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# EDUNET FOUNDATION IBM SKILLSBUILD PROJECT

## FITNESS BUDDY

**Presented By:**  
**Parasa Pujitha**  
**SR Gudlavalleru Engineering College**  
**Computer Science and Engineering**

# OUTLINE

- Problem Statement
- Proposed System/Solution
- System Development Approach
- Algorithm & Deployment
- Result
- Conclusion
- Future Scope
- References

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# PROBLEM STATEMENT

The challenge - In today's fast-paced world, many individuals struggle to maintain a healthy lifestyle due to lack of personalized guidance, time constraints, and inconsistent motivation. Traditional fitness solutions often require expensive subscriptions, in-person consultations, or rigid schedules that don't adapt to personal preferences or daily routines. There is a growing need for an accessible, friendly, and intelligent virtual assistant that can provide on demand fitness advice, healthy lifestyle suggestions, and basic nutrition guidance—all tailored to individual needs and available at any time.

# PROPOSED SOLUTION

- To develop an intelligent virtual assistant that delivers personalized fitness guidance, nutrition tips, and motivational support—accessible anytime, without the constraints of traditional fitness programs
- **Data Collection:**
  - Collect user inputs: age, gender, fitness goals, dietary preferences, workout history
  - Use external sources like weather APIs and calendar events to adjust recommendations.
- **Data Preprocessing:**
  - Clean and preprocess the collected data to handle missing values, outliers, and inconsistencies.
  - Feature engineering to extract relevant features from the data that might impact bike demand.
- **AI Agent:**
  - Use foundation models like ibm/granite-3b-instruct for chat based fitness advice
  - Generate meal plans and motivational messages using text generation capabilities.
- **Deployment:**
  - Host AI agent as an API using IBM Watson Machine Learning or Code Engine
  - Build a chatbot style frontend using Gradio.
- **Evaluation:**
  - Assess the model's performance using appropriate metrics such as Mean Absolute Error (MAE), Root Mean Squared Error (RMSE), or other relevant metrics.
  - Continuously improve prompt quality through Watson.ai.Studio dashboards.

# PROPOSED SOLUTION

The screenshot displays the IBM Cloud dashboard interface. At the top, a navigation bar includes the IBM Cloud logo, a search bar, and links for Catalog, Manage, and the user's account (Pujitha Parasa's Account). The main dashboard area is titled "Dashboard" and features a "For you" section with a horizontal scroll of service tiles. These tiles include "Build", "Track emissions with Carbon Calculator" (Recommended, 1 min), "Use Watson Assistant" (Popular, 2 min), "Use Watson Studio" (Popular, 2 min), "Build with Watson" (Popular, 3 min), and "IBM Watson Machine Learning" (Popular, 2 min). Below this, a row of four summary cards is visible: "IBM Cloud status" with a world map, "Recent support cases", "Planned maintenance", and "Total emissions" showing a value of 0 kgCO<sub>2</sub>e.

cloud.ibm.com

IBM Cloud Search resources and products... Catalog Manage Pujitha Parasa's Account

Dashboard Edit dashboard Upgrade account Create resource

For you Select an option

**Build**  
Explore IBM Cloud with this selection of easy starter tutorials and services.

**Track emissions with Carbon Calculator**  
View estimated greenhouse gas emissions for your IBM Cloud account and export data for ESG reporting.  
Recommended 1 min

**Use Watson Assistant**  
Watson Assistant lets you build conversational interfaces into any application, device, or channel.  
Popular 2 min

**Use Watson Studio**  
Watson Studio provides a suite of tools and a collaborative environment for data scientists, developers and domain experts.  
Popular 2 min

**Build with Watson**  
Chatbots, insights, recognizers, and more. Explore the AI platform for business.  
Popular 3 min

**IBM Watson Machine Learning**  
Deploy, monitor and optimize machine learning models quickly and easily. Leverage auto-generated APIs to infuse AI into your applications.  
Popular 2 min

