

From Theory to Practice:

Knowing vs Doing

Concept 4:

Language and Mindset

Theory tells us



Language
shapes
safety

Doing looks like

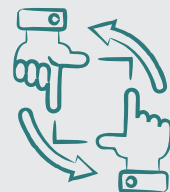


Replace
“What’s
wrong with
you?”

Labels limit,
context
explains



Reframe
attention
seeking to
connection
seeking



Every behavior
communicates a need



Identify function
before intervening



Because safety is the highest form of love | Schedule your free consult today:

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