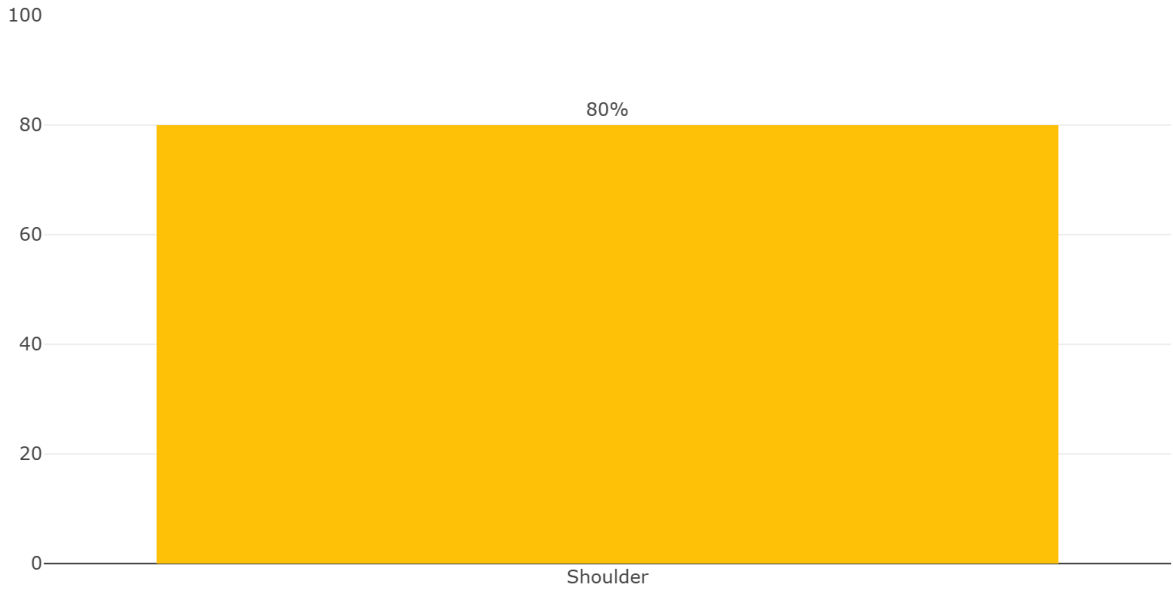


Code 8 Combine Report

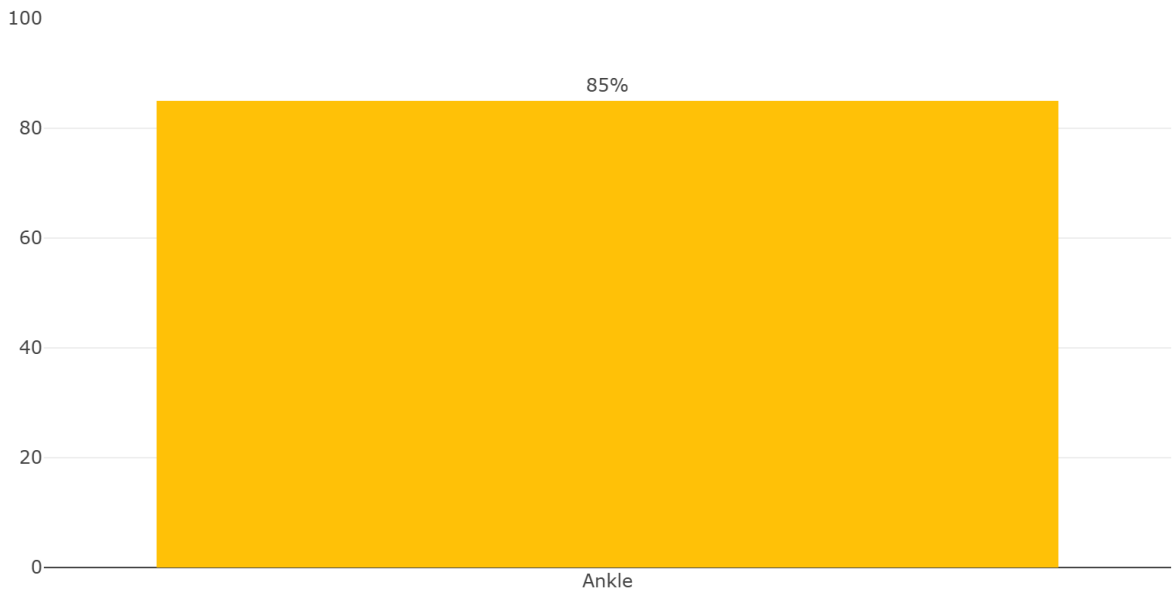
Colbin Garrison

Date: August 03, 2025

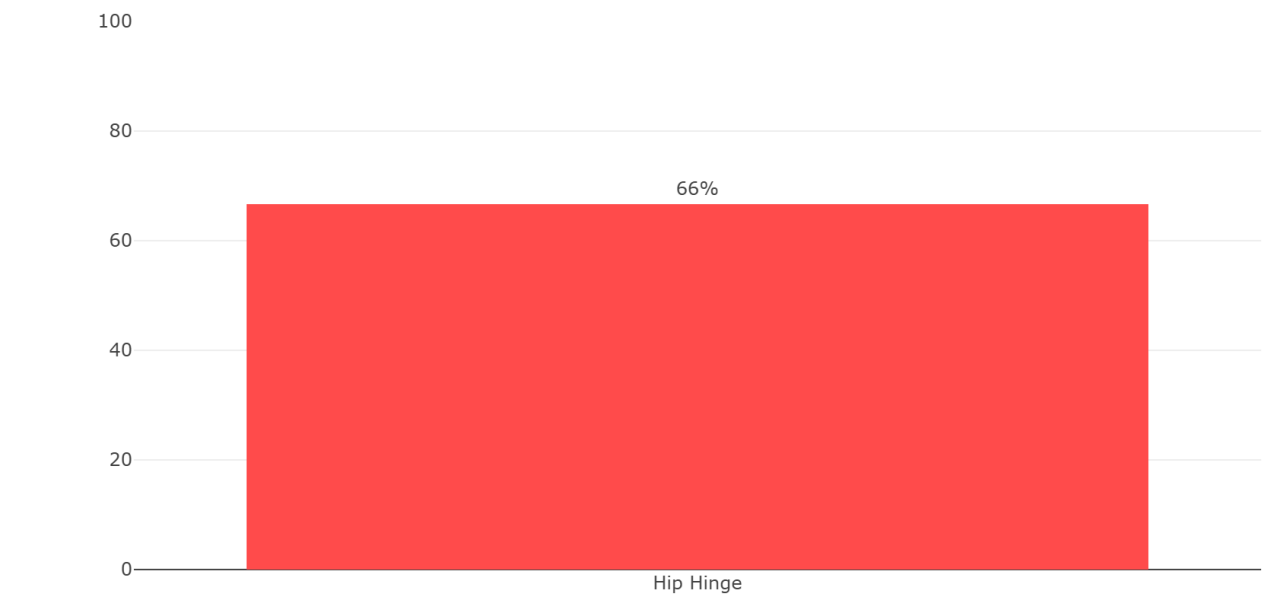
Shoulder Score



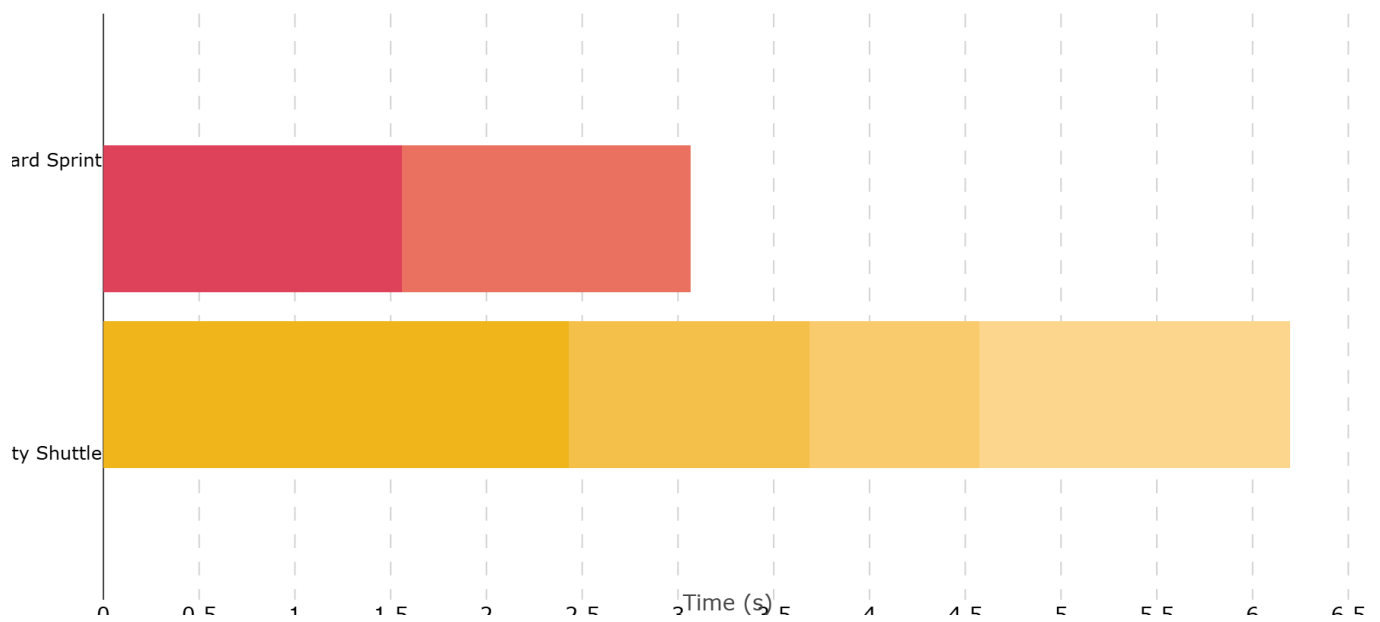
Ankle Score



