



# SANDARSHAN

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## Vishnu Sahasranama Part 44: Vidhata - The Manifester by Shri Chandan Goswami Maharaj

This Holy Name appears twice in the Vishnu Sahasranama. Shri Baldev Vidyabhushan and Shri Parashar Bhattji have the same opinion when explaining this Name. Both acharyas interpret the Name Vidhata in connection with the previous Name, Dhata. Dhata means the one who sows the seed of Brahma's creation. And Vidhata means the one who manifests Brahma and the whole universe from that seed.

Shri Baldev Vidyabhushan says:

यो ब्रह्माणं विदधाति पूर्वं यो विद्यां तस्मै गोपयति स्म कृष्णः।

*yo brahmāṇam vidadhāti pūrvam yo vidyāṁ tasmai gopayati sma kṛṣṇah*।

"At the beginning of creation, he manifested Brahma and enabled him to create the universe by imparting knowledge of the *Veds* to him through the *ashtadashakshar* mantra." (*Gopal Tapani Upanishad*)

मम योनिर्महद्वस्तु तस्मिन् गर्भं दधाम्यहम्।  
संभवः सर्वभूतानां ततो भवति भारत ॥

*mama yonir mahad brahma tasmin garbhām dadhāmy aham |*  
*samībhavah sarva-bhūtānām tato bhavati bhārata* ॥

"O Arjun, born to Bharat's dynasty! My *mahat prakriti*<sup>1</sup> is the womb of creation, which I fill with the jeevs. All living beings arise from this." (*Bhagwad Gita*, 14.3)

ॐ सूर्या चन्द्रमसौ धाता यथा पूर्वमकल्पयत् दिवं पृथिवीं चान्तरिक्षमथौ स्वः।

*om sūryā candramasau dhātā yathā pūrvam akalpayat divam pṛthivīm cāntarikṣam  
atho svah*।

"As in every cycle of the universe (*kalp*), Shri Krishn created the sun, moon, constellations, sky, Earth, and Brahma himself. During this creation process, Brahma was temporarily disabled, but when he became aware of his debilitated state, he performed austerities. Then Shri Krishn, by the power of his intention, imparted all the wisdom of the *Veds* to Brahma through the *ashtadashakshar* mantra and enabled him to complete the remainder of the universe's creation." (*Rig Ved*)

The following example can help us better understand Shri Baldev Vidyabhushan's quote from the *Bhagwad Gita*. Scorpions lay eggs in rice, and when the eggs hatch, people may mistakenly believe that scorpions come from rice. Just as rice is not the cause of the scorpions' birth, similarly, people may be convinced that Brahma is the origin of the universe and all living beings, while in truth, Shri Krishn is the original cause.

<sup>1</sup>*Mahat prakriti* is the primordial form of matter, which exists in a subtle state before creation occurs



## Shri Chaitanya Mahaprabhu's Shikshashtakam

### Part 2, Dust on the Mirror

by Shri Chandan Goswami Maharaj



The *Shikshashtakam* compares the mind or heart to a mirror covered in dust. Drawing from the teachings of our *acharyas*, this dust is often described in three distinct categories, corresponding to the three *gunas*.

1. *Sattvaguni*: If a person is primarily in *sattva gun*,<sup>2</sup> the dust on the mirror of their mind is dry and not very thick. It's like the dust that naturally collects on a mirror in our house over a month. It is very easy to clean. We hear stories of devotees who didn't have to practice much to attain the goal. Shri Ramkrishn Das Pandit Baba used to play marbles with Govind Dev in Jaipur. He was just 11 years old at the time. He didn't do anything except keep the company of good devotees and play in the temple. Suddenly, Govind Dev used to come out from his deity form and play marbles with Pandit Baba, because Pandit Baba was already in *sattva gun*, due to the accumulation of all the *bhakti* he performed from his previous incarnations, so he only needed a slight push in this life. He only needed to wipe the mirror once, and Krishn was there for him. Many devotees have this condition due to good deeds from their past lives, because any devotion done is never in vain.
2. *Rajoguni*: If a person is primarily in *rajogun*,<sup>3</sup> there is already dust on the mirror, and they throw water on it as well. When the mirror is full of mud, it takes time to clean. Many have this state of *chitt* where we need to do more *sankirtan*. This type of mind requires a deep cleaning, but once it is clean, we get an audience with Thakurji.
3. *Tamoguni*: When a person is ruled by *tamogun*,<sup>4</sup> the mirror is covered with dust, water, and grease. Just as a mirror with caked-on grease, oil, or ghee needs effort to clean, this type of *chitt* will take a lifetime to clean.

