



SANDARSHAN

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Vishnu Sahasranama Part 46: Apramey - The Immeasurable One

by Shri Chandan Goswami Maharaj

The 46th Name in the Vishnu Sahasranama Stotram is "Aprameya", the immeasurable one.

The word "Apramey" can be divided into two parts: a and *prameya*.

1. "A" is a prefix indicating negation, ie, "not" or "unclear".
2. "*pramey*" means something measurable or capable of being understood.

Therefore, the definition of *apramey* is "that which cannot be measured", "that which cannot be fully understood", or "that which is infinite and boundless."

Shri Baldev Vidyabhushan says: ब्रह्मादीनाम् इन्द्रियैः प्रमातुमशक्यत्वादप्रमेयः। न ह्यादिमध्यान्तमजस्य यस्य विद्मो वयं सर्वमयस्य धातुरिति ब्रह्मवाक्यात्। *brahmādīnām indriyaiḥ pramātumāśakyatvādaprameyah। na hyādimadhyāntamajasya yasya vidmo vayam sarvamayasya dhāturiti brahmavākyāt।* "Because he cannot be perceived by the senses even of Brahma and others, he is called immeasurable (or unknowable). Brahma says, 'Bhagwan Shri Krishn is the unborn. We do not know his beginning, middle or end, for he is everything.' (*Padma Puran*)"

According to Shri Shankaracharya, Apramey refers to Brahm's *nirgun* form, which is beyond all forms of *pramaan* or evidence, such as *pratyaksh* (direct perception), *anumaan* (inference) and *shabd* (scripture).

In contrast, the Gaudiya Acharyas and others say this Holy Name represents Bhagwan's infinite auspicious qualities (*anant kalyaan gun*), which are incalculable and immeasurable in their greatness.

क्वचिद्रजांसि विममे पार्थिवान्युरुजन्मभिः ।
गुणकर्मभिधानानि न मे जन्मानि कर्हिचित् ॥

*kvacidrajāṁsi vimame pārthivānyurujanmabhiḥ ।
guṇakarmābhidhānāni na me janmāni karhicit ॥*

Shri Krishn says, "My many forms, qualities and *lilas* are infinite in number. Therefore, even I cannot count them, nor can I tell you their number." (*Shrimad Bhagwatam*, 10.51.37)

Bhagwan Shri Krishn's form, glories and *lilas* are infinite, unfathomable and indescribable. Nobody can truly understand him through their senses, nor can the mind and intellect fathom him.

Shri Krishn says in the *Bhagwad Gita*, 7.26:

वेदाहं समतीतानि वर्तमानानि चार्जुन।
भविष्याणि च भूतानि मां तु वेद न कश्चन ॥

*vedāham samatītāni vartamānāni cārjuna!
bhaviṣyāṇi ca bhūtāni māṁ tu veda na kaścana ॥*

"O Arjun! I know all beings past, present and future. But no one knows me."

Shri Baldev Vidyabhushan reinforces this concept by quoting the *Vishnu Puran*:

न ह्यादिमध्यान्तमजस्य यस्य विद्मो वयं सर्वमयस्य धातुः।
न च स्वरूपं न परं स्वभावं न चैव सारं परमेश्वरस्य ॥

*na hyādimadhyāntamajasya yasya vidmo vayam sarvamayasya dhātuḥ ।
na ca svarūpaṁ na param svabhāvaṁ na caiva sāraṁ parameśvarasya ॥*

"Bhagwan Shri Krishn is never born in a worldly sense. He has no beginning, middle, or end. He is everything. He creates the universe, and he is present everywhere. No one can know his true form and essence (*swaroop*)."



The Call to Damodar Kund



After Shri Chaitanya Mahaprabhu disappeared from this world, Gopal Bhatt Goswami was in deep separation. In a dream, Mahaprabhu had instructed him to go to Damodar Kund, along the Gandaki River in Nepal.