IBM Cloud status View all

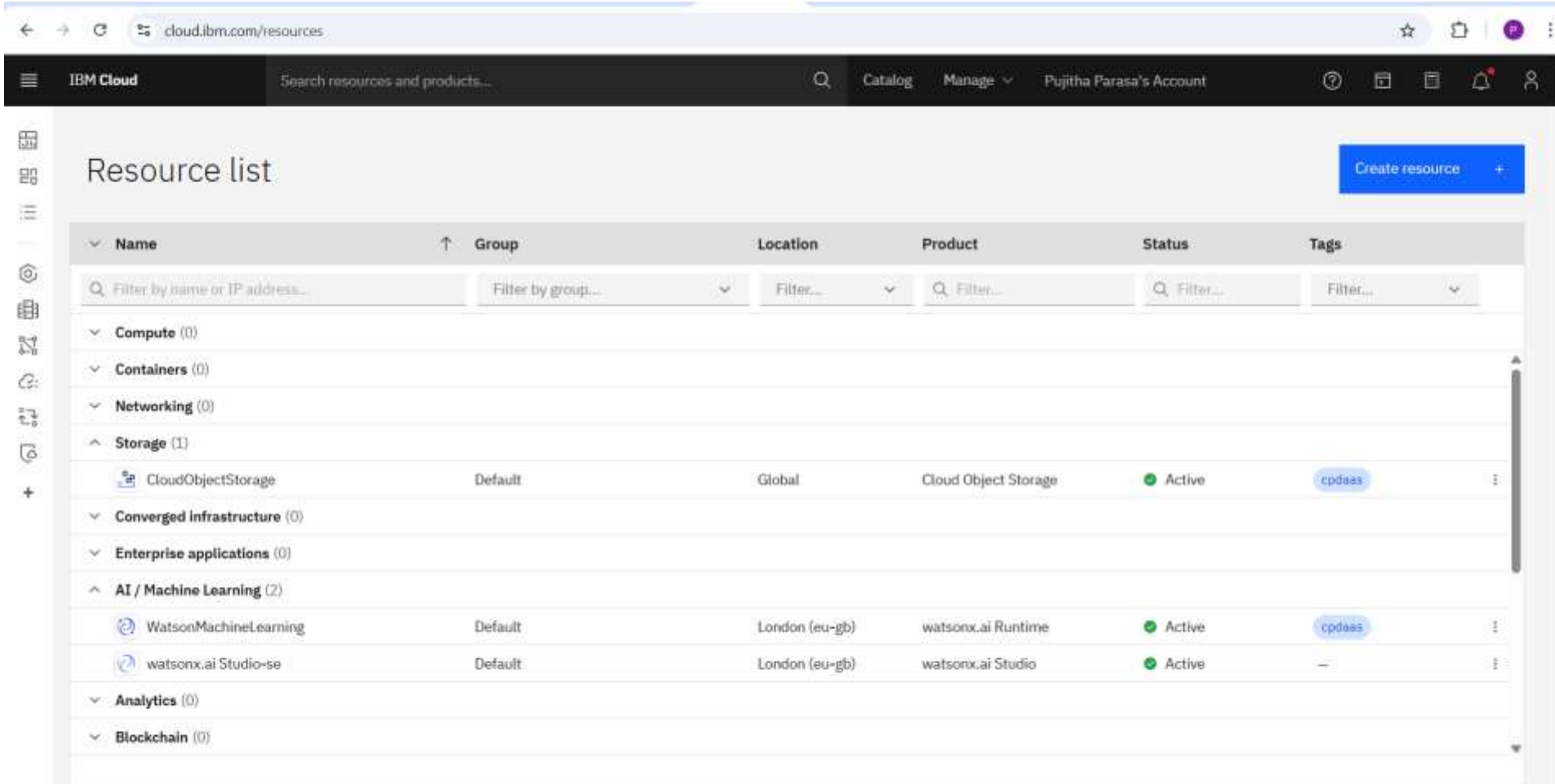
Recent support cases View all

Planned maintenance View all

Total emissions View all

0  
Emissions (kgCO<sub>2</sub>e)

# PROPOSED SOLUTION



The screenshot displays the IBM Cloud 'Resource list' page. The interface includes a top navigation bar with the IBM Cloud logo, a search bar, and links for 'Catalog', 'Manage', and the user's account. A left sidebar contains icons for various cloud services. The main content area features a 'Resource list' table with columns for Name, Group, Location, Product, Status, and Tags. The table lists resources under categories like Compute, Containers, Networking, Storage, Converged Infrastructure, Enterprise applications, AI / Machine Learning, Analytics, and Blockchain. A 'Create resource' button is located in the top right corner of the resource list area.

Name	Group	Location	Product	Status	Tags
Filter by name or IP address... Filter by group... Filter... Filter... Filter...					
▼ Compute (0)					
▼ Containers (0)					
▼ Networking (0)					
▲ Storage (1)					
CloudObjectStorage	Default	Global	Cloud Object Storage	Active	cpdaas
▼ Converged Infrastructure (0)					
▼ Enterprise applications (0)					
▲ AI / Machine Learning (2)					
WatsonMachineLearning	Default	London (eu-gb)	watsonx.ai Runtime	Active	cpdaas
watsonx.ai Studio-se	Default	London (eu-gb)	watsonx.ai Studio	Active	—
▼ Analytics (0)					
▼ Blockchain (0)					

# PROPOSED SOLUTION

The screenshot displays the IBM watsonx web application interface. At the top, the browser address bar shows the URL: `eu-gb.dataplatform.cloud.ibm.com/wx/home?context=wx&apps=data_science_experience%2Cwatson_machine_learning%2Ccos%2Clakehouse&nocache=true&onboarding=true&quick_start_t...`. The header bar includes the "IBM watsonx" logo, an "Upgrade" button, a help icon, a notification bell, and user account information for "Pujitha Parasa's Account" with a location dropdown set to "London".

The main content area features a large "Welcome, Pujitha" message. Below this, a section titled "Train, validate, tune and deploy AI models." includes a "Customize my journey" button. A central panel, titled "Open in: Fitness\_Buddy", contains three AI tool recommendations:

- Chat and build prompts with foundation models**: Includes a text input field "Start chatting..." and a button "Open Prompt Lab".
- Build an AI agent to automate tasks**: Includes a button "with Agent Lab".
- Tune a foundation model with labeled data**: Includes a button "with Tuning Studio".

Below the main content area is a "Discover" section with a "Collapse Discover section" toggle. It contains two panels:

- Developer access**: Includes a dropdown menu for "Project or deployment space" and a text field for "Project ID" containing the value "00000000-0000-0000-0000-000000000000".
- Developer hub**: Includes a grid icon and the text "New watsonx Developer Hub to start coding fast."

