



A novel deep learning technique for morphology preserved fetal ECG extraction from mother ECG using 1D-CycleGAN

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ABSTRACT

The non-invasive fetal electrocardiogram (fECG) enables easy detection of developing heart abnormalities, leading to a significant reduction in infant mortality rate and post-natal complications. Due to the overlapping of maternal and fetal R-peaks, the low amplitude of the fECG, systematic and ambient noises, typical signal extraction methods, such as adaptive filters, independent component analysis, empirical mode decomposition, etc., are unable to produce satisfactory fECG. While some techniques can produce accurate QRS waves, they often ignore other important aspects of the ECG. Utilizing extensive preprocessing and an appropriate framework, our approach, built upon 1D CycleGAN, achieves fECG signal reconstruction from the mECG signal while preserving its morphology. The performance of our solution was evaluated by combining two available datasets from Physionet, “Abdominal and Direct Fetal ECG Database” and “Fetal electrocardiograms, direct and abdominal with reference heartbeat annotations”, where it achieved an average PCC and Spectral-Correlation score of 88.4% and 89.4%, respectively. It detects the fQRS of the signal with accuracy, precision, recall and F1 score of 92.6%, 97.6%, 94.8% and 96.4%, respectively. It can also accurately produce the estimation of fetal heart rate and R-R interval with an error of 0.25% and 0.27%, respectively. The main contribution of our work is that, unlike similar studies, it can retain the morphology of the ECG signal with high fidelity. The accuracy of our solution for fetal heart rate and R-R interval length is comparable to existing state-of-the-art techniques. This makes it a highly effective tool for early diagnosis of fetal heart diseases and regular health checkups of the fetus.

1. Introduction

ECG signal analysis is a common technique for monitoring and diagnosing a range of common heart conditions (Jeffries, 2003). The signal is obtained by placing electrodes on an adult's chest, hands, or legs (Hasan, 2007). This method can also be customized for obtaining a fetal electrocardiogram (fECG), offering several advantages, such as the ability to detect fetal heart abnormalities. The procedures for recording fECG can be either invasive or non-invasive. In the case of invasive fECG

recording, electrodes are positioned on the fetal scalp, but this is done only during the later stages of pregnancy. The invasive method for fECG recording produces excellent results but can cause several complications and infections (Barnova, 2021b). However, clinical care and delivery planning can benefit from early diagnosis of aberrant fECG at earlier stages of pregnancy. A non-invasive alternative is to carry out a mother ECG and separate the fECG from the mother Electrocardiogram (mECG), which is recorded by placing the electrodes on the mother's abdomen. The Non-invasive fECG (NI-fECG) presents a promising diagnostic

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approach capable of detecting various fetal cardiac conditions during the early stages of pregnancy. This method can effectively identify conditions like arrhythmias, septal defects, aortic stenosis, and several genetic disorders. It achieves this by analyzing essential ECG parameters such as fetal heart rate (FHR), heart rate variability (HRV), and ECG morphological information, including PR, ST, and QT intervals. Through these measurements, NI-fECG becomes a valuable tool in diagnosing and monitoring fetal health with minimal invasiveness (Clifford, 2014) etc. For example, the FHR is calculated from the recorded fECG, and its value is compared to the normal heart rate for the corresponding gestational age. A normal heart rate indicates that the mother and fetus are receiving an adequate amount of oxygen. On the other hand, anomalies in heart rate may indicate a problem with the fetal cardiac system or the oxygen transfer route (Anisha, 2021).

Apart from NI-fECG, numerous alternative non-invasive techniques exist for monitoring fetal heart rhythm. These approaches are valuable in capturing electrical stimulation patterns akin to ECG recordings. One such method is ultrasonic fetal cardiotocography (CTG), which employs pressure transducers to identify uterine contractions and track fetal heart rates. However, CTG lacks the capability to measure beat-to-beat heart rate data, and there are potential safety concerns linked to prolonged exposure to ultrasound irradiation. As a result, this method is unsuitable for long-term monitoring purposes (Peters, 2001). Fetal magnetocardiography (FMCG) is another reliable technique that uses SQUID (Superconductive Quantum Interference Device) sensors placed close to the mother's abdomen to detect the magnetic field of the fetal heart from which electrical cardiac waveforms can be extracted. Despite providing high-quality signals, FMCG is far less popular due to its cost and complicated installation. Comparing these methods, NI-fECG is inexpensive, practical, user-friendly, and non-invasive and at the same time, makes it possible to monitor and morphologically analyze the fetus's heart continuously, even during labor (Clifford, 2014).

Extraction of fECG from mECG is rather challenging as mECG often contains a variety of noises resulting from a variety of sources such as baseline drift, motion artifacts, power-line noise, uterine and muscle contractions, loose electrode connection, and white noise (Clifford, 2006; Hasan, 2007). This makes fECG extraction very challenging, even if only a slight amount of distortion is present in the mECG. A typical fECG has several significant elements like P waves, ST segments, and T waves which are seen to be useful in diagnosing many diseases in the fetal stage (Shepov'nikov, 2006). Still, most of the previous works on abdominal mECG focused on detecting only the QRS complex, not the whole fECG. Several algorithms and techniques including adaptive filters, least mean square (LMS), recursive least square (RLS), Kalman filters and extended state Kalman filters are used in fECG extraction problem (Ferrara, 1982; Niknazar, 2012; Rafaely, 2000). However, these algorithms cannot work efficiently when mECG and fECG R-peaks coincide and require a high signal-to-noise ratio (SNR) value. On the other hand, independent component analysis (ICA) and principal component analysis (PCA)-based techniques are not robust enough and require specific electrode arrangements (Behar, 2014; Martinek, 2018). The issues with the aforementioned algorithms make the task of extracting fECG from mECG even more challenging. [Supplementary Material](#).

Due to the notable limitations of conventional methods, the adoption of deep learning-based approaches becomes a viable option. According to W.J. Zhang et al. (W. Zhang, 2018), the outcome of learning or deep learning is a mapping from inputs to outputs (a class or an instance). Compared to traditional techniques, deep learning can be used to learn very complex mappings which can be used to suppress the mECG to extract only the fECG. Generative Adversarial Networks (GANs) show excellent performance in noise reduction (Chen, 2020; Tran, 2020), which can be used to suppress noise and ensure efficacious translation between input and label signals. Specifically, CycleGAN has recently been used in a variety of different paired generation tasks including non-parallel voice conversion (Kaneko, 2019), X-ray style transfer

(Tmenova, 2019) and MR to CT conversion (Yang, 2018). It is reported that CycleGAN can learn to hide or suppress any particular information or signal making it the perfect choice for our task (Chu, 2017).

Our proposed solution employs a 1D CycleGAN, incorporating a novel loss function. This advanced model ensures an accurate reconstruction of fECG data while remaining resilient to human errors, thereby enhancing the overall performance. The contributions of this study can be described as follows:

- While most existing solutions focus on fQRS detection, our solution can reconstruct the whole fECG signal while preserving its morphology. This means that information about P, S, T waves and PR, ST and QT intervals are obtainable from the reconstructed signal, which is essential for diagnosing various diseases.
- It provides comparable performance to the state-of-the-art techniques in case of fQRS detection, which is useful for R-peak detection.
- Our approach uses a novel weighted loss that significantly improves the quality of the generated fECG signal.
- Our preprocessing module includes robust techniques that discard artifacts i.e., filter lag, transient response, etc.
- It can measure fetal heart rate and heart rate variability metrics with great accuracy from the generated fECG signal.
- We used a mixture of two different real-world datasets which makes the framework more robust and independent of the experimental setup, electrode position, recording equipment and other biases.

This document is organized into five sections. [Section 2](#) is dedicated to exploring related works, where we examine their respective advantages and disadvantages. Following that, in the subsequent section, we offer a detailed account of the datasets used and present the conceptual framework underpinning our proposed methodology. [Section 4](#) succinctly summarizes the key findings derived from this study. Lastly, [section 5](#) encompasses the concluding discussion, where we also outline prospects and potential avenues for further research.

2. Related works

Although the majority of earlier research has concentrated on the extraction of QRS waves (Varanini, 2017; Zhong, 2018), the entire fECG signal waveform must be extracted for a complete assessment (Shepov'nikov, 2006). The utilization of adaptive filters may lead to the elimination of certain segments of the fetal electrocardiogram (fECG) signal due to fluctuations in the filters' coefficients in response to a time-varying signal. This poses several challenges for processing the maternal electrocardiogram (mECG) signal. Primarily, the convergence speed of adaptive filter algorithms is influenced by the power spectral density (PSD) of the input signal (Rafaely, 2000). The least mean-square error can be used as the objective function to achieve convergence, but adaptive filters require a constant and flat power spectrum, which does not match the power spectrums of real-world signals. Second, colored noise components in real-world data significantly reduce the efficiency of adaptive filters (Mumford, 2010).

On the other hand, least mean square (LMS) and recursive least square (RLS) algorithms are typically employed for narrowband frequencies (Rafaely, 2000). Nevertheless, a reference signal closely resembling the morphology of the mECG waveform is essential for these algorithms. Thus, they are optimized using Weiner's optimal solution. However, when the peaks of the mECG and fECG align, techniques relying on temporal characteristics, such as template-based and conventional Kalman filters, may prove ineffective. To overcome this challenge and ensure reliable fECG extraction, the extended state Kalman filter was developed, specifically addressing the QRS coincidence issue (Niknazar, 2012). However, due to their higher computational cost, they are not very effective and are unable to detect R-peaks precisely. Different forms of blind source separation methods, such as

