# Coupling constants in nuclear physics

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## 1 Introduction

Understanding the interaction between nucleons and external fields is essential in nuclear physics. We'll explore two coupling mechanisms that arise in quantum nuclear interactions:

- 1. Relativistic phonon nuclear coupling  $(a \cdot cp)$  where phonons couple to nucleons through momentum exchange.
- 2. Electric dipole coupling  $(d \cdot E)$  where an electric field couples to nucleons through dipole moments.

This document explores both couplings, derives their respective coupling constants, and compares their strength.

# 2 Relativistic phonon nuclear coupling $(a \cdot cp)$

### **2.1** p in $a \cdot cp$

For a nucleus of mass M moving within a solid, the momentum-based coupling energy scales as:

$$E \sim pc$$
 (1)

From kinetic energy considerations:

$$\frac{p^2}{2M} = E \quad \Rightarrow \quad p = \sqrt{2ME} \tag{2}$$

If E represents phonon oscillations:

$$E = n\hbar\omega_A \tag{3}$$

where n is the phonon occupation number. Distributing this energy over N atoms:

$$p = \sqrt{\frac{2M}{N}} \sqrt{\hbar \omega_A} \sqrt{n} \tag{4}$$

Note that later we'll drop the  $\sqrt{n}$  because it should be picked up in the Hamiltonian operator  $(b^{\dagger} + b)$ .

### **2.2** a in $a \cdot cp$

From Eq. 470 in section 6.11 of Models for nuclear fusion in the solid state, the a component of  $a \cdot cp$  can be approximated as:

$$a \sim \frac{1}{2} \frac{\Delta E}{Mc^2} \frac{\pi}{mc} \tag{5}$$

where: -  $\Delta E$  is the nuclear transition energy, - m is the mass of a single nucleon within the nucleus, -  $\pi$  represents the relative momentum of that nucleon.

Since angular momentum is approximately  $\hbar$ , and using the Fermi scale  $l_F = 10^{-15}$  m, we estimate:

$$\pi \sim \frac{\hbar}{l_F} \tag{6}$$

Substituting this into the expression for a gives:

$$a \sim \frac{1}{2} \frac{\Delta E}{Mc^2} \frac{\bar{\lambda}_c}{l_F} \tag{7}$$

where  $\bar{\lambda}_c = \hbar/mc$  is the reduced Compton wavelength, approximately:

$$\bar{\lambda}_c \approx 2 \times 10^{-16} \text{ m.}$$
 (8)

To account for hindrance effects in nuclear transitions, we introduce a suppression factor O, where  $O \sim 0.01$ . This modifies the expression to:

$$a \sim \frac{1}{2} \frac{\Delta E}{Mc^2} \frac{\bar{\lambda}_c}{l_E} O \tag{9}$$

which simplifies to:

$$a \sim \frac{\Delta E}{Mc^2} \times 10^{-3} \tag{10}$$

The final value of a depends on both the nuclear transition type and the specific nucleus under consideration.

## 2.3 Overall coupling constant

If we use this simple Hamiltonian in which a single TLS interacts with a single phonon mode:

$$H = \frac{\Delta E}{2} \sigma_z + \hbar \omega_A \left( b^{\dagger} b + \frac{1}{2} \right) + U \left( b^{\dagger} + b \right) \sigma_x \tag{11}$$

then an  $a \cdot cp$  coupling constant U can be defined by combining Eq. 4 (without the  $\sqrt{n}$ ) with Eq. 10:

$$U = c\sqrt{\frac{2M}{N}}\sqrt{\hbar\omega_A} \times \frac{\Delta E}{Mc^2} \times 10^{-3}$$
 (12)

Normalising U to  $\hbar\omega_A$  gives:

$$\frac{U}{\hbar\omega_A} = \sqrt{\frac{2Mc^2}{N}} \frac{1}{\sqrt{\hbar\omega_A}} \times \frac{\Delta E}{Mc^2} \times 10^{-3} \tag{13}$$

Rearranging and simplifying leads to:

$$\frac{U}{\hbar\omega_A} = \sqrt{\frac{2}{N}} \sqrt{\frac{\Delta E}{Mc^2}} \sqrt{\frac{\Delta E}{\hbar\omega_A}} \times 10^{-3}$$
 (14)

which can also be written as:

$$\frac{U}{\hbar\omega_A} = \sqrt{\frac{2}{N}} \sqrt{\frac{\hbar\omega_A}{Mc^2}} \frac{\Delta E}{\hbar\omega_A} \times 10^{-3}$$
 (15)

