

2026 年 1 - 4 月雅思口语新题

Part 1

Food (食物)

1. What is your favourite food? (你最喜欢的食物是什么？)
2. Is there any food you dislike? (有你不喜欢的食物吗？)

Day off (休息日)

1. When was the last time you had a few days off? (你上一次休了几天假是什么时候？)
2. What do you usually do when you have days off? (你休息的时候通常会做什么？)
3. Do you usually spend your days off with your parents or with your friends? (你休息时通常和父母在一起还是和朋友在一起？)
4. What would you like to do if you had a day off tomorrow? (如果明天休息，你想做什么？)

Pets and Animals (宠物与动物)

1. What's your favourite animal? Why? (你最喜欢的动物是什么？为什么？)
2. Where do you prefer to keep your pet, indoors or outdoors? (你更愿意把宠物养在室内还是室外？)
3. Have you ever had a pet before? (你以前养过宠物吗？)
4. What is the most popular animal in China? (中国最受欢迎的动物是什么？)

Sports team (运动队)

1. Have you ever been part of a sports team? (你曾经是某个运动队的一员吗？)

Keys (钥匙)

1. Do you always bring a lot of keys with you? (你总是随身携带很多钥匙吗？)
2. Have you ever lost your keys? (你曾经丢过钥匙吗？)
3. Do you often forget the keys and lock yourself out? (你经常忘记带钥匙而把自己锁在外面吗？)
4. Do you think it's a good idea to leave your keys with a neighbour? (你认为把钥匙留给邻居是个好主意吗？)

Dreams (梦想)

1. Can you remember the dreams you had? (你能记住你做过的梦吗？)
2. Do you share your dreams with others? (你会和别人分享你的梦吗？)
3. Do you think dreams have special meanings? (你认为梦有特殊的含义吗？)
4. Do you want to make your dreams come true? (你想让你的梦想成真吗？)

Walking (散步)

1. Do you walk a lot? (你经常散步吗？)
2. Did you often go outside to have a walk when you were a child? (你小时候经常出去散步吗？)
3. Why do people like to walk in parks? (人们为什么喜欢在公园里散步？)
4. Where would you like to take a long walk if you had the chance? (如果有机会，你想去哪里远足/长时间散步？)
5. Where did you go for a walk lately? (你最近一次去散步是在哪里？)

Reading (阅读)

1. Do you like reading? (你喜欢阅读吗？)
2. Do you prefer to read on paper or on a screen? (你更喜欢读纸质书还是电子书？)
3. When do you need to read carefully, and when not? (什么时候你需要仔细阅读，什么时候不需要？)

Gifts (礼物)

1. Have you ever sent handmade gifts to others? (你曾经送过手工礼物给别人吗？)
2. Have you ever received a great gift? (你曾经收到过很棒的礼物吗？)
3. What do you consider when choosing a gift? (你选择礼物时会考虑什么？)
4. Do you think you are good at choosing gifts? (你认为自己擅长选礼物吗？)

Morning time (早晨时光)

1. Do you like getting up early in the morning? (你喜欢早上早起吗？)
2. What do you usually do in the morning? (你早上通常做什么？)
3. What did you do in the morning when you were little? Why? (你小时候早上会做什么？为什么？)
4. Are there any differences between what you do in the morning now and what you did in the past? (你现在早上做的事情和过去有什么不同吗？)
5. Do you spend your mornings doing the same things on both weekends and weekdays? Why? (你周末和工作日的早上做的事情一样吗？为什么？)

Hobby (爱好)

1. Do you have any hobbies? (你有什么爱好吗？)
2. Did you have any hobbies when you were a child? (你小时候有什么爱好吗？)
3. Do you have a hobby that you've had since childhood? (你有从小坚持到现在的爱好吗？)
4. Do you have the same hobbies as your family members? (你和家人有相同的爱好吗？)

Typing (打字)

1. Do you type on a desktop or laptop keyboard every day? (你每天会用台式机或笔记本电脑的键盘打字吗？)
2. When did you learn how to type on a keyboard? (你什么时候学会用键盘打字的？)
3. How do you improve your typing? (你如何提高自己的打字速度/水平？)

Part 2&3

让你骄傲的家人

Part 2

Describe a family member who you are proud of (描述一位你为之骄傲的家庭成员)

You should say: (你需要说明：)

- Who this person is (这个人是谁)
- How often you spend time together (你和他/她多久相处一次)
- What he/she does that makes you feel proud (他/她做了什么让你感到骄傲的事情)
- And explain why you are proud of him/her (并解释你为什么为他/她感到骄傲)

Part 3

1. What would children do to make their parents proud? (孩子们会做些什么来让父母感到骄傲？)
2. What did you do to make your parents proud when you were young? (你小时候做过什么让父母感到骄傲的事情？)
3. What advantages of yours make you proud? (你的哪些优点让你感到骄傲？)
4. When was the last time that you felt proud of yourself? (你上一次为自己感到骄傲是什么时候？)

让你失望的电影

Part 2

Describe a movie you watched recently that you felt disappointed about (描述一部你最近看了、感到失望的电影)

You should say: (你需要说明：)

