

Think About Your Soft Skills

Take a deep breath and answer these questions with True or False:

- When giving feedback, I tie my comments to a team member's personality.
- I have to take care of everything because my team members are not up to the task.
- I feel disgusted by some of my team member's attitudes.
- I often get the blame for our organization's problems.
- I often feel explosive and out of control when issues arise.
- My CTO can be quite selfish and self-centered.
- I point out flaws in my team member's personalities that need improvement "You always"/ "You never" are part of my vocabulary when complaining.
- Our problems have made me feel desperate at times.
- Many of our issues are just not my problem.
- Our lack of productivity makes me want to withdraw from everything and everyone I can get mean in our disputes.

Feeling great? Feeling not so great? This quiz, unlike other questionnaires, has no key. There is no number of True or False responses.

The whole idea is to make you think about your current habits.

The same principle applies to the following power-related questions:

- Do you feel that your colleagues at work take your role seriously?
- Does your organization assign prestige to your position?
- Do you feel that your expertise and skills are valued?
- Do you feel that your personality opens doors for you?
- Where you popular at school?
- Did you have anxiety issues as a child that compromised your social interactions?
- Do you recover quickly from a setback?
- Do you feel confident at resolving conflicts?