Sutta Nipāta IV

Aṭṭhaka Vagga

The Group of Octads

Translated by Bhante Varado

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-1-

Kāma Sutta

ON SENSUAL PLEASURE

If a person craving for sensual pleasure is satisfied, He's delighted, yes, The mortal who gets what he wants. 766.

kāmaṃ kāmayamānassa, tassa ce taṃ samijjhati. addhā pītimano hoti, laddhā macco yadicchati.

767.

But that person,
Craving and longing,
If his pleasures diminish,
He suffers as if pierced with an arrow.

tassa ce kāmayānassa, chandajātassa jantuno. te kāmā parihāyanti, sallaviddhova ruppati.

768.

Whoever, attentive, avoids sensual pleasure As he might, with his foot, the head of a snake, Leaves behind this attachment to the world.

yo kāme parivajjeti, sappasseva padā siro. somaṃ visattikaṃ loke, sato samativattati. 769. A man who is greedy

770. For fields, property and gold,
Cattle and horses,
Slaves, servants, maids and relatives,
And many sensual pleasures
Is overpowered by what is weak
And is crushed by troubles.
Sorrow invades him like water into a leaky boat.

khettam vatthum hiraññam vā, gavassam dāsaporisam. thiyo bandhū puthu kāme, yo naro anugijjhati. abalā nam balīyanti, maddantenam parissayā. tato nam dukkhamanveti, nāvam bhinnamivodakam.

771. So a person, ever attentive,
Should avoid the objects of desire.
Having forsaken them
He will cross the flood of sorrow [1]
Like one, having bailed out a boat,
Who reaches the further shore.

tasmā jantu sadā sato, kāmāni parivajjaye. te pahāya tare ogham, nāvam sitvāva pāragūti.

Notes

1. Water leaks into a boat like sorrow into man. Therefore I have called *ogham* the 'flood of sorrow'.

— 2 **—**

Guhatthaka Sutta

ON CAVE ABIDING

Abiding in a cave,
Attached to existence,^[1]
Covered in defilement and immersed in delusion,
A man is truly far from solitude.^[2]
Forsaking the pleasures of the world is truly difficult.

satto guhāyaṃ bahunābhichanno, tiṭṭhaṃ naro mohanasmiṃ pagāḷho. dūre vivekā hi tathāvidho so, kāmā hi loke na hi suppahāyā.

Those fettered by desire,
Bound to the pleasures of existence,
Are not easily liberated.
Indeed, there is no liberation
Except in regard to such ties.

Wishing for the future and the past,
Hungering for present and former pleasures:
Those who are greedy for sensual enjoyment,
Hunting for it,
Stupified by it,
Become selfish about it,
Have entered upon a difficult path.
When drawn into difficulty, they lament:
'What will become of us in the hereafter?'

772.

773.

icchānidānā bhavasātabaddhā, te duppamuñcā na hi aññamokkhā. pacchā pure vāpi apekkhamānā, imeva kāme purimeva jappam. kāmesu giddhā pasutā pamūļhā, avadāniyā te visame niviṭṭhā. dukkhūpanītā paridevayanti, kimsū bhavissāma ito cutāse.

775. So, people should indeed train themselves in this world.

Whatever one knows to be wrong,

Do not for its sake engage in misconduct.

For the wise say that life is short.

tasmā hi sikkhetha idheva jantu, yam kiñci jaññā visamanti loke. na tassa hetū visamam careyya, appañhidam jīvitamāhu dhīrā.

776. I see people in this world writhing,
Oppressed by clinging to existence,
Wretched characters wailing in the face of death
With their clinging
to various forms of existence unallayed.

passāmi loke pariphandamānam, pajam imam tanhagatam bhavesu. hīnā narā maccumukhe lapanti, avītatanhāse bhavābhavesu.

777. Look at them,
Writhing amidst their beloved possessions
Like fish in a dwindling stream.

Having seen this, You should live without possessiveness And not get attached to existence.

mamāyite passatha phandamāne, maccheva appodake khīṇasote. etampi disvā amamo careyya, bhavesu āsattimakubbamāno.

You should subdue longing for all that is past or to come.

Having understood sense contact,

Being free of greed,

A wise person does nothing for which he would blame himself.

For whatever he sees or hears

He is not stained by possessiveness. [3]

ubhosu antesu vineyya chandam, phassam pariññāya anānugiddho. yadattagarahī tadakubbamāno, na lippatī ditthasutesu dhīro.

Having understood fictitious perceptions, ^[4]
Not stained by possessiveness,
The sage crosses the flood of sorrow. ^[5]
With the arrow of suffering removed. ^[6]
Living diligently,
He longs for neither this world or the next.

saññam pariññā vitareyya ogham, pariggahesu muni nopalitto. abbūļhasallo caramappamatto, nāsīsatī lokamimam parañcāti. 778.

Notes

- 1. Verse 777 says attachment (*satto*) is in relation to existence (*bhavesu*), therefore I call *satto* 'attached to existence'.
- 2. See The Octads in a Nutshell: Abiding in solitude, page 108.
- 3. Verse 779 says the 'stain' is that of possessiveness, so I call it that here.
- 4. fictitious perceptions: saññam, see Translation Notes, page 170.
- 5. In verse 771, I called *ogham* 'the flood of sorrow'; so here, too.
- 6. Verse 767 says the 'arrow' is the suffering experienced when pleasure diminishes in someone who craves for it. Therefore I call *sallo* 'the arrow of suffering'.

Dutthatthaka Sutta

ON THE EVIL-MINDED

Those who are evil-minded dispute – of course.

But some whose hearts are set on Truth also dispute.

However, a sage does not enter a dispute that has arisen.

Therefore, he nowhere inclines to hard heartedness. [1]

vadanti ve duṭṭhamanāpi eke, athopi ve saccamanā vadanti. vādañca jātaṃ muni no upeti, tasmā munī natthi khilo kuhiñci.

How could someone motivated by longing,
Bent on pleasure,
Overcome the fixed views
which he has himself concocted?
Having come to his own conclusions,
Then, just as he sees things,
So would he speak.

sakañhi diṭṭhiṃ kathamaccayeyya, chandānunīto ruciyā niviṭṭho. sayaṃ samattāni pakubbamāno, yathā hi jāneyya tathā vadeyya. 780.

782. Whoever unasked,
Boasts to others of his precepts and practices,
Speaking of himself of his own accord,
Is ignoble, say the good.

yo attano sīlavatāni jantu, anānupuṭṭhova paresa pāva. anariyadhammaṃ kusalā tamāhu, yo ātumānaṃ sayameva pāva.

783. But a monk who is peaceful,
Having completely extinguished the illusion of Self,
Who does not boast about his virtue, 'I am like this',
Who is not conceited about anything in the world
Is noble, say the good.

santo ca bhikkhu abhinibbutatto, itihanti sīlesu akatthamāno. tamariyadhammaṃ kusalā vadanti, yassussadā natthi kuhiñci loke.

784. He whose religious teachings have been Concocted,
Conjured up,
And blindly followed
Is not cleansed. [2]
Whatever good result from them
he might see in himself,
If he is tethered to that result,
Any satisfaction he feels is dependent
on what is unstable.

pakappitā sankhatā yassa dhammā, purakkhatā santi avīvadātā. yadattani passati ānisamsam, tam nissito kuppapațicca santim.

It is not easy to transcend opinionatedness [3] in regards to dogmatic religious teachings. [4] Because of this, men reject or accept religious teachings in accordance with their opinions.

785.

ditthīnivesā na hi svātivattā, dhammesu niccheyya samuggahītam. tasmā naro tesu nivesanesu, nirassatī ādiyatī ca dhammam.

One who is purified

786.

Concocts no fixed view about anything in existence. Having forsaken deceit and pride, By what attachment would such a person go? He is without attachment.

dhonassa hi natthi kuhiñci loke, pakappitā ditthi bhavābhavesu. māyañca mānañca pahāya dhono, sa kena gaccheyya anūpayo so.

787

One who is attached argues over religious teachings. But how, and about what, can you argue with one who is without attachment? For him there is nothing clung to,

and nothing to relinquish.

He has shaken off every fixed view in this very world.

upayo hi dhammesu upeti vādam, anūpayam kena katham vadeyya. attā nirattā na hi tassa atthi, adhosi so diṭṭhimidheva sabbanti.

Notes

- 1. hard heartedness: khilo, see Translation Notes, page 164.
- 2. *vīvadātā*: derived from *odāta*, which PED says is an adjective and a past participle.
- 3. Opinionatedness: diṭṭhīnivesā, attachment to views.
- 4. in regards to dogmatic religious teachings: *dhammesu niccheyya samuggahītaṃ*, see Translation Notes, 168.

<u>4</u>

Suddhatthaka Sutta

ON PURITY

'I see Purity, the highest Goal, the Non-Afflicted: [1] A man's purification is intrinsic to his vision.' [2] Knowing such knowledge as 'the highest Goal' A 'Seer of Purity' reverts to knowledge.

788.

passāmi suddham paramam arogam, diṭṭhena saṃsuddhi narassa hoti. evābhijānam paramanti ñatvā, suddhānupassīti pacceti ñāṇam.

789.

If a man's purification is intrinsic to his vision, If forsaking sorrow is intrinsic to his knowledge, Then a person with one basis of attachment Is intrinsically purified by means of another. [3] The view of one who asserts purity in this way is thus belied.

790.

diṭṭhena ce suddhi narassa hoti, ñāṇena vā so pajahāti dukkhaṃ. aññena so sujjhati sopadhīko, diṭṭhī hi naṃ pāva tathā vadānaṃ.

No Brahman says that purification is intrinsic to an auxiliary basis of attachment, [4] Either to what is seen, heard or cognised,

or to precepts and practices.

A Brahman is not stained by merit or evil. Forsaking whatever he was clinging to, He does not make further attachments in the world. [5]

na brāhmaṇo aññato suddhimāha, diṭṭhe sute sīlavate mute vā. puññe ca pāpe ca anūpalitto, attañjaho nayidha pakubbamāno.

791. Those following craving,
Forsaking what they have
in order to grab something different,
Do not cross over attachment.
They release and catch hold –
Like a monkey releasing one branch
in order to seize another.

purimam pahāya aparam sitāse, ejānugā te na taranti sangam. te uggahāyanti nirassajanti, kapīva sākham pamuñcam gahāyam.

792. A person attached to fictitious perceptions [6]
Who undertakes religious practices of his own
Goes high and low.
But one of great wisdom,
One knowing the Buddha's teaching, a sage,
Does not go high and low.

sayam samādāya vatāni jantu, uccāvacam gacchati saññasatto. vidvā ca vedehi samecca dhammam, na uccāvacam gacchati bhūripañño. He is peaceful towards everything whether seen, heard or cognised.

He sees things as they are, and conducts himself openly.

How could anyone have any doubts about him?

sa sabbadhammesu visenibhūto, yaṃ kiñci diṭṭhaṃ va sutaṃ mutaṃ vā. tameva dassiṃ vivaṭaṃ carantaṃ, kenīdha lokasmi vikappayeyya.

Ones like him neither concoct religious teachings
Nor blindly follow them. [7]
They do not proclaim of any teaching
'This itself is final purification'.
Having loosened the knot of grasping
with which they are bound
They do not hope for anything in the world.

na kappayanti na purekkharonti, accantasuddhīti na te vadanti. ādānagantham gathitam visajja, āsam na kubbanti kuhiñci loke.

The Brahman has gone beyond conventional boundaries.

He has grasped nothing, either what is seen or known.

He is not overcome by lust, nor overwhelmed by disgust.

There is nothing in the world grasped by him as the highest Goal. [8]

793.

794.

sīmātigo brāhmaņo tassa natthi, ñatvā va disvā va samuggahītam. na rāgarāgī na virāgaratto, tassīdha natthī paramuggahītanti.

Notes

- 1. The Buddha used these same epithets for *Nibbāna*: *suddhiṃ* (S.4.372); *paramaṃ*) (Dh v.184); *ārogya* (M.1.510).
- 2. A 'seer of purity' thinks a man's purity is intrinsic to his vision, unlike a wise person, 'who does not relish what is seen or heard' (v.897).
- 3. by means of another: aññena, see Translation Notes, page 161.
- 4. 'some auxiliary basis of attachment': translation of *aññato* in the context of verse 789.
- 5. *nayidha pakubbamāno*: Norman has 'does not fashion [anything more] here'. This is because *pakaroti* means 'effect, perform, prepare, make, do' (PED). But the verse is about purity through nonattachment. I translate the verse accordingly: 'He does not make any more attachments in this world'.
- 6. fictitious perceptions: saññam, see Translation Notes, page 170.
- 7. blindly follow: *purakkhatā*, see Translation Notes, page 179. In verse 784 it refers to religious teachings (*dhammā*), and is therefore rendered as such here.
- 8. The highest Goal: paramam, see Translation Notes, page 169.

— 5 —

Paramatthaka Sutta

ON THE HIGHEST GOAL

If a person maintains that of views,
his view is the highest Goal, [1], [2]
Holding it as supreme in the world,
And says that all other views are contemptible,
Then he has not gone beyond disputes.

796.

paramanti diṭṭhīsu paribbasāno, yaduttari kurute jantu loke. hīnāti aññe tato sabbamāha, tasmā vivādāni avītivatto.

When a person sees an advantage for himself In what is seen, heard, or cognised, Or in precepts and practices, He grasps such things, Regarding everything else as contemptible. 797.

yadattanī passati ānisaṃsaṃ, diṭṭhe sute sīlavate mute vā. tadeva so tattha samuggahāya, nihīnato passati sabbamaññaṃ.

798.

The good call that thing a bond,

If, tethered to it,

one regards other people as inferior.

Therefore a monk should not be tethered

to what is seen, heard, or cognised, Nor to precepts and practices.

taṃ vāpi ganthaṃ kusalā vadanti, yaṃ nissito passati hīnamaññaṃ. tasmā hi diṭṭhaṃ va sutaṃ mutaṃ vā, sīlabbataṃ bhikkhu na nissayeyya.

799. He should not concoct fixed views about others [3]
Based upon his knowledge of either them
Or of their precepts and practices.
He should neither suggest that he is equal,
Nor suppose that he is either inferior or superior.

diṭṭhimpi lokasmiṃ na kappayeyya, ñāṇena vā sīlavatena vāpi. samoti attānamanūpaneyya, hīno na maññetha visesi vāpi.

800. Forsaking whatever he was clinging to –
And taking possession of nothing further –
He should not be tethered even to knowledge.
Amongst those in dispute
he should not take sides.
He should not revert
to fixed views whatsoever. [4]

attam pahāya anupādiyāno, ñāṇepi so nissayam no karoti. sa ve viyattesu na vaggasārī, ditthimpi so na pacceti kiñci. One with no aspiration for any form of existence Either in this world or the world beyond, Has no attachment to dogmatic religious teachings. 801.

yassūbhayante paṇidhīdha natthi, bhavābhavāya idha vā huraṃ vā. nivesanā tassa na santi keci, dhammesu niccheyya samuggahītam.

802.

Whoever does not concoct the slightest fictitious perception^[5] Regarding what is seen, heard or cognised, This Brahman

who has grasped no view about anything, [6] How could anyone have any doubts about him?

tassīdha diṭṭhe va sute mute vā, pakappitā natthi aṇūpi saññā. taṃ brāhmaṇaṃ diṭṭhimanādiyānaṃ, kenīdha lokasmiṃ vikappayeyya.

803.

He does not concoct religious teachings,
Nor does he blindly follow them. [7]
He does not hold on
even to the Buddha's teachings. [8]
He is a Brahman,
Not to be inferred by precepts and practices.
Gone to the further shore,
One of such quality does not return.

na kappayanti na purekkharonti, dhammāpi tesam na paṭicchitāse. na brāhmaṇo sīlavatena neyyo, pāraṅgato na pacceti tādīti.

Notes

- 1. A person who maintains that of views, his view is the highest Goal can be compared with the sage who does 'not proclaim of any teaching "This itself is final purification" (v.794).
- 2. The highest Goal: paramam, see: Translation Notes, page 169.
- 3. concoct fixed views about others (i.e. other people): PED's alternative translation of *loka*.
- 4. The 'should not': the whole verse is apparently meant in the optative case.
- 5. fictitious perception: *saññā*, see Translation Notes, page 170.
- 6. The sage has grasped no view about anything: namely, views about Truth and purity (v.824), dogmatic religious teachings (vv.785, 837, 910), existence (v.786), or about the world (v.799). Grasping a view means thinking it is the highest Goal (v.833); or that other people's views are contemptible (v.797).
- 7. concoct and blindly follow: I adopt the sense of v.784, where the terms refer to religious teachings.
- 8. The Buddha's teachings: *dhammā*. In the Octads, the Buddha's teachings are sometimes called *sāsanaṃ* (vv.814, 815, 933, 944).

<u>-6</u> -

Jarā Sutta

ON DECREPITUDE

Short indeed is this life. You die within a hundred years. Indeed, if you live beyond that You surely die of decrepitude.

appaṃ vata jīvitaṃ idaṃ, oraṃ vassasatāpi miyyati. yo cepi aticca jīvati, atha kho so jarasāpi miyyati.

People grieve for their beloved possessions; But nothing is possessed forever. Having seen that separation does indeed happen, One should not lead the household life.

socanti janā mamāyite, na hi santi niccā pariggahā. vinābhāvasantamevidam, iti disvā nāgāramāvase.

At death,

That which a person supposes to be 'mine'
is abandoned.

Realising this, my wise disciples should not be inclined to possessiveness.

804.

805.

maraṇenapi taṃ pahīyati, yaṃ puriso mamidanti maññati. etampi viditvā paṇḍito, na mamattāya nametha māmako.

807. On awakening,

A man does not see what he met in a dream.

Likewise, one does not see loved ones

who have passed away.

supinena yathāpi saṅgataṃ, paṭibuddho puriso na passati. evampi piyāyitaṃ janaṃ, petaṃ kālakataṃ na passati.

When they were alive,People called by this name or thatwere both seen and heard.But when dead,only their names live on to be uttered.

diṭṭhāpi sutāpi te janā, yesaṃ nāmamidaṃ pavuccati. nāmaṃyevāvasissati, akkheyyam petassa jantuno.

809. Those greedy for beloved possessions do not forsake
Grief, lamentation and selfishness.
Looking for safety,
Sages abandon possessions
and lead the homeless life.

sokapparidevamaccharam, na jahanti giddhā mamāyite. tasmā munayo pariggaham, hitvā acarimsu khemadassino.

For a monk living withdrawn,
Resorting to a secluded dwelling,
They say that it is fitting [1]
For him to not exhibit himself in the world.

patilīnacarassa bhikkhuno, bhajamānassa vivittamāsanam. sāmaggiyamāhu tassa tam, yo attānam bhavane na dassaye.

The sage
Is not tethered in any way.
He does not regard anything
as either loved or hated.
Lamentation and selfishness do not stain him,
Just as water does not stain a lotus leaf.

sabbattha munī anissito, na piyaṃ kubbati nopi appiyaṃ. tasmiṃ paridevamaccharaṃ, paṇṇe vāri yathā na limpati.

A lotus leaf or a red lily
Is not stained by a waterdrop.
The sage, likewise, is not stained
By lamentation and selfishness
for what is seen, heard or cognised. [2]

810.

811.

udabindu yathāpi pokkhare, padume vāri yathā na limpati. evaṃ muni nopalimpati, yadidaṃ diṭṭhasutaṃ mutesu vā.

813. He does not suppose

That he is intrinsically purified
by what is seen, heard or cognised.

Nor does he want to be thus purified
by some auxiliary basis of attachment. [3]

By nothing is he either attracted or repelled. [4]

dhono na hi tena maññati, yadidam diṭṭhasutam mutesu vā. nāññena visuddhimicchati, na hi so rajjati no virajjatīti.

Notes

- 1. fitting: Critical Pali Dictionary calls *asāmaggiya* 'want of concord, disharmony'. *Sāmaggiya* would thus be 'harmonious' or 'fitting'. Norman has 'agreeable'.
- 2. *nopalimpati*: from the reference in the previous verse, I have taken as 'stained by lamentation and selfishness'.
- 3. by some auxiliary basis of attachment: $\bar{a}\tilde{n}\tilde{n}ena$, see: Translation Notes, p. 161.
- 4. neither attracted nor repelled. This continues a theme of v.811: 'He does not regard anything as either loved or hated'. For *virajjati*, Norman has 'dispassioned'. But in the context of v.811 it would mean 'repelled'.

— 7 —

Tissametteyya Sutta

WITH TISSA METTEYYA

(Tissa Metteyya)

Tell us the trouble, sir,
that befalls one given to sexual intercourse.
Having heard your teaching
we will train ourselves in solitude.

814.

methunamanuyuttassa, vighātam brūhi mārisa. sutvāna tava sāsanam, viveke sikkhissāmase.

(The Buddha)

In one given to sexual intercourse
The teaching is forgotten
and he conducts himself wrongly.
This is dishonourable of him.

815.

methunamanuyuttassa, mussate vāpi sāsanam. micchā ca paṭipajjati, etaṃ tasmim anāriyaṃ.

Whoever formerly fared alone, Who then indulges in sexual intercourse, In the world is called

A 'lurching vehicle', 'Contemptible', A 'common worldling'.

eko pubbe caritvāna, methunaṃ yo nisevati. yānaṃ bhantaṃ va taṃ loke, hīnamāhu puthujjanam.

817. His earlier glory and reputation is lost.Seeing this,One should train oneselfto forsake one's sexual inclinations.

yaso kitti ca yā pubbe, hāyate vāpi tassa sā. etampi disvā sikkhetha, methunaṃ vippahātave.

818. Overcome by thought,
he broods like a miserable wretch.
On hearing others' criticism,
he becomes downcast.

sankappehi pareto so, kapaṇo viya jhāyati. sutvā paresaṃ nigghosaṃ, maṅku hoti tathāvidho.

819. Or, provoked by the rumours against him,
He retaliates,
Or sinks to false speech.
Such, indeed, is his great worldly attachment. [1]

atha satthāni kurute, paravādehi codito. esa khvassa mahāgedho, mosavajjaṃ pagāhati.

They called him wise

820.

when he was committed to faring alone. But now that he is given to sexual intercourse He is harassed as a fool.

paṇḍitoti samaññāto, ekacariyaṃ adhiṭṭhito. athāpi methune yutto, mandova parikissati.

Having realised the wretchedness of all this, The sage for his whole life remains firmly committed to faring alone. He does not pursue sexual intercourse.

etamādīnavaṃ ñatvā, muni pubbāpare idha. ekacariyaṃ daļhaṃ kayirā, na nisevetha methunam.

He should indeed train himself in solitude. For noble ones this is the supreme training. But he should not suppose that he is therefore 'the best'.

He is indeed at freedom's threshold.

vivekaññeva sikkhetha, etadariyānamuttamam. na tena settho maññetha, 822.

sa ve nihhānasantike.

823. The emancipated sage
Abides indifferent to sensual pleasure.
People enslaved by sensual pleasure envy him,
The flood-crosser.

rittassa munino carato, kāmesu anapekkhino. oghatiṇṇassa pihayanti, kāmesu gadhitā pajā'ti.

Notes

1. Worldly attachment: although *gedha* means greed, I call it 'worldly attachment' because the PED says the two words are closely linked. Norman calls it 'great entanglement'. It seems that blame, one of the eight worldly states, is what the disrobed monk is attached to.