### 2.4 Example for palladium with acoustic phonons

- $\Delta E \approx 24 \times 10^6 \text{ eV}$
- $Mc^2 \approx 10^{11} \text{ eV}$
- $\hbar\omega_A \approx 10^{-8} \text{ eV}$
- $N \approx 10^{18}$

$$\frac{U}{\hbar\omega_A} \approx \sqrt{\frac{2}{10^{18}}} \sqrt{\frac{24 \times 10^6}{10^{11}}} \sqrt{\frac{24 \times 10^6}{10^{-8}}} \times 10^{-3}$$
 (16)

$$\approx 10^{-6}). \tag{17}$$

### 2.5 Dicke enhancement

For an ensemble of N nuclei interacting collectively with a phonon field, coupling is enhanced by  $\sqrt{N}$ , leading to:

$$\frac{U}{\hbar\omega_A} \sim 10^3 \tag{18}$$

Based on this, we can be far into the "deep strong coupling" regime where  $U/\hbar\omega_A>1$ .

## 3 Electric dipole coupling (E1 transitions)

### **3.1** E in $d \cdot E$

Electric field strength due to phonons follows from force relations:

$$F = \frac{dp}{dt} = ZeE \tag{19}$$

For oscillatory motion:

$$\frac{dp}{dt} \sim \omega_A p \Rightarrow E = \frac{\omega_A p}{Ze} \tag{20}$$

Substituting our previous result for p:

$$E = \frac{\omega_A \sqrt{2M\hbar\omega_A n}}{Ze\sqrt{N}} \tag{21}$$

### **3.2** d in $d \cdot E$

We can connect two key expressions related to dipole interactions:

- 1. Radiation from a dipole describes how an oscillating dipole emits radiation.
- 2. Radiative decay rates from Weisskopf provides an estimate for transition rates.

### 3.2.1 Radiation from a dipole

The radiative decay rate due to dipole radiation is given by:

$$\gamma_{\rm rad} = \frac{4}{3} \frac{1}{4\pi\epsilon_0 \hbar} \frac{\omega^3}{c^3} d^2 \tag{22}$$

Rewriting in terms of the fine-structure constant  $\alpha$ :

$$\gamma_{\rm rad} = \frac{4}{3} \frac{1}{e^2} \alpha \frac{\omega^3}{c^2} d^2 \tag{23}$$

where the fine-structure constant is defined as:

$$\alpha = \frac{e^2}{4\pi\epsilon_0\hbar c} \tag{24}$$

#### 3.2.2 Weisskopf estimate for E1 transition

Weisskopf's formula for radiative decay is given by (<u>Eq. 16.35 of Bielajew's book</u> or Eq. A.190 of Dommelen's book):

$$\gamma_{\rm rad} = \frac{8\pi (L+1)}{L \left[ (2L+1)!! \right]^2} \alpha (kR)^{2L} \omega \left( \frac{3}{L+3} \right)^2$$
 (25)

where: - L is the multipolarity (L = 1 for dipole, L = 2 for quadrupole). - k is the wavenumber of the emitted radiation. - R is the nuclear radius, given by:

$$R = R_0 A^{1/3} (26)$$

where  $R_0$  is the radius of a single nucleon and A is the number of nucleons. Note that there exist other forms of Weisskopf's formula that are <u>more convenient for numerical evaluation</u> but they obscure the physical constants.

For a dipole transition (L=1), this simplifies to:

$$\gamma_{\rm rad} = \frac{8\pi \times 2}{1 \times [3!!]^2} \alpha \frac{\omega^2}{c^2} R_0^2 A^{2/3} \omega \left(\frac{3}{4}\right)^2 \tag{27}$$

Rewriting more compactly:

$$\gamma_{\rm rad} = \frac{9\pi}{(3!!)^2} \alpha \frac{\omega^3}{c^2} R_0^2 A^{2/3} \tag{28}$$

### 3.2.3 Equating the two expressions

From the previous derivations, we equate:

$$\frac{9\pi}{(3!!)^2} \alpha \frac{\omega^3}{c^2} R_0^2 A^{2/3} = \frac{4}{3} \frac{1}{e^2} \alpha \frac{\omega^3}{c^2} d^2$$
 (29)

