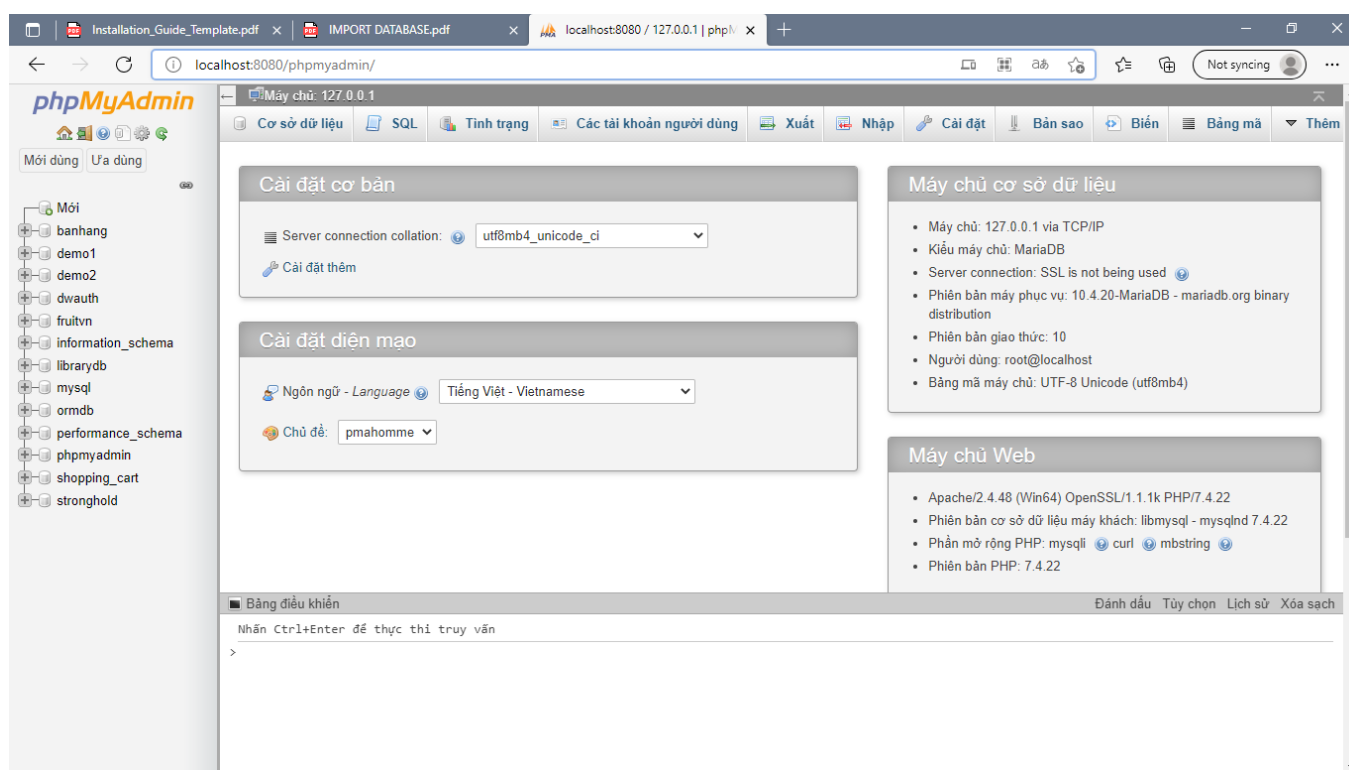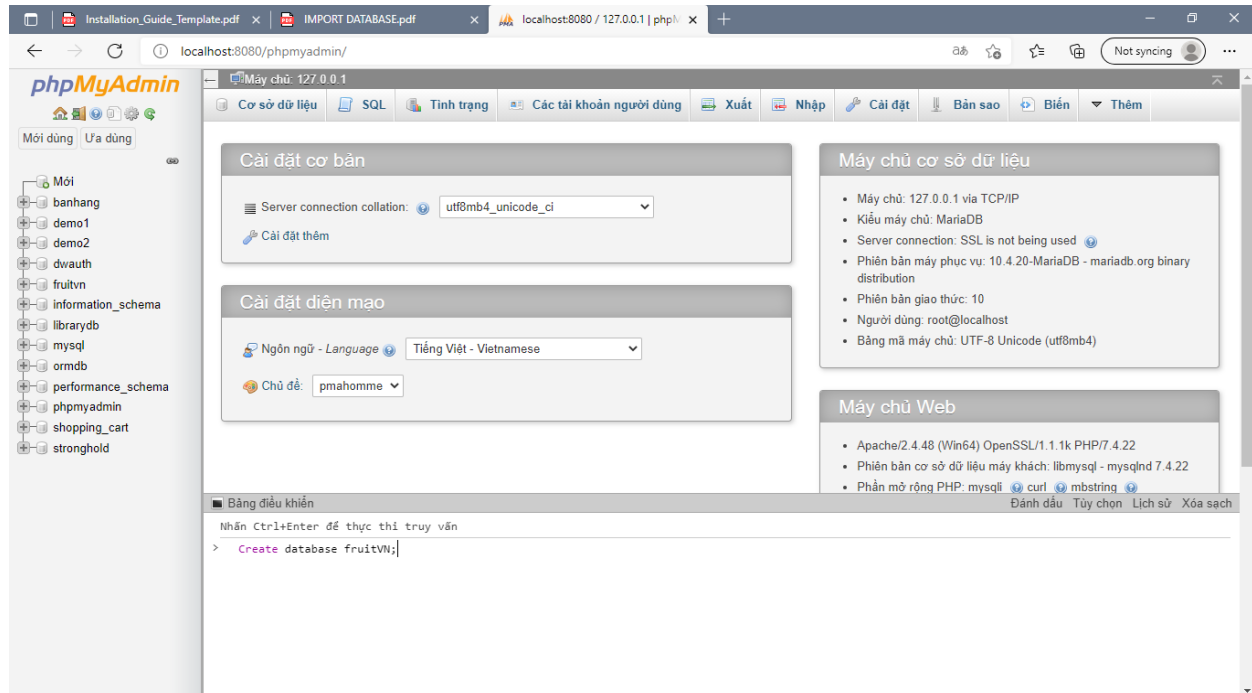First make sure you have turned on Apache and MySQL in XAMPP