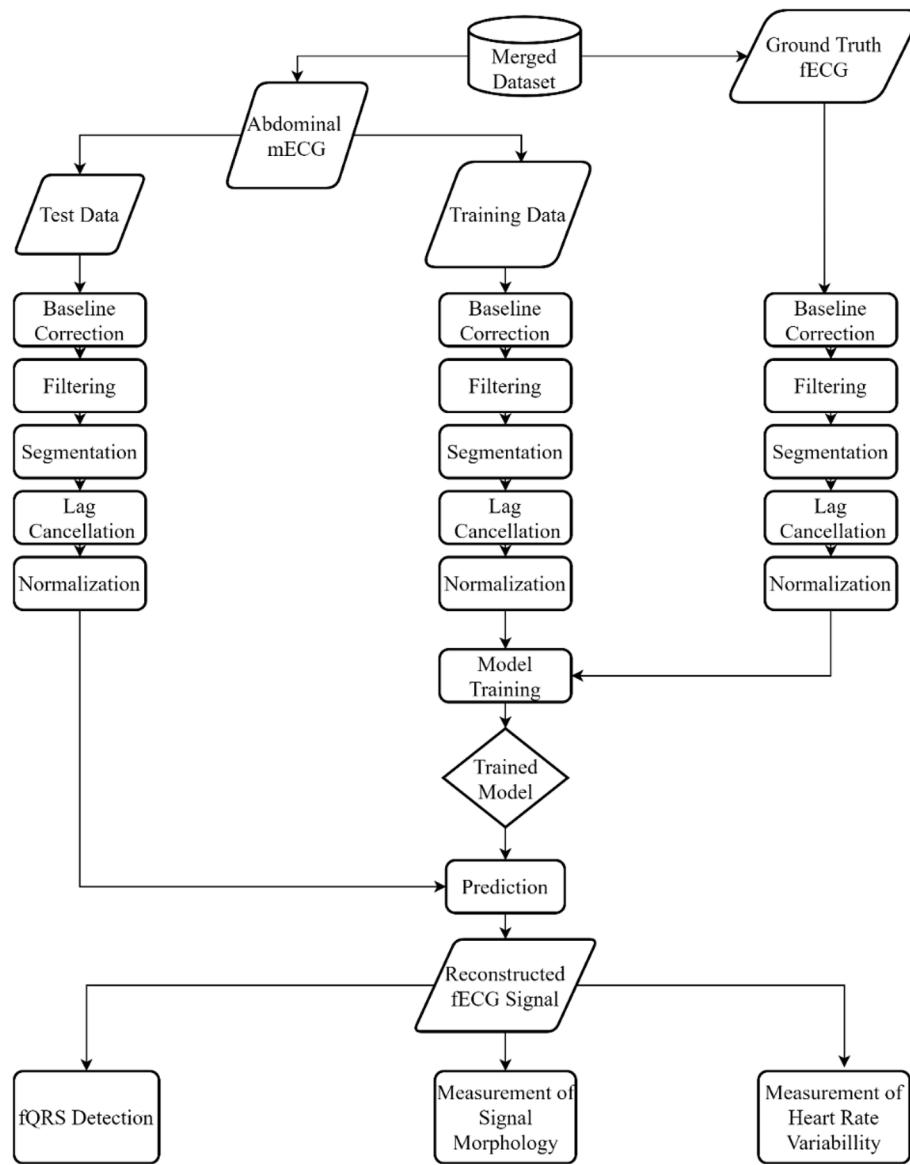


Fig. 1. General framework of our proposed methodology.

independent component analysis (ICA) and principal component analysis (PCA), are available (Behar, 2014) to address the drawbacks of adaptive filters. These techniques are built using various abdominal channels to create a linear stationary mixing matrix (Martinek, 2018). One study used a blind source separation technique to identify a reference signal for the adaptive filter to extract fECG from a single channel, achieving a 96% F1 score for fetal QRS (fQRS) detection. However, these techniques have a specific electrode configuration and a low signal-to-noise ratio (SNR). In addition, they necessitate intensive post-processing for higher caliber fECG extraction (Mohebbian, 2020).

Jezezowski et al. (Jezezowski, 2012) conducted research to ascertain the fetal heart rate using abdominal ECG signals. They achieved this by detecting the fetal QRS complex and subsequently compared their findings with the results obtained through Doppler ultrasound monitoring techniques. The research concluded that the indirect ECG-based method of fetal heart rate detection outperformed traditional ultrasound monitoring techniques. On the downside, the process of inference was handcrafted and offline which is not suitable for real-life applications. Jaros et al. (Jaros, 2019) used a combination of independent component analysis (ICA), adaptive neuro-fuzzy inference system (ANFIS) algorithm and recursive least square (RLS) algorithm for fECG

extraction. However, these techniques suffer when there is an overlap between mother QRS and fetal QRS.

Zhang et al. (N. Zhang, 2017) achieved a 99% F1 score for QRS complex recognition by combining smooth window and singular value decomposition (SVD). In addition to proposing the prefix tree-based method known as QRStree for QRS detection, Zhong et al. (Zhong, 2018) also suggested a convolutional neural network (CNN) for QRS complex detection and achieved a 77% F1 score. Moreover, the present research introduces an innovative approach called QRStree, which relies on a prefix tree-based technique for accurate QRS detection, attaining an impressive 95% F1 score. To represent sequential fQRS, a series of alphabetical letters was employed. These strings were then stored in a prefix tree structure, enabling the selection of an optimal path for precise fQRS detection. By leveraging the connections established by fQRS in the tree, the proposed method enhances the accuracy of the detection process.

Mohebbian et al. (Mohebbian, 2021) used attention-based CycleGAN to extract fECG and achieved 99.7% F1-score [CI: 95%: 97.8–99.9], 99.6% F1-score [CI: 95%: 98.2%, 99.9%] and 99.3% F1-score [CI: 95%: 95.3%, 99.9%] for fetal QRS detection on the A&D fECG, NI-fECG and NI-fECG challenge datasets, respectively.

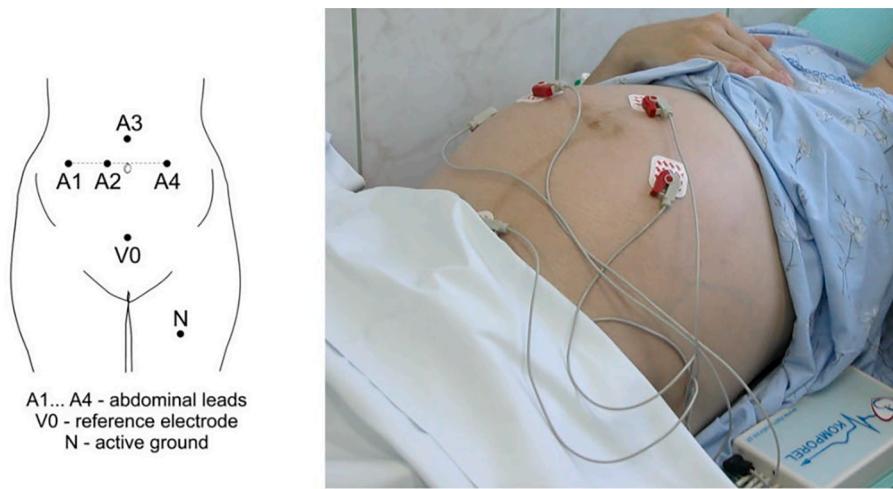


Fig. 2. Experimental setup (Matonia, 2020).

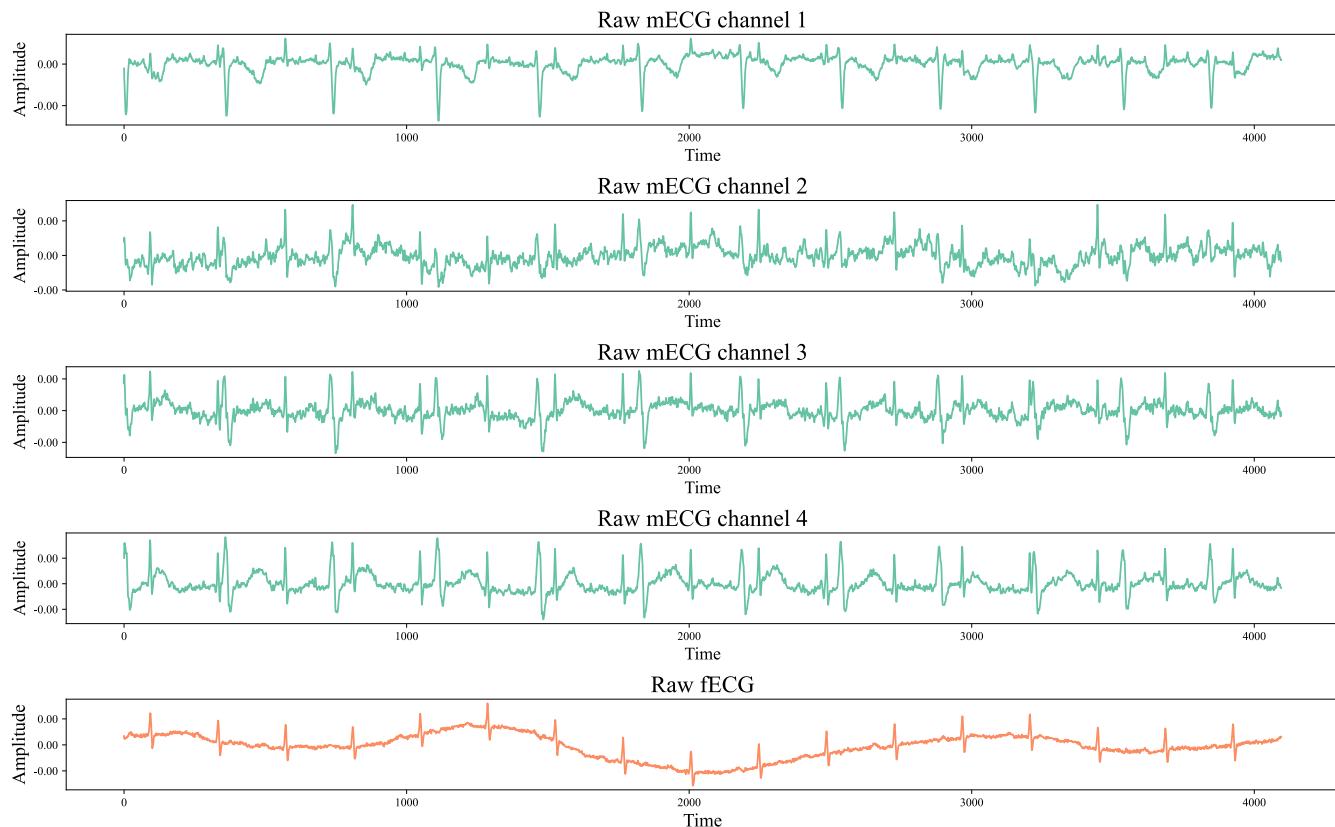


Fig. 3. Raw data from dataset 1.

The researchers made an interesting finding during their investigation. It was observed that convolutional kernels had an unintended effect of amplifying both the maternal and fetal R waves, which was considered undesirable. In response to this issue, they introduced an attention layer that effectively masked certain segments of the signal. By doing so, they could prevent processing those particular regions, which had the potential to lead to increased errors.

Moreover, the team opted to utilize 1D convolutional layers with a sine activation function. This choice proved to be superior compared to popular alternatives like Leaky ReLU. The sine activation function demonstrated its capability to better retain intricate signal details,

resulting in favorable outcomes when applied to various types of data, including audio, video, and image signals.

In many of these studies, QRS waves are accurately identified; however, other components of the fECG signal must be considered. A universal model that could be applied to participants with diverse electrode locations and surroundings was also not examined in earlier studies. The F1 score was used to evaluate performance in practically all of the published work for QRS detection, although signal reconstruction metrics like mean absolute error (MAE), root mean squared error (RMSE), and correlation coefficient (CC) are not provided.

