

Montgomery County Residents:
Need Help With Food / Rent / Utilities / Other Items?

CONTACT THE FOLLOWING ORGANIZATIONS

RENT RELIEF (Evictions moratorium extended indefinitely at this time.)

Montgomery County (MoCo) Emergency Services – security deposits, eviction prevention, utility disconnection

- **DIAL 3-1-1 or 240-777-4448** (Housing Stabilization). **GET ON THE WAIT LIST** for the next federally funded Rent Relief Program. **GET DOCUMENTS READY** to prove loss of income due to COVID-19. MoCo residents should set up a payment plan. (<https://www.montgomerycountymd.gov/HHS/RightNav/COVID19Applications.html#cws>)

Other Contacts:

- **DIAL 3-1-1** to reach the **DHCA Landlord-Tenant Office** (funding may be available)
- **Renters Alliance** – <http://www.rentersalliance.org/> and click on the Renter Resources tab
- **Legal Aid** – 240-314-0373
- **Office of the People's Council** /energy assistance toolkit – 410-767-8150
- **MoCo Health and Human Services (DHHS)** – 240-777-4550 or 240-777-0311
- **Housing Initiative Partnership** – 301-916-5946

UTILITIES (The moratorium on utility shut-offs ended November 15; some shut-offs are occurring.)

Montgomery County residents - contact your utility company and set up a payment plan. For assistance: **DIAL 2-1-1**

Other Contacts:

- **Potomac Edison Customer Service** – 800-686-0011
- **Pepco Customer Service** – 202-833-7500
- **WSSC Customer Service** – 301-206-4001
- **Pepco Fuel Fund '21** – managed by Salvation Army -301-515-5354
- **Maryland Energy Assistance Program (MEAP)** – 240-777-4450
- **WSSC Water Fund** / managed by Salvation Army – 301-515-5354
- **Office of Home Energy Programs** – 800-332-6347

EMERGENCY FOOD AND SHELTER PROGRAMS (3-1-1)

- **Catholic Charities** – 301-942-1790 - www.catholiccharitiesdc.org
- **Community Reach (REAP)** – 301-917-6811
- **Salvation Army** – 301-515-5354
- **Ministries United Silver Spring Takoma Park (MUSST)** – 301-495-4699
- **Upper Montgomery Assistance Network (UMAN)** – 301-926-4422

FOOD ASSISTANCE (3-1-1)

- Dial **3-1-1** or request food help online: <http://www.montgomerycountymd.gov/foodhelp>
- **Maryland Hunger Solutions** – 866-821-5552 – www.mdhungersolutions.org
- **Free meals for children** – [Coronavirus Meals Distribution Locations - MCPS \(montgomeryschoolsmd.org\)](https://www.montgomeryschoolsmd.org/foodhelp)
- **DHHS** – 240-777-1003
- **WIC**– <https://phpa.health.maryland.gov/wic/Pages/Home.aspx>
- **Montgomery County Food Council** – 240-630-0774 /www.mocofoodcouncil.org

- **MoCo Food Council Map** – www.mocofoodcouncil.org/map
- **Nourish Now** – 301-330-0222 / www.nourishnow.org
- **Share Food Network** – 301-864-3115
- **Manna Food Center** – 301-424-1130 / www.manna.org/

BETHESDA HELP – *providing food and utility assistance to Montgomery County residents since 1968.*

Contact us: 301-365-2022 or <https://www.bethesdahelp.org/> (Information here current as of February, 2021)