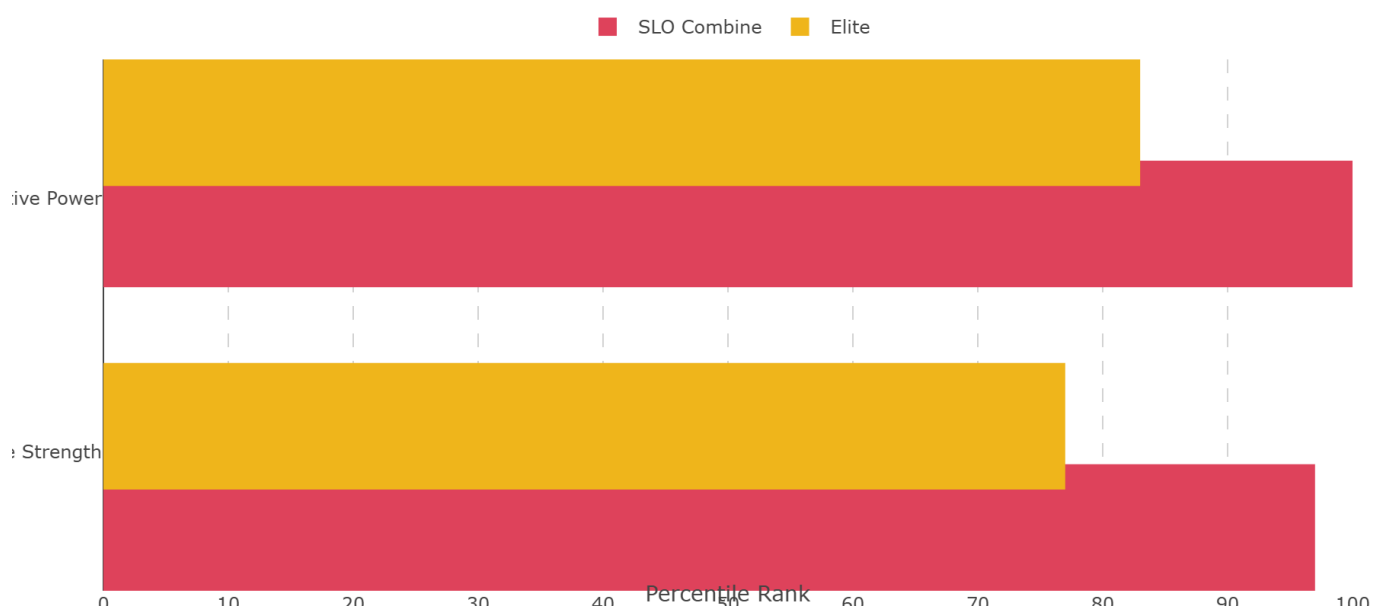
Hip Hinge Score



Speed & Agility Performance



Power Ranks



Countermovement Jump Metrics

Metric	Value
Jump Height (in)	19.740168
mRSI	0.669300
Peak Rel Prop Power (W/kg)	70.644600
Braking Asymmetry	-22.000000

Multi-Rebound Jump Metrics

Metric	Value
Avg Jump Height (in)	15.771662
Peak Jump Height (in)	17.381899
Avg RSI	1.775800
Peak RSI	2.531600

Coach Summary

Adding some recommendations:

- 1. Step 1 do this
- 2. Step 2 don't do that
- 3. Step 3 is all you