

Date: \_\_\_\_\_

ID# \_\_\_\_\_

## RDOS Cut-point Substantiation Study

### Palliative Performance Scale (PPS)

%	Ambulation	Activity and Evidence of Disease	Self-care	Intake	Conscious level
100%	Full	Normal activity & work No evidence of disease	Full	Normal	Full
90%	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
80%	Full	Normal activity <i>with</i> Effort Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable Normal Job/Work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable hobby/house work Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
50%	Mainly Sit/Lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Confusion
40%	Mainly in Bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- Confusion
30%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- Confusion
20%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- Confusion
10%	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Mouth care only	Drowsy or Coma +/- Confusion
0%	Death	-	-	-	-

Inclusion Criteria: PPS  $\leq$  20

Diagnoses:

Select one or more

Lung cancer (1)

COPD (2)

Heart failure (3)

Pneumonia (4)

Mixed (5)

## Demographics

Gender: \_\_\_\_\_ Male (1), \_\_\_\_\_ Female (2)

Hispanic or Latino Origin: \_\_\_\_\_ No (0), \_\_\_\_\_ Yes (1)

Race: \_\_\_\_\_ White (1)

\_\_\_\_\_ Black or African American (2)

\_\_\_\_\_ Asian (3)

\_\_\_\_\_ American Indian or Alaska Native (4)

\_\_\_\_\_ Native Hawaiian or Other Pacific Islander (5)

\_\_\_\_\_ Other (6)

\_\_\_\_\_ Unknown (7)

Age: \_\_\_\_\_ SpO<sub>2</sub> (SpO2): \_\_\_\_\_; FiO<sub>2</sub>(FiO2) \_\_\_\_\_

Nasal 1l = 24, 2l = 27, 3l = 30, 4l = 33

NRBM = 80-100

## Respiratory Distress Observation Scale

Variable	0 points	1 point	2 points	Total
Heart rate per minute (rdos_heart)	<90 beats	90-109 beats	≥110 beats	
Respiratory rate per minute (rdos_resp)	≤18 breaths	19-30 breaths	>30 breaths	
Restlessness: non-purposeful movements (rdos_restless)	None	Occasional, slight movements	Frequent movements	
Paradoxical breathing pattern: abdomen moves in on inspiration (rdos_paradox)	None		Present	
Accessory muscle use: rise in clavicle during inspiration (rdos_access)	None	Slight rise	Pronounced rise	
Grunting at end-expiration: guttural sound (rdos_grunt)	None		Present	
Nasal flaring: involuntary movement of nares (rdos_nasal)	None		Present	
Look of fear (rdos_fear)	None		Eyes wide open, facial muscles tense, brow furrowed, mouth open, teeth together	
Total (rdos_total)				

NPs (NPs)	None (0)	_____
	Mild (1)	_____
	Moderate (2)	_____
	Severe (3)	_____