# SYSTEM APPROACH

- **System requirement**

Processor: Intel Core i5/i7 (or AMD equivalent)

RAM: Minimum 8 GB (Recommended: 16 GB for smooth model training/testing)

Storage: Minimum 50 GB free space

GPU (Optional but preferred): NVIDIA CUDA-enabled GPU (e.g., GTX 1660 or higher) for local training.

Internet Connection: Stable broadband for cloud access and deployment

- **Library required to build the model**

IBM watsonx.ai Studio – Used to build, train, and manage the AI workflow and interactions.

IBM Granite-3.3-8B-Instruct – The selected large language model for generating intelligent responses and supporting predictive capabilities.

IBM Cloud – Provides the infrastructure to run and deploy the solution.

Watsonx Runtime Studio – Acts as the execution environment for running the model over the cloud with high performance and scalability



# SYSTEM APPROACH

The screenshot displays the IBM Cloud console interface for the 'watsonx.ai Studio-se' resource. The top navigation bar includes the IBM Cloud logo, a search bar, and links to 'Catalog', 'Manage', and 'Pujitha Parasa's Account'. The main content area features a sidebar with 'Manage' and 'Plan' tabs. The 'Manage' tab is active, showing the resource name 'watsonx.ai Studio-se' with a green status icon and an 'Add tags' link. Below this, a 'Launch in' button is visible. The main content area contains a section titled 'watsonx.ai Studio in Cloud Pak for Data and watsonx' with a description: 'Build and deploy machine learning models on either platform. Work with foundation models on watsonx as a Service.' To the right of the text is a diagram illustrating the system architecture. The diagram shows a stack of blue cubes representing 'IBM Cloud Base cloud infrastructure' at the bottom, followed by a layer of cubes representing 'IBM Cloud Pak for Data, watsonx Unifying platforms', and a top layer of cubes representing 'IBM watsonx.ai Studio In Cloud Pak for Data and watsonx'. Below the diagram, a text block states: 'IBM watsonx.ai Studio is part of IBM Cloud Pak for Data and watsonx, and serves as the AI capability of the data fabric architecture.' At the bottom of the page, there are three sections: 'Helpful links' with a 'Documentation' link, 'Learning path', and 'Videos'.

IBM Cloud

Search resources and products...

Catalog Manage Pujitha Parasa's Account

Resource list /

watsonx.ai Studio-se Add tags

Details Actions

Manage

Plan

watsonx.ai Studio in Cloud Pak for Data and watsonx

Build and deploy machine learning models on either platform. Work with foundation models on watsonx as a Service.