—8 **—**

Pasūra Sutta

WITH PASŪRA

'Here alone is purity found'
The so-called experts say. [1]
They deny that purity
is intrinsic to other religious teachings.
Wherever they are tethered
is their so-called 'sanctity'.
They are each committed to their separate 'Truths'.

idheva suddhi iti vādayanti, nāññesu dhammesu visuddhimāhu. yaṃ nissitā tattha subhaṃ vadānā, paccekasaccesu puthū niviṭṭhā.

Looking for an argument, they gather at meetings, Considering each other fools. Clinging to knowledge, Wanting praise, They argue – The so-called experts.

te vādakāmā parisam vigayha, bālam dahantī mithu aññamaññam. vadanti te aññasitā kathojjam, pasamsakāmā kusalā vadānā. 824.

In the midst of gatherings,
Engaged in dispute,
A person is desirous of praise
But is also anxious about the outcome.
If his argument is refuted he becomes downcast.
Shaken by criticism,
he looks for his opponent's weak spots.

yutto kathāyam parisāya majjhe, pasamsamiccham vinighāti hoti. apāhatasmim pana manku hoti, nindāya so kuppati randhamesī.

827. If the judge declares that his argument is inferior, And therefore refuted,

The inferior speaker laments and grieves.

'He defeated me' he wails.

yamassa vādam parihīnamāhu, apāhatam pañhavimamsakāse. paridevati socati hīnavādo, upaccagā manti anutthunāti.

These disputes have arisen among ascetics.
In them are victory and defeat.
Seeing this,
One should desist from arguments
For they have no other purpose
than the gaining of praise.

ete vivādā samaņesu jātā, etesu ugghāti nighāti hoti. etampi disvā virame kathojjaṃ, na haññadatthatthipasamsalābhā. He who is praised for presenting his argument in the midst of a gathering,
Having attained his heart's desire,
Is mirthful and conceited on account of it.

829.

pasaṃsito vā pana tattha hoti, akkhāya vādaṃ parisāya majjhe. so hassatī uṇṇamatī ca tena, pappuyya tamatthaṃ yathā mano ahu.

830.

That conceit will be the basis of later distress. Moreover, he speaks with pride and arrogance. Seeing this,
One should desist from arguments.
No purity is attained thereby, say the good.

050

yā uṇṇatī sāssa vighātabhūmi, mānātimānaṃ vadate paneso. etampi disvā na vivādayetha, na hi tena suddhiṃ kusalā vadanti.

831.

Like a hero nourished on royal food He thunders along looking for an opponent. Run wherever he is, hero. There is nothing for you to fight against here.

031

sūro yathā rājakhādāya puṭṭho, abhigajjameti paṭisūramicchaṃ. yeneva so tena palehi sūra, pubbeva natthi yadidaṃ yudhāya.

832.

They who argue,
Grasping a view,
Asserting that 'This is very Truth',

You can talk to those people.
But *here*There is no opponent for you to battle with when a dispute has arisen.

ye diṭṭhimuggayha vivādayanti, idameva saccanti ca vādayanti. te tvaṃ vadassū na hi tedha atthi, vādamhi jāte paṭisenikattā.

833. Amongst those who have abandoned confrontation,
Who do not pit one view against another,
Amongst those who have not grasped any view
as the highest Goal,
Who would you gain as opponent, Pasūra?

visenikatvā pana ye caranti, diṭṭhīhi diṭṭhiṃ avirujjhamānā. tesu tvaṃ kiṃ labhetho pasūra, yesīdha natthī paramuggahītaṃ.

So here you come,
Speculating,
Mulling over various theories in your mind.
But you are paired off with a purified man.
With him you will not be able to proceed.

atha tvaṃ pavitakkamāgamā, manasā diṭṭhigatāni cintayanto. dhonena yugaṃ samāgamā, na hi tvaṃ sakkhasi sampayātaveti.

Notes

1. The so-called experts say ($kusal\bar{a}\ vad\bar{a}n\bar{a}$): the phrase in fact occurs in the next verse. For $vad\bar{a}n\bar{a}$ I follow PED's 'so-called'.

—9 **—**

Māgaņdiya Sutta

WITH MĀGANDIYA

Dialogue on the occasion of Māgaṇḍiya's offer of his daughter to the Buddha.

(The Buddha)

Seeing even Taṇhā, Arati and Ragā, (The three daughters of Māra), Aroused in me no longing for sexual intercourse. [1] So for what reason would I want *this* woman, Filled as she is with urine and excrement? I would not want to touch her – even with my foot.

disvāna taṇhaṃ aratiṃ ragañca, nāhosi chando api methunasmiṃ. kimevidaṃ muttakarīsapuṇṇaṃ, pādāpi naṃ samphusituṃ na icche.

(Māgaṇḍiya)

If you do not want such a jewel,
A woman sought after by many kings,
Then what views, precepts, practices,
livelihood and rebirth do you proclaim?

etādisam ce ratanam na icchasi, nārim narindehi bahūhi patthitam. diṭṭhigatam sīlavatam nu jīvitam, bhavūpapattiñca vadesi kīdisam. 835.

(The Buddha)

837. In regards to dogmatic religious teachings,
Of none of them have I said 'I proclaim this'.
But rather, in scrutinising views, without grasping,
While searching, I realised inner peace.

idaṃ vadāmīti na tassa hoti, dhammesu niccheyya samuggahītaṃ. passañca diṭṭhīsu anuggahāya, ajjhattasantiṃ pacinaṃ adassaṃ.

(Māgandiya)

838. Of opinions that have been concocted,
You indeed speak without grasping.
This inner peace, which you mentioned, [2]
How is it explained by the wise?

vinicchayā yāni pakappitāni, te ve munī brūsi anuggahāya. ajjhattasantīti yametamatthaṃ, katham nu dhīrehi paveditam tam.

They do not say that purification
is intrinsic to views^[3]
Learning, knowledge, or precepts and practices;
Nor intrinsic to a lack of views,
Learning, knowledge, precepts and practices.
But by forsaking these, ^[4]
Not grasping them, ^[5]
At peace, untethered,
One no longer hungers for existence.

na diṭṭhiyā na sutiyā na ñāṇena, sīlabbatenāpi na suddhimāha. adiṭṭhiyā assutiyā añāṇā, asīlatā abbatā nopi tena. ete ca nissajja anuggahāya, santo anissāya bhavaṃ na jappe.

(Māgaņḍiya)

If they do not say that purification is intrinsic to views,
Learning, knowledge, precepts and practices;
Nor intrinsic to a lack of views,
Learning, knowledge, precepts and practices,
It seems to me that this teaching is indeed foolish.
For some attain purity by means of views. [6]

no ce kira diṭṭhiyā na sutiyā na ñāṇena, sīlabbatenāpi na suddhimāha. adiṭṭhiyā assutiyā añāṇā, asīlatā abbatā nopi tena. maññāmahaṃ momuhameva dhammaṃ, diṭṭhiyā eke paccenti suddhiṃ.

(The Buddha)

Enquiring,
Tethered to a fixed view,
Bewildered by what you are attached to,
You cannot apprehend the simplest notion.
Therefore you think that this teaching is foolish. [7]

diṭṭhañca nissāya anupucchamāno, samuggahītesu pamohamāgā. 840.

841

ito ca nāddakkhi aṇumpi saññaṃ, tasmā tuvam momuhato dahāsi.

842. Whoever supposes himself
to be equal, superior or inferior
Would contend with others because of it.
But for one who is untroubled
by these three modes of thought
There is nobody equal, superior or inferior.

samo visesī uda vā nihīno, yo maññatī so vivadetha tena. tīsu vidhāsu avikampamāno, samo visesīti na tassa hoti.

943. Of what view would a Brahman say [8]

'It is Truth' or 'It is Falsehood'? [9]

With whom would he contend?

The Brahman who neither supposes

he is 'equal' nor 'unequal', [10]

With whom would he join in dispute?

saccanti so brāhmaņo kiṃ vadeyya, musāti vā so vivadetha kena. yasmiṃ samaṃ visamaṃ vāpi natthi, sa kena vādaṃ paṭisaṃyujeyya.

Having forsaken the home-life,
Not living in company,
The sage does not create
intimate relationships in the village.
Rid of sensual passion,
Free of yearning,
He would not speak to people contentiously. [11]

okaṃ pahāya aniketasārī, gāme akubbaṃ muni santhavāni. kāmehi ritto apurekkharāno, kathaṃ na viggayha janena kayirā.

Those things that a great being should live aloof from,
He should neither acquire them nor talk about them.
As the prickly lotus is unsullied by water and mud,
So the sage,

Professing peace, and free of greed, Is not stained by sensual pleasure and the things of the world.

yehi vivitto vicareyya loke,
na tāni uggayha vadeyya nāgo.
jalambujam kaṇḍakaṃ vārijaṃ yathā,
jalena paṅkena canūpalittaṃ.
evaṃ munī santivādo agiddho,
kāme ca loke ca anūpalitto.

One who has realised Truth

Feels no pride regarding his views or thoughts

Because he does not regard them
as part of himself; [12]

Such a person is not to be inferred

By his precepts or practices, [13]

Nor by his religious knowledge.

He is a person not drawn into clinging.

na vedagū diṭṭhiyāyako na mutiyā, sa mānameti na hi tammayo so. 845.

43

na kammunā nopi sutena neyyo, anūpanīto sa nivesanesu.

For one unattached to fictitious perceptions
There are no bonds.
For one liberated through wisdom
There are no illusions.
Those attached to fictitious perceptions
and to views
Roam the world offending people.

saññāvirattassa na santi ganthā, paññāvimuttassa na santi mohā. saññañca diṭṭhiñca ye aggahesuṃ, te ghaṭṭayantā vicaranti loke'ti.

Notes

- 1. The three daughters of Māra attempted to seduce the Buddha by elaborate means to bring him back under the control of their father. Māra later told them their attempt had been like battering a mountain with lotus stalks, or digging a mountain with their nails, or chewing iron with their teeth. He told them they had been swept away by the Buddha like wind blows away a cotton tuft (S.1.124).
- 2. *yametamattham*: 'which you mentioned', see: Translation Notes, page 170.
- 3. For a commentary to this translation, see: Translation Notes, page 176: Instrumental and ablative cases as 'intrinsic'.
- 4. See: Should monks forsake precepts and practices? page 147.
- 5. Not grasping views, learning, knowledge, precepts and practices. A similar description of practice is found in the *Udāna*,

which says that one extreme is to think that religious training is the essence – or that precepts and practices, or celibacy or service is the essence (sikkhāsārā sīlabbatajīvitabrahmacariyaupaṭṭhānasārā ayameko anto). The other extreme is to think that there is no flaw in sensuality (natthi kāmesu doso'ti ayam dutiyo anto). Both these extremes 'cause the cemeteries to grow'. For those who fully understand (abhiññāya) the two extremes, and abandon them, they escape from saṃsāra (Ud.71-2).

- 6. The Buddha defines the goal as being untethered to the path. This confuses Māgaṇḍiya to the extent that, whereas the Buddha gave him the *definition* of purity, his complaint concerns the *attainment* of purity. And whereas the Buddha describes the abstract quality of purity; Māgaṇḍiya asks about purity as a personal attainment.
- 7. Thus ends the conversation with Māgaṇḍiya.
- 8. Of what view. Here *kiṃ* seems to mean 'what view?'. Also in v.832 'This is very Truth' refers to views.
- 9. So-called experts call their religious teachings 'Truth' (vv.824, 910). But Truth involves forsaking everything (v.946). So a sage would 'not proclaim of any teaching "This itself is final purification" ' (v.794). 'Falsehood' is a term devised by sophists to label other people's 'Truths' (v.886).
- 10. Yasmiṃ samaṃ visamaṃ vāpi natthi. Norman says 'In whom there is no (idea of being) equal or unequal either'. A similar expression in v.799 includes the word mañnetha: one must not 'suppose' one is either inferior or superior. Therefore I phrase it: The Brahman who neither supposes he is 'equal' nor 'unequal'.
- 11. See: Venerable Mahākaccāna's explanation of verse 844, page 155. This verse, though not obviously part of the conversation with Māgandiya, even within the Buddha's lifetime was nonethe-

less considered part of the Questions of Māgandiya (*māgandiya* pañhe) (S.3.9).

- 12. part of himself: *tammayo*. This word also occurs at M.1.319 and A.3.444; and *tammayatā* occurs at M.3.42 and M.3.220. Seeing that everything in the world is not part of oneself (*sabbaloke ca atammayo bhavissāmi*) is one of the advantages of developing the notion of not-Self (*anattasaññaṃ*). Two further advantages are: It restrains the notion of 'me' (*ahaṅkārā ca me uparujjhissanti*). It restrains the notion of 'mine' (*mamaṅkārā ca me uparujjhissanti*) (A.3.444).
- 13. Not to be inferred by his precepts or practices (*na kammunā* ... *neyyo*). I take *kammunā* as equivalent to *sīlavatena* of v.803 (*na brāhmaṇo sīlavatena neyyo*).

— 10 —

Purābheda Sutta

BEFORE THE BODY'S DESTRUCTION

(Questioner)

Having what vision,
Being of what character,
Is one called peaceful?
Gotama, tell me about the supreme person.

kathaṃdassī kathaṃsīlo, upasantoti vuccati. taṃ me gotama pabrūhi, pucchito uttamaṃ naraṃ.

(The Buddha)

A person – before the body's destruction –
Who is freed of clinging,
Who is not tethered to the past,
Who cannot be reckoned
in terms of the present,
And in whom
there are no yearnings for the future;^[1]

vītataṇho purā bhedā, pubbamantamanissito. vemajjhe nupasankheyyo, tassa natthi purakkhataṃ. 848.

850. A person who is not angered,
Not frightened,
Not boastful, not fretful,
Who gives wise advice,
Who is calm,
Restrained in speech,
Who is indeed a sage;

akkodhano asantāsī, avikatthī akukkuco. mantabhāṇī anuddhato, sa ve vācāyato muni.

851. A person who is not attached to the future Who does not sorrow over the past,
Who finds solitude amidst sense contacts [2]
And is not guided by fixed views;

nirāsatti anāgate, atītaṃ nānusocati. vivekadassī phassesu, ditthīsu ca na nīyati.

852. A person who is retiring,
Not deceitful,
Not covetous, not selfish,
Not impudent, not arousing contempt,
Who does not engage in malicious speech;

patilīno akuhako, apihālu amaccharī. appagabbho ajeguccho, pesuṇeyye ca no yuto. A person who does not relish pleasure, Who is not arrogant, Who is mild and of ready wit, Who is not credulous, Who by nothing is repelled; 853.

sātiyesu anassāvī, atimāne ca no yuto. saṇho ca paṭibhānavā, na saddho na virajjati.

A person who does not take on the training in hopes of material gain,

854.

Who is unperturbed if he gets nothing, Who is unhampered by clinging, And not greedy for flavours;

lābhakamyā na sikkhati, alābhe ca na kuppati. aviruddho ca taṇhāya, rasesu nānugijjhati.

855.

A person who is even-tempered,
Ever attentive,
Who does not suppose that in the world
he is equal, superior or inferior,
And who is free of conceit;

upekkhako sadā sato, na loke maññate samaṃ. na visesī na nīceyyo, tassa no santi ussadā. 856. A person for whom there are no tethers,
Who, knowing Truth, is not tethered in any way; [3]
And in whom no clinging is found
for existence or non-existence:

yassa nissayanā natthi, ñatvā dhammam anissito. bhavāya vibhavāya vā, taṇhā yassa na vijjati.

857. This is someone I call peaceful.

He is indifferent to sensual pleasure.

In him, bonds are not found;

He has overcome attachment.

taṃ brūmi upasantoti, kāmesu anapekkhinaṃ. ganthā tassa na vijjanti, atarī so visattikam.

He has no children, cattle, fields or property.For him there is nothing clung to,And nothing to relinquish.

na tassa puttā pasavo, khettaṃ vatthuñca vijjati. attā vāpi nirattā vā, na tasmiṃ upalabbhati.

859. He has no yearning for those things
Of which either ordinary people,
Ascetics or religious people might talk.
Therefore he is unmoved by their disputes.

yena nam vajjum puthujjanā, atho samaṇabrāhmaṇā. taṃ tassa apurakkhataṃ, tasmā vādesu nejati.

The sage, 860.

Free of greed and selfishness,

Does not speak of himself as among those
who are superior, equal or inferior.

He does not return to the process of time;

He is delivered from the phenomenon of time.

vītagedho amaccharī, na ussesu vadate muni. na samesu na omesu, kappam neti akappiyo.

He regards nothing in the world as his own. He does not grieve because of what does not exist. [4] He does not blindly follow religious teachings. [5] He is truly called peaceful.

yassa loke sakam natthi, asatā ca na socati. dhammesu ca na gacchati, sa ve santoti vuccatī'ti.

Notes

- 1. No yearning for the future: *natthi purakkhataṃ* is explained like this by Venerable Mahākaccāna (S.3.11).
- 2. Solitude implies freedom from passion, clinging to nothing in the world (v.915). See The Octads in a Nutshell: Abiding in

solitude, page 108.

- 3. 'In any way': a phrase adopted from v.811, where *anissito* is said to be *sabbattha*. *Sabbattha* seems necessary here too.
- 4. 'What does not exist'. *Socati* in v.851 and v.944 refers to the past. But in M.1.137 'what does not exist externally' (*bahiddhā asati paritassanāti*) means whatever one had in the past that is lost, or whatever one wants that one has not gained; 'what does not exist internally' (*ajjhattaṃ asati paritassanāti*) means one's presumed Self. Any of these meanings would fit here.
- 5. *Dhammesu ca na gacchati*: Norman has 'does not go (astray) among mental phenomena'. But in the Octads, *dhamma* usually means 'religious teaching/s' or the 'Buddha's teaching' or 'Truth'. Here I take it as 'religious teachings'. And although Norman has taken *dhammesu* as the locative case, it may be functionally an ablative case (Duroiselle, para.601, xvi). The phrase would therefore mean 'Go by means of religious teachings' or, in other words 'Follow religious teachings'. Therefore I have taken the phrase to be a synonym of *dhammā purakkhatā* of v.784: not blindly follow religious teachings.

— 11 —

Kalahavivāda Sutta

QUARRELS AND DISPUTES

(Questioner)

Where do quarrels,
Disputes, lamentation and sorrow come from,
Together with selfishness,
Pride, arrogance and malicious speech?
From where do they come?
Please tell me.

kutopahūtā kalahā vivādā, paridevasokā sahamaccharā ca. mānātimānā sahapesuņā ca, kutopahūtā te tadingha brūhi.

(The Buddha)

From what is loved
Come quarrels, disputes, lamentation and sorrow,
Together with selfishness, pride,
arrogance and malicious speech.
Quarrels and disputes are linked to selfishness;
From disputes comes malicious speech.

piyappahūtā kalahā vivādā, paridevasokā sahamaccharā ca. mānātimānā sahapesuṇā ca, maccherayuttā kalahā vivādā. vivādajātesu ca pesuṇāni. 862.

863.

eech.

(Questioner)

What is the source of love and greed in the world?

And what is the source of expectation and hope that a man has for the next life? [1]

piyā su lokasmiṃ kutonidānā, ye cāpi lobhā vicaranti loke. āsā ca niṭṭhā ca kutonidānā, ye samparāyāya narassa honti.

(The Buddha)

865. Longing

Is the source of love and greed in the world, And also the source of expectation and hope that a man has for the next life.

chandānidānāni piyāni loke, ye cāpi lobhā vicaranti loke. āsā ca niṭṭhā ca itonidānā, ye samparāyāya narassa honti.

(Questioner)

What is the source of longing?And from where do fixed opinions come from, anger, lies, perplexity,And other such things spoken of by the Ascetic?

chando nu lokasmiṃ kutonidāno, vinicchayā cāpi kutopahūtā. kodho mosavajjañca kathaṃkathā ca, ye vāpi dhammā samaṇena vuttā.

(The Buddha)

Longing arises in the world

Dependent on what is called
the 'pleasing-displeasing duality'. [2]

Anger, lies, perplexity and other such things
Also arise when this duality exists.

A person develops fixed opinions

From watching the apparent annihilation
and existence of material phenomena. [3]

One who is perplexed Should train in the path of knowledge, For it is in having *known* That the Ascetic has spoken of all these things.

sātam asātanti yamāhu loke, tamūpanissāya pahoti chando. rūpesu disvā vibhavam bhavañca, vinicchayam kubbati jantu loke.

kodho mosavajjañca kathamkathā ca, etepi dhammā dvayameva sante. kathamkathī ñāṇapathāya sikkhe, ñatvā pavuttā samanena dhammā.

(Questioner)

What is the source of pleasure and pain?
When what is not do they not exist?
And apparent annihilation and existence
– which you mentioned –^[4]
Tell me, too, what is their source?

869.

867.

sātaṃ asātañca kutonidānā, kismiṃ asante na bhavanti hete. vibhavaṃ bhavañcāpi yametamatthaṃ, etaṃ me pabrūhi yatonidānaṃ.

(The Buddha)

Sense contact is the source of pleasure and pain.
When there is no sense contact
pleasure and pain do not exist.
And apparent annihilation and existence
– which I mentioned –
Sense contact too is their source.

phassanidānam sātam asātam, phasse asante na bhavanti hete. vibhavam bhavañcāpi yametamattham, etam te pabrūmi itonidānam.

(Questioner)

871. What is the source of sense contact?
And where does grasping arise from?
When what is not,
is there then no possessiveness?
When what is annihilated,
do sense contacts stop contacting?

phasso nu lokasmi kutonidāno, pariggahā cāpi kutopahūtā. kismiṃ asante na mamattamatthi, kismiṃ vibhūte na phusanti phassā.

(The Buddha)

Sense contact is dependent on the body-mind complex.

Desire is the source of grasping.

When desire is not, there is no possessiveness.

When material form is annihilated, sense contacts stop contacting. [5]

nāmañca rūpañca paṭicca phasso, icchānidānāni pariggahāni. icchāyasantyā na mamattamatthi, rūpe vibhūte na phusanti phassā.

(Questioner)

For one arriving at what,
is material form annihilated
Together with its pleasure and pain. [6]
How is it annihilated?
Tell me this.
My heart is set on knowing how it is annihilated.

kathaṃsametassa vibhoti rūpaṃ, sukhaṃ dukhañcāpi kathaṃ vibhoti. etaṃ me pabrūhi yathā vibhoti, taṃ jāniyāmāti me mano ahu.

(The Buddha)

For one who is not aware of fictitious perceptions, [7], [8]

And not aware of perverted perceptions; [9]

872.

873.

And not unaware, [10]
And not with awareness destroyed: [11]
For one arriving at this,
material form is annihilated. [12]
Fictitious perceptions are indeed
the source of the conception of 'me'. [13]

na saññasaññī na visaññasaññī, nopi asaññī na vibhūtasaññī. evaṃsametassa vibhoti rūpaṃ, saññānidānā hi papañcasaṅkhā.

(Questioner)

875. You have explained what we asked.

We ask one more thing. Please say!

Do the wise say

that just this much is the summit,

That purity of spirit

is to be found in this world? [14]

Or do they say

that it is found somewhere other than this?

yam tam apucchimha akittayī no, aññam tam pucchāma tadingha brūhi. ettāvataggam nu vadanti heke, yakkhassa suddhim idha paṇḍitāse. udāhu aññampi vadanti etto.

(The Buddha)

876. Some of the wise say
that just this much is the summit,
That purity of spirit is found here in this world.

But some so-called experts say that it is only at time of the arahant's passing away. [15]

ettāvataggampi vadanti heke, yakkhassa suddhim idha paṇḍitāse. tesaṃ paneke samayaṃ vadanti, anupādisese kusalā vadānā.