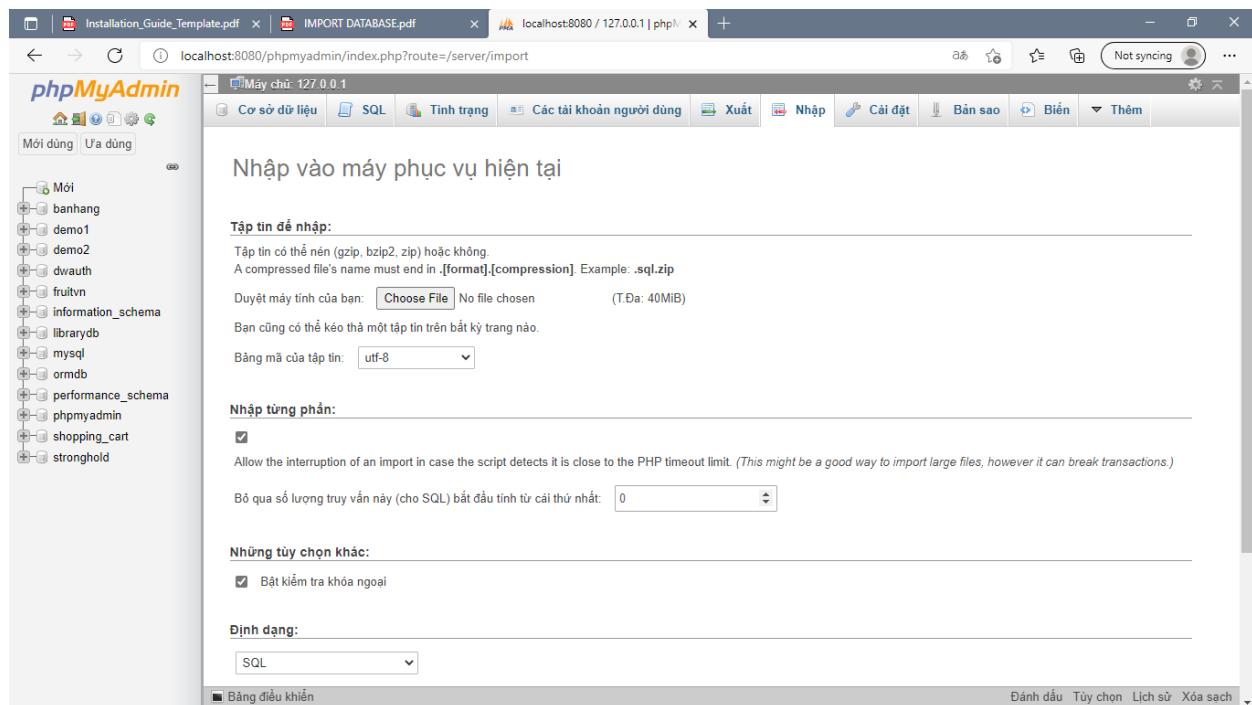Then turn on XAMPP up, type in the browser bar: *localhost:"your port"/phpmyadmin*

