

Food in Bags - September 9, 2024

Note: There might be slight changes depending on item availability and donations.

A BAG:

- 2 cans of tuna (5 – 7 oz)
- 1 can of chicken (12 oz)
- 2 cans of beans - low sodium (15 oz)
- 2 cans of fruit – packed in juice (15 oz)
- 2 cans of veggies – low/no sodium (15 oz)

B BAG:

- 1 lb bag of rice
- 1 lb container of pasta
- 2 boxes of mac and cheese (7 oz)
- 1 carton of shelf stable milk (32 oz)
- 1 jar of peanut butter (14 – 18 oz)
- 1 jar of spaghetti sauce (plastic container 24 – 28 oz)
- 1 package of cereal/oatmeal

C BAG:

Combination of A and B Bags for individuals