The investigating sage knows
that these so-called experts are tethered
And he knows what they are tethered to.
Knowing, liberated, he does not dispute.
The wise man does not return
to any form of existence.

ete ca ñatvā upanissitāti, ñatvā munī nissaye so vimaņsī. ñatvā vimutto na vivādameti, bhavābhavāya na sameti dhīro'ti.

Notes

- 1. 'hope': PED calls niṭṭhā 'aim'. This would give 'aim that a man has for the next life'. I call this 'hope'. Norman calls it 'fulfillment [of hope]' which does not fit the context.
- 2. 'duality': I add the word 'duality' in v.867 because in v.868 pleasing-displeasing are called *dvayameva*.
- 3. 'apparent': v.870 says that sense contact is the source of the annihilation and existence of material phenomena. Because this annihilation and existence depends on sense contact, it seems better to call it 'apparent' annihilation and existence, rather than simply 'annihilation and existence'. Another reason for calling them 'apparent annihilation' and 'apparent existence' is that the Bud-

dha veered away from two extreme views: the view 'All exists' (sabbamatthī'ti) and the view 'All does not exist' (sabbam natthī'ti) (S.2.17). Therefore it seems more appropriate to talk in terms of apparent existence and non-existence, rather than wrongly speak of actual existence and non-existence.

- 4. *yametamatthaṃ*: 'which you mentioned', see Translation Notes, page 170.
- 5. When material form is annihilated: this is arahantship, because the arahant lays down one body without taking up another (S.4.55). I call this the annihilation of material form, not the annihilation of the body, because this annihilation involves more than just the present body, but the potential for future bodies too. Of his own body, the Buddha said that after his death, devas and humans would see him no more (D.1.46).
- 6. 'material form together with its pleasure and pain': Norman phrases this 'How does happiness or misery disappear also?' But the Buddha, in his answer to this question, makes no reference to *sukhaṃ dukhañcāpi*. Therefore the two words are obviously adjuncts to the question on material form; they are not meant as a separate question. Because at v.875 the questioner says 'You have explained what we asked'.
- 7. 'fictitious perceptions': see Translation Notes, page 170.
- 8. The Buddha said he taught a doctrine such that, for the arahant, fictitious perceptions do not linger in him (*saññā nānusenti*) (M.1.108). Freedom from fictitious perceptions therefore implies arahantship.
- 9. *na visaññasaññī*: not aware of perverted perceptions. At A.2.52, *visaññino* is used as a synonym of *saññāvipallāso*, perverted perception. This is defined as seeing permanence, happiness, Self and beauty where there is none (*anicce niccan'ti*; *dukkhe sukhan'ti*;

anattani attā'ti; asubhe subhan'ti).

- 10. For material form to be annihilated, a person must be not unaware ($nopi~asa\~n\~n\~i$). The line implies that for arahantship, awareness must be functioning, as well as the undistorted perception alluded to in the first two lines. $Asa\~n\~n\~i$ perhaps refers to the Unaware Gods ($asa\~n\~nasatt\=a$ $n\=ama~dev\=a$) (D.1.28). According to this verse, they cannot annihilate their material form. The Buddha may have mentioned this in case people assume that the goal of the holy life is to achieve a state of unawareness. $Asa\~n\~n\~i$ cannot here mean the exalted state of $sa\~n\~n\~avedayitanirodha\~m$ (ending of perception and sensation: S.2.151), in which mental activities have ceased ($cittasa\~nkh\=a\~r\~a$ $niruddh\=a\=n$), which is a meditation state that always results in arahantship (M.3.45; M.3.28), and where the word $sa\~n\~n\~a$ means perception, not awareness.
- 11. And not with awareness destroyed ($na\ vibh\bar{u}tasa\tilde{n}\tilde{n}\tilde{\imath}$). $Sa\tilde{n}\tilde{n}\tilde{\imath}$ must again mean awareness not perception. Because destruction of perception is a meditation state that only arahants attain (Sn.v.1113; A.5.325).
- 12. For one arriving at this, material form is annihilated. This seems to contradict D.1.223 where the Buddha said one should not ask where the material elements are annihilated (aparisesā nirujjhanti). Rather, one should ask where they find no footing (na gādhati). Perhaps 'annihilation of material form' means the death of the arahant where no further body is taken up (S.4.60). 'Finding no footing' in fact refers to viññāṇaṃ anidassanaṃ anantaṃ sabbato pahaṃ, which is the mind of the living arahant. See: What is the consciousness of an arahant? page 139.
- 13. Fictitious perceptions are indeed the source of the notion of 'me': perhaps the Buddha added this comment to emphasise that the notion of 'me' is what sustains material form, because the notion of 'me' is linked to re-birth. One who overcomes the no-

tion of 'me' is free of birth, ageing and death (M.3.246) and realises Nibbāna here and now (anattasaññi asmimānasamugghātaṃ pāpuṇāti diṭṭheva dhamme nibbānaṃ'ti) (Ud.37).

14. idha: means 'in this world' at v.801 also.

15. 'the arahant's passing away': the suttas distinguish two elements of Nibbāna: Nibbāna with residue, and Nibbāna without residue. The Nibbāna-element with residue (saupādisesā nibbānadhātu) means the destruction of attachment, hatred and delusion by the arahant (tassa yo rāgakkhayo dosakkhayo mohakkhayo, ayaṃ vuccati saupādisesā nibbānadhātu). Being 'with residue' means the arahant continues to experience pleasure and pain, because of his unimpaired sense faculties – these sense faculties being called the 'residue'. The Nibbāna-element without residue (anupādisesā nibbānadhātu) refers to the final passing of the arahant, who utterly abandons all modes of being and attains the heart of the Teaching (dhammasārādhigamā) (It.38-9).

— 12 —

Cūļabyūha Sutta

THE LESSER BLIND ALLEY

(Note) 'The Lesser Blind Alley': a blind alley is defined in the scriptures as a road where 'they depart the same way they entered' (Vin.4.271). Arguments about Truth – the subject of this and the next discourse – are likely called blind alleys because they lead nowhere.

(Questioner)

Maintaining their own fixed views, Contentious, Different experts say: 'Whoever knows this knows Truth.^[1] Whoever rejects it is not perfected'.

sakaṃsakaṃdiṭṭhiparibbasānā, viggayha nānā kusalā vadanti. yo evaṃ jānāti sa vedi dhammaṃ, idaṃ paṭikkosamakevalī so.

Thus contentious, they squabble: 'My opponent is a fool. He is no expert'. Given that they all claim to be experts, Which of these statements is true?

evampi viggayha vivādayanti, bālo paro akkusaloti cāhu. sacco nu vādo katamo imesam, sabbeva hīme kusalā vadānā. 878.

(The Buddha)

880. If rejecting an opponent's teachings makes one a 'fool',
One of inferior wisdom,
Then all of them are fools of very inferior wisdom,
All those who maintain that their own views are the highest Goal. [3]

parassa ce dhammamanānujānam, bālomako hoti nihīnapañño. sabbeva bālā sunihīnapaññā, sabbevime diṭṭhiparibbasānā.

881. But if each is intrinsically cleansed by their views, [4]
Of perfected wisdom,
An expert,
Intelligent,
Then none of them are of inferior wisdom,
For all of them are accomplished in their own views.

sandiṭṭhiyā ceva na vīvadātā, saṃsuddhapaññā kusalā mutīmā. na tesaṃ koci parihīnapañño, diṭṭhī hi tesampi tathā samattā.

882. I definitely do not say

'This (my view) is Truth' [5]

As fools say to one another.

They each make out their own views to be Truth
And therefore brand their opponents as 'fools'.

na vāhametam tathiyanti brūmi, yamāhu bālā mithu aññamaññam. sakaṃsakaṃdiṭṭhimakaṃsu saccam, tasmā hi bāloti paraṃ dahanti.

(Questioner)

What some say is Actuality, Truth, others say is Vanity, Falsehood. [6] Thus contentious, they squabble. Why don't ascetics say one and the same thing?

yamāhu saccam tathiyanti eke, tamāhu aññe tuccham musāti. evampi vigayha vivādayanti, kasmā na ekam samanā vadanti.

(The Buddha)

The Truth is single.

There is not another Truth
about which mankind should quarrel.

Ascetics proclaim their own various 'Truths';

That's why they don't say one and the same thing.

ekañhi saccam na dutīyamatthi, yasmim pajā no vivade pajānam. nānā te saccāni sayam thunanti, tasmā na ekam samanā vadanti.

(Questioner)

But why do they proclaim differing Truths, These argumentative so-called experts? 885.

883.

884.

65

Have they come across many differing Truths Or are they merely speculating?

kasmā nu saccāni vadanti nānā, pavādiyāse kusalā vadānā. saccāni sutāni bahūni nānā, udāhu te takkamanussaranti.

(The Buddha)

Apart from the mere notion of it
There are not many and various
eternal Truths in the world.
But by resorting to sophistry,
The so-called experts say that, in respect to views,
There is a fixed duality: [7] Truth and Falsehood.

na heva saccāni bahūni nānā, aññatra saññāya niccāni loke. takkañca diṭṭhīsu pakappayitvā, saccam musāti dvayadhammamāhu.

887. Tethered to what is seen, heard, or cognised,
Or to precepts and practices
A person shows contempt for others.
Abiding by his fixed opinions,
And pleased with himself,
He says:
'My opponent's a fool. He is no expert'.

diṭṭhe sute sīlavate mute vā, ete ca nissāya vimānadassī. vinicchaye ṭhatvā pahassamāno, bālo paro akkusaloti cāha. Upon whatever basis
he regards his opponent a fool
Is the same upon which
he regards himself an expert.
To the extent to which he rates himself an expert
He despises anyone else who makes the same claim.

yeneva bāloti param dahāti, tenātumānam kusaloti cāha. sayamattanā so kusalo vadāno, aññam vimāneti tadeva pāva.

In his own overestimated view he is perfected. Drunk with pride,
He supposes he is fully accomplished.
In his mind he consecrates himself.
His views, likewise, he regards as also perfect.

atisāradiṭṭhiyāva so samatto, mānena matto paripuṇṇamānī. sayameva sāmaṃ manasābhisitto, ditthī hi sā tassa tathā samattā.

If by the word of somebody else one were inferior,
That 'somebody else'
would be of inferior wisdom also. [8]
But if, by one's own reckoning,
one were knowledgeable and wise
Then none among ascetics would be a fool.

parassa ce hi vacasā nihīno, tumo sahā hoti nihīnapañño. atha ce sayam vedagū hoti dhīro, 889.

888.

na koci bālo samanesu atthi.

7Those who proclaim religious teachings different from this have strayed from purification.
They are not perfected'.
Members of other sects each say this
Because they are each ardent about their own views.

aññam ito yābhivadanti dhammam, aparaddhā suddhimakevalī te. evampi titthyā puthuso vadanti, sandiṭṭhirāgena hi tebhirattā.

'Here alone is purification' they say,
And say that there is no purification
intrinsic to other religious teachings.
Thus are members of other sects established
at odds with each other,
And thus are they committed
to their own so-called paths.

idheva suddhi iti vādayanti, nāññesu dhammesu visuddhimāhu. evampi titthyā puthuso niviṭṭhā, sakāyane tattha daļhaṃ vadānā.

893. Although someone is committed to his own so-called path,
What person could he take to be a fool in regards to it?
If he said that another person was a fool following impure teachings
He would simply invite trouble on himself.

sakāyane vāpi daļham vadāno, kamettha bāloti param daheyya. sayameva so medhagamāvaheyya, param vadam bālamasuddhidhammam.

894.

Steadfast in his fixed opinions,
Measuring others by his own criteria,
He enters ever more disputes in the world.
But the person who has forsaken all fixed opinions
Creates no more trouble in the world.

vinicchaye ṭhatvā sayam pamāya, uddham sa lokasmim vivādameti. hitvāna sabbāni vinicchayāni, na medhagam kubbati jantu loke'ti.

Notes

- 1. Truth: *dhammaṃ* is here synonymous with *saccaṃ* in v.882.
- 2. 'All of them are fools': Each person says that other people's teachings are contemptible (says v.905); therefore, each person is likely to be accused by others of having a contemptible teaching, and so of being a fool. The Buddha says they are of 'very little wisdom' because they are accused in the same terms by which they accuse others.
- 3. The text reads 'maintain their own views'. From v.796, I take this to mean 'maintain their own views are the highest Goal'.
- 4. *vīvadātā*: derived from *odāta*, which PED says is an adjective and a past participle.
- 5. 'This (my view) is Truth': one who has realised Truth has done so by forsaking everything (v.946). Therefore no view can be called Truth. So a sage would 'not proclaim of any teaching

- "This itself is final purification" ' (v.794). Though *tathiya* is an adjective, it is apparently a synonym of the noun *saccam* in the next line.
- 6. So-called experts, with sophistry, call their own views 'Truth', and their opponents' views 'Falsehood' (v.886).
- 7. Fixed duality: In this verse the Buddha says Truth is eternal. The sophists apparently agree with this. Therefore they presumably regard the duality they proclaim (*dvayadhammamāhu*) to be fixed.
- 8. 'That "somebody else" would be of inferior wisdom also': because 'each person says that the others' teachings are contemptible' (v.905).

— 13 —

Mahābyūha Sutta

THE GREATER BLIND ALLEY

(Questioner)

For those who dispute, maintaining a fixed view, Saying 'This is very Truth', Is criticism all that they experience? Do they not indeed also receive praise?

ye kecime diṭṭhiparibbasānā, idameva saccanti vivādayanti. sabbeva te nindamanvānayanti, atho pasaṃsampi labhanti tattha.

(The Buddha)

What praise they receive is trifling,
Not enough to bring them any consolation.
I say that disputes have only two fruits:
Praise and criticism.
Seeing this, you should not dispute.
Regard instead non-dispute
as the grounds for peace.

appañhi etam na alam samāya, duve vivādassa phalāni brūmi. etampi disvā na vivādayetha, khemābhipassam avivādabhūmim. 895.

897. Those who are wise do not involve themselves with commonplace opinions.

If someone is without attachment,

Why would he then become involved?

He is someone who does not relish^[1]

what is seen or heard.

yā kācimā sammutiyo puthujjā, sabbāva etā na upeti vidvā. anūpayo so upayaṃ kimeyya, diṭṭhe sute khantimakubbamāno.

898. Those for whom virtuous conduct is the supreme practice
Say that purification is intrinsic to self-restraint.

Having undertaken such a practice, they dedicate themselves to it.

They think:

'We should train ourselves in just this, for it is purification'. [2]

These so-called experts are thus led on to further existence.

sīluttamā saññamenāhu suddhim, vatam samādāya upaṭṭhitāse. idheva sikkhema athassa suddhim, bhavūpanītā kusalā vadānā.

899. But if someone like this
falls from his precepts and practices
He is agitated, having failed in conduct.
He hungers and longs for purity
Like a wretched merchant

living far away, for his home.

sace cuto sīlavatato hoti, pavedhatī kamma virādhayitvā. pajappatī patthayatī ca suddhim, satthāva hīno pavasam gharamhā.

But one who has forsaken precepts and practices, [3] And all conduct, both flawed and not flawed, Not wishing for either purity or impurity, Would abide abstaining from initiating new kamma, [4] Peaceful, free of grasping. [5]

sīlabbataṃ vāpi pahāya sabbaṃ, kammañca sāvajjanavajjametaṃ. suddhiṃ asuddhinti apatthayāno, virato care santimanuggahāya.

Tethered to ascetic practices and self-mortification Or to what is seen, heard or cognised, With raised voices they wail for purification, Not free of clinging to existence.

tamūpanissāya jigucchitam vā, athavāpi diṭṭham va sutam mutam vā. uddhamsarā suddhimanutthunanti, avītatanhāse bhavābhavesu.

One with wishes is indeed hungering. With regards to his own concocted views about existence, [6] there is anxiety. But one for whom there is neither death nor rearising,

900.

901.

Why would he be anxious? For what would he hunger?

patthayamānassa hi jappitāni, pavedhitam vāpi pakappitesu. cutūpapāto idha yassa natthi, sa kena vedheyya kuhimva jappe.

(Questioner)

903. The teachings that some call the highest Goal, others call contemptible.
 Which statement of all of these so-called experts is true? [7]

yamāhu dhammam paramanti eke, tameva hīnanti panāhu aññe. sacco nu vādo katamo imesam, sabbeva hīme kusalā vadānā.

904. They each say their own teachings are perfect,
While the teachings of others they call contemptible.
Thus contentious, they squabble.
Each one says their own opinion is Truth.

sakañhi dhammaṃ paripuṇṇamāhu, aññassa dhammaṃ pana hīnamāhu. evampi viggayha vivādayanti, sakaṃ sakaṃ sammutimāhu saccaṃ.

(The Buddha)

905. If a teaching becomes contemptible because an opponent reviles it

Then none of the teachings have any merit, For each person says that the others' teachings are contemptible Whilst steadfastly asserting their own.

parassa ce vambhayitena hīno, na koci dhammesu visesi assa. puthū hi aññassa vadanti dhammaṃ, nihīnato samhi dalham vadānā.

Just as they honour their own teachings, So they praise their own paths. If all their statements were true, Purity would, of course, be individually theirs.

saddhammapūjāpi nesam tatheva, yathā pasamsanti sakāyanāni. sabbeva vādā tathiyā bhaveyyum, suddhī hi nesam paccattameva.

In regards to dogmatic teachings, ^[8]
A Brahman has no attachment that could be inferred in him by others. Therefore he has gone beyond disputes. He does not regard the mere knowledge of a religious teaching as best.

na brāhmaṇassa paraneyyamatthi, dhammesu niccheyya samuggahītaṃ. tasmā vivādāni upātivatto, na hi seṭṭhato passati dhammamaññaṃ.

Some say:
'I know. I see. This is precisely how it is:

906.

907.

Some attain purity by means of views'.

Even if someone has seen something,
what use is it to him?

He has gone too far:

He speaks of purification as intrinsic
to an auxiliary basis of attachment. [9]

jānāmi passāmi tatheva etam, diṭṭhiyā eke paccenti suddhim. addakkhi ce kiñhi tumassa tena, atisitvā aññena vadanti suddhim.

909. A person, in seeing,
sees only physical and mental phenomena.
Having seen, he will know just that much.
Whether he sees a little or a lot,
The good do not say
that purification is intrinsic to that.

passam naro dakkhati nāmarūpam, disvāna vā ñassati tānimeva. kāmam bahum passatu appakam vā, na hi tena suddhim kusalā vadanti.

910. A person with rigid views
does not easily understand this.
He blindly follows the views he has concocted.
Wherever he is tethered is his so-called 'sanctity'.
He calls it 'purification'.
It is there that he sees Truth.

nivissavādī na hi subbināyo, pakappitaṃ diṭṭhi purekkharāno. yaṃ nissito tattha subhaṃ vadāno, suddhimvado tattha tathaddasā so.

The Brahman cannot be reckoned in terms of time. He does not blindly follow views. [10]
He is not bound even to knowledge.
And having recognised commonplace opinions which other people grasp,
He remains indifferent to them.

na brāhmaṇo kappamupeti saṅkhā, na diṭṭhisārī napi ñāṇabandhu. ñatvā ca so sammutiyo puthujjā, upekkhatī uggahaṇanti maññe.

Having loosened his bonds in the world,
The sage does not take sides
when disputes have arisen.
Amongst those not at peace, he is at peace.
He remains equanimous,
Not grasping what other people grasp.

vissajja ganthāni munīdha loke, vivādajātesu na vaggasārī. santo asantesu upekkhako so, anuggaho uggahaṇanti maññe.

Forsaking old blinding tendencies, [11]
Not cultivating any new ones,
He is not governed by longing.
He is not dogmatic.
He is totally liberated from opinionatedness.
He is wise.
He is not stained by the world. [12], [13]
He does not blame himself. [14]

911.

912.

pubbāsave hitvā nave akubbam, na chandagū nopi nivissavādī. sa vippamutto diṭṭhigatehi dhīro, na limpati loke anattagarahī.

914. He is peaceful amidst all things,
whether seen, heard or cognised.
His burden is laid down.
The sage is totally liberated.
He neither restrains himself from what is temporal
Nor yearns for it.

sa sabbadhammesu visenibhūto, yaṃ kiñci diṭṭhaṃ va sutaṃ mutaṃ vā. sa pannabhāro muni vippamutto, na kappiyo nūparato na patthiyoti.

Notes

1. Relish (khantimakubbamāno):

Norman calls it 'preference' though his notes say that *khantimakub-bamāno* is synonymous with *pemaṃ akaronto*. *Khanti* occurs in v.944 in the parallel phrase: 'He should not be nostalgic (*nābhi-nandeyya*) about the past / Nor relish (*khantiṃ na kubbaye*) what is new'. Here *khanti* obviously correlates with *abhinandati*.

- 2. 'We should train ourselves in just this, for it is purification': This is an example of v.794's concocting a religious teaching and blindly following it.
- 3. Forsaken precepts and practices: see Should monks forsake precepts and practices? page 147.
- 4. Abstaining from initiating new kamma, see: Is the arahant free of kamma? page 131. In this sentence, *virato care* has no object.

Because the verse is about kamma, I take it to mean 'abstaining from initiating new kamma', because the same concept also occurs at v.953 (*virato so viyārambhā*). Norman translates virato care as 'he would dwell detached', whereas in v.943 and v.953, where there is an object, he calls *virato* 'abstaining'.

- 5. 'Peaceful, free of grasping': I take *santimanuggahāya* to be synonymous with *anuggahāya santo* of v.839.
- 6. 'Concocted views about existence': pakappitā. 'Concoct' is related in the Octads to a variety of subjects: religious teachings (dhammā) (v.784); views about existence (diṭṭhi bhavābhavesu) (v.786); concepts about what is seen, heard or cognised (v.802); opinions (vinicchayā) (v.838); sophistry (v.886); views (diṭṭhi) (v.910). I have followed the subject suggested in the last line of the previous verse.
- 7. 'True': sacca is an adjective; saccam (next verse) a noun, Truth.
- 8. In regards to dogmatic teachings, a Brahman has no attachment (na ... atthi dhammesu niccheyya samuggahītaṃ 'not anything in regards to dogmatic religious teachings'): I take the 'anything' to mean attachment (i.e. the Brahman has no attachment) because the phrase dhammesu niccheyya samuggahītaṃ is linked to nivesanā (attachment) at v.801: 'no attachment to dogmatic religious teachings'.
- 9. An auxiliary basis of attachment: *aññena*, see Translation Notes, page 161.
- 10. 'Blindly follow': I take *sāreti* (*sārī*) to be a synonym of *purakkharoti*.
- 11. Blinding tendencies: āsavā, see Translation Notes, page 162.
- 12. What is the stain of the world? Verses 778-9 say possessiveness (*pariggahesu*) is the stain (*lippatī*). Verses 811-2 say lamenta-

tion and selfishness (paridevamaccharam) are the stain (limpati).

- 13. Stained by the world (*loke*). Duroiselle (para 601, xiv) says the locative case is extensively used instead of other cases. Here I take *loke* as instrumental case.
- 14. 'He does not blame himself', see Do arahants blame themselves? page 137.

— 14 —

Tuvațaka Sutta

THE QUICK DISCOURSE

(Questioner)

I ask the Kinsman of the Sun, the Great Master, About solitude and the state of peace. Seeing in what way is a monk freed from passion, Possessing nothing in the world? 915.

pucchāmi taṃ ādiccabandhu, vivekaṃ santipadañca mahesi. kathaṃ disvā nibbāti bhikkhu, anupādiyāno lokasmiṃ kiñci.