Options

Launch in

IBM watsonx.ai Studio In Cloud Pak for Data and watsonx

IBM Cloud Pak for Data, watsonx Unifying platforms

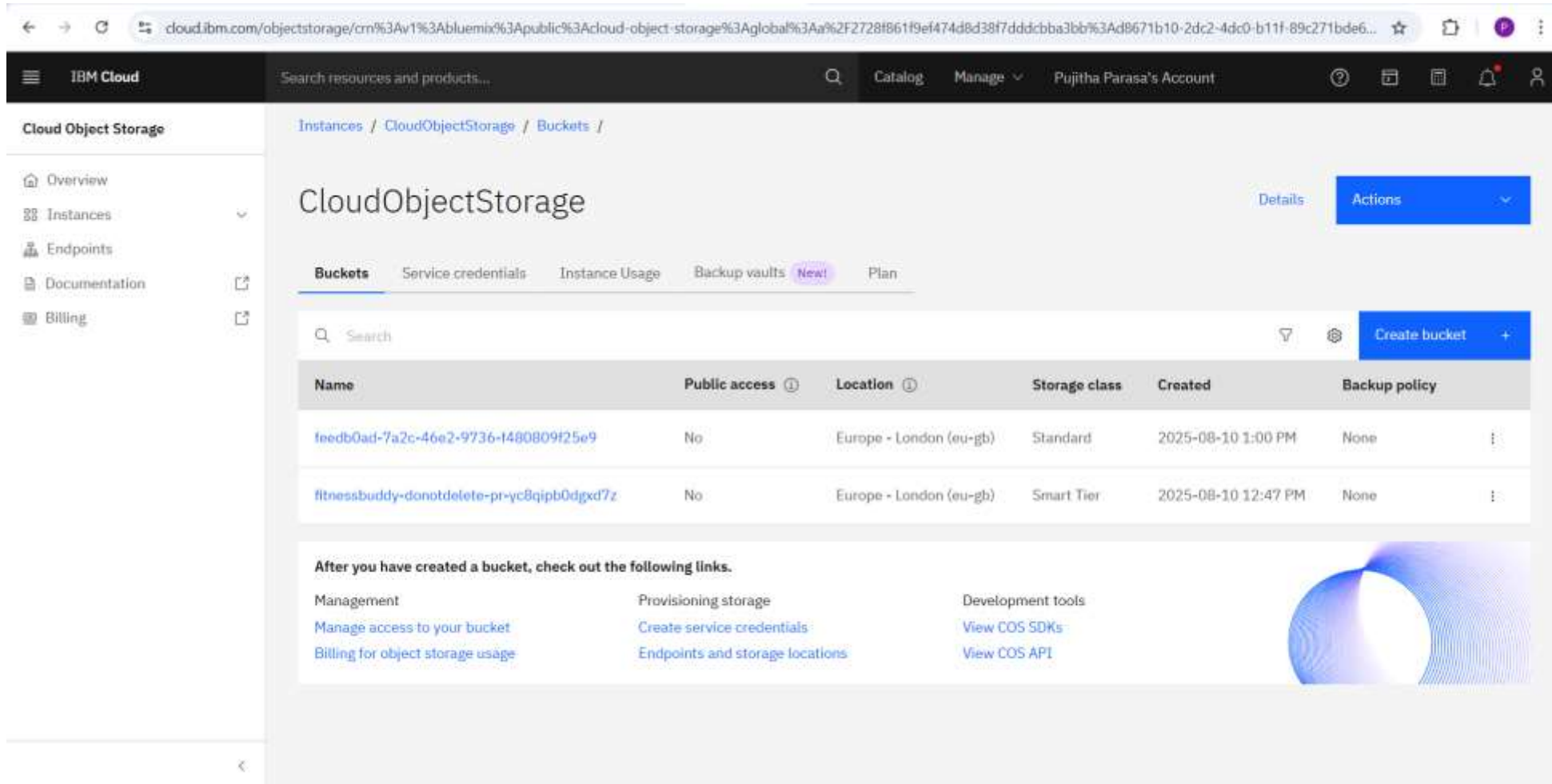
IBM Cloud Base cloud infrastructure

IBM watsonx.ai Studio is part of IBM Cloud Pak for Data and watsonx, and serves as the AI capability of the data fabric architecture.

Helpful links

Documentation Learning path Videos

# SYSTEM APPROACH



The screenshot displays the IBM Cloud Object Storage (COS) console interface. The top navigation bar includes the IBM Cloud logo, a search bar, and links for Catalog, Manage, and the user's account (Pujitha Parasa's Account). The left sidebar shows the navigation menu with options like Overview, Instances, Endpoints, Documentation, and Billing. The main content area is titled "CloudObjectStorage" and shows the "Buckets" tab selected. A table lists the existing buckets with columns for Name, Public access, Location, Storage class, Created, and Backup policy. Below the table, there are links for management, provisioning, and development tools.

cloud.ibm.com/objectstorage/cn%3A%3A%3Apublic%3Acloud-object-storage%3Aglobal%3A%2F2728f861f9ef474d8d38f7dddcba3bb%3Ad8671b10-2dc2-4dc0-b11f-89c271bde6...

IBM Cloud

Search resources and products...

Catalog Manage Pujitha Parasa's Account

Cloud Object Storage

Overview Instances Endpoints Documentation Billing

Instances / CloudObjectStorage / Buckets /

CloudObjectStorage

Details Actions

Buckets Service credentials Instance Usage Backup vaults New! Plan

Search

Name	Public access ⓘ	Location ⓘ	Storage class	Created	Backup policy
feedb0ad-7a2c-46e2-9736-1480809f25e9	No	Europe - London (eu-gb)	Standard	2025-08-10 1:00 PM	None ⓘ
fitnessbuddy-donotdelete-pr-yc8qipb0dgd7z	No	Europe - London (eu-gb)	Smart Tier	2025-08-10 12:47 PM	None ⓘ


Create bucket +

After you have created a bucket, check out the following links.

Management  
[Manage access to your bucket](#)  
[Billing for object storage usage](#)

Provisioning storage  
[Create service credentials](#)  
[Endpoints and storage locations](#)

Development tools  
[View COS SDKs](#)  
[View COS API](#)



# ALGORITHM & DEPLOYMENT

- In the Algorithm section, describe the machine learning algorithm chosen for predicting bike counts. Here's an example structure for this section:
- **Algorithm Selection:**
  - The Fitness Buddy system leverages a Large Language Model (LLM) — specifically, IBM Granite-3.3-8B-Instruct — to deliver dynamic, context-aware fitness advice and recommendations. This LLM is capable of understanding user inputs in natural language and generating personalized fitness plans, motivational messages, and nutritional suggestions. It is selected due to its strong instruction-following ability, conversational fluency, and capability to adapt to diverse user queries, making it ideal for an AI health assistant..
- **Data Input:**
  - The model utilizes user-provided inputs such as fitness goals, current activity level (e.g., beginner, intermediate, advanced), preferred workout types (e.g., cardio, strength, yoga), dietary preferences, and availability. It also considers contextual and behavioral data like time of day, day of the week, and consistency history. These inputs help tailor each session uniquely to the individual user.
- **Training Process:**
  - While the core LLM (Granite) is pre-trained by IBM, further customization is achieved by prompting and fine-tuning behavior through curated sample interactions and continuous feedback loops. Relevant prompt engineering techniques are used to optimize how the model responds to fitness-related queries. Continuous performance review, feedback rating, and iterative prompt adjustment act as an ongoing "training" process for system refinement.
- **Prediction Process:**
  - When a user interacts with the assistant, their input is processed in real-time. The model dynamically interprets user context and intent, then predicts the most suitable response — such as a personalized workout, motivational message, or dietary suggestion. The system adapts over time based on usage history, enhancing relevance in future interactions. This form of prediction is generative and goal-aligned rather than statistical, making the LLM suitable for personalized, conversation-driven use cases..

