## Repeated measures and factorial ANOVA

28/11/2023

## Multiple linear regression

Multiple regression is what we need with multiple predictors.

```
a <- 2  # Our intercept term
b1 <- 0.65  # Our first regression coeffict
X1 <- rnorm(1000, 6, 1)  # Our first predict
b2 <- -0.8  # Our second regression coeffict
X2 <- rnorm(1000, 3, 1)  # Our second predict
err <- rnorm(1000, 0, 1)  # Our error term
y <- a + b1 * X1 + b2 * X2 + err # Our resp</pre>
```

A simple regression has one predictor...

```
lm(y \sim X1)
```

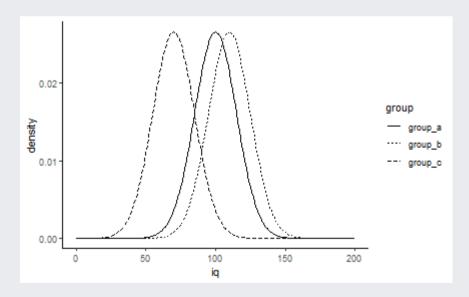
and adding predictors is easy - we use the + symbol!

$$lm(y \sim X1 + X2)$$

## Comparing three or more means with ANOVA

The t.test() can only handle two groups.

When we have three or more groups, we need to use a One-Way Analysis of Variance (ANOVA).



# How to run ANOVA with the afex package

Although the standard R function for ANOVA, aov(), works, it can be fiddly to use.

The afex package provides several easier methods for running ANOVA.

We'll use the aov\_ez() function.

## Converting to factor: noise
## Contrasts set to contr.sum for the following variables: noise

# Comparing multiple means with dependent data

When the assumption of *independence* is violated - i.e. participants contribute more than one data point, and contribute to more than one design *cell* - we need to use a *within-subjects* or *repeated-measures* ANOVA.

## A worked example

Our researcher from last week wanted to examine the effect of noisy environments on test performance. She recruited 150 participants and splits them into three groups who took the test with no noise, reasonably quiet noise, or loud noise.

One problem here is the possibility that participants in each group just had different levels of ability. To get round this, she decides to get each participant to sit three tests, each under different levels of noise. Thus, any differences attributed to noise can't be due to test-taking ability.

```
head(noise_test)
## # A tibble: 6 × 3
   noise test_score participant
##
             <dbl>
##
   <chr>
                        <int>
## 1 none
        6.51
## 2 none
        6.82
        9.23
## 3 none
## 4 none
        6.36
## 5 none
        8.60
## 6 none
              8.21
```

Last time we simulated data with a between-subjects structure:

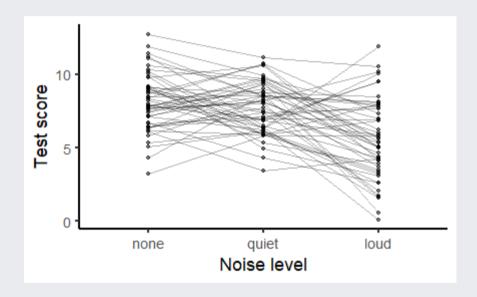
One row per observation, which meant one row per participant.

This time, it's the same participants in each condition. There's still one row per observation, but now there are three rows per participant - one for each observation in each of the three conditions.

arrange(noise\_test\_within, participant)

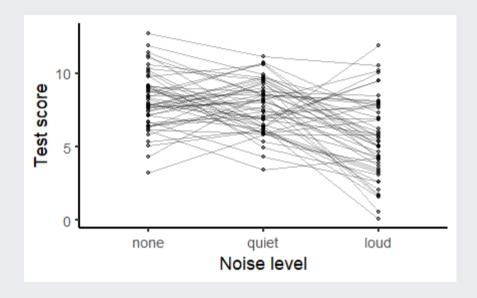
```
## # A tibble: 150 × 3
    noise test_score participant
  <chr>
             <dbl>
                      <int>
  1 none
             7.68
  2 quiet
              9.06
  3 loud
             7.01
## 4 none
             7.78
  5 quiet
              9.82
  6 loud
              6.26
              8.46
## 7 none
  8 quiet
             10.7
  9 loud 7.31
## 10 none 7.12
## # ... with 140 more rows
```

## Plotting the data



It looks like loud noise has a really detrimental effect on performance; it also looks like loud noise makes performance more *variable*.