Rearranging:

$$\frac{27\pi}{4\times(3!!)^2}A^{2/3}e^2R_0^2 = d^2 \tag{30}$$

Taking the square root:

$$d = \frac{\sqrt{27\pi}}{2 \times (3!!)} A^{1/3} e R_0 \tag{31}$$

which simplifies to:

$$d = \frac{\sqrt{27\pi}}{1440} A^{1/3} e R_0 \tag{32}$$

Approximating numerically:

$$d \approx 6 \times 10^{-3} A^{1/3} eR_0 \tag{33}$$

### 3.3 Overall coupling constant

If we again use this simple Hamiltonian in which a single TLS interacts with a single phonon mode:

$$H = \frac{\Delta E}{2} \sigma_z + \hbar \omega_A \left( a^{\dagger} a + \frac{1}{2} \right) + U \left( b^{\dagger} + b \right) \sigma_x \tag{34}$$

then a  $d \cdot E$  coupling constant U can be defined by combining Eq. 21 (without the  $\sqrt{n}$ ) with Eq. 33:

$$\frac{U}{\hbar\omega_A} = \frac{1}{\hbar\omega_A} \frac{\omega_A \sqrt{2M\hbar\omega_A}}{Ze\sqrt{N}} \times 6 \times 10^{-3} A^{1/3} eR_0$$
 (35)

Rearranging,

$$\frac{U}{\hbar\omega_A} = \frac{\sqrt{2}}{Z\sqrt{N}} \sqrt{\frac{Mc^2}{\hbar\omega_A}} \frac{\hbar\omega_A R_0}{\hbar c} A^{1/3} \times 6 \times 10^{-3}$$
 (36)

We recognize  $\hbar c/R_0$  as the localization energy of a nucleon, which we call  $E_L$ . Thus, we obtain:

$$\frac{U}{\hbar\omega_A} = \frac{2\pi\sqrt{2}}{Z\sqrt{N}} \sqrt{\frac{Mc^2}{\hbar\omega_A}} \frac{\hbar\omega_A}{E_L} A^{1/3} \times 6 \times 10^{-3}$$
 (37)

which can also be written as:

$$\frac{U}{\hbar\omega_A} = \frac{2\pi\sqrt{2}}{Z\sqrt{N}} \sqrt{\frac{Mc^2}{E_L}} \sqrt{\frac{\hbar\omega_A}{E_L}} A^{1/3} \times 6 \times 10^{-3}$$
 (38)

Note how the expressions for  $a \cdot cp$  and  $d \cdot E$  have an interesting reciprocal relationship if we see that  $E_L$  plays the role of  $\Delta E$ .

## 3.4 Example of Pd with Acoustic Phonons

Given: -  $A\approx 106$  -  $N\approx 10^{18}$  -  $Z\approx 106$  -  $Mc^2\approx 10^{11}$  eV -  $\hbar\omega_A\approx 10^{-8}$  eV

First, let's calculate the localization energy:

$$E_L = \frac{\hbar c}{R_0} = \frac{6.6 \times 10^{-34} \times 3 \times 10^8}{10^{-15}}$$
 (39)

$$= 2 \times 10^{-10} \text{ J} = 1.2 \times 10^9 \text{ eV} \approx 10^9 \text{ eV}$$
 (40)

Now, substituting these numbers gives:

$$\frac{U}{\hbar\omega_A} \approx \frac{2\pi\sqrt{2}}{106 \times 10^9} \times \sqrt{\frac{10^{11}}{10^{-8}}} \times \frac{10^{-8}}{10^9} \times 6 \times 10^{-3} \times 106^{1/3} \tag{41}$$

Approximating:

$$\approx \frac{2\pi\sqrt{2}\sqrt{10}}{106\times10^9} \times 10^9 \times 10^{-17} \times 6 \times 10^{-3} \times 106^{1/3}$$
 (42)

$$\approx 8\pi \times 6 \times 10^{-20} \times 106^{-2/3} \tag{43}$$

$$\approx 7 \times 10^{-20} \tag{44}$$

### 3.5 Dicke enhancement

For an ensemble of N nuclei interacting collectively with a phonon field, coupling is enhanced by  $\sqrt{N}$ , leading to:

$$\frac{U}{\hbar\omega_A} \sim 7 \times 10^{-11} \tag{45}$$

and so even with Dicke enhancement, dipole coupling remains in the weak coupling regime.