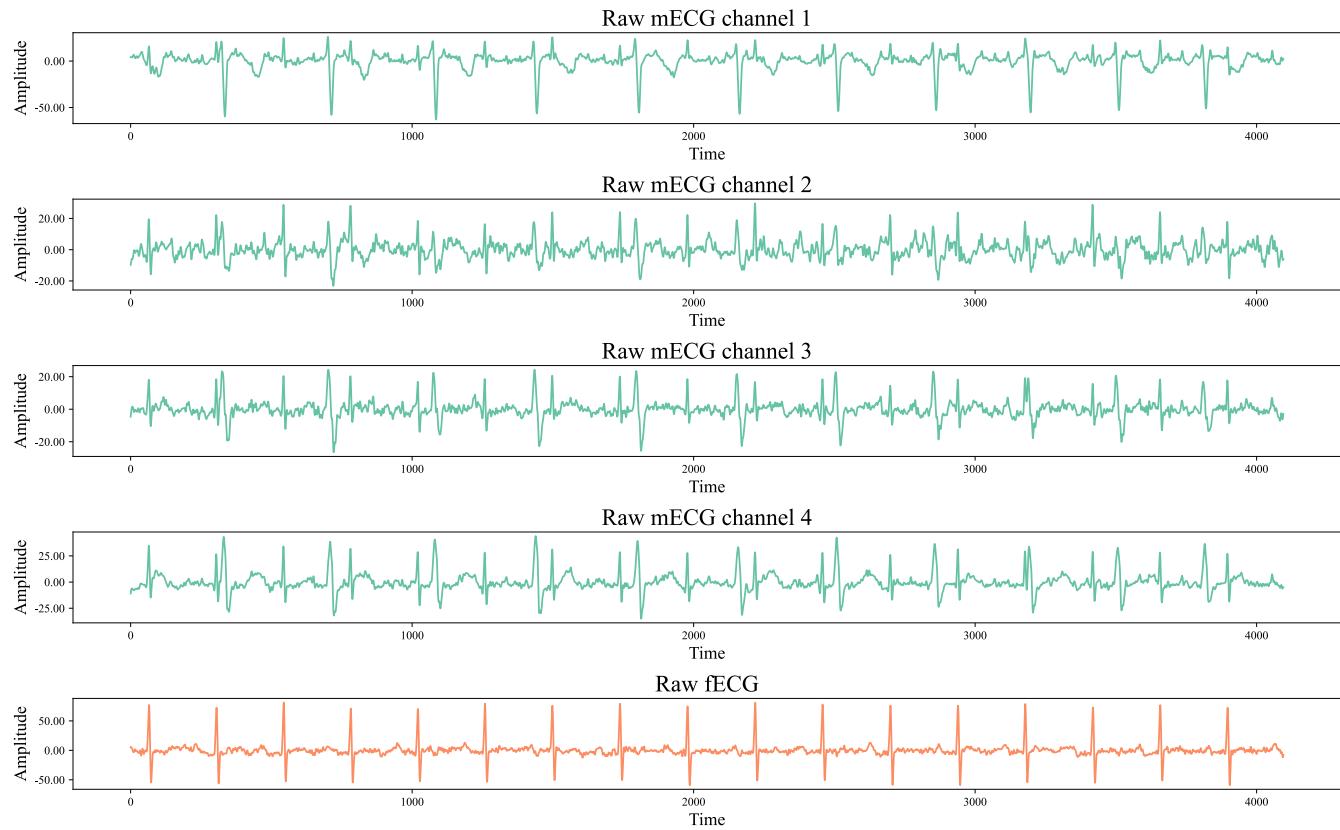


Fig. 4. Raw data from dataset 2.

3. Methodology

In this section, we will begin by providing an overview of our methodology. Following that, we will delve into a detailed explanation of the proposed approach after discussing the datasets utilized in this study.

3.1. Overview

The general framework of our proposed methodology is given in Fig. 1. A four-channel mECG is collected by placing four electrodes on the abdomen of the mother. The acquired signal has three components: pure mECG, fECG, and noise.

The fetal electrocardiogram (fECG) is obtained by attaching a single electrode to the fetus's scalp. The objective is to separate this fECG from the four-channel maternal electrocardiogram (mECG). The initial steps involve preprocessing the signals, including resampling, baseline correction, filtering, segmentation, and normalization. To achieve this, various versions of the 1D CycleGAN model are trained using fECG signals obtained directly from the fetal scalp as the reference or ground truth. Once the models are trained, they are applied to predict the fECG from test signals, which have also undergone the same preprocessing steps. To identify the best-performing model, the generated signals are evaluated using several metrics: Pearson Cross-Correlation (PCC), Spectral Correlation, Spectral RMSE (Root Mean Squared Error), MAE (Mean Absolute Error), MAPE (Mean Absolute Percentage Error), and RMSE. Detailed information regarding the datasets used and the methodology adopted is provided in the subsequent sections.

3.2. Dataset description

3.2.1. Dataset 1

The first dataset we used is the “Abdominal and Direct fECG (A&D fECG) Database” from Physionet (Jezewski, 2012). This dataset includes 4 channel mECG signals that were recorded from 5 women’s abdomens between 38 and 41 weeks of pregnancy. Additionally, it includes the simultaneous fECG recorded from the fetus’s scalp and expert-annotated R-peak locations. With the help of four abdominal electrodes positioned around the navel, the 4-channel ECG signal was recorded (Fig. 2). Throughout the experiment, a reference electrode was affixed above the pubic symphysis, while a common mode reference electrode was positioned on the left leg. The consistent placement of these electrodes was maintained throughout the study. To enhance skin conductivity, abrasive material was utilized in conjunction with Ag-AgCl electrodes. The corresponding experimental setup is shown in Fig. 2.

Five records for five subjects are included in the data set. Each recording contains a comparable 5-minute single-channel fECG and 4-channel mECG signals. All signals were sampled with a 16-bit resolution at 1000 Hz. The bandwidth of the signal is 1–150 Hz. The sample signal segment for the four-channel mECG and ground truth fECG in Dataset 1 is shown in Fig. 3.

3.2.2. Dataset 2

The second dataset used in this study is “Fetal electrocardiograms, direct and abdominal with reference heartbeat annotations” from reference (Goldberger, 2000; Matonia, 2020). This dataset is divided into two sections: a) labor signals and b) pregnancy signals. In the remainder of the paper, we refer to labor signals as “Dataset 2a” and pregnancy signals as “Dataset 2b”. Dataset 2a comprises recordings of 4-channel maternal Electrocardiogram (mECG) signals obtained from the abdomens of 12 women. Among these recordings, 5 were captured

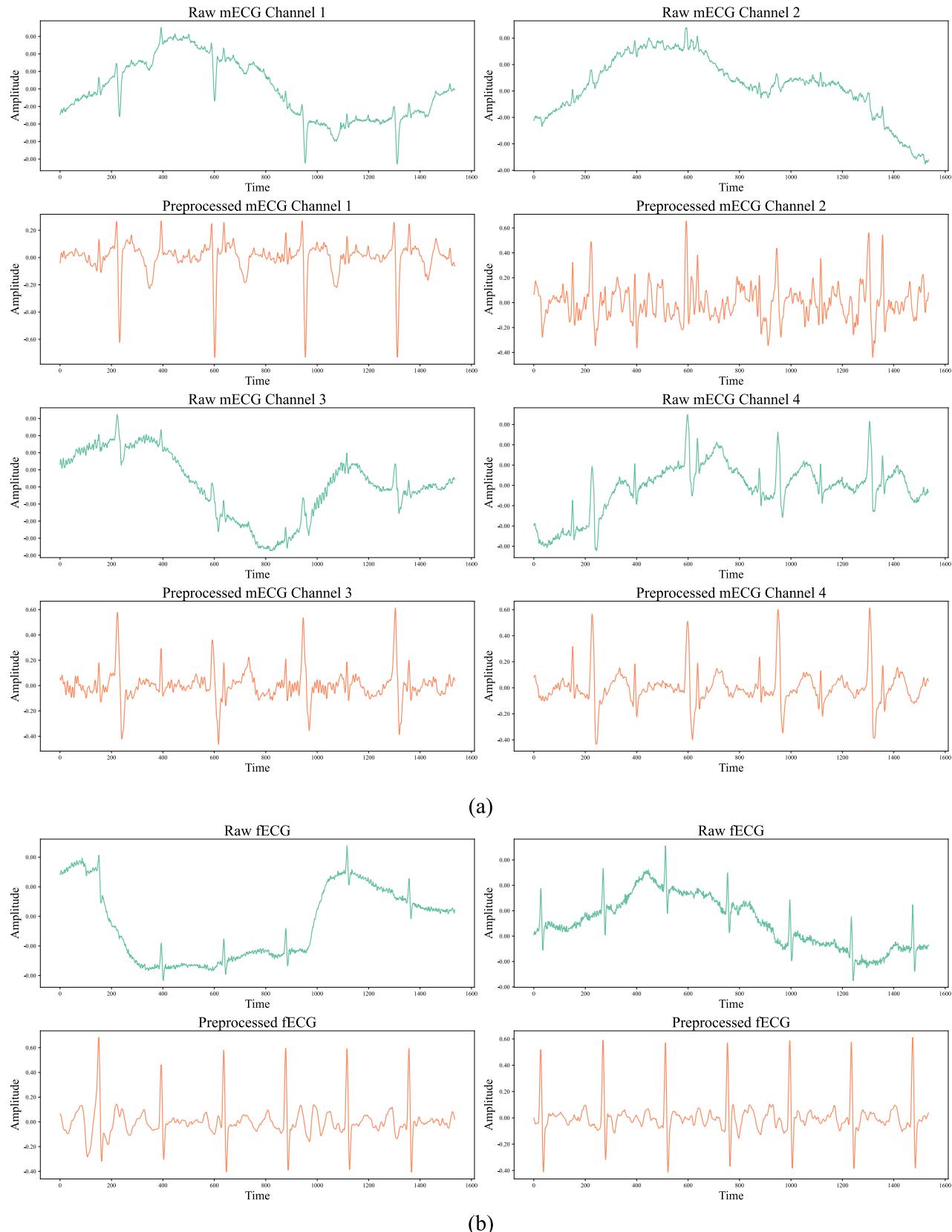


Fig. 5. Comparison between raw fECG and preprocessed fECG (a), 4-channel raw mECG and preprocessed mECG (b) (top: raw, bottom: preprocessed).

