

## Pediatric Developmental Follow-Up Report

**Patient Name:** Ethan Patel

**DOB:** April 12, 2018

**MRN:** 448921

**Date of Visit:** July 12, 2025

**Provider:** Dr. Melissa Grant, MD – Developmental Pediatrician

**Location:** Neurodevelopmental Care Center – Riverside Clinic

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### **Diagnosis:**

- Autism Spectrum Disorder (Level 2 – requiring substantial support)
  - Sensory Processing Differences
  - Expressive Language Delay
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### **Visit Type:**

Routine developmental follow-up (6-month interval)

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### **Summary of Visit:**

Ethan was seen today with his mother, Mrs. Priya Patel, for a routine follow-up to monitor developmental progress and provide support recommendations. Ethan is now 7 years and 3 months old.

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### **Clinical Observations:**

- Ethan entered the room with minimal eye contact but was calm and regulated.
- He used single words and some scripted phrases; communication remains limited but purposeful.

- Demonstrated increased frustration when routines were disrupted (e.g., toy taken away).
- Engaged briefly in parallel play with toys; did not initiate interaction with clinician.
- Mild hand-flapping observed when overstimulated by background noise.

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### **Developmental Domains:**

Domain	Notes
Communication	Mild improvement in spontaneous word use; still relies on gestures.
Social Interaction	Limited peer engagement; continues to benefit from structured group settings.
Behavior & Regulation	Decreased meltdowns at home (per parent report); still triggered by noise, routine changes.
Motor Skills	Gross and fine motor within expected range. No concerns noted.

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### **Parent Concerns:**

- Delays in expressive language
  - Difficulty with transitions at school drop-off
  - Interest in AAC (Augmentative and Alternative Communication) options
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### **Recommendations:**

1. **Speech Therapy:** Continue 2x/week with emphasis on functional communication and AAC trials.
2. **Occupational Therapy:** Maintain weekly sessions to support sensory integration and emotional regulation.
3. **School Support:** Recommend updated IEP review to include transition plan support and sensory breaks.

4. **Audiology Follow-Up:** Refer for hearing screen update (last one: >12 months ago).
  5. **Parent Training:** Offer enrollment in caregiver coaching group on communication strategies.
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### **Medications:**

None prescribed. No changes.

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### **Next Steps:**

- Return for follow-up in 6 months
  - Schedule AAC evaluation within 4–6 weeks
  - Complete hearing screen by end of August 2025
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### **Provider Signature:**

Dr. Melissa Grant, MD  
Developmental Pediatrician  
Riverside Neurodevelopmental Care Center