**Style Under Stress Assessment**

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| Silence ( ) | Violence ( ) |
| Masking  ( ) 5 (T)  ( ) 6 (T) | Controlling  ( ) 7 (T)  ( ) 8 (T) |
| Avoiding  ( ) 3 (T)  ( ) 4 (T) | Labelling  ( ) 9 (T)  ( ) 10 (T) |
| Withdrawing  ( ) 1 (T)  ( ) 2 (T) | Attacking  ( ) 11 (T)  ( ) 12 (T) |

**Dialogue Skills Assessment**

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| Ch 3: Start with Heart ( )  ( ) 13 (F)  ( ) 19 (F)  ( ) 25 (F) | Ch 7: STATE My Path ( )  ( ) 17 (T)  ( ) 23 (F)  ( ) 29 (T) |
| Ch 4: Learn to Look ( )  ( ) 14 (F)  ( ) 20 (T)  ( ) 26 (T) | Ch 8: Explore Others’ Paths ( )  ( ) 18 (T)  ( ) 24 (T)  ( ) 30 (T) |
| Ch 5: Make it Safe ( )  ( ) 15 (T)  ( ) 21 (T)  ( ) 27 (F) | Ch 9: Move to Action ( )  ( ) 31 (F)  ( ) 32 (F)  ( ) 33 (F) |
| Ch 6: Master My Stories ( )  ( ) 16 (T)  ( ) 22 (F)  ( ) 28 (F) |  |