Participant: For instance, we all are not fasting the fast of the profit. She or me fasting but know I am pregnant I am not fasting; I eat.

Participant: we are pregnant so it is must.

Moderator: what about you? Do you only fast Friday and Wednesday but not the fast of the profit?

Participant: yes, we are not fasting.

Moderator: ok now let us give a rank, what is the main reason that make us to do not eat food at any time among the 4 is it economy? Even if there is money, does the food not found around? Is it illness? Or fast?

Participant: mine is economy.

Moderator: ok, what about you? One food at any time --

Participant: on my behalf it is illness.

Moderator: is it your main problem.

Participant: because even if I have money to buy and prepare a meal, if I have not health, I cannot eat.

Participant: if you have health, how can you eat?

Moderator: ok now, when you answer, it is not only the society answer. What is the main reason that makes you to do not eat at any time that you want? Tell me Your reason? For instant do you have any food that you do not eat due to your health?

Participant: yes, there is.

Moderator: what is it?

Participant: I am not eating misir wot [it is Ethiopian meal eaten with injera] secondly, I am not eating wheat bread. Because I have a stomach ache for example coffee, I have a material for preparing a coffee but I have not drink coffee even in my neighbor’s home for holyday, my stomach needs little thing to start pain when I drink coffee.

Moderator: ok so now your problem is pain.

Participant: yes, it is pain.

Moderator: ok, what about the rest of you? Ok your is economical problem the main one, she said economy is the main problem which prevent someone from eating food at any time. For her is pain. What about you? Is it economy, is it food availability around, pain or fasting? prevent you from not getting anything that you want mainly?

Participant: things preventing me from getting is un availability around me.

Moderator: not found around you, Ok.

Participant: It mainly limits me more than anything.

Moderator: ok, what is the reason for you?

Participant: Singataye tell her by oromifa?

Participant: () [ talking by oromifa]

Participant: mine is misir [ Ethiopian meal eaten with injera], kik [ Ethiopian meal eaten with injera] and bread.

Participant: () [ talking oromifa]

Moderator: so, pain?

Participant: so, if it is like that her problem, is illness. It means even if there is food, she does not eat.

Moderator: so, the last reason is fasting. Ok.

Participant: () [ talking oromifa]

Moderator: maybe there is locally adapted way of eating, is there any food that you do not eat due to the local adapted way of eating?

Participant: no there is not, for instant me I get Spaghetti, Macaroni, and rice on the shop I can bring them as soon as possible. If I have been in home I also buy from shop.

Participant: in here it is way better than other villages, if you want farm product or other things you can find it. Plus, there is not food that is eaten culturally around this village. Our living condition is like urban people, all are use their own home and their own things.

Participant: yes, mine is living according to my own home.

Moderator: ok now, tell me a little thing about eggs? Ok you told me the 4 things that prevent some person from not eating food at any time. You have been mentioning it before but for more clarification I want to ask you again, as a pregnant mother is there a time that you do not eat eggs? Is there time where you say you do not eat eggs?

Participant: yes, there is, for example today is Wednesday, I am not eating also Friday I am not eating. Because it is not fasting food, unless I prepare and gave it to my child, how could I eat eggs on Friday and Wednesday. Even if I do because she is child. She is still a kid she eats eggs, but me, I am old enough to do not eat. For sure I am not eaten on Friday and Wednesday.

Moderator: you do not it on Friday and Wednesday.

Participant: If I get it on another day I can eat because I have it on my home and hand.

Moderator: ok, what about the other, on what time can you eat eggs?

Participant: except for times when we cannot afford it and fasting period.

Moderator: but when you say fasting, you mean Friday and Wednesday not like fasting of the prophet?

Participant: yes, we mean it Friday and Wednesday. Fasting of the prophet has long period of fasting we cannot able to fasting.

Participant: we cannot even able to fast the fasting of the prophet.

Participant: at list on Friday and Wednesday it is better to do not eat and get fasting until we give birth. After that we also stopped it.

Moderator: ok now let say, a mother like you seeing eaten eggs on Friday and Wednesday, what will be the response of the local society?

Participant: there is nothing.

Participant: I think there will be nothing.

Participant: my villagers asked me what I fast for?