

## **Occupational Identity Questionnaire – Provisional version (OIQ-P V.1.0)**

---

Due to the increasing number of elderly populations, occupational therapy services for the elderly are expected to increase, and self-reported outcomes specialized for the elderly will be beneficial. The assessment of occupational identity allows occupational therapists to determine if a client's occupational identity is dysfunctional. Therefore, the authors here have developed a self-report assessment of the occupational identity of older adults. A questionnaire was generated to assess the occupational identity of the elderly. The OIQ-P contributes to an occupation-centered practice for elderly people living in the community.

The OIQ-P consists of 21 items, and each item is rated on a 4-point scale (Strongly Disagree, 1; Disagree, 2; Agree, 3; Strongly Agree, 4). The total points range from 21 to 84 points.

For any questions and permission to use in research, feel free to contact Dr. Masataka Shikata at [mshikata@hm.tokoha-u.ac.jp](mailto:mshikata@hm.tokoha-u.ac.jp).

Table 1. Items of the Occupational Identity Questionnaire Provisional version.

No.	Items	Strongly Disagree	Disagree	Agree	Strongly Agree
1.	Previously, I was doing things that I felt were fun.				
2.	Previously, I felt a rewarding sense of satisfaction about work and homemaking.				
3.	Previously, I lived with a sound mind and body.				
4.	Previously, I felt that I was helpful to others.				
5.	Previously, I did well despite challenges.				
6.	Previously, I did well with other people.				
7.	Although I have my own thoughts, I think I will also ask other people's opinions.				
8.	I cannot do as I did when I was young, but I think that I am doing well.				
9.	There are some hardships, but I try not to think about such things alone.				
10.	I think someone helped me to live my life.				
11.	There is something I have to do to maintain my current life.				
12.	I think that I should do things for myself.				
13.	I have fun in my life.				
14.	I think that there is a person who understands my feelings and I am satisfied with that.				
15.	I think I can do better than others think.				
16.	I think that I live as I expected I would.				
17.	Rather than having nothing to do, it is better to have something to do.				
18.	From now on as well, I want to meet the expectations around me.				
19.	I want to live happily in the future.				
20.	From now on as well, I want to do what I can do.				
21.	I would like to challenge myself to do what I do not do now				