

Post-Sprint Reflection

Name: _____

1. Have you modified your approach in any way as we've moved from Sprint 1 through Sprint 4? If you have not made any changes, why not? If you have, what were they?

2. You've been asked to reflect on your methods and your progress at the end of each Sprint.

A. What have you observed about your methods and strategies?

B. Do you detect anything in your study methods and strategies that might be improved?

C. What have you learned through these Sprints that might be applied to your other courses? If you don't think anything could be applied, is it because this course is so very different or because your methods do not need any improvement?