



# SANDARSHAN

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## Vishnu Sahasranama Part 29: Bhutadi - The Form of Auspiciousness by Shri Chandan Goswami Maharaj

The 29<sup>th</sup> name in the Shri Vishnu Sahasranama Stotram is Bhutadi, which means, "The form of auspiciousness."

Shri Adi Shankaracharya says:

भूतानाम् आदिकारणत्वाद् भूतादि

*bhūtānām ādikāraṇatvād bhūtādi*

"He is known as *bhutadi* because he is the source of all *jeevs* (*bhuta*)."

However, Shri Baldev Vidyabhushan gives a very different definition:

अतो भूतादिः भूतैः प्राणिभिरादीयते  
शुभदत्त्वेन गृह्यते, उपसर्गद्योः किः ।



*ato bhūtādih bhūtaiḥ prāṇibhirādīyate śubhadatvena grhyate,  
upasargedyoḥ kih ।*

"He is known as Bhutadi because he is accepted by all souls as the very form of auspiciousness."

In other words, he is the one who bestows auspiciousness upon all souls.



## Shri Nityanand Prabhu Part 2 – Sacred Love for All



*As explained in the previous issue, Nityanand Prabhu was born in Ekachakra, West Bengal, and reenacted Shri Krishn's lilas with other children throughout his childhood. At 12 years old, he left home and travelled to many holy places, settling in Vrindavan. Although Nityanand could sense when Mahaprabhu was born in Navadwip, he didn't go there until Mahaprabhu was older and ready to start giving the Holy Name to people on a large scale.*

Nityanand Prabhu possessed the ability to bestow sacred love upon anyone he chose. However, he abstained from doing so until he received Mahaprabhu's direct order. One day, Mahaprabhu began to experience intense separation from Nityanand and couldn't stop thinking about him. Nityanand sensed this and promptly set out for Navadwip, where he stayed at Nandan Acharya's residence.

### Nityanand Arrives in Navadwip

That morning, Mahaprabhu told his *parikars*, "O brothers! Last night I had an amazing dream. I saw a great soul riding through Navadwip in a chariot. He was tall and strong, dressed all in blue, with an earring in his left ear and holding a *danda* and *kamandalu*.<sup>1</sup> He asked everyone he saw, 'Is this Nimai Pandit's<sup>2</sup> house?'

"When I asked who he was, he smiled and declared, 'I am your brother! We will meet tomorrow.' O my dear Shrivas and Haridas, please go and find him!"

1. A renunciate's stick and pot
2. Nimai Pandit is one of Mahaprabhu's Names. He also went by the Names Vishwambar Mishra and Shri Krishn Chaitanya at different times in his life

Shrivas Pandit and Haridas Thakur searched for nine hours, but couldn't find the person that Mahaprabhu had described. According to the *Chaitanya Bhagwat*, Mahaprabhu performed this *lila* to demonstrate the hidden nature of Nityanand.

बड गूढ नित्यानन्द एइ अवतारे । चैतन्य देखाय जारे से देखिते पारे ॥

*bada gūḍha nityānanda ei avatāre | caitanya dekhāy jāre se dekhite pāre ||*

"In this incarnation, Nityanand is very *gupt*. One can only see him if Mahaprabhu reveals him." (*Chaitanya Bhagwat*, 2.3.171)

When Shrivas and Haridas expressed their inability to find Nityanand, Mahaprabhu smiled and said, "Come with me and have his *darshan*!" He then led everyone to Nandan Acharya's house, and they were amazed by what they saw there. Nityanand was seated with closed eyes, shining like millions of suns. The bliss of his internal meditations flowed in the nectar of his smile. Mahaprabhu and his *parikars* offered *pranam* and watched him in silence.

When Nityanand finally opened his eyes, he saw Mahaprabhu standing before him and instantly recognised him as his eternal Beloved (Shri Radha and Krishn in a single form). Losing himself in the moment of Mahaprabhu's *darshan*, Nityanand remained mute and immobile. He thought, "Gold has no value compared to his radiant skin. Next to his lotus eyes, other lotuses seem like fake flowers. And what good is divine nectar when I have his smile?"

Mahaprabhu then asked Shrivas to recite the "*barha pidam*" verse from the *Shrimad Bhagwatam*, 10.21.5. Upon hearing it, Nityanand fell to the ground, trembling in ecstasy. While Shrivas was reciting verses about Krishn, Nityanand became overwhelmed with emotions. He shouted, wept, jumped, and eventually fell to the ground. He began rolling in the dust and crying uncontrollably, soaking his body in tears. Mahaprabhu then comforted Nityanand by pulling him into his lap. Only Mahaprabhu's embrace could calm Nityanand and make him feel peaceful, as if he was merging into an ocean of sacred love.



