

Hemiplegic Migraine Symptoms Checklist

Aura Symptoms (Preceding or Accompanying the Migraine)

- ☐ Visual disturbances (flashing lights, zigzag lines, blind spots)
- ☐ Numbness or tingling (face, arm, leg)
- ☐ Slurred or garbled speech
- ☐ Confusion or difficulty understanding speech
- ☐ Temporary vision loss
- ☐ Vertigo or dizziness

Motor Symptoms (Hemiplegia)

- ☐ Muscle weakness on one side of the body
- ☐ Temporary paralysis on one side of the body
- ☐ Difficulty walking or maintaining balance
- ☐ Clumsiness or loss of coordination

Headache Symptoms

- ☐ Moderate to severe head pain (often one-sided)
- ☐ Throbbing or pulsing sensation
- ☐ Pain worsens with physical activity
- ☐ Sensitivity to light (photophobia)
- ☐ Sensitivity to sound (phonophobia)
- ☐ Nausea or vomiting

Other Neurological or Systemic Symptoms

- ☐ Fatigue or exhaustion
- ☐ Difficulty concentrating ("brain fog")
- ☐ Sensory hypersensitivity
- ☐ Speech difficulties (aphasia)

☐Memory disturbances

☐Seizure-like episodes (rare)