(The Buddha)

A sage should completely restrain the basis of the conception of 'me':
The thought 'I am'. [1]
Ever attentive, he should train himself
To abolish whatever clinging he finds within. [2]

916.

mūlaṃ papañcasaṅkhāya, mantā asmīti sabbamuparundhe. yā kāci taṇhā ajjhattaṃ, tāsaṃ vinayā sadā sato sikkhe.

917.

Whatever religious teaching he knows, Either his own or that of others, He should not allow it to be a cause of obstinacy, [3] For this is not called 'peaceful' by the good.

yam kiñci dhammamabhijaññā, ajjhattam athavāpi bahiddhā. na tena thāmam kubbetha, na hi sā nibbuti satam vuttā.

918. He should not think himself as better,
inferior or equal on account of anything.
Although affected by a variety of experiences
He should not acquiesce in the thought of Self.

seyyo na tena maññeyya, nīceyyo athavāpi sarikkho. phuṭṭho anekarūpehi, nātumānaṃ vikappayaṃ tiṭṭhe.

919. A monk should find peace within.

He should not seek it

from some auxiliary basis of attachment.

For one who is peaceful within,

Having clung to nothing,

How could he relinquish anything?

ajjhattamevupasame, na aññato bhikkhu santimeseyya. ajjhattam upasantassa, natthi attā kuto nirattā vā.

920. Just as the depths of the ocean is stableAnd waves do not swell up,So, the monk who is stable, free of inner turbulenceWould have no swellings of conceit about anything.

majjhe yathā samuddassa, ūmi no jāyatī ṭhito hoti. evaṃ ṭhito anejassa, ussadaṃ bhikkhu na kareyya kuhiñci.

(Questioner)

The Seer, the Witness of Truth,
has proclaimed the removal of danger.
Now, venerable sir,
speak about the path of practice,
About monastic discipline,
And also about samādhi.

akittayī vivaṭacakkhu, sakkhidhammaṃ parissayavinayaṃ. paṭipadaṃ vadehi bhaddante, pātimokkhaṃ athavāpi samādhiṃ.

(The Buddha)

A person should not have covetous eyes. He should close his ears to ordinary chatter. He should not be greedy for flavours. He should not cherish anything in the world.

cakkhūhi neva lolassa, gāmakathāya āvaraye sotaṃ. rase ca nānugijjheyya, na ca mamāyetha kiñci lokasmiṃ.

In whatever way he is affected by sense contact He should not lament over anything. He should not hunger for states of existence. 921.

922.

He should not tremble amidst danger.

phassena yadā phuṭṭhassa, paridevaṃ bhikkhu na kareyya kuhiñcñcci. bhavañca nābhijappeyya, bheravesu ca na sampavedheyya.

924. He should not store up what is given to him Whether it is food or snacks, drinks or clothing; Nor should he be concerned if he gets nothing.

annānamatho pānānaṃ, khādanīyānaṃ athopi vatthānaṃ. laddhā na sannidhiṃ kayirā, na ca parittase tāni alabhamāno.

925. He should be meditative, not foot-loose.He should desist from worry.He should not be indolent.He should live in lodgings where there is little noise.

jhāyī na pādalolassa, virame kukkuccā nappamajjeyya. athāsanesu sayanesu, appasaddesu bhikkhu vihareyya.

926. He should not sleep too much.
He should be devoted to wakefulness and keen endeavour.
He should forsake laziness, deception, merriment, Various kinds of amusements, sexual matters, and anything else like it.

niddam na bahulīkareyya, jāgariyam bhajeyya ātāpī. tandim māyam hassam khiḍḍam, methunam vippajahe savibhūsam.

A disciple of mine should not practise sorcery Nor interpret dreams, tell fortunes, practise astrology, or interpret animal cries. Neither should he treat infertility, nor practise medicine.

āthabbaṇaṃ supinaṃ lakkhaṇaṃ, no vidahe athopi nakkhattaṃ. virutañca gabbhakaraṇaṃ, tikiccham māmako na seveyya.

A monk should not fear blame, Nor should he be conceited when praised. He should drive out greed, selfishness, anger and malicious speech.

nindāya nappavedheyya, na uṇṇameyya pasaṃsito bhikkhu. lobhaṃ saha macchariyena, kodhaṃ pesuṇiyañca panudeyya.

A monk should not engage in buying and selling. He should not abuse anyone for any reason. He should not linger in the village. He should not chatter with people in the hope of gain.

kayavikkaye na tiṭṭheyya, upavādaṃ bhikkhu na kareyya kuhiñci. 927.

928.

gāme ca nābhisajjeyya, lābhakamyā janam na lapayeyya.

930. A monk should not be a boaster.He should not speak scheming words.He should not cultivate impudence.He should not utter contentious speech.

na ca katthitā siyā bhikkhu, na ca vācaṃ payuttaṃ bhāseyya. pāgabbhiyaṃ na sikkheyya, kathaṃ viggāhikaṃ na kathayeyya.

931. He should not be drawn into telling lies.
He should not be deliberately treacherous.
He should not despise others
for their lowly way of life,
Or wisdom, or precepts and practices.

mosavajje na nīyetha, sampajāno saṭhāni na kayirā. atha jīvitena paññāya, sīlabbatena nāññamatimaññe.

932. If ascetics or ordinary people irritate him with their talkativeness He should not respond harshly. For the peaceful do not retaliate.

sutvā rusito bahuṃ vācaṃ, samaṇānaṃ vā puthujanānaṃ. pharusena ne na paṭivajjā, na hi santo patisenikaronti. Knowing the Buddha's teaching,
An ever attentive monk who investigates it should train himself in it.
Knowing the extinguishing [4] of the illusion of Self as Peace,
He should not be negligent in applying Gotama's teaching.

etañca dhammamaññāya, vicinaṃ bhikkhu sadā sato sikkhe. santīti nibbutiṃ ñatvā, sāsane gotamassa na pamajjeyya.

The unconquered Conqueror realised Truth through his own insight,
Not through hearsay.
So, with regards to the Sublime One's teaching,
One who is diligent should constantly venerate it by following his example.

abhibhū hi so anabhibhūto, sakkhidhammamanītihamadassī. tasmā hi tassa bhagavato sāsane, appamatto sadā namassamanusikkhe'ti.

Notes

1. The basis of the conception of 'me' (mūlaṃ papañcasaṅkhāya), the thought 'I am'. I take the conception of 'me' to be the 'eighteen thoughts associated with clinging' (aṭṭhārasa taṇhāvicaritāni). The Buddha said when there is the thought 'I am' (asmīti sati), there comes seventeen other thoughts: 'I am in this world' (itthasmīti hoti); 'I am thus'; 'I am otherwise'; 'I am bad'; 'I am good'; 'I might be'; 'I might be in this world'; 'I might be thus'; 'I might

933.

be otherwise'; 'may I be'; 'may I be in this world'; 'may I be thus'; 'may I be otherwise'; 'I will be'; 'I will be in this world'; 'I will be thus'; 'I will be otherwise' (A.2.212-3).

- 2. See Translation Notes: *papañcasaṅkhāya*, page 170; *taṇhā*, page 164; *sato*, page 173.
- 3. 'A cause of obstinacy': The Buddha said that obstinately holding onto one's own views (*thāmasā parāmassa abhinivissa*) leads to clashes with people of different views. Forseeing this trouble for oneself, one would forsake whatever views one is obstinately attached to and not cling to any others (M.1.498).
- 4. 'Extinguishing': I take *nibbutim* as referring to the illusion of Self, because v.783 says that a peaceful monk has completely extinguished the illusion of Self (*abhinibbutatto*)

— 15 —

Attadanda Sutta

ON VIOLENCE

(The Buddha)

Violence breeds fear.

Seeing people in conflict,

I will tell you of my dismay,

How moved I was.

attadaṇḍā bhayaṃ jātaṃ, janaṃ passatha medhagaṃ. saṃvegaṃ kittayissāmi, yathā saṃvijitaṃ mayā.

I saw people writhing,
Feuding with each another like fish
in a small pool.
When I realised this, dread arose in me.

phandamānam pajam disvā, macche appodake yathā. aññamaññehi byāruddhe, disvā mam bhayamāvisi.

The world is entirely worthless. Every quarter is in turmoil. Wanting somewhere for myself, I saw nowhere that wasn't taken. 935.

936.

samantamasāro loko, disā sabbā sameritā. icchaṃ bhavanamattano, nāddasāsiṃ anositaṃ.

938. Seeing nothing in the end but competition,
I became disgusted.
Then I saw a spike – hard to see –
Embedded in people's hearts.

osānetveva byāruddhe, disvā me aratī ahu. athettha sallamaddakkhiṃ, duddasaṃ hadayanissitaṃ.

939. A person affected by this spike rushes about in all directions.

But on pulling it out he neither rushes about nor falls away. [1]

yena sallena otiṇṇo, disā sabbā vidhāvati. tameva sallamabbuyha, na dhāvati na sīdati.

(Now follows the recitation of the training rules)

940. Whatever is binding in the world
you should not pursue it.
Having wholly destroyed sense desire,
You should train yourself for Nibbāna.

tattha sikkhānugīyanti, yāni loke gadhitāni na tesu pasuto siyā, nibbijjha sabbaso kāme, sikkhe nibbānamattano.

A sage should be truthful, Unassuming, and not deceitful; He should be rid of malicious speech And free of anger. He should overcome greed and acquisitiveness. 941.

sacco siyā appagabbho, amāyo rittapesuņo. akkodhano lobhapāpaṃ, vevicchaṃ vitare muni.

He should conquer sleepiness, weariness and sloth. He should not live negligently. The man whose heart is set on Nibbāna 942.

niddaṃ tandiṃ sahe thīnaṃ, pamādena na saṃvase. atimāne na tiṭṭheyya, nibbānamanaso naro.

should not be arrogant.

943

He should not sink to false speech, Nor should he cultivate lust for physical forms. He should comprehend pride And should abstain from impetuous behaviour.

943

mosavajje na nīyetha, rūpe snehaṃ na kubbaye. mānañca parijāneyya, sāhasā virato care. 944. He should not be nostalgic about the past.Nor relish what is new.He should not grieve for what is lost

Nor be bound to whatever comes forth.

purāṇaṃ nābhinandeyya, nave khantiṃ na kubbaye. hiyyamāne na soceyya, ākāsam na sito siyā.

945. I call greed the 'great deluge'.

Hunger I call the 'torrent'.

Concocted religious teachings are the 'foothold'. [2]

Sense pleasure is 'hard-to-cross mud'.

gedham brūmi mahoghoti, ājavam brūmi jappanam. ārammaṇam pakappanam, kāmapanko duraccayo.

946. Not falling away from Truth,
The sage, the Brahman, stands on high ground.
Having forsaken everything
He is truly called peaceful.

saccā avokkamma muni, thale tiṭṭhati brāhmaṇo. sabbaṃ so paṭinissajja, sa ve santoti vuccati.

947. He indeed is wise.

He has perfect insight.

Having found Truth, he is untethered.

Wandering through the world in the right way

He does not envy anyone here.

sa ve vidvā sa vedagū, ñatvā dhammaṃ anissito. sammā so loke iriyāno, na pihetīdha kassaci.

Whoever here transcends sense desire – A bond hard to transcend – Is free of sorrow and anxiety. He has cut the stream of false desire. [3] He is free of bonds.

yodha kāme accatari, saṅgaṃ loke duraccayaṃ. na so socati nājjheti, chinnasoto abandhano.

Let wither what is gone. Let there not be for you anything to come. If you do not grasp at what is in between You will live at peace.

yam pubbe tam visosehi, pacchā te māhu kiñcanam. majjhe ce no gahessasi, upasanto carissasi.

For whom there is nothing beloved in this body / mind complex

And who does not grieve because of what does not exist, [4]

He suffers no loss in the world.

948.

950.

sabbaso nāmarūpasmiṃ, yassa natthi mamāyitaṃ. asatā ca na socati, sa ve loke na jīyati.

951. For whoever there is no thought 'This is mine'
Or 'This belongs to others',
Who has no feelings of possessiveness,
He does not grieve for anything, thinking:
'It is not mine'.

yassa natthi idam meti, paresam vāpi kiñcanam. mamattam so asamvindam, natthi meti na socati.

952. Being free of cruelty, greed and lust,
And being everywhere tranquil:
When asked,
I say that these are the blessings
for those who are unshakeable.

aniṭṭhurī ananugiddho, anejo sabbadhī samo. tamānisaṃsaṃ pabrūmi, pucchito avikampinaṃ.

953. For a person free of inner turbulence, [5]
One of discernment,
There is no accumulation of kamma.
He abstains from initiating new kamma.
He sees safety everywhere.

anejassa vijānato, natthi kāci nisankhati. virato so viyārabbhā, khemaṃ passati sabbadhi.

954.

The sage does not speak of himself as someone equal, inferior or superior. At peace, unselfish, He neither clings nor relinquishes. [6]

na samesu na omesu, na ussesu vadate muni. santo so vītamaccharo, nādeti na nirassatī'ti.

Notes

- 1. 'Nor falls away': *Sīdati* seems synonymous with *avokkamma* in v.946, meaning 'not falling away from Truth'.
- 2. 'Concocted religious teachings' (pakappanaṃ): 'concoct' is related in the Octads to a variety of objects: views about existence (diṭṭhi bhavābhavesu) (v.786); religious teachings (dhammā) (v.784); fictitious perceptions (v.802); opinions (vinicchayā) (v.838); views (diṭṭhi) (v.910). The simile here indicates a difficult attempt to cross over greed, lust and sense pleasures. A difficult foothold indicates that concocted religious teachings are being used to achieve this.
- 3. 'Stream': called the stream of tanhā at S.4.292.
- 4. 'Does not grieve for what does not exist', See The Octads in a Nutshell: Abiding in solitude, page 108.
- 5. Free of inner turbulence: *anejassa* also occurs at v.920 where it is compared to the depths of the ocean where no waves swell

up. Its synonym there is *thito*, stable. PED says aneja means 'free from desires or lust'.

6. 'Clings nor relinquishes': I take the meaning of *nādeti na niras-satī ti from attā vāpi nirattā* at v.858.

-16-

Sāriputta Sutta

WITH SĀRIPUTTA

(Venerable Sāriputta)

Never before have I seen or heard Of a teacher coming from the host of Tusita heaven, One having such lovely speech. 955.

na me diṭṭho ito pubbe, na suto uda kassaci. evaṃ vagguvado satthā, tusitā gaṇimāgato.

956.

For the sake of the world with its gods The Seer appears thus. Having dispelled all Darkness, He alone has attained delight.

956

sadevakassa lokassa, yathā dissati cakkhumā. sabbaṃ tamaṃ vinodetvā, ekova ratimajjhagā.

957.

To that Buddha,
Unentangled,
Of such good qualities,
Sincere,
Arrived with his following,
I come with a question
on behalf of the many here who are fettered.

taṃ buddhaṃ asitaṃ tādiṃ, akuhaṃ gaṇimāgataṃ. bahūnamidha baddhānaṃ, atthi pañhena āgamaṃ.

958. For a monk repelled by the world,
959. Resorting to lonely sitting places –
The foot of a tree, a cemetery, a mountain cave –
Or to various sleeping places:
How many fearful things are there
at which he need not tremble,
There in his quiet abode?

bhikkhuno vijigucchato, bhajato rittamāsanam. rukkhamūlam susānam vā, pabbatānam guhāsu vā.

uccāvacesu sayanesu, kīvanto tattha bheravā. yehi bhikkhu na vedheyya, nigghose sayanāsane.

> katī parissayā loke, gacchato agataṃ disaṃ. ye bhikkhu abhisambhave, pantamhi sayanāsane.

What should be his manner of speech? What should be the field of his conduct? What should be that energetic monk's precepts and practices? 961.

kyāssa byappathayo assu, kyāssassu idha gocarā. kāni sīlabbatānāssu, pahitattassa bhikkhuno.

962.

For one composed, prudent and attentive, Undertaking what training could he remove his inner dross Like a silversmith purifying molten silver?

902

kam so sikkham samādāya, ekodi nipako sato. kammāro rajatasseva, niddhame malamattano.

(The Buddha)

963.

As one who knows,

I will explain to you what *comfort* is
for someone repelled by the world,

For someone resorting to lonely lodgings,

Desiring awakening in accordance with Truth.

vijigucchamānassa yadidam phāsu, rittāsanam sayanam sevato ce. sambodhikāmassa yathānudhammam, tam te pavakkhāmi yathā pajānam. 964. A resolute monk,
One who is attentive,
Living a circumscribed lifestyle,
Need not tremble at five fears:
Horseflies, mosquitoes, snakes,
And interactions with humans and animals.

pañcannam dhīro bhayānam na bhāye, bhikkhu sato sapariyantacārī. ḍaṃsādhipātānam sarīsapānam, manussaphassānam catuppadānam.

965. He need not fear followers
of other religious teachings –
Even on seeing their manifold threat.
He should bear other difficulties too,
as he seeks what is wholesome.

paradhammikānampi na santaseyya, disvāpi tesaṃ bahubheravāni. athāparāni abhisambhaveyya, parissayāni kusalānuesī.

966. Affected by illness or hunger,
By cold or suffocating heat,
He should bear it.
That homeless one,
Affected in many ways,
Should make an effort,
Resolutely applying himself.

ātaṅkaphassena khudāya phuṭṭho, sītaṃ atuṇhaṃ adhivāsayeyya. so tehi phuttho bahudhā anoko, vīriyam parakkammadalham kareyya.

He should not steal.

He should not lie.

He should touch beings with good-will,

Both the timid and the mettlesome.

When he is conscious that his mind is disturbed

He should dispel it with the thought:

'It is part of Darkness'.

theyyam na kāre na musā bhaṇeyya, mettāya phasse tasathāvarāni. yadāvilattam manaso vijaññā, kanhassa pakkhoti vinodayeyya.

He should not fall under the control of anger or arrogance;
He should abide having uprooted them.
Then he should master what is loved and hated.

kodhātimānassa vasaṃ na gacche, mūlampi tesaṃ palikhañña tiṭṭhe. athappiyaṃ vā pana appiyaṃ vā, addhā bhavanto abhisambhaveyya.

Esteeming wisdom,
Delighted by what is morally good,
He should conquer his difficulties.
He should overcome discontent
in his secluded resting place.
He should overcome four lamentations:

paññam purakkhatvā kalyāṇapīti, vikkhambhaye tāni parissayāni. 967.

968.

aratiṃ sahetha sayanamhi pante, caturo sahetha paridevadhamme.

970. 'What will I eat?'
'Where will I eat?'
'How uncomfortably I slept!'
'Where will I sleep tonight?'
The person in training,
Wandering homeless,
Should subdue such wailing thoughts.

kiṃsū asissāmi kuvaṃ vā asissaṃ, dukkhaṃ vata settha kvajja sessaṃ. ete vitakke paridevaneyye, vinayetha sekho aniketacārī.

971. When offered food and clothing at the appropriate time
He should know how much is enough for contentment.
Self-controlled in this respect,
Acting carefully in the village,
Even when provoked,
he should not speak a harsh word.

annañca laddhā vasanañca kāle, mattaṃ so jaññā idha tosanatthaṃ. so tesu gutto yatacāri gāme, rusitopi vācaṃ pharusaṃ na vajjā.

972. He should restrain his eyes.He should not be footloose.He should apply himself to jhāna.He should be very wakeful.

He should practise equanimity and composure. He should cut off the tendency to doubt and worry.

okkhittacakkhu na ca pādalolo, jhānānuyutto bahujāgarass. upekkhamārabbha samāhitatto, takkāsayaṃ kukkucciyūpachinde.

When being reproved, remaining attentive, he should welcome it.

He should destroy the hard heartedness he might have towards his fellows in the holy life. [1]

He should speak words that are skilful and timely.

He should not think about things which are matters of gossip.

cudito vacībhi satimābhinande, sabrahmacārīsu khilaṃ pabhinde. vācaṃ pamuñce kusalaṃ nātivelaṃ, janavādadhammāya na cetayeyya.

Furthermore, there are five stains in man^[2]
For the removal of which
he should attentively train himself:
He should overcome attachment to forms,
Sounds, tastes, smells, and tactile sensations.

athāparaṃ pañca rajāni loke, yesaṃ satīmā vinayāya sikkhe. rūpesu saddesu atho rasesu, gandhesu phassesu sahetha rāgam. 973.

975. Being attentive,With a well-liberated mind,A monk should removehis longing for these things.

Examining the Buddha's teachings at suitable times,
In suitable ways,
With a composed mind,
He should put an end to Darkness.

etesu dhammesu vineyya chandam, bhikkhu satimā suvimuttacitto. kālena so sammā dhammam parivīmamsamāno, ekodibhūto vihane tamam so'ti.

Notes

- 1. hard heartedness: khilam, see Translation Notes, page 164.
- 2. 'in man': PED's alternative translation of loke.

Appendix 1

THE OCTADS IN A NUTSHELL

Summary

The Octads presents different statements on Truth and Truthfinding in which the words of arahants are contrasted with those of 'so-called experts'. In summary the advice of the Octads is this:

- · detach from everything
- · realise Truth
- purify yourself
- find peace
- abide in solitude
- attain the fruits of Truth-realisation
- dispel Darkness
- desist from arguments
- develop good qualities the 'shoulds'

Detaching from everything

One of the prominent themes of the Group of Octads is attachment – attachment to pleasure and to views. Attachment to pleasure means that 'if his pleasures diminish, he suffers as if pierced with an arrow' (v.767) and, for those so attached 'when drawn into difficulty, they lament: "What will become of us in the hereafter?" ' (v.773).

Attachment to views means thinking one's own view is supreme in the world (v.796), and asserting that it alone is Truth (v.832), the highest Goal (vv.788; 796). This leads to disputes (v.796); to hard heartedness (v.780); to seeing other people as inferior (vv.798); and calling them fools (v.887).

As for detachment, in the Octads, it seems that one can only detach from a path of virtue; one cannot detach from a path of non-virtue. One cannot cross over the flood of sorrow without having bailed out one's boat (v.771). This is difficult to do (v.772). It involves freeing oneself from defilement, not just living physically detached in a cave (v.772). If one does not detach, one is not easily liberated (v.773).

Detachment means abandoning merit and evil (v.790) and detaching from fictitious perceptions (v.792), from knowledge (v.800), from aspiration for every form of existence (v.801); from precepts and practices, and all conduct, whether flawed or not (v.900). In the Octads, these are called auxiliary bases of attachment (vv.789, 813, 908, 790).

Detaching from precepts does not mean immoral behaviour, because the Buddha describes the supreme person as one who is restrained in speech (v.850); not arousing contempt (v.852); who abstains from initiating new kamma (v.900). This aspect of practice is discussed in: Should monks forsake precepts and practices? on page 147.

Realising Truth

Truth is single (v.884) and eternal (v.884); there is not another Truth about which mankind should contend (v.884). Truth is realised through one's own insight (*sakkhidhammamanītihamadassī*) (v.934). One who has realised Truth has done so by detaching from everything (v.946), both merit and evil, (v.790) and precepts and practices (v.900). He hopes for nothing in the world (v.794).

Therefore he is peaceful (v.946).

But so-called experts think their own religious teachings, views and opinions are Truth, and call them 'sanctity' (*subhaṃ*) (vv.824; 832; 904; 910) or the highest Goal (vv.833; 904). Other people's views they call 'contemptible'; the sophists call them 'Falsehood' (*musāti*) (v.886).

