



PRIMARY HEADLINES

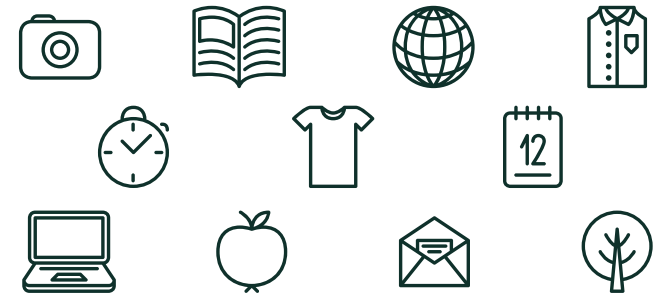
KLAVIKA

SECONDARY HEADLINES

VITESSE

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COLOR BREAKDOWN

PRIMARY COLORS - CSU GREEN AND GOLD



PMS 357
C: 92
M: 18
Y: 94
K: 61

R: 30
G: 77
B: 43
#1E4D2B



PMS 617
C: 11
M: 6
Y: 64
K: 13

R: 200
G: 195
B: 114
#C8C372

ACCENT COLORS

Accent colors are unique to the College of Health and Human Sciences. They are to be used sparingly to provide visual interest in various design applications.



PMS 584
C: 21
M: 0
Y: 89
K: 0

R: 208
G: 219
B: 66
#D5DE53



PMS 7599
C: 0
M: 85
Y: 98
K: 20

R: 170
G: 72
B: 46
#AB4224



PMS 570
C: 57
M: 0
Y: 36
K: 0

R: 133
G: 186
B: 175
#8AC4B3



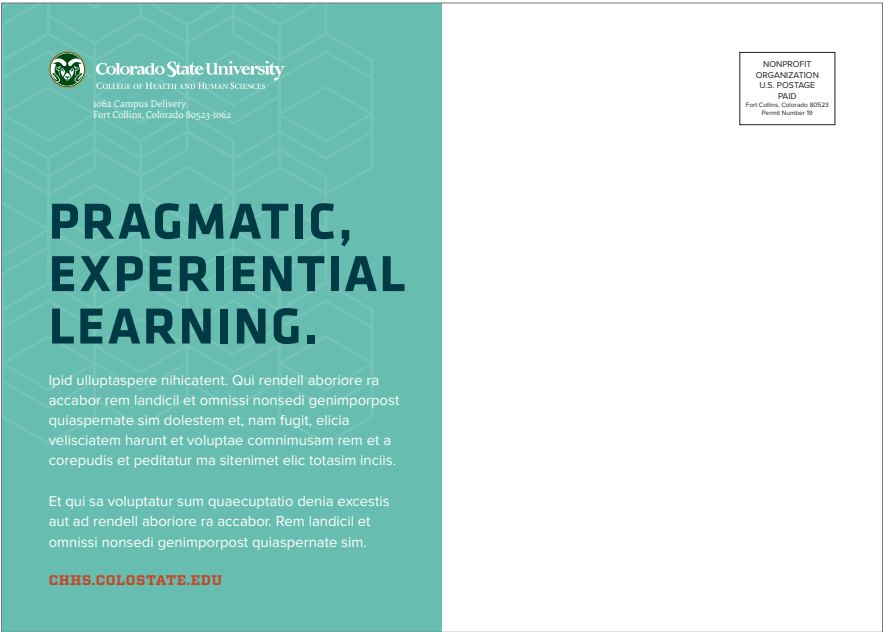
PMS 316
C: 97
M: 21
Y: 33
K: 73

R: 0
G: 62
B: 70
#003D46



PMS 138
C: 0
M: 52
Y: 100
K: 0

R: 225
G: 150
B: 62
#DF8E2E




2016


SOLUTIONS

OUTREACH | JUSTICE | ADVOCACY


SCHOOL OF SOCIAL WORK
COLLEGE OF HEALTH AND HUMAN SCIENCES




INSIDE THIS ISSUE

PAGE 2


In memory: Professor Ben Granger

PAGE 3


Experiencing social work in India

PAGE 4


Eunhyuk Choi selected as a BRAC Summer Institute Fellow

PAGE 5


How dual Master of Social Work / Master of Public Health degree

PAGE 5

Online Master of Social Work ranked in the top ten nationally

PAGE 6

John Gandy, leaving a legacy of support



FOOTBALL CREATED A FUTURE FOR SOCIAL WORK STUDENT

BY TONY PIPHER

It's difficult to imagine a more unlikely college graduate than Steve Michel. Michel, a member of the CSU football team, graduated in May 2015 with his degree in social work. He had another year of eligibility so he decided to pursue his MSW.

Michel is one of eight kids raised in a single-parent home – and that parent could not read or write English. Michel could barely read himself going into high school, and his freshman grade-point average was 1.8. And he's not just the first person in his family to attend college – he's likely the first person in his Orlando, Fla., neighborhood to do so.

"If someone had told me eight years ago that I would graduate from college, I would have thought they were crazy," said Michel. "That thought never even crossed my mind growing up."

For much of his youth, it appeared Michel was going to be just another statistic from a poor neighborhood. He was selling drugs, smoking pot, and getting away with whatever he could.

"I probably should be in prison – or dead," he said. "I just thank God I was able to get out of that before it was too late."

A talent for football and some caring mentors at Jones High School helped Michel – call him Steve – by the way – create an opportunity to change his life by attending CSU on a football scholarship. As a result, he graduated with a degree in social work – and he earned his diploma in four years.

Malcolm Scott, assistant professor in CSU's School of Social Work and faculty adviser to student athletes in the program, said college has been anything but easy for Michel. The early papers he wrote for classes needed a great deal of work, and he lacked study skills.

"Steve is just as tenacious with his academics as he is on the football field," Scott said. "To see the growth he's made, I'm absolutely thrilled. I'm very proud of him."

Michel's CSU football career ended after last fall's season, but he plans to continue on as a student and earn his graduate degree.


The Department of Athletics at CSU was incredible in the way they supported Steve so that he could both play football and attend his classes to earn his MSW," said Audrey Shillingham, director of the School of Social Work. Michel hopes to spend his life as an inspiration to others. "I want to be a role model – someone kids can look up to," said Michel. "I want to be able to tell my story so I can help other kids do what I've done."

2016


MOTION

MOVEMENT EQUALS HEALTH


DEPARTMENT OF HEALTH AND EXERCISE SCIENCE
COLLEGE OF HEALTH AND HUMAN SCIENCES




INSIDE THIS ISSUE

PAGE 3


2015-16 Scholarship recipients

PAGE 4


New HES teaching building opens

PAGE 4


Gene and Carol Vaughan meet in HES success

PAGE 5


Tracking neurobalance to kids

PAGE 6

HES Ph.D. student receives national award

PAGE 7

Welcome new faculty



REMEMBERING HEALTH AND EXERCISE SCIENCE LEADER GAY ISRAEL

BY GRETCHEN GERBINO

Former Department Head Gay Israel died on April 16 after a courageous battle with pancreatic cancer. He was 65. Israel, who served as department head for 18 years, was a transformational leader, building the department into a model that is respected nationally for outstanding research, teaching, and service.

"Gay Israel brought a new vision and a high level of excellence to the Department of Health and Exercise Science," said Jeff McCabbin, dean of the College of Health and Human Sciences. "His vision transformed the unit to one that is now highly respected and ranked nationwide. However, Gay's legacy extends beyond CSU. His professional and service contributions to the American College of Sports Medicine were significant. We feel his loss keenly and he will be greatly missed by all of us at CSU."

Israel came to CSU in 1996 from East Carolina University. Notably, in 2008, he was recognized as a "Centennial Leader" at East Carolina, a very short list of faculty whose influence on ECU's first century merited such a distinction.

The same commitment to excellence marked his tenure at CSU. His clear vision for teaching, research, and outreach programs was instrumental to the shift from an emphasis on sports and physical education to health, wellness, and disease prevention. One of his greatest achievements in the research area was building the state-of-the-art Human Performance Clinical Research Laboratory with a combination of \$5 million in private and university funds. The lab, built in three phases, and in current planning for a fourth, is considered one of the jewels of the CSU campus.

In addition, Israel championed a department name change to emphasize health and spearheaded the creation of a Ph.D. program in Human Biomechanics – one of only a handful in the country. Under his leadership, annual research expenditures climbed from less than \$200,000 in 1996 to a peak of more than \$2 million annually with key funders such as the National Institutes of Health and other agencies supporting faculty research. The lab also maintains a prestigious Program of Research and Scholarly Excellence distinction from CSU.


In the outreach area, Israel founded the Heart Disease Prevention Program to assess known risk factors for cardiovascular disease in individuals, including a testing program offered to firefighters and other first responders. The summer Youth Sport Camps, Continued on page 5

2016


OCCUPATIONS

TEACHING | RESEARCH | PRACTICE | OUTREACH


OCCUPATIONAL THERAPY
COLLEGE OF HEALTH AND HUMAN SCIENCES




INSIDE THIS ISSUE

PAGE 3


Outstanding grad finds success in occupational therapy

PAGE 4


A series of gifts creates more opportunities for veterans at CSU

PAGE 5


Helping kids with traumatic brain injury succeed in school

PAGE 6

CSU researchers develop video game-based therapy tool

PAGE 7

Introducing new OT department head, Anita Burdy



PROGRAM FOR STUDENTS WITH DISABILITIES GETS \$2.2 MILLION TO EXPAND

BY JEFF GOODALE

WHEN JACKSON HOPKINS FIRST CAME TO COLORADO STATE UNIVERSITY, HIS DISABILITY MADE IT CHALLENGING FOR HIM TO ADJUST TO ACADEMIC LIFE.

When he missed an assignment, he would jump to the conclusion that his professor was angry with him and he was destined to fail. Hopkins also exhibited what was perceived as eccentric mannerisms in response to his sensory needs, such as rocking his body back and forth to help him focus on what was being said in class.

"It was hard for me to picture graduating," he said. "I was struggling."

Hopkins, who is on the autism spectrum, ended up receiving individualized help from CSU's Opportunity for Postsecondary Success Program in the Center for Community Partnerships, part of the Department of Occupational Therapy. Thanks to support from a professional coordinator and a student mentor, now he's less likely to overreact to bad grades, and his rocking motion is hardly noticeable. He's also less likely to get buried in hundreds of unread emails, because his phone gives him a specific alert when he receives a message. He's learned other individualized coping strategies, like "wall push-ups" which release chemicals in his brain that calm him down.

Through CHOICES, students with autism spectrum disorder, brain injuries, and other complex needs will receive individualized mentoring and support as they pursue postsecondary education and secure employment.

"I just needed someone who would be patient with me and give me tips, like putting a reminder note on my door so that when I walk out I see it," he said. "They taught me about thinking errors. When you feel overwhelmed, your irrationality goes overboard. They taught me how to identify and reframe my ideas."

NEW FUNDING

The Center, which provides extra support for students like Hopkins through its Opportunity for Postsecondary Success Program, just received \$2.2 million from the U.S. Department of Education to continue and expand its efforts in a new program called CHOICES-Creating Higher Education Opportunities for Individualized Career and Employment Success.

The five-year CHOICES project, funded by the DOE's Office of Postsecondary Education, is a partnership with the Poudre School District, Front Range Community College, the Colorado Division of Vocational Rehabilitation, CSU's Resources for Disabled Students office, the CSU Division of Student Affairs, and others. The project will be led by Carley Shelby, director of the Center for Community Partnerships, along with CCP Assistant Director Julia Reithe, who will serve as the CHOICES service director, and occupational therapy Professor Paul Darnes, who will serve as the project evaluator.

Through CHOICES, students with autism spectrum disorder, brain injuries, and other complex needs will receive individualized mentoring and support as they pursue postsecondary education and secure employment. The project will also include a research component to measure how well participants attain their goals and develop self-advocacy skills.

Continued on page 2

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**THE DEPARTMENT OF
OCCUPATIONAL THERAPY
AT COLORADO STATE**

is dedicated to attracting and growing future leaders
of occupational therapy from local to international
levels through exemplary integrated programs of education,
research, and community outreach and service that meet
real-world occupational needs.

Among the **TOP 10 PROGRAMS**
ranked by U.S. News & World Report

AWARD-WINNING DEPARTMENT

- Named a CSU Program of Research and Scholarly Excellence
- Named a Program of Excellence, State of Colorado
- Faculty have received prestigious teaching awards
- Staff honored for exceptional service
- Faculty and student achievements recognized by the American Occupational Therapy Foundation and the American Occupational Therapy Association

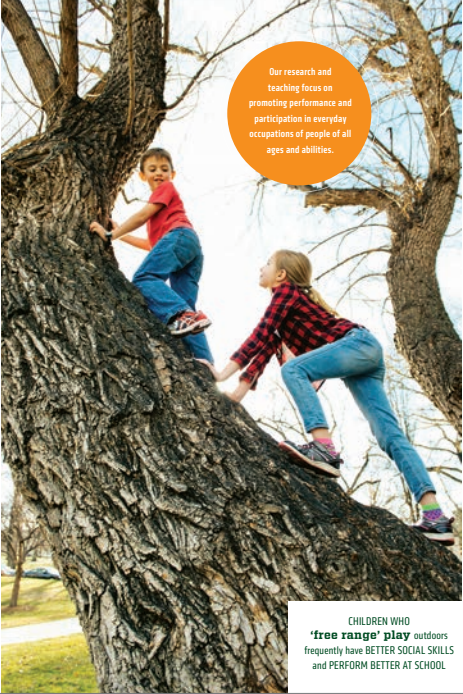
EDUCATION OF EXCELLENCE

Our nationally and internationally renowned faculty has led the profession in theory and assessment development, research, and OT education.

THREE EDUCATIONAL PROGRAMS RECOGNIZED FOR EXCELLENCE

- Master of Occupational Therapy (M.O.T.) (a coursework degree)
- Master of Science (M.S.) in Occupational Therapy (a research degree)
- Ph.D. in Occupation and Rehabilitation Science

An equal opportunity University



Our research and
teaching focus on
promoting performance and
participation in everyday
occupations of people of all
ages and abilities.

CHILDREN WHO
'free range' play outdoors
frequently have **BETTER SOCIAL SKILLS**
and **PERFORM BETTER AT SCHOOL**



54% of participants in the
ASSISTIVE TECHNOLOGY
RESOURCE CENTER
found note-taking technologies helpful

Temple Grandin Equine
Research Center program was
made possible by a gift of
\$468,000

ABOUT
300 people have
participated in
yoga therapy
research





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