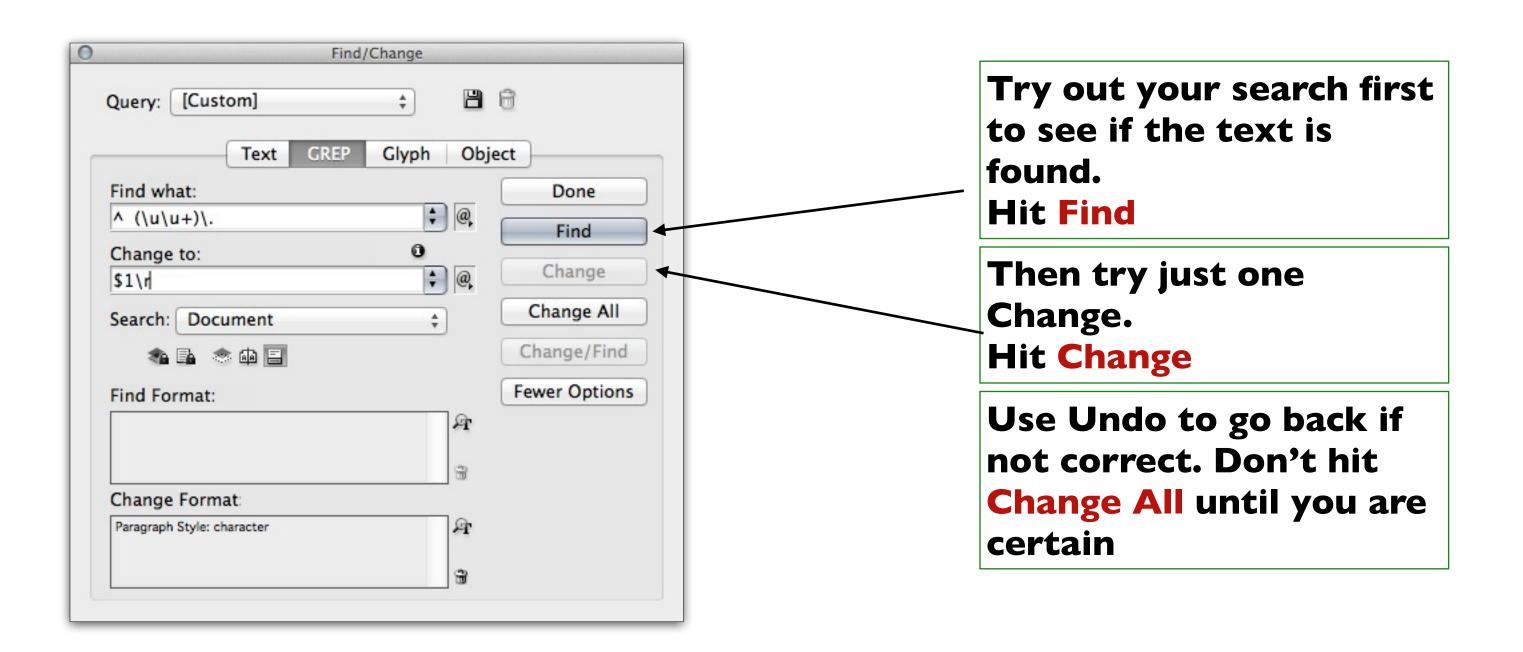
## Words of Warning



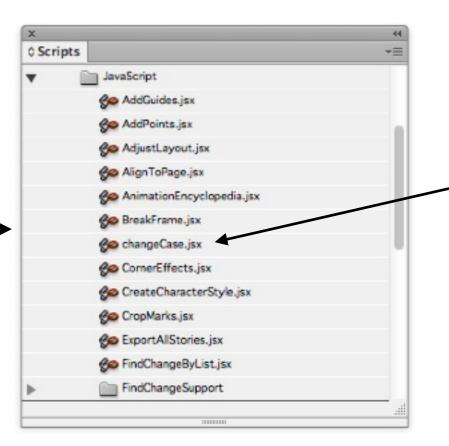
## Issues and Solutions

InDesign is not good at providing some changes to text.

Sometimes we need to resort to processing the text outside of InDesign

BBedit is good for this

Otherwise we can use a Script inside InDesign



Changing case is one example

(change to uppercase or lowercase or titlecase)