3<sup>rd</sup> 6<sup>th</sup> February 2013, Title: "33rd Annual Meeting of the Australian Neuroscience Society" and "FAONS (Federation of Asian Oceania Neuroscience Societies) Symposium 2013" Venue: Melbourne Convention Centre, Melbourne, Australia. Organized by: FAONS & ANS.
- 22. 30<sup>th</sup> January 1<sup>st</sup> February 2013, Title: "IBRO/APRC Advanced Neuroscience Imaging Course" Venue: Monash Biomedical Imaging Research Centre, Monash University, Clayton, Australia. Organized by: IBRO & Australian Neuroscience Society (ANS).
- 23. 4th August 2012, Title: "ICMR Workshop on Biomedical Communication" Venue: NIN, Hyderabad, India.
- 24. 11<sup>th</sup> 14<sup>th</sup> January 2012, Title: "19<sup>th</sup> Biennial Meeting of the International Society for Developmental Neuroscience" Venue: TIFR, Mumbai, India.
- 25. September 2011, Title: "Basic Course Work in Biostatistics for Ph.D. Students" Venue: NIN, Hyd, India.
- 26. 24th April 24th Aug 2011, Title: "IBRO Young Investigator Program" Venue: University of Verona, Italy.
- 27. 14th 18th July 2011, Title: "8th IBRO World Congress of Neuroscience" Venue: Florence, Italy.
- 28. 9<sup>th</sup> 10<sup>th</sup> Jun 2011, Title: "XXI Convegno Nazionale del Gruppo Itlaiano per lo Studio della Neuromorfologia (G.I.S.N.)" Venue: San Benedetto del Tronto (AP), Italy.
- 29. 20<sup>th</sup> 21<sup>st</sup> Nov 2009, Title: "XXXXI National Conference of the Nutrition Society of India (NSI); Chronic Diseases the New Pandemic" Venue: National Institute of Nutrition (NIN), Hyderabad, India.
- 30. 19th Nov 2009, "Workshop: Assessment of nutritional status and dissemination on new RDA for Indians; Group: BIOSTATISTICS" Venue: National Institute of Nutrition (NIN), Hyderabad, India.
- 31. 4<sup>th</sup> 7<sup>th</sup> Nov 2009, Title: "XXIX Annual Conference of Society of Toxicology STOX-09" & "International Symposium on 'Current Trends in Toxicology & Pre-Clinical Toxicology'" Venue: National Institute of Nutrition (NIN), Hyderabad, India. Organized by: STOX & NIN.
- 32. 4<sup>th</sup> Nov 2009, Title: "Workshop on Pre-clinical Toxicology Ethics in Animal Experimentation & GLP" Venue: National Institute of Nutrition (NIN), Hyderabad, India. Organized by: Society for Toxicology (STOX)
- 33. 2<sup>nd</sup> 4<sup>th</sup> Sept 2009, Title: **"6th Indo-Australian Biotechnology Conference."** Venue: Indian Institute of Chemical Technology, Hyderabad, India.
- 34. 12<sup>th</sup> 14<sup>th</sup> Dec 2008, Title: "International Conference on Advances in Neurosciences & XXVI Annual Meeting of IAN." Venue: Cochin University of Science & Technology, India.
- 35. 9<sup>th</sup> 10<sup>th</sup> Dec 2008, Title: "NBNI Workshop on Neurobiology and Neuroinformatics." Venue: Centre for Neuroscience, Cochin University of Science & Technology, India.
- 36. 1st 15th January 2008, Title: "Course on Care, Breeding and Management of Laboratory Animals" Venue & Organized by: Central Animal Research Facility, NIMHANS, Bangalore, India.
- 37. 21<sup>st</sup>- 22<sup>nd</sup> Jan 2008, Title: "The 3<sup>rd</sup> Symposium of the Molecular and Cellular Cognition Society (MCCS) Asia." Venue: National Centre for Biological Sciences, Bangalore, India. Organised by MCCS, Asia and NCBS, India.
- 38. 24<sup>th</sup>- 31<sup>st</sup> Jan 2007, Title: "1st UAE- IBRO Neuroscience School- Fundamentals of Basic and Clinical Neurosciences." Venue: UAE University, Al Ain, UAE. Organized by: UAE University Neuroscience Group and IBRO.
- 39. 8th January 7th July 2007, Title: "Biotech Industrial Training Programme 2006-07" Venue: Virchow

- Biotech Pvt. Ltd., Hyderabad. Organized by: Biotech Consortium India Ltd. & Dept. of Biotech., Govt. of India.
- 40. 13<sup>th</sup> -15<sup>th</sup> Dec 2006, Title: **"III International NBRC Conference."** Venue: National Brain Research Centre, Manesar, India. Organized by: NBRC, India.
- 41. 24<sup>th</sup> & 25<sup>th</sup> Nov 2006, Title: "Workshop on Good Laboratory Practices (GLP) for Academia." Venue: AIIMS, New Delhi. Organized by: Dept. of Sci. & Tech., Govt. of India.
- 42. 2<sup>nd</sup> -21<sup>st</sup> Sept 2006, Title: "1st Neuroscience Orientation Summer Program." Venue: Tarbiat Modarres University (TMU), Tehran, Iran. Organized by: IBRO and TMU, Iran.
- 43. 20<sup>th</sup> May 2006, Title: "Pharmacogenomics Symposium." Venue: Ranbaxy Research Lab. (RRL), Gurgaon, India. Organized by: RRL and Dept. of Pharmacology, AIIMS, New Delhi, India.
- 44. 28<sup>th</sup> -30<sup>th</sup> Jan 2005, Title: "Neuroscience: From Basic to Clinic- XXII Annual Conference of Indian Academy Neurosciences (IAN)." Venue: Neuroscience Center, Jiwaji University, Gwalior, M.P., India. Organized by: IAN, India.

### References

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