**Curriculum Vitae | March, 2025**

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I orient my actions according to openness, mutual respect and gratitude, which are my core values.

I am committed to research transparency: <http://www.researchtransparency.org>

**Current Position**

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| **since 02/2025** | **Charlotte Fresenius Hochschule München**  **Professor for Psychological Methods** (50% Part-Time) |

**Education**

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| **since 2011** | **Ludwig-Maximilians-Universität (LMU) München, Munich, Germany** |
| **since 11/2021** | **Habilitation** |
| **2016 – 2020** | **Dr. phil. in Psychology**  Final grade: Summa cum laude  Cumulative PhD Thesis: “Taking a Closer Look at the Ups and Downs in Couple Relationships: Using the Experience Sampling Method to Study Motivation, Behavior, and Feelings in Dyads“ under supervision of Felix Schönbrodt (Chair of Psychological Methods and Diagnostics) |
| **2013 – 2015** | **M.Sc. in Economic, Organizational and Social Psychology**  Minor: Business Administration  Final grade: 1.13 (on a scale of 1-5, where 1 is the best grade; approximately equivalent to an overall "A" grade)  Master’s thesis: “Smartphone behavior as an indicator of fluid intelligence” under supervision of Clemens Stachl (Chair of Psychological Methods and Diagnostics) |
| **2011 – 2013** | **B.Sc. in Psychology**  Minor: Sociology  Final grade: 1.25 (on a scale of 1-5, where 1 is the best grade; approximately equivalent to an overall "A" grade)  Award: Ranked in the top 10 % of the program  Bachelor’s thesis: “The influence of emotional intelligence on the satisfaction of implicit motives” under supervision of Felix Schönbrodt (Chair of Emotion and Motivation) |
| **2010 – 2011** | **Friedrich-Alexander-Universität Erlangen-Nürnberg, Erlangen, Germany**  Started studying psychology (one semester) |
| **2001 – 2010**  **2010**  **2007** | **Gymnasium Ottobrunn, Ottobrunn, Germany**  **Higher education entrance qualification („Abitur“)**  Final grade: 1.6 (on a scale of 1-6, where 1 is the best grade; approximately equivalent to an overall "A" grade)  **International visit** (5 months) at the Lycée Sainte Agnès in Angers, France |

**Past Academic Positions**

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| **10/2023 – 01/2025** | **Charlotte Fresenius Hochschule München, Munich, Germany**  **Interim Professor** for Psychological Methods |
| **2011 – 2025** | **Ludwig-Maximilians-Universität München, Munich, Germany** |
| 08/2019 – 01/2025 | **Research fellow** (04/2021 – 01/2025 “Akademische Rätin auf Zeit” and 04/2022 – 09/2023 on parental leave) at the Chair of Psychological Methods and Diagnostics (Prof. Dr. Markus Bühner) |
| 09/2016 – 07/2019 | **Project research fellow** in a research project funded by the German Research Foundation “Dynamic of implicit motives in the context of intimate relationships” (PI: PD Dr. Felix Schönbrodt; in cooperation with Dr. Birk Hagemeyer, Friedrich-Schiller-Universität Jena, Germany) |
| 01/2016 – 09/2016 | **Chair research fellow** at the Chair of Psychological Methods and Diagnostics (Prof. Dr. Markus Bühner) |
| 10/2015 – 01/2016 | **Student teaching assistant** at the Chair of Psychological Methods and Diagnostics (Prof. Dr. Markus Bühner) |
| 11/2014 – 12/2014 | **Student teaching assistant** at the Chair of Emotion and Motivation (Prof. Dr. Markus Maier) |
| 05/2014 – 06/2014 | **Student research assistant** at the Chair of Economic and Organizational Psychology (Prof. Dr. Felix Brodbeck) |
| 09/2011 – 07/2012 | **Research internship** at the Chair of Emotion and Motivation with training as a certified coder of implicit motives (supervisor: PD Dr. Felix Schönbrodt) |
| **2012 – 2015** | **Technische Universität München (TUM), Munich, Germany** |
| 08/2012 – 09/2015 | **Student research assistant** at the Chair of Strategy and Organization (Prof. Dr. Isabell Welpe): involvement in a research project on the recruitment and assessment of managers (2012-2013) and in the evaluation of a coaching program for diversity and talent management (2013-2015) |
| 12/2012 – 03/2013  & 09/2014 | **Self-employed: Coding of implicit motives** for the Chair of Psychology (Prof. Dr. Hugo Kehr) |
| **2014 – 2015** | **Universität Koblenz-Landau, Koblenz-Landau, Germany** |
| 07/2014 &  12/2014 &  07/2015 | **Self-employed: Coding of implicit motives** for the work group on Social and Economic Psychology (Prof. Dr. Melanie Steffens) |

**Publications and Talks**

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| **Peer-Reviewed Journals** | Eisele, G., …, **Zygar-Hoffmann, C.**, Myin-Germeys, O., & Kirtley, O. J.(in press). ESM-Q: A Consensus-Based Quality Assessment Tool for Experience Sampling Method Items. *Behavior Research Methods*.  Claus, N., Flechsenhar, A., Motka, F, Sckopke, P., Schönbrodt, F. D., Stefan, A. M., Werner, G. G., Cludius, B., & **Zygar-Hoffmann, C.** (in press). Interpersonal versus intrapersonal emotion regulation: Intensity of negative emotion predicts usage probability. *Emotion*. <https://doi.org/10.1037/emo0001508>  **Zygar-Hoffmann, C.**, Hagemeyer, B., & Schönbrodt, F. D. (2024). The reflection of motive dispositions in everyday agentic motivational states. *Motivation Science, 10*(4), 379–386. [https://doi.org/10.1037/mot0000344](https://psycnet.apa.org/doi/10.1037/mot0000344). Preregistration and study materials: <https://osf.io/fwh5t/>  **Zygar-Hoffmann, C.,** Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2022). Eliciting short-term closeness in couple relationships with Ecological Momentary Interventions. *Collabra: Psychology, 8*(1): 38599, 1-26. <https://doi.org/10.1525/collabra.38599>. Data, preregistration and study materials: <https://osf.io/aghcm/>  Werner, B., Sckopke, P., Cludius, B., Stefan, A., Schönbrodt, F. D., & **Zygar-Hoffmann, C.** (2022). The predictive power of insomnia symptoms on other aspects of mental health during the COVID-19 pandemic: A longitudinal study. Journal of Sleep Research, e13641, 1-13. <https://doi.org/10.1111/jsr.13641>. Preregistration and study materials: <https://osf.io/72ejg/>  Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.,** & Hagemeyer, B. (2022). Motivational interdependence in couple relationships*. Frontiers in Psychology,* 13:827746, 1-22. <https://doi.org/10.3389/fpsyg.2022.827746>. Study materials: <https://osf.io/2fz5w/>  Schönbrodt, F. D., **Zygar-Hoffmann, C.**, Frank, M., & Gollwitzer, M. (2022). Gute wissenschaftliche Praxis „hands-on“: Ein Kerncurriculum für Empirische Praktika. *Psychologische Rundschau, 73*(2), 130–132. <https://doi.org/10.1026/0033-3042/a000590>  Schönbrodt, F., **Zygar-Hoffmann, C.**, Nestler, S., Pusch, S., & Hagemeyer, B. (2021). Measuring motivational relationship processes in experience sampling: A reliability model for moments, days, and persons nested in couples. *Behavior Research Methods*. <https://doi.org/10.3758/s13428-021-01701-7>. Study materials: <https://osf.io/jmeaw/>  Pusch, S., Schönbrodt, F. D., **Zygar‐Hoffmann, C.**, & Hagemeyer, B. (2021). Perception of communal motives in couples: Accuracy, bias, and their associations with relationship length. *Journal of Research in Personality, 91*. <https://doi.org/10.1016/j.jrp.2020.104060>. Study materials: <https://osf.io/jc932/>  **Zygar-Hoffmann, C**., Pusch, S., Hagemeyer, B., & Schönbrodt, F. D. (2020). Motivated behavior in intimate relationships: Comparing the predictive value of motivational variables. *Social Psychological Bulletin, 15*(2), 1-37.<https://doi.org/10.32872/spb.2873>. Preregistration and study materials: <https://osf.io/urwq7/>  **Zygar-Hoffmann, C.,** & Schönbrodt, F. D. (2020). Recalling experiences: Looking at momentary, retrospective and global assessments of relationship satisfaction. *Collabra: Psychology, 6*(1): 7, 1-26. <https://doi.org/10.1525/collabra.278>. Preregistration and study materials: <https://osf.io/sq7mw/>  Pusch, S., Schönbrodt, F. D., **Zygar‐Hoffmann, C.**, & Hagemeyer, B. (2020). Truth and wishful thinking: How interindividual differences in communal motives manifest in momentary partner perceptions. *European Journal of Personality, 34*(1), 115-134. <https://doi.org/10.1002/per.2227>. Study materials: <https://osf.io/cbsgq/>  Schönbrodt, F. D., Hagemeyer, B., Brandstätter, V., Czikmantori, T., Gröpel, P., Hennecke, M., . . . **Zygar‐Hoffmann, C.**, & Schultheiss, O. C. (2020). Measuring implicit motives with the picture story exercise (PSE): Databases of expert-coded German stories, pictures, and updated picture norms. *Journal of Personality Assessment*, 1-14*.* <https://doi.org/10.1080/00223891.2020.1726936>. Study materials: <https://osf.io/dj8g9/>  **Zygar, C**., Hagemeyer, B., Pusch, S., & Schönbrodt, F. D. (2018). From motive dispositions to states to outcomes: An intensive experience sampling study on communal motivational dynamics in couples. *European Journal of Personality, 32*, 306–324. <https://doi.org/10.1002/per.2145>.Preregistration and study materials: <https://osf.io/b8pu6/>  **Zygar, C.,** & Pfundmair, M. (2017). Does the female cycle matter? Looking at aggressive intentions after social exclusion. *Social Influence, 12*(1), 1-14. doi: 10.1080/15534510.2017.1301990. Open data and study materials: <https://osf.io/aqrm9/> |
| **Data Set Publications** | **Zygar-Hoffmann, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2020). *A large longitudinal study on motivation, behavior and satisfaction in couples: Research data from a four-week experience sampling study with a pre-, post-, and one-year follow-up-assessment [translated title] [data and documentation]*. Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. <https://doi.org/10.5160/psychdata.zrce18mo99>  **Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2018). *From motive dispositions to states to outcomes: Research data of an intensive experience sampling study on communal motivational dynamics in couples [translated title] [data and documentation]*. Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. <https://doi.org/10.5160/psychdata.zrce16dy99> |
| **Other Journals** | **Zygar, C.** & Albert von-der-Gönna, J. (2018). Big Data und Machine Learning in der Psychologie [Big data and machine learning in psychology]. *Akademie Aktuell, 64,* 54-55*.* <http://badw.de/fileadmin/pub/akademieAktuell/2018/64/AA_0118_18_Zygar_V03.pdf>  **Zygar, C.,** Schabel, S., & Woschée, R. (2016). Bewerber geben Arbeitsproben ab [Job candidates provide work samples]. *Personalwirtschaft Recruiting Guide 2016*, 92-94.  **Zygar, C.** (2015). Sinnvoll Feedback geben am Arbeitsplatz [Giving reasonable feedback in the workplace]. *Evidenzbasierte Wirtschaftspsychologie, (1)*. Ludwig-Maximilians-Universität München. <http://evidenzbasiertesmanagement.de/dokumente/ebm_dossiers/ebm_01_feedback.pdf> |
| **Book Chapters** | **Zygar-Hoffmann, C.** (in press).Motivational processes in everyday experience. In O. C. Schultheiss & J. C. Pang. (Ed.), *Implicit Motives*. Oxford University Press.  **Zygar, C.** & Angus, J. (2016). Dankbarkeit [Gratitude]. In D. Frey (Ed.), *Psychologie der Werte* [Psychology of Values] (S.37-52). Berlin, Heidelberg: Springer. |
| **Theses** | **Zygar-Hoffmann, C.** (2020). *Taking a closer look at the ups and downs in couple relationships: Using the Experience Sampling Method to study motivation, behavior, and feelings in dyads*. <https://doi.org/10.5282/edoc.26579>  **Zygar, C.** (2016). Verhalten am Smartphone als Indikator für fluide Intelligenz *[Smartphone behavior as indicator of fluid intelligence]*. <https://osf.io/fa2t3/>  **Zygar, C.** (2013, June 24). *Der Einfluss emotionaler Intelligenz auf die Befriedigung impliziter Motive [The influence of emotional intelligence on the satisfaction of implicit motives].* <https://doi.org/10.17605/OSF.IO/6CSF7> |
| **Conference**  **Talks** | **Zygar-Hoffmann, C.,** Hagemeyer, B., & Schönbrodt F. (2024, September). *The experience of agentic motivational states in couple relationships and their relationship to motive dispositions.* Presentation held at the 53. Kongress der Deutschen Gesellschaft für Psychologie [53th Congress of the German Psychological Society] in Vienna, Austria.  **Zygar-Hoffmann, C.,** Hagemeyer, B., & Schönbrodt F. (2023, October). Z*usammenhänge von momentan erlebter agentischer Motivation mit impliziten und expliziten Motivdispositionen [Relationships between momentary experienced agentic motivation and implicit as well as explicit motive dispositions].* Präsentation auf dem 41. Motivationspsychologischen Kolloquium [41th Colloquium on Motivation Psychology] in Jena.  **Zygar-Hoffmann, C.,** Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2023, June). *Using Ecological Momentary Interventions to elicit momentary feelings of closeness to one’s relationship partner.* Präsentation auf der Society for Ambulatory Assessment Conference 2022 in Amsterdam, Niederlande.  **Zygar-Hoffmann, C.** & Schönbrodt, F. D. (2023, May). *Experimental Study on Motivational Processes in Couples using Ecological Momentary Interventions.* Pre-Study-Poster auf der Society for the Improvement  **Zygar-Hoffmann, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt F. (2022, July). *Synchrony and Dominance: Strategies to solve motivational conflicts in couple relationships?* Presentation held at the hybrid 20th European Conference on Personality hosted by University of Madrid, Spain.  **Zygar-Hoffmann, C.**,Cludius, B., Sckopke, P., Stefan, A., Werner, G., & Schönbrodt, F. D.(2021, November). *Experiencing communion and independence in couple relationships: How motive dispositions and motivational states interact to overcome situational barriers*. Presentation held at the 39. Motivationspsychologischen Kolloquium [39th Colloquium on Motivation Psychology] in Zurich, Switzerland.  **Zygar-Hoffmann, C.** & Schönbrodt, F. D. (2021, September). *The role of motive dispositions and motivational states for persistent instrumental behavior in couple relationships during the COVID-19 pandemic.* Presentation held at the digital 15. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) [15th Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics] hosted by Ulm University, Germany.  **Zygar-Hoffmann, C.** & Schönbrodt, F. D. (2021, July). *On different regulation strategies of closeness and distance in intimate relationships.* Presentation held at the digital Society for Ambulatory Assessment Conference 2021 hosted by University of Zurich, Switzerland.  **Zygar-Hoffmann, C.** & Schönbrodt, F. D. (2020, January). *Assessing relationship satisfaction with experience sampling: Achieving accuracy and reducing bias.* Presentation held at the Society for Ambulatory Assessment Conference 2020 in Melbourne, Australia.  **Zygar, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2018, September). *Motivationale Konflikte in Partnerschaften: Synchronisation oder Dominanz? [Motivational conflicts in relationships: Synchronisation or dominance?].* Presentation held at the 38. Motivationspsychologisches Kolloquium [38th Colloquium on Motivation Psychology] in Konstanz, Germany.  **Zygar, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2018, September). *Paarforschung mit impliziten Motiven: Mit Experience-Sampling die motivationalen Prozesse verstehen [Relationship research with implicit motives: Understanding the motivational processes with experience sampling].* Presentation held at the 51. Kongress der Deutschen Gesellschaft für Psychologie [51th Congress of the German Psychological Society] in Frankfurt, Germany.  **Zygar, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2018, July). *Understanding the relationship between motives and relationship satisfaction: A differentiated look at intra-individual processes of agentic motivation.* Presentation held at the 19th European Conference on Personality in Zadar, Croatia.  **Zygar, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2017, November). *Motive und Motivation in Partnerschaften: Eine präregistrierte Experience-Sampling Studie [Motives and motivation in couple relationships: A preregistered experience sampling study]*. Presentation held at the 37. Motivationspsychologisches Kolloquium [37th Colloquium on Motivation Psychology] in Trier, Germany.  **Zygar, C.,** Hagemeyer, B., Pusch, S., & Schönbrodt F. D. (2017, September). *Motivationale Mikrodynamiken in Paaren. Eine Experience-Sampling Studie [Motivational micro dynamics in couples. An experience-sampling study]*. Presentation held at the 14. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) [14th Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics] in Munich, Germany.  **Zygar, C.** (2016, September). *Verhalten am Smartphone als Indikator für fluide Intelligenz. Hypothesengeleitete Analyse von Big Data [Smartphone behavior as indicator of fluid intelligence. Hypothesis-driven analysis of big data]*. Presentation held at the 50. Kongress der Deutschen Gesellschaft für Psychologie [50th Congress of the German Psychological Society] in Leipzig, Germany.  **Zygar, C.** (2016, October). *Motivationale Zustände im Alltag. Ergebnisse von zwei Experience-Sampling-Studien [Motivational states in everday life. Results from two experience sampling studies]*. Presentation held at the 36. Motivationspsychologisches Kolloquium [36th Colloquium on Motivation Psychology] in Erlangen, Germany. |
| **Invited Talks** | **Zygar-Hoffmann, C.** (2025, Februar).*Dyadic regulation of closeness in couple relationships*. Eingeladener Vortrag auf der SPSP (Society for Personality and Social Psychology) Preconference Motivation Science in Denver, USA.  **Zygar-Hoffmann, C.** (2024, November). The role of motives and motivational processes for intimate relationships. Invited talk at the research colloquium of the Chair of Developmental Psychology (Prof. Dr. Michaela Riediger) at Friedrich-Schiller-Universität in Jena, Germany.  **Zygar-Hoffmann, C.** (2024, November). The role of motives and motivational processes for intimate relationships. Invited talk (digital) at the research colloquium of the Chair of Personality Psychology (Prof. Dr. Marie Hennecke) at Ruhr-Universität Bochum, Germany.  **Zygar-Hoffmann, C.** (2019, April).*Using the Experience Sampling Method for Studying Relationships: Lessons Learned.* Invited talk at the research colloquium of the Chair of Clinical Psychology (Prof. Dr. Thomas Ehring) at LMU in Munich, Germany.  **Zygar, C.** (2018, November).*Mit der Experience Sampling Methode psychologische Prozesse besser verstehen oder: From motive dispositions to states to outcomes.” [Understanding psychological processes better with experience sampling or: From motive dispositions to states to outcomes”]*. Invited talk at the research colloquium of the Chair of Economic and Organizational Psychology (Prof. Dr. Felix Brodbeck) at LMU in Munich, Germany.  **Zygar, C.** (2018, May).*Vorstellung der Publikation: “From motive dispositions to states to outcomes.” [Presentation of the publication: “From motive dispositions to states to outcomes”]*. Invited talk at the research colloquium of the Department of Personality Psychology and Psychological Assessment (Prof. Dr. Franz Neyer) at Friedrich-Schiller-Universität in Jena, Germany. |

**Grants / Funding (total 335.270€)**

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| **LMUexcellent** | *Program for improving competitive research profiles* |
| 2023 | **5.000€ for supporting postdoc research activities** |
| **DFG** | *German Research Foundation* |
| 2021 | **274.594€ for the research project “Experimental investigation of the daily motivational processes in intimate relationships using ecological momentary interventions” (ZY 134/2-1)** |
| **Frauenbeauftragte** | *Diversity manager at LMU* |
| 2021 | **2.237€ for promoting gender equity in research and teaching** |
| **Mentoring@LMU** | *Program for improving academic excellence promoted by the faculty of psychology and pedagogy* |
| 2021 | **1.946€ for promoting the potential for academic excellence** |
| **Lehre@LMU** | *Program for improving teaching promoted by the German Federal Ministry of Education and Research* |
| 2020 | **400€ for the supervision of a bachelor thesis** |
| 2019 | **1.505€ for student projects in the context of the course “Empiric-psychological Research”**,together with Laura Israel |
| 2018/2019 | **10.668€ for advancement of an e-learning smartphone app to improve statistical understanding**,together with Felix Schönbrodt and Clemens Stachl |
| 2017/2018 | **14.736€ for improving the course „Empiric-Psychological Research“** for psychology undergraduates (bachelor students) at LMU Munich,together with Vanessa Büchner and Stephanie Lichtenfeld |
| 2017/2018 | **24.184€ for development of an e-learning smartphone app to improve statistical understanding**,together with Felix Schönbrodt and Clemens Stachl |

**Teaching Experience**

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| **Lectures** | *In-person and digital* |
| 2024/2025 | **Lecture on „Scientific Working and Research Methods“** (Psychology, B.Sc., 2nd semester) |
|  | **Lecture on „Introduction to the Research Methods in Psychology and Psychotherapy“** (Psychology, B.Sc., 1st semester) |
| 2024 | **Lecture on „Scientific Working and Research Methods“** (Psychology, B.Sc., 2nd semester) |
|  | **Lecture on „Introduction to the Research Methods in Psychology and Psychotherapy“** (Psychology, B.Sc., 1st semester) |
| 2023/2024 | **Lecture on „Scientific Working and Research Methods“** (Psychology, B.Sc., 2nd semester) |
|  | **Lecture on „Introduction to the Research Methods in Psychology and Psychotherapy“** (Psychology, B.Sc., 1st semester) |
| 2021 | **Lecture on “Multivariate Statistics”** (digital, Psychology, M. Sc., 2nd semester) |
| 2020 | **Lecture on „Psychological Diagnostics“** (digital, Psychology, B.Sc., 4th semester) |
| 2017 | **Lecture on „Psychological Diagnostics“** (in-person, Psychology, B.Sc., 4th semester) together with Johannes Albert-von der Gönna |
| **Courses** | *In-person and digital* |
| 2024/2025 | **1x Tutor in the „Scientifically oriented internship”** (Psychology, B.Sc., 3rd semester)  **1x Questionnaire development”** (Psychology, B.Sc., 3rd semester) |
| 2024 | **1x „Quantitative Methods I“** (Psychology, B.Sc., 1st semester) |
| 2023 | **1x „Methods in Diagnostics“** (digital, Psychology, B.Sc., 4th semester) |
| 2021/2022 | **3x “Questionnaire development”** (digital, Psychology, B.Sc., 3rd semester) |
| 2021 | **1x “Course in Multivariate Statistics”** (digital, Psychology, M.Sc., 2nd semester) |
| 2020/2021 | **1x „Methods in Diagnostics“** (digital, Psychology, B.Sc., 5th semester)  **1x Assistance to “Empiric-psychological Research”** (digital, Psychology, B.Sc., 2nd semester) led by Felix Schönbrodt  **2x Assistance to “Statistics I”** (digital, Psychology, B.Sc., 1st semester) led by David Goretzko, Felix Naumann and Philipp Sckopke |
| 2020 | **1x „Methods in Diagnostics“** (digital, Psychology, B.Sc., 4th semester) |
| 2019/2020 | **2x „Methods in Diagnostics“** (in-person, Psychology, B.Sc., 5th semester)  **1x „Statistics I“** (in-person, Psychology, B.Sc., 1st semester) |
| 2019 | **1x “Empiric-psychological Research”** (in-person, Psychology, B.Sc., 2nd semester) together with Laura Israel |
| 2018/2019 | **1x “Empiric-psychological Research”** (in-person, Psychology, B.Sc., 3rd semester) together with Felix Schönbrodt |
| 2018 | **1x “Empiric-psychological Research”** (in-person, Psychology, B.Sc., 2nd semester) together with Felix Schönbrodt |
| 2017/2018 | **1x „Methods in Diagnostics“** (in-person, Psychology, B.Sc., 5th semester) |
| 2016/2017 | **1x „Methods in Diagnostics“** (in-person, Psychology, B.Sc., 5th semester) |
| 2016 | **3x „Statistics II“** (in-person, Psychology, B.Sc., 2nd semester) |
| 2015/2016 | **3x „Methods in Diagnostics“** (in-person, Psychology, B.Sc., 5th semester) |
| 2014/2015 | **1x „Social Competencies“** (in-person, Psychology, B.Sc., 1st semester)  **1x Co-Supervision of a training on how to code implicit motives** in the context of empiric-psychological research classes (in-person, Psychology, B.Sc., 3rd semester) |
| **Theses** | *Supervision and Co-Supervision* |
| 2024/2025 | **Bachelor‘s Thesis** (Lisa Wölfl): “Deprivation und Überdruss von emotionaler Nähe in Partnerschaften als Ecological Momentary Interventions”  **Bachelor‘s Thesis** (Paul Reichard): “Die Wirkung imaginierter Deprivation und Uberfluss an Nahe auf das Nahebedurfnis in Paarbeziehungen: Der Einfluss von Aufforderungseffekten unter Anwendung von Ecological Momentary Interventions”  **Master‘s Thesis** (Maria Colak): “Stabilität und Zufriedenheit in langfristigen Paarbeziehungen im religiösen Vergleich (in Deutschland)”  **Master‘s Thesis** (Julia Mallek): “Equality in couples: A question of values and attitudes? The influence of attitudes on division of care-work and satisfaction” |
| 2024 | **Master‘s Thesis** (Asena Kaygili): “„Leg doch mal dein Smartphone weg“: Eine Analyse von vermittelnden und moderierenden Mechanismen durch die Partner phubbing mit Beziehungszufriedenheit zusammenhängt”  **Bachelor‘s Thesis** (Julian Mader): “The Self-Reflection and Insight Scale: Psychometric Evaluation of a German Translation”  **Bachelor‘s Thesis** (Jonathan Seidel): “Can Imaginary practices increase motivation for emotional closeness in couples? An ecological momentary intervention approach”  **Bachelor‘s Thesis** (Christoph Leininger): “Utilizing Sexual Self-Disclosure as an Ecological Momentary Intervention to Elicit Short-Term Feelings of Closeness in Couple Relationships” |
| 2021/2022  2021 | **Master‘s Thesis** (Patrick Kaschel): “Formal Modeling as a Tool for Cumulative Theory Development in Psychology”  **Bachelor‘s Thesis** (Lara Cristoforo): “Interventionen zur Förderung der erlebten Nähe in Partnerschaften” (“Interventions to enhance experienced closeness in coupels”)  **Bachelor‘s Thesis** (Lisa Wolf): “Mikrointerventionen zur Erhöhung der emotionalen Nähe zum Partner – ein Experience Sampling Ansatz mit Impulsen aus der Praxis” (“Microinterventions to enhance the experience of closeness for the partner – an experience sampling approach with impulses from practitioner settings”) |
| 2020 | **Bachelor‘s Thesis** (Leonie Träger): “Die Moderation des Zusammenhangs zwischen Feedback und Arbeitszufriedenheit durch das Leistungsmotiv” (“The moderation of the relationship between feedback and work satisfaction by the achievement motive”) |
| 2019 | **Bachelor’s Thesis** (Anika Spiesberger): “Does measuring relationship satisfaction by using the Experience Sampling Method affect global relationship satisfaction?” |
| 2016 | **Master‘s Thesis** (Helen Baumann): “Kommunale Motivation in Partnerschaften - Eine Experience Sampling Studie” (“Communal motivation in relationships – A experience sampling study”) |

**Voluntary Work and Professional Services**

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| **since 06/2024** | **Active member of the Open Science Initiative** in Psychology at CFH Munich |
| **since 10/2020** | **Active member of the Open Science Center** (for all disciplines) at LMU Munich |
| **since 10/2017** | **Adhoc Reviewer** for *Journal of Personality Assessment*, *Personality Science, Psychological Methods*, *Motivation and Emotion*, *European Journal of Social Psychology, European Journal of Personality Assessment, Diagnostica, Entropy* and *Scientific Reports* |
| **2016 – 2025** | **Active member of the Open Science Initiative in Psychology** at LMU Munich |
| **2016 – 2018** | **Supervision of a local experience-sampling network** for researchers |
| **09/2021** | **Chair for the session “Symposium on applied personality research 2.0”** at the digital Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics hosted by Ulm University |
| **11/2019** | **Chair for the session “Challenges in Psychological Measurement”** at the JuniorResearchers@F11 Conference at LMU Munich |
| **2018 – 2020** | **Mid-level faculty representative of the Steering Committee** at LMU Munich |
| **2017 – 2018** | **Mid-level faculty representative (deputy) for a tenure-track commission** serving the appointment of a full professor of Clinical Psychology of Children and Adolescents at LMU Munich |
| **2013 – 2015** | **Active member of the Student Council at LMU Munich**  Organization of the “Round Table for Good Teaching Practices”  Public relation manager of the Student Council |

**Own Workshops, Trainings and Mentoring**

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| **since 2012**  **since 2016**  04/2024  09/2023  11/2021  10/2021  09/2020  07/2019  07/2015  10/2012 – 10/2016  10/2012 – 02/2013 | **Ludwig-Maximilians-Universität München, Munich, Germany**  **Supervision of student assistants and trainees** (research, programming)  **Workshop “Tips and tools for a reproducible workflow” for researchers** at the Universität des Saarlandes, Saarbrücken, together with Moritz Fischer (one day)  **Pre-Conference Workshop “Tips and tools for a reproducible workflow”** at the Fachtagung DPPD, together with Moritz Fischer (one day)  **Workshop “Tips and tools for a reproducible workflow” for researchers** at LMU Munich, together with Moritz Fischer(two days à 180 min)  **Workshop “Open Science: Why, What, and How?” for researchers** at the Universität der Bundeswehr München(180 min)  **Workshop “Advanced power analysis” for PhD students in social psychology**, at the virtual SoDoc workshop, held together with Felix Schönbrodt (90 min)  **Workshop “Advanced power analysis” for researchers**, in cooperation with the LMU Open Science Committee, held together wither Philipp Sckopke, Felix Schönbrodt, und Lena Schiestel(one day)  **Panel “Leading with Values“ for junior managers**, co-organizer and trainer of a reflection workshop and moderation of a penal discussion (one day)  **Mentor** **for eight students** in the context of a mentoring program offered by the LMU Center for Leadership and People Management  **Rhetoric trainings for teachers** in cooperation with the Chair of Personality & Educational Psychology |
| **2008 – 2013** | **Deutsches Museum, Munich, Germany**  **Conception and supervision of workshops** during a two-week internship; afterwards regular involvement in the conception and supervision of workshops and a museum tour for kids |

**Participation in Extracurricular Activities and Training**

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| **2021 / 2022** | **„Statistical Rethinking“:** Reading club on the statistics book of Richard McElreath |
| **09/2021** | **“EAPP Expert Meetings on the Conceptualization and Measurement of Personality States”:** participation as an expert in the series organized byJoanne Chung, Kai Horstmann, & Gabriella Harari (three meetings, digital) |
| **06/2021** | **“Nonlinear methods”:** workshop by Sebastian Wallot, Dan Mønster, Ralf Cox & Giuseppe Leonardi (four days, digital) |
| **03/2021** | **PostDoc workshop of the DPPD (Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics):** workshop by Isabel Thielmann & André Kretzschmer (three days, digital) |
| **11/2020** | **“Job application for professorship positions: Training for female scientists”**: workshop of the LMU Extra education program by Franziska Jantzen (two days, digital) |
| **11/2020** | **“Successful start as a PostDoc”**: workshop of the LMU Center of Leadership and People Management by Alexandra Hauser (one day, digital) |
| **07/2019** | **„Perspectives on Scientific Error”:** conference (four days, LMU) |
| **09/2018** | **“Mathematical foundations of statistical tests and estimators”**: pre-conference workshop of the DGPS by Andreas Neudecker (one day, Frankfurt) |
| **09/2018** | **“Bayesian Data Analysis for Social Scientists”**: workshop by Mark Andrews and Thom Baguley (two days, LMU) |
| **03/2018** | **PhD workshop of the DPPD (Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics):** workshop by Anna Baumert & Manfred Schmitt (two days, Landau) |
| **01/2018** | **“Maintaining privacy with open data”**: workshop by Ruben Arslan (one day, LMU) |
| **09/2017** | **“Bayesian Multilevel Models in R”**: pre-conference workshop of the DPPD by Paul-Christian Bürkner (one day, LMU) |
| **05/2017** | **“Practical Recommendations to Increase the Informational Value of Studies”**: workshop by Daniël Lakens (two days, LMU) |
| **12/2016** | **“Improving your statistical inferences”**: MOOC by Daniël Lakens (seven weeks, Coursera) |
| **04/2016** | **„Do’s and Don’ts of Data Analysis“**: workshop by Felix Schönbrodt (two days, LMU) |
| **03/2016** | **„Electronic diaries in psychology“**: workshop by Ulrich Ebner-Priemer, Wolff Schlotz and Thomas Kubiak (two days, Karlsruher Institute for Technology, Germany) |
| **02/2016** | **„Introduction to statistical data analysis (with R)“**: workshop by the LMU statistical consulting unit (one week, LMU) |
| **10/2015** | **Soft Skill Coach Certificate**: training provided by the chair of social psychology (one year, LMU) |
| **09/2015** | **Distinction-Track Certificate** of the LMU Entrepreneurship Center: involved a course on „Business planning“, a lecture on „Electronic Commerce”, a student competition on programming and business ideas „app@night“, and a workshop on data science |
| **03/2014** | **„Organizational Development: Psychological Approaches to Theory and Practice”** at the Venice International University: course offered in cooperation with the Chair of Economic and Organizational Psychology at LMU Munich (one week, Venice, Italy) |
| **10/2012** | **„Advanced English“**: language course by the Language Center (one semester, LMU) |
| **12/2011** | **„Systemic Coaching“**: workshop by Katrin Scharpf (two days, LMU) |

**Industry Experiences**

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| **08-09/2021 &**  **06-07/2020** | **Stifterverband für die Deutsche Wissenschaft e.V., Essen, Germany**  Quality check of the applications for the Open Data Impact Award |
| **02/2017 – 03/2017** | **Allianz Beratungs- und Vertriebs-AG, Munich, Germany**  Diagnostic consulting on the company’s employee attitude survey combined with the realization and analysis of an interview-based evaluation |
| **02/2015 – 09/2015** | **ADAC e.V., Munich, Germany**  Working student for two evaluation projects on employee selection and human resources development |
| **05/2012 – 07/2012** | **Breitenstein Consulting und Pfizer Primary Care Deutschland, Munich, Germany**  Project consulting on the company’s performance management in the context of a course on „Change Management“ at LMU Munich |
| **06/2010 – 08/2010** | **AWO Pflegeheim Wilhelm-Högner-Haus, Putzbrunn, Germany**  Care of elderly residents at a nursing home |
| **2008 – 2009** | **CC4U GmbH, Pullach, Germany**  Project based work in the IT industry |

**Skills**

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| **Languages** | English (fluent), French (very good) | **Statistical software** | R (proficient),  SPSS |
| **Special research skills** | Experience Sampling, EMG | **Survey software** | Unipark, formr,  Limesurvey | |
| **Other software** | CMS: Wordpress, Fiona, Typo3, HTML  MS Office, Git, LaTeX, RMarkdown |  |  | |

**Professional Memberships**

Society for Ambulatory Assessment

German Psychological Society

Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics

**Personal Interests:** bicycle tours, board games, Japan