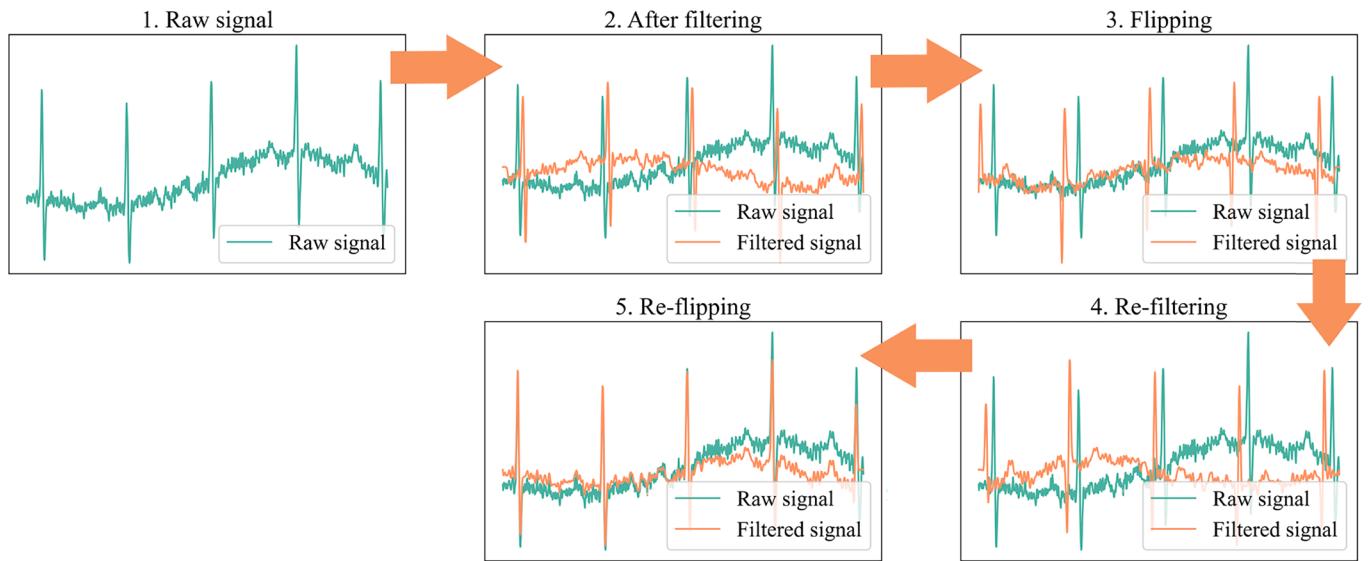


Fig. 6. Lag Cancellation of the higher order filter.

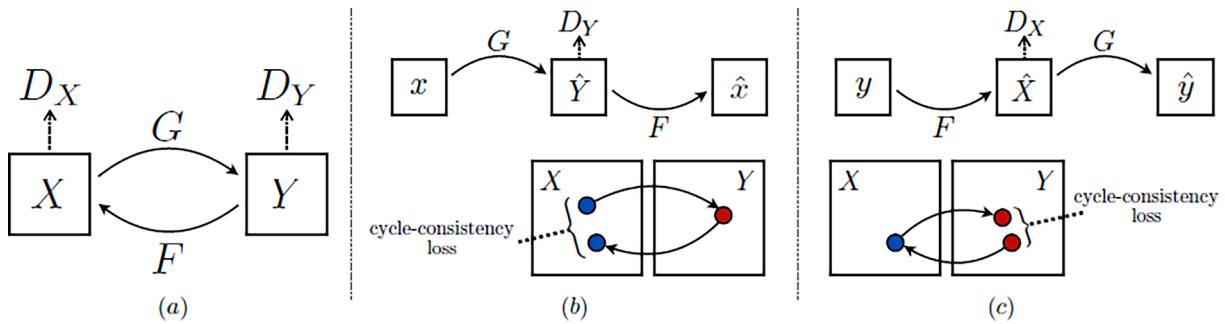


Fig. 7. Original CycleGAN architecture (Zhu, 2017).

during the late stages of childbirth, utilizing a sampling rate of 500 Hz. Each of the 12 records corresponds to a different woman and contains an ECG signal lasting five minutes. Furthermore, Dataset 2a also contains simultaneous fetal Electrocardiogram (fECG) data extracted from the fetus's scalp, accompanied by expert-annotated fECG R-peak locations. The sampling rate for the fECG signal is set at 1000 Hz.

In Dataset 2b, ten women's four channels abdominal mECGs from the 32nd and 42nd weeks of gestation were recorded. The mECG is sampled at 500 Hz. Each record has a 20-minute signal and contains 10 records for 10 women. The concurrent fECG recorded from the fetus's scalp is not included. Instead, it has expert-labeled R-peak positions of ECG. A sample of raw data from dataset 2 is shown in Fig. 4.

3.3. Proposed method

3.3.1. Preprocessing

Biomedical signals are corrupted by numerous noises and distortions, including but not restricted to baseline drift, motion artifacts, and power line noise (Hossain, 2022), (Kiranyaz, 2022), (Shuzan, 2021). In the datasets, both the fECG and mECG are harmed severely by these disturbances. To address these issues, several effective preprocessing techniques are chosen carefully and applied together with a sophisticated strategy to retain the signal's morphology as much as possible. The fECG and the mECG signals from both datasets are first resampled to 512 Hz to maintain uniformity in sampling frequency. This sampling frequency is determined empirically through testing. A bandstop filter is applied to both the mECG and fECG signals with a center frequency of approximately 50 Hz to remove the power line noise. According to the

recommendation by Bailey et al., the minimum bandwidth of a clinical ECG should be 75 Hz to 100 Hz (Bailey, 1990). Moreover, the QRS complex of an fECG signal lies in a range of 10 to 15 Hz, and the dominant frequency of an ECG is under 35 Hz (Sameni, 2010). As a result, a higher-order Butterworth bandpass filter is utilized with cutoff frequencies set at 0.1 Hz and 70 Hz to process the signals, namely mECG and fECG. Both signals exhibit baseline drift, which poses a problem. To address this issue, an approach is adopted involving the fitting of a polynomial to the baseline drift, which is then subtracted from the respective signal. The technique is separately applied to the mECG and fECG signals, utilizing polynomial orders of 8 and 36, respectively. These orders are determined through a trial-and-error process. Following this step, moving average filters are implemented to smooth out the signals further. The mECG signal is subjected to a moving average filter with a window size of 4, while the fECG signal is processed with a moving average filter using a window size of 10. Subsequently, the data is divided into segments, each having a window size of 512 data points (equivalent to 1 s of data). Baseline fixing is then applied to each segment, which effectively removes the local baseline drift from the signals. Each signal segment is then range normalized between 0 and 1 using the following formula:

$$X_n(i) = \frac{X(i) - X_{min}}{X_{max} - X_{min}} \quad (1)$$

Here, $X(i)$ is the original amplitude of the segment, $X_n(i)$ is the normalized segment, X_{min} and X_{max} are the minimum and maximum amplitude of the signal, respectively.

The final signal matrix shape is $N \times M \times C$, where N is the total

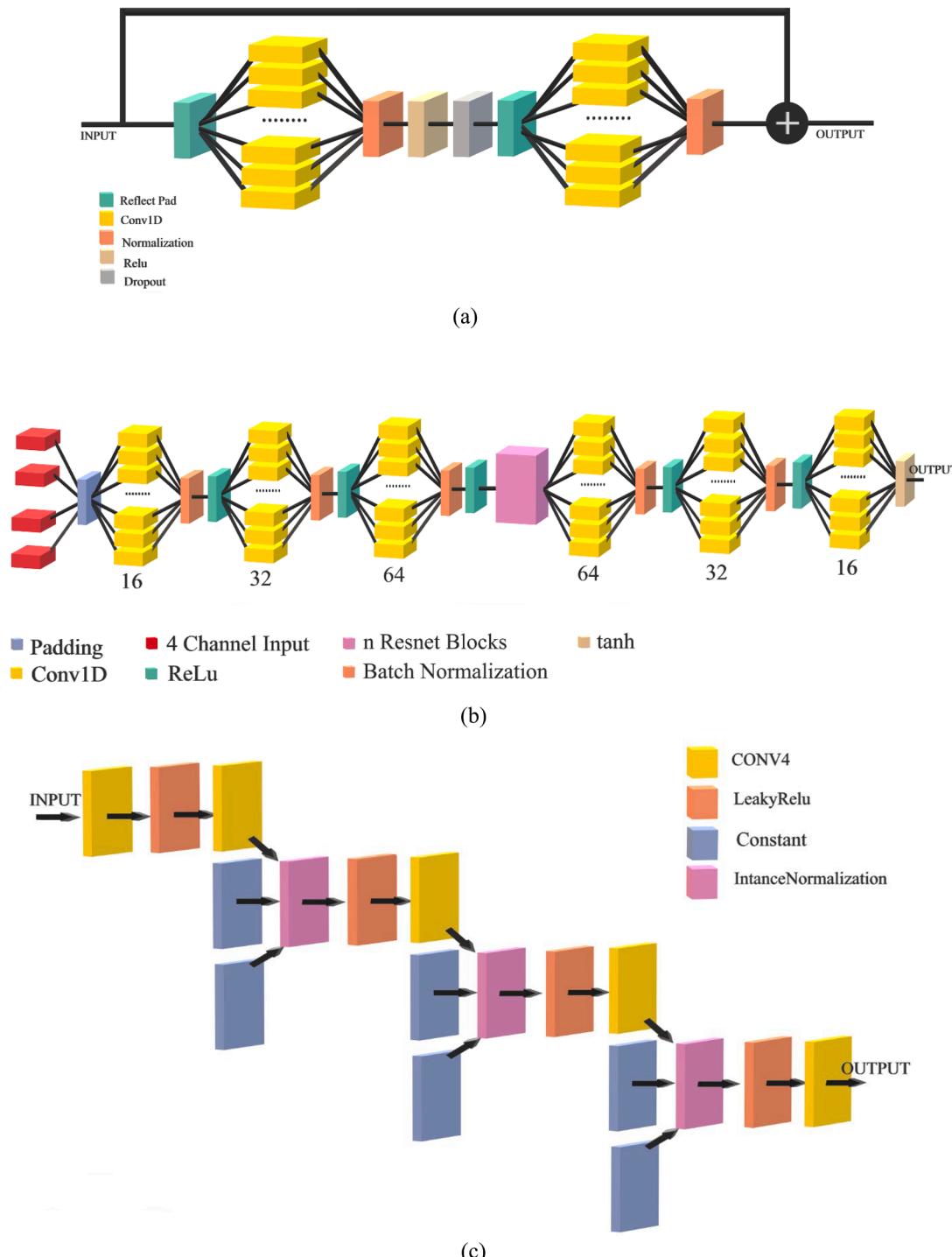


Fig. 8. Architecture of the Proposed model: (a) the Resnet Block, (b) the Generator Block, and (c) the.

number of signal segments, M is the length of the signal, and C is the total number of channels. In this study, C is 4 and 1 for mECG and fECG, respectively. A comparison between the raw and preprocessed data is shown in Fig. 5.

