

Statement of participation

hazem bekhet Mostafa

has completed the free course including any mandatory tests for:

Learning how to learn

This 6-hour free course explored how to make the process of learning more effective by applying various ideas and activities to your own study.

Issue date: 16 May 2025



www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification.
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/education-development/learning-how-learn/content-section-0>

COURSE CODE: **LDT101_3**

Learning how to learn

<https://www.open.edu/openlearn/education-development/learning-how-learn/content-section-0>

Course summary

Learning how to learn: a process we all engage in throughout our lives, but no single method of learning guarantees success. This free course, Learning how to learn, aims to make the process of learning much more explicit by inviting you to apply various ideas and activities to your own study as a way of increasing your awareness of your own learning. Most learning has to be an active process and this is particularly true of learning how to learn.

Learning outcomes

By completing this course, the learner should be able to:

- think about and understand personal ways of learning
- apply the ideas and activities in this course to existing learning experiences
- learn reflectively.

Completed study

The learner has completed the following:

Section 1

Getting started

Section 2

Thinking about your learning

Section 3

Learning through assessment

Section 4

The preparation phase

Section 5

The exploration phase

Section 6

The implementation phase

Section 7

The reviewing phase

Section 8

Learning from revision and examinations

Section 9

Learning how to become a reflective learner

Section 10

Further reading and sources of help