Participant: For instance, we all are not taking part in Gena-Fast. She would fast or I would under normal circumstances, but now I am pregnant so I am not fasting; I eat carefree.

Participant: We are pregnant so it is understandable.

Moderator: What about you? Do you only fast Fridays and Wednesdays and not during Gena-Fast?

Participant: Yes, we are not fasting.

Moderator: Ok now let us give a rank, what is the main reason that makes us avert food any time among the 4? Is it economy? Even if there was money, is the food not easily found around? Is it illness? Or fast?

Participant: Mine is economy.

Moderator: Okay, what about you? A food at any time --

Participant: Personally, it is illness.

Moderator: Is that your main problem.

Participant: Because even if I could afford to buy and prepare a meal, I would not be able to consume it if I am not healthy.

Participant: How could you eat if you are not healthy?

Moderator: Ok now, when you answer, I want your insights too, and not just what you think society would have to say. What is the main reason that you do not eat any time you want? Tell me your reason. For instance, is there any food that you do not eat due to your health conditions?

Participant: Yes, there is.

Moderator: what is it?

Participant: I cannot eat Misir Wot [Ethiopian chickpea stew eaten with Injera]. Secondly, I do not eat wheat bread. Because I would have a stomach ache. For example, I have all the equipment needed to make coffee but I do not drink coffee even in my neighbor’s home for holidays. Little is enough for my stomach to start aching. And coffee is the perfect stimulant.

Moderator: Ok so now your problem is health conditions.

Participant: yes, it is health conditions.

Moderator: Ok, what about the rest of you? Ok your economical problem is the main one, she said economy is the main problem which prevents someone from eating food at any time. For her it is health conditions. What about you? Is it economy, is it food availability around, illness or fasting, preventing you from getting anything that you want, mainly?

Participant: The main thing preventing me from having whatever I like is the unavailability around me.

Moderator: Not found around you, Ok.

Participant: It mainly limits me more than anything.

Moderator: ok, what is the reason for you?

Participant: Singataye tell her in oromifa?

Participant: () [Speaks in Oromifa]

Participant: Mine is Misir Kik [Ethiopian chickpea stew eaten with injera] and bread.

Participant: () [Speaks in Oromifa]

Moderator: So, illness?

Participant: So, if that is her problem, illness, it means that even if there is food, she would not be able to eat.

Moderator: So, the last reason is fasting. Okay.

Participant: () [Speaks in Oromifa]

Moderator: Maybe there is a locally adapted way of eating, is there any food that you do not eat due to the local adapted way of eating?

Participant: No, there is not. For instance, I buy spaghetti, macaroni, and rice from the store I can bring them as soon as possible. If I have been at home I also buy from the store.

Participant: in here it is way better than other villages, if you want farm product or other things you can find it. Plus, there is not food that is eaten culturally around this village. Our living condition is like urban people, all are use their own home and their own things.

Participant: yes, mine is living according to my own home.

Moderator: ok now, tell me a little thing about eggs? Ok you told me the 4 things that prevent some person from not eating food at any time. You have been mentioning it before but for more clarification I want to ask you again, as a pregnant mother is there a time that you do not eat eggs? Is there time where you say you do not eat eggs?

Participant: yes, there is, for example today is Wednesday, I am not eating also Friday I am not eating. Because it is not fasting food, unless I prepare and gave it to my child, how could I eat eggs on Friday and Wednesday. Even if I do because she is child. She is still a kid she eats eggs, but me, I am old enough to do not eat. For sure I am not eaten on Friday and Wednesday.

Moderator: you do not it on Friday and Wednesday.

Participant: If I get it on another day I can eat because I have it on my home and hand.

Moderator: ok, what about the other, on what time can you eat eggs?

Participant: except for times when we cannot afford it and fasting period.

Moderator: but when you say fasting, you mean Friday and Wednesday not like fasting of the prophet?

Participant: yes, we mean it Friday and Wednesday. Fasting of the prophet has long period of fasting we cannot able to fasting.

Participant: we cannot even able to fast the fasting of the prophet.

Participant: at list on Friday and Wednesday it is better to do not eat and get fasting until we give birth. After that we also stopped it.

Moderator: ok now let say, a mother like you seeing eaten eggs on Friday and Wednesday, what will be the response of the local society?

Participant: there is nothing.

Participant: I think there will be nothing.

Participant: my villagers asked me what I fast for?