# ALGORITHM & DEPLOYMENT

Projects / Fitness\_Buddy / Your Fitness Buddy

Build

AI Model: granite-3-3-8b-instruct

Setup




Name

Your Fitness Buddy


Description 97/100

You can ask about diet plans, workout plan related to fitness and also try to motivate the users.

Icon



Placeholder image



Quick start questions

Projects / Fitness\_Buddy / Agent Lab

Build

AI Model: granite-3-3-8b-instruct

Setup

Configuration

Framework

LangGraph

Architecture

ReAct

Instructions

[Advanced configuration](#)

To get started, begin by entering your current weight and name. Next, choose your fitness level—whether you're a beginner, intermediate, or advanced. Based on this, you'll receive a personalized workout plan tailored to your ability. Then, select your primary goal, such as weight loss, muscle gain, or general fitness. A simple and nutritious diet plan will be suggested to support your goal. You'll also receive daily motivational tips to help build

Knowledge

Vector index

Select or create vector index

[Clear chat](#)

If you want to add a vector index to the agent, clear the agent preview chat.

# ALGORITHM & DEPLOYMENT

IBM watsonx

Projects / Fitness\_Buddy / Agent Lab

Build AI Model: granite-3-3-8b-instruct

Setup

Configuration

Framework: LangGraph Architecture: ReAct

Instructions [Advanced configuration](#)

To get started, begin by entering your current weight and name. Next, choose your fitness level —whether you're a beginner, intermediate, or advanced. Based on this, you'll receive a personalized workout plan tailored to your

Knowledge

Vector Index

Mr. Fitness

A vector index searches documents for relevant information to

Model parameters

Frequency penalty: -2 to 2 (0)

Presence penalty: -2 to 2 (0)

Temperature: 0 to 2 (0)

Top P (nucleus sampling): 0.01 to 1 (1)

Max tokens: 2000

Random seed

IBM watsonx

Projects / Fitness\_Buddy / Your Fitness Buddy

Build AI Model: granite-3-3-8b-instruct

Tools

Add a tool Create custom tool

Added tools (4)

Google search Retrieve information from the internet with the Google search engine.

DuckDuckGo search Retrieve information from the internet with the DuckDuckGo search engine.

Wikipedia search Retrieve information from Wikipedia articles.

Document search - Mr. Fitness Search documents with vector indexes.

# ALGORITHM & DEPLOYMENT

IBM watsonx

Projects / Fitness\_Buddy / Agent Lab

Build AI Model: granite-3-3-8b-instruct

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IBM watsonx

Projects / Fitness\_Buddy / Your Fitness Buddy

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DuckDuckGo search Retrieve information from the internet with the DuckDuckGo search engine.

Wikipedia search Retrieve information from Wikipedia articles.

Document search - Mr. Fitness Search documents with vector indexes.

# ALGORITHM & DEPLOYMENT

Select a foundation model

To choose a model, review characteristics such as tasks that models perform. Compare model benchmarks with scores in the range 0–100. Higher scores are better.

All modelsModel benchmarks

Search for a model or task

Agents

Want to bring your own model?

granite-3-3-8b-instruct

Granite-3.3-8b-Instruct is an IBM-trained, dense decoder-only models, which is particularly well-suited for generative...

Provider: IBM

Type: Provided mo...

llama-3-2-11b-vision-in...

Llama-3-2-11b-vision-instruct is an auto-regressive language model that uses an optimized transformer architecture.

Provider: Meta

Type: Provided mo...

llama-3-2-90b-vision-in...

Llama-3-2-90b-vision-instruct is an auto-regressive language model that uses an optimized transformer architecture.

Provider: Meta

Type: Provided mo...

llama-3-3-70b-instruct

This version of Llama-3.3-70b-instruct is also the FP8 quantized version of the original FP16 weights.

Provider: Meta

Type: Provided mo...

mistral-large

Mistral Large, the most advanced Large Language Model (LLM) developed by Mistral AI, is an exceptionally powerful...

Provider: Mistral AI

Type: Provided mo...

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# ALGORITHM & DEPLOYMENT

## Save your work

Specify how to save your work by selecting an asset type and defining details.

### Asset type

**Agent**

Save as an editable agent asset that can be reopened in this tool.

**Standard notebook**

Save the current agent as a notebook.

**Deployment notebook** ✓

Save a notebook that can deploy your agent as an AI service.

**i** If you'd like to deploy your work as an AI service immediately, close this tearsheet and click Deploy.

[Learn more](#)

### Define details

Target deployment space:

Fitness\_Buddy\_Agent

Name:

Fitness Buddy

Description (optional):

A friendly fitness AI chatbot

☒ View in project after saving **i**

Cancel

Save

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# ALGORITHM & DEPLOYMENT

**IBM Cloud** Search resources and products... Catalog Manage Pujitha Parasa's Account

**IAM**

- Overview
- Dashboard
- Manage identities
  - Users
  - Trusted profiles
  - Service IDs
  - API keys**
  - Identity providers
- Manage access
  - Access groups
  - Authorizations
  - Roles
- Gain insight
- Settings
- Documentation
- Enterprise IAM Docs

## API keys

Create, view, and work with API keys that you have access to manage. IBM Cloud API keys are associated with a user's identity and can be used to access cloud platform and classic infrastructure APIs, depending on the access that is assigned to the user. The following table displays a list of API keys created in this account. [Learn more.](#)

Looking for more options to manage API Keys? Try [IBM Cloud® Secrets Manager](#) for creating and leasing API keys dynamically and storing them securely in your own dedicated instance.

