



Intimate **COUNSELLING CAMPAIGN**

COUNSELLOR'S MANUAL



INITIMATE COUNSELLING MANUAL

A Counsellors' Guide

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CHAPTER 1

DEALING WITH BAD RELATIONSHIPS WITH PARENTS

ASK THE FOLLOWING QUESTIONS:

- Do you have a good relationship with your father and mother?
- Do you struggle to obey your parents?
- Have your parents referred to you as stubborn?
- Do you feel unliked by your mother or father?

FAQS

- How can I get along with my parents? / step-mother/step-father?
- What do I do when my parents complain that attend church too much?
- What do I do when my parents complain that I stay in church too long/ come home too late?

BOOKS TO USE:

See "*Those who are Dangerous Sons*" by Bishop Dag Heward-Mills

Use chapters 9 and 10 for counselling.

SCRIPTURES TO USE:

Children, obey your parents in the lord: for this is right. honor thy father and mother; which is the first commandment with promise;

Ephesians 6:1-2

And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers lest i come and smite the earth with a curse.

Malachi 4:6

The eye that mocketh at his father and despiseth to obey his mother, the ravens of the valley shall pick it out, and the young eagles shall eat it.

Proverbs

30:17

- You must aim to be the *darling boy or girl* of your parents

CHAPTER 2

DEALING WITH RELATIONSHIPS (PIPELINE RELATIONSHIPS AND BELOVEDS)

FAQs about entering relationships

- How do I find a beloved?
- How do I propose to someone I like?
- How do I respond/ behave around to someone whom I think likes me?
- When is the right time to enter into a relationship?

BOOKS TO USE

- **For young ladies who are not ready to get married:**

See Chapter 6 - The temptations of daughters, from "*Daughter You Can Make it*" by Bishop Dag Heward-Mills

- **For young ladies who haven't been found yet:**

See Chapter 13 - Daughter, While you wait from "*Daughter You Can Make it*" by Bishop Dag Heward-Mills

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- **How not to choose - Do not marry a strange person.**

See Chapter 7 - Signs of a Strange Woman, from "*Spiritual Dangers*" by Bishop Dag Heward-Mills

- **How to Choose a Beloved:**

See Chapter 1 - The Beloveds, from "*Model Marriage*" by Bishop Dag Heward-Mills

- **How long should a relationship be?**

See question 10, Chapter 7- How to become a Mature Christian from "*How you can become a Strong Christian*" by Bishop Dag Heward-Mills

- **“Who is a Beloved?**

See Chapter 1 - The Beloveds from "*Model Marriage*" by Bishop Dag Heward-Mills

- **Are You Sure You Want to Marry This Person?**

See Chapter 1 - The Beloveds from "*Model Marriage*" by Bishop Dag Heward-Mills

- **How do I relate with my Beloved? (Refer the counsellees to the Marriage Counsellors)**

“While in a relationship the couple is expected to be holy. It is important to exhort them strongly to desist from fornication. The counselor should not be judgmental. The couple should be encouraged to be

active in the church, and to stay on the safe road of holiness." See Chapter 3 - Counselling the Beloveds from "*Model Marriage*"

- **MEDICAL CONSIDERATIONS**

What is the sickling status of the aspiring beloveds?

If both are SS, or both are AS, or AS and SS, or AC and SS or both are AC they should be advised not to be in a relationship explaining the medical implications: that is that they have a high chance of having sickling children.

- **PARENTAL CONSENT**

IF THE COUNSELLEE DOES NOT HAVE PARENTAL CONSENT AND BLESSINGS OR IF THE PARENTS HAVE STRONGLY OPPOSED THE RELATIONSHIP AND POSSIBLE MARRIAGE, THE COUNSELLEE IS ADVISED NOT TO ENTER SUCH A RELATIONSHIP. IF ALL THE NECCESARY REQUIREMENTS ARE MET, THE COUNSELLEE IS ADVISED TO REGISTER WITH THE MARRIAGE COUNSELLING DEPARTMENT.

CHAPTER 3

DEALING WITH RELATIONSHIPS (UNBELIEVERS ROOMMATES ETC)

FAQs about living among unbelievers

How do I get along with my roommates who don't go to church?

How do I cope with room mates having sex in the room?

How do I cope with room mates who cheat in exams?

How do I cope with room mates who listen to unbeliever music?