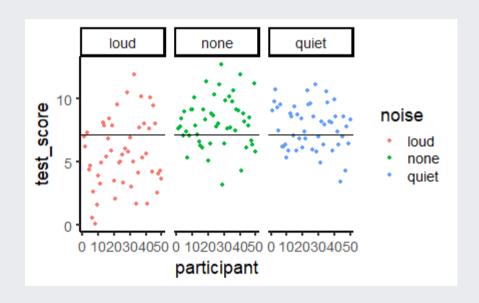
## Plotting the data



Furthermore, scores tend to be positively correlated (albeit weakly) across tests - people who score well in one situation tend to score well in other situations.

```
## none quiet loud
## none 1.00 0.30 0.32
## quiet 0.30 1.00 0.19
## loud 0.32 0.19 1.00
```

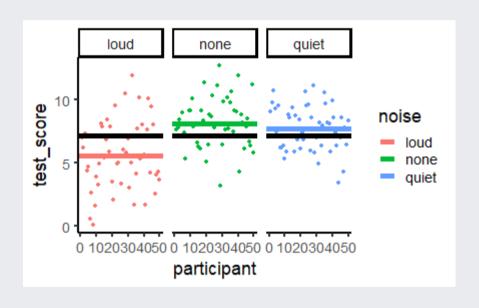
## The mean as a model (again)



The grand mean test score is 6.45, shown by the black line.

The total variability in our data is the sum of the squared differences from the grand mean - the Total Sum of Squares,  $SS_t$ .

## The group means as a model



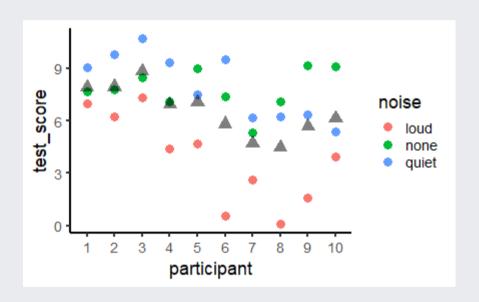
Our Model Sum of Squares -  $SS_m$  - is the sum of the squared differences of each group's mean from the *grand mean*.

The group means are shown here using coloured lines.

This is just the same as it is for a betweensubjects ANOVA.

But the next step is different!

## Within-subject variability



Here, we need the within-participant sum of squares -  $SS_w$ . This is the sum of squared differences of each participant's scores from their individual mean.

Each participant's mean is marked using a triangle, while scores from individual conditions are marked with points.

## The leftovers, the mean squares, and the F-ratio

Finally, we can calculate the Residual sum of squares -  $SS_r$  by subtracting the model sum of squares -  $SS_m$  - from the within-subjects sum of squares -  $SS_w$ .

We then calculate the Model Mean Square Error -  $MS_m$  - and Residual Mean Square Error -  $MS_r$  - the same way as last time, using the degrees of freedom -

$$MS_m = rac{SS_m}{df_m}$$

$$MS_r = rac{SS_r}{df_r}$$

And we calculate the *F-ratio* in the same way as last time.

$$F = rac{MS_m}{MS_r}$$

## Between- versus within-subject ANOVA

- 1. The underlying computations are mostly the same, but differ in how they treat the variability
- 2. Within-subject designs use within-subject variability
  - Within-subject variability is often much lower than between-subject variability
  - People function as their own controls!
- 3. Since the variance within-subjects is generally lower than between-subjects, within-subject designs typically have more *statistical power* i.e. are more *sensitive*.
- 4. However, there is a risk of *order* or *practice* effects with within-subject designs.

## How to run a one-way within-subjects ANOVA

### Within-subjects ANOVA with afex

Just like last week, we can use aov\_ez() from the afex package.

Instead of passing a parameter called *between*, we pass one called *within*.

```
noise within aov <-
  aov_ez(dv = "test_score",
         id = "participant",
         within = "noise",
         data = noise_test_within)
noise_within_aov
## Anova Table (Type 3 tests)
## Response: test score
## Effect df MSE F ges p.value
## 1 noise 1.81, 88.54 3.93 26.54 *** .212 <.001
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '+' 0.1 ' ' 1
##
## Sphericity correction method: GG
```

## The sphericity assumption

*Sphericity* is the equivalent to the homogeneity of variance assumption when there are three or more levels of a repeated measures factor.

afex applies Greenhouse-Geisser correction by default - it adapts the degrees of freedom to compensate for different variances.

#### **Effect size**

ges in the output stands for **Generalized eta-squared** -  $\eta_g^2$ 

This tells us the proportion of variance explained, *similar* to  $r^2$ .

