

HEAL 308 Self-Care and Well-being In the Digital Age



MICROCREDENTIAL AWARDED TO

David Ojo

LEARNING OBJECTIVE / SCOPE: This course aims to identify best practices for self-care and maintain well-being among technology professionals.

In partial fulfillment of the requirements for the nanodegree of

Blockchain Studies (CSC - BSTUD)

(3 Clock Hours) (80% Passing Score)

25 May 2023

Verification ID: 646f68feafe9c873fd0087ff

President

Amando R. Boncales, BA, RBP, MEd, MA, PhDc.

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