Purifying oneself

The wise say that purification of heart is the summit (*agga*) of practice. Purification means freedom from fictitious perceptions (v.874-6). It is to be found here in this world (v.876) - though some so-called experts think it is found only at the final passing away of the khandhas (v.876).

Some so-called experts think that purification is intrinsic to self-restraint (v.898), or to ascetic practices (v.901). They think that only in their own dogmatic teachings is there purification (v.892) and accuse people with other religious views of straying from purification (v.891). But the good say that these things proclaimed by so-called experts are merely auxiliary bases of attachment (v.908). As such, they cannot purify other bases of attachment (v.790). If one dedicates oneself to a basis of attachment, one is led on to further existence (v.898).

Various ascetic practices are described in: Should monks forsake precepts and practices? on page 147.

Finding peace

Sometimes the goal is described as peace (*santo*). Peace is found by scrutinising religious views without grasping them (v.837). This peace comes from within, not from some auxiliary basis of attachment (v.919). It comes from not clinging (v.912), from forsaking everything (vv.946; 949), from having nothing further to relinquish (v.919), from extinguishing the illusion of Self (v.933).

Abiding in solitude

Sometimes the goal is said to be solitude ($vivek\bar{a}$). Solitude does not simply mean physical solitude (v.772) or faring alone (ekacariyam). It means freedom from attachment, defilement and delusion (v.772) even in the midst of sense contact (v.851). It means freedom from passion, clinging to nothing in the world (v.915), and seeing nothing in the world as one's own (v.861). But solitude also means physical solitude; for instance, not pursuing sexual intercourse (vv.814, 820, 821), and having no children, cattle fields or property (v.858).

At S.4.37 a 'solitary person' (ekavihārī'ti) is one who, even when crowded round, dwells without clinging (taṇhā). At S.2.283, the Buddha said that spending the whole day alone is only a partial fulfillment of solitude (ekavihārī). For complete fulfilment (vitthāreṇa paripuṇṇo hoti), one must abandon the past and the future and thoroughly remove longing and greed for the present forms of individual existence (yaṃ atītaṃ taṃ pahīnaṃ yaṃ anāgataṃ taṃ paṭinissaṭṭhaṃ; paccuppannesu ca attabhāvapaṭilābhesu chandarāgo suppaṭivinīto).

Attaining the fruits of Truth-realisation

The good qualities that Truth-realisation brings are these: no illusion of Self (v.783); no boasting of one's virtue (v.783); no conceit (v.783); seeing things as they are (v.793); conducting oneself openly (v.793); not hungering for existence (v.839); being untethered, unattached, not possessive (vv.839; 849; 851); being free of false desire and yearning (vv.849; 856); being free of strong emotions (vv.850; 852); being well behaved in body, speech and mind (vv.850; 852; 853); being free of sorrow (v.851); being not guided by fixed views (v.851); not getting involved in arguments (vv.859; 912); not comparing oneself with others (vv.855; 860); being in-

different to pleasure (v.857); being free of time (v.860); not concocting religious teachings nor blindly following them (v.861).

Dispelling Darkness

Darkness is that which should be dispelled (*vinodayeyya*), or put an end to (*vihane*). Having done this, one attains delight (*ratimajjhagā*). Darkness has many aspects, one of which is a disturbed mind (*āvilattaṃ manaso*). A disturbed mind should be dispelled, by recognising that it is part of Darkness. But some aspects of Darkness must be dispelled with a composed mind (*ekodibhūto*), by examining the Buddha's teachings at suitable times, in suitable ways (vv.956, 967, 975).

Desisting from arguments

Sages do not enter arguments or speak to people contentiously (vv.780; 844) because they do not cling to any view (v.787). They do not take sides in a dispute (v.800). They do not pit one view against another, or grasp any view as the highest Goal (paramuggahītaṃ). Having abandoned fixed opinions, they create no more trouble in the world (v.894). They regard non-dispute as the grounds for peace (v.896).

But people who say that their own view is the highest Goal, and call other views are contemptible, have not gone beyond disputes (v.796). Such people proclaim that purity is intrinsic to their religious teachings alone (v.824). They go looking for arguments, seeking praise, considering other people fools (v.825). If they lose an argument, they are shaken by the criticism (v.826) and wail about their defeat (v.827). The victor, however, gets puffed up with pride. This is the basis of later distress (v.830). Seeing this, one should desist from arguments because it does not lead to purity (v.830).

Developing good qualities – the 'shoulds'

Of the Octads' one hundred and twenty-two 'shoulds', eighty-two are packed into the last three discourses, giving these discourses a distinctive tone. These 'shoulds' are the views that v.837 says should be scrutinised without grasping. They occur as:

- an answer to a request to 'speak about the path of practice, about monastic discipline, and also about samadhi' (v.921);
- a recitation of the training rules (v.940);
- as an answer to Venerable Sāriputta's question: 'For a monk going where he never before has gone ... What should be the manner of his speech? What should be his field of conduct? What should be that energetic monk's precepts and practices?'

Although these 'shoulds' are to be pursued, they are not to be made objects of pride (v.822, v.846). If they are grasped, one will be simply led onto further existence (v.898).

GOAL AND PATH: WHAT IS THE RELATIONSHIP?

Some religions proclaim a final goal that is lower than the Buddhist Nibbāna. Indeed, what some ascetics proclaim as the final goal, is often merely a stage on the Buddhist path. For instance, some proclaim 'ultimate purification' lies in the sphere of neither perception nor non-perception (A.5.64). It was on the basis of this that the Buddha's teacher Uddaka Rāmaputta proclaimed himself a 'knowledge-master' and a 'universal conqueror' (S.4.83; M.1.165). Others say that Nibbāna is found in the practice of *jhāna* (D.1.37-8); or proclaim that the highest austerity lies in suffusing the world with a mind of compassion and serenity (D.3.50). This confusion about what constitutes the goal is one of the sources of quarrels in the Octads.

The Buddha said that the highest Nibbāna is liberation free of ownership (anupādā vimokkho) (A.5.64). He said that this Nibbāna exists (tiṭṭhateva nibbānaṃ); the path to it exists (tiṭṭhati nibbānagāmimaggo); and he said that he was the guide (samādapetā). When his disciples have been instructed by him, some attain this ultimate goal, some do not. The Buddha explained: 'What can I do about it? A Tathāgata is the proclaimer of the path' (maggakkhāyīhaṃ tathāgato'ti) (M.3.6). So he was not proclaiming Truth. The confusion between the path and goal is another source of quarrels in the Octads.

The relationship between path and goal is explained in several suttas. When someone visited Venerable Ānanda in Ghosita's monastery Venerable Ānanda told him that the goal of the holy life is to abandon longing (*chando*); and to abandon longing, one must long to do so. When one has achieved the goal, the longing ceases: the longing for arahantship ceases at arahantship. To il-

lustrate this, Ānanda asked his visitor if he had earlier longed to visit the monastery. Of course, the man said yes. Then, when arrived, did the longing subside? Again the man said yes (S.5.272).

Similarly, the Buddha compared his teachings to a raft for crossing a stream from a danger to safety. Having crossed, one might reflect on how useful the raft has been; but one should then abandon it. It would be absurd to carry it around on one's head. The Buddha said his teachings likewise were for crossing over, not for grasping. He concluded: 'When you see that religious teachings are similar to a raft, you should abandon even what is righteous, how much more so things which are unrighteous (dhammāpi vo pahātabbā pageva adhammā) (M.1.135).

Similarly, Venerable Puṇṇa said that the stages of the spiritual path were like a relay of chariots. The only purpose of each stage is to reach the next stage.

- Purifying virtue
- is to purify the mind
- which is to purify one's views
- which is to overcome uncertainty
- which is to attain knowledge and vision of what is the path and what is not
- which is to attain knowledge and vision of the practice
- which is to attain knowledge and vision
- which is to attain final Nibbāna without clinging.

Each of the intermediate stages is eventually abandoned. But each stage must be attained before its abandonment. As Venerable Puṇṇa explained: if final Nibbāna could be attained without the intermediate stages, then an ordinary person would attain Nibbāna, because he is without these stages (M.1.149-150).

The three similes illustrate different aspects of liberation:

- the simile of walking to a park shows that one's spiritual efforts are abandoned;
- the simile of the raft shows that the Buddha's teachings are abandoned;
- the simile of the relay chariots shows that one's attainments on the path are abandoned.

DO ARAHANTS THINK 'I AM'?

It is by taking possession of the five khandhas that the presumption 'I am' arises (*upādāya asmi'ti hoti*) (S.3.105). When one perceives not-Self one removes the presumption of a 'me'. This is Nibbāna here and now (*anattasaññi asmimānasamugghātaṃ pāpuṇāti diṭṭheva dhamme nibbānaṃ'ti*) (Ud.37). So, for instance, when Venerable Sāriputta entered first jhāna he did not think 'I attained first jhāna' (*ahaṃ paṭhamaṃ jhānaṃ samāpannoti*) or 'I emerged from first jhāna' (*ahaṃ paṭhamaṃ jhānaū vuṭṭhitoti*) (S.3.235).

Nonetheless, an arahant might say 'I speak' (aham vadāmī'ti) or 'They speak to me' (mamam vadantī'ti). Skilful, knowing the world's expressions, he expresses himself using everyday language (vohāramattena so vohareyyāti) (S.1.14). Therefore, the Buddha would ask 'What does the Sangha expect of me?' (kimpanānanda bhikkhusangho mayi paccāsimsati) (D.2.100); or he would exclaim 'Ānanda, I am now old, worn out, venerable, one who has travelled life's path, I have reached the term of life, which is eighty' (aham kho panānanda etarahi jinno vuddho mahallako addhagato vayo anuppatto; āsītiko me vayo vattati) (D.2.100). He even said 'All-conquering, am I: all things do I know' (sabbābhibhu sabbavidu'hamasmi) (Dhp.353). And he claimed 'I am perfected in the world; I am the supreme teacher; I alone am completely awakened; I am become cool, and attained Nibbāna' (aham hi arahā loke ahaṃ satthā anuttaro, eko'mhi sammāsambuddho sītibhutosmi nibbuto) (Vin.1.8). But this are expressions in everyday language, which the Tathāgata uses 'without grasping' (lokasamaññā lokaniruttiyo lokavohārā lokapaññattiyo yāhi tathāgato voharati aparāmasanti) (D.1.202); and aparāmasanti implies that one does not see things as 'me' or 'mine' or 'my Self' (S.2.94). These statements are not the expression of conceit or ignorance. A monk whose mind is liberated employs the usual way of speech in the world without adhering to it (*yañca loke vuttaṃ teneva voharati aparāmasanti*) (M.1.501).

DO ARAHANTS COMPARE THEMSELVES?

The Buddha described three modes of thought (tisso vidhā):

- 'I am superior'-mode seyyohamasmī'ti vidhā
- 'I am equal'-mode sadisohamasmī'ti vidhā
- 'I am inferior'-mode hīnohamasmī'ti vidhā

He said the noble eightfold path is to be developed for the realisation of these three modes, for the full understanding of them, for their destruction and abandonment (S.5.56).

He said, if anyone regards himself as superior, equal or inferior (seyyohamasmīti vā samanupassanti, sadisohamasmīti vā samanupassanti, hīnohamasmīti vā samanupassanti) on the basis of the impermanent, sorrowful, changing five khandhas, that it is due to not seeing things as they really are (yathābhūtassa adassanā). Not regarding oneself thus (na samanupassanti) is due to seeing things as they really are (yathābhutassa dassanā) (S.3.48).

The Octads says that the Buddha did not 'suppose that he [was] either inferior or superior' (v.799). If he supposed himself to be equal, superior or inferior, he 'would contend with others because of it. But for one who is untroubled by these three modes of thought there is nobody equal, superior or inferior' (vv.842; 918). Nor did the Buddha regard other religious teachers as inferior, because 'the good call that thing a bond, if, tethered to it, one regards other people as inferior. Therefore a monk should not be tethered to what is seen, heard, or cognised, nor to precepts and practices' (v.797).

The arahant Venerable Khema agreed with this. He said that an arahant would not think 'Someone is better than me; someone

is equal; someone is worse' (tassa na evaṃ hoti atthi me seyyoti vā atthi me sadisoti vā atthi me hīnoti vā'ti). Similarly, the arahant Venerable Sumana said that an arahant would not think 'No one is better than me; no one is equal; no one is worse' (tassa na evaṃ hoti 'natthi me seyyoti vā, natthi me sadisoti vā, natthi me hīnoti vā'ti) (A.3.359).

Nonetheless, the Buddha called himself 'unique, without peer, without counterpart; incomparable; unequalled; matchless; unrivalled; best of men (adutiyo asahāyo, appaṭimo, appaṭisamo, appaṭibhāgo, appatipuggalo, asamo asamasamo, dipadānam aggo) (A.1.22) and said he was the most excellent of speakers (buddho pavadatam varoti) (S.1.42). He said: 'I do not see (na kho panāham passāmi) any other recluse or brahman (aññam samaṇam vā brāhmaṇam) more perfect in virtue than myself, nor in concentration, wisdom, release, whom I could dwell reverencing, obeying and serving' (sīlasampannataram yamaham ... samādhi sampannataram ... paññāsampannataram ... vimuttisampannataram) (A.2.20; D.1.174). He said: 'Among all the teachers now existing in the world, I see none who has attained to such a position of fame and following as I have' (yāvatā kho cunda etarahi satthāro loke uppannā, nāham cunda aññam ekasatthārampi samanussami evam lābhaggayasaggappattam yatharivāham) (D.3.126). He told Brahma Baka that 'in regard to special knowledge, I am not equal to you, nor lower; rather, I know more than you (neva te samasamo abhiññāya, kuto nīceyyam, atha kho ahameva tayā bhiyyo) (M.1.329).

The Buddha also compared others. He called Venerable Sāriputta 'chief (aggaṃ) amongst those of great wisdom' and Venerable Mahāmoggallāna 'chief among those of supernormal powers' (A.1.23). He said, 'I know not of any other person who so perfectly keeps rolling the wheel of Dhamma set rolling by the Tathāgata as does Sāriputta' (A.1.23). Conversely, he said 'Monks, I know not of any other single person fraught with such loss to many folk ... as Makkhali, that foolish man' (*makkhalī*

moghapuriso) (A.1.33).

Venerable Sāriputta likewise favoured the Buddha. He said that it was clear to him that there never has been, never will be, and is not now, another ascetic or brahman who is better or more enlightened than the Buddha (*bhiyyobhiññataro yadidaṃ sambod-hiyanti*) (D.3.103).

So we must understand Venerables Khema's and Sumana's statements to mean that although arahants compare themselves, it is not in personal terms. Even though they might talk in personal terms, it would not be from ignorance. No Self-view would be involved. The Buddha's claims were not from arrogance or conceit. Therefore he would never ignorantly exalt himself and disparage others (na attānukkaṃseti na paraṃ vambheti). He would never say 'I live knowing and seeing, but these other people live unknowing and unseeing' (ahamasmi jānaṃ passaṃ viharāmi, ime panaññe bhikkhū ajānaṃ apassaṃ viharantīti) (M.1.195). Nor would he think 'I am well known and famous; but these other people are unknown and powerless' (ahaṃ khomhi ñāto yasassasī. Ime panaññe bhikkhū appaññatā appesakkhā'ti) (M.3.38).

DID THE BUDDHA THINK BUDDHISM WAS THE BEST?

The Buddha saw his own teaching as endowed with all good qualities (sabbākārasampannam) and said that if anyone thought it could be improved by adding or subtracting from it, it would because of not truly seeing it (D.3.127). He said the schools of other sects were devoid of true ascetics (suññā parappavādā samaņehi aññe) (D.2.151). He said a monk should train himself in solitude because it is the supreme training (etadariyānamuttamam) (Octads, v.822). Regarding people who speculate about the future and the past, the Buddha did not consider their theories equal to his own, still less superior. He said 'I am their superior in regard to the higher exposition' (atha kho ahameva tattha bhiyyo yadidam adhipaññatti) (D.3.139). He described the Sangha of his disciples as the unsurpassed field of merit for the world (bhagavato sāvakasangho ... anuttaram puññakkhettam lokassāti) (M.1.37). Venerable Sāriputta agreed; he said that the Buddha's way of teaching Dhamma in regards to wholesome states is unsurpassed (etadānuttariyam yathā bhagavā dhammam deseti kusalesu dhammesu) (D.3.102).

Of course these are indeed views; and, as such, they were not grasped by the Buddha. This is a common theme of the Octads, for instance in the Māgandiya Sutta: '[The wise] do not say that purity is intrinsic to views, learning, knowledge, or precepts and practices; nor intrinsic to a lack of views, learning, knowledge, precepts and practices. But by detaching from these, not grasping them, at peace, untethered, one no longer hungers for existence' (v.839).

Once, the Buddha gave three reflections, which he called

views:

- This has come to be (*bhūtamidanti*)
- Its origin occurs with that as nutriment (tadāhārasambha-vanti)
- With the cessation of that nutriment, what has come to be is subject to cessation (tadāhāranirodhā yaṃ bhūtaṃ taṃ nirodhadhammanti)

Then he told the monks that, as purified and bright as these views (diṭṭhiṃ) are, if the monks adhered to them, cherished them, treated them as a possession, they would have failed to understand that Dhamma is like a raft, for the purpose of crossing over, not for the purpose of grasping (M.1.260).

Similarly, the Brahmajāla Sutta says that although the Buddha knew (pajānāti) what the result of grasping views (diṭṭhiṭṭhānā evaṃgahitā evaṃparāmaṭṭhā) is, he was not attached to that knowledge (pajānanaṃ na parāmasati) and therefore he experienced for himself perfect peace (paccattaññeva nibbuti viditā) (D.1.16-17).

So even the view or knowledge that 'Buddhism is best' should not become an object of grasping or of pride. If one is attached to it, one will argue over religious teachings (v.787). If one thinks of oneself as better than others because of one's views, one will contend with others because of it (v.842).

But if one abandons one's fixed opinions, one creates no more trouble in the world (v.894). One remains equanimous, not grasping what other people grasp (v.912). One becomes someone who has found peace within (v.919). One could rightfully tell Pasūra (vv.832-834):

Grasping a view,
Asserting that 'This is very Truth',
You can talk to those people.
But here
There is no opponent for you to battle with
when a dispute has arisen.

Amongst those who have abandoned confrontation,
Who do not pit one view against another,
Amongst those who have not grasped any view
as the highest Goal,
Who would you gain as opponent, Pasūra?

So here you come,
Speculating,
Mulling over various theories in your mind.
But you are paired off with a purified man.
With him you will not be able to proceed.

832.

834.

They who argue,

WHAT HAPPENS TO AN ARAHANT AT DEATH?

The Buddha said one cannot find the 'one whose knots are cut' (S.1.23). He said that one who sees things as 'not me or mine' (neso hamasmi netaṃ me) is detached (virajjati); and being thus detached cannot be found by Māra and his army, and is secure, gone beyond all fetters (S.1.112). He said his own body stood with the link that bound it to becoming cut, and that as long as his present body subsisted, devas and humans would see him, but at death, devas and humans would see him no more (D.1.46). He would not take possession of a new body (natthi aññañca kāyaṃ upādiyati) (S.4.60).

Whether, after death, he continued to exist or not, the Buddha left unexplained. When asked about it, he said 'Consider what is unexplained as unexplained' – because 'it is not connected with the goal; it is not fundamental to the holy life; it does not lead to liberation' (M.1.427-432). He said that as he was not apprehended as real and actual in this very life, it would be unfitting to discuss what happens to him after death (S.3.118). He said that because he was liberated from the five aggregates, he was unfathomable (S.4.377).

The suttas distinguish two elements of Nibbāna: Nibbāna with residue, and Nibbāna without residue. The Nibbāna-element with residue (saupādisesā nibbānadhātu) means the destruction of greed, hatred and delusion by the arahant (tassa yo rāgakkhayo dosakkhayo mohakkhayo ayaṃ vuccati saupādisesā nibbānadhātu). Being 'with residue' means the arahant has unimpaired sense faculties, and therefore continues to experience pleasure and pain. The Nibbāna-element without residue (anupādisesā nibbānadhātu) refers to the final passing away of the arahant, who utterly aban-

dons all modes of being and attains 'the heart of the Teaching' (*dhammasārādhigamā*) (It.38-9). But whether it is Nibbāna with residue, or without, Truth is single (v.884). Therefore the Nibbāna-element, with or without residue, must be single.

But what is the Nibbāna-element? Venerable Mahākotthita put the question like this: Is something or nothing left after the final destruction of the six spheres of sense contact (channam phassāyatanānam asesavirāganirodhā atthaññam kiñcī). Because this question concerns the cessation of suffering (evametassa kevalassa dukkhakkhandhassa nirodho hotī'ti: S.2.14) it is therefore about Nibbāna. Venerable Sāriputta told Venerable Mahākotthita that to involve oneself with such questions is to form fictitious perceptions about what is beyond fictitious perceptions (appapañcam papañceti) (A.2.161). He said 'However far the six spheres of contact go, that is how far fictitious perceptions go. However far fictitious perceptions go, that is how far the six spheres of contact go. With the complete destruction of the six spheres of contact there is the complete destruction all fictitious perceptions (channam āvuso phassāyatanānam asesavirāganirodhā papañcanirodho papañcavūpasamo'ti) (A.2.161). So when Venerable Mahākotthita repeatedly asked him about the matter, he repeatedly replied 'Don't ask that, friend (māhevam āvuso)'.

In contrast to Venerable Sāriputta's apparent reluctance to discuss the matter, the Buddha was more forthcoming. He described Nibbāna as being <code>viññāṇa</code> without attributes, everlasting, completely without a source (<code>viññāṇaṃ anidassanaṃ, anantaṃ sabbatopabhaṃ</code>). This is probably synonymous with the 'unbroken stream of <code>viññāṇa</code> not established either in this world or the next (<code>idha loke appatiṭṭhitañca paraloke appatiṭṭhitañca</code>) (D.3.104-5). (See: What is the consciousness of an arahant? page 139.). He said that people entering Nibbāna were like streams and showers that enter the ocean without affecting the ocean's fullness or depletion. In the same way, even if many monks attain the Nibbāna-element

(anupādisesāya nibbānadhātuyā parinibbāyanti), it in no way affects the fullness or depletion of the Nibbāna element (na tena nibbānadhātuyā ūnattaṃ vā pūrattaṃ vā paññāyati) (Vin.2.239). He also described Nibbāna in poetry:

Where neither water nor yet earth Nor fire nor air gain a foothold, There gleam no stars, no sun sheds light, There shines no moon, yet there no darkness reigns.

When a sage, a brahman, has come to know this For himself through his own wisdom, Then he is freed from form and formless. Freed from pleasure and from pain. (Tr.Ireland; Ud.9)

On a different occasion, Venerable Sāriputta, though aloof with Venerable Mahākotthita, chose a more encouraging attitude with Venerable Udāyin. He told him that Nibbāna is happiness (sukhamidam āvuso nibbānan'ti) and said that by 'Nibbāna', he meant the ending of perception and feeling (saññāvedayitanirodham). This is a meditation state achieved after attaining the sphere of neither perception nor non-perception and is a state consistently associated with the destruction of the āsavās by seeing them with wisdom (paññāya cassa disvā āsavā parikkhīṇā honti) which is arahantship. And the happiness found there is the happiness where nothing is sensed (sukham yadettha natthi vedayitam) (A.4.414). The Buddha confirmed this, describing the state as a happiness more excellent and sublime than any other state (S.4.228). And this highest happiness, he also called Nibbāna (nibbāṇaparamaṃ sukhaṃ) (Dh.v.203). Venerable Anuruddha's statements support this. He said he saw no abiding higher or more sublime than the ending of perception and feeling, and the Buddha supported this statement (M.1.209).