We can follow up the significant effect in the same way as last time:

```
pairs(emmeans(noise_within_aov, ~noise))

## contrast estimate SE df t.ratio p.value
## none - quiet    0.413 0.311 49    1.328    0.3867
## none - loud    2.558 0.394 49    6.491 <.0001
## quiet - loud    2.145 0.417 49    5.141 <.0001
##
## P value adjustment: tukey method for comparing a family of 3 estimates</pre>
```

Performance in the **quiet** and **no noise** conditions is significantly better than performance in the **Loud noise** condition, but they aren't significantly different from each other.

## Reporting the results

```
noise_within_aov
```

"There was a significant effect of noise level on test scores, [F(1.81, 88.54) = 26.54, p < .001]. Test performance without noise and with quiet noise did not significantly differ (p = .387), but both were significantly better than performance in the loud noise condition (ps < .001)."

# Comparing multiple means with multiple categorical predictors

#### **Factorial ANOVA**

Our researcher now wonders whether the level of noise matters more for tests that are hard compared to tests that are relatively easy.

So she runs the study again, with the same three noise conditions, but now splits the participants into two more conditions. Half of the participants take an easy test; the other half take a hard test.

```
noise_test_mixed
```

```
## # A tibble: 300 \times 4
      noise difficulty test_score participant
                              <fdb>>
      <chr> <chr>
                                            <int>
    1 none
             hard
                             11.9
                              6.26
    2 none
             hard
                                                3
             hard
                              0.774
    3 none
             hard
                              7.69
    4 none
             hard
                              6.27
                                                5
    5 none
    6 none
             hard
                              3.13
                                                6
             hard
                              4.82
##
    7 none
             hard
                              6.60
    8 none
             hard
                              6.93
    9 none
   10 none
                              4.71
             hard
                                               10
## # ... with 290 more rows
```

## What design does the researcher have?

Factorial designs can be purely within-subjects, purely between-subjects, or a mixture of the two. There can be any number of factors with any number of levels.

The resulting experiment has **two** independent, categorical variables, and thus two *factors*.

The factor "test difficulty" has two levels - "easy" and "hard". It is a between-subjects factor.

The factor "noise" has three levels - "none", "quiet", and "loud". It is a within-subjects factor.

This calls for a Two-Way, 2 imes 3 Mixed ANOVA.

#### The structure of the data

Since each participant takes part in all three noise conditions, there are three rows per participant.

```
noise_test_mixed %>%
  arrange(participant)
```

```
## # A tibble: 300 × 4
      noise difficulty test_score participant
##
                             <fdb>>
      <chr> <chr>
                                         <int>
##
##
    1 none hard
                            11.9
    2 quiet hard
                             7.27
##
   3 loud hard
                             7.53
   4 none hard
                             6.26
##
    5 quiet hard
                             4.44
##
   6 loud
           hard
                             5.16
   7 none
            hard
                             0.774
##
   8 quiet hard
                             3.55
                                              3
   9 loud
           hard
                             1.23
## 10 none
           hard
                             7.69
                                              4
## # ... with 290 more rows
```

But since difficulty is between-subjects, the participant ID numbers differ across easy and hard difficulties.

```
noise_test_mixed %>%
  group_by(difficulty) %>%
  slice(1:3)
```

```
## # A tibble: 6 × 4
## # Groups:
               difficulty [2]
     noise difficulty test_score participant
     <chr> <chr>
                           <dbl>
                                        <int>
## 1 none easy
                           8.98
                                           51
## 2 none
                           6.81
                                           52
           easy
## 3 none
                           6.84
                                           53
           easy
           hard
## 4 none
                          11.9
## 5 none
           hard
                           6.26
## 6 none hard
                           0.774
```

#### Mixed factorial ANOVA with a fex

We enter *between* factors using the **between** argument; *within* factors using the **within** argument.

#### Mixed factorial ANOVA with a fex

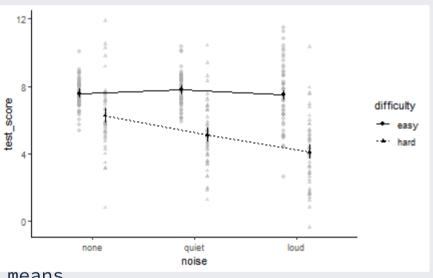
Looks like **everything** is significant!

## A worked example

Here's a similar plot to the one I produced earlier, but using afex\_plot() instead of ggplot().

```
## Warning: Panel(s) show a mixed within-between-
## Error bars do not allow comparisons across all means.
## Suppress error bars with: error = "none"
```

It seems pretty obvious from this plot that there's an effect of noise when the test is hard, but not so much when the test is easy. This is an **interaction** effect.



