

Expoten®

Expectorant syrup

DESCRIPTION

Expoten® syrup is a combined preparation of expectorant, decongestant and antihistamine. Guaifenesin in Expoten® is thought to reduce sputum viscosity by increasing the volume and water content of the bronchial secretion, thereby facilitating the expectoration of sputum. Pseudoephedrine in the syrup is an effective upper respiratory decongestant which produces its decongestant effect within 30 minutes which lasts for at least 4 hours. Triprolidine in the syrup provides symptomatic relief of allergic rhinitis and of common cold.

INDICATIONS

Expoten® syrup is a cough preparation indicated for the symptomatic relief of allergic rhinitis and upper respiratory tract disorders accompanied by productive cough which are benefited from a combination of an antihistamine, a decongestant and an expectorant.

DOSAGE AND ADMINISTRATION

Adults and Children over 12 years : 2 teaspoonful three times a day.

Children

6-12 years : 1 teaspoonful three times a day.

2-5 years : 1/2 teaspoonful three times a day

or as recommended by the physician.

CONTRAINDICATIONS

Expoten® is contraindicated in patients with known hypersensitivity to guaifenesin, pseudoephedrine or triprolidine. It is contraindicated in patients with severe hypertension or severe coronary artery disease. Also contraindicated in persons who are taking or have taken monoamine oxidase inhibitors within the preceding two weeks.

SIDE-EFFECTS

Central nervous system (CNS) depression or excitation may occur, drowsiness being reported most frequently. Sleep disturbance and rarely, hallucinations have been reported. Skin rashes with or without irritation, tachycardia, dryness of mouth, nose and throat have occasionally been reported. Urinary retention has been reported occasionally in men receiving pseudoephedrine. Prostatic enlargement could have been an important predisposing factor.

PREGNANCY AND LACTATION

Although pseudoephedrine, guaifenesin and triprolidine have been in widespread use for many years without apparent ill consequence, there are no specific data on their use during pregnancy. Caution should therefore be exercised by balancing the potential benefit of treatment to the mother against any possible hazards to the developing fetus.

PRECAUTION

Expoten[®] should be used with caution in patients taking hypertensive agents, tricyclic antidepressant or other sympathomimetic agents. Caution should be exercised in the presence or severe renal and hepatic impairment.

Expoten[®] should not be used for persistent cough such as occurs with smoking, asthma or emphysema or where cough is accompanied by excessive secretions unless directed by a physician.

CAUTION

If drowsiness occurs, do not drive or operate machinery.

DRUG INTERACTION

Concomitant use of Expoten[®] with other sympathomimetic agents such as decongestants, tricyclic antidepressant, appetite suppressants and amphetamine like psychostimulant or with monoamine oxidase inhibitors, which interfere with the catabolism of sympathomimetic amines, may occasionally cause a rise in blood pressure. Because of its pseudoephedrine content, Expoten[®] may partially reverse the hypotensive action of drugs which interfere with sympathetic activity including methyl dopa, alpha-and beta-adrenergic blocking agents.

PHARMACEUTICAL PRECAUTIONS

Keep in a dry place. Keep out of reach of children.

Do not refrigerate.

PACKAGING

Expoten[®] Syrup:

Bottle containing 100 ml syrup. Each 5 ml syrup contains guaifenesin USP 100 mg, pseudoephedrine hydrochloride USP 30 mg and triprolidine hydrochloride USP 1.25 mg.

SK+F

Manufactured by

ESKAYEF BANGLADESH LIMITED

GAZIPUR, BANGLADESH

® REGD. TRADEMARK

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