BOOKS TO USE:

See Chapter 7 - How to become a Mature Christian from "*How you can become a Strong Christian*" by Bishop Dag Heward-Mills

See Chapter 11 - Ten types of Duality, from "*Spiritual Dangers*" by Bishop Dag Heward-Mills

CHAPTER 4

DEALING

WITH FORNICATION,

ADULTERY,

MASTURBATION AND

PORNOGRAPHY

FAQs about Sexuality

How do I overcome fornication?

How do I overcome masturbation?

How do I overcome addiction to pornography?

How do I overcome homosexuality?

- ***Dealing with Fornication***

Fornication is sexual intercourse before marriage.

“God’s standard for the Christian life is that no believer should ever be involved in fornication. Christians should not have a history of regularly committing fornication. Neither should they ever be involved in it. Not even once!”

“...Fornication...not be once named... Ephesians 5:3

BOOKS TO USE

See Chapter 3 - The Danger of Fornication from "*Spiritual Dangers*" by Bishop Dag Heward-Mills

See Chapter 4 - Steps to avoiding Fornication from "*Spiritual Dangers*" by Bishop Dag Heward-Mills

See Chapter 49 - under the heading *Fornication Attack*, from "*A Good General*" by Bishop Dag Heward-Mills

- ***Dealing with Adultery (Refer Counsellor to Marriage Counsellors)***

The equivalent of fornication in marriage is adultery, that is, when you have sex with anyone who is not your marriage partner"

- ***Dealing with Masturbation and Pornography***

BOOKS TO USE

See Chapter 7, question 7 from "*How you can Become a Strong Christian*" by Bishop Dag Heward-Mills

Questions for counsellor:

1. Do you struggle with pornography
2. When was the last time you watched pornography?
3. How did you get access to pornographic material/ where do you watch pornography?
4. How often do you watch the pornography?
5. Do you struggle with masturbation?

If the answers to any of the above questions are yes proceed with counseling as follows:

Pornography and masturbation are dangerous because of the following:

1. It is uncleanness and can lead to other sins like fornication.

But fornication, and all **uncleanness**, or covetousness, let it not be once named among you, as becomes saints;

Ephesians 5:3

But I say unto you, that whosoever **looketh on a woman to lust** after her hath committed adultery with her in his heart.

Mathew 5:28

2. It has an addictive effect and can take over your life making you a slave to it.

All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.

1 Corinthians 6: 12

Jesus answered them, verily, verily I say unto you, whosoever com-
miteth sin is the servant of sin

John 8:34

3. It will make you abnormal, you can become socially detached and unable to love because you are used to being with a screen instead of being with people.

YOU WILL NEED TO APPLY THE FOLLOWING PHYSICAL AND SPIRITUAL STEPS IN ORDER TO OVERCOME IT.

SPIRITUAL STEPS

1. You will need to develop spiritually because as long as your spirit is undeveloped you will fulfill the lusts of the flesh.

This I say then, walk in the spirit, and ye shall not fulfill the lust of the flesh.

Galatians 5:16

2. Become spiritually strong by speaking in tongues for at least an hour everyday.

But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost.

Jude 1:20

He that speaketh in an unknown tongue edifieth himself

1 Corinthians 14:4

Watch and pray, that ye enter not into temptation; the spirit indeed is willing, but the flesh is weak.

Matthew 26:41

3. Become spiritual by having your quiet time everyday

As newborn babes, desire the sincere milk of the word that ye may grow thereby:

1 Peter 2:2

PHYSICAL STEPS

1. Delete all pornographic materials in your possession.
2. Block all pornographic sites on your phone or device.
3. Activate filters on all social media sites you are on (e.g. on Facebook and YouTube)
4. Separate yourself from all friends with whom you watch pornography.

Be not deceived: evil communications corrupt good manners.

1 Corinthians 15:33

CHAPTER 5

ADDICTIONS (ALCOHOL, SMOKING AND DRUGS)

All things are lawful unto me, but all things are not expedient: all things are Lawful for me, but I will not be brought under the power of any.

1 Corinthians 6:12

The thief cometh not but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

John 10:10

The devil wants you to die prematurely.

The devil wants you to die at a young age.

The devil wants to destroy your life.

The devil wants you to have HIV/AIDS.

The devil wants you to be buried before 21 years of age.

Is that what you want for yourself?

- Your body is a gift from God.

