

Curriculum Vitae | March, 2025

Prof. Dr. Caroline Zygar-Hoffmann



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I orient my actions according to openness, mutual respect and gratitude, which are my core values.
I am committed to research transparency: <http://www.researchtransparency.org>

Current Position

since 02/2025

Charlotte Fresenius Hochschule München

Professor for Psychological Methods (50% Part-Time)

Education

since 2011

• **Ludwig-Maximilians-Universität (LMU) München, Munich, Germany**

since 11/2021

Habilitation

2016 –
2020

Dr. phil. in Psychology

Final grade: Summa cum laude

Cumulative PhD Thesis: “Taking a Closer Look at the Ups and Downs in Couple Relationships: Using the Experience Sampling Method to Study Motivation, Behavior, and Feelings in Dyads” under supervision of Felix Schönbrodt (Chair of Psychological Methods and Diagnostics)

2013 –
2015

M.Sc. in Economic, Organizational and Social Psychology

Minor: Business Administration

Final grade: 1.13 (on a scale of 1-5, where 1 is the best grade; approximately equivalent to an overall "A" grade)

Master's thesis: “Smartphone behavior as an indicator of fluid intelligence” under supervision of Clemens Stachl (Chair of Psychological Methods and Diagnostics)

2011 –
2013

B.Sc. in Psychology

Minor: Sociology

Final grade: 1.25 (on a scale of 1-5, where 1 is the best grade; approximately equivalent to an overall "A" grade)

Award: Ranked in the top 10 % of the program

Bachelor's thesis: “The influence of emotional intelligence on the satisfaction of implicit motives” under supervision of Felix Schönbrodt (Chair of Emotion and Motivation)

2010 – 2011

• **Friedrich-Alexander-Universität Erlangen-Nürnberg, Erlangen, Germany**

Started studying psychology (one semester)

2001 – 2010

• **Gymnasium Ottobrunn, Ottobrunn, Germany**

2010

Higher education entrance qualification („Abitur“)

Final grade: 1.6 (on a scale of 1-6, where 1 is the best grade; approximately equivalent to an overall "A" grade)

2007

International visit (5 months) at the Lycée Sainte Agnès in Angers, France

Past Academic Positions

10/2023 – 01/2025	Charlotte Fresenius Hochschule München, Munich, Germany Interim Professor for Psychological Methods
2011 – 2025	Ludwig-Maximilians-Universität München, Munich, Germany
08/2019 – 01/2025	Research fellow (04/2021 – 01/2025 “Akademische Rätin auf Zeit” and 04/2022 – 09/2023 on parental leave) at the Chair of Psychological Methods and Diagnostics (Prof. Dr. Markus Bühner)
09/2016 – 07/2019	Project research fellow in a research project funded by the German Research Foundation “Dynamic of implicit motives in the context of intimate relationships” (PI: PD Dr. Felix Schönbrodt; in cooperation with Dr. Birk Hagemeyer, Friedrich-Schiller-Universität Jena, Germany)
01/2016 – 09/2016	Chair research fellow at the Chair of Psychological Methods and Diagnostics (Prof. Dr. Markus Bühner)
10/2015 – 01/2016	Student teaching assistant at the Chair of Psychological Methods and Diagnostics (Prof. Dr. Markus Bühner)
11/2014 – 12/2014	Student teaching assistant at the Chair of Emotion and Motivation (Prof. Dr. Markus Maier)
05/2014 – 06/2014	Student research assistant at the Chair of Economic and Organizational Psychology (Prof. Dr. Felix Brodbeck)
09/2011 – 07/2012	Research internship at the Chair of Emotion and Motivation with training as a certified coder of implicit motives (supervisor: PD Dr. Felix Schönbrodt)
2012 – 2015	Technische Universität München (TUM), Munich, Germany
08/2012 – 09/2015	Student research assistant at the Chair of Strategy and Organization (Prof. Dr. Isabell Welp): involvement in a research project on the recruitment and assessment of managers (2012-2013) and in the evaluation of a coaching program for diversity and talent management (2013-2015)
12/2012 – 03/2013 & 09/2014	Self-employed: Coding of implicit motives for the Chair of Psychology (Prof. Dr. Hugo Kehr)
2014 – 2015	Universität Koblenz-Landau, Koblenz-Landau, Germany
07/2014 & 12/2014 & 07/2015	Self-employed: Coding of implicit motives for the work group on Social and Economic Psychology (Prof. Dr. Melanie Steffens)

Peer-Reviewed Journals

-   Eisele, G., ..., **Zygar-Hoffmann, C.**, Myin-Germeys, O., & Kirtley, O. J. (in press). ESM-Q: A Consensus-Based Quality Assessment Tool for Experience Sampling Method Items. *Behavior Research Methods*.
-   Claus, N., Flechsenhar, A., Motka, F., Sckopke, P., Schönbrodt, F. D., Stefan, A. M., Werner, G. G., Cludius, B., & **Zygar-Hoffmann, C.** (in press). Interpersonal versus intrapersonal emotion regulation: Intensity of negative emotion predicts usage probability. *Emotion*. <https://doi.org/10.1037/emo0001508>
-   **Zygar-Hoffmann, C.**, Hagemeyer, B., & Schönbrodt, F. D. (2024). The reflection of motive dispositions in everyday agentic motivational states. *Motivation Science*, 10(4), 379–386. <https://doi.org/10.1037/mot0000344>. Preregistration and study materials: <https://osf.io/fwh5t/>
-   **Zygar-Hoffmann, C.**, Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2022). Eliciting short-term closeness in couple relationships with Ecological Momentary Interventions. *Collabra: Psychology*, 8(1): 38599, 1-26. <https://doi.org/10.1525/collabra.38599>. Data, preregistration and study materials: <https://osf.io/aghcm/>
-   Werner, B., Sckopke, P., Cludius, B., Stefan, A., Schönbrodt, F. D., & **Zygar-Hoffmann, C.** (2022). The predictive power of insomnia symptoms on other aspects of mental health during the COVID-19 pandemic: A longitudinal study. *Journal of Sleep Research*, e13641, 1-13. <https://doi.org/10.1111/jsr.13641>. Preregistration and study materials: <https://osf.io/72ejg/>
-   Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.**, & Hagemeyer, B. (2022). Motivational interdependence in couple relationships. *Frontiers in Psychology*, 13:827746, 1-22. <https://doi.org/10.3389/fpsyg.2022.827746>. Study materials: <https://osf.io/2fz5w/>
- Schönbrodt, F. D., **Zygar-Hoffmann, C.**, Frank, M., & Gollwitzer, M. (2022). Gute wissenschaftliche Praxis „hands-on“: Ein Kerncurriculum für Empirische Praktika. *Psychologische Rundschau*, 73(2), 130–132. <https://doi.org/10.1026/0033-3042/a000590>
-   Schönbrodt, F., **Zygar-Hoffmann, C.**, Nestler, S., Pusch, S., & Hagemeyer, B. (2021). Measuring motivational relationship processes in experience sampling: A reliability model for moments, days, and persons nested in couples. *Behavior Research Methods*. <https://doi.org/10.3758/s13428-021-01701-7>. Study materials: <https://osf.io/jmeaw/>
-   Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.**, & Hagemeyer, B. (2021). Perception of communal motives in couples: Accuracy, bias, and their associations with relationship length. *Journal of Research in Personality*, 91. <https://doi.org/10.1016/j.jrp.2020.104060>. Study materials: <https://osf.io/jc932/>
-   **Zygar-Hoffmann, C.**, Pusch, S., Hagemeyer, B., & Schönbrodt, F. D. (2020). Motivated behavior in intimate relationships: Comparing the predictive value of motivational variables. *Social Psychological Bulletin*, 15(2), 1-37. <https://doi.org/10.32872/spb.2873>. Preregistration and study materials: <https://osf.io/urwq7/>
-   **Zygar-Hoffmann, C.**, & Schönbrodt, F. D. (2020). Recalling experiences: Looking at momentary, retrospective and global assessments of relationship satisfaction. *Collabra: Psychology*, 6(1): 7, 1-26. <https://doi.org/10.1525/collabra.278>. Preregistration and study materials: <https://osf.io/sq7mw/>
-   Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.**, & Hagemeyer, B. (2020). Truth and wishful thinking: How interindividual differences in communal motives manifest in momentary partner perceptions. *European Journal of Personality*, 34(1), 115-134. <https://doi.org/10.1002/per.2227>. Study materials: <https://osf.io/cbsgg/>
-   Schönbrodt, F. D., Hagemeyer, B., Brandstätter, V., Czikmantori, T., Gröpel, P., Hennecke, M., . . . **Zygar-Hoffmann, C.**, & Schultheiss, O. C. (2020). Measuring implicit motives with the picture story exercise (PSE): Databases of expert-coded German stories, pictures, and updated picture norms. *Journal of Personality Assessment*, 1-14. <https://doi.org/10.1080/00223891.2020.1726936>. Study materials: <https://osf.io/dj8g9/>

	   Zygar, C. , Hagemeyer, B., Pusch, S., & Schönbrodt, F. D. (2018). From motive dispositions to states to outcomes: An intensive experience sampling study on communal motivational dynamics in couples. <i>European Journal of Personality</i> , 32, 306–324. https://doi.org/10.1002/per.2145 . Preregistration and study materials: https://osf.io/b8pu6/
	  Zygar, C. , & Pfundmair, M. (2017). Does the female cycle matter? Looking at aggressive intentions after social exclusion. <i>Social Influence</i> , 12(1), 1-14. doi: 10.1080/15534510.2017.1301990. Open data and study materials: https://osf.io/aqrm9/
Data Set Publications	Zygar-Hoffmann, C. , Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2020). <i>A large longitudinal study on motivation, behavior and satisfaction in couples: Research data from a four-week experience sampling study with a pre-, post-, and one-year follow-up-assessment [translated title] [data and documentation]</i> . Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. https://doi.org/10.5160/psychdata.zrce18mo99
	Zygar, C. , Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2018). <i>From motive dispositions to states to outcomes: Research data of an intensive experience sampling study on communal motivational dynamics in couples [translated title] [data and documentation]</i> . Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. https://doi.org/10.5160/psychdata.zrce16dy99
Other Journals	Zygar, C. & Albert von-der-Gönn, J. (2018). Big Data und Machine Learning in der Psychologie [Big data and machine learning in psychology]. <i>Akademie Aktuell</i> , 64, 54-55. http://badw.de/fileadmin/pub/akademieAktuell/2018/64/AA_0118_18_Zygar_V03.pdf
	Zygar, C. , Schabel, S., & Woschée, R. (2016). Bewerber geben Arbeitsproben ab [Job candidates provide work samples]. <i>Personalwirtschaft Recruiting Guide 2016</i> , 92-94.
	Zygar, C. (2015). Sinnvoll Feedback geben am Arbeitsplatz [Giving reasonable feedback in the workplace]. <i>Evidenzbasierte Wirtschaftspsychologie</i> , (1). Ludwig-Maximilians-Universität München. http://evidenzbasiertesmanagement.de/dokumente/ebm_dossiers/ebm_01_feedback.pdf
Book Chapters	Zygar-Hoffmann, C. (in press). Motivational processes in everyday experience. In O. C. Schultheiss & J. C. Pang. (Ed.), <i>Implicit Motives</i> . Oxford University Press.
	Zygar, C. & Angus, J. (2016). Dankbarkeit [Gratitude]. In D. Frey (Ed.), <i>Psychologie der Werte</i> [Psychology of Values] (S.37-52). Berlin, Heidelberg: Springer.
Theses	Zygar-Hoffmann, C. (2020). <i>Taking a closer look at the ups and downs in couple relationships: Using the Experience Sampling Method to study motivation, behavior, and feelings in dyads</i> . https://doi.org/10.5282/edoc.26579
	Zygar, C. (2016). Verhalten am Smartphone als Indikator für fluide Intelligenz [Smartphone behavior as indicator of fluid intelligence]. https://osf.io/fa2t3/
	Zygar, C. (2013, June 24). <i>Der Einfluss emotionaler Intelligenz auf die Befriedigung impliziter Motive</i> [The influence of emotional intelligence on the satisfaction of implicit motives]. https://doi.org/10.17605/OSF.IO/6CSF7
Conference Talks	Zygar-Hoffmann, C. , Hagemeyer, B., & Schönbrodt F. (2024, September). <i>The experience of agentic motivational states in couple relationships and their relationship to motive dispositions</i> . Presentation held at the 53. Kongress der Deutschen Gesellschaft für Psychologie [53 th Congress of the German Psychological Society] in Vienna, Austria.
	Zygar-Hoffmann, C. , Hagemeyer, B., & Schönbrodt F. (2023, October). <i>Zusammenhänge von momentan erlebter agentischer Motivation mit impliziten und expliziten Motivdispositionen</i> [Relationships between momentary experienced agentic motivation and implicit as well as explicit motive dispositions]. Präsentation auf dem 41. Motivationspsychologischen Kolloquium [41 th Colloquium on Motivation Psychology] in Jena.

Zygar-Hoffmann, C., Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2023, June). *Using Ecological Momentary Interventions to elicit momentary feelings of closeness to one's relationship partner*. Präsentation auf der Society for Ambulatory Assessment Conference 2022 in Amsterdam, Niederlande.

Zygar-Hoffmann, C. & Schönbrodt, F. D. (2023, May). *Experimental Study on Motivational Processes in Couples using Ecological Momentary Interventions*. Pre-Study-Poster auf der Society for the Improvement

Zygar-Hoffmann, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2022, July). *Synchrony and Dominance: Strategies to solve motivational conflicts in couple relationships?* Presentation held at the hybrid 20th European Conference on Personality hosted by University of Madrid, Spain.

Zygar-Hoffmann, C., Cludius, B., Sckopke, P., Stefan, A., Werner, G., & Schönbrodt, F. D. (2021, November). *Experiencing communion and independence in couple relationships: How motive dispositions and motivational states interact to overcome situational barriers*. Presentation held at the 39. Motivationspsychologischen Kolloquium [39th Colloquium on Motivation Psychology] in Zurich, Switzerland.

Zygar-Hoffmann, C. & Schönbrodt, F. D. (2021, September). *The role of motive dispositions and motivational states for persistent instrumental behavior in couple relationships during the COVID-19 pandemic*. Presentation held at the digital 15. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) [15th Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics] hosted by Ulm University, Germany.

Zygar-Hoffmann, C. & Schönbrodt, F. D. (2021, July). *On different regulation strategies of closeness and distance in intimate relationships*. Presentation held at the digital Society for Ambulatory Assessment Conference 2021 hosted by University of Zurich, Switzerland.

Zygar-Hoffmann, C. & Schönbrodt, F. D. (2020, January). *Assessing relationship satisfaction with experience sampling: Achieving accuracy and reducing bias*. Presentation held at the Society for Ambulatory Assessment Conference 2020 in Melbourne, Australia.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2018, September). *Motivationale Konflikte in Partnerschaften: Synchronisation oder Dominanz? [Motivational conflicts in relationships: Synchronisation or dominance?]*. Presentation held at the 38. Motivationspsychologisches Kolloquium [38th Colloquium on Motivation Psychology] in Konstanz, Germany.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2018, September). *Paarforschung mit impliziten Motiven: Mit Experience-Sampling die motivationalen Prozesse verstehen [Relationship research with implicit motives: Understanding the motivational processes with experience sampling]*. Presentation held at the 51. Kongress der Deutschen Gesellschaft für Psychologie [51th Congress of the German Psychological Society] in Frankfurt, Germany.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2018, July). *Understanding the relationship between motives and relationship satisfaction: A differentiated look at intra-individual processes of agentic motivation*. Presentation held at the 19th European Conference on Personality in Zadar, Croatia.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2017, November). *Motive und Motivation in Partnerschaften: Eine präregistrierte Experience-Sampling Studie [Motives and motivation in couple relationships: A preregistered experience sampling study]*. Presentation held at the 37. Motivationspsychologisches Kolloquium [37th Colloquium on Motivation Psychology] in Trier, Germany.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2017, September). *Motivationale Mikrodynamiken in Paaren. Eine Experience-Sampling Studie [Motivational micro dynamics in couples. An experience-sampling study]*. Presentation held at the 14. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und

Psychologische Diagnostik (DPPD) [14th Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics] in Munich, Germany.

Zygar, C. (2016, September). *Verhalten am Smartphone als Indikator für fluide Intelligenz. Hypothesengeleitete Analyse von Big Data [Smartphone behavior as indicator of fluid intelligence. Hypothesis-driven analysis of big data]*. Presentation held at the 50. Kongress der Deutschen Gesellschaft für Psychologie [50th Congress of the German Psychological Society] in Leipzig, Germany.

Zygar, C. (2016, October). *Motivationale Zustände im Alltag. Ergebnisse von zwei Experience-Sampling-Studien [Motivational states in everyday life. Results from two experience sampling studies]*. Presentation held at the 36. Motivationspsychologisches Kolloquium [36th Colloquium on Motivation Psychology] in Erlangen, Germany.

Invited Talks

Zygar-Hoffmann, C. (2025, Februar). *Dyadic regulation of closeness in couple relationships*. Eingeladener Vortrag auf der SPSP (Society for Personality and Social Psychology) Preconference Motivation Science in Denver, USA.

Zygar-Hoffmann, C. (2024, November). The role of motives and motivational processes for intimate relationships. Invited talk at the research colloquium of the Chair of Developmental Psychology (Prof. Dr. Michaela Riediger) at Friedrich-Schiller-Universität in Jena, Germany.

Zygar-Hoffmann, C. (2024, November). The role of motives and motivational processes for intimate relationships. Invited talk (digital) at the research colloquium of the Chair of Personality Psychology (Prof. Dr. Marie Hennecke) at Ruhr-Universität Bochum, Germany.

Zygar-Hoffmann, C. (2019, April). *Using the Experience Sampling Method for Studying Relationships: Lessons Learned*. Invited talk at the research colloquium of the Chair of Clinical Psychology (Prof. Dr. Thomas Ehring) at LMU in Munich, Germany.

Zygar, C. (2018, November). *Mit der Experience Sampling Methode psychologische Prozesse besser verstehen oder: From motive dispositions to states to outcomes.* [Understanding psychological processes better with experience sampling or: From motive dispositions to states to outcomes"]. Invited talk at the research colloquium of the Chair of Economic and Organizational Psychology (Prof. Dr. Felix Brodbeck) at LMU in Munich, Germany.

Zygar, C. (2018, May). *Vorstellung der Publikation: "From motive dispositions to states to outcomes."* [Presentation of the publication: "From motive dispositions to states to outcomes"]. Invited talk at the research colloquium of the Department of Personality Psychology and Psychological Assessment (Prof. Dr. Franz Neyer) at Friedrich-Schiller-Universität in Jena, Germany.

Grants / Funding (total 335.270€)

LMUexcellent	<i>Program for improving competitive research profiles</i>
2023	5.000€ for supporting postdoc research activities
DFG	<i>German Research Foundation</i>
2021	274.594€ for the research project "Experimental investigation of the daily motivational processes in intimate relationships using ecological momentary interventions" (ZY 134/2-1)
Frauenbeauftragte	<i>Diversity manager at LMU</i>
2021	2.237€ for promoting gender equity in research and teaching
Mentoring@LMU	<i>Program for improving academic excellence promoted by the faculty of psychology and pedagogy</i>
2021	1.946€ for promoting the potential for academic excellence

Lehre@LMU

Program for improving teaching promoted by the German Federal Ministry of Education and Research

2020	400€ for the supervision of a bachelor thesis
2019	1.505€ for student projects in the context of the course “Empiric-psychological Research”, together with Laura Israel
2018/2019	10.668€ for advancement of an e-learning smartphone app to improve statistical understanding, together with Felix Schönbrodt and Clemens Stachl
2017/2018	14.736€ for improving the course „Empiric-Psychological Research“ for psychology undergraduates (bachelor students) at LMU Munich, together with Vanessa Büchner and Stephanie Lichtenfeld
2017/2018	24.184€ for development of an e-learning smartphone app to improve statistical understanding, together with Felix Schönbrodt and Clemens Stachl

Teaching Experience**Lectures**

In-person and digital

2024/2025	Lecture on „Scientific Working and Research Methods“ (Psychology, B.Sc., 2 nd semester) Lecture on „Introduction to the Research Methods in Psychology and Psychotherapy“ (Psychology, B.Sc., 1 st semester)
2024	Lecture on „Scientific Working and Research Methods“ (Psychology, B.Sc., 2 nd semester) Lecture on „Introduction to the Research Methods in Psychology and Psychotherapy“ (Psychology, B.Sc., 1 st semester)
2023/2024	Lecture on „Scientific Working and Research Methods“ (Psychology, B.Sc., 2 nd semester) Lecture on „Introduction to the Research Methods in Psychology and Psychotherapy“ (Psychology, B.Sc., 1 st semester)
2021	Lecture on “Multivariate Statistics” (digital, Psychology, M. Sc., 2 nd semester)
2020	Lecture on „Psychological Diagnostics“ (digital, Psychology, B.Sc., 4 th semester)
2017	Lecture on „Psychological Diagnostics“ (in-person, Psychology, B.Sc., 4 th semester) together with Johannes Albert-von der Gönna

Courses

In-person and digital

2024/2025	1x Tutor in the „Scientifically oriented internship“ (Psychology, B.Sc., 3 rd semester) 1x Questionnaire development“ (Psychology, B.Sc., 3 rd semester)
2024	1x „Quantitative Methods I“ (Psychology, B.Sc., 1 st semester)
2023	1x „Methods in Diagnostics“ (digital, Psychology, B.Sc., 4 th semester)
2021/2022	3x “Questionnaire development” (digital, Psychology, B.Sc., 3 rd semester)
2021	1x “Course in Multivariate Statistics” (digital, Psychology, M.Sc., 2 nd semester)
2020/2021	1x „Methods in Diagnostics“ (digital, Psychology, B.Sc., 5 th semester) 1x Assistance to “Empiric-psychological Research” (digital, Psychology, B.Sc., 2 nd semester) led by Felix Schönbrodt 2x Assistance to “Statistics I” (digital, Psychology, B.Sc., 1 st semester) led by David Goretzko, Felix Naumann and Philipp Sckopke
2020	1x „Methods in Diagnostics“ (digital, Psychology, B.Sc., 4 th semester)
2019/2020	2x „Methods in Diagnostics“ (in-person, Psychology, B.Sc., 5 th semester) 1x „Statistics I“ (in-person, Psychology, B.Sc., 1 st semester)
2019	1x “Empiric-psychological Research” (in-person, Psychology, B.Sc., 2 nd semester) together with Laura Israel

2018/2019	1x “Empiric-psychological Research” (in-person, Psychology, B.Sc., 3 rd semester) together with Felix Schönbrodt
2018	1x “Empiric-psychological Research” (in-person, Psychology, B.Sc., 2 nd semester) together with Felix Schönbrodt
2017/2018	1x „Methods in Diagnostics“ (in-person, Psychology, B.Sc., 5 th semester)
2016/2017	1x „Methods in Diagnostics“ (in-person, Psychology, B.Sc., 5 th semester)
2016	3x „Statistics II“ (in-person, Psychology, B.Sc., 2 nd semester)
2015/2016	3x „Methods in Diagnostics“ (in-person, Psychology, B.Sc., 5 th semester)
2014/2015	1x „Social Competencies“ (in-person, Psychology, B.Sc., 1 st semester) 1x Co-Supervision of a training on how to code implicit motives in the context of empiric-psychological research classes (in-person, Psychology, B.Sc., 3 rd semester)
Theses	<i>Supervision and Co-Supervision</i>
2024/2025	Bachelor’s Thesis (Lisa Wölfl): “Deprivation und Überdruß von emotionaler Nähe in Partnerschaften als Ecological Momentary Interventions” Bachelor’s Thesis (Paul Reichard): “Die Wirkung imaginierter Deprivation und Überfluß an Nähe auf das Nähebedürfnis in Paarbeziehungen: Der Einfluss von Aufforderungseffekten unter Anwendung von Ecological Momentary Interventions” Master’s Thesis (Maria Colak): “Stabilität und Zufriedenheit in langfristigen Paarbeziehungen im religiösen Vergleich (in Deutschland)” Master’s Thesis (Julia Mallek): “Equality in couples: A question of values and attitudes? The influence of attitudes on division of care-work and satisfaction”
2024	Master’s Thesis (Asena Kaygili): “„Leg doch mal dein Smartphone weg“: Eine Analyse von vermittelnden und moderierenden Mechanismen durch die Partner phubbing mit Beziehungszufriedenheit zusammenhängt” Bachelor’s Thesis (Julian Mader): “The Self-Reflection and Insight Scale: Psychometric Evaluation of a German Translation” Bachelor’s Thesis (Jonathan Seidel): “Can Imaginary practices increase motivation for emotional closeness in couples? An ecological momentary intervention approach” Bachelor’s Thesis (Christoph Leininger): “Utilizing Sexual Self-Disclosure as an Ecological Momentary Intervention to Elicit Short-Term Feelings of Closeness in Couple Relationships”
2021/2022	Master’s Thesis (Patrick Kaschel): “Formal Modeling as a Tool for Cumulative Theory Development in Psychology”
2021	Bachelor’s Thesis (Lara Cristoforo): “Interventionen zur Förderung der erlebten Nähe in Partnerschaften” (“Interventions to enhance experienced closeness in couples”) Bachelor’s Thesis (Lisa Wolf): “Mikrointerventionen zur Erhöhung der emotionalen Nähe zum Partner – ein Experience Sampling Ansatz mit Impulsen aus der Praxis” (“Microinterventions to enhance the experience of closeness for the partner – an experience sampling approach with impulses from practitioner settings”)
2020	Bachelor’s Thesis (Leonie Träger): “Die Moderation des Zusammenhangs zwischen Feedback und Arbeitszufriedenheit durch das Leistungsmotiv” (“The moderation of the relationship between feedback and work satisfaction by the achievement motive”)
2019	Bachelor’s Thesis (Anika Spiesberger): “Does measuring relationship satisfaction by using the Experience Sampling Method affect global relationship satisfaction?”
2016	Master’s Thesis (Helen Baumann): “Kommunale Motivation in Partnerschaften - Eine Experience Sampling Studie” (“Communal motivation in relationships – A experience sampling study”)

Voluntary Work and Professional Services

since 06/2024	Active member of the Open Science Initiative in Psychology at CFH Munich
since 10/2020	Active member of the Open Science Center (for all disciplines) at LMU Munich
since 10/2017	Adhoc Reviewer for <i>Journal of Personality Assessment</i> , <i>Personality Science</i> , <i>Psychological Methods</i> , <i>Motivation and Emotion</i> , <i>European Journal of Social Psychology</i> , <i>European Journal of Personality Assessment</i> , <i>Diagnostica</i> , <i>Entropy</i> and <i>Scientific Reports</i>
2016 – 2025	Active member of the Open Science Initiative in Psychology at LMU Munich
2016 – 2018	Supervision of a local experience-sampling network for researchers
09/2021	Chair for the session “Symposium on applied personality research 2.0” at the digital Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics hosted by Ulm University
11/2019	Chair for the session “Challenges in Psychological Measurement” at the JuniorResearchers@F11 Conference at LMU Munich
2018 – 2020	Mid-level faculty representative of the Steering Committee at LMU Munich
2017 – 2018	Mid-level faculty representative (deputy) for a tenure-track commission serving the appointment of a full professor of Clinical Psychology of Children and Adolescents at LMU Munich
2013 – 2015	Active member of the Student Council at LMU Munich Organization of the “Round Table for Good Teaching Practices” Public relation manager of the Student Council

Own Workshops, Trainings and Mentoring

since 2012	Ludwig-Maximilians-Universität München, Munich, Germany
since 2016	Supervision of student assistants and trainees (research, programming)
04/2024	Workshop “Tips and tools for a reproducible workflow” for researchers at the Universität des Saarlandes, Saarbrücken, together with Moritz Fischer (one day)
09/2023	Pre-Conference Workshop “Tips and tools for a reproducible workflow” at the Fachtagung DPPD, together with Moritz Fischer (one day)
11/2021	Workshop “Tips and tools for a reproducible workflow” for researchers at LMU Munich, together with Moritz Fischer (two days à 180 min)
10/2021	Workshop “Open Science: Why, What, and How?” for researchers at the Universität der Bundeswehr München (180 min)
09/2020	Workshop “Advanced power analysis” for PhD students in social psychology , at the virtual SoDoc workshop, held together with Felix Schönbrodt (90 min)
07/2019	Workshop “Advanced power analysis” for researchers , in cooperation with the LMU Open Science Committee, held together with Philipp Sckopke, Felix Schönbrodt, und Lena Schiestel (one day)
07/2015	Panel “Leading with Values” for junior managers , co-organizer and trainer of a reflection workshop and moderation of a panel discussion (one day)
10/2012 – 10/2016	Mentor for eight students in the context of a mentoring program offered by the LMU Center for Leadership and People Management
10/2012 – 02/2013	Rhetoric trainings for teachers in cooperation with the Chair of Personality & Educational Psychology
2008 – 2013	Deutsches Museum, Munich, Germany Conception and supervision of workshops during a two-week internship; afterwards regular involvement in the conception and supervision of workshops and a museum tour for kids

Participation in Extracurricular Activities and Training

2021 / 2022	„Statistical Rethinking“ : Reading club on the statistics book of Richard McElreath
09/2021	“EAPP Expert Meetings on the Conceptualization and Measurement of Personality States” : participation as an expert in the series organized by Joanne Chung, Kai Horstmann, & Gabriella Harari (three meetings, digital)
06/2021	“Nonlinear methods” : workshop by Sebastian Wallot, Dan Mønster, Ralf Cox & Giuseppe Leonardi (four days, digital)
03/2021	PostDoc workshop of the DPPD (Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics) : workshop by Isabel Thielmann & André Kretzschmer (three days, digital)
11/2020	“Job application for professorship positions: Training for female scientists” : workshop of the LMU Extra education program by Franziska Jantzen (two days, digital)
11/2020	“Successful start as a PostDoc” : workshop of the LMU Center of Leadership and People Management by Alexandra Hauser (one day, digital)
07/2019	„Perspectives on Scientific Error” : conference (four days, LMU)
09/2018	“Mathematical foundations of statistical tests and estimators” : pre-conference workshop of the DGPS by Andreas Neudecker (one day, Frankfurt)
09/2018	“Bayesian Data Analysis for Social Scientists” : workshop by Mark Andrews and Thom Baguley (two days, LMU)
03/2018	PhD workshop of the DPPD (Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics) : workshop by Anna Baumert & Manfred Schmitt (two days, Landau)
01/2018	“Maintaining privacy with open data” : workshop by Ruben Arslan (one day, LMU)
09/2017	“Bayesian Multilevel Models in R” : pre-conference workshop of the DPPD by Paul-Christian Bürkner (one day, LMU)
05/2017	“Practical Recommendations to Increase the Informational Value of Studies” : workshop by Daniël Lakens (two days, LMU)
12/2016	“Improving your statistical inferences” : MOOC by Daniël Lakens (seven weeks, Coursera)
04/2016	„Do’s and Don’ts of Data Analysis“ : workshop by Felix Schönbrodt (two days, LMU)
03/2016	„Electronic diaries in psychology“ : workshop by Ulrich Ebner-Priemer, Wolff Schlotz and Thomas Kubiak (two days, Karlsruher Institute for Technology, Germany)
02/2016	„Introduction to statistical data analysis (with R)“ : workshop by the LMU statistical consulting unit (one week, LMU)
10/2015	Soft Skill Coach Certificate : training provided by the chair of social psychology (one year, LMU)
09/2015	Distinction-Track Certificate of the LMU Entrepreneurship Center: involved a course on „Business planning“, a lecture on „Electronic Commerce“, a student competition on programming and business ideas „app@night“, and a workshop on data science
03/2014	„Organizational Development: Psychological Approaches to Theory and Practice” at the Venice International University: course offered in cooperation with the Chair of Economic and Organizational Psychology at LMU Munich (one week, Venice, Italy)
10/2012	„Advanced English“ : language course by the Language Center (one semester, LMU)
12/2011	„Systemic Coaching“ : workshop by Katrin Scharpf (two days, LMU)

Industry Experiences

08-09/2021 & 06-07/2020	Stifterverband für die Deutsche Wissenschaft e.V., Essen, Germany Quality check of the applications for the Open Data Impact Award
02/2017 – 03/2017	Allianz Beratungs- und Vertriebs-AG, Munich, Germany Diagnostic consulting on the company's employee attitude survey combined with the realization and analysis of an interview-based evaluation
02/2015 – 09/2015	ADAC e.V., Munich, Germany Working student for two evaluation projects on employee selection and human resources development
05/2012 – 07/2012	Breitenstein Consulting und Pfizer Primary Care Deutschland, Munich, Germany Project consulting on the company's performance management in the context of a course on „Change Management“ at LMU Munich
06/2010 – 08/2010	AWO Pflegeheim Wilhelm-Högner-Haus, Putzbrunn, Germany Care of elderly residents at a nursing home
2008 – 2009	CC4U GmbH, Pullach, Germany Project based work in the IT industry

Skills

Languages	English (fluent), French (very good)	Statistical software	R (proficient), SPSS
Special research skills	Experience Sampling, EMG	Survey software	Unipark, formr, Limesurvey
Other software	CMS: Wordpress, Fiona, Typo3, HTML MS Office, Git, LaTeX, RMarkdown		

Professional Memberships

Society for Ambulatory Assessment

German Psychological Society

Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics

Personal Interests: bicycle tours, board games, Japan