Unused or overly permissive API keys increase the risk of unauthorized access. Regularly review the [Inactive identities report](#), rotate keys, and apply only the minimum required permissions.

API keys associated with a user's identity have the same access that the user is assigned across all accounts. To update the access for an API key, assign or remove access for the user.

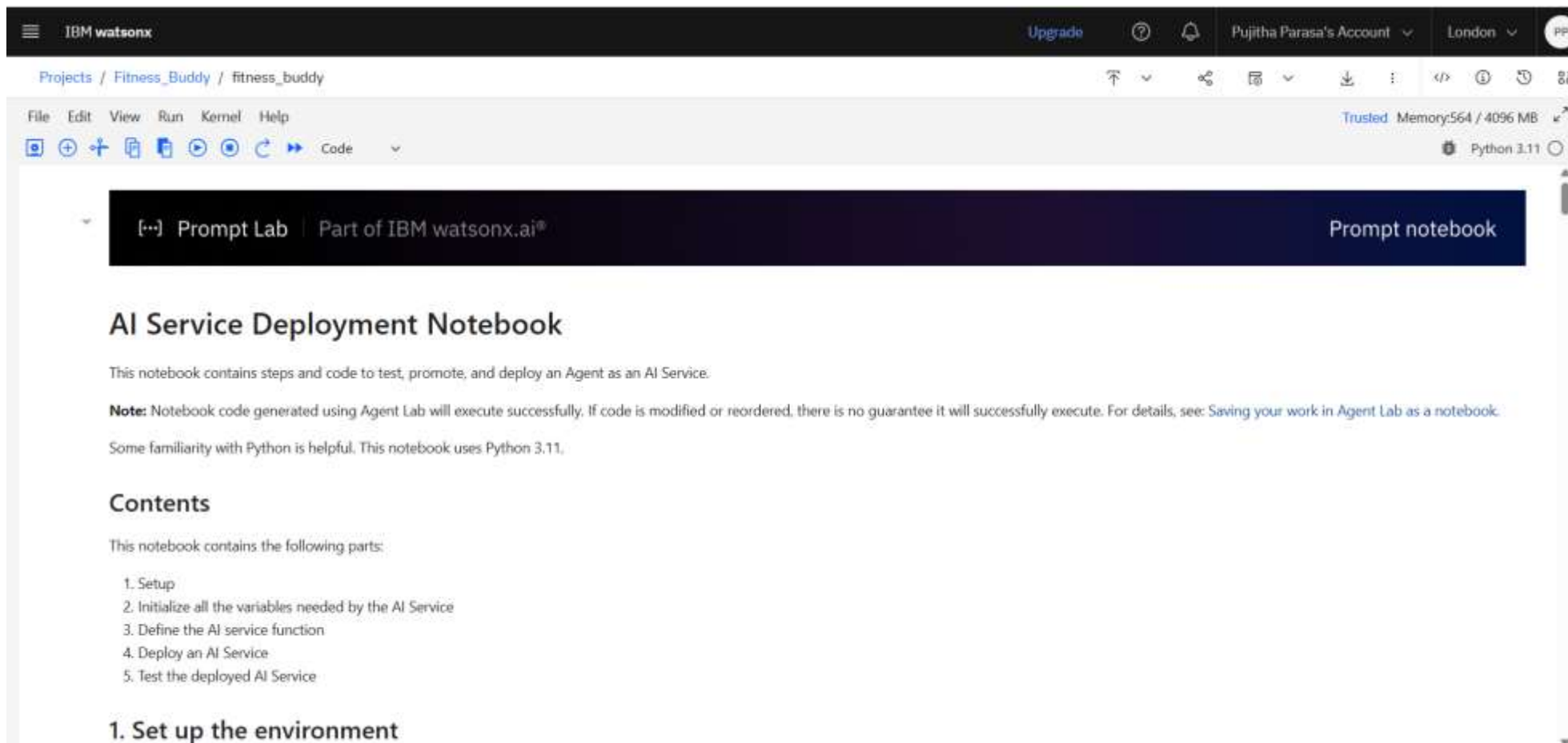
View  
My IBM Cloud API keys

Filter by API key name or description

Status	Name	Description	Date created	Enabled
	cpd-apikey-IBMid-6950010IBO-2025-08-10T08:49:34Z	API key created/managed by task credentials. It is managed for your use with Watson Studio operations. Please do not delete here.	8-10-2025 08:49 GMT	Yes
	fitness buddy		8-10-2025 08:50 GMT	Yes

Items per page: 25 1-25 items Page 1

# ALGORITHM & DEPLOYMENT



The screenshot displays the IBM watsonx Prompt Lab interface. At the top, the header includes the IBM watsonx logo, an 'Upgrade' button, a help icon, a notification bell, the user's account 'Pujitha Parasa's Account', the location 'London', and a profile icon. Below the header, the breadcrumb navigation shows 'Projects / Fitness\_Buddy / fitness\_buddy'. The main toolbar contains icons for file operations, a 'Code' dropdown, and a 'Python 3.11' environment selector. The central area features a dark blue header for the 'Prompt Lab' and 'Prompt notebook'. The notebook content is titled 'AI Service Deployment Notebook' and includes an introductory paragraph, a note about code execution, and a list of contents. The first item in the list is '1. Set up the environment'.