Next at the bottom there is a **control panel** to use the Database creation command, declare the command to create database and table. Then **Refresh** to display the Database and Table created
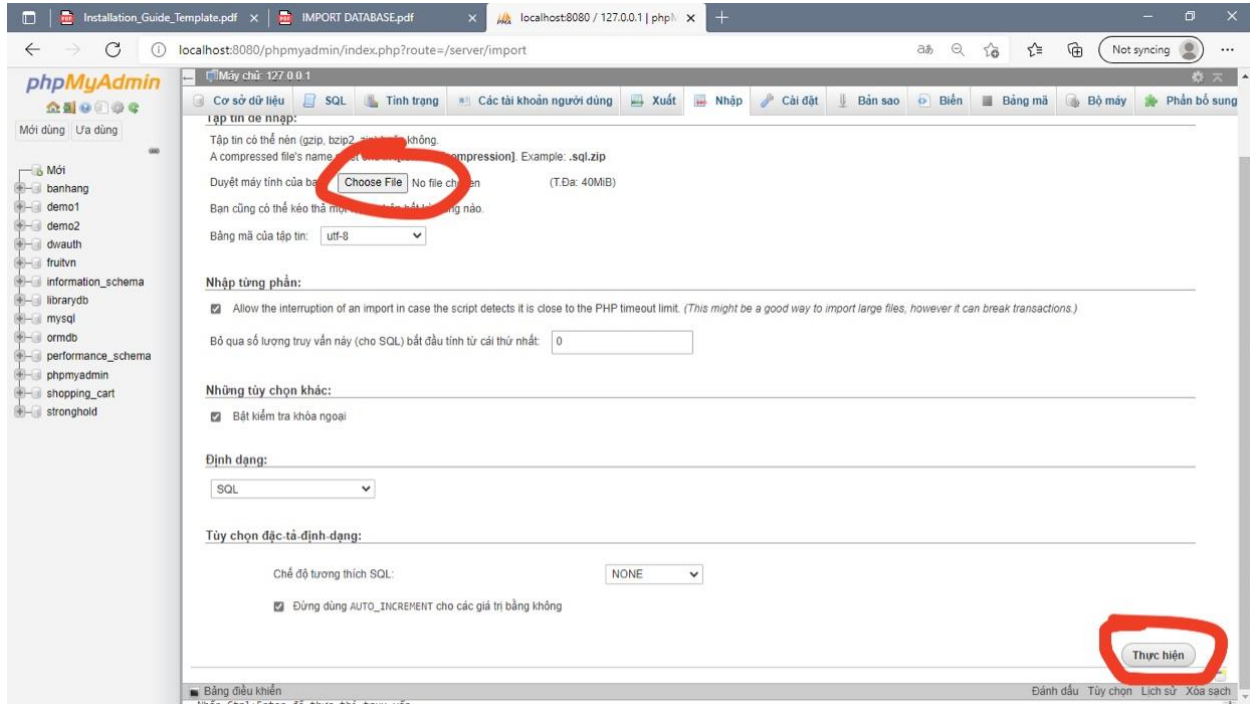

So the database creates done, now to import data from the SQL file

In addition, click on (Import)

The Import page will appear, click on Choose (Browser File), select to

file .sql downloaded earlier then pulled down below

Porch (Go), wait for a while your database will be imported.

DONE!!!