Given that it involves absence of sensation, it is perplexing that one can make any statement at all about the ending of perception and feeling, that one can retain any memory of it, that one would know it is everlasting, and recognise that it is completely without a source. It is even surprising that arahants attaining the ending of perception and feeling are able to recognise and remember that, during the experience, perception and feeling ended (M.1.302). Although this implies some retention of consciousness, the matter is admittedly unfathomable.

Most ancient and modern commentators consider the ending of perception and feeling to be a state that is accessible to non-returners (e.g. Visuddhimagga 702-9). By accessible, they seem to mean that one can emerge from that state having failed to achieve arahantship. Thus, even though the Anupada Sutta says Venerable Sāriputta attained arahantship within that state (M.3.28), the ancient commentary says his arahantship occurred after emerging (MLDB note1052). But there is no evidence in the suttas themselves that non-returners emerge from that state, except in the Gradual Sayings III p.141, where Hare's translation suggests that one who has attained the ending of perception and feeling may in fact be reborn, and attain a mind made body. In fact this sutta quotes Venerable Sāriputta as saying that for a monk endowed with virtue, samādhi and wisdom, it is possible that he might enter and emerge from the cessation of perception and feeling. If he does not attain final knowledge in his lifetime (i.e. if he does not attain the cessation of perception and feeling in his lifetime), he might transcend the realm of devas that are nourished on gross food and, having attained a mind-made body, it is possible that he might enter and emerge from the cessation of perception and feeling. This statement implies two things:

 that a monk endowed with virtue, samādhi and wisdom may not attain the cessation of perception and feeling in his lifetime. In which case, he will, if he is a non-returner, attain it having gained a mind-made body. If he is not a non-returner, he will not attain it in that mind-made body.

2. entering and emerging from the cessation of perception and feeling is synonymous with attaining final knowledge.

The Pāli is this: Idhāvuso, bhikkhu sīlasampanno samādhisampanno paññāsampanno saññāvedayitanirodham samāpajjeyya pi vuṭṭha-heyya' pi atthetam ṭhānam. No ce diṭṭheva dhamme aññam ārād-heyya, atikkammeva kabaliṅkārāhārabhakkhānam devānam sahavyatam aññataram manomayam kāyam upapanno saññāvedayitanirodham samāpajjeyya'pi vuṭṭhaheyya'pi atthetam ṭhānanti (A.3.193).

For the living arahant, although arahantship is permanent, and the destruction of greed, hatred and delusion is permanent, attaining the state of Nibbāna is not permanent (A.4.423-6; M.1.302). And neither attaining it nor leaving it involve conscious decisions. Rather, one's mind must be developed in such a way that it leads one into it and out of it (M.1.302). But, contradicting this, Venerable Anuruddha said he could enter it at will (M.1.209) – as did the Buddha and Venerable Mahākassapa (S.2.212). The mental development that leads one into this state is presumably the destruction of greed, hatred and delusion (*tassa yo rāgakkhayo dosakkhayo mohakkhayo*) – the usual definition of Nibbāna. It is perplexing that the destruction of these three states is itself called Nibbāna (It.38-9), when Nibbāna seems in fact to be the cessation of perception and feeling.

By Venerable Sāriputta's description, attaining the ending of perception and feeling would be rare for arahants, because many arahants cannot even attain the preliminary step: the sphere of neither perception nor non-perception. The Buddha was once in a group of five hundred arahants, and said that only sixty of them had attained the formless spheres (S.1.191). So, experiencing the ending of perception and feeling would seem rare for arahants. Nonetheless, because Venerable Sāriputta called this state 'Nib-

bāna', most monks must attain it without needing to attain any of the formless spheres. It is strictly speaking incorrect to say 'a non-returner gains that state', because non-returnership can only be judged at death. If someone attains arahantship in his lifetime, then during that period before arahantship he cannot strictly be called a non-returner. However, the term is used in this way as a matter of convenience. The same principle would apply to stream-enterers, and other stages of sainthood.

But even if an arahant attains Nibbāna, as long as he remains alive, he continues to experience pleasure and pain (sukhadukkhaṃ paṭisaṃvedeti). Perhaps he periodically re-enters Nibbāna, either at will or when his mind leads him into it. When he finally passes away, he attains what the Buddha called 'the heart of the Teaching' (dhammasārādhigamā) (It.38-9). Because Truth is single, one assumes that 'the heart of the Teaching' is that same unparallelled happiness – the happiness that is everlasting.

IS THE ARAHANT FREE OF KAMMA?

Verse 953 says that an arahant:

- has no accumulation of kamma (natthi kāci nisaṅkhiti).
- abstains from initiating new kamma (*virato so viyārambhā*).

These statements need qualifying. To understand the kamma of arahants, it would be helpful to review the Buddha's teachings on kamma.

Kamma is of four types:

- black kamma with black results: acts from unskilful roots
- · white kamma with white results: acts from skilful roots
- black-and-white kamma with black-and-white results: acts from mixed roots
- neither-black-nor-white kamma with neither-black-norwhite results: kamma that leads to the destruction of kamma (kammakkhayāya saṃvattati) (A.2.231; A.3.338-9).

Kamma is whatever the person's aim (cetanā) that produces various acts of body speech and mind (cetanāhaṃ bhikkhave kammaṃ vadāmi; cetayitvā kammaṃ karoti kāyena vācāya manasā). Aims arise from skilful or unskilful roots: greed/non-greed, hatred/non-hatred, delusion/non-delusion. All acts, whether skilful or unskilful, are kammically potent as long as greed, hatred and delusion are undestroyed. These kammically potent acts ripen (vipaccati) and in due course bear fruit that must be experienced (vipākaṃ paṭisaṃvedeti) either in this life or some future

life. Such acts are compared to undamaged seeds that inevitably produce fruit (A.1.135).

The fruit of kamma is called *vipāka*; or *kammānaṃ upacitānaṃ* (stored-up kamma) or sometimes simply kamma. This kamma is experienced in any of the realms of existence: hell realms, animal realms, ghost realms, human realms, heavenly realms (A.3.414). Acts from unskilful roots lead to lower rebirths; acts from skilful roots lead to higher realms. An arahant does not make kamma because, even though his acts arise from skilful roots, there is no residual greed, hatred and delusion; therefore his acts are inoperative.

The kamma that leads to the destruction of kamma is variously named as:

- the eightfold path (A.2.237)
- the seven factors of awakening (A.2.237)
- the aim to forsake all kamma, whether black or white (pahānāya yā cetanā) (A.2.232)

Old kamma is not destroyed except by experiencing the result ($appatisamveditv\bar{a}$), either in this life, or some future life (A.5.299). So any monk wanting to destroy his kamma, can do it in only one way, as follows:

- For a monk who scrupulously observes the Pātimokkha precepts: he must make no new kamma (navañca kammaṃ na karoti), and must destroy old kamma by repeated contact with it (purāṇañca kammaṃ phussa phussa byantīkaroti).
- For a monk who practices the jhānas: he must make no new kamma, and must destroy old kamma by repeated contact with it.

• For a monk with blinding tendencies destroyed (āsavānaṃ khayā): he must make no new kamma, and must destroy old kamma by repeated contact with it. (A.1.221).

This destruction of kamma by experiencing its results is illustrated by the monk who was sitting cross-legged not far from the Buddha, attentive and fully conscious, enduring feelings that were painful and sharp, the result of former unskilful kamma (purāṇakammavipākajaṃ dukkhaṃ) (Ud.21). In the same way, skilful kamma must presumably also be destroyed by experiencing its result.

There is no disagreement in the suttas that an arahant abstains from initiating new kamma – either positive, negative or neutral (puññābhisaṅkhāraṃ vā abhisaṅkhāraṃ vā abhisaṅkhareyya āneñjābhisaṅkhāraṃ vā abhisaṅkhareyyā'ti) (S.2.83). This is because, after the final destruction of greed, hatred and delusion at arahantship, any kamma performed with non-greed, non-hatred and non-delusion is not destined for future arising (anuppādadhammaṃ) (A.1.135). Such acts are compared to seeds that are destroyed, incapable of producing fruit (A.1.135). Because arahants have destroyed greed, hatred and delusion (S.5.8), they therefore cannot make kamma.

Many suttas agree that an arahant has no accumulated kamma. For instance, the arahant Venerable Ugga said that whatever kamma he had created, whether small or great, 'all that is destroyed' (sabbametaṃ parikkhīṇaṃ) (Th.80). This implies, say the suttas, that he had experienced its fruit (A.5.299). The suttas say that he must have experienced all the fruit, because 'there is no end to dukkha, until the fruit has been experienced' (na tvevāhaṃ bhikkhave sañcetanikānaṃ kammānaṃ katānaṃ upacitānaṃ appaṭisaṃveditvā dukkhassantakiriyaṃ vadāmi) (A.5.299). Although 'the end of dukkha' usually implies arahantship (antamakāsi dukkhassa: A.1.134), we will review this assumption below. But,

nonetheless, this phrase suggests that the arahant has indeed no accumulated kamma.

However, all arahants have certain aspects of old kamma that have not been destroyed. For instance, the support one receives as a monk is related to the alms one has given in previous lives (A.3.33-4). And the Buddha even described one's own body and senses as old kamma (purāṇam kammaṇ) something to be felt (vedayitaṇ) (S.2.64; S.4.132). 'Something to be felt' implies that it is purified in the same way as other kamma. This idea is illustrated in the Lakkhana Sutta, where the Buddha explained the kamma which led to his own fine body, good health and bountiful support. Presumably there are similar reasons for an arahant having an unattractive body and poor health. This would seem to be kamma – either good or bad – that is in the process of being destroyed by an arahant.

Secondly, some suttas suggest that the arahant is still paying off his old debts. For instance – as noted above – an arahant must apparently destroy old kamma by repeated contact with it (A.1.221); which suggests that an arahant still has kamma to destroy.

Several suttas describe the situation in a mixed way. They say that an arahant has destroyed kamma but is nonetheless still destroying it; for instance the monk who was sitting cross-legged not far from the Buddha, attentive and fully conscious, enduring feelings that were painful and sharp, the result of former kamma. The Buddha described him as one who had 'forsaken all kamma' (sabbakammajahassa bhikkhuno) but added that he was 'shaking off the dust of former kamma' (dhunamānassa pure kataṃ rajaṃ) (Ud.21). Secondly, when Venerable Angulimāla was physically attacked on almsround, the Buddha said 'Bear it, Brahman! Bear it, Brahman! You are experiencing here and now the result of kamma because of which you might have been tortured in hell for many years' (adhivāsehi tvaṃ brāhmaṇa adhivāsehi tvaṃ brāhmaṇa; yassa kho tvaṃ brāhmaṇa kammassa vipākena bahūni vassāni ... niraye

pacceyyāsi tassa tvaṃ brāhmaṇa kammassa vipākaṃ diṭṭheva dhamme paṭisaṃvedesī'ti) (M.2.106). The word 'Brahman' suggests that Angulimāla was already an arahant, but still having to bear his old kamma. But later, in solitude he exclaimed that all his kamma 'has touched me now' (phuṭṭho kammavipākena) and that now ate his almsfood 'free of debt' (aṇaṇo bhuñjāmi bhojanaṃ) (M.2.104-5).

The answer to this conundrum is suggested by the arahant Venerable Samitigutta who said that whatever kamma he had done in previous lives, 'that must be experienced in this world' (idheva taṃ vedanīyaṃ) because 'there is no other basis'; which means that for him there was no other lifetime (vatthu aññaṃ na vijjatī'ti) (Th.81); because at the moment of enlightenment, the arahant knows that this is his last birth, there will be no continuation of existence (ayamantimā jāti natthi dāni punabbhavo'ti). Therefore he knows that all his kamma must be destroyed by him within his lifetime. To that extent one can say that there is no end to dukkha until all one's accumulated kamma has been experienced, if by 'the end of dukkha' one does not mean the moment of arahantship, but the final passing away of the arahant, when the body and the senses – all of it old kamma – is finally discarded.

A similar knowledge is known to non-returners who apparently know that whatever evil deeds (pāpakammaṃ) they did, the results will be experienced in their present life (sabbaṃ taṃ idha vedaniyaṃ); it will not follow them on (na taṃ anugaṃ bhavissatī'ti) (A.5.301). That leaves them the fruit of good deeds to be experienced in their next (celestial) existence.

DO ARAHANTS BLAME THEMSELVES?

The Buddha said a sage does not blame himself (anattagarahī) (v.913). This is probably because 'a wise person does nothing for which he would blame himself' (yadattagarahī tadakubbamāno) (v.778). The term anattagarahī is therefore related to chinnakukkuccaṃ (freedom from remorse), which is said to be a quality of an arahant at M.1.108. Remorse is what monks feel when they break their precepts (S.3.120). It is linked to both vippaṭisāro (regret) and attā sīlato upavadatī'ti (reproaching oneself in regard to virtue) and is allayed by the training in virtue.

Sages who do something blameworthy would likely blame themselves, because even the Buddha would blame them. For instance, when the arahant Venerable Piṇḍolabhāradvāja publically exhibited his supernormal powers, the Buddha blamed him (*vigarahī*) (Vin.2.112). It is part of the monks' life to admonish others and accept admonishment in return (*vattā ca assasi vacanakkhamo cā*) (S.2.282). And monks are indeed supposed to ask themselves whether they or their companions would blame (*upavadati*) them for their conduct (A.5.88). And when being reproved, the Buddha told Venerable Sāriputta that a monk should welcome it (v.973).

WHAT IS THE CONSCIOUSNESS OF AN ARAHANT?

The three viññāṇas

The scriptures describe three types of *viññāna*:

- viññānakkhandha
- a viññāna that is dependent
- a viññāṇa that is not dependent

These three viññāṇas were all included when Venerable Sāriputta told Anāthapindika to train himself by reflecting on viññāṇakkhandha: 'I will not take possession of viññāṇa[kkhanda]; my [dependent] viññāṇa will become not dependent on viññāṇakkhandha' (na viññāṇaṃ upādiyissāmi; na ca me viññāṇanissitaṃ viññāṇaṃ bhavissatī'ti) (M.3.260). From this it seems that not-dependent viññāṇa arises from dependent viññāna.

Viññānakkhandha

The viññāṇa of viññāṇakkhandha is called 'viññāṇa' because, due to it, 'one knows' (vijānāti) different sensations, for example: sour, bitter, pungent, sweet, sharp, mild, salty, bland (S.3.87). This viññāṇa is sixfold, where each of the six viññāṇas are named according to the sense-base from which it arises: eye-viññāṇa, ear-viññāṇa, nose-viññāṇa, tongue-viññāṇa, body-viññāṇa and mind-viññāṇa (M.1.259; S.3.61). Because this type of viññāṇa is abandoned at arahantship, an arahant cannot be reckoned in

terms of it (viññāṇasaṅkhāvimutto) (M.1.488). This viññāṇa therefore seems to be the 'making known' that arises when internal sense bases (e.g. the eye) interacts with the external sense-bases (e.g. visible forms). If so, then this viññāṇa could be called the 'conscious function'; or simply called 'making known'.

Dependent-type viññāṇa: the 'stream of attachment' or the 'stream of me'

Venerable Sāriputta's advice above assumed the existence of a dependent-type viññāna (nissitam viññānam). Venerable Mahākaccāna describes a similar viññāna in a discussion with the householder Hāliddakāni, where he used the term 'consciousness passionately bound to the khandhas' as a synonym of desire and clinging for the khandhas (S.3.10).1 This dependenttype viññāna may be equivalent to the rarely mentioned 'unbroken stream of viññāna that is established in both this world and the next' (viññānasotam abbocchinnam idha loke patitthitam ca paraloke patitthitam ca) (D.3.105). As we have seen, Venerable Sāriputta called it simply viññāna. But this 'viññāna' may be a term for attachment itself, for instance when it is used as Venerable Mahākaccāna used it. This would mean that the term 'unbroken stream of viññāna' simply means the 'unbroken stream of attachment'. If this is the case, it might also be called 'unbroken stream of 'me' and 'mine", a stream that ends at arahantship (asmimānasamugghātam pāpunāti dittheva dhamme nibbānam'ti: Ud.37). This type of viññāna is obviously unknown by arahants.

 $^{^1}R\bar{u}$ padhāturāgavinibaddhañca pana viññāṇaṇ (one whose consciousness is passionately bound to the form element) is a synonym of $r\bar{u}$ padhātuyā kho yo chando yo rāgo yā nandi yā taṇhā ye upayūpādānā cetaso adhiṭṭhānābhinivesānusayā (the desire, passion, delight, clinging, the engagement and attachment, the mental standpoints, clinging, and inclination regarding the form element).

In the course of rebirth (punabbhavābhinibbatti) the dependenttype viññāna (or, the unbroken stream of attachment) is grounded (patithitam) in the worlds of sense desire (kāmadhātu), or in the worlds of form (rūpadhātu), or in the excellent worlds (paṇītāya dhātuyā) – a process called 'becoming' (bhavo) (A.1.222). This dependent-type viññāṇa is one of the four nutriments, and it is a condition for the production of future renewed existence (viññaṇāhāro āyatim punabbhavābhinibbattiyā paccayo) (S.2.13). The source of this stream of viññāna is said to be tanhā (tanhānidānā, tanhāsamudayā) (S.2.12); but sometimes it is said to be one's intentions, plans and tendencies (yañca ceteti yañca pakappeti yañca anuseti) (S.2.65). If 'watered with delight' (nandūpasecanam) the stream of viññāṇa grows and proliferates (vuddhim virūļhim vepullam āpajjeyya) (S.3.53). When it is established and come to growth, the body and mind arises (nāmarūpassa avakkanti). This leads to formation of kamma (sankhārānam vuddhi) and the production of future renewed existence (āyatim punabbhavābhinibbatti) (S.2.101-4). If one abandons attachment to the five khandhas (rāgo pahīno hoti) there is no basis for the dependent-type viññāna (patitthā viññānassa na hoti). This may be equivalent to what the suttas call 'cutting the stream' (chinnasotam) (S.4.292).

Not-dependent-type viññāṇa: freedom from attachment

At arahantship, knowledge of the second type of *viññāṇa* is replaced by knowledge of the third type, which could therefore be termed 'not-dependent-type *viññāṇa*'. This not-dependent-type *viññāṇa* may equal the rarely mentioned 'unbroken stream of *viññāṇa* not established either in this world or the next' (*viññāṇasotaṇ pajānāti ubhayato abbocchinnaṃ idha loke appatiṭṭhitañca paraloke appatiṭṭhitañca*) (D.3.104-5). Venerable Sāriputta also seemed to call this simply *viññāṇa*; but it may be simply a

term for non-attachment itself. In which case, it could be called 'unbroken stream of non-attachment not established either in this world or the next' or perhaps 'an unbroken stream of not me-ormine not established either in this world or the next'.

The scriptures mention what is possibly another synonym: $vi\tilde{n}\tilde{n}anam$ anidassanam anantam sabbatopabham: $vi\tilde{n}\tilde{n}ana$ without attribute, everlasting, completely without a source (M.1.329; D.1.223). This is associated with arahantship, and is discussed below (S.1.120-1; S.3.122-3). It seems that it is realised with the cessation of the dependent-type $vi\tilde{n}\tilde{n}ana$ (i.e. it is realised with the cessation of attachment, or with the cessation of the stream of 'me' and 'mine') ($vi\tilde{n}\tilde{n}anassa$ nirodhena: D.1.223). This realisation occurs when one does not intend, have plans or tendencies (S.2.66).

The liberation of *viññāna* is frequently referred to in the suttas.

Here, it is the *citta* that is said to be liberated:

"Having known viññāṇa[kkhanda] to be feeble, fading away, and comfortless, with the destruction, fading away, cessation, giving up, and relinquishing of attraction and clinging regarding viññāṇa[kkhanda], of mental standpoints, adherences, and underlying tendencies regarding viññāṇa[kkhanda], I have understood that my mind is liberated."

viññāṇaṃ kho ahaṃ āvuso abalaṃ virāgaṃ anassāsika'nti viditvā ye viññāṇe upāyūpādānā cetaso adhiṭṭhānāb-hinivesānusayā, tesaṃ khayā virāgā nirodhā cāgā paṭinissaggā vimuttam me citta'nti pajānāmi) (M.3.31).

"When that *viññāṇaṃ* is unestablished, not coming to growth, nongenerative, it is liberated. By being liberated, it is steady; by being steady, it is content; by being content, he is not agitated. Being unagitated, he personally attains Nibbāna."

tadappatiṭṭhitaṃ viññāṇaṃ avirūḷhaṃ anabhisaṅkhacca vimuttaṃ vimuttattā ṭhitaṃ, ṭhitattā santusitaṃ, santusitattā na paritassati, aparitassaṃ paccattaṃ yeva parinibbāyati (S.3.54).

With viññāṇa unestablished, the clansman Godhika has attained final Nibbāna: appatiṭṭhitena ca bhikkhave viññāṇena godhiko kulaputto parinibbutoti (S.1.120-1).

When dependent-type $vi\tilde{n}\tilde{n}ana$ becomes not-dependent-type it does not make kamma (anabhisankhacca) (i.e. freedom-from-attachment does not make kamma) and the $vi\tilde{n}\tilde{n}ana$ is called liberated (vimuttananamana). This means the $vi\tilde{n}\tilde{n}ana$ is steady (thitananamana), contented (santusitananamana), not agitated (naparitassati) (i.e. freedom-from-attachment is steady, content, not agitated). Therefore the monk attains Nibbāna (S.3.53-4). This has been compared to a flame going out ('The liberation of my mind was like the dying of a flame': Thi116). This not-dependent-type $vi\tilde{n}\tilde{n}ana$ is, simply speaking, the end of the stream of 'me' and 'mine'. It is equivalent to the destruction of greed, hatred and delusion (S.4.251). It is the consciousness of the arahant.

Viññāṇam anidassanam anantam sabbatopabham

'Viññāṇaṃ anidassanaṃ anantaṃ sabbatopabhaṃ' means viññāṇa without attributes, everlasting, completely without a source.

I translate anantaṃ as 'everlasting' because v.886 says that Truth is eternal ('There are not many and various eternal Truths in the world': saccāni niccāni). Nibbāna should not be called 'infinite' because Nibbāna is free of the sphere of infinite space (na ākāsānañcāyatanaṃ) (Ud.80).

I take *sabbatopabhaṃ* to be *sabbato apabhaṃ* because Duroiselle says that after 'o', vowels are usually elided – para26. *Apabhaṃ* is derived from *apabhavati* or *apahoti*. *Pabhava* means 'production, origin, source, cause'. The *pabhava/pahoti* alternative spelling

may explain the different readings *apabhaṃ* (M.1.329) and *apahaṃ* (D.1.223).

Sometimes the word <code>sabbatopabham</code> has been taken to mean <code>sabbato pabham</code> – 'shining everywhere'. But it is unlikely that this <code>viññānam</code> would shine everywhere because luminescence is not an attribute of Nibbāna. Nibbāna has been called the Sublime <code>(paṇītaṃ)</code>, the Auspicious <code>(sivaṃ)</code>, the Wonderful <code>(acchariyaṃ)</code>, the Amazing <code>(abbhutaṃ)</code> but not the Luminescent (S.4.360-373). In fact Nibbāna is called 'neither dark nor bright' (D.3.251). It is said of Nibbāna: 'There gleam no stars, no sun sheds light, there shines no moon, yet there no darkness reigns' (Ud.p9).