#### Post-hoc tests

We need to follow up a significant interaction to work out, statistically, what is driving the interaction.

One way to do this is with post-hoc tests. With post-hoc tests, we compare every possible pair of means to each other using t-tests.

First let's get all the means using emmeans().

```
all_means <- emmeans(noise_aov_mixed,
                   ~noise * difficulty)
all_means
## noise difficulty emmean SE df lower.CL upper.CL
##
              7.58 0.216 98
                                   7.15
                                           8.01
   none easy
##
   quiet easy
             7.78 0.221 98 7.34
                                           8.22
   loud
             7.49 0.288 98 6.92
                                           8.06
        easy
             6.25 0.216 98 5.82
                                           6.68
##
   none
        hard
                                           5.55
##
   quiet hard
                   5.11 0.221 98 4.67
##
   loud hard
             4.08 0.288 98
                                   3.51
                                           4.65
##
## Confidence level used: 0.95
```

#### Post-hoc tests

Then we use the pairs() function to test them all against each other.

```
pairs(all_means)
```

```
##
   contrast
                          estimate SE df t.ratio p.value
                                            -0.728 \quad 0.9781
   none easy - quiet easy
                           -0.2022 0.278 98
   none easy - loud easy 0.0866 0.296 98
##
                                            0.292 0.9997
   none easy - none hard 1.3285 0.306 98
                                            4.346
                                                   0.0005
   none easy - quiet hard
                            2.4708 0.309 98
                                            7.988 <.0001
   none easy - loud hard
                            3.5003 0.360 98
                                            9.731 <.0001
##
   quiet easy - loud easy
                            0.2888 0.302 98
                                            0.958
                                                    0.9300
   quiet easy - none hard
                            1.5307 0.309 98
                                            4.948
                                                    <.0001
   quiet easy - quiet hard
                            2.6730 0.313 98
                                            8.541 <.0001
##
   quiet easy - loud hard
                            3.7025 0.363 98
                                             10.204 < .0001
   loud easy - none hard
                            1.2418 0.360 98
                                             3.452
                                                    0.0104
   loud easy - quiet hard
                            2.3842 0.363 98
                                            6.571
                                                   <.0001
   loud easy - loud hard
##
                            3.4136 0.407 98
                                            8.395
                                                   <.0001
   none hard - quiet hard
                            1.1424 0.278 98
                                            4.112
                                                    0.0011
##
   none hard - loud hard
                            2.1718 0.296 98
                                            7.325
                                                   <.0001
   quiet hard - loud hard
                            1.0295 0.302 98
                                             3.413
                                                    0.0117
##
```

#### Post-hoc tests

- 1. Should only be used following a *significant* interaction.
- 2. Leads to a lot of comparisons N(N-1) / 2, where N is the number of means. So it's **extremely important** to correct for multiple comparisons!
  - Numerous methods exist; fortunately, emmeans() and pairs() handle this for us using Tukey's Honestly Significant Difference (HSD).
- 3. Can be difficult to interpret, especially with more than two factors. If in doubt, *look at the plots*.

## Simple effects

## Confidence level used: 0.95

An alternative way is with *simple effects*. We can effectively run separate analyses at different levels of one of the factors. Here I look at the means for each level of noise separately for the two levels of difficulty.

```
emmeans(noise_aov_mixed,
       "noise",
       bv = "difficultv")
## difficulty = easy:
## noise emmean SE df lower.CL upper.CL
## none 7.58 0.216 98 7.15
                              8.01
## quiet 7.78 0.221 98 7.34 8.22
##
   loud 7.49 0.288 98 6.92 8.06
##
  difficulty = hard:
##
  noise emmean SE df lower.CL upper.CL
       6.25 0.216 98
                         5.82
                                 6.68
##
   none
## quiet 5.11 0.221 98 4.67 5.55
##
   loud 4.08 0.288 98 3.51 4.65
##
```

## Simple effects

Now we run post-hoc tests separately within each level of difficulty.

```
pairs(emmeans(noise_aov_mixed,
        "noise".
        bv = "difficulty"))
## difficulty = easy:
## contrast estimate SE df t.ratio p.value
## none - quiet -0.2022 0.278 98 -0.728 0.7477
## none - loud 0.0866 0.296 98 0.292 0.9540
   quiet - loud 0.2888 0.302 98 0.958 0.6054
##
## difficulty = hard:
   contrast estimate SE df t.ratio p.value
##
## none - quiet 1.1424 0.278 98 4.112 0.0002
## none - loud 2.1718 0.296 98 7.325 <.0001
##
   quiet - loud 1.0295 0.302 98 3.413 0.0027
##
  P value adjustment: tukey method for comparing a family of 3 estimates
```

## Simple effects

- 1. Often easier to interpret (especially when there are more than two factors).
- 2. Fewer comparisons so less stringent correction for multiple comparison, and higher power to detect differences.
- 3. Not always obvious which factor to separate on. Sometimes it's easier to interpret one way than the other! Again, *use plots as a guide*.