उत्तर देश पुनीन हित, जाउ गंडकी धार ।
मिलि है शालिग्राम तहं, द्वादश विविध प्रकार ॥
प्रथमहि शालिग्राम, होय वहां जो हस्त-गत ।
दिव्य रूप अभिराम सातेंधार तुम ढिंग वसौ ॥

*uttar deś punīn hit, jāu gandakī dhār ।
mili hai śāligrām tahā, dvādaśh vividh prakār ॥
prathamahi śāligrām, hoy vahā jo hast-gat ।
divya rūp abhirām sātēdhār tum ḫīg vasau ॥*

"And my life, my dear, most Gopal Bhatt should preach the path of *bhakti* and go to the Gandaki River in Nepal, where he will find twelve *shaligram shilas*.¹ Of these *shilas*, the first to come into his hands will be a Damodar Shila; I will always reside in this *shila*. By worshipping the *shila*, he shall worship me."

¹*Shaligram shilas* are only found in the holy Gandaki River

A Dream and a Divine Instruction

Gopal Bhatt travelled from Vrindavan towards the north. The journey was difficult and long. But with deep faith in his heart and the Names of Krishn on his tongue, he reached Damodar Kund.

There, he stayed by the riverbank, praying, fasting, and calling out to the Lord.

Divine Encounter at Damodar Kund

On the third day, Gopal Bhatt lowered his cupped palms to collect water from the river and offer it as *arghya* to the sun.

अर्घ्य देत अंजली जल लीना। श्री दामोदर दर्शन
दीना॥

*arghya det añjalī jal līnā | śrī dāmodar
darśhan dīnā॥*

When he dipped his hands into the river, one *shaligram* came into his palm. This was the Damodar Shila. Holding it close, Gopal Bhatt wept. After some time, he gathered water in his pot for the long journey back. Suddenly, there was a disturbance in the water, and the remaining eleven *shilas* flowed into the pot with the water he was collecting. All twelve *shilas* were received, just as Mahaprabhu had said, confirming that the words of the Guru and the Lord never fail.

Return to Vrindavan: The Manifestation of Radharaman

Gopal Bhatt later returned to Vrindavan. There, among the twelve *shilas*, the Damodar Shila self-manifested as Radharaman. Radharaman is not carved by hand, but appeared directly in divine form. Since that time, Radharaman has been lovingly worshipped in Vrindavan.

The Sacred Return: Shri Chandan Goswami Maharaj's Pilgrimage to Damodar Kund

Almost five centuries after Gopal Bhatt's historic journey, in June 2025, Maharajji undertook his pilgrimage to Damodar Kund. This sacred lake is nestled at high altitude, in the Upper Mustang region of western Nepal, situated between 4,890 and 5,400 metres above sea level.

Maharajji departed Vrindavan, travelling through Delhi, Gorakhpur, Lumbini, and Pokhara, before the trek began through Kagbeni, Yara Valley, and Ghuma Thati. After offering worship at Damodar Kund amidst storms and austerity, he returned via Jomsom and Lumbini, back to Vrindavan.

Damodar Kund: A Place of Eternal Presence

Damodar Kund is not only powerful because of personal feelings. Its entire region is

charged with sacred history and scriptural praise. This is the very place where Gopal Bhatt Goswami collected his *shaligram shilas*. Found in the Gandaki River, these *shilas* are natural forms of Vishnu and are worshipped as his direct manifestations. In the *Ahirbudhnya Samhita*, 19-20, it is said:

तुष्टः स योगादुत्थाय जगादेदम् वचो नृपम् ।
सालग्राम इति ख्यातं विष्णुस्थानमनुत्तमम् ।
नित्यं सन्निहितस्तत्र चक्ररूपी जगत्पतिः ।
तत्र चक्राह्लितं सर्वं स्थावरं जडमं च यत् ॥

*tuṣṭah sa yogād-utthāya jagādedam vaco nṛpam ।
sālagrāma iti khyātam viṣṇu-sthānam-anuttamam ।
nityam sannihitas-tatra cakrarūptī jagatpatih ।
tatra cakrāhlitam sarva sthāvaram jaḍamam ca yat ॥*

"The sage, pleased by the devotion of the Brahmin, emerged from his meditation and addressed the king, praising the sacred place known as Shalagram. It is the supreme seat of Lord Vishnu, where the Lord resides in the form of the divine discus (*chakra*). Everything in that place bears the mark of the *chakra*, and anyone who visits is freed from sins. Those who die there attain liberation."

