# Gradient Descent: The Foundation of Machine Learning Optimization

From Taylor Series to Modern Deep Learning

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#### Table of Contents

- 1. Mathematical Foundations
- 2. Taylor Series: The Mathematical Foundation
- 2.1 Univariate Taylor Series
- 2.2 Multivariate Taylor Series
- 3. From Taylor Series to Gradient Descent
- 4. The Gradient Descent Algorithm
- 5. Gradient Descent for Linear Regression
- 6. Variants of Gradient Descent
- 7. Mathematical Properties
- 8. Computational Complexity
- 9. Advanced Topics and Extensions
- 10. Practical Considerations
- 11. Summary and Key Takeaways

Mathematical Foundations

# The Big Picture: Why Optimization Matters

#### **Key Points:**

**Core ML Problem:** Find best parameters  $\theta^*$  for our model

#### **Examples everywhere:**

- Linear regression: Minimize  $(y X\theta)^2$
- Neural networks: Minimize classification/regression loss
- Logistic regression: Minimize cross-entropy loss

#### Important: The Challenge

Most ML problems have **no closed-form solution!** 

# Gradient Intuition: Climbing Mountains

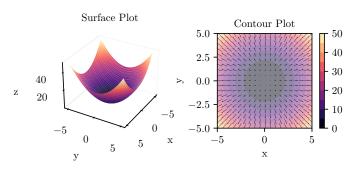
Imagine you're hiking in dense fog and want to reach the valley:

- You can only feel the slope beneath your feet
- Strategy: Always step in the steepest downhill direction
- Gradient = Direction of steepest uphill (ascent)
- Negative gradient = Direction of steepest downhill (descent)

#### **Key Points:**

**Key insight:** Gradient points in direction of steepest ascent So  $-\nabla f$  points in direction of steepest descent!

### Geometric Intuition with Level Sets



**Mathematical definition:** 
$$\nabla f(x,y) = \begin{bmatrix} \frac{\partial f}{\partial x} \\ \frac{\partial f}{\partial y} \end{bmatrix}$$

# Taylor Series: The Mathematical Foundation

# Why Taylor Series? The Key Insight

#### **Example: The Core Idea**

If we can't solve  $\min f(\mathbf{x})$  exactly, let's approximate  $f(\mathbf{x})$  locally!

#### Strategy:

- Replace complicated function with simpler approximation
- Optimize the approximation instead
- Move to new point and repeat

#### **Important: Taylor Series Power**

Any smooth function can be approximated by polynomials!

# Taylor Series: Starting with 1D

#### Taylor series expansion around point $x_0$ :

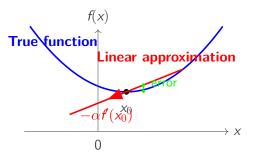
$$f(x) = f(x_0) + f'(x_0)(x - x_0) + \frac{1}{2}f''(x_0)(x - x_0)^2 + \frac{1}{6}f'''(x_0)(x - x_0)^3 + \dots$$
(1)

#### Different orders of approximation:

- **Zero-order:**  $f(x) \approx f(x_0)$  (constant)
- First-order:  $f(x) \approx f(x_0) + f'(x_0)(x x_0)$  (linear)
- Second-order: adds  $\frac{1}{2}f''(x_0)(x-x_0)^2$  (quadratic)

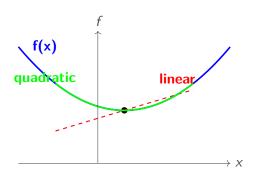
# Visual: Tangent Line Approximation

**Linear approximation:** Use tangent line to approximate function locally



Key insight: Tangent gives best local linear approximation!

# Adding Quadratic Term



### **Key Points:**

Higher-order = better approximation, but 1st-order is often sufficient!

# Concrete Example: $f(x) = \cos(x)$ at $x_0 = 0$

#### Let's compute the derivatives:

• 
$$f(0) = \cos(0) = 1$$

• 
$$f(0) = -\sin(0) = 0$$

• 
$$f'(0) = -\cos(0) = -1$$

• 
$$f''(0) = \sin(0) = 0$$

• 
$$f^{(4)}(0) = \cos(0) = 1$$

#### **Taylor approximations:**

Oth order: 
$$f(x) \approx 1$$
 (2)

2nd order: 
$$f(x) \approx 1 - \frac{x^2}{2}$$
 (3)

4th order: 
$$f(x) \approx 1 - \frac{x^2}{2} + \frac{x^4}{24}$$
 (4)