There are a few complications while applying the preprocessing techniques to the ECG signals. In this paper, higher-order filters are chosen because of their ability to provide more attenuation and a narrower transition band, resulting in better separation between the passband and the stopband. However, higher-order filters often cause phase lag, which is completely unwanted and destroys the purpose of preprocessing. To eliminate this phase lag, an apply-flip-reapply technique

is employed. First, the higher-order filter is applied to the signal. After that, the signal is flipped temporally, and the same filter with identical parameters is applied again to the flipped version, which cancels the phase lag. Finally, the signal is flipped again to get the original signal with zero lag. The lag cancellation process is described in Fig. 6. Another problem is the presence of ripples at the start and end of the signal after baseline correction. This problem is addressed by applying an overlapping window and slicing the ripples from the beginning and the end.

3.3.2. Model architecture

Here, we first describe the architecture of the main framework,

Table 1

Fecg extraction performance on different models (scores are average of five folds).

Generator	Discriminator	PCC	Spec. Corr.	Spec. RMSE
Unet 256	Basic	0.78	0.815	0.529
Unet 256	Self	0.77	0.816	0.529
Unet 128	Basic	0.751	0.799	0.54
Unet 128	Self	0.732	0.77	0.545
Resnet 9 blocks	Basic	0.864	0.872	0.472
Resnet 9 blocks	Self	0.855	0.869	0.481
Resnet 13 blocks	Basic	0.882	0.894	0.428
Resnet 13 blocks	Self	0.871	0.89	0.453
Self-FPN	Basic	0.762	0.805	0.504
Self-FPN	Self	0.738	0.779	0.522

Table 2

Fold-wise fECG extraction performance for the best model.

Fold	RMSE	MAE	PCC	Spec. Corr.	Spec. RMSE
1	0.106	0.069	0.89	0.9	0.42
2	0.109	0.073	0.88	0.88	0.45
3	0.103	0.068	0.89	0.9	0.42
4	0.102	0.069	0.89	0.9	0.4
5	0.115	0.077	0.87	0.89	0.45

losses, generator and then the discriminator of the proposed methodology.

3.3.2.1. CycleGAN. In this study, we propose a 1D CycleGAN-based model which extracts the fECG from a four-channel mECG. CycleGAN, as described in Fig. 7, is essentially a paired network that learns two mappings using two generators: $G_1 : X \rightarrow Y$ and $G_2 : Y \rightarrow X$. For each mapping, a Generative adversarial network (GAN) (Goodfellow, 2020) network is trained such that $\hat{Y} = G_1(X)$ is almost identical to Y and $\hat{X} = G_2(Y)$ is very much similar to X . Mathematically, G_1 and G_2 should be inverse of each other and to maintain the consistency of these two corresponding networks, we add a cycle consistency loss (Zhou, 2016), which helps to maintain the properties $G_1(G_2(Y)) = Y$ and $G_2(G_1(X)) = X$ (Zhu, 2017). Two adversarial discriminators, D_1 and D_2 , are associated with the generators of the GAN networks, which compute the similarity between the ground truth and generated output of the mapping. Hence, discriminators need another type of loss and we call this second one adversarial loss or GAN loss. Finally, the discriminators are connected to the alternate generators to complete the cycle. In the original implementation, adversarial loss (\mathcal{L}_{adv}) and cycle consistency loss (\mathcal{L}_{cyc}) are defined as follows:

$$\mathcal{L}_{adv}(G_1, X, Y, D_2) = \frac{1}{N} \sum_{i=1}^N y_i [\log D_2(y_i)] + x_i [1 - \log D_2(G_1(x_i))] \quad (2)$$

$$\mathcal{L}_{cyc}(G_1, G_2) = \frac{1}{N} \sum_{i=1}^N \|G_2(G_1(x_i)) - x_i\|_1 + \frac{1}{N} \sum_{i=1}^N \|G_1(G_2(y_i)) - y_i\|_1 \quad (3)$$

Here, N signifies the total number of training examples and $\|x\|_1$ denotes the L1 norm of x , G_1 and G_2 are generators of the CycleGAN, D_1 and D_2 are corresponding discriminators.

In this paper, we want to map mECG signals to fECG signals. Hence, we need one generator mapping mECG to fECG (G_1) and another mapping fECG to mECG (G_2). Their corresponding discriminators are denoted as D_1 and D_2 . Instead of log loss, we initially used the L1 loss (\mathcal{L}_{L1}) as the adversarial loss. However, in the case of ECG, it is also critical to preserve the morphology, position of QRS complex and spectral components. So, we added three more loss components to the adversarial loss: spectral loss (\mathcal{L}_{spec}), temporal loss (\mathcal{L}_{temp}) and power loss (\mathcal{L}_{power}) to make the extracted signal morphologically very close to the actual ECG signal.

$$\mathcal{L}_{L1} = [1 - D_1(G_1(X))]^2 + [1 - D_2(G_2(Y))]^2 \quad (4)$$

$$\mathcal{L}_{spec} = \frac{1 - \rho(PSD(Y), PSD(G_1(X)))}{\rho(PSD(Y), PSD(X))} \quad (5)$$

$$\mathcal{L}_{temp} = 1 - \rho(Y, G_1(Y)) \quad (6)$$

$$\mathcal{L}_{power} = \left| \frac{Power_Y - Power_{G_1(X)}}{Power_Y} \right| \quad (7)$$

Here, PSD signifies the power spectral density, $Power_Y$ is the power of the signal of interest and ρ is the Pearson's correlation coefficient (PCC). PCC is a measure of correlation between two signals and can be formulated by:

$$\rho(x, y) = \frac{\sum_{i=1}^N (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum_{i=1}^N (x_i - \bar{x})^2} \sqrt{\sum_{i=1}^N (y_i - \bar{y})^2}} \quad (8)$$

Here, \bar{x} and \bar{y} are the mean values of signals x and y respectively and N is their length.

Thus, the modified adversarial loss became:

$$\mathcal{L}_{adv} = \mathcal{L}_{L1} + p \times \mathcal{L}_{spec} + q \times \mathcal{L}_{temp} + r \times \mathcal{L}_{power} \quad (9)$$

Here, p , q and r are weight coefficients for spectral loss, temporal loss and power loss accordingly. Experimentally, we found $p = 2$, $q = 4$, and $r = 1$ to produce the best ECG signals. These three weighted loss components played a very important role in extracting fECG signals which are described in ablation studies.

A general-purpose training algorithm of the proposed CycleGAN architecture is provided below:

Algorithm 1: Training algorithm for CycleGAN for mini-batch gradient descent.

k is the parameter for mini-batch number.

for number of training iterations **do**

for *k* steps **do**

- Draw a minibatch of m samples $\{x^{(1)}, \dots, x^{(m)}\}$ from domain X

- Draw a minibatch of m samples $\{y^{(1)}, \dots, y^{(m)}\}$ from domain Y
Calculate the discriminator loss on the ground truth signals:

$$J_{D_{ground}} = \frac{1}{m} \sum_{i=1}^m (D_X(x^{(i)}) - 1)^2 + (D_Y(y^{(i)}) - 1)^2$$

Calculate the discriminator loss on the target signals:

$$J_{D_{target}} = \frac{1}{m} \sum_{i=1}^m (D_Y(G_X(x^{(i)})) - 1)^2 + (D_X(G_Y(y^{(i)})) - 1)^2$$

Update the discriminators.

Calculate the generator G_Y loss:

$$J_{cycle}^{(G_Y), (G_X)} = \frac{1}{m} \sum_{i=1}^m \|G_X(G_Y(y_i)) - y_i\|_1$$

$$J_{spec} = \frac{1}{m} \sum_{i=1}^m \frac{1 - \rho(PSD(x^{(i)}), PSD(G_Y(y^{(i)})))}{\rho(PSD(x^{(i)}), PSD(y^{(i)}))}$$

$$J_{temp_Y} = \frac{1}{m} \sum_{i=1}^m 1 - \rho(x^{(i)}, G_Y(y^{(i)}))$$

$$J_{power_Y} = \left| \frac{Power(y^{(i)}) - Power(G_Y(y^{(i)}))}{Power(y^{(i)})} \right|$$

$$J_{G_X} = \frac{1}{m} \sum_{i=1}^m (D_X(G_Y(x^{(i)})) - 1)^2 + J_{cycle}^{(G_Y), (G_X)} + p \times J_{spec} + p \times J_{temp} + p \times J_{power}$$

Calculate the generator G_X loss:

$$J_{cycle}^{(G_X), (G_Y)} = \frac{1}{m} \sum_{i=1}^m \|G_Y(G_X(x^{(i)})) - x^{(i)}\|_1$$

$$J_{spec} = \frac{1}{m} \sum_{i=1}^m \frac{1 - \rho(PSD(y^{(i)}), PSD(G_X(x^{(i)})))}{\rho(PSD(x^{(i)}), PSD(y^{(i)}))}$$

$$J_{temp_X} = \frac{1}{m} \sum_{i=1}^m 1 - \rho(y^{(i)}, G_X(x^{(i)}))$$

$$J_{power_X} = \left| \frac{Power(x^{(i)}) - Power(G_X(x^{(i)}))}{Power(x^{(i)})} \right|$$

$$J_{G_Y} = \frac{1}{m} \sum_{i=1}^m (D_Y(G_X(x^{(i)})) - 1)^2 + J_{cycle}^{(G_X), (G_Y)} + p \times J_{spec} + p \times J_{temp} + p \times J_{power}$$

- Update the generators.