IBM watsonx Upgrade ? Bell Pujitha Parasa's Account London PP

Projects / Fitness\_Buddy / fitness\_buddy

File Edit View Run Kernel Help Trusted Memory:564 / 4096 MB Python 3.11

[-] Prompt Lab | Part of IBM watsonx.ai® Prompt notebook

## AI Service Deployment Notebook

This notebook contains steps and code to test, promote, and deploy an Agent as an AI Service.

**Note:** Notebook code generated using Agent Lab will execute successfully. If code is modified or reordered, there is no guarantee it will successfully execute. For details, see: [Saving your work in Agent Lab as a notebook](#).

Some familiarity with Python is helpful. This notebook uses Python 3.11.

### Contents

This notebook contains the following parts:

1. Setup
2. Initialize all the variables needed by the AI Service
3. Define the AI service function
4. Deploy an AI Service
5. Test the deployed AI Service

### 1. Set up the environment

# ALGORITHM & DEPLOYMENT



The screenshot shows a Jupyter Notebook interface with a menu bar (File, Edit, View, Run, Kernel, Help) and a toolbar. The top right corner indicates 'Not Trusted' and 'Memory: 482 / 4096 MB'. The Python version is 3.11. The code in the notebook is as follows:

```
api_key=getpass.getpass("Please enter your api key (hit enter): ")
)
```

Please enter your api key (hit enter): [REDACTED]

```
[*]: client = APIClient(credentials)
```

**Connecting to a space**

A space will be used to host the promoted AI Service.

```
[ ]: space_id = "d11097a8-3c48-4410-8fb1-2beca5501245"
client.set_default_space(space_id)
```

**Promote asset(s) to space**

We will now promote assets we will need to stage in the space so that we can access their data from the AI service.

```
[ ]: source_project_id = "d109e42f-7b33-402c-bd5e-162f38b8ccc4"
vector_index_id = client.spaces.promote("c8d7ae75-856a-4676-9206-5579531a42b2", source_project_id, space_id)
print(vector_index_id)
```

**2. Create the AI service function**

# ALGORITHM & DEPLOYMENT

Create a deployment space

Use a space to collect assets in one place to create, run, and manage deployments

+ New

Local file

Define details

Name

Fitness\_Buddy

Description (Optional)

What's the purpose of this space?

0/100

Go to space

Deployment stage ⓘ

Development

Tags (optional)

The space is being prepared...

The space "Fitness\_Buddy\_Agent" is being created.

Step 1 of 1. Creating deployment space.

Cancel

Creating...

■ In

# RESULT

**Fitness Buddy** Deployed Online

[API reference](#) [Test](#) [Preview](#)

[View chat](#)

K

Just 1:05:00 PM

I did 3 sets of 12 squats at 30kg today. Record it

L

Hi there! Just 1:05:00 PM

Based on the search results, there are several fitness tracking apps available, including Google Fit, MyFitnessPal, Strong Workout Tracker, and Strava. These apps can help you track your workouts, monitor your progress, and reach your fitness goals. You can choose the app that best fits your needs and preferences.

Here are some simple, budget-friendly meal ideas that can help you achieve your fitness goals:

1. Grilled chicken breast with roasted vegetables
2. Salmon with quinoa and steamed broccoli
3. Lentil soup with whole grain bread
4. Stir-fried tofu with brown rice and mixed vegetables
5. Omelette with vegetables and whole grain toast

Remember to stay hydrated by drinking plenty of water throughout the day. Aim to eat five servings of fruits and vegetables daily, and limit your intake of processed foods and sugary drinks.

How's your progress so far? Are you feeling motivated to continue working towards your fitness goals?

How did I get this answer?

12

Type something...

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# CONCLUSION

- The agent can create personalized workout and diet plans , offer tips and adjust based on progress
- Unlike rigid traditional solutions, Fitness Buddy adapts to individual routines and preferences, making fitness more approachable. It not only assists with workouts and meals but also encourages consistency and motivation through smart interaction.
- This project showcases the practical potential of deploying LLM-based virtual assistants in health tech, opening doors to further enhancements such as wearable integrations, habit tracking, and even mental wellness support in future versions

# FUTURE SCOPE

- The Fitness Buddy project lays the foundation for a scalable and intelligent virtual fitness assistant. In the future, several enhancements can be made to expand its functionality and impact
- Integration with Wearables: By connecting with fitness trackers and smartwatches, the system can provide real-time feedback based on heart rate, steps, sleep, and calorie burn.
- Progress Tracking & Goal Setting: Implementing visual dashboards to track user progress and set daily, weekly, or monthly goals can boost motivation and long-term engagement.
- Voice Assistant Integration: Enabling voice-based interaction through platforms like Alexa or Google Assistant can improve accessibility and user convenience.
- Mental Wellness Support: Adding features like guided meditation, stress relief exercises, and mood tracking to support holistic well-being.
- Multilingual Support: Expanding the model to support multiple languages would make the assistant more inclusive and globally accessible.
- Personalized AI Agents: Leveraging more advanced agentic AI models to remember user preferences, adjust routines over time, and provide proactive, contextual suggestions
- With these future enhancements, Fitness Buddy can evolve into a comprehensive digital health companion that supports physical, nutritional, and mental wellness for users worldwide

# REFERENCES

- IBM watsonx.ai Studio – IBM’s cloud-based platform for building, training, and deploying AI models.

