

Essentials Checklist

Clothing essentials

The must-haves

- ☐ 3 x Stretch-n-grows
- ☐ 3 x Gowns
- ☐ 3 x Merino Bodysuits
- ☐ 3 x Cotton Bodysuits
- ☐ 3 x Sleeveless Bodysuits
- ☐ 4 x Socks
- ☐ 2 x Cardigans
- ☐ 4 x Pants
- ☐ 10 x Bibs
- ☐ 2 x Merino Beanies
- ☐ 1 x Sunhat

Nice to have

- ☐ 3 x Booties
- ☐ 2 x Mittens
- ☐ 1 x 'Going home from Hospital' Outfit
- ☐ Bodysuits and leggings to mix and match
- ☐ 1 x Shawl/receiving blanket

Sleep Essentials

- ☐ Cot and bassinet or Cosy Crib
- ☐ 4 x Swaddles
- ☐ 3 x Bassinet/cot sheet sets
- ☐ 2 x Blankets
- ☐ 2 x Mattress protectors

Nice to have

- ☐ A sleeping bag is fabulous for keeping baby warm and cosy all night

Bath Essentials

- ☐ Baby bath
- ☐ 10 x Washcloths
- ☐ 2 x Hooded towels

Nice to have

- ☐ Bath support

Out and About essentials

- ☐ Capsule or infant carseat
- ☐ Nappy Bag
- ☐ Pram or Stroller

Nice to have

- ☐ Carrier

Changing Essentials

- ☐ Nappies – and lots of them. Budget on needing 8-10 per day. If you are planning to use cloth nappies buying 12 to 18 is recommended.
- ☐ Wipes – Newborns skin is so delicate we recommend initially just using muslin cloths soaked in warm water at nappy changing. A pack of wipes is handy when out and about.
- ☐ Change mat
- ☐ Nappy Cream
- ☐ Nappy bucket with lid for cloth nappies, a bin for disposables is also handy.

Nice to have

- ☐ A mobile to hang above the change table