Viññānam anidassanam (Nibbāna) is not reached by

- the solidity of solids paṭhaviyā paṭhavittena ananubhūtaṃ
- the fluidity of fluids āpassa āpattena ananubhūtaṃ
- the hotness of heat tejassa tejattena ananubhūtaṃ
- the gaseousness of gas vāyassa vāyattena ananubhūtam
- the beingness of beings $bh\bar{u}t\bar{a}nam$ $bh\bar{u}tattena$ $ananubh\bar{u}tam$
- the godness of gods devānam devattena ananubhūtam
- the allness of all sabbassa sabbattena ananubhūtaṃ (M.1.329).

Because viññāṇaṃ anidassanaṃ is not even reached by the four great elements, the Buddha said it would be wrong to ask if that is where 'the four great elements cease without remainder' (aparisesā nirujjhanti). Instead he said one should ask where they have no footing (na gādhati). And because this viññāṇa is without attributes, 'long and short, coarse and fine, fair and foul, Name and Form are all completely blocked' (ettha dīghañca rassañca, aṇuṃ thūlaṃ subhāsubhaṃ; ettha nāmañca rūpañca asesaṃ uparujjhati) (D.1.223).

So where 'the four great elements have no footing' is where Name and Form are completely blocked. 'Completely blocked' is a synonym for 'have no footing'. Unfortunately, asesam uparujjhati is often translated as 'wholly destroyed' – which makes nonsense of the Buddha's statement. Because he then would be reported as saying that where the four great elements have no footing, in that place (ettha) Form ($r\bar{u}pa$) is wholly destroyed. And he would thus apparently answer the very question he said should not be asked.

Appendix 10

SHOULD MONKS FORSAKE PRECEPTS AND PRACTICES?

The Octads warns that if one is tethered to precepts and practices, one is likely to regard other people as inferior (v.798). Therefore a monk should not be tethered to precepts and practices. He should forsake them (v.839). This 'forsaking' has two possible meanings: forsaking ineffective practices or forsaking the identification with noble precepts.

Attaching to ineffective practices or identifying with noble precepts is called *sīlabbataparāmāso*, which is the third of the lower fetters (*orambhāgiyāni saṃyojanāni*). This fetter is abandoned at stream-entry (M.1.9); because one of the qualities of the stream-enterer is the possession of virtues dear to the noble ones, unbroken, untorn, and not grasped (*aparāmaṭṭhehi*) (S.5.343) – a word that implies not seeing them as 'me' or 'mine' or 'my Self' (*etaṃ mama esohamasmi eso me attā'ti*) (S.2.94).

But forsaking precepts does not mean immoral behaviour. What the Octads emphasises is good behaviour, as well as detachment. And detachment supports good behaviour not bad behaviour. Venerable Soṇa said the moral behaviour of an arahant is a natural expression of an enlightened mind. When he was accused of practising harmlessness 'due to blind attachment to precepts and practices' (silabbataparāmāsaṃ), he said no, the arahant is intent on non-harming because of the destruction of attachment, hate and delusion (khayā rāgassa vītarāgattā ... dosassa vītadosattā ... mohassa vītamohattā abyāpajjādhimutto hoti) (Vin.1.183-5).

Precepts and practices recommended by the Buddha are those where skilful states (*kusalā dhammā*) grow and unskilful states (*akusalā dhammā*) diminish (A.1.225). Stream-enterers discard

unskilful religious practices and undertake noble precepts, but without grasping these precepts (*aparāmaṭṭhehi*); which means that the stream-enterer does not see precepts as 'me' or 'mine' (S.2.94).

The following examples from the suttas illustrate how unskilful practices are discarded, and skilful practices are undertaken:

- Fire-worship: When Kassapa of Uruvela and his group of matted hair ascetic disciples decided to take ordination under the Buddha, they flung into the river their hair, braids, bundles on carrying poles, and fire-worshipping implements (Vin.1.32-3).
- Sacrifice: A brahman brought hundreds of bulls, goats and sheep to the sacrificial post for slaughter and burning, then asked the Buddha how to perform the sacrifice so it would be of the greatest benefit. The Buddha replied that even in preparing for such a sacrifice, thinking to make merit, one makes demerit; thinking to do good, one does evil; thinking one is pursuing happiness, one is pursuing pain. Then the Buddha explained that greed, hatred and delusion are three fires that should be shunned. He said that three fires should be venerated instead: one's parents, one's family, and employees, ascetics and brahmans.
- River cleansing: The brahman Sundarika Bhāradvāja asked the Buddha if he ever went to the Bahukā River to bathe? 'For in the Bahukā River many people wash away the evil deeds they have done'. The Buddha replied that a 'fool may bathe there forever, yet will not purify his black deeds'. He said that someone who is pure in heart and who does good deeds is ever cleansed, and advised the brahman to bathe in this way, to make himself a refuge for all beings, and to keep the moral precepts (M.1.39).

- River cleansing: A brahman said to the bhikkhunī Punnikā: 'Whoever, young or old, does evil kamma, is, through water ablution, from evil kamma set free'. Punnikā replied: 'In that case, they would all go to heaven: all the frogs, turtles, serpents, crocodiles, and anything else that lives in the water'. She said that if these rivers could carry off evil kamma, they would carry off merit as well. She advised the brahman to stop doing whatever it was that made him always need cleansing, and added 'Don't let the cold hurt your skin'. The brahman said 'I've been following the miserable path, good lady, and now you've brought me back to the noble' (Thi.p146).
- Worshipping and serving: One early morning, the Buddha met a young brahman named Sigālaka, who, with clothes and hair still dripping from his ritual bath, and with joined palms, was worshipping (namassati) the six directions out of respectful obedience to his father's dying request that he do so. The Buddha told Sigālaka that according to the noble discipline (ariyassa vinaye) this was not the way to worship the six directions, which Sigālaka then asked the Buddha to explain. In fact, the Buddha explained, not how to 'worship' the six directions, but how to 'cover' them (paticchādī), which he explained meant 'serving' the people in one's life (paccupatthātabbā) because it is likely that 'worshipping' was a term that he felt should be used exclusively in relationship to the Buddha, Dhamma and Saṅgha. He told Sigālaka how to properly serve six groups of people: one's parents, teachers, spouses, friends, servants, and ascetics and brahmans, and how these can reciprocate by showing their tenderness (anukampanti) in return. The Buddha said that if one follows this advice, then each direction is made safe, free of fear (khemā appatibhayā) – possibly because one is not cultivating danger and fear within any relationship. Instead,

- one is cultivating three qualities that might summarise the Buddha's advice to Sigālaka: respect, kindness and dutifulness (D.3.180).
- Purifying rites: Cunda was a silversmith whose purifying rites involved him touching the ground, cowdung or grass, worshipping fire or the sun, and bathing three times a day. The Buddha said that this was different from noble purification (ariyassa vinaye soceyyaṃ) which, at Cunda's request, he explained meant the four ways of right speech, the four ways of right conduct, and freedom from covetousness, ill-will and wrong views. These noble purifications result in someone who is indeed pure (suci yeva hoti) whether or not he practises touching the ground, worshipping fire and bathing three times a day, and they lead to happy rebirths, either celestial or human (A.5.263-268).
- Going upwards: There is a brahman practice called 'going upwards' (udayagāminim nāma paṭipadam) in which a disciple is told to get up early and walk facing east, and told not to avoid a pit, a precipice, a stump, a thorny place, a village pool, or a cesspool, and told to 'expect death wherever you fall. Thus, good man, with the breakup of the body, after death, you will be reborn in heaven.' The Buddha said that this foolish practice does not lead to revulsion, dispassion, ending, peace, realisation, enlightenment or Nibbāna. The practice called 'going upwards' in the Noble One's Discipline (ariyassa vinaye udayagāminim paṭipadam paññāpemi) involves having unwavering faith in the Buddha, Dhamma, Sangha, and possession of the virtues dear to the noble ones. This leads to utter revulsion, to dispassion, to ending, to peace, to realisation, to enlightenment, to Nibbāna' (S.5.361).
- Gruelling asceticism: Before his enlightenment, the Bud-

dha practised various ascetic practices. For instance, he rejected social conventions by practising nakedness; by remaining standing when eating, urinating and defaecating; by licking his hands clean instead of washing them. He tormented himself by standing continuously, rejecting seats; or by maintaining the squatting position; by using a bed of spikes; by bathing in cold water three times daily including the evening. He survived on very small amounts of food, and reached a state of extreme emaciation. Yet by such conduct and austerity he admitted that he did not attain any superhuman state of knowledge and vision that was truly noble, because he did not attain noble wisdom (ariyāya paññāya) which leads to the complete destruction of suffering (M.1.81). Later, he was to reflect: 'I am indeed freed from that gruelling asceticism. It is good indeed that I am freed from that useless gruelling asceticism. It is good that, steady and mindful, I have attained enlightenment' (S.1.103).

Appendix 11

THE STORY OF VENERABLE SONA

Venerable Mahākaccāna was one of the eminent disciples of the Buddha, considered chief amongst monks who could explain the brief sayings of the Buddha. He was born in Ujjenī town (modern-day Ujjain) in a country called Avanti. This country, now part of modern-day Madhya Pradesh, lay 400 kilometres south-west of Sāvatthi, one of the centres of early Buddhism. Having travelled to visit the Buddha and having attained arahantship, Mahākaccāna returned to Avanti.

Mahākaccāna had a lay supporter in Avanti called Soṇa Kuṭikaṇṇa. Soṇa was keen to become a monk but Mahākaccāna discouraged him by recounting the difficulties of the monks' life: 'Difficult, Soṇa, for as long as life lasts are solitary sleeping places, eating once a day and the *brahmacariya* (celibacy). Please, Soṇa, remain a householder as you are and on the Observance days practise the solitary sleeping place, the one meal a day and the *brahmacariya*'. Soṇa was not to be discouraged, however, and eventually Mahākaccāna agreed to ordain him. As Avanti was so far from the centre of Buddhist practice in India, it took three years to gather the necessary quorum of monks for the ceremony.

After spending his first *vassa* (rainy season) in Avanti, Venerable Soṇa decided to visit the Buddha. When he asked for permission, Mahākaccāna told him: 'Yes, very good, Soṇa. Go and see the Sublime One, the Arahant, the perfectly and completely awakened one. You will see the Sublime One, lovely to behold, inspiring of confidence, with senses calmed, with tranquil mind, attained to the greatest self-mastery and serenity, who is tamed, watchful, well controlled, a great being. In my name bow your head to his feet and say: "My preceptor, Venerable Mahākaccāna,

bows his head to your feet and asks if you are well, in good health, with little illness, vigorous and abiding in comfort".

With this, Soṇa set off and eventually arrived at Jeta's Grove, Anāthapiṇḍika's Monastery in Sāvatthi, and paid his respects to the Buddha. The Buddha told Venerable Ānanda to 'Assign a place for this visiting monk to rest'. Ānanda realised 'The Lord wants to share a dwelling with this visiting monk' and assigned him a place in the Buddha's own dwelling.

The Buddha and Venerable Soṇa spent the early part of that night meditating outside, then rested till early dawn. When the Buddha arose, he invited Soṇa to recite some of the teachings. Fulfilling this request, Soṇa recited the Group of Octads. When he had finished, the Buddha praised him, saying:

'Well done, monk! The Group of Octads is well memorised by you. You have pondered it carefully, reflected upon it thoroughly. You have a beautiful voice, a good delivery, and clear articulation. You made the meaning clear' (Ud.57; Vin.1.193). The Buddha later declared 'Chief among my monks of beautiful speech is Soṇa Kuṭikaṇṇa' (AN.1.24).

Appendix 12

VENERABLE MAHĀKACCĀNA'S EXPLANATION OF VERSE 844

Having forsaken the home-life: okam pahāya

Not living in company: aniketasārī

The sage does not create intimate relationships in the

village: gāme akubbam muni satthavāni

Rid of sensual passion: kāmehi ritto

Free of yearning: apurekkharāno

He would not speak to people contentiously: katham

na viggayha janena kayirāti

(Verse 844)

Venerable Mahākaccāna's explanation of this verse is as follows:

- 'living the home-life' (okasārī hoti) means one's consciousness (viññāṇaṃ) is bound by attachment (rāgavinibaddha) to the five khandhas - because here, the khandhas are called the home of consciousness (viññānassa oko).
- 'living homeless' (anokasārī hoti) means overcoming one's desire and attachment for the five khandhas (yo chando yo rāgo yā nandi yā taṇhā ye upayūpādānā cetaso adhiṭṭhānābhinivesānusayā ... anabhāvakatā āyatim anuppādadhammā). This explanation includes a reference to the practice of the Tathāgata; therefore 'living homeless' implies arahantship.
- 'living in company' (niketasārī hoti) means the scattering and bondage (visāravinibandhā) [of one's mind] in the com-

pany of sights, sounds, smells, tastes, touches and mental objects.

- 'not living in company' (aniketasārī hoti) means overcoming the scattering and bondage [of one's mind] in the company of sights, sounds, smells, tastes, touches and mental objects. This explanation includes a reference to the practice of the Tathāgata; therefore 'not living in company' implies arahantship.
- 'being intimate in the village' (gāme santhavajāto hoti) means living in association with laypeople, rejoicing at their happiness, sorrowing at their sorrow, and involving oneself in their affairs and duties.
- not being intimate in the village (gāme na santhavajāto hoti) means avoiding such intimacy.
- 'being not rid of sensual passion' (kāmehi aritto hoti) means one is not devoid of lust, longing, affection, thirst, passion, and clinging in regard to sensual pleasures (kāmesu avigatarāgo hoti avigatachando avigatapemo avigatapipāso avigatapariļāho avigatatanho).
- 'being rid of sensual passion' means being rid of such desires for sensual pleasure.
- 'yearning' (purekkharāno hoti) means wishing for the future: May I have such a body in the future! May I have such sensations in the future!
- 'free of yearning' means not having such wishes.
- 'speaking with people contentiously' means telling people
 'You don't understand this Dhamma and Discipline; but I
 understand it. you're practising incorrectly; I'm practising
 correctly' and other such speech.

• 'not speaking with people contentiously' means not talking to people like this (S.3.9-12).

Appendix 13

DO ARAHANTS HAVE DIFFERENCES IN OPINION?

Arahants do indeed have differing views, but they do not fall into conflict about it. For instance, in an attempt to put his own enlightenment into perspective, the Buddha claimed that in the past and the future, too, there have been/will be other Buddhas equal in enlightenment to himself (D.3.114). But Venerable Sāriputta said that in his view, no one ever has been, or will be, more enlightened than the Buddha. The Buddha did not argue. He simply asked Venerable Sāriputta whether he had comprehensive knowledge of all Buddhas, past, present and future. Had he not spoken boldly with a bull's voice? Roared the lions' roar of certainty? Venerable Sāriputta admitted that although he did not have such knowledge, in his opinion, whatever it is possible for someone to achieve through effort, that the Sublime One had achieved (D.3.113).

Arahants can sometimes be criticised by other arahants for their views. Once, Venerable Kappina the Great wondered: "Should I go to an Observance or not? Should I go to Saṅghakamma or not? In either case, I am purified with the highest purification". The Buddha told him "If you brahmans (arahants) do not honour the Observance, who will? You go along to the Observance and Saṅghakamma. Do not not go". "Yes, Lord" Venerable Kappina replied (Vin.1.105).

On another occasion, when the Buddha dismissed the Saṅgha, intending never to teach again, Venerable Sāriputta decided to follow him into retirement to practise *jhāna*. Later the Buddha told him: "Stop, Sāriputta! Never let such a thought arise in you again!" But Venerable Mahāmoggallāna had decided to help lead

the Saṅgha, together with Venerable Sāriputta. The Buddha told him: "Very good, Moggallāna. Either I could lead the order, or Sāriputta and Moggallāna could do so" (M.1.459).

Sometimes arahant monks offer competing answers to riddles – for instance at A.3.401 and M.1.212. Having collected the answers, when the monks asked the Buddha "Who of us spoke well?" (kassa nu kho bhante subhasitanti), the Buddha replied "You have all spoken well, each in his own way" (sabbesaṃ vo bhikkhave subhāsitaṃ pariyāyena); then he added "Hear also from me [how I would answer the riddle]". And he gave his own solution.

On another occasion three arahants were discussing the three types of monks called $k\bar{a}yasakkhi$, ditthappatto, and $saddh\bar{a}vimutto$. Each arahant had a different opinion on which of the three types of monk is most excellent and choice ($abhikkantataro\ ca\ paṇītataro\ c\bar{a}$) (A.1.118). The Buddha said the issue could not be decided without knowing the spiritual attainments of each type of monk.

So arahants do indeed have differences of opinion, but without falling into conflict.

Appendix 14

TRANSLATION NOTES

Añña: auxiliary basis of attachment

 $A\tilde{n}\tilde{n}a$ means 'other, different'. It occurs in various forms, the meaning of which is usually self-explanatory. But I have called $a\tilde{n}\tilde{n}ena$ (vv.789, 813, 908) and $a\tilde{n}\tilde{n}ato$ (v.790) 'by means of an auxiliary basis of attachment'.

The key for this choice is found in v.789, $a\tilde{n}\tilde{n}ena$ so sujjhati sopad- $h\bar{\imath}ko$: 'Then a person with one basis of attachment is intrinsically purified by means of another'. Norman translates this as 'He who has acquisitions [which lead to rebirth] is purified by something else [than the noble path].

As for *na hi aññamokkhā* (v.773), I take it to mean: there is no liberation except in relation to the bondage of desire.

Avijjā: Dhamma blindness

Avijjā is usually translated as 'ignorance'. But ignorance means a lack of theoretical knowledge; for instance, consider Venerable Channa who, the sutta tells us, had theoretical knowledge of Dhamma but did not really see it. He had to ask Venerable Ānanda to teach him how to see it (me tathā dhammam deseyya yathāham dhammam passeyyan'ti) (S.3.132). This shows that attainment of insight is a kind of seeing, and not the attainment of theoretical knowledge. Thus, stream-entry is like being shown the way when one is lost, or having a lamp brought into a dark place, or attaining the pure and spotless Dhamma-eye (virajam vītamalam dhammacakkhum udapādi) (D.1.110). Enlightenment is like darkness being banished, and light arising (M.1.248); this occurs

when one knows and sees (evam jānato evam passato) the four noble truths as clearly as if one were looking at fish in a crystal clear pond (D.1.84).

Āsava: blinding tendencies

Regarding the word *āsava*, the PED notes the 'difficulty of translating the term'. Norman leaves it untranslated. Horner agrees that it has 'always been a problem to translators', but says that the root *sru* 'suggests a flowing, discharge, leak, trickling, oozing, while the prefix ā-, especially with verbs of motion, means towards' (Middle Length Sayings, Vol.1, xxiii). The term occurs only once in the Octads (v.913). I have called it 'blinding tendency' for the following reasons:

The first three fetters (saṃyojanāni) are called āsavas to be forsaken by seeing (sakkāyadiṭṭhi vicikicchā sīlabbataparāmāso: ime vuccanti āsavā dassanā pahātabbā, M.1.9). But as significant as the fetters themselves is the tendency to them, and one is not really free of the fetters until one is also free of the tendency to them (sakkāyadiṭṭhi sānusayā pahīyati ... vicikicchā sānusayā pahīyati ... sīlabbataparāmāso sānusayo pahīyati ... kāmarāgo sānusayo pahīyati ... byāpādo sānusayo pahīyati) (M.1.434). So āsava is synonymous with saṃyojana together with anusayo.

At A.4.127, 'wearing away of the āsavas (āsavānaṃ khīṇaṃ) is synonymous with 'the fetters being weakened and easily rotting away' (appakasireneva saṃyojanāni paṭippassambhanti pūtikānī bhavantī'ti). So again, āsavā implies saṃyojanā.

Āsavas are apparently the opposite of the inclination to Nibbāna. For while the āsavas might arise in one who does not develop the enlightenment factors (M.1.11), when a monk develops and cultivates the seven factors of enlightenment, he slants, slopes, and inclines towards Nibbāna (*nibbānaninno nibbānapoṇo nibbānapabbhāro*) (S.5.75). So the āsavas are the inclination away from Nibbāna.

Āsavas are the inclination of one's mind (nati cetaso) that results from wrong thoughts. For whatever a monk frequently thinks about, that will become the inclination of his mind (yaññadeva bhikkhave bhikkhu bahulamanuvitakketi anuvicāreti tathā tathā nati hoti cetaso) (M.1.116). So a monk should not tolerate harmful and unskilful thoughts. For whereas āsavas might arise in one who does not remove harmful and unskilful thoughts, there are no āsavas in one who removes them (M.1.11). So āsavas are the harmful inclinations of the mind.

The three āsavas (*kāmāsavo*, *bhavāsavo*, *avijjāsavo*: M.1.55) have their corresponding equivalents in the seven tendencies (*kāmarāgānusayo*, *bhavarāgānusayo*, *avijjānusayo*: S.5.60). Thus each *āsava* is equivalent to one of the tendencies:

- *kāmāsavo* is equivalent to *kāmarāgānusayo*: the tendency to infatuation with sensual pleasure
- *bhavāsavo* is equivalent to *bhavarāgānusayo*: the tendency to infatuation with states of existence
- *avijjāsavo* is equivalent to *avijjānusayo*: the tendency to Dhamma blindness

But the three anusayas that are āsavas are conditions for Dhamma blindness (āsavasamudayā avijjāsamudayo; āsavanirodhā avijjānirodho: M.1.54). And these three anusayas are can therefore be called 'blinding tendencies'.

Āsavas, then, are the tendencies for the manifestation of three blinding mental objects:

- the tendency to infatuation with sensual pleasure (*kāmāsavo*);
- the tendency to infatuation with states of existence (*bhavāsavo*);

• the tendency to Dhamma blindness (avijjāsavo) (S.5.56).

Khilo: hard heartedness

The word *khilo* occurs in verses 780 and 973. Both the PED and Norman call it 'barrenness of mind'. I call it 'hard heartedness'. This harmonises with *khilo*'s other meaning: 'waste or fallow land'. Verse 780 says that a monk who does not enter disputes does not incline to hard heartedness. Verse 973 says a monk should destroy the hard heartedness he might have for his fellows in the holy life – (*sabrahmacārīsu khilaṃ pabhinde*). Thus the turning point in Venerable Channa's practice was when he destroyed his hard heartedness and opened himself up (*āvīakāsi khilaṃ pabhindi*). This led to him asking Venerable Ānanda for Dhamma instruction (S.3.134).

Whoever is angry with his fellows in the holy life, displeased with them, upset about them, become hard hearted (*khilajāto*) does not incline to exertion (A.4.460). Whereas having a mind that is sympathetic for all living beings (*akhilaṃ sabbabhutesu*) conduces to attaining rebirth in the Brahma realms (S.4.118).

Tanhā: clinging

Taṇha is popularly called 'craving' (i.e. strong desire) or thirst. But even Buddhas get thirsty and desire water ('Ānanda, bring me some water. I am thirsty (pipāsito'mhi) and will [want to] drink (pivissāmī'ti)' - D.2.128). Therefore translating taṇhā as 'strong desire' seems mistaken. In fact, the key to the meaning of taṇha is not its strength, but its quality of ensnaring (jālinī), attaching (visaṭā) and clinging (visattikā): "I will teach you the clinging that ensnares, that flows, that attaches, that clings to one" (A.2.212-3). The Buddha said of himself "Within him, taṇhā no longer lingers, entangling and binding, to lead him anywhere" (yassa jālinī visattikā taṇhā natthi kuhiñci netave) (S.1.107).