endfor

endfor

3.3.2.2. Generator. One of the most prominent issues of deep neural

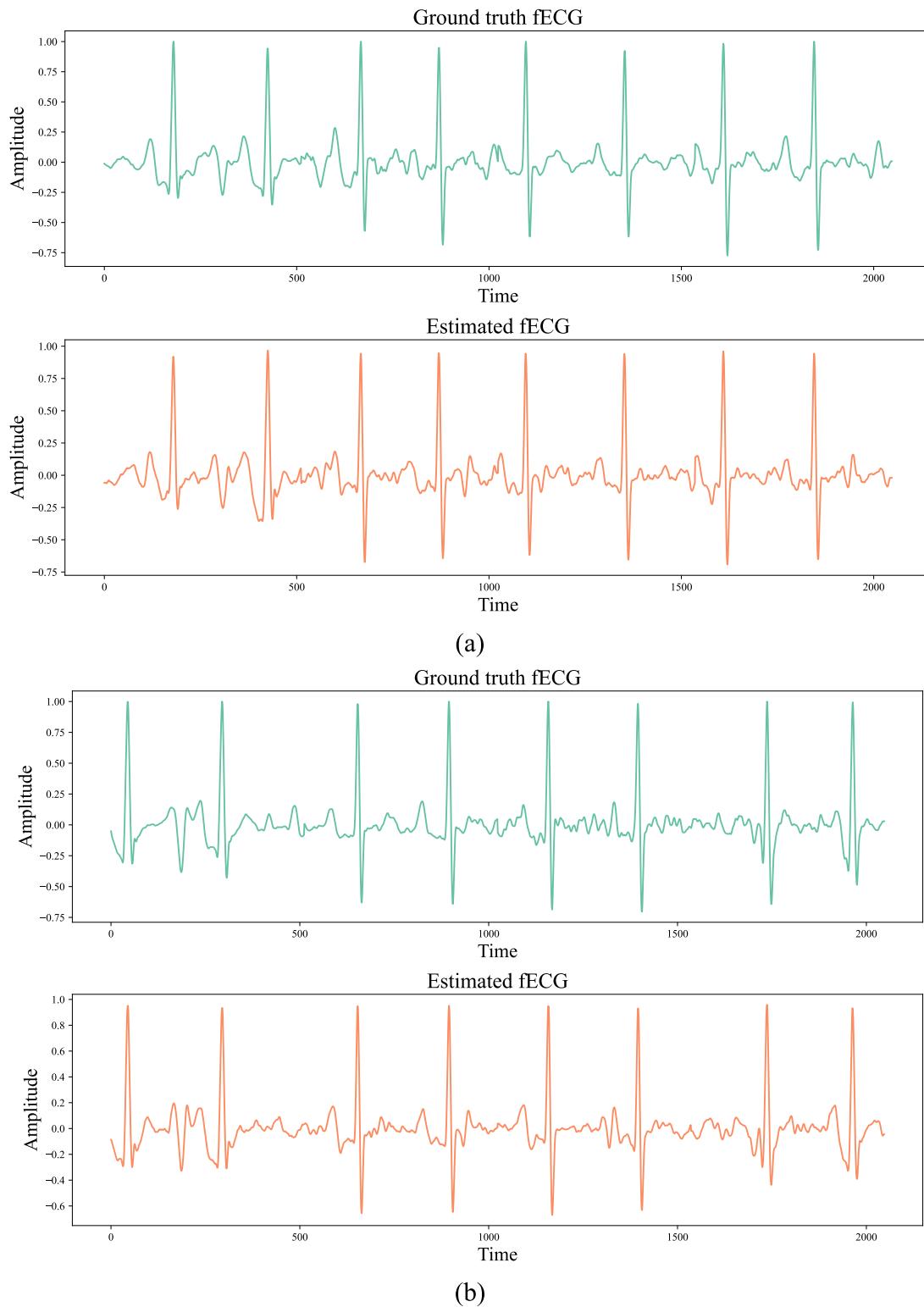


Fig. 9. Three samples of extracted fECG signals using the best model (top: Ground Truth, bottom: Estimated fECG).

networks is the degradation problem, where the accuracy saturates and degrades rapidly as the number of layers increases. To address this issue, He et al. (He, 2016) proposed a solution to this problem by introducing a deep residual learning framework popularly known as Resnet. Every few stacked layers, residual learning is adopted. A building block (shown in Fig. 8(a)) is defined as:

$$y = F(x, \{W_i\}) + x \quad (10)$$

Here, the input and output vectors for the layers under consideration are x and y . The residual mapping to be learned from input x and weights W_i is represented by the function $F(x, \{W_i\})$. By using a shortcut connection and element-wise addition, the operation $F+x$ is carried out.

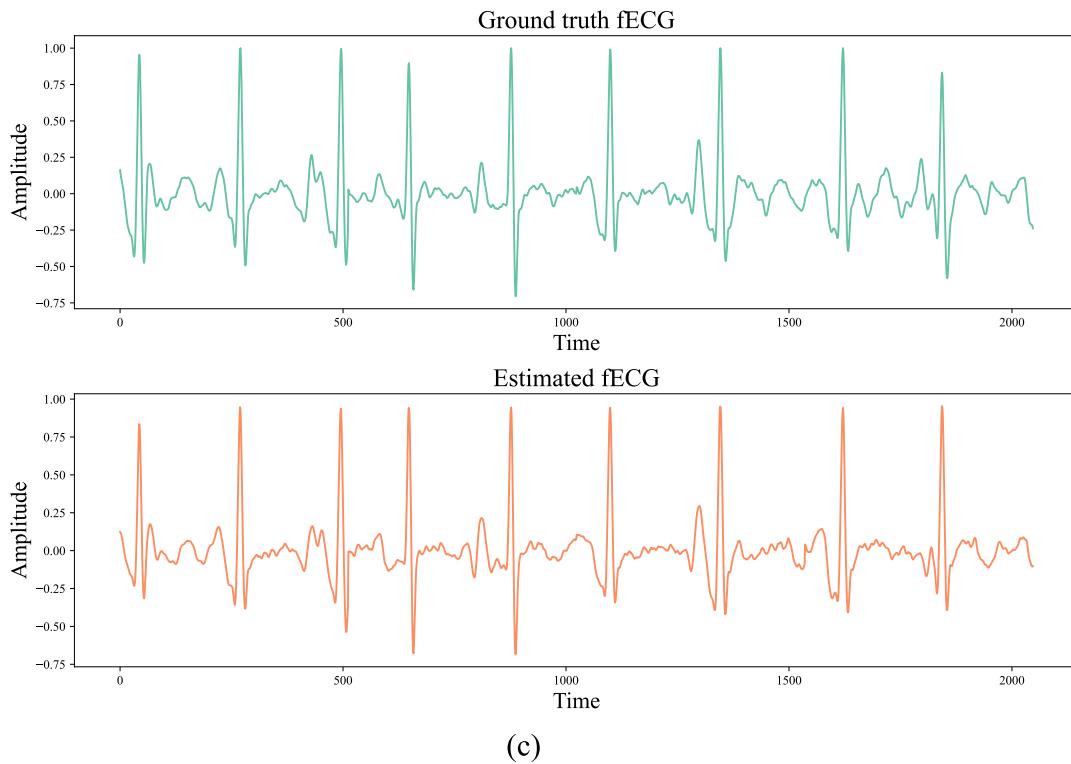


Fig. 9. (continued).

This shortcut connection does not introduce any additional parameters or computational complexity. If the dimensions of x and F are not equal, a linear projection W_{sx} is performed by the shortcut connections to match the dimensions:

$$y = F(x, \{W_i\}) + W_{sx} \quad (11)$$

The form of the residual function F is flexible as any number of layers can be implemented per stack. The notations presented here of these equations are for fully-connected layers for simplicity, but they are also applicable to convolutional layers. The element-wise addition is performed channel by channel.

The generator of our proposed architecture is divided into down-sampling and up-sampling layers, with 'n' Resnet blocks described beforehand in between. Our Resnet blocks contain two units, each of which contains a ReflectionPad2d layer followed by 64 Conv1d layers and a batch normalization layer, with a fully connected and a dropout layer in between. A cross-connection is made from the end of the second unit to the beginning of the first unit.

The generator takes as input 4-channel mECG data. These data are padded and passed through three one-dimensional convolutional layers of sizes 16, 32 and 64. Data are batch normalized and pass through a dense layer with the 'ReLU' activation function after every convolutional layer. These layers together are the downsampling layers.

Discriminator Block.

After the data has passed through the Resnet blocks, we upsample the data using transposed convolution, where it passed through three ConvTranspose1D layers of sizes 16, 32 and 64, consecutively. After the first two layers, the data are batch normalized and passed through a dense layer with the 'ReLU' activation function. After the third ConvTranspose1D layer, the data is passed through a dense layer with the 'tanh' activation function. The complete architecture of the generator is represented pictorially in Fig. 8(b).

We conducted a thorough exploration of various generators, encompassing ResNet, Unet, and Feature Pyramid Network (FPN) and their different variants. It is essential to highlight that the generative

neuron's non-linear characteristics enable the model to learn effectively within a streamlined architecture. The Operational Neural Network (ONN) leverages this powerful generative neuron, meticulously optimized to construct a self-organized ONN model, also referred to as the Self-ONN model. As discriminators, we used "Basic Discriminator" and "Self-Discriminator", the basic discriminator being a 3×3 PatchGAN described in the methodology section. Self-discriminator is essentially a 1×1 PatchGAN with 1D Self-ONN layers. Similarly, the FPN used in the study was not a vanilla FPN model rather it was a Self-FPN model.

3.3.2.3. Discriminator. We used a 3×3 PatchGAN as the discriminator of the CycleGAN architecture depicted in Fig. 8(c). PatchGAN solely penalizes structure at the scale of local picture patches. It is a sort of discriminator for generative adversarial networks. Each patch of an image is evaluated by the PatchGAN discriminator to determine if it is real or fake. Convolutionally applied to the image, this discriminator produces an output by averaging all responses. With the assumption of independence between pixels separated by more than a patch diameter, such a discriminator effectively models the image as a Markov random field. It may be interpreted as a certain texture or style loss (Isola, 2017).

One kind of GAN that utilizes labels during training is a conditional generative adversarial network (CGAN). Its objective can be expressed as (Isola, 2017):

$$\mathcal{L}_{cGAN}(G, D) = \mathbb{E}_{x,y}[\log D(x, y)] + \mathbb{E}_{x,z}[\log 1 - D(x, G(x, z))] \quad (12)$$

where \mathbb{E} signifies the expected value of the sample.

Oftentimes, a more traditional loss is mixed with the GAN's objective. In this case, the L1 loss is added.

$$\mathcal{L}_{L1} = \mathbb{E}_{x,y,z}[\|y - G(x, z)\|_1] \quad (13)$$

L1 loss is chosen in this specific case as it encourages less blurring. This makes the final objective of the GAN to be:

$$G^* = \operatorname{argminmax}_G \mathcal{L}_{cGAN}(G, D) + \lambda \mathcal{L}_{L1}(G) \quad (14)$$

