

Overview of Food Assistance Resources in Montgomery County

Summary of Resources

Food Security Plan

- <https://mocofoodcouncil.org/food-security/#unique-identifier1>

Supplemental Nutrition Assistance Program (SNAP)

- USDA: <https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program>
- Maryland DHS: <https://dhs.maryland.gov/supplemental-nutrition-assistance-program/>

Pandemic Electronic Benefits Transfer (P-EBT)

- Maryland DHS: <https://dhs.maryland.gov/p-ebt/>
- Families can call the Maryland P-EBT Hotline at 1-833-330-PEBT (1-833-330-7328) and they can also complete a "[customer inquiry form](#)" if they need help.

Women Infants and Children (WIC)

- USDA: <https://www.fns.usda.gov/wic>
- Maryland DHS: <https://health.maryland.gov/phpa/wic/Pages/Home.aspx>

Free and Reduced Priced Meals (FARMS)

- Montgomery County:
<https://www.montgomeryschoolsmd.org/departments/food-and-nutrition/meal-payments/#FARMS>
- MCPS COVID Relief Programs:
<https://www.montgomeryschoolsmd.org/reopening/meals/>

Montgomery County Senior Nutrition Programs

- <https://www.montgomerycountymd.gov/rec/activitiesandprograms/seniors/nutrition.html#:~:text=Montgomery%20County%20offers%20a%20hot,nearest%20you%20for%20more%20information>

Farmers Markets

- https://mda.maryland.gov/maryland_products/Documents/2021-Maryland-Farmers-Market-Directory.pdf
- Crossroads Farmers Market: <https://www.crossroadscommunityfoodnetwork.org/>

Montgomery County COVID-19 Portal - Food Resources

- <https://www.montgomerycountymd.gov/covid19/get-help/food.html>

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Maryland Hunger Solutions (state-wide anti-hunger policy and advocacy organization):

- <https://www.mdhungersolutions.org/>

Montgomery County Food Council

- Food Assistance Resource Map:
<https://mocofoodcouncil.org/food-assistance-resource-map/>
- Community Call Resource Guide:
<https://drive.google.com/file/d/11uubBK0yhT4tpZ2CMHfUb0c0CUeRTMfb/view?usp=sharing>
- Food Assistance Resources Outside Montgomery County:
https://drive.google.com/file/d/12ni07g_yR9lcgrLVFobXHJ70-ic29pzv/view?usp=sharing
- Resources for Residents Seeking Food:
<https://mocofoodcouncil.org/food-security/resources-for-residents/>
- Biweekly Food Security Community Call:
<https://mocofoodcouncil.org/events/communitycall/>
- Future Virtual Trainings: <https://mocofoodcouncil.org/trainings/>