# Extension to Multiple Variables

#### For function $f(\mathbf{x})$ around point $\mathbf{x}_0$ :

$$f(\mathbf{x}) = f(\mathbf{x}_0) + \nabla f(\mathbf{x}_0)^T (\mathbf{x} - \mathbf{x}_0) + \frac{1}{2} (\mathbf{x} - \mathbf{x}_0)^T \nabla^2 f(\mathbf{x}_0) (\mathbf{x} - \mathbf{x}_0) + \dots$$
(5)

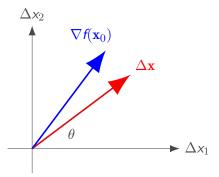
#### Where:

- $\nabla f(\mathbf{x}_0)$  is the **gradient** (vector of partial derivatives)
- $\nabla^2 f(\mathbf{x}_0)$  is the **Hessian** (matrix of second derivatives)
- $(\mathbf{x} \mathbf{x}_0) = \Delta \mathbf{x}$  is the step vector

# Understanding the Linear Term

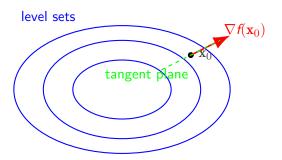
The first-order term:  $\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x}$  where  $\Delta \mathbf{x} = \mathbf{x} - \mathbf{x}_0$ 

For 2D case: 
$$\Delta \mathbf{x} = \begin{bmatrix} \Delta x_1 \\ \Delta x_2 \end{bmatrix} = \begin{bmatrix} x_1 - x_{0,1} \\ x_2 - x_{0,2} \end{bmatrix}$$



**Geometric interpretation:**  $\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x} = |\nabla f| |\Delta \mathbf{x}| \cos \theta$ 

### Visual: Multivariate Case with Level Sets



## **Key Points:**

Gradient  $\bot$  level sets, tangent plane  $\bot$  gradient

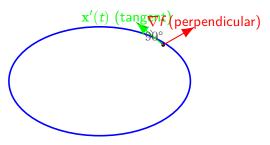
# Why is Gradient Perpendicular to Level Sets?

**Mathematical insight:** Level set  $= \{x : f(x) = c\}$  for constant c

On level sets: Moving along the level curve keeps f(x) constant

- If  $\mathbf{x}(t)$  parameterizes level curve:  $f(\mathbf{x}(t)) = c$  (constant)
- Taking derivative:  $\frac{d}{dt} \mathit{f}(\mathbf{x}(t)) = \nabla \mathit{f}(\mathbf{x}) \cdot \mathbf{x}'(t) = 0$

**Conclusion:**  $\nabla f(\mathbf{x}) \perp \mathbf{x}'(t)$  for any tangent direction  $\mathbf{x}'(t)$ 



# From Taylor Series to Gradient Descent

# The Key Question

Goal: Find  $\Delta x$  such that  $f(x_0 + \Delta x) < f(x_0)$  Using first-order Taylor approximation:

$$f(\mathbf{x}_0 + \Delta \mathbf{x}) \approx f(\mathbf{x}_0) + \nabla f(\mathbf{x}_0)^T \Delta \mathbf{x}$$
 (6)

For the function to decrease:

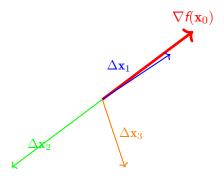
$$\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x} < 0$$

#### Important: Vector Geometry Reminder

For vectors  $\mathbf{a}, \mathbf{b} \colon \mathbf{a}^T \mathbf{b} = |\mathbf{a}| |\mathbf{b}| \cos(\theta)$ 

Most negative when:  $cos(\theta) = -1$  (opposite directions!)

# Visual Derivation: Finding the Best Direction



#### Dot products tell us the direction:

- $\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x}_1 > 0$  (increases function)
- $\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x}_2 < 0$  (decreases function good!)
- $\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x}_3 < 0$  (decreases function)

# The Optimal Choice: Direction of Steepest Descent

#### **Definition: Optimal Choice**

$$\Delta \mathbf{x} = -\alpha \nabla f(\mathbf{x}_0), \quad \alpha > 0$$

#### Why this choice?

- $-\nabla f(\mathbf{x}_0)$  points in direction of steepest descent
- $\alpha > 0$  controls the step size
- Guarantees  $\nabla f(\mathbf{x}_0)^T \Delta \mathbf{x} < 0$  (function decrease)

#### **Key Points:**

This gives us the fundamental gradient descent step!

# The Gradient Descent Update Rule

#### This gives us the gradient descent update:

$$\mathbf{x}_{\mathsf{new}} = \mathbf{x}_{\mathsf{old}} - \alpha \nabla f(\mathbf{x}_{\mathsf{old}})$$

#### **Definition: Gradient Descent Algorithm**

An iterative first-order optimization method for finding local minima

#### **Key properties:**

- Uses only first derivatives (gradients)
- Greedy local search
- Guaranteed convergence for convex functions
- Foundation of modern machine learning

# Pop Quiz #1: Understanding the Derivation

#### Answer this!

Consider  $f(x) = x^2 + 2$  at point  $x_0 = 2$ .

#### **Questions:**

- 1. What is  $f(x_0)$  and  $f'(x_0)$ ?
- 2. Write the 1st-order Taylor approximation
- 3. If we take step  $\Delta x = -0.1 \cdot f(x_0)$ , what is our new x?
- 4. Will the function value decrease?

# The Gradient Descent Algorithm

# The Complete Algorithm

#### **Algorithm Steps:**

- 1. **Initialize:** Choose starting point  $\theta_0$
- 2. Repeat until convergence:
  - Compute gradient:  $\mathbf{g}_t = 
    abla \mathit{f}(\boldsymbol{ heta}_t)$
  - $m{\theta}$  Update parameters:  $m{ heta}_{t+1} = m{ heta}_t lpha \mathbf{g}_t$
  - Check stopping criterion

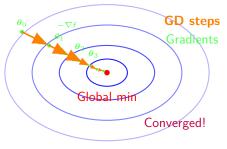
Key hyperparameter: Learning rate  $\alpha$ 

#### **Key Points:**

Learning rate selection is crucial for success!

#### Animated Gradient Descent in Action

#### Watch how gradient descent finds the minimum:



Loss surface  $\mathit{f}(\theta)$ 

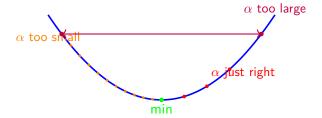
#### Theorem: Key Insight

Steps get **smaller** as we approach the minimum because  $|\nabla \mathbf{f}| \to 0!$ 

# Learning Rate: The Step Size

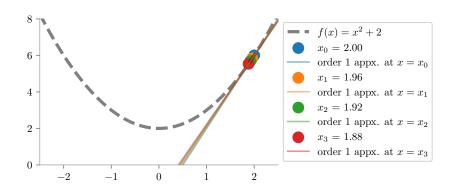
#### The learning rate $\alpha$ controls how big steps we take:

- **Too small**  $\alpha$ **:** Slow convergence
- Good  $\alpha$ : Fast, stable convergence
- **Too large**  $\alpha$ : Overshooting, instability
- Way too large  $\alpha$ : Divergence!



# Learning Rate Visualization: Too Small

 $\alpha = 0.01$ : Convergence is slow but stable

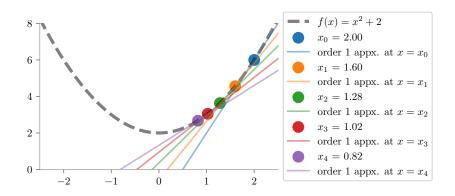


#### Important: Problem

Takes many iterations to reach the minimum. Computationally expensive!

# Learning Rate: Just Right

#### $\alpha=0.1$ : Good balance: Fast and stable convergence

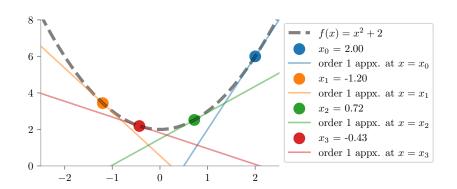


#### **Key Points:**

Perfect balance: Fast convergence + Stability

# Learning Rate: Too Large

 $\alpha = 0.8$ : Fast but may overshoot

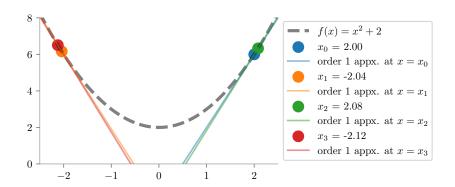


#### Important: Warning

Quick convergence but risk of instability. Watch out for oscillations!

# Learning Rate: Disaster

#### $\alpha = 1.01$ : Divergence! Function values explode

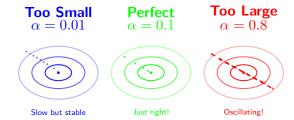


#### Important: Disaster Zone

The algorithm diverges. Always monitor your loss curves!

# Learning Rate Showdown: All Together

#### Compare different learning rates side by side:



#### Theorem: Goldilocks Principle

Not too small, not too large - learning rate must be just right!

#### **Key Points:**

**Pro tip:** Start with  $\alpha \in [0.01, 0.1]$  and adjust based on loss curves

# Gradient Descent for Linear Regression

# Linear Regression: Our First Application

**Problem:** Learn  $y = \theta_0 + \theta_1 x$  from data

х	у
1	1
2	2
3	3

#### **Cost Function (Mean Squared Error):**

$$MSE(\theta_0, \theta_1) = \frac{1}{n} \sum_{i=1}^{n} (y_i - \hat{y}_i)^2 = \frac{1}{n} \sum_{i=1}^{n} (y_i - \theta_0 - \theta_1 x_i)^2$$

**Goal:** 
$$(\theta_0^*, \theta_1^*) = \arg\min_{\theta_0, \theta_1} \mathrm{MSE}(\theta_0, \theta_1)$$

# Computing Gradients for Linear Regression

We need: 
$$\nabla MSE = \begin{bmatrix} \frac{\partial MSE}{\partial \theta_0} \\ \frac{\partial MSE}{\partial \theta_1} \end{bmatrix}$$

Let's compute each partial derivative:

$$\frac{\partial MSE}{\partial \theta_0} = \frac{2}{n} \sum_{i=1}^{n} (y_i - \theta_0 - \theta_1 x_i)(-1)$$
 (7)

$$= -\frac{2}{n} \sum_{i=1}^{n} \epsilon_i \tag{8}$$

$$\frac{\partial \text{MSE}}{\partial \theta_1} = \frac{2}{n} \sum_{i=1}^{n} (y_i - \theta_0 - \theta_1 x_i)(-x_i)$$
 (9)

$$= -\frac{2}{n} \sum_{i=1}^{n} \epsilon_i x_i \tag{10}$$

where  $\epsilon_i = y_i - \hat{y}_i$  is the residual.

# Step-by-Step Example: Setup

Initial values:  $\theta_0 = 4, \theta_1 = 0$ , Learning rate:  $\alpha = 0.1$  Iteration 1 - Predictions:

• 
$$\hat{y}_1 = \theta_0 + \theta_1 \cdot 1 = 4 + 0 \cdot 1 = 4$$

• 
$$\hat{y}_2 = \theta_0 + \theta_1 \cdot 2 = 4 + 0 \cdot 2 = 4$$

• 
$$\hat{y}_3 = \theta_0 + \theta_1 \cdot 3 = 4 + 0 \cdot 3 = 4$$

#### Errors (residuals):

• 
$$\epsilon_1 = y_1 - \hat{y}_1 = 1 - 4 = -3$$

• 
$$\epsilon_2 = y_2 - \hat{y}_2 = 2 - 4 = -2$$

• 
$$\epsilon_3 = y_3 - \hat{y}_3 = 3 - 4 = -1$$

# Step-by-Step Example: Gradients

#### Compute gradients:

- $\frac{\partial MSE}{\partial \theta_0} = -\frac{2}{3}(-3 2 1) = -\frac{2}{3}(-6) = 4$
- $\frac{\partial \text{MSE}}{\partial \theta_1} = -\frac{2}{3}(-3 \cdot 1 2 \cdot 2 1 \cdot 3) = -\frac{2}{3}(-10) = 6.67$

#### Parameter updates:

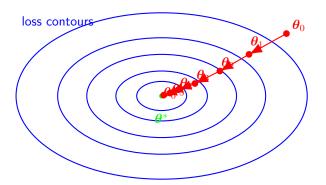
- $\theta_0 = 4 0.1 \times 4 = 3.6$
- $\theta_1 = 0 0.1 \times 6.67 = -0.67$

#### **Key Points:**

New parameters:  $(\theta_0, \theta_1) = (3.6, -0.67)$ 

We moved closer to the true solution (0,1)!

# Visual Journey: Gradient Descent in Action



### **Key Points:**

Steps get smaller as we approach minimum (gradient magnitude decreases)!

