

PUGLAR HANDBOOK — LANGUAGE CODEX

ÆN VOX • KOD SPEAK • HAND READ • THOT WRITE

I. WHY THE LANGUAGE EXISTS

The Puglar language was not made for decoration or poetry alone. It exists to compress meaning, sharpen thought, and remove weakness from speech. Every word must survive breath, action, and silence.

II. STRUCTURE OF THE LANGUAGE

Puglar words are short because action is short. Most words are one or two syllables. Hard consonants anchor the body. Vowels carry breath.

Word Order

CORE → ACTION → BOND

KOR KAV ÆN — truth acted together.

TEM MOVE ÆN BRETH — body moves with breath.

III. CORE MORPHEMES

ÆN — with, bound, together, aligned

KOR — core, truth, center

KAV — hand, act, do

TEM — body, vessel, frame

THOT — forged thought

BRETH — breath, life, spirit

VOX — voice, sound, utterance

KOD — law lived through action

IV. HOW TO SPEAK (VOX TRAINING)

Speech is low, slow, and grounded. No rushed words. No filler sounds. Each word lands like a footstep.

Vocal Tips Used by Veterans

- Speak on the exhale only
- Drop the jaw, not the throat
- End words clean — no drag
- Silence between phrases is power

V. HOW TO READ (HAND + EYE)

Reading is done aloud first, then silently. The body must recognize the language before the mind masters it.

Reading Drill

1. Trace the word with finger
2. Speak it once
3. Breathe once
4. Read again silently

VI. HOW TO WRITE (THOT FORGING)

Writing is compression. Remove weakness. Shorten until nothing more can be cut.

Writing Rules

- No wasted syllables
- Every line must be actionable
- If it cannot be lived, delete it

VII. LEARNING PATH (PRO METHOD)

Week 1 — Speak only core words daily

Week 2 — Combine action phrases

Week 3 — Write daily KOD lines

Week 4 — Silence training (think in Puglar)

VIII. COMMON ERRORS

Do not over-explain. Do not decorate. Do not speak to impress. The language rejects ego.

IX. FINAL KOD

If the body understands it, the mind will follow. If the mind understands it, the voice will obey. If the voice obeys, you are ÆN.