Clinging arises because of sensation ($vedan\bar{a}paccay\bar{a} tanh\bar{a}$). And because of clinging, there is ownership, which the suttas express in three ways: $tanh\bar{a}paccay\bar{a}$ $up\bar{a}d\bar{a}nam$ (clinging \rightarrow ownership) (S.2.1); upadhi $tanh\bar{a}nid\bar{a}no$ (clinging \rightarrow possession) (S.2.107-112); tanham paticca $pariyesan\bar{a}$ pariyesanam paticca $l\bar{a}bho$ (clinging \rightarrow pursuit \rightarrow acquisition) (A.4.400-1);

Clinging, the second Noble Truth, leads to renewed existence and is accompanied by enjoyment and love, seeking enjoyment here and there; that is, clinging to sensual pleasure, to existence and to becoming (yāyaṃ taṇhā ponobhavikā nandirāgasahagatā tatra tatrābhinandinī seyyathīdaṃ: kāmataṇhā bhavataṇhā vibhavataṇhā). Clinging is what binds a man to saṃsāra (taṇhādutiyo puriso dīghamaddhāna saṃsaraṃ) (A.2.9). Clinging is called the seamstress; for it sews a man to this ever becoming birth (taṇhā hi naṃ sibbati tassa tasseva bhavassa abhinibbattiyā) (A.3.399).

There is a sixfold body of clinging (*chayime taṇhākāyā*):

- clinging to visible forms: rūpataṇhā
- clinging to sounds: saddataṇhā
- clinging to odours: gandhataṇhā
- clinging to tastes: rasataṇhā
- clinging to tactile objects: phoṭṭhabbataṇhā
- clinging to mental phenomena: dhammataṇhā.

(S.2.3).

In the Octads *taṇha* is either related to the clinging to existence (e.g. *taṇhagataṃ bhavesu*, v.776), or it is used with no particular object. For instance, a peaceful person is 'free of clinging' (*vītataṇho*: v.849).

Upādāna: ownership or possession

Possession or ownership arises from clinging (tanhā), and is four-fold:

- possession of sensual desire: kāmūpādānam
- possession of views: diṭṭhūpādānaṃ
- possession of precepts and practices: sīlabbatūpādānaṃ
- possession of a theory of Self: attavādūpādānam

The suttas show that ownership is intrinsic to all types of up- $\bar{a}d\bar{a}na$:

• Possession of sensual desire: sensual desire is gradually worn down, starting at stream-entry, because the stream-enterer is apparently "not obsessed" (pariyutthito) by sensual love (kāmarāga) or ill-will (byāpāda) (M.1.321-5); the once-returner has "attenuated" lust, hatred and delusion (rāgadosamohānam tanuttā); the non-returner has "destroyed" the first five fetters (pañcannam orambhāgiyānam samyojanānam parikkhayā) (M.1.34). Although oncereturners have attenuated lust, some lay people who attain this state maintain sexual relationships (A.5.137). Attachment to sexual pleasure means that states of greed, hatred and delusion (lobha, dosa, moha) can still invade the mind and remain (cittaṃ pariyādāya tiṭṭhanti) (S.5.369) even though one sees that sensuality (kāmā) is of full of sorrow and danger (M.1.91; S.5.369). These unwholesome states are only overcome when one attains the rapture and bliss (pītisukhaṃ) that is free of sensuality (aññatreva kāmehi) and unskilful states (akusalehi dhammehi) (M.1.91). At this stage, the once returner would presumably become a nonreturner. This suggests that non-returners are free of the

fourth and fifth fetters because they can enter $jh\bar{a}na$, and once-returners, at least some of them, cannot seem to do this.

- Possession of views: If views are seen as not mine; not what I am; not my Self then they are abandoned (evametāsaṃ diṭṭhīnaṃ paḥānaṃ hoti evametāsaṃ diṭṭhīnaṃ paṭinissaggo hoti) (M.1.40).
- Possession of precepts and practices: Religious practices that are not in accordance with the noble discipline (ariyassa vinaye) are discarded by disciples when they first take refuge in the Buddha, and see that these practices are ineffective for spiritual progress. In their place, noble precepts are undertaken; thus the stream enterer is 'possessed of the precepts dear to the noble ones' (ariyakantehi sīlehi samannāgato hoti) which are perfectly fulfilled, but they are not grasped (aparāmaṭṭhehi): a word that implies that one does not see things as 'me' or 'mine' or 'my Self' (S.2.94).
- Possession of a theory of Self: The insight of streamenterers and of arahants is identical: both have seen the five khandhas as they actually are with proper wisdom as being not personal (*netaṃ mama, neso hamasmi, na meso attā'ti*) (M.1.234-5). In stream-enterers, however, the presumption of a 'me' is still found (*asmī'ti adhigataṃ*). But in relation to any particular one of the khandhas "This is me" is not found (*ayamahamasmī'ti ca na samanupassāmī'ti*) (S.3.127-133).

Venerable Khemaka said the presumption of a Self was like the perfume of a lotus that could not be said to belong to any particular part of the flower, it belongs to the whole flower. In the same way, he said that though a noble disciple has abandoned the five lower fetters, still, in relation to the five aggregates subject to clinging, there

lingers in him a residual tendency to think in terms of 'me' that has not yet been uprooted (asmi'ti anusayo asamūhato) (S.3.127-133). Venerable Khemaka explained that if the disciple dwells examining the rise and fall in the five aggregates (udayabbayānupassī viharati), those residual tendencies are uprooted, just as the smell that remains in cloth that is cleaned with cowdung would eventually vanish if the cloth was left in a sweet-scented casket.

Ditthi: fixed view

In the Octads, *ditthi* usually implies attachment, and therefore I have often called it 'fixed view' not simply 'view'. A fixed view is synonymous with a conclusion (v.781); it is regarded as the highest Goal by the person grasping it (vv.796, 833). It is a source of confrontation (v.833) or offensive behaviour (v.847). It is regarded as belonging to oneself (v.846) and may lead grading others as equal, inferior or superior (v.799) or to think one is perfected (v.889).

It is not always necessary to call <code>ditthi</code> 'fixed view'. For instance in verse 796, where it is already clear that attachment is involved: 'If a person maintains that of views ('fixed views'), his is the highest Goal / Holding it as supreme in the world / And says that all other views ('fixed views') are contemptible / Then he has not gone beyond disputes'.

Dhammesu niccheyya samuggahītam: in regards to dogmatic religious teachings

This phrase occurs in four places, vv.785, 801, 837, 907. It can be analysed as follows:

• *dhammesu*: locative plural of *dhammā*, religious teachings: 'in regards to religious teachings'.

- *niccheyya*: potential case of *nicchināti*: fit to be (must be, ought to be, to be) discriminated, considered, investigated, ascertained (Duroiselle para 466).
- *samuggaḥītaṃ*: past participle of *samuggaṇhāti*: seized, grasped, embraced.

Together, this means 'in regards to religious teachings which must be ascertained [only] after having grasped them' which I have phrased as 'in regards to dogmatic religious teachings'. Norman phrases it 'grasped from among doctrines, after consideration'.

For example, Norman translates v.837: "'Māgandiya', said the Blessed One, 'nothing has been grasped [by me] from among the doctrines, after consideration, [saying,] 'I profess this'. Whereas I have said 'In regards to dogmatic religious teachings, of none of them have I said 'I proclaim this'".

Paramam: the highest Goal

In the suttas, Nibbāna is called the highest (paramaṃ) (e.g. Dh v.184); or the highest happiness (paramaṃ sukhaṃ: Dh 203); or the highest purity (paramaṃ suddhiṃ S 1.166); or the highest Nibbāna in this lifetime (paramadiṭṭhadhammaṃ nibbānaṃ (A.5.64); or the highest Goal (paramattha: Sn.v.68; v.219). In the Octads it is simply called paramaṃ; but if one precisely translates that as 'highest' it could lead to misunderstandings. For instance, v.796 would be translated 'If a person maintains that of views, his view is the highest ... Then he has not gone beyond disputes'. Therefore I translate it 'If a person maintains that of views, his view is the highest Goal ... Then he has not gone beyond disputes'.

Yametamattham: 'which you mentioned'

Yametamattham occurs in vv.838, 869, 870 – where it introduces a question referring back to a word or phrase used by the Buddha. Norman calls it 'that thing which is'. PED says the dependent and elliptic use of ya with a demonstrative pronoun represents a deictic or emphatic use, with reference to what is coming next or what forms the necessary compliment to what is just being said. Thus it introduces a general truth or definition, as we would say 'just this', 'namely', 'that is'. PED says attha means 'matter', 'affair' or 'thing'. So yametamattham would mean 'just this matter'. Fausbøll phrases it 'which thou mentionest'.

Sañña: fictitious perceptions & Papañcasankhā: the conception of 'me'

One of the key themes of the Octads is $sa\tilde{n}\tilde{n}a$ – popularly called 'perception', though the PED says it can mean 'conception, idea, notion'. The word occurs in seven verses. It has two varieties: good types and bad types. The single good-type occurrence is found in v.841, where Māgandiya was expected to have the simplest notion ($anumpi\ sa\tilde{n}\tilde{n}anu$) of what the Buddha was talking about. The other occurrences are all of bad types.

Overcoming the bad types of $sa\tilde{n}\tilde{n}am$ leads to dramatic results. The Octads says that the sage who understands $sa\tilde{n}\tilde{n}am$ crosses the flood of sorrow (v.779), and says that if one is unattached to $sa\tilde{n}\tilde{n}am$, there are no bonds ($ganth\bar{a}$) (v.847). Verse 802 says the arahant does not concoct the slightest $sa\tilde{n}\tilde{n}\bar{a}$ regarding what is seen, heard or cognised ($ditthe\ va\ sute\ mute\ v\bar{a}\ pakappit\bar{a}\ natthi\ an\bar{u}pi\ sa\tilde{n}\tilde{n}\bar{a}$). This shows that $sa\tilde{n}\tilde{n}\bar{a}$ can hardly mean simply perception; after all, the Buddha was able to perceive the people he was talking to. Alternatively in the Octads, $sa\tilde{n}\tilde{n}am$ has the same meaning as it does in the $Madhupindika\ Sutta$ (MN 18), where the Buddha

said that $sa\tilde{n}\tilde{n}\bar{a}$ do not linger in the arahant ($sa\tilde{n}\tilde{n}\bar{a}$ $n\bar{a}nusenti$). But what does $sa\tilde{n}\tilde{n}\bar{a}$ mean, then?

In the *Madhupiṇḍika Sutta*, the Buddha said that the phrase 'saññā do not linger' means that if one does not enjoy, welcome or take hold of papañcasaññāsaṅkhā, this puts an end to the seven latent tendencies. This statement also seems to say that if one does not take hold of papañcasaññāsaṅkhā, then these papañcasaññāsaṅkhā do not linger. Thus saññaṃ seems equivalent to papañcasaññāsaṅkhā. And papañcasaññāsaṅkhā is likely to be the meaning of sañña in the Octads, too. But if, in the Octads, saññaṃ is a synonym of papañcasaññāsaṅkhā, in what way does it differ from papañcasaṅkhā, of which it is said to be the source (v.874)?

Verse 916 says the basis of papañcasaṅkhā is the thought 'I am' (mūlaṃ papañcasaṅkhāya mantā asmīti sabbamuparundhe), and the Buddha said when there is the thought 'I am' (asmīti sati), there comes another seventeen thoughts: I am in this world; I am thus; I am otherwise; I am bad; I am good etc. (A.2.212-3). From this, it would seem that 'I am' is the root of seventeen other thoughts, and that all these thoughts comprise papañcasaṅkhāya. Therefore papañcasaṅkhā could be called 'the conception of me'. My translation leads to the following results in the two mentions of the word in the Octads:

- v.874: Fictitious perceptions are indeed the source of the conception of 'me': saññānidānā hi papañcasankhā
- v.916: A sage should completely restrain the basis of the conception of 'me': the thought 'I am': mūlaṃ papañ-casankhāya mantā asmīti sabbamuparundhe

In the Octads, papañcasaṅkhā is a further development of saññā, because, says v.874, the source of papañcasaṅkhā is saññā (saññānidānā hi papañcasaṅkhā). And if papañcasaṅkhā is 'the conception of me', the meaning of saññā can be found in the

Mūlapariyāya Sutta where it says that ordinary person (assutavā puthujjano) perceives earth as 'earth' (pathavim pathavito sañjānāti). Having done so, he then conceives 'earth is mine' (pathavim meti maññati). This is because he has not comprehended earth (apariññātaṃ tassā'ti). If the expression 'earth is mine' can be taken as equivalent to 'the conception of me' (papañcasankhā), then it becomes clear that it is the perception of an ordinary person that leads to the conception of me. And this act of perception, called sañjānāti, arises from non-comprehension (apariññātaṃ). And such perception is not found in arahants. They do not perceive earth as earth. Rather, arahants insightfully know earth as earth (pathavim pathavito abhijānāti); and having done so, they do not conceive 'earth is mine' (pathavim meti na maññati). Thus, in the Octads, saññā is the perception of non-comprehension that gives rise to the conception of me. It is not perception with insight. In the Octads I call it 'fictitious perception', because it involves perceiving what is not factual. This fictitious perception is therefore the source of the eighteen thoughts of 'me'; in other words, the source of the conception of 'me' is the fictitious perceptions.

This gives the following results:

- v.779) Having understood fictitious perceptions (saññaṃ pariññā) ... The sage crosses the flood of sorrow.
- v.792) A person bound to fictitious perceptions (saññasatto) ... goes high and low.
- v.802) Whoever does not concoct the slightest fictitious perception (anūpi saññā) regarding what is seen, heard or cognised ... how could anyone have any doubts about him?
- v.841) Asking questions that are based on a fixed view, you cannot apprehend the simplest notion (nāddakkhi aṇumpi saññaṃ).

- v.847) For one unattached to fictitious perceptions, there are no bonds (saññāvirattassa na santi ganthā) ... Those attached to fictitious perceptions and to views / Roam the world offending people.
- v.874) Fictitious perceptions are indeed the source of the conception of 'me' (saññānidānā hi papañcasaṅkhā).
- v.886) Apart from the mere notion of it (aññatra saññāya), there are not many and various eternal Truths in the world.
- v.916) A sage should completely restrain the basis of the conception of 'me': the thought 'I am' (mūlaṃ papañ-casaṅkhāya mantā asmīti sabbamuparundhe)

Sati: 'attentiveness'

Summary

Sati is popularly called mindfulness. But 'mindful' means 'bearing in mind', which is not the meaning of sati. I have called it 'attentiveness'. Various quotes in the $\bar{A}n\bar{a}p\bar{a}nasati$ Sutta support this.

Outline

The Satipaṭṭhānā Sutta indicates that sati has five qualities.

- 1. it has four fields of activity: (1) body (kāye kāyānupassī) (2) sensation (vedanāsu vedanā) (3) mind (citte cittā) and (4) the Buddha's teaching models (dhammesu dhammā). Sati involves observing various aspects within these four fields (anupassī viharati).
- 2. one should observe enthusiastically $(\bar{a}t\bar{a}p\bar{i})$
- 3. one should observe fully conscious (sampajāno)

- 4. one should observe attentively (satimā)
- 5. one should observe having removed covetousness and distress for the world (*vineyya loke abhijjhādomanassaṃ*) (S.5.141).

Various other aspects of sati are further explained in the $\bar{A}n\bar{a}p\bar{a}$ -nasati Sutta (MN 118).

Aspects of sati in the Ānāpānasati Sutta

- When a monk is practising attentiveness with breathing (ānāpānasati) the Buddha called it kāye kāyānupassī because 'Whenever, Ānanda, a monk knows: 'I breathe in/out long/short'; or trains himself 'Experiencing/tranquillising the whole body, I will breathe in/out'; on that occasion the monk dwells observing kāye kāya. For what reason? (taṃ kissa hetu). I call this a certain aspect of body (kāyaññatara), Ānanda, that is, breathing in and breathing out' (yadidaṃ assāsapassāsaṃ). This shows that kāye kāyānupassī means observing certain aspects of the body. This is usually unhelpfully called 'seeing the body in the body'.
- The Ānāpānasati Sutta says that the second field of activity of sati is called vedanāsu vedanānupassī because 'I call this a certain aspect of sensation (vedanaññatarāhaṃ) Ānanda, that is, close attention (sādhukaṃ manasikāraṃ) to breathing in and breathing out'.
- The Ānāpānasati Sutta says that the third field of activity of sati is called citte cittānupassī because 'there is no development of samādhi with ānāpānasati if one's attentiveness is muddled (muṭṭhassatissa), if one is not fully conscious' (asampajānassa).

• The Ānāpānasati Sutta says that the fourth field of activity of sati is called dhammesu dhammānupassī because 'having, with wisdom, seen the abandoning of covetousness and distress, a monk is one who looks on closely with equanimity' (so yaṃ taṃ hoti abhijjhādomanassānaṃ pahānaṃ taṃ paññāya disvā disvā sādhukaṃ ajjhupekkhitā hoti).

In conclusion, *sati* means the enthusiastic observation of various aspects of the body, sensation, the mind, or of various Dhammas, and involves close attention, a mind that is unmuddled, fully conscious, equanimous, and free of covetousness and distress. I call this state 'attentiveness'.

Pajahati: 'detach from'

One of the most interesting words of the Octads is *pajahati* (as well as three similar verbs: *jahati*, *nissajjati*, and *paṭinissajjati*). The PED calls them: give up, renounce, forsake, abandon, eliminate, let go, get rid of. In most verses, any of these would seem satisfactory. However, verse 900 would be problematic because it would imply that an arahant is "one who has given up precepts" (sīlabbataṃ vāpi pahāya). This seems unlikely.

What the Octads emphasises is good behaviour, as well as detachment. Venerable Sona said the moral behaviour of an arahant is a natural expression of an enlightened mind. When he was accused of practising harmlessness due to blind attachment to rituals and asceticism (silabbataparāmāsaṃ), he said no, the arahant is intent on non-harming because of the destruction of greed, hatred and delusion (khayā rāgassa vītarāgattā ... dosassa vītadosattā ... mohassa vītamohattā abyāpajjādhimutto hoti) (Vin.1.183-5).

These four Pāḷi words therefore seem in fact to mean the opposite of grasping. 'Let go' would have been the easy choice, but it has a range of dubious meanings, including that of not keeping to a moral standard. So I translate the four words as: 'detach'.

The arahant has therefore 'detached' from precepts, rather than 'let go' of them. This translation harmonises with verse 798 which says a monk should 'not be tethered' (na nissayeyya) to precepts. It also harmonises with verse 791 which describes a monkey releasing one branch in order to seize another (purimaṃ pahāya aparaṃ sitāse). A slight exception occurs with the word vippajahe at v.926, which I call "he should abandon" (laziness, deception, merriment etc), rather than "he should detach" from these things.

Instrumental and ablative cases as 'intrinsic'

One of the challenges of the Octads is not just in discriminating grammatical case endings, but in discriminating sense vs. nonsense for any particular case. For example, if someone claims that purity is on account of one's views, does it mean that

- purity is *spoken* of on account of one's views?
- Or, purity is achieved on account of one's views?

The Buddha's conversation with Māgandiya at verses 835-841 revolves around this dilemma. Māgandiya asks the Buddha:

This inner peace, whatever it is, How is it explained by the wise?

The Buddha replies:

They do not say that purity is on account of one's views

Learning, knowledge, or precepts and practices;

Nor on account of one's lack of views,

Learning, knowledge, precepts and practices. But by detaching from these,

Not grasping them,

At peace, untethered, One no longer hungers for existence.

Na diṭṭhiyā na sutiyā na ñāṇena sīlabbatenāpi na suddhimāha

Adiṭṭhiyā assutiyā añāṇā asīlatā abbatā nopi tena Ete ca nissajja anuggahāya santo anissāya bhavaṃ na jape.

The first phrase of the Buddha's reply to Māgandiya in the instrumental case, the second, the ablative case. But the translation of both is probably identical – and Norman agrees. He translates it 'not by view ... not by absence of view'.

Duroiselle confirms this. He says:

- 1. the ablative case can be translated as 'on account of' or 'by reason of' and he says the same for the instrumental case see next. Thus he says sīlato naṃ pasaṃsanti means 'they praise him for [i.e. on account of] his virtue' (Practical Grammar of the Pali Language: paragraph 600, xi).
- 2. the instrumental case 'shows cause or reason' and can 'therefore be translated by such expressions as: by means of; on account of; through; by reason of; owing to'. Duroiselle gives the example: *kammuna vasalo hoti*, he is pariah by reason of [i.e. on account of] his work (paragraph 599, ii).
- 3. The instrumental and ablative cases are interchangeable. Duroiselle says that for an ablative meaning, the instrumental case 'may be used as well' (599, xi); and that 'the ablative is very frequently used instead of the instrumental' (599, xv).

Norman has translated verse 839 as 'purity is not by view, by learning, by knowledge, or even by virtuous conduct and vows'.

This leaves the dilemma unresolved; but if it is taken to mean 'purity is not achieved by means of view ... etc.' it would contradict much of Buddhist teaching; for instance, that right view (sammādiṭṭhi) assisted by virtue/precepts (sīlānuggahitā) and wide learning (sutānuggahitā) has enlightenment as its fruit (A.3.20); that good conduct leads step by step to the summit (kusalāni sīlāni anupubbena aggāya parentīti). And there would be no point in the Buddha answering Venerable Sāriputta's question in v.961, about what a monk's precepts and practices should be.

What purpose is served by having the Buddha contradict himself in the Discourse with Māgandiya, apart from undermining the rest of his Dhamma teachings? We must dare to admit that although final liberation means liberation even from the path, and that nonetheless the path is the means to liberation. I describe this further in the section 'Goal and path: what is the relationship?' on page 111.

One can translate the instrumental case in several ways. For example 'by means of', 'by reason of', 'on account of'.

However, none of these phrases really settles the confusion between

- the means by which purity can be spoken of, and
- the means by which purity can be achieved.

In this present translation, for clarity, for both the instrumental and ablative cases I use the word 'intrinsic'. Therefore I translate the Buddha's reply to Māgandiya as follows (v.839):

They do not say that purification is intrinsic to views Learning, knowledge, or precepts and practices; Nor intrinsic to a lack of views, Learning, knowledge, precepts and practices.

Miscellaneous translations

- **chanda:** popularly called 'desire'. But in the Octads, as with *tanha*, its basis is ignorance, so I call it 'longing'.
- **dhamma/ā:** I have called it 'religious teaching/s' or 'teachings' or the 'Buddha's teaching' or 'Truth'.
- pakappitā: I have called 'concocted' (v.784) (PED says: arranged, planned, attended to designed, made). Norman has 'formed'. The word *kappayanti* is a synonym (vv.794; 803). At v.784 *saṅkhatā* is a near synonym: 'conjured up'. Norman calls it 'constructed'.
- **purakkharoti:** PED calls it 'follow'. But in the Octads it seems to mean 'blindly follow'. Norman calls it 'prefer'.

brāhmaņo: means Brahman i.e. arahant.

sacca/saccam: I follow the PED in calling *sacca* 'true' (i.e. adjective); *saccam* 'Truth' (i.e. noun).