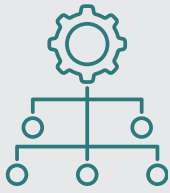


# *From Theory to Practice:*

## Knowing vs Doing

### *Concept 3: Systems and Structures*

Theory tells us



Practices  
must be  
systemic not  
individual

Doing looks like



Align  
practices,  
policies, and  
people

Predictability  
reduces  
anxiety



Communicate  
information in  
advance



Consistency builds  
trust



Reflect as a team



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