In each one of these categories, the same mirror is affected by various degrees of uncleanliness. Each of us is predominantly influenced by *sattvagun*, *rajogun* or *tamogun*. The good and bad deeds from our previous lifetimes determine our current situation.

<sup>2</sup>*Sattvagun* is the quality of purity, harmony, and wisdom. It promotes clarity and spiritual growth

<sup>3</sup>*Rajogun* is the quality of activity, passion, and ambition

<sup>4</sup>*Tamogun* is the quality of darkness, laziness, and ignorance. It causes confusion and delusion

## **Cheto Darpan Marjanam – Cleansing the Mirror of the Mind**

The dust particles represent negative qualities within us, like lust, anger, greed, and all the other defects mentioned in the *Shrimad Bhagwatam* and *Bhagwad Gita*. Alternatively, we might think of each dust particle as a memory connected to a feeling, for example, the memory of someone who made you angry.

Now, when this dust covers the mirror of your mind, these memories keep replaying to disturb you. For example, many of us have gone through difficult times in life, which then get stored in our *chitt* and return repeatedly in the form of flashbacks. When these intrusive thoughts disturb us, we may feel unable to focus on the Holy Name.

So, the essence of Mahaprabhu's first teaching in the *Shikshashtakam* is, "Get rid of all these things! All these disturbing memories are stored in your *chitt* for no reason!"

A long time ago, I wrote an article in which I shared that in 1997 or 1998, I got my first desktop computer. Although I had had a laptop since 1993, my Guru Maharaj later gave me this desktop computer. At that time, a computer's hard drive used to have limited capacity, perhaps just 4 or 8 gigabytes. So, anytime you wanted to install something new, you had to delete the previous software and data from the hard drive. Similarly, our *chitt* has a limited capacity, so when it becomes overfilled with unwanted data and software, our system overheats and burns us.

## **Braj Animal Care**

We were called to handle a baby monkey case. He was discovered near Rangji Mandir, hiding inside a sewer, with his face covered in dried blood. From our assessment, the baby was likely struck by a scooter. We carefully bathed him to remove the blood and sewage and administered treatment for pain relief. Additionally, we took measures to prevent infections and maggot infestation. Champaklata, our dedicated 12-year-old

volunteer, assisted by spraying antiseptic on the wounds. After providing the necessary care, we left the baby monkey at the side, where there was no direct sun, and patiently waited. Suddenly, out of nowhere, his mother appeared from a building rooftop and ran towards her baby. The mother grabbed the baby monkey and ran away with him. It was an incredibly heartwarming conclusion for both us and the little one!



If you would like to contribute to this cause, please scan the QR code below:



For more information about Braj Animal Care's programmes and services, please keep in touch with us via the following channels:

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[\(+91\)8923737924](tel:+918923737924)  
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# Maharajji's Latest Updates



On the evening before *Janam Puno*, Radharaman Lal's 483<sup>rd</sup> Appearance Day, Maharajji's disciples organised a *sankirtan*. On Monday, 12 May 2025, Shriji's *maha-abhishek* began slightly later than scheduled, but this did not deter the devotees. The entire Radharaman campus was flooded with crowds, all eager to see the King of Braj! Even those who doubted they would attend found the courage to travel by train or flight.

Maharajji was engaged in *seva* throughout the day. He performed the *maha-abhishek* alongside the rest of the Goswami family. Maharajji then distributed *tulsi*, *cheer prasadi*, and *panchamrit* to the assembled devotees.

Maharajji's disciples cut fruit in the Giridhari Temple for Radharaman Lal's afternoon offering. Later in the day, a *diksha* ceremony took place, followed by the distribution of *mathari prasadi* to all the devotees who had come for Lal Ju's *darshan*.

The atmosphere throughout was charged with devotion, joy, and reverence. Chanting echoed through the temple complex, and hearts overflowed with gratitude. The bliss experienced that day was incomparable—many devotees were moved to tears, overcome by the rare grace of being present

in such divine company and witnessing the loving service offered to Radharaman Lal. Not only was it a celebration of his appearance, but also of the deep bond between the Lord and his devotees.

Maharajji is currently preparing for a spiritual trekking expedition. We will share the details in the next edition!

In addition, he gives weekly live online classes on Ragunath Das Goswami's *Sva Niyam Dashakam* in Hindi and Mahaprabhu's *Shikashtakam* in English.



## Spiritual Questions and Answers with Maharajji

Q: How can one impress and win the favour of Lord Jagannath?

A: Shri Jagannath loves the *Geet Govind*, so begin reciting the *Geet Govind Ashtapadis*, and he will be pleased with you.

For more information about Maharajji's upcoming programmes, please get in touch with us via the following channels:

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## Vaishnav Calendar

For upcoming festivals and Ekadashi dates, please click [here](#) to view our Vaishnav calendar.

