Participant: Because even God understands what you are going through. Your health is below par. And you know that you can get baptized if you break your fast. You get baptized in the Orthodox Church, right?

Participant: Yes, after I give birth and (…), I will either call the priest home or go to church myself and get baptized. It is a must in Christianity. For example, if your husband or…

Participant: First of all, it does not dictate that you fast in the bible.

Participant: It is a must.

Participant: It allows pregnant women and those who are sick to eat freely.

Moderator: Okay. What about in your area? If your area differs, what comments would a pregnant woman get if people saw her eating (…) on Wednesdays and Fridays. And what would they say if they saw her eating during the major fasts?

Participant: If I ate on Wednesdays and Fridays or during Gena-Fast while I am ailing, they would not get worked up over it.

Participant: I do not think it is breaking fast.

Participant: (…)

Participant: They would not say anything.

Moderator: I was wondering what society would think.

Participant: They would not say anything.

Participant: It is obvious.

Moderator: Okay, what about in your area?

Participant: It is known that a pregnant woman has to eat well.

Participant: Yes!

Moderator: What about you? If you are from a different area, what would people in your area, community, or even yourself think?

Participant: [Speaks in Oromifa]

Participant: She says that they would encourage her to eat.

Moderator: Huh?

Participant: They would encourage her to eat.

Moderator: They would encourage her to eat. Okay. And now, during what other periods could you not consume eggs? You said economy earlier. [Laugh]

Participant: That is the main reason. [Laugh]

Moderator: The economy is the main reason.

Participant: You would eat if it is affordable.

Moderator: Okay.

Participant: You just leave it if you cannot find it within your means.

Participant: And secondly, they say it disgusts an expecting woman. It may get boring to eat the same food every day.

Participant: Yes. There are also occurrences where you may not eat after making it. Sometimes I crave eggs and after making some, either the smell or something disgusts me. I cannot eat however I like.

Participant: That is typical of an expectant.

Moderator: Okay, so loss of interest during the pregnancy period.

Participant: Some people may develop an aversion to eggs during pregnancy.

Moderator: Okay.

Participant: There are behaviors that you develop during pregnancy. So you may avert it because of the pregnancy.

Moderator: Okay.

Participant: And I may develop an aversion to it due to daily consumption.

Moderator: Due to daily consumption. Who here owns chicken? Either for own consumption or husbandry. You do not own any, do you?

Participant: No, I do not.

Moderator: Okay.

Participant: I have few. There are 10 of them.

Moderator: Okay, they are 10 in number or?

Participant: There are only 10 of them. They demanded over 20 so…

Moderator: Do they lay eggs?

Participant: They will start soon. I had put them outside. They will start soon. They are pullets.

Moderator: They are pullets?

Participant: Yes.

Moderator: Okay. Now, for me to understand your situation better, you have told me that it is easier to have a couple [of chickens] at home given rural conditions. Have you ever thought of buying a pullet or layer chicken? The two of you, you said you did not own any.

Participant: I will buy [one].

Participant: I will too.

Participant: But I always fell short. I would like to buy [one] but I cannot afford it.

Moderator: When you say you cannot afford it, could you walk me through what happens after you bought them? When you say you cannot afford it, what is unaffordable?

Participant: The chickens.

Moderator: The chickens?

Participant: Once I buy them, I can build them a small coop like this and they will live there. But I cannot afford to buy the chickens.

Moderator: Okay, what about you?

Participant: The same as her.

Moderator: The same as her, okay. Is there a lack of space?

Participant: There is no lack of space. It is just a lack of money [to buy the chickens] rather than a lack of space. I have space for them.

Moderator: Okay, what about you?

Participant: The same as her.

Moderator: Is it the money or the space?

Participant: The space.

Moderator: Yours is –

Participant: It is not the space. [Speaks in Oromifa]

Participant: It is the money.

Moderator: It is money – shortage of money.

Participant: Yes.

Moderator: Now, to understand the situation of eggs a little better: do you buy eggs? The two of you may buy eggs. And those of you who already own [chickens], is there any chance that you may buy extra eggs?

Participant: I do buy [eggs].

Moderator: How often do you buy [eggs]?

Participant: He buys once on payday. Then I keep and use it.