#### What about the main effects?

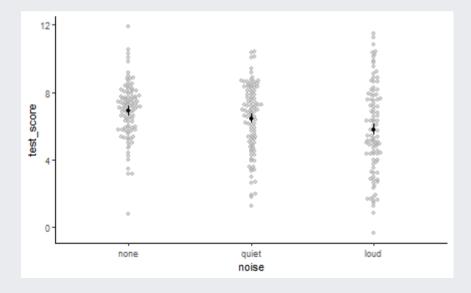
I skipped straight to the interaction earlier. Why?

There are significant main effects of *noise* and *difficulty*.

#### The main effect of noise

There's a significant main effect of noise. Let's look at the plot.

```
afex_plot(noise_aov_mixed,
~noise, error = "within") + theme_classic()
```



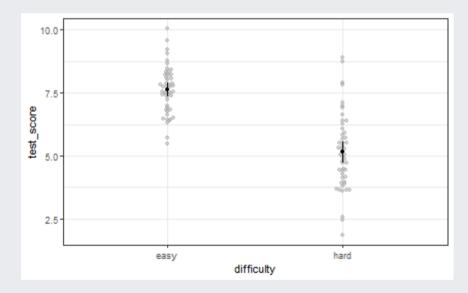
#### The main effect of noise

As noise increases, test performance goes down.

## The main effect of difficulty

Let's look at the plot for difficulty.

```
afex_plot(noise_aov_mixed, ~difficulty, error = "between") + theme_bw()
```



## The main effect of difficulty

Test performance is much higher when the test is easy than when it's hard.

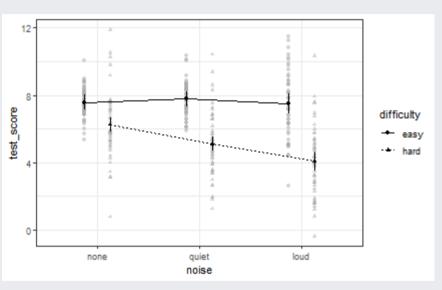
## Are these effects meaningful?

```
## Warning: Panel(s) show a mixed within-between-
## Error bars do not allow comparisons across all
## Suppress error bars with: error = "none"
```

There is clearly no significant effect of noise when the test is easy, so the main effect of noise is uninterpretable.

But there is *always* an effect of test difficulty, so the main effect of test difficulty *is* interpretable.

Main effects are not always interpretable in the presence of an interaction!



## Reporting factorial ANOVA results

Make sure that somewhere in your text is a description of which type of ANOVA you are running, and exactly what factors are involved. A couple of examples:

- 1. We conducted a two-way repeated measures ANOVA with the factors Noise (None, Quiet, or Loud) and Difficulty (Easy or Hard).
- 2. We conducted a  $2 \times 3$  mixed ANOVA. The between-subjects factor was Difficulty (Easy or Hard), while Noise was a repeated-measures factor (None, Quiet, or Loud)

There was a significant main effect of Difficulty [F(1, 98) = 98.54, p < .001], with better test performance when the test was easy (mean = 7.62) compared to when the test was hard (mean = 5.15).

NB: since there are only two levels, no post-hoc test is necessary!

There was a significant main effect of noise [F(1.98, 194.13) = 15.08, p < .001]. Test scores were significantly lower with loud noise (5.79) than with no noise (mean = 6.91; p < .001) or with quiet noise (6.44; p = .005). There was no significant difference between the "no noise" and "quiet noise" conditions (p =.062).

Finally, there was also a significant interaction between Noise and Difficulty [F(1.98, 194.13) = 13.09, p < .001], see Figure X. Simple main effects analysis, corrected for multiple comparisons using Tukey's HSD, found that when test difficulty was Easy, there were no significant differences between any level of Noise (all ps > .58). However, in the Hard condition, test performance was significantly better when there was no noise (mean = 6.25) compared to when there was either quiet (5.11; p < .001) or loud noise (4.08, p < .001). Performance was also significantly worse for loud noise relative to quiet noise (p = .002).