[https://cloud.ibm.com/services/data-science-experience/crn%3Av1%3Abluemix%3Apublic%3Adata-science experience%3Aus-south%3Aa%2Fabd9b50986ce4edbaf459913c628c789%3A6533787b-1c64-4b78-88bc 0fd00f6a3e84%3A%3A?panelId=manage](https://cloud.ibm.com/services/data-science-experience/crn%3Av1%3Abluemix%3Apublic%3Adata-science%3Aus-south%3Aa%2Fabd9b50986ce4edbaf459913c628c789%3A6533787b-1c64-4b78-88bc0fd00f6a3e84%3A%3A?panelId=manage)



# IBM CERTIFICATIONS



# IBM CERTIFICATIONS

In recognition of the commitment to achieve  
professional excellence



Pujitha Parasa

Has successfully satisfied the requirements for:

Journey to Cloud: Envisioning Your Solution

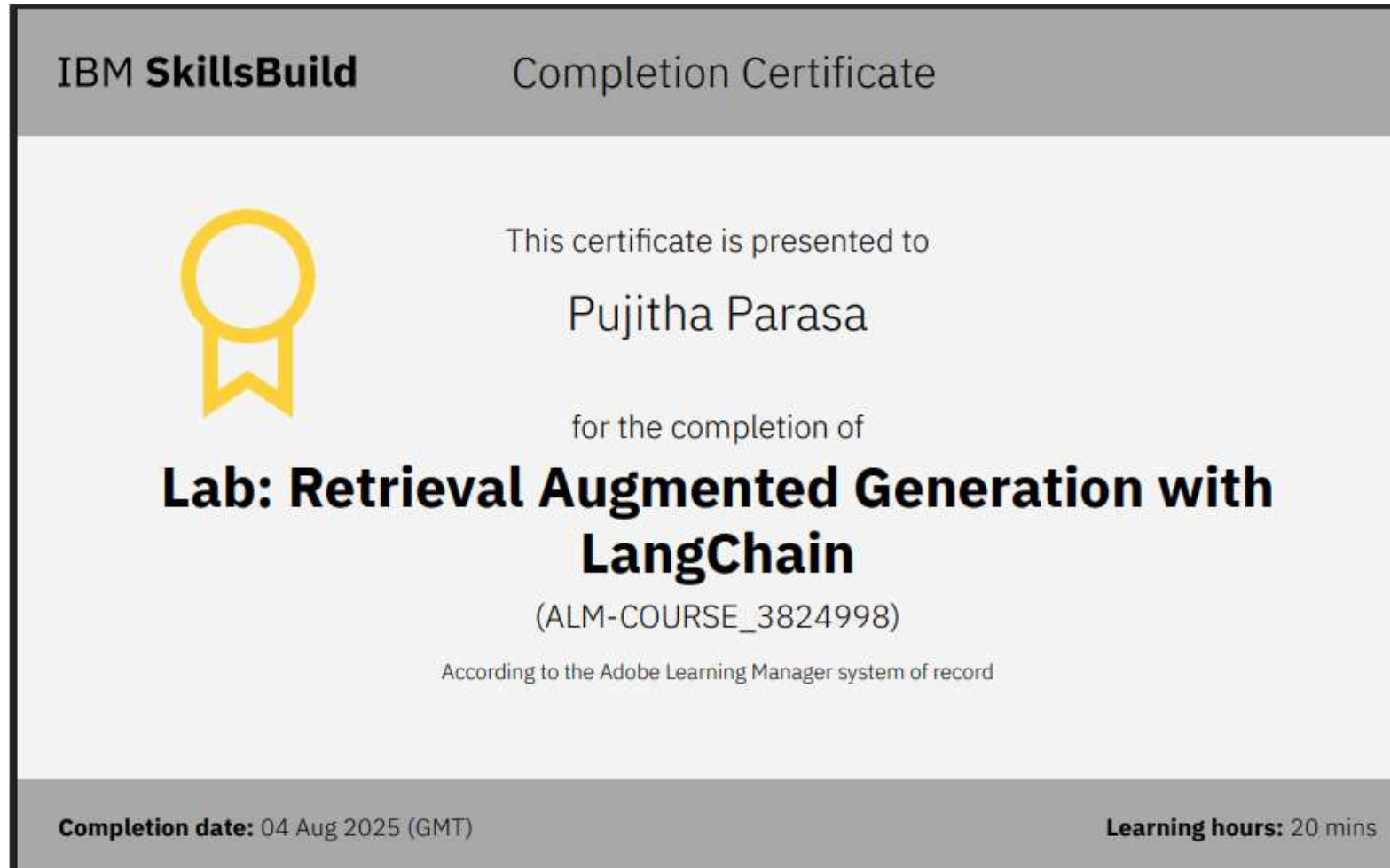


Issued on: Jul 19, 2025  
Issued by: IBM SkillsBuild

Verify: <https://www.credly.com/badges/d8a3838c-8766-41a6-8297-d548c83bd0e2>



# IBM CERTIFICATIONS





**THANK YOU**