# Matthew M. Provost

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### HIGH SCHOOL

-School: Amity Regional High School

-GPA: 3.3

-Year of Graduation: 2013

### **COLLEGE**

-School: Southern Connecticut State University

-Major: Undecided

-GPA: 3.35

-2 years completed

### OTHER EDUCATION

-School: Columbia University Fu Foundation School of Engineering and Applied Science

-Type: Full-Stack Coding Boot Camp

-Graduation: May 1, 2023

# **Employment**

### SALESMAN/MANAGER

-Company: Colonial Restaurant Supply

-Employer: Colonial/Self-employed

-Start-End: July 2018 - December 2019

-Responsibilities: Selling products, making deliveries, paying bills, answering the phone, receiving shipments. I did everything that needed to be done in a warehouse/showroom environment for a small business.

-Additional Information: I suddenly had to take over running this business when my father passed away on 7/20/2018. I had no experience with running a business to this, as well as very little experience in the food service industry. My father was a one man show for several years so there was no one who could be at the shop consistently to show me the ropes. After running it for over a year, my family and I have decided to close down the business and sell the building.

### **DELI CLERK**

-Company: BJ's Wholesale Club

-Employer: BJ's Wholesale Club of North Haven, CT (203-234-6000)

-Start-End: January 2020 - July 2020

-Responsibilities: Slicing deli meat and cheese to order as well as pre-slice. I was also, often, placed on the rotisserie and responsible for getting the chickens cooked and ready for the customers. Being able to move at a good pace while practicing good customer service during service hours are essential. As well as cleaning up properly throughout the day. After about 3 months, the supervisor started to ask me to train new clerks as well.

### **BATTERY CHANGER**

-Company: Bozzuto's

-Employer: Bozzuto's of Cheshire, CT (203-272-3511)

-Start-End: July 2020 - April 2022

-Responsibilities: Driving equipment(long-forks, center-riders, forklifts, and scrubbers) into battery changing station, switching out dead battery for a new one using the Battery Changer machine, as well as maintenance of the batteries. I also have to remove the batteries from the racks in order to clean the trays of any

battery acid as well as replacing the wheels of the individual slots. This sometimes requires the use of a scissor lift. Finally, a couple times a week, I need to use the yard truck to head down to the old distribution center in order to check on the battery life of any machines down there, and change them accordingly.

## **PRODUCE CLERK**

-Company: Stop & Shop

-Employer: Stop & Shop of Wallingford, CT (203-265-6972)

-Start-End: May 2022 - Current

-Responsibilities: My main job is to take care of the fresh greens. To determine which products need to be restocked on the wall, followed by washing and trimming said products. I am responsible for taking care of the KLT(Known Loss Tracking) so the manager can start the daily order for the department. I'm also responsible for taking care of products for the Flash Food application for the Produce Department, which involves both uploading and removing products from the application for the day. Other than that, I am often asked to unload the truck and stock anything in the department that I am asked to help with.