Likewise, the *Kurm Puran*, 37, glorifies this site:

शालिग्राम नामक महातीर्थ भगवान् विष्णु की प्रसन्नता को बढ़ाता है ।
वहाँ पर प्राण त्याग करने वाला मनुष्य भगवान् हृषीकेश (विष्णु) का दर्शन प्राप्त करता है॥

*sāligrāma nāmaka mahatīrtha bhagavān viṣṇu kī prasannatā koばर्हाता hai ।
vahām par prāṇa tyāga karne vālā manusya bhagavān hrṣikeśa (viṣṇu) kā darśana
prāpta kartā hai॥*

"Shalagram, the great sacred place, increases the pleasure of Lord Vishnu. A person who gives up their life there attains the vision of Hrishikesh."

The Mystery and Miracle of Shaligram Shilas

Even King Bharat, as mentioned in the *Vishnu Puran*, spent a long time here, immersed in devotion:

हे मैत्रेय! राजा भरत महाभाग, भगवान् में चित्त अर्पण करके शालग्राम-स्थान में बहुत दिनों तक निवास कर रहे थे।

*he maitreya! rājā bharata mahābhāga, bhagavān meṁ citta arpaṇa karke
śālagrāma-sthāna meṁ
bahut dinom̄ tak nivāsa kar rahe the।*

"O Maitreya, the noble king Bharat, having surrendered his heart to the Lord, resided in the Shalagram region for a long time."

According to the *Brahma Vaivarta Puran*, insects, by divine arrangement, carve the stones, born from the body of Tulsi Devi, into their sacred forms:

तुलसी के शरीर से यह गण्डकी नदी उद्भूत हो गई (शव देह से)। गण्डकी के तट पर ही भगवत् अंश से
उत्पन्न

शालग्राम शिला विद्यमान है। यह पुण्यप्रद है। हे मुनिवर! उस तट पर कीट पाषाण को अपने दांतों से
काट कर अनेक तरह की शिला (शालग्राम का) निर्माण कर देते हैं। ये मेघकान्ति शिला तब जल में
गिरती हैं

*tulasī ke śarīra se yah gaṇḍakī nadī udbhūta ho gaī (śava deha se)।
gaṇḍakī ke ṭaṭa par hī bhagavat amśa se utpanna śālagrāma śilā vidyamān hai ।
yah puṇyaprada hai । he munivar! us ṭaṭa par kīṭa pāṣāṇa ko apne dāṁtōm̄ se kāṭ
kar
anek tarah kī śilā (śālagrāma kā) nirmāṇa kar dete hain। ye meghakānti śilā tab jala
meṁ girtī hain*

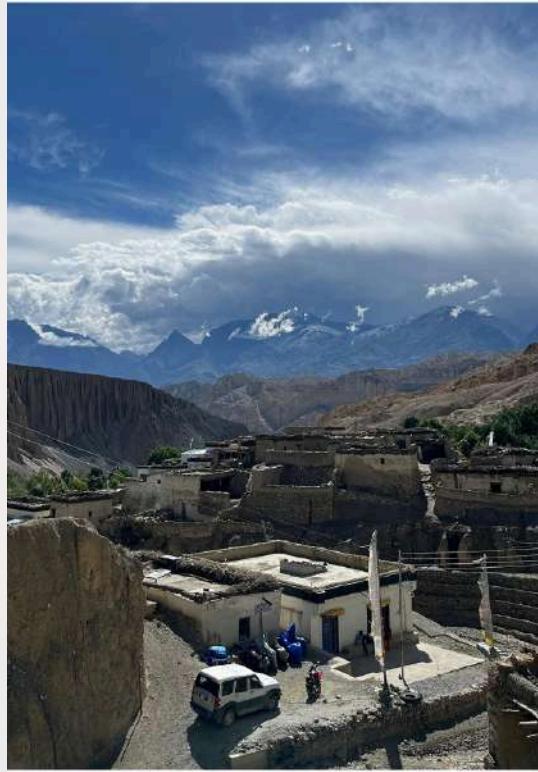
"From the body of Tulsi, the beloved of Lord Hari, the sacred Gandaki River instantly arose. On its banks, *shaligram shilas* manifest, which are considered to be divine fragments (*amsh*) of the Lord. There, insects carve stones with their teeth, creating various forms of the *shilas*. These dark, glossy stones fall into the river water and become sacred."

Damodar Kund: The Place That Called Me

by Shri Chandan Goswami Maharaj

For almost twenty years, the dream of being at Damodar Kund lived within me, and I silently waited for the call. When the moment arrived, by the mercy of the Guru Parampara and Shri Radharaman Lal, an inner voice spoke, telling me I was ready. I didn't know what the journey would bring or even if I would make it. I just knew I had to go.

Damodar Kund, where countless *shaligram shilas* rest, where Vrinda Devi became the sacred





Gandaki, where Shri Radharaman Lal has bathed for ages in the form of Damodar Shila. A place where even one sip of water, taken with devotion, is said to wash away many lifetimes of sins. And where stones are not just stones, they are alive! At last, this sacred place was calling me.

When I saw the Kund, still, quiet, untouched, it felt like something inside me woke up. Like I had been remembered. I felt a strength pushing me to go deeper into my spiritual practice.

I bowed down for my teachers, my family, my disciples, the people of Vrindavan, and all those connected to me. Then I sat, and I chanted, not to get something, not to fix anything, to offer it to Krishn.

Some places we visit, some places bring us home. For someone who had never been there before physically, it felt like I had always known it. Damodar Kund brought me home.



From Abandonment to Hope: Baloo's Journey in Vrindavan

Near the ice factory off Vrindavan's Parikrama Marg, a beautiful German Shepherd, later named Baloo, had been cruelly abandoned. Left to suffer in a sewer for several days, he was in a dreadful state when a kind visitor spotted him and alerted our team.

Thanks to their timely call, we rushed to the location and found Baloo weak, dehydrated, and struggling to move. Our team provided immediate care to stabilise his condition and began treatment to restore his strength. His eyes were irritated and filled with debris, so we started a course of eye flushing to relieve his discomfort. Although the road to recovery

was going to be a long one, we were determined to help him heal.

In the following days, we returned for three follow-up visits and were encouraged to see real progress. Baloo began regaining strength, and a gentle spark returned to his eyes. Another round of treatment was scheduled to ensure his ongoing care.

What truly warmed our hearts was the response from the local community. Compassionate residents stepped in to feed Baloo, showing him the kindness and affection he had long been denied. Their support gave his recovery momentum, and before long, Baloo was walking again.

This was a powerful sight after everything he had endured.

Even more uplifting is the news that some kind animal lovers in Vrindavan adopted Baloo. After all his suffering, he was finally on his way to a safe and loving home, a second chance at life. He is still under our medical care until we can sign him off.



Baloo in the sewer

At Braj Animal Care, we dream of one day having our own shelter where animals like Baloo can receive round-the-clock, high-quality care. Until then, we remain committed to working on the ground—responding to urgent calls, providing treatment, and uniting the community to help those in need.

Baloo's story is a powerful reminder of the importance of compassion, vigilance, and collective responsibility. Let us continue to raise awareness about the devastating issue

of pet abandonment. No animal deserves to be discarded. Every creature deserves love, care, and dignity.



Baloo's ongoing treatment

Thank you to everyone who played a part in Baloo's journey. Together, we can make Vrindavan a safer, more compassionate place for its voiceless residents.

If you would like to contribute to this cause, please scan the QR code below:



For more information about Braj Animal Care's programmes and services, please keep in touch with us via the following channels:

@braj.animal.care
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Maharajji's Latest Updates



Join Maharajji on a Sacred Journey: Braj Mandal Parikrama

The Braj Mandal Parikrama is a revered pilgrimage through the sacred land where Lord Krishn lived and performed his divine pastimes. It is believed that completing this *parikrama* can free one from the cycle of 8.4 million births and offer deep spiritual awakening.

This ancient route spans approximately 250 kilometres (84 kos) and passes through the twelve forests of Braj, along with many holy *kunds* (ponds) and age-old temples.

From November 9th to 16th, 2025, the *parikrama* will be led by Chandan Goswami Maharaj, whose deep devotion and connection to Braj bring each place to life. Travelling with Maharajji is a rare chance to experience the spiritual essence of these sacred sites. Whenever he shares the pastimes of Radha and Krishn, your heart naturally begins to feel their presence.

Traditionally done on foot over a month, this *parikrama* will now be comfortably undertaken by car, enabling devotees of all ages to participate while still experiencing the blessings of this holy journey. The land of divine love, Braj, awaits you!

Registration closes at 11:59 PM (India Standard Time) on 31 August 2025.

For registration and details, please [click here](#) or scan the QR code in the image below.