If you destroy your body God will destroy you

If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.

1 Corinthians 3:17

YOU CAN OVERCOME EVERY ADDICTION IN JESUS NAME!

BOOKS TO USE

See "Confessions for developing a Righteous Lifestyle" from "*Name it! Claim it!! Take it!!!*" by Bishop Dag Heward-Mills

See Chapter 7, question 5 from "*How you can become a Strong Christian*" by Bishop Dag Heward-Mills

Here are some physical and spiritual steps to help you

PHYSICAL STEPS:

1. Separate yourself from all friends with whom you drink/smoke/meddle with drugs.

Be not deceived: evil communications corrupt good manners.

1 Corinthians 15:33

SPIRITUAL STEPS:

1. You will need to develop spiritually because as long as your spirit is undeveloped you will fulfill the lusts of the flesh.

This I say then, walk in the spirit, and ye shall not fulfill the lust of the flesh.

Galatians 5:16

2. Become spiritual by speaking in tongues for at least an hour everyday

But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost.

Jude 20

He that speaketh in an unknown tongue edifieth himself.....

1 Corinthians 14:4

Watch and pray, that ye enter not into temptation; the spirit indeed is willing, but the flesh is weak.

Matthew 26:41

3. Become spiritual by having your quiet time everyday.

As newborn babes, desire the sincere milk of the word that ye may grow thereby:

1 Peter 2:2

CHAPTER 6

DEALING WITH HOMOSEXUALITY

ASK THE FOLLOWING QUESTIONS:

1. Do you feel more attracted to the same sex than the opposite sex?
2. Have you been abused by a homosexual before?

If the answer to any of the above is 'yes' proceed with counselling as follows

- You have to understand that homosexuality is a sin in God's sight just like stealing, lying, etc.

Thou shalt not lie with mankind, as with womankind: it is abomination.

Leviticus 18:22

- If you humble yourself and agree that it is wrong in God's sight and it is not how God designed us to be, God will give you the grace to overcome it.

But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.

BOOKS TO USE:

See Chapter 6 - (namely, Holiness Code No.22) How to become a holy Christian from "*How you can become a Strong Christian*" by Bishop Dag Heward-Mills

CHAPTER 7

ISSUES RELATED TO INSTABILITY IN CHURCH

a. Unstable in church because of Offence

Woe unto the world because of offences! For it must needs be that offences come; but woe to the man by whom the offence cometh!

Matthew 8:7

And then shall many be offended, and shall betray one another, and shall hate one another.

Matthew 24:10

From this Scripture you can see that people begin to betray and hate one another when they are offended.

- The devil wants to separate you from the family that God has given to you, through hurts and offences.
- You have to be ready to forgive those who have hurt you by making excuses for them just like Jesus did.

Then Jesus said , Father forgive them ; for they know not what they do. ...

Luke 23:34

- If you do not forgive people who have hurt you, God will not forgive you.

And forgive us our debts, as we forgive our debtors.

Matthew 6:12

BOOKS TO USE

See Chapter 2 - Stages of Disloyalty from "*Loyalty and Disloyalty*" by Bishop Dag Heward-Mills

See Chapter 5 from "*Forgiveness Made Easy*" by Bishop Dag Heward-Mills

- ***b. Leaving to their mother Church***

You are part of a family.

Of whom the whole family in heaven and earth is named...

Ephesians 3:15

- ***c. Not a committed member***

BOOKS TO USE

See Chapter 11 - Eleven reasons why your congregation must be permanent members from "*The Mega Church*" by Bishop Dag Heward-Mills

- ***d. Not being known***

As you come to church you must desire to be known. You're not just a number; you must be known by name.

To him the porter openeth; and the sheep hear his voice : and he calleth his own sheep by name , and leadeth them out

John 10:3

- The burden of closeness is on the pursuer.

And we beseech you, brethren, to know them, which labor among you, and are over you in the Lord, and admonish you.

1 Thessalonians 5:12

BOOKS TO USE

See Chapter 12 - Your Role as a Church Member from "*Key Facts for New Believers*" by Bishop Dag Heward-Mills

CHAPTER 8

DEALING WITH FEAR, ANXIETY, DEPRESSION

QUESTIONS TO ASK COUNSELLEE

1. Do you generally have a lowered mood?
2. Have you lost interest in life, your academics..?
3. Have you lost motivation? Do you lack the ability to concentrate?
4. Are you suicidal?