Moderator: How many does he buy at once?

Participant: Depends on how many he can afford. He buys 20, 15, or 10 and I will make it with tomatoes for my child and myself.

Moderator: Okay, where does he buy it from?

Participant: From the market.

Moderator: Around where?

Participant: Debre Zeyit is near to us!

Participant: Debre Zeyit is near and he mostly spends his day at Akaki. There are piazzas there. That is where he buys it from.

Moderator: Piazzas around Akaki?

Participant: Yes.

Moderator: Okay.

Participant: Since he does not spend a lot of time at home and works there, when he gets a chance or clocks out early he brings some with him. And there are hen houses here also so will buy when they are selling.

Moderator: How are the hen houses here like? Meaning what kind of houses are they?

Participant: There are poultry farmers and (…) there are people who have opened hen houses.

Participant: There is also one that an investor has built. So we buy from them.

Moderator: What about you, where do you buy [eggs] from and how often?

Participant: I buy from the store.

Moderator: From the store? Okay.

Participant: From [poultry farmers]. I buy from there also.

Moderator: From poultry farmers. Okay. How many do you buy at once? We are almost done.

Moderator: Okay. We are almost done, okay? How many do you buy at once?

Participant: I buy 10 or 20.

Moderator: Okay, what factor determines that you buy 10 or 20? When do you buy 10 and when do you buy 20? What factor dictates the number?

Participant: We buy 20 if he wants, and 10 if he does not.

Moderator: What is the difference? What do you mean when you say he wants and if he does not?

Participant: It may depend on the money. You buy so many when you have [money] and less when you do not rather than not having it altogether.

Participant: Depends on my capability.

Moderator: Capability. Okay, is yours because of your capability?

Participant: Yes.

Moderator: When she said “if he wants” I thought maybe there are days he does not eat [eggs]. [Laugh] I did not want to take the wrong information.

Participant: The language is confusing her.

Moderator: I did not want to distress her either. [Laugh] Okay, no worries. Do you buy eggs?

Participant: I do not.

Moderator: You do not.

Participant: If I have left overs, I will exchange it for some other groceries. [Laugh]

Moderator: You sell it when you have extra.

Participant: I will exchange it because he is not home and I will have 4 a day and 8 in two days. If I have so many I will keep 10 or 15 and exchange the rest for rice, macaroni, or pasta.

Moderator: How many chickens do you own?

Participant: Now, all I have is for my own. I used to transport it by Bajaj. I will not have any in a month or so. I will only kept 4 for myself. The 4 --

Moderator: Why? What happened to the rest?

Participant: I will send the rest.

Moderator: To where?

Participant: I was talking to this guy earlier. I have 24 but only 4 of them lay eggs. 20 of them are just for meat. He said that it would have been okay if all of them laid eggs but until I (…) he told me to call him and he will take them. The 4 [chickens] lay eggs so I do not have to buy any.

Moderator: So the 4 lay eggs and that is enough?

Participant: Yes.

Moderator: Okay, what about you? How many chickens do you have?

Participant: Mine are pullets. They have not started laying yet. I buy for consumption.

Moderator: They are yet to lay. So where do you buy from?

Participant: There are hen houses that sell eggs.

Moderator: Okay.

Participant: I buy from them.

Moderator: How many do you buy at once?

Participant: When we feel like having eggs in the morning we bring 4 or 5 eggs. Regardless of having money at our disposal, we bring however many we want.

Moderator: Okay. On average, how many times a week do you eat [eggs]?

Participant: 3 or so.

Moderator: What about you there? If there is anything you would like to add. What about when you buy – many of you except for you, buy eggs. What kind of eggs do you choose to buy? And why do you [buy eggs] from the places that you do? In your case, it is your husband doing the purchase but what kind of eggs do you tell him to buy?

Participant: If he finds any, he buys Habeshan Eggs. And if he cannot find that he buys the whiter ones of the foreign kind rather than the [brown] ones.

Moderator: The whiter one? When you say the [brown] one, what part of it is [brown]?

Participant: There is different kinds of them.

Participant: (…)

Participant: Some have [brown] and some white colors. There are 3 or 4 kinds.

Participant: But the inside is yellow.

[00:10:00]

Moderator: