Video transcript

Agile practices

Agile is all about fostering collaboration and flexibility within teams to achieve better outcomes.

Agile practices are structured activities that help teams collaborate effectively. These practices bring Agile values and principles to life by providing structured ways to work together.

So, let's explore the seven core Agile practices that provide a framework for teams to maximize their potential and achieve desired results. They are social contract, mood marbles, wall of work, stand-up, retrospective, showcase, and Shuhari.

Meet Harry, a father building a treehouse for his children in the backyard. To ensure the project's success, Harry decides to apply Agile practices.

He begins the project by creating a social contract outlining how they will collaborate, communicate, and handle disagreements. This agreement sets a positive tone and ensures everyone feels involved.

Each morning, Harry and his family use mood marbles to share how they're feeling. They have two types of marbles: red and green. Each family member drops one of these marbles into a jar. A green marble means they're feeling enthusiastic and ready, while a red marble indicates they might be feeling frustrated or tired. This helps Harry gauge the overall mood of the team and address any concerns they might have.

To keep track of their progress, Harry sets up a wall of work. They use it to display the completed and pending tasks. This visual aid keeps everyone informed about what has been accomplished and what's next.

Every day before starting work, Harry and his family also have a brief stand-up meeting in the backyard. In this meeting, each person shares what they accomplished yesterday, what they plan to work on today, and any obstacles they're facing. This helps keep the team aligned.

At the end of each week, Harry and his family hold a retrospective to discuss what went well, what didn't, and how they can improve their approach. This reflection helps them adjust their plans and enhance their collaboration for the coming week.

After partially finishing the treehouse, Harry invites his friend, who is an architect, and some children from the neighborhood for a showcase. The architect offers practical advice on the construction and design, while the children suggest adding a rope swing. This feedback helps Harry make decisions for the next iteration of the treehouse.

As Harry gains experience, he progresses through the Shuhari stages. He starts by strictly following treehouse construction techniques. Over time, Harry begins to adapt these techniques, experimenting with new ideas and making improvements based on the kids' suggestions and his own ideas. Eventually, Harry becomes proficient in the art of treehouse building. He innovates freely, creating designs tailored to his family's unique preferences and needs.

With these Agile practices, Harry not only successfully builds the treehouse but also transforms his family's approach to teamwork and project management.

Remember, Agile practices are more than just methods—they're a mindset that fosters collaboration and continuous improvement, ensuring that every project is not only successful but also meaningful for everyone involved.