**CP FORM 4**

**INITIAL ASSESSMENT FORM FOR GROUPS**

**Case Number…** 7 **Date of intake…** 12/03/2024

**Group Code…** G7 **Practicum site… MTRH**

**Group demographic information (type of group)**2 elderly female members of family of a renal patient. One was the daughter and the other sister to the patient.

**The current situation (allow the group to share whatever brought them for therapy).**Family members of the patient came to counselling in order to get a clear understanding of the haemodialysis procedure that their patient was going to undergo. They were seeking clarification on the effects and consequences of the procedure and how it would help improve their patient's condition and overall health.

**What is your initial assessment of the group; cognitively, emotionally, socially and physically in relation to their concerns**?   
Insight is good with sane judgment.

Mood and Affectwere euthymic.

Social behaviour is appropriate.

Appearanceis neat and well kempt.

**CP FORM 5**

**GROUP TREATMENT PLAN FORM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Group Code** | **Date of Session** | **Time of session** | **Session number** | **Duration of session** | **Practicum site** |
| G | /03/2024 |  | 1 | 2 hours | MTRH |

**Group’s Concerns(Issue bringing them for therapy)**

**Goal(s) for therapy**

**Interventions (state theories used)**

**Plans for next session (If any)**

**Student Counsellor’s signature… Date…**