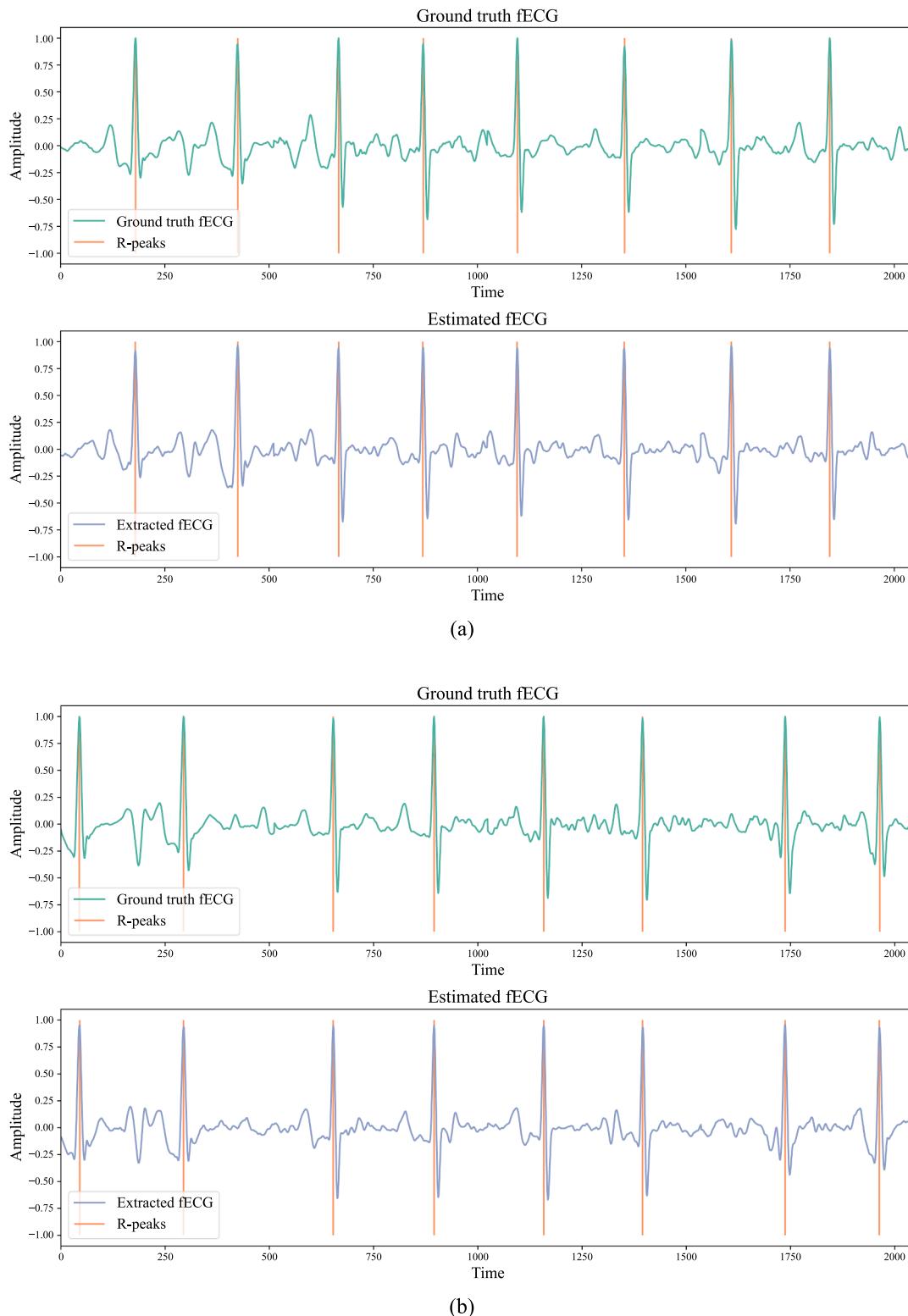


Fig. 10. R-peak detection from ground truth and extracted fECG.

where L1 loss is mixed with CGAN loss with a weight of λ .

The first layer of the discriminator is a Conv4 layer. Afterwards, there are three blocks containing a dense, a Conv4, and a normalization layer. The last layer is a Conv4 layer preceded by a dense layer with a leaky ReLU activation function.

3.4. Evaluation metrics

3.4.1. Evaluation of extracted fECG signal

Both datasets utilize the recorded fECG signal from the fetus' scalp as the reference or ground truth. To ensure unbiased evaluation, the datasets were divided into five subsets using the 5-Fold cross-validation technique. Then, to assess the quality of the extracted fECG, mean

Table 3
Fqrs detection performances on test set.

Fold	Precision	Recall	F1 Score	Accuracy
1	0.98	0.95	0.96	0.93
2	0.97	0.95	0.96	0.92
3	0.98	0.95	0.97	0.93
4	0.97	0.95	0.96	0.92
5	0.98	0.94	0.97	0.92
Average	0.976	0.948	0.964	0.926

Table 4
Comparison with other studies.

fECG extraction method	QRS detection method	Dataset	F1 Score (%)
SWSVD and adaptive filter (N. Zhang, 2017)	Pan-Tompkins (PT)	1	99.4
Compressive sensing (Da Poian, 2017)	Thresholding	1	92.2
ICA on compressed signal (Gurve, 2017)	Thresholding	1	92.5
Wavelet-based signal denoising (Castillo, 2018)	Clustering	1	98.63
Non-Negative Matrix Factorization (Gurve, 2019)	PT	1	94.8
Residual Encoder-Decoder network (Zhong, 2019)	PT	1	94.1
ICA, RLS, CWT (Jaros, 2019)	CWT	2	90.99
Principle Component Analysis (PCA) (Y. Zhang, 2020)	Clustering	1	96.09
ICA, RLS, EMD (Barnova, 2020)	WT	2	90.1
ICA, Fast Transversal Filter (FTF), Complementary EEMD (Barnova, 2021a)	Continuous Wavelet Transform (CWT)	2	95.86
Ensemble Empirical Mode Decomposition (EEMD) (Barnova, 2021b)	CWT	2	95.69
Attention-based CycleGAN (Mohebbian, 2021)	PT	1	99.70
STFT and GAN (Zhong, 2021)	PT	2	90.05
Proposed 1D CycleGAN	EngZee	1 & 2	96.4

absolute error (MAE), root mean squared error (RMSE), Pearson's correlation coefficient (PCC), spectral correlation (η_{spec}), spectral RMSE ($RMSE_{spec}$) metrics were used. For a qualitative evaluation of the signal extraction performance, predicted and ground truth signals were plotted and visually compared. The following formulae are used to determine MAE, RMSE, PCC, spectral correlation and spectral RMSE:

$$MAE = \sum_{i=1}^N |x - x_i| \quad (15)$$

$$RMSE = \sqrt{\sum_{i=1}^N (x - x_i)^2} \quad (16)$$

$$PCC = \frac{\sum_{i=1}^N (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum_{i=1}^N (x_i - \bar{x})^2} \sqrt{\sum_{i=1}^N (y_i - \bar{y})^2}} \quad (17)$$

$$\eta_{spec} = 1 - \frac{1 - PCC(PSD(y_i), PSD(\bar{y}))}{PCC(PSD(y_i), PSD(x_i))} \quad (18)$$

$$RMSE_{spec} = \frac{RMS(PSD(y_i) - PSD(\bar{y}))}{RMS(PSD(\bar{y}))} \quad (19)$$

Here, x is the signal of interest, \bar{x} is the corresponding mean value, RMS signifies the root mean square operation.

3.4.2. Evaluation of fQRS detection

A modified Engelse and Zeelenberg (EngZee) method (Engelse, 1979; Lourenço, 2012) was used to detect the fQRS following the proposed model's extraction of the fECG. Then, evaluation was conducted using the F1-Score as well as accuracy, precision and recall. The following formulae were used to determine the metrics:

$$Accuracy = \frac{TP + TN}{TP + TN + FP + FN} \quad (20)$$

$$Precision = \frac{TP}{TP + FP} \quad (21)$$

$$Recall = \frac{TP}{TP + FN} \quad (22)$$

$$F1 = 2 \cdot \frac{Precision \bullet Recall}{Precision + Recall} \quad (23)$$

where true positive, true negative, false positive, false negative are expressed by TP, TN, FP, FN, respectively.

3.4.3. Evaluation of heart rate variability

A healthy heart cyclically pumps blood with a heart rate almost constant, with minimal variability. In diseased states, heart rate rhythm is distorted and variability in heartbeats can be detected. Comparison of healthy and unhealthy heart rhythms, particularly heart rate variability will reveal arrhythmia. We have used several metrics to monitor the heart of the fetus suggested by Shaffer et al. (Shaffer, 2017).

Mean R-R interval (μ_{RR}): This is the average time interval between two consecutive R peaks of the ECG signal, often measured in milliseconds (ms). If we define the number of R peaks by N and the time of R-peak by T_{RR} , μ_{RR} can be defined by the following equation:

$$\mu_{RR} = \frac{\sum_{i=1}^{N-1} T_{RR}(i+1) - T_{RR}(i)}{N - 1} \quad (24)$$

Table 5
Heart rate metrics on Test Set.

Fold	ECG	μ_{RR} (ms)	μ_{HR} (bpm)	σ_{HR} (bpm)	SDNN/RMSSD	PNN50 (%)
1	Ground truth	473.19	128.52	14.14	0.7	40.45
	Extracted	474.75	129.05	19.5	0.71	42.89
2	Ground truth	473.18	128.52	14.14	0.7	40.45
	Extracted	476.91	128.23	18.32	0.69	42.62
3	Ground truth	473.19	128.51	14.15	0.71	40.45
	Extracted	473.3	129.1	17.87	0.69	41.72
4	Ground truth	473.18	128.52	14.14	0.69	40.44
	Extracted	473.47	129.02	18.0	0.69	40.05
5	Ground truth	473.2	128.53	14.14	0.7	40.45
	Extracted	473.89	128.87	17.53	0.7	39.65
Average	Ground truth	473.188	128.52	14.142	0.7	40.448
	Extracted	474.464	128.852	18.244	0.696	41.386
Error (%)		0.27	0.25	29	0.57	2.32