Mahaprabhu pulls Nityanand into a loving embrace

## Mahaprabhu Gives his Direct Order

Soon after, Mahaprabhu instructed Nityanand and Haridas Thakur to begin the seva of giving the Holy Name to all. In the *Chaitanya Bhagwat* 2.13.8-10, Mahaprabhu says:

शुनो शुनो नित्यानन्द शुनो हरिदास । सर्वत्र आमार आज्ञा करहो प्रकाश ॥  
प्रति घरे घरे गिया करो एइ भिक्षा । बोलो कृष्ण भजो कृष्ण करो कृष्ण सिक्षा ॥  
इहा बइ आर ना बोलिबा बोलाइबा । दिन अवसाने आसि आमारे कोहिबा ॥

*śuno śuno nityānanda śuno haridās | sarvatra āmār ājñā karaho prakāś ||  
prati ghare ghare giyā karo ei bhikṣā | bolo kr̥ṣṇa bhajo kr̥ṣṇa karo kr̥ṣṇa siksā ||  
ihā bai ār nā bolibā bolāibā | din avasāne āsi āmāre kohibā ||*

"Listen, o Nityanand and Haridas! You must go everywhere, asking alms from door to door, saying, 'Please say the Holy Name of Krishn, please love Krishn and learn about him.' You must

not speak of anything else, nor allow anyone to discuss any other subject with you. At the end of each day, come back and report to me."

Ecstatic to receive Mahaprabhu's order, Nityanand and Haridas immediately began their seva. Sometimes, people would ask them to come inside and have something to eat, but they declined such invitations. Many accepted the teachings, while others called them mad. Some accused them of being thieves searching for houses to rob, while others even threatened to beat them.

However, even during such negative interactions, Nityanand and Haridas smiled and laughed fearlessly. They understood that बोलिबार भार मात्र आमा दोंहाकार बोलिले ना लोय जबे सेइ भार ताँर, *bolibār bhāra mātra āmā doñhākār, bolile nā loy jabe sei bhār tāñir*, "It is our duty to tell people Mahaprabhu's message, but if they don't receive it well, the rest is up to him."

## The Sinful Brothers, Jagai and Madhai

One day, Nityanand and Haridas came across an unusual scene. A small crowd had gathered around two drunk men, who were rolling on the ground and beating each other. Nityanand asked one of the bystanders, "Who are these men?"

He replied, "They are brothers named Jagai and Madhai. They are Brahmins from a good

family, but their behaviour is so terrible that their relatives have disowned them. They are active thieves and arsonists who spend their free time eating beef and getting drunk. It is common for them to make a public scene like this."

Nityanand's heart was touched by their story, and he began to make plans for their deliverance. He thought, "Mahaprabhu has come to deliver sinners like Jagai and Madhai. If I can reveal Mahaprabhu's glories to them, only then will I be known as a servant of Mahaprabhu. At the moment they are drunk on liquor, but I wish them to be drunk on the nectar of Krishn's love."

Nityanand then said to Haridas, "What a sad situation! Jagai and Madhai will keep suffering indefinitely unless we help them. When the Muslims nearly beat you to death, you prayed for even their deliverance, so I am sure you can help these brothers. Let the world see the full power of Mahaprabhu's grace when these two are changed completely."

Haridas knew the depth of Nityanand Prabhu's mercy. When Haridas heard of Nityanand's concern for Jagai and Madhai, he knew their deliverance was assured.

*To be continued...*

*Reference:*

*Shri Chaitanya Bhagwat*



# Braj Animal Care



We checked on an aged friend, Baloo, who we treated some time ago. He had some wounds, which we cleaned and sprayed. We were wondering, Baloo, how many people stopped in their tracks just to greet you today? How many humans caressed you like your mother used to, like any previous owners used to? Did anyone feed you? Did anyone give you some water, or a little treat, like milk. Nobody?

Then maybe tomorrow, hey?

