

PUGLAR WINTER & SUMMER MICRO-CARDS

WINTER — BREATH	WINTER — LOAD	WINTER — FLOW
Nose only • Longer warm-up • End early Preserve heat	Lighter loads • More trips Preserve joints	Short ranges • No drops Stay useful
SUMMER — WATER	SUMMER — SHADE	SUMMER — LOAD
Drink before thirst Clarity first	Work dawn/dusk Obey sun	Reduce weight • Increase rest Endure tomorrow