Thiruvananthapuram

Sivananda Yoga Vedantha Centre  
Airport Road  
Tel: +91 471 2450942

Sivananda Ashram  
Neyyar Dam  
Tel: +91 471 2273093

Thrissur

Universal Yoga Consciousness  
Tel: +91 487 2357143  
Mob: +91 9447774143  
Email: yogijayadev@yahoo.com  
Website: www.yogijayadev.org