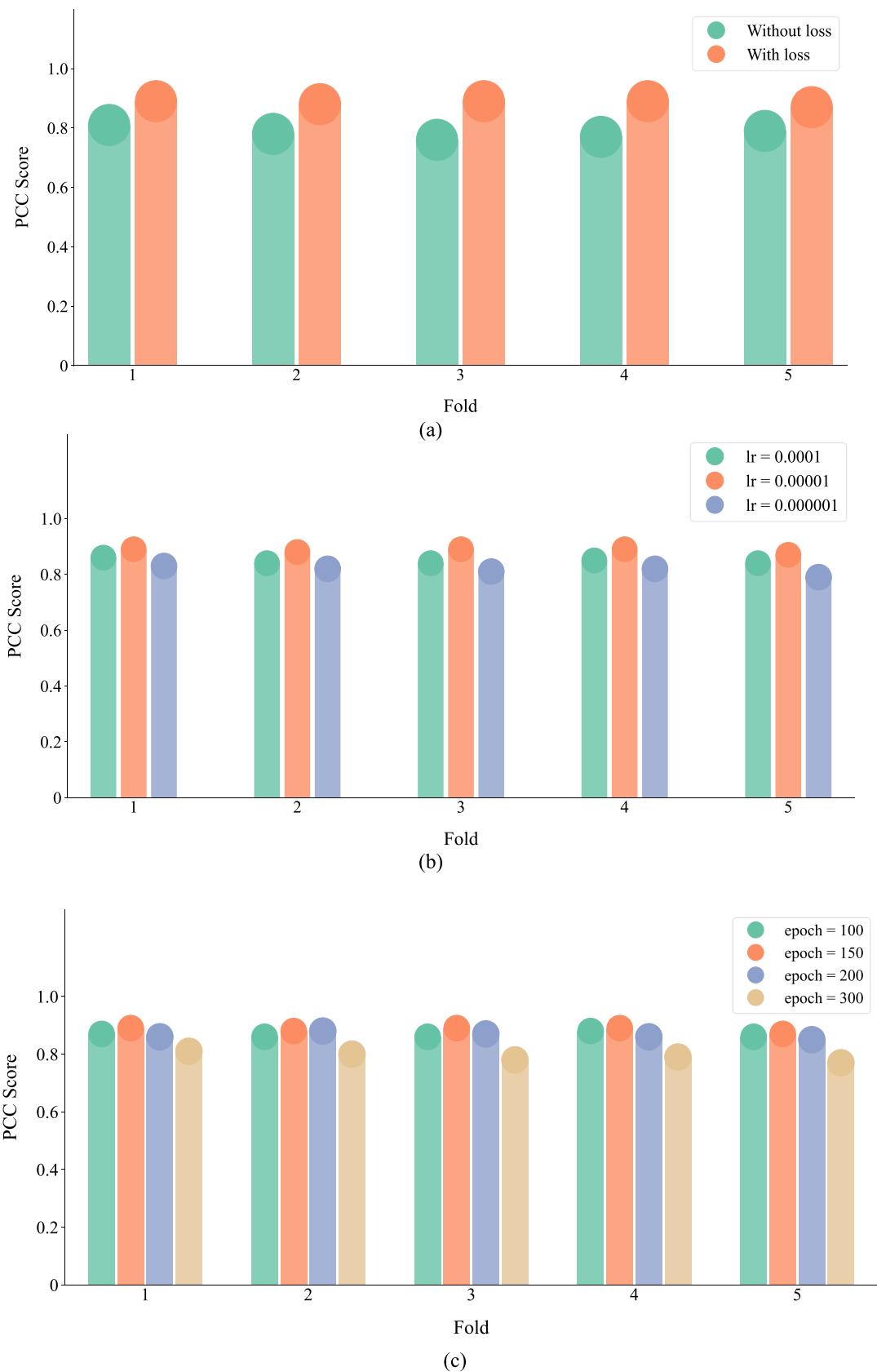


Fig. 11. Ablation study of the proposed loss function (a), different learning rates (b), and the number of training epochs (c).

Mean heart rate (μ_{HR}): Heart rate is one of the most prominent metrics of heart monitoring which signifies the number of heart bits per minute.

Standard deviation of heart rate (σ_{HR}): The heart does not oscillate like a metronome; instead, the heart rate varies within a range. Standard deviation of heart rate is a measure of how much the heart rate deviates from the expected value. Generally, it is measured in bits per minute (bpm) and can be calculated from the following equation:

$$\sigma_{HR} = \sqrt{\frac{\sum_{i=1}^N (HR(i) - \mu_{HR})^2}{N-1}} \quad (25)$$

Root mean square of successive RR interval differences (RMSSD): RMSSD is one of the most popular metrics for HRV and can be calculated by measuring the summation of the squared RR interval differences and then taking root.

$$RMSSD = \sqrt{\frac{\sum_{i=1}^N (T_{RR}(i+1) - T_{RR}(i))^2}{N-1}} \quad (26)$$

SDNN/RMSSD: SDNN is the standard deviation of the normal R-R interval. This is a long-term evaluation of heart rate variability and correlates to low-frequency components of ECG. On the other hand, RMSSD corresponds to high-frequency components of ECG signal (Otzenberger, 1998). Hence, the ratio of SDNN and RMSSD signifies LF/HF frequency ratio to some extent and is very important in heart rate variability measurement.

NN50 and PNN50: NN50 is the number of pairs of successive RR intervals with a time difference of more than 50 ms. PNN50 is the proportion of the number of RR intervals varied by more than 50 ms and the total number of RR intervals.

$$PNN50 = \frac{NN50}{Total\ number\ of\ RR\ intervals} \quad (27)$$

4. Results

In this section, we will discuss the performance of the proposed framework which will be divided into three subsections: fECG extraction, identifying fQRS and heart rate estimation. Later, we will describe ablation studies conducted to identify suitable hyperparameters and the computational complexity of the experiment.

4.1. fECG extraction result

The results for different combinations of three types of generators (Unet, Resnet and Self-FPN) and two types of discriminators (basic and Self-ONN based) are compiled in Table 1.

From Table 1, it is evident that Resnet 13 blocks generator and Basic discriminator pair performed better with an average PCC score of 0.882. This score varied from 0.87 to 0.89 for the five folds depicted in Table 2, along with the other metrics.

Predictions on three sample test images are shown with the ground truth in Fig. 9. The extracted fECG signal is very similar to the ground truth. The R peaks are detected accurately and some morphological information is also preserved.

4.2. fQRS detection result

Once the fECG extraction is done, the fQRS is detected from the extracted ECG using the EngZee method proposed by Engelse and Zeeleberg. For measuring the performance of fQRS detection, any R-peak within 31.25 ms of the ground truth is considered to be correct. Fig. 10 contains the fQRS detection results on both ground truth and extracted ECG.

Table 3 shows the related metrics for fQRS detection. All the metrics, most notably the F1 score, are uniform for all the folds, which signifies the robustness of the performance of our proposed methodology.

We present a brief comparison of our proposed technique with some other proposed methods in Table 4. Although Zhang et al. (N. Zhang, 2017) achieved a 99.4% F1 score with only smooth window SVD and adaptive filter, their study was restricted to only two persons in two separate tests. Mohebbian et al. (Mohebbian, 2021) also achieved excellent performance with an F1 score of 99.7%, but their methodology concentrates primarily on fQRS detection, ignoring the morphology of the ECG signal. Castillo et al. (Castillo, 2018) obtained an F1 score of 98.63% only on the selected signals by the medical specialists. However, considering both good and bad signals, their F1 score comes down to 94.11%.

4.3. Heart rate variability estimation

One of the most useful applications of fECG is estimating fetal heart rate, which indicates the condition of the fetal heart and can identify several abnormalities. Additionally, we have estimated other metrics, including μ_{RR} , μ_{HR} , σ_{HR} , RMSSD and PNN50. The metrics shown in Table 5 indicate the performance of the proposed methodology.

Except for the standard deviation of HR, all the metrics are reasonably accurate. Moreover, a stable reactive fetal heart rate is typically between 120 and 160 bpm with a variability greater than 6 bpm (Rochard, 1976). In our case, the mean fetal heart rate is close to 129 ± 18 bpm, which is well within the normal heart rate range.

4.4. Ablation studies

Ablation studies hold immense significance in experimental research. They involve altering specific components or parameters within a system to assess the importance of each part. In this section, we conduct an ablation study on our newly proposed methodology, examining its proposed loss function, as well as two other parameters: learning rate and the number of epochs.

Proposed loss: In our proposed methodology, we introduced a weighted adversarial loss consisting of MSE loss, spectral loss, temporal loss, and power loss. This loss is very effective, especially for ECG signals. According to Fig. 11(a), the proposed loss increased the PCC score of the extracted fECG to almost 10%.

Learning rate: The learning rate is a very crucial hyperparameter in model training. In our study, we used different learning rates to find the most optimized result. For the best model (Resnet 13 blocks + Basic discriminator), we tried three different learning rates: 0.0001, 0.00001 and 0.000001 with enough epochs to reach the maxima. A learning rate of 0.00001 works best compared to others as summarized in Fig. 11(b).

Number of epochs: Generally, tuning the number of epochs can result in better fitness. In this study, we varied the number of epochs from 100 to 300 and evaluated the extracted fECG on the validation set. 150 epochs give better results than others, while 100 epochs seem to underfit, and 300 epochs seem to be overfitting as the PCC score decreases significantly, as shown in Fig. 11(c).

4.5. Computational complexity

In the context of computational complexity analysis, we will describe the experimental setup used in conjunction with the complexity of our proposed model. Our experiments were performed on a cloud-based virtual machine, which featured an Intel Xeon processor with 4 cores and 8 threads running at 2.0 GHz. The virtual machine was equipped with 25 GB of RAM and a 16 GB NVIDIA Tesla T4 graphics card with a base frequency of 585 MHz. The implementation of our model utilized Python 3.8 as the programming language, and we employed PyTorch, Numpy, and Sci-kit Learn libraries to handle the network architecture, computation, and evaluation processes, respectively.

Regarding the complexity of our proposed model, each generator contained 0.337 million trainable parameters, while each discriminator had 0.044 million trainable parameters. Consequently, the entire

network comprised a total of 0.762 million parameters. This setup allowed us to achieve remarkable efficiency and accuracy in our system. In our experimental setup, we successfully extracted 1740-second long fECG data from 4-channel mECG in a mere 73 s. This exceptional speed and performance make our proposed system highly suitable for real-time fECG extraction, providing significant advantages for various applications.

5. Conclusion

In this study, we have reconstructed Fetal ECG (fECG) from Mother ECG (mECG) using 1D CycleGAN and have measured heart rate and heart rate variability from the reconstructed signal. Traditional filtering methods are ineffective because mECG is frequently affected by baseline wandering, motion artifacts, power-line noise, uterine and muscle contraction, electrode connection, white noise etc. Our solution achieves a comparable performance to state-of-the-art techniques by showing an excellent retention of signal morphology with an average PCC and Spectral-Correlation score of 88.4% and 89.4%, respectively. We can detect fQRS of the signal with accuracy, precision, recall and F1 score of 92.6%, 97.6%, 94.8% and 96.4%, respectively. Moreover, the generated signal can estimate heart rate and R-R interval with 0.25% and 0.27% error, respectively. The main contributions of our work are excellent retention of components of the whole signal, detection of fQRS with great accuracy and near-perfect determination of fetal heart rate. It can be used to reconstruct fECG signals from any mECG signals for non-invasive fetal cardiac diagnosis and heart-rate measurements. Although the proposed framework can estimate heart rate with very high accuracy, the performance could be enhanced if the mECG signals were of a higher quality. One possible solution to this would be to create a dataset with similar protocols but with multiple expert annotations for ground truth fQRS positions (Modi, 2011). In the future, we may be able to use another binary classification model to choose correct or discard excessively noisy mECG signals. Furthermore, numerous post-processing approaches, such as a refinement network, can be utilized to further improve the fECG output quality.

CRediT authorship contribution statement

Promit Basak: Conceptualization, Methodology, Software, Writing – original draft, Writing – review & editing. **A.H.M Nazmus Sakib:** Conceptualization, Methodology, Software, Writing – original draft, Writing – review & editing. **Muhammad E.H. Chowdhury:** Conceptualization, Methodology, Supervision, Funding acquisition, Writing – original draft, Writing – review & editing. **Nasser Al-Emadi:** Conceptualization, Supervision, Writing – original draft, Writing – original draft. **Huseyin Cagatay Yalcin:** Validation, Supervision, Funding acquisition, Writing – review & editing. **Shona Pedersen:** Validation, Supervision, Writing – original draft, Writing – review & editing. **Sakib Mahmud:** Conceptualization, Methodology, Software, Validation, Writing – original draft. **Serkan Kiranyaz:** Validation, Supervision, Writing – original draft, Writing – review & editing. **Somaya Al-Maadeed:** Validation, Supervision, Writing – original draft, Writing – review & editing, Funding acquisition.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

Data will be made available on request.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.eswa.2023.121196>.

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