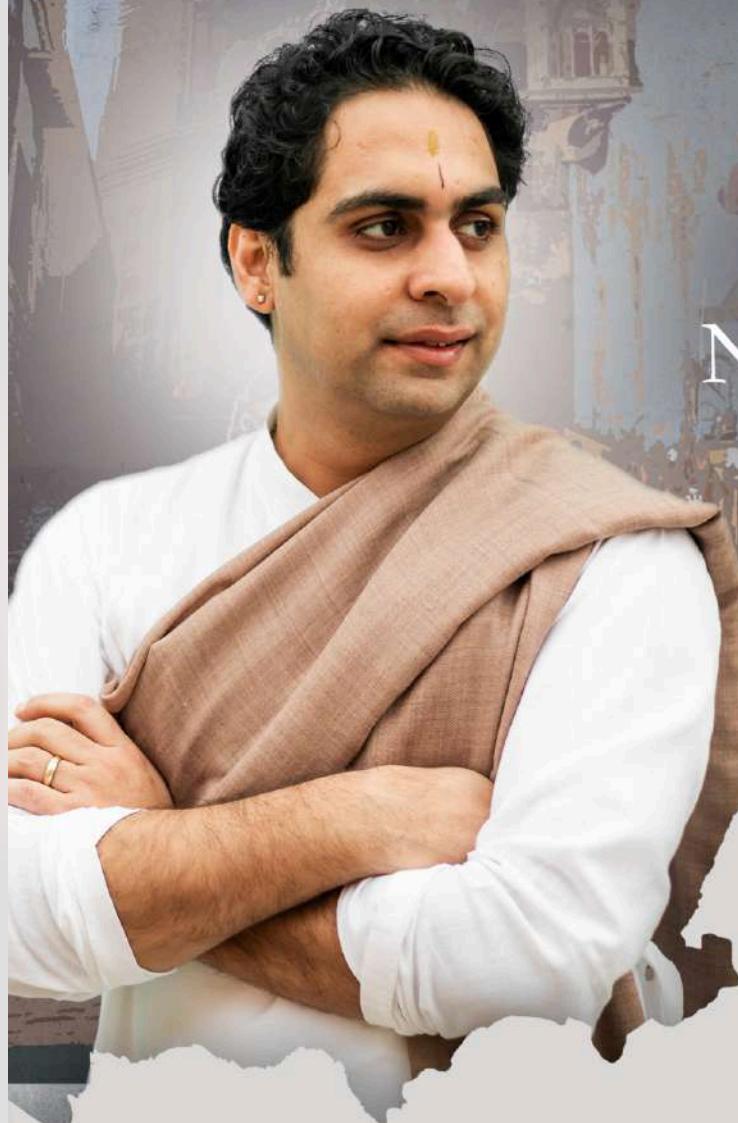
BRAJ

84 Kos Yatra

with

Shri Chandan Goswami Maharaj

9th-16th
November 2025



Register now

Limited space available

Registration closes on 31st August'25

Scan the QR Code to register



For information contact

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Offerings for Shri Krishn Janamashtami

We are preparing to celebrate Shri Krishn Janmashtami on Saturday, 16th August 2025 at the Shri Radharaman Temple, Vrindavan.

The celebration will begin from 8:30 AM onwards, with Shri Chandan Goswami Maharaj present on the altar for the *maha-abhishek* of Shriji. You are warmly invited to join us for this auspicious day.

If you would like to make a special offering to Radharaman Lal, you may do so by [clicking here](#).

All offerings will be personally arranged by Maharajji.

Spiritual Questions and Answers with Maharajji

Q: I've heard that pizza and pasta should not be offered to Krishn, so what can we offer Radharamanji?

A: Is there anything better to offer to Shri Radharamanji than one's heart? When you give your heart, he takes your soul to the eternal Vrindavan; that is how it works.

Pizza and pasta are not considered *sattvik* foods, as they contain yeast and other ingredients not recommended in the scriptures. It is recommended that you offer Shri Radharamanji foods that are *sattvik* and prescribed in the *shastras*.

If that is not possible, then meditate on the foods he loves and offer them to him through your meditation. He will be pleased to accept such heartfelt offerings.

For more information about Maharajji's upcoming programmes, please contact us via the following channels:

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Vaishnav Calendar

For upcoming festivals and Ekadashi dates, please click [here](#) to view our Vaishnav calendar.