It is our mission to create our own Braj Animal Care sanctuary here in Vrindavan where these stray Brajwasis, especially those with long-term disabilities, can live permanently. If you would like to contribute to this cause, please scan the QR code below:



Baloo receiving some love from Braj Animal Care

For more information about Braj Animal Care's programmes and services, please keep in touch with us via the following channels:

- @braj.animal.care
- brajanimalcare.com
- (+91)8923737924
- brajanimalcare@gmail.com



# Maharajji's Latest Updates



## Upadeshamrit Part 5: Distraction and Spiritual Hygiene

VERSE 3

उत्साहानिश्चयाद्वैर्यात्तत्कर्मप्रवर्तनात् ।  
सङ्गत्यागात्सतो वृत्तेः षड्भिर्भक्तिः प्रसिध्यति ॥

*utsāhān niścayād dhairyāt tat-tat-  
karma-pravartanāt ।  
saṅga-tyāgāt sato vṛtteḥ ṣadbhīr bhaktīḥ  
prasidhyati ॥*

"One must have enthusiasm, full confidence, and patience, and follow the spiritual practices given by guru. One must also leave all unhelpful associations and walk in the footsteps of one's spiritual masters." (Upadeshamrit, 3)

In the previous edition, Shri Chandan Goswami Maharaj explained in detail the six instructions from the third verse of Shri Roop Goswami's *Upadeshamrit*. In this edition, he further elaborates on points four and five: *tat-tat-karma-pravartanāt*: follow the spiritual practices given to you, and *saṅga-tyāgāt*: leave any association that is not good for *bhakti*.

## **Modern Challenges to Mental Focus**

I used to feel the cinema was like a worldly temple because, for those two hours, everyone focused solely on the film. But nowadays, our ability to concentrate is seriously compromised, even in an environment conducive to one-pointedness, like a cinema. About twenty years ago, friends would only whisper to each other for the first ten to fifteen minutes before the movie started. But now, since the invention of smartphones, people take their phones out to check their messages every few minutes, even when their phones are on silent mode. Frequent advertisements attempt to steal any focus we have left. Enjoying a movie is now plagued with endless distractions.

## **Food for the Mind**

All the phone messages, the advertisements, and everything else the world throws at us are just like junk food for the mind. Consciously or unconsciously, we internalise everything around us and feed our minds unwanted information.

When we obsess over celebrities, politics, or international news, we learn a lot about people who have nothing to do with us. It is simply our mental distraction that gives those people undue importance. Just as we can choose to put healthy food into our bodies for optimum health, we have a choice as to what we put in our minds.

## **The Need for Spiritual Hygiene**

Our mind stores all our memories without a filter and becomes an uncontrollable force. It is like an old CD player that jumps tracks uncontrollably, causing us to become triggered by small things. Our negative thoughts remain deep within us, impacting our attitude and behaviour towards others. We must take charge of our thoughts and emotions to avoid becoming victims of our mind's uncontrollable nature.

We've lost control of our minds; they're malfunctioning somehow. How did this happen? It happens because of:

1. Internalising unnecessary information
2. The wrong association

## **The Effects of Bad Association**

As a teenager, I had a large group of friends. Whenever I would come home after spending time with them, my father would ask me to change my association. He did not personally know my friends, but he could sense the subtle yet important changes in my behaviour.

Just as we may not be aware of our body odour, but others can perceive it, we may not realise the negative effects of associating with the wrong people. Our actions, words, and conduct reflect the company we keep, and it's

conduct reflect the company we keep, and it's crucial to be aware of the impact of our associations. Our gurus have advised us to avoid negative influences and surround ourselves with positive people.

The *Ved* says that our subconscious mind (*chitta*) is like a mirror (*darpan*), and whatever experiences we have in our lives stick to the mirror-like particles of dust. Therefore, in the *Shikshashtakam*, Shri Chaitanya Mahaprabhu's first instruction is to clean our mind (*cheto darpana marjanam*).

To make your mind like a clear mirror, cleanse it of unnecessary information and maintain correct associations. You can achieve this by constantly chanting Harinaam.

*To be continued...*

## Spiritual Questions and Answers with Maharajji

Q: What's the definition of spiritual perfection (*siddhi*)? And, how do we know which *bhav*'s<sup>1</sup> *siddhi* has been achieved?

1. In this context, a type of relationship with Krishn
2. A person's eternal identity as an associate of Krishn
3. An audience
4. The stage of *bhakti* that comes after *sadhna bhakti* but before the ultimate stage (see *Madhurya Kadambini* for more details)
5. The ultimate stage of sacred love

A: When you get *darshan* of your *atmaswaroop*,<sup>2</sup> when you get *sakshatkar*<sup>3</sup> with Shri Krishn, that's the definition of *siddhi*. This is achieved by *bhav bhakti*<sup>4</sup> and *premlakshna bhakti*.<sup>5</sup>

For more information about Maharajji's upcoming programmes, please contact us via the following channels:

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## Vaishnav Calendar

For upcoming festivals and Ekadashi dates, please click [here](#) to view our Vaishnav calendar.