If the answer to any of these questions is 'yes', proceed with counselling as follows:

The man, out of whom the devils were departed, sitting at the feet of Jesus, clothed, AND IN HIS RIGHT MIND: and they were afraid.

Luke 8:35

In place of a troubled mind, God wants to give you the spirit of power, love and a sound mind.

For God hath not given us the spirit of fear, but of power, and of love , and of a sound mind.

2 Timothy 1:7

Pray for deliverance from the spirit of fear, anxiety, depression and all suicidal tendencies.

BOOKS TO USE:

See Chapter 11 - Depression and Sadness are the result of Demon Activity from "*Demons and How to deal with them*" by Bishop Dag Heward-Mills

Make confessions from *Name it! Claim it!! Take it!!!* by Bishop Dag Heward-Mills (Confessions for overcoming Disappointment and Emotional Problems)

CHAPTER 9

DEALING WITH

ACADAMIC ISSUES

FAQs about Academics and Ministry

How do I combine academics and ministry effectively?

Can I reduce church activities /attendance to have more time to study?

How do I combine academics and ministry effectively?

What do I do when I don't get along with my leader /pastor?

What do I do when my bacenta is not working?

I want to stop bacenta work

- The key for working for God successfully as well as doing well academically is a **combination of wisdom and sacrifice.**

BOOKS TO USE

See Chapter 4 under *I was a Shepherd* from "*What it means to become a Shepherd*" by Bishop Dag Heward-Mills

Wisdom Keys for Studying

1. Put in 10 hours of studying during revision week and exams every-day without fail.
2. Join a working study group. Don't try to be a hero.
3. "SHEILARISM"
Have a portable sheet of summarized notes everywhere you go. This will help you to revise everywhere you are and whenever you have a free moment.
4. Have magic (past questions)
5. Redeem the time
6. No watching of "SERIES" and MOVIES during revision and exams.

Making the most of every opportunity , because the days are evil.

Ephesians 5:16 (NIV)

CHAPTER 10

DEALING WITH FINANCIAL ISSUES

FAQ's about Finances:

I need assistance to pay for my school fees

Then Peter said, silver and gold have I none; but such as I have I give thee. In the name of the Jesus Christ of Nazareth rise up and walk

Acts 3:6

The duty of the church is to provide spiritual assistance and support. As a result, we are going to pray and believe God for a breakthrough in your situation.

...The effectual fervent prayer of a righteous man availeth much.

James 5:16

- You can also explore Scholarship Schemes and Students Support Schemes on your campus in the area of school fees.*

CHAPTER 11

STRUGGLING WITH SPIRITUAL GROWTH

FAQs about Spiritual Growth

1. I am unable to have a quiet time
2. I am unable to pray
3. I am unable to fast

Encourage the Counsellee to join a Lay School

BOOKS TO USE:

See Chapter 5, How to be a Spiritual Christian from "*How you can become a Strong christian*" by Bishop Dag Heward-Mills

See Chapters 7 and 8 from "*Key FACTS for New Believers*" by Bishop Dag Heward-Mills

USEFUL INFORMATION

(Ask Your Counsellor the following Questions)

- **Do you have the Podcast?**

Subscribe to Dag Heward-Mills audio :

ON AN ANDROID:

Go to Google playstore, download podcast addict, search for Dag Heward-Mills

ON AN IPHONE:

Search for "Dag Heward-Mills" in Podcasts and Subscribe.

- **Have you Registered as a Member of the First Love Church?**

- if not, direct your counsellor to LP Kadellah Asamoah/LP Piscilla Danquah

- **Have you saved the First Love Church Broadcast Number?**

FIRST LOVE CHURCH BROADCAST: 050 894 7494

- **Do you belong to a Ministry?**

Help them to choose one of the following: (An Intimate Counselling Helper will direct the Counsellor to the Ministry head for you)

Choir

Dancing stars

Communion stars

Ushers

Security

Film Stars

Airport Stars

Still Photography

Arrivals

Sound team

High Speed Projection

Video

My First Love Club

Culinary Stars

Eurotoilets

Telepastors

Live presenters

Dazzling lights

Social Media

Intimate Counselling helpers

Understanding Campaign

Business Community

- **Do you belong to a Lay School?**

Refer the counsellee to LP Jennifer Lahenor on 020 385 4890