# Variants of Gradient Descent

# The Gradient Descent Family

### Three main variants based on data usage:

#### **Definition: Batch Gradient Descent**

Use all training data to compute each gradient

### **Definition: Stochastic Gradient Descent (SGD)**

Use one sample to compute each gradient

### **Definition: Mini-batch Gradient Descent**

Use a small batch of samples to compute each gradient

# Comparison: Batch vs SGD vs Mini-batch

Method	Data/update	Updates/epoch	Convergence
Batch GD	n (all)	1	Smooth
SGD	1	n	Noisy
Mini-batch	Ь	n/b	Balanced

### **Key Points:**

### Standard: Mini-batch GD (batches 32-256)

- Balance of stability and efficiency
- · Parallel computation on GPUs
- Better estimates than pure SGD

# SGD Step-by-Step Example: Setup

Same data, same initial values:  $\theta_0 = 4, \theta_1 = 0, \ \alpha = 0.1$ 

X	у
1	1
2	2
3	3

### SGD: Use ONE sample per update

- **Iteration 1:** Pick sample  $(\mathbf{x}_1, y_1) = (1, 1)$
- $\hat{y}_1 = \theta_0 + \theta_1 \cdot 1 = 4 + 0 \cdot 1 = 4$
- $\epsilon_1 = y_1 \hat{y}_1 = 1 4 = -3$

# SGD Step-by-Step Example: Single Sample Gradients

### Compute gradients using ONLY sample 1:

- $\frac{\partial \ell_1}{\partial \theta_0} = -2\epsilon_1 = -2(-3) = 6$
- $\frac{\partial \ell_1}{\partial \theta_1} = -2\epsilon_1 x_1 = -2(-3)(1) = 6$

### Parameter updates after sample 1:

- $\theta_0 = 4 0.1 \times 6 = 3.4$
- $\theta_1 = 0 0.1 \times 6 = -0.6$

### **Key Points:**

After sample 1:  $(\theta_0, \theta_1) = (3.4, -0.6)$ 

Compare to batch GD: (3.6, -0.67) - different path!

# SGD Step-by-Step Example: Second Sample

Iteration 2: Pick sample  $(\mathbf{x}_2, \mathbf{y}_2) = (2, 2)$ Using updated parameters:  $\theta_0 = 3.4, \theta_1 = -0.6$ 

• 
$$\hat{y}_2 = 3.4 + (-0.6) \cdot 2 = 3.4 - 1.2 = 2.2$$

• 
$$\epsilon_2 = y_2 - \hat{y}_2 = 2 - 2.2 = -0.2$$

### **Gradients for sample 2:**

• 
$$\frac{\partial \ell_2}{\partial \theta_0} = -2(-0.2) = 0.4$$

• 
$$\frac{\partial \ell_2}{\partial \theta_1} = -2(-0.2)(2) = 0.8$$

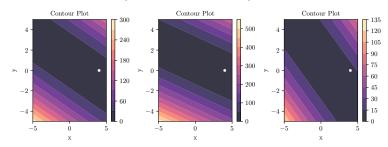
### Parameter updates:

• 
$$\theta_0 = 3.4 - 0.1 \times 0.4 = 3.36$$

• 
$$\theta_1 = -0.6 - 0.1 \times 0.8 = -0.68$$

# SGD: The Noisy Path

### SGD uses one sample at a time for updates



### Trade-offs:

- Pro: Fast updates, can escape local minima
- Con: Noisy convergence, may not reach exact minimum
- Key insight: Noise can be beneficial for non-convex problems!

# Mathematical Properties

# Step 1: The Modern ML Computational Challenge

### Real-world machine learning problems:

- Massive datasets: n = 1,000,000+ examples (ImageNet, web data)
- Large models: Neural networks with millions of parameters
- Complex computations: Each forward pass through model is expensive

### The gradient computation bottleneck:

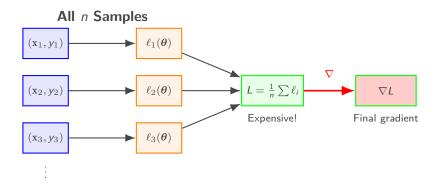
$$\nabla L(\boldsymbol{\theta}) = \nabla \left( \frac{1}{n} \sum_{i=1}^{n} \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), y_i) \right)$$

### Important: The Problem

Computing  $f(\mathbf{x}_i; \boldsymbol{\theta})$  for ALL n samples is too slow! Need: Fast approximation that still gives good direction

# Step 2: Computational Graph - Can We Break This?

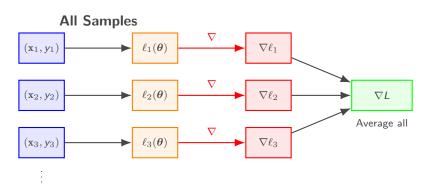
Current approach: Sum first, then take gradient



### **Key Points:**

**Problem:** Computing losses for all *n* samples is expensive!

# Step 3: The Linearity Insight - What If We Flip the Order?



# Theorem: Linearity of Gradient

$$\nabla L = \frac{1}{n} \sum_{i=1}^{n} \nabla \ell_i$$

# Step 4: The Mathematical Equivalence - Linearity of Gradient

### Mathematical equivalence:

$$\nabla L(\boldsymbol{\theta}) = \nabla \left( \frac{1}{n} \sum_{i=1}^{n} \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), y_i) \right)$$
 (11)

$$= \frac{1}{n} \sum_{i=1}^{n} \nabla \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), y_i)$$
 (12)

### **Key Points:**

This linearity property is the foundation for all gradient-based optimization!

# Step 5: SGD as Unbiased Estimator - The Solution SGD solution: Sample one gradient instead of all n!

### **Important: Unbiased Property**

 $\mathbb{E}[\nabla \tilde{L}(\boldsymbol{\theta})] = \nabla L(\boldsymbol{\theta})$  - correct direction on average!

# The Unbiased Property: Mathematical Proof

### Theorem: SGD Unbiased Estimator Property

$$\mathbb{E}[\nabla \tilde{L}(\boldsymbol{\theta})] = \nabla L(\boldsymbol{\theta})$$

$$\mathbb{E}[\nabla \tilde{L}(\boldsymbol{\theta})] = \mathbb{E}\left[\nabla \ell(f(\mathbf{x}_j; \boldsymbol{\theta}), y_j)\right]$$
(13)

$$= \sum_{i=1}^{n} P(\text{sample } i) \cdot \nabla \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), y_i)$$
 (14)

$$= \sum_{i=1}^{n} \frac{1}{n} \cdot \nabla \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), y_i)$$
 (15)

$$= \frac{1}{n} \sum_{i=1}^{n} \nabla \ell(f(\mathbf{x}_i; \boldsymbol{\theta}), y_i) \qquad \text{(linearity of expectation)} \quad (16)$$

$$= \nabla L(\boldsymbol{\theta}) \qquad \text{(from previous slide)} \tag{17}$$

# Why Unbiasedness Matters

### **Key Points:**

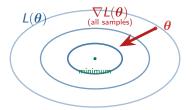
**Key insight:** On average, SGD points in the correct direction!

### **Practical implications:**

- Individual SGD steps may be "wrong"
- But they average to the correct direction over time
- Theoretical guarantee that justifies SGD's effectiveness
- The "noise" helps escape local minima in non-convex problems

### Visual Intuition 1: Overall Loss Surface

True loss function using all data points:

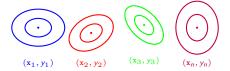


### **Key Points:**

Gradient uses ALL data points for true direction

## Visual Intuition 2: Individual Sample Loss Surfaces

### Loss for individual data points (different shapes):

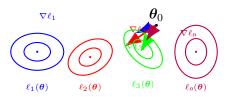


### Important: Key Observation

Each individual gradient points in a different direction - some variation!

### Visual Intuition 3: Gradients from Same Starting Point

What happens when we evaluate gradients from the same point  $\theta_0$ ?

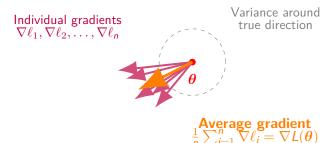


### Theorem: Key Insight

From the same point, each loss surface gives a different gradient direction!

## Visual Intuition 4: Averaging Individual Gradients

The magic: Average of individual gradients = True gradient



# Theorem: Visual Proof of Unbiasedness

Even though individual gradients vary, their average equals the true gradient!

## Visual Intuition 4: SGD Sampling Process

### SGD randomly picks one gradient at a time:

All possible individual gradients

True average  $\nabla L(\theta)$ 



SGD picks one randomly:  $\nabla \ell_j$ 

### **Key Points:**

**Key insight:** Sometimes SGD goes "wrong" direction, but on average it's correct!

# Why Unbiasedness Matters in Practice

### **Example: Intuitive Analogy**

Like asking random people for directions:

- · Each person's answer might be slightly off
- But if there's no systematic bias, the average is correct
- SGD does the same with gradient estimates!

**Computational Complexity** 

# Normal Equation: The Direct Approach

For linear regression, we can solve directly:

### **Definition: Normal Equation**

$$\hat{\boldsymbol{\theta}} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y}$$

#### What this means:

- Solves  $\nabla_{\boldsymbol{\theta}} ||\mathbf{X}\boldsymbol{\theta} \mathbf{y}||^2 = 0$  directly
- Gives exact solution in one step (no iterations!)
- · Requires matrix inversion

### **Key Points:**

One computation gives the optimal  $\hat{\theta}$  - no learning rate needed!

# Normal Equation: Step-by-Step Complexity

Breaking down 
$$\hat{\theta} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y}$$
: Step 1: Compute  $\mathbf{X}^T \mathbf{X}$ 

- $\mathbf{X}$  is  $n \times d$ , so  $\mathbf{X}^T$  is  $d \times n$
- $\mathbf{X}^T\mathbf{X}$  is  $d \times d$  matrix
- Cost:  $\mathcal{O}(d^2n)$  operations

### Step 2: Compute $X^Ty$

- $\mathbf{X}^T$  is  $d \times n$ ,  $\mathbf{y}$  is  $n \times 1$
- Result is  $d \times 1$  vector
- Cost:  $\mathcal{O}(dn)$  operations

## Normal Equation: Matrix Inversion Cost

# Step 3: Invert $X^TX$ Matrix inversion complexity:

- $\mathbf{X}^T\mathbf{X}$  is  $d \times d$  matrix
- Standard algorithms (LU, Cholesky):  $\mathcal{O}(d^3)$
- Most expensive step when d is large!

### **Important: Memory Requirements**

**Space:** Need to store  $\mathbf{X}^T\mathbf{X}$  matrix

Size:  $d \times d = d^2$  elements  $\Rightarrow \mathcal{O}(d^2)$  space

### **Key Points:**

**Total time:**  $\mathcal{O}(d^2n+d^3)$  dominated by  $\mathcal{O}(d^3)$  when d large

# Gradient Descent: Iterative Approach

GD update rule for linear regression:

$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \alpha \nabla L(\boldsymbol{\theta}_t)$$

Where the gradient is:

$$\nabla L(\boldsymbol{\theta}) = \frac{2}{n} \mathbf{X}^{\mathsf{T}} (\mathbf{X} \boldsymbol{\theta} - \mathbf{y})$$

So the update becomes:

$$\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \alpha \frac{2}{n} \mathbf{X}^T (\mathbf{X} \boldsymbol{\theta}_t - \mathbf{y})$$

### **Key Points:**

Each iteration requires gradient computation - let's analyze the cost!

# Gradient Descent: Per-Iteration Complexity

Breaking down 
$$\nabla L(\theta) = \frac{2}{n} \mathbf{X}^T (\mathbf{X} \theta - \mathbf{y})$$
:  
Step 1: Compute  $\mathbf{X} \theta$ 

- **X** is  $n \times d$ ,  $\theta$  is  $d \times 1$
- Result:  $n \times 1$  vector (predictions)
- Cost:  $\mathcal{O}(nd)$  operations

### Step 2: Compute $X\theta - y$

- Element-wise subtraction of  $n \times 1$  vectors
- Cost:  $\mathcal{O}(n)$  operations

# Gradient Descent: Completing One Iteration

Step 3: Compute  $X^T(X\theta - y)$ 

- $\mathbf{X}^T$  is  $d \times n$ ,  $(\mathbf{X}\boldsymbol{\theta} \mathbf{y})$  is  $n \times 1$
- Result:  $d \times 1$  vector (the gradient!)
- Cost: O(nd) operations

### Step 4: Parameter update

- $\theta_{t+1} = \theta_t \alpha \nabla L(\theta_t)$
- Element-wise operations on  $d \times 1$  vector
- Cost:  $\mathcal{O}(d)$  operations

### **Key Points:**

**Per iteration:**  $\mathcal{O}(nd + n + nd + d) = \mathcal{O}(nd)$ 

# GD vs Normal Equation: Final Complexity Comparison

### **Important: Normal Equation**

$$\hat{\boldsymbol{\theta}} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{y}$$

Time:  $\mathcal{O}(d^2n + d^3)$ 

Space:  $\mathcal{O}(d^2)$ 

**Iterations:** 1 (exact solution)

### **Key Points: Gradient Descent**

 $\boldsymbol{\theta}_{t+1} = \boldsymbol{\theta}_t - \alpha \mathbf{X}^T (\mathbf{X} \boldsymbol{\theta}_t - \mathbf{y})$ 

**Time:**  $\mathcal{O}(T \cdot nd)$  for T iterations

**Space:** O(nd)

**Iterations:** *T* (approximate solution)

# GD vs Normal Equation: Final Complexity Comparison

### Theorem: Trade-off

**Normal equation**: Fast but scales poorly with *d* **Gradient descent**: Slower but scales better with *d* 

### When to Use Which Method

### **Key Points:**

### Modern ML: Gradient descent dominates due to:

- High-dimensional data (d very large)
- Non-linear models (no normal equation exists)
- Large datasets (n very large)

#### **Decision criteria:**

- Few features (d < 1000): Consider normal equation
- Many features (d > 10000): Gradient descent
- Non-linear models: Only gradient descent works
- Online learning: Only gradient descent works

# Advanced Topics and Extensions

# Beyond Basic Gradient Descent

### Modern optimizers improve upon vanilla GD:

- Momentum:  $v_{t+1} = \beta v_t + (1 \beta)g_t$
- AdaGrad: Adaptive per-parameter learning rates
- Adam: Combines momentum + adaptive rates
- RMSprop: Exponential moving average of squared gradients

### Why these improvements?

- · Handle different parameter scales automatically
- Accelerate convergence in relevant directions
- Reduce oscillations in narrow valleys

# Gradient Descent in Deep Learning

### **Key Points:**

Every deep learning framework uses gradient descent variants!

### Key modern extensions:

- Backpropagation: Efficient gradient computation
- Automatic differentiation: PyTorch/TensorFlow magic
- GPU acceleration: Parallel mini-batch processing
- **Mixed precision:** 16-bit + 32-bit arithmetic

# Practical Considerations

# Learning Rate Selection Strategies

### Common approaches:

- Grid search: Try  $\{0.001, 0.01, 0.1, 1.0\}$
- Learning rate schedules: Start high, decay over time
- Adaptive methods: Let algorithm adjust automatically
- Learning rate finder: Gradually increase and monitor

### Warning signs:

- Loss exploding  $\rightarrow \alpha$  too high
- Very slow progress ightarrow lpha too low
- Oscillating loss o Try momentum or smaller lpha

### Convergence Criteria

### When to stop training?

- Gradient magnitude:  $||\nabla f(\theta)|| < \epsilon$
- Function change:  $|f(\theta_{t+1}) f(\theta_t)| < \epsilon$
- Parameter change:  $||\theta_{t+1} \theta_t|| < \epsilon$
- Maximum iterations: Always set an upper bound

### **Key Points:**

**Best practice:** Use multiple criteria + validation performance

64 / 71

### Common Pitfalls

### Important: Pitfall 1: Poor Initialization

**Problem:** Bad starting points **Solution:** Xavier/He initialization

### Important: Pitfall 2: Wrong Learning Rate

**Problem:** Divergence or slow convergence

**Solution:** Learning rate schedules, adaptive optimizers

### Important: Pitfall 3: Poor Feature Scaling

**Problem:** Different scales cause poor convergence

**Solution:** Standardize features:  $(x - \mu)/\sigma$ 

# Summary and Key Takeaways

### What We've Learned

### **Key Points:**

Gradient descent is the backbone of modern machine learning!

### Journey recap:

- Mathematical foundation: Taylor series derivation
- Geometric intuition: Steepest descent direction
- Algorithm variants: Batch, SGD, mini-batch
- Theoretical properties: Unbiased estimator guarantees
- Practical wisdom: Learning rates, scaling, diagnostics

# From Theory to Practice

### Next steps for mastery:

- Implement gradient descent from scratch
- Experiment with different learning rates
- Compare batch vs SGD vs mini-batch
- Try advanced optimizers (Adam, momentum)
- Apply to real datasets

### **Key Points:**

Master gradient descent first - it's the foundation for everything else!

# Final Pop Quiz #2

### **Answer this!**

#### True or False?

- 1. SGD always converges faster than batch GD
- 2. Learning rates should decrease during training
- 3. SGD gradient estimates are unbiased
- 4. Normal equation always beats gradient descent
- 5. GD guarantees global minimum for any function

Deep Dive: Advanced Theory

### For comprehensive mathematical analysis:

### **Important: Reference Materials**

- SGD.pdf: Detailed convergence proofs
- Florian's estimators: https://florian.github.io/estimators/
- Interactive notebooks for hands-on practice

# Pop Quiz Solutions

### **Quiz #1 Solutions:**

- 1. f(2) = 6, f'(2) = 4
- 2.  $f(x) \approx 6 + 4(x-2)$
- 3. New  $x = 2 0.1 \times 4 = 1.6$
- 4. Yes, function decreases!

### Quiz #2 Solutions:

- 1. False SGD faster per epoch, may need more epochs
- 2. True schedules often improve convergence
- 3. True key theoretical property
- 4. False only for linear problems, small d
- 5. False only local minima; global for convex only

# Thank You!

Questions?

**Next:** Advanced Optimization Techniques

Practice: Implement GD for your favorite ML model!