

# Associate Engagement, Health, Wellness & Safety

6/27/18 (2nd Quarter 2018)

## Safety

HR has been actively involved in the safety committees at each facility, and we have had our Loss Prevention team from Strategic Comp onsite to give additional recommendations to ensure everyone's safety. We would like everyone to THINK & ACT SAFE, if it doesn't look safe or there is a potential risk, report it immediately to your supervisor or HR Dept.

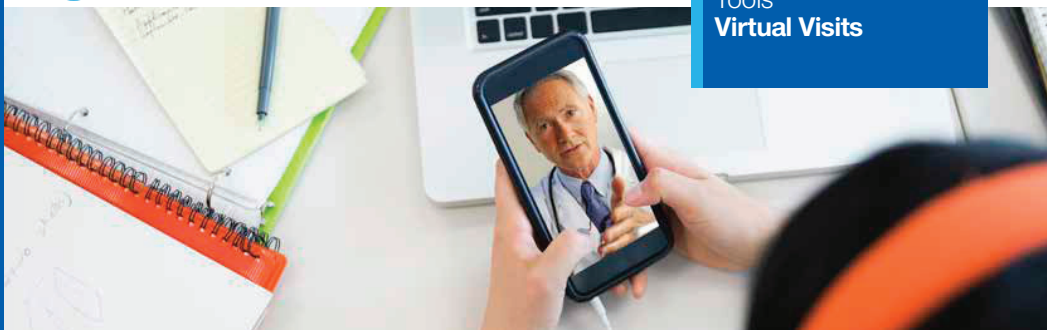
## Health and Wellness

The Corporate HR Dept. has been working with our new carrier, United Health Care, to roll out many products in which are offered to our group for free or a discounted rate, some of those product include:

### 1. Virtual Visits

- a. Offered at a **REDUCED CO PAY** of \$25.00
- b. [www.uhc.com/virtualvisits](http://www.uhc.com/virtualvisits)
- c. A comment from an Associate who took advantage of the services: "Thank you for showing me how to use the AMWELL app to visit a doctor, it not only saved me money but 2 hours' worth of office waiting and driving. It was very easy."

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Tools  
Virtual Visits

## See a doctor whenever, wherever. Virtual Visits

When you're sick and need care quick, a Virtual Visit is a convenient way to start feeling better faster.

With a Virtual Visit, you can see and talk to a doctor via mobile device or computer - 24/7, no appointment needed. The doctor can give you a diagnosis and prescription\*, if needed. And with a UnitedHealthcare plan, your cost is \$50 or less.

To get started with a Virtual Visit, go to [uhc.com/virtualvisits](http://uhc.com/virtualvisits).

### Get care in 20 minutes or less.

Use a Virtual Visit for these minor medical needs:

- Bladder infection/ Urinary tract infection
- Rash
- Bronchitis
- Sinus problems
- Cold/ flu
- Sore throat
- Fever
- Stomachache
- Pinkeye

### Prepare for your Virtual Visit.

Have these three items ready to register and complete your Virtual Visit:

- Health plan ID card
- Credit card
- Pharmacy location



### Virtual Visits can save time and money.

An estimated 25 percent of ER visits could be treated with a Virtual Visit — which brings a potential \$1,700 cost down to \$50.\*

\* Prescription services may not be available in all states.  
\* Based on analysis of 2016 UnitedHealthcare ER claim volumes, where ER visits are low-acuity and could be treated in a Virtual Visit, PCP, or urgent/convenient care setting.

Virtual visits are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times or in all locations. The Designated Virtual Visit Provider's reduced rate for a virtual visit is subject to change at any time.

Insurance coverage provided by or through UnitedHealthcare Insurance Company and its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.

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