



NINTI ONE **REMOTE ECONOMIC PARTICIPATION**

It all Comes Back to Culture

INTERPLAY WELLBEING FRAMEWORK

FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE IN REMOTE AUSTRALIA

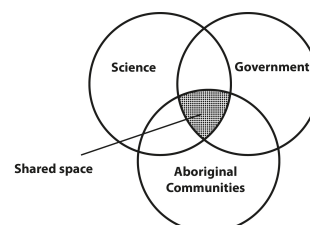
METHODS

- ▶ Participatory action research was used to translate 'stories' into 'numbers'
- ▶ 'Shared space' model was applied to develop the Interplay Wellbeing Framework and Survey tool
- ▶ 900 Aboriginal adults were surveyed from 4 different remote communities
- ▶ Interrelationships were identified with structural equation modeling

Aboriginal knowledge is passed on through stories, and governments mainly speak the language of numbers, so we brought together stories and numbers, for the two worlds to meet.

The Interplay Wellbeing Framework brings together Aboriginal priorities of culture, empowerment and community with government priorities of education, employment and health.

'Interplay' means that everything exists together.



Domain	Item from Interplay Survey tool
Practising culture	Law and ceremony Caring for country Hunting / food sources Art
Empowerment	Identity Self-efficacy Resilience
Spirituality	Big part of your life?
Wellbeing	How you feel about your life

OUTCOMES

- ▶ Practising culture builds empowerment and strengthens spirituality, both of which in turn improve wellbeing
- ▶ Practising culture is the key to improving wellbeing for Aboriginal people in remote Australia



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Interplay Between Health, Wellbeing, Education and Employment



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