- When it was (是什么时候看的)
- Why you didn't like it (你为什么不喜欢这部电影)
- Why you decided to watch it (你为什么决定去看这部电影)
- And explain why you felt disappointed about it (并解释你为什么对它感到失望)

Part 3

1. Do you believe movie reviews? (你相信电影评论吗?)
2. What are the different types of films in your country? (你们国家有哪些不同类型的电影?)
3. Are historical films popular in your country? Why? (历史题材电影在你们国家受欢迎吗?为什么?)
4. Do you think films with famous actors or actresses are more likely to become successful films? (你认为有著名演员出演的电影更容易成为成功的电影吗?)
5. Why are Japanese animated films so popular? (日本动漫电影为什么这么受欢迎?)
6. Should the director pay a lot of money to famous actors? (导演应该给著名演员支付高额片酬吗?)

完美工作

Part 2

Describe your perfect job (描述你理想中的工作)

You should say: (你需要说明：)

- What it is (这份工作是什么)
- Where you heard about it from (你是从哪里了解到这份工作的)
- What you need to learn to get the job (为了得到这份工作，你需要学习什么)
- And explain why you think it is your perfect job (并解释你为什么认为这是你理想中的工作)

Part 3

1. What jobs do children want to do when they grow up? (孩子们长大后想做什么工作?)
2. Do people's ideal jobs change as they grow up? (人们的理想工作会随着成长而改变吗?)
3. What should people consider when choosing jobs? (人们选择工作时应该考虑哪些因素?)

- Is salary the main reason people choose a certain job? (薪水是人们选择某份工作的主要原因吗?)

想见的名人

Part 2

Describe a famous person you would like to meet (描述一位你想见的名人)

You should say: (你需要说明:)

- Who he/she is (他/她是谁)
- How you knew him/her (你是如何认识他/她的)
- How/where you would like to meet him/her (你想如何/在哪里见到他/她)
- And explain why you would like to meet him/her (并解释你为什么想见他/她)

Part 3

- What are the advantages and disadvantages of being a famous child? (作为童星/出名的小孩,有什么优点和缺点?)
- What can today's children do to become famous? (现在的孩子们可以做些什么来出名?)
- What can children do with their fame? (孩子们可以用自己的名气做些什么?)
- Do people become famous because of their talent? (人们出名是因为有才华吗?)

禁用手机的场合

Part 2

Describe an occasion when you were not allowed to use your mobile phone (描述一个你不被允许使用手机的场合)

You should say: (你需要说明:)

- When it was (是什么时候)
- Where it was (是在哪里)
- Why you were not allowed to use your mobile phone (为什么你不被允许使用手机)
- And how you felt about it (以及你当时的感受如何)

Part 3

- How do young and old people use mobile phones differently? (年轻人和老年人使用手机的方式有什么不同?)
- What positive and negative impact do mobile phones have on friendship? (手机对友谊有什么积极和消极的影响?)

3. Is it a waste of time to take pictures with mobile phones? (用手机拍照是浪费时间吗?)
4. Do you think it is necessary to have laws on the use of mobile phones? (你认为有必要制定关于使用手机的法律吗?)

家里放松的地方

Part 2

Describe your favorite place in your house where you can relax (描述你家里最喜欢的、可以放松的地方)

You should say: (你需要说明:)

- Where it is (这个地方在哪里)
- What it is like (这个地方是什么样子的)
- What you enjoy doing there (你喜欢在那里做什么)
- And explain why you feel relaxed at this place (并解释为什么在这个地方你会感到放松)

Part 3

1. Why is it difficult for some people to relax? (为什么有些人很难放松下来?)
2. What are the benefits of doing exercise? (做运动有什么好处?)
3. Do people in your country exercise after work? (你们国家的人下班后会运动吗?)
4. What is the place where people spend most of their time at home? (人们在家中花费时间最多的地方是哪里?)
5. Do you think there should be classes for training young people and children how to relax? (你认为应该开设课程教年轻人和孩子如何放松吗?)
6. Which is more important, mental relaxation or physical relaxation? (心理放松和身体放松, 哪一个更重要?)

生活中离不开的东西

Part 2

Describe something that you can't live without (not a computer/phone) (描述一个你生活中离不开的东西(非电脑/手机))

You should say: (你需要说明:)

- What it is (这个东西是什么)
- What you do with it (你用它来做什么)
- How it helps you in your life (它在你的生活中如何帮助你)
- And explain why you can't live without it (并解释为什么你离不开它)

Part 3

1. Why are children attracted to new things (such as electronics)? (为什么孩子们会被新事物(比如电子产品)吸引?)
2. Why do some grown-ups hate to throw out old things (such as clothes)? (为什么有些成年人不愿意扔掉旧东西(比如衣服)?)
3. Is the way people buy things affected? How? (人们的购物方式受到影响了吗?如何影响的?)
4. What do you think influences people to buy new things? (你认为是什么影响人们去买新东西?)
5. Why do all children like toys? (为什么所有孩子都喜欢玩具?)
6. Do you think it is good for a child to always take his or her favourite toy with them all the time? (你认为孩子总是